

# Okanagan Therapeutic Counselling

## **CLIENT INTAKE INFORMATION**

Date \_\_\_\_\_

CLIENT NAME \_\_\_\_\_ AGE \_\_\_\_\_ SEX M F

PHONE NUMBER \_\_\_\_\_

ADDRESS \_\_\_\_\_

EMAIL ADDRESS \_\_\_\_\_

SOURCE OF REFERRAL \_\_\_\_\_

DATE OF BIRTH MONTH \_\_\_\_\_ DAY \_\_\_\_\_ YEAR \_\_\_\_\_

MARITAL STATUS Single Married Separated Divorced Common-law Widow/er

Name of spouse: \_\_\_\_\_

ANY CHILDREN Yes No

Names / Ages \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

LIVE ALONE Yes No \_\_\_\_\_

OCCUPATION \_\_\_\_\_

INCOME LEVEL \_\_\_\_\_ FAMILY INCOME LEVEL \_\_\_\_\_

CULTURAL BACKGROUND \_\_\_\_\_

RELIGIOUS AFFILIATION \_\_\_\_\_

**FAMILY BACKGROUND** Parents' Names: \_\_\_\_\_

BIRTH ORDER OF SELF  
& SIBLINGS (names & ages) \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

## **MEDICAL HISTORY**

FAMILY PHYSICIAN \_\_\_\_\_

ALLERGIES \_\_\_\_\_

CURRENT MEDICATIONS \_\_\_\_\_

(prescription or over-the-counter) \_\_\_\_\_

\_\_\_\_\_ (turn page over)

PREVIOUS SURGERIES \_\_\_\_\_  
\_\_\_\_\_

CURRENT/ PAST DIAGNOSES \_\_\_\_\_

HEALTH PROBLEMS \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

HEREDITARY DISEASES \_\_\_\_\_

VENEREAL DISEASES \_\_\_\_\_

(previous or current)

ARE YOU CURRENTLY SEEING A COUNSELLOR OTHER THAN ME?    Yes    No

DO YOU CURRENTLY HAVE ANY THOUGHTS OF HARMING YOURSELF (Suicidal)?    Yes    No

DO YOU CURRENTLY HAVE ANY THOUGHTS OF HARMING ANOTHER (Homicidal)?    Yes    No

IS THERE ANY LEGAL CASE I SHOULD BE AWARE OF?    Yes    No

HAVE YOU HAD ANY INJURIES OR DIFFICULTIES OR PROBLEMS WITH:

Head &/or neck?                      Yes    No                      Describe \_\_\_\_\_

Breathing?                              Yes    No                      Describe \_\_\_\_\_

Heart /Circulatory system?            Yes    No                      Describe \_\_\_\_\_

Urinary system?                        Yes    No                      Describe \_\_\_\_\_

Muscular /Skeletal problems?        Yes    No                      Describe \_\_\_\_\_  
Joint stiffness/weakness, Muscle Pain

Central nervous system problems?    Yes    No                      Describe \_\_\_\_\_  
Headaches, Shakiness, Convulsions, High Fevers

What do you want to accomplish in working with me?

What do you want to change about you or your life?

What are the unwanted feelings that are interfering in your life?