

signature SANDWICHES

ALL SANDWICHES/WRAPPS WITH CHIPS OR UPGRADE TO A DELUXE SIDE!!

CALIFORNIA TURKEY CLUB 12.99

HOUSE ROASTED TURKEY WITH RED ONION, AVOCADO, TOMATO, BACON, SPRING MIX WITH AN HERBED AIOLI ON TOASTED HERBED BREAD

TRADITIONAL CHICKEN SALAD 12.49

CUBED CHICKEN, CELERY, ALMONDS, GRAPES, GREEN ONIONS, DILL AND PARSLEY. SERVED ON CHOICE OF BREAD

EGG SALAD 11.99

EGGS, MAYO, SALT, DIJON, PEPPER AND PAPRIKA ON A CHOICE OF BREAD

TUNA SALAD 11.99

TUNA, CAPERS, CELERY, RED ONION WITH MAYO ON CROISSANT

THE MONTE CRISTO 13.49

HOUSE ROASTED TURKEY AND HAM WITH HONEY MUSTARD, GOUDA PROVOLONE ON SOURDOUGH. DEEP FRIED AND SERVED WITH HOUSE MADE RASPBERRY PRESERVES



go on try the
LOBSTER

THE CONNECTICUT ROLL \$19.99

A WARM ROLL SERVED WITH BUTTER AND SLICED LEMONS WITH YOUR CHOICE OF HOUSE CHIPS OR PARMESAN TRUFFLE CHIPS

THE MAINE ROLL \$19.99

A CHILLED ROLL TOSSED IN OUR HOUSE SAUCE (MAYO BASED). SERVED WITH YOUR CHOICE OF HOUSE CHIPS OR PARMESAN TRUFFLE CHIPS

or the

LOBSTER GRILLED CHEESE \$16.99

LOBSTER, SLICED CHEDDAR AND PROVOLONE WITH OUR CHEESY BECHAMEL SAUCE ON SOURDOUGH



MAC N CHEESE GRILLED CHEESE 12.99

HAM, 5 CHEESE MAC, CHEDDAR CHEESE ON GRILLED SOURDOUGH

JALAPENO POPPER GRILLED CHEESE 12.49

JALAPENOS, BACON, CREAM CHEESE, CHEDDAR MELTED INTO A GRILLED CHEESE

PESTO GRILLED CHEESE 11.99

SOURDOUGH, PROVOLONE, SPINACH AND HOUSE MADE PESTO

THE ROAST BEEF MELT

THIN SLICED ROAST BEEF, MELTY CHEDDAR, RED ONION AND ARTICHOKE ON CROISSANT

THE HORSEY

THIN SLICED ROAST BEEF, CHEDDAR, HORSERADISH CREAM, TOMATO, RED ONION AND SPRING MIX ON CROISSANT

the WRAPS

THE TRC SNACK WRAP 12.49

FRIED CHICKEN STRIP, CHEDDAR CHEESE, SPRING MIX AND SPICY RANCH

CHICKEN BACON RANCH WRAP 11.69

CHICKEN, BACON, CHEDDAR JACK, ONION, TOMATO, SPINACH AND RANCH

CHICKEN FAJITA WRAP 12.69

CHICKEN, PEPPERS, JALAPENOS, GRILLED ONION, BLACK BEAN, CORN, CHEESE, AVOCADO, SOUR CREAM AND CHOPPED ROMAINE

CHICKEN CAESAR WRAP 11.99

GRILLED OR FRIED CHICKEN, CAESAR SALAD, PARMESAN AND CROUTONS WRAPPED IN A TORTILLA

BUFFALO CHICKEN WRAP 12.49

BUFFALO CHICKEN, ROMAINE, CARROTS, AND BLUE CHEESE

SALADS & BOWLS

SOUTHWEST COBB SALAD 12.49

ROMAINE WITH CHICKEN, CHEDDAR JACK, TOMATOES, ROASTED CORN, BLACK BEANS, PEPITAS, AVOCADO, RED ONION WITH SPICY AVOCADO RANCH

**OR GET IT AS A QUINOA BOWL!

STRAWBERRY FIELDS SALAD 12.99

SPRING MIX AND SPINACH, CHICKEN, STRAWBERRIES, ALMONDS, BACON AND BLEU CHEESE WITH POPPY SEED DRESSING

GINGER SESAME SALAD 12.99

HOUSE ROASTED CHICKEN, SPRING/ROMAINE MIX, CARROTS, ALMONDS, MANDARIN ORANGES, CHOW MEIN, GREEN ONION, GINGER SESAME BOW TIE WITH A CILANTRO LIME VINAIGRETTE

QUINOA POWER SALAD 12.99

SPINACH, QUINOA SALAD, CHICKEN, BLEU CHEESE, CHERRY TOMATOES, PEPITAS WITH A LEMON VINAIGRETTE

ROASTED BRUSSEL SPROUT SALAD 12.49

SPRING MIX, ROASTED BRUSSEL SPROUTS, CHICKEN, BACON, PEPITAS, SHREDDED CARROTS, TOMATOES AND FETA WITH A ROASTED GARLIC VINAIGRETTE



CHICKEN CAESAR 12.49

ROMAINE LETTUCE SERVED WITH CAESAR DRESSING AND HOUSE MADE CROUTONS AND PARMESAN. ALSO AVAILABLE WITH SPICY CAESAR! ** GREAT AS A WRAP! **

HOT HONEY BOWL 11.99

SPICY HOT HONEY CHICKEN, QUINOA, CARROTS, SQUASH, ZUCCHINI, AVOCADO WITH SESAME SEEDS AND GREEN ONIONS

PESTO BOWL 11.99

HOUSE ROASTED CHICKEN, ZUCCHINI AND SQUASH, AND CHERRY TOMATOES TOSSED IN HOUSE MADE PESTO ON QUINOA

MEDITERRANEAN BOWL 11.99

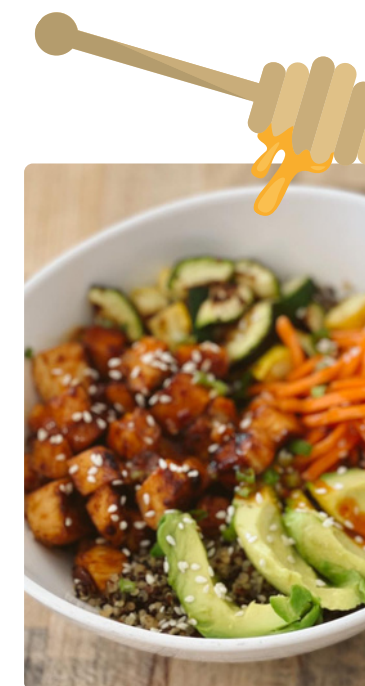
CHICKEN, FETA, KALAMATA OLIVES, HUMMUS, TOMATOES, CUCUMBER, ARTICHOKE, RED ONION, PEPITAS WITH GREEK YOGURT DRESSING.

BUFFALO CHICKEN SALAD 12.49

ROMAINE, ROASTED CHICKEN, SHREDDED CARROTS, BLEU CHEESE AND RED ONIONS. SERVED WITH RANCH.

THE SALAD TRIO 12.99

GET A TRIO OF CHICKEN SALAD, EGG SALAD AND TUNA SALAD ON A BED OF ROMAINE SERVED WITH CRACKERS



SOUPS/SIDES

FRENCH ONION DAILY SOUP: VARIES

CUP: 4.99

BOWL: 6.99

CHOOSE OUR BASIC SIDE

HOUSE CHIPS
** LOAD THEM UP FOR 2.99

OR UPGRADE TO A DELUXE SIDE

MAC N CHEESE CUP OF SOUP
SIDE HOUSE SALAD
FRUIT SALAD WITH DIP
PESTO PASTA SALAD
QUINOA SALAD



★ OUR CHOOSE 2

HALF A SANDWICH

CALIFORNIA TURKEY CLUB, JALAPENO POPPER GRILLED CHEESE, PESTO GRILLED CHEESE, CHICKEN SALAD OR EGG SALAD

HALF A SALAD

SOUTHWEST COBB, STRAWBERRY FIELDS, BUFFALO CHICKEN SALAD, CHICKEN CAESAR, QUINOA POWER SALAD

CUP OF SOUP OR SIDE



LOADED PUB CHIPS

PERFECT AS AN APPETIZER TO SHARE OR AS A MEAL CHOICE!

OUR PUB CHIPS TOPPED WITH A HOUSE MADE CHEESE SAUCE, CHICKEN, JALAPEÑO, BACON, GREEN ONIONS AND SOUR CREAM



KIDS MEALS

12+ UNDER ONLY PLEASE

INCLUDES A DRINK AND A SIDE OF CHIPS OR MANDARIN ORANGES

**GRILLED CHEESE
HAM AND CHEESE
PB&J
CHEESE QUESADILLA**

**MAC N CHEESE
FRIED CHICKEN
TENDERS (2)**
ADD A 3RD FOR \$1.99



SEASONAL FEATURES

Sandwiches and Wraps

THE FANCY CHICK

CHICKEN, CHERRY MUSTARD, PROVOLONE AND SPRING MIX ON CIABATTA

THE GREEK PITA

HUMMUS, CHICKEN, CUCUMBERS, TOMATO, GRILLED ONION, RED CABBAGE AND DRIZZLED WITH TZATZIKI ON PITA

CHICKEN CORDON BLEU MELT

CHICKEN, PROVOLONE AND HAM WITH A ROASTED GARLIC AND CHIVE AIOLI ON CIABATTA AND PRESSED UNTIL WARM AND MELTY



NEW



Salads and Bowls

THAI PEANUT BOWL

QUINOA, RED CABBAGE, ROASTED CHICKEN, SHREDDED CARROTS, GREEN ONION AND CRISPY CHOW MEIN NOODLES SERVED WITH A HOUSE MADE PEANUT SAUCE

FRIED CHICKEN SALAD

ROMAINE, CUCUMBERS, RED ONION, CHERRY TOMATO, CHEDDAR CHEESE WITH CRISPY FRIED CHICKEN



brand new side

★ PARMESAN TRUFFLE CHIPS

UPGRADE YOUR SIDE OR ORDER IT AS AN APPETIZER WITH A SIDE OF ROASTED GARLIC AND CHIVE AIOLI!!!

