

CLAUDIA WYATT COACHING, LLC



THE
WALKABOUT METHOD

Follow Your Inner Compass!

The Walkabout Method Group Coaching

You are one walk away from your next breakthrough.

Your journey is unlike anyone else's, and so is your Walkabout.

This powerful 8-week group coaching program is designed to meet you exactly where you are in your personal or professional life and guide you toward the confident, unstoppable version of YOU that's been waiting to shine.

In this transformation journey, you'll break free from old stories, reclaim your voice, and unlock your highest potential. This is where self-doubt meets its end and your power begins. This is where you become your own HERO!

What You'll Get in 8 Weeks:

- 1 LIVE 1-hour group session each week with **Claudia Wyatt**, The Enthusiasm Ignitor & Self-Doubt Eraser.
- A custom journey for every participant based on where you are right now. Everyone's walk is different.
- Tools and strategies rooted in Cognitive Behavioral Methods, Emotional Intelligence, and Confidence Coaching.
- A powerful community of like-minded individuals walking their own path alongside you.

You Will Learn To:

- Take Your Power Back – Release fear and step boldly into leadership of your life.
- Unmute Yourself – Speak your truth with confidence and conviction.
- Let Go of Old Stories & Patterns – Break free from the narratives that have held you back.
- Stand in Your Power – Own your space, your decisions, and your worth.
- Reveal Your True Self – Show up authentically in every room you walk into.
- Live Your Dreams Out Loud – Create a life that lights you up every single day.
- Turn Up Your Volume – Stop shrinking and start standing out.

DURATION: 8 WEEKS

SESSIONS: 1 X 1-HOUR LIVE GROUP COACHING CALL EACH WEEK

FORMAT: VIRTUAL – JOIN FROM ANYWHERE IN THE WORLD

START DATE: MARCH 2026

SAY YES TO YOU. SAY YES TO YOUR WALKABOUT.

REACH OUT TO ME AT CONNECT@CLAUDIAWYATT.COM

WWW.CLAUDIAWYATT.COM

