

# SANDWICHES

## CALIFORNIA TURKEY CLUB 12.99

HOUSE ROASTED TURKEY WITH RED ONION, AVOCADO, TOMATO, BACON, SPRING MIX WITH AN HERBED AIOLI ON TOASTED HERBED BREAD

## TRADITIONAL CHICKEN SALAD 12.49

CUBED CHICKEN, CELERY, ALMONDS, GRAPES, GREEN ONIONS, DILL AND PARSLEY. SERVED ON CHOICE OF BREAD

## TRUFFLE CHICKEN SALAD 12.49

SHREDDED CHICKEN WITH GREEN ONIONS MIXED WITH A TRUFFLE MAYO

## THE PRETZEL CLUB 12.99

SLICED TURKEY, PROVOLONE, BACON, HONEY MUSTARD AND SPRING MIX ON A PRETZEL BUN

## THE MONTE CRISTO 13.49

HOUSE ROASTED TURKEY AND HAM WITH HONEY MUSTARD, GOUDA PROVOLONE ON SOURDOUGH. DEEP FRIED AND SERVED WITH HOUSE MADE RASPBERRY PRESERVES

## MAC N CHEESE GRILLED CHEESE 12.99

HAM, 5 CHEESE MAC, CHEDDAR CHEESE ON GRILLED SOURDOUGH

## JALAPENO POPPER GRILLED CHEESE 12.49

JALAPENOS, BACON, CREAM CHEESE, CHEDDAR MELTED INTO A GRILLED CHEESE

## PESTO GRILLED CHEESE 11.99

SOURDOUGH, PROVOLONE, SPINACH AND HOUSE MADE PESTO

## THE GREEK PITA 12.29

HOUSE ROASTED CHICKEN, CUCUMBERS, TOMATO, GRILLED ONION AND RED CABBAGE WITH OUR GREEK DRESSING

## PLAIN JANE GRILLED CHEESE 10.99

CHEDDAR WITH YOUR CHOICE OF BREAD. ADD BACON, TURKEY OR HAM!

## CHOOSE A SIDE

EVERY SANDWICH/WRAP COMES WITH CHIPS OR UPGRADE TO A DELUXE SIDE



PARMESAN TRUFFLE CHIPS

LOADED PUB CHIPS

MAC N CHEESE

CUP OF SOUP

SIDE HOUSE SALAD

FRUIT SALAD WITH DIP

QUINOA SALAD



## the WRAPS

### THE TRC SNACK WRAP 12.49

FRIED CHICKEN STRIP, CHEDDAR CHEESE, SPRING MIX AND SPICY RANCH

### CHICKEN BACON RANCH WRAP 11.69

CHICKEN, BACON, CHEDDAR JACK, ONION, TOMATO, SPINACH AND RANCH

### CHICKEN FAJITA WRAP 12.69

CHICKEN, PEPPERS, JALAPENOS, GRILLED ONION, BLACK BEAN, CORN, CHEESE, AVOCADO, SOUR CREAM AND CHOPPED ROMAINE

### CHICKEN CAESAR WRAP 11.99

GRILLED OR FRIED CHICKEN, CAESAR SALAD, PARMESAN AND CROUTONS WRAPPED IN A TORTILLA

### BUFFALO CHICKEN WRAP 12.49

BUFFALO CHICKEN, ROMAINE, CARROTS, AND BLUE CHEESE



# SALADS & BOWLS



## STRAWBERRY FIELDS SALAD 12.99

SPRING MIX AND SPINACH, CHICKEN, STRAWBERRIES, ALMONDS, BACON AND BLEU CHEESE WITH POPPYSEED DRESSING

## SOUTHWEST COBB SALAD 12.49

ROMAINE WITH CHICKEN, CHEDDAR JACK, TOMATOES, ROASTED CORN, BLACK BEANS, PEPITAS, AVOCADO, RED ONION WITH SPICY AVOCADO RANCH

**\*\*OR GET IT AS A QUINOA BOWL!**

## GINGER SESAME SALAD 12.99

HOUSE ROASTED CHICKEN, SPRING/ROMAINE MIX, CARROTS, ALMONDS, MANDARIN ORANGES, CHOW MEIN, GREEN ONION, GINGER SESAME BOW TIE WITH A CILANTRO LIME VINAIGRETTE

## QUINOA POWER SALAD 12.99

SPINACH, QUINOA SALAD, CHICKEN, BLEU CHEESE, CHERRY TOMATOES, PEPITAS WITH A LEMON VINAIGRETTE

## ROASTED BRUSSEL SPROUT SALAD 12.49

SPRING MIX, ROASTED BRUSSEL SPROUTS, CHICKEN, BACON, PEPITAS, SHREDDED CARROTS, TOMATOES AND FETA WITH A ROASTED GARLIC VINAIGRETTE

## CHICKEN CAESAR 12.49

ROMAINE LETTUCE SERVED WITH CAESAR DRESSING AND HOUSE MADE CROUTONS AND PARMESAN. ALSO AVAILABLE WITH SPICY CAESAR! \*\* GREAT AS A WRAP!\*\*

## HOT HONEY BOWL 11.99

SPICY HOT HONEY CHICKEN, QUINOA, CARROTS, SQUASH, ZUCCHINI, AVOCADO WITH SESAME SEEDS AND GREEN ONIONS

## PESTO BOWL 11.99

HOUSE ROASTED CHICKEN, ZUCCHINI AND SQUASH, AND CHERRY TOMATOES TOSSED IN HOUSE MADE PESTO ON QUINOA

## MEDITERRANEAN BOWL 11.99

CHICKEN, FETA, KALAMATA OLIVES, HUMMUS, TOMATOES, CUCUMBER, ARTICHOKE, RED ONION, PEPITAS WITH GREEK YOGURT DRESSING

## BUFFALO CHICKEN SALAD 12.49

ROMAINE, ROASTED CHICKEN, SHREDDED CARROTS, BLEU CHEESE AND RED ONIONS. SERVED WITH RANCH.

## THE SALAD TRIO 12.99

GET A TRIO OF CHICKEN SALAD, TRUFFLE CHICKEN SALAD AND TUNA SALAD ON A BED OF ROMAINE SERVED WITH CRACKERS

## house made SOUPS

FRENCH ONION  
DAILY SOUP: VARIES  
CUP: 4.99 BOWL: 6.99

## LOADED PUB CHIPS

OUR PUB CHIPS TOPPED WITH A HOUSE MADE CHEESE SAUCE, CHICKEN, JALAPEÑO, BACON, GREEN ONIONS AND SOUR CREAM



## the best selling CHOOSE 2!

### HALF A SANDWICH

CALIFORNIA TURKEY CLUB, JALAPENO POPPER GRILLED CHEESE, PESTO GRILLED CHEESE, CHICKEN SALAD OR EGG SALAD

### HALF A SALAD

SOUTHWEST COBB, STRAWBERRY FIELDS, BUFFALO CHICKEN SALAD, CHICKEN CAESAR, GINGER SESAME, QUINOA POWER SALAD

### CUP OF SOUP OR SIDE



only for the

## KIDDOS

12+ UNDER ONLY PLEASE. IF OVER 12- \$1.99 WILL BE ADDED

INCLUDES A DRINK AND A SIDE OF CHIPS, MANDARIN ORANGES OR MAC N CHEESE

### GRILLED CHEESE HAM AND CHEESE PB&J

### CHEESE QUESADILLA MAC N CHEESE FRIED CHICKEN TENDERS (2 OR 3)

