

GIRL SCOUT DAISY



Meeting Ideas **What Daisies Do!**



To help you get started with your Girl Scout Daisy troop, you'll find examples of how you and the girls can structure your first four meetings.

Each example follows a typical troop-meeting format, and each incorporates the Welcome to the Daisy Flower Garden Journey book. If you're using Between Earth and Sky, you may be able, with a bit of creativity, to adapt these meetings to include that series of Journey books.

Prior to your meetings with girls, be sure to let each girl's parent or know where to get a copy of her own Journey book. It is important that each girl have her own book, so she can write and color in it.

Don't we all wish we could look at the world through a Girl Scout Daisy's eyes? Everything they do—from planting a garden to putting on a skit to proudly adding that first petal to their vest—sparkles with that "first time ever" newness! Along the way, they'll use their Daisy exuberance to help others—and they'll never forget how that feels. Every Daisy meeting is an adventure filled with giggles, energy, and excitement.

As a Daisy (Grades K-1), she might:

Gain new friends as part of a troop

Earn petals (the special Daisy version of badges earned by older Girl Scouts) as she embraces the Girl Scout Promise and Law

Make a difference in her community through a Leadership Journey

Sell cookies (and have fun doing it)

Explore nature and the outdoors

Sample First Meeting

Introduction to Daisy Girl Scouts and Team Building

Materials:

- Heavy paper in trefoil shapes (see appendix template)
- 2 small balls of yarn
- Crayon/makers/pencils/etc.
- Bean bag/ball
- Chart paper
- Poster board
- Materials for Kaper chart

Pre Meeting Preparations:

- Yarn cut into long pieces (3 or 4 ft long) 1 for each girl
- Trefoil shapes with two holes punched out
- Write the Girl Scout Promise on poster board for the girls.



MEETING

Start-Up Activity (5 minutes):

Name Tags:

As girls arrive, give each of them a trefoil cut-out and a piece of yarn tie each end of the string in one of the punched holes have them write their name on the trefoil and allow them to decorate it have them wear the name tags around their necks when they're finished

Opening (5-10 minutes):

1-2-3 Hello:

You and the girls join hands in a circle. The group moves on the count of 1 toward the inside of the circle while holding hands. The leader says, "Hello Daisy Girl Scouts." The group quickly goes back out, and then repeats enthusiastically for 2 and 3. (Note: You can also do 1-2-3 Goodbye.) Have the girls sit in a circle. Let them know this is their Daisy Circle.

Quiet Sign

Show the Girl Scout quiet sign. This is your right hand held above your head. Teach the girls to follow by doing the same as soon as they see a hand up and stop talking.

Business and Discussion (10 minutes):

Getting to know each other games- Introduce yourself and have your other volunteers introduce themselves as well. You can play these games or other icebreaker/name games.

Ball Toss Name Game

Stand in a circle. Have each person say her name and have the group repeat her name. Start the game by tossing a bean bag or a ball to one person in the group, saying her name as you throw the ball. That person then calls out the name of someone else in the group and tosses the ball to her. Continue playing until all the girls know each others' names.

Spin a Web:

Get in a circle on the floor. The leader will grab a ball of yarn. The leader tells the girls' one thing they think is unique about themselves. After the leader shares something about her/him they hold the end of the ball and throw the ball to someone else in the circle. That person will say something about themselves and, hold a part of the string and throw the ball to another person. By the time the ball of yarn has made its way around the circle, everyone will be holding a part and it will look like a web. At the end you would have created a web and got to know everyone a little better. You will also notice that everyone may be different but together you are all connected (web) as a troop.

Activity (25-30 minutes):

Girl Scout Promise

Ask the following questions:

- What is a promise?
- Why is it important to keep our promises?
- What if we forget?
- What do the words, "I will try" mean?

Teach the Girl Scout symbol (right hand, 3 fingers.)These 3 fingers represent the 3 parts of the Girl Scout law.

Teach the Girl Scout Promise:

On my honor, I will try:
To serve God and my country,
To help people at all times,
And to live by the Girl Scout Law

Troop Agreement

With the girls, brainstorm a list of things to remember so that the troop can be safe and have fun at meetings. (i.e. listen to instructions, ask an adult before you go to the bathroom, etc.). Write these ideas down (if possible, use large paper so everyone can see). When the list feels complete, ask all the girls and adults to agree to follow these rules for all future meetings.

Make a Kaper Chart or decide a way to divide leadership work

1. Write down the jobs to be done and a brief description of what each job includes.
2. Plan how to divide the work: individual, buddies, group or troop.
3. Combine some jobs if necessary, keeping an equal amount of work in each if possible.
4. Have girls make a chart, which shows the group, who does what, and when.

CLEAN-UP (5-10 minutes): This is the girls' responsibility. CLOSING (2-5 minutes):

Friendship Circle- Girls join hands to form a circle. Once they've formed a circle, they should rearrange their holds so that their arms are crossed right over left. One girl starts the circle by making a silent wish, then squeezing the hand of the girl on her right. Each girl squeezes the next girl's hand in turn, until the squeeze "gets back" to the first girl. The girl who began the squeeze can say, "Goodbye Daisy Girl Scouts."

Sample Second Meeting

Introduction to the Girl Scout Law

Materials:

- Start up activity
- Flag
- Crayon/makers/pencils/etc.
- Bean bag/ball
- Daisy Petals
- Poster board
- Kaper chart

Pre Meeting Preparations:

- Prepare a start up activity
- Write the Girl Scout Law on poster board for the girls.

MEETING

Start-Up Activity (5 minutes):

Flower Friends

<http://forgirls.girlscouts.org/printplay-flower-friends/>

includes different activities that you may use when introducing the flower friends to the girls. Many may be used as a start up activity. Have the girls create colorful flowers to match the colors of the law

Opening (5-10 minutes):

Flag Ceremony

Choose one girl to be the Color Bearer to hold the flag (can be a small flag), and two girls for the Color Guard.

The rest of the girls should stand to form a horseshoe.

Color Bearer stands at the open end of the horseshoe facing the troop, with Color Guard on each side.

Everyone stands at attention (straight and tall).

The leader leads the Pledge of Allegiance with the girls.

* Additional information about flag ceremonies can be found at:

<http://www.girlscouts.org/program/basics/traditions/ceremonies/flag.asp>

Business and Discussion (10 minutes):

The Girl Scout Promise (lead the girls in reciting the promise)

On my honor, I will try:
To serve God and my country,
To help people at all times,
And to live by the Girl Scout Law

Why did we all join Girl Scouts

Start the game by tossing a bean bag or a ball to one person in the group and having them say their name (this will help with learning everyone's name) and then have them give one reason why they wanted to join Girl Scouts. Once they have said their name and one reason have them pass the ball to someone else and continue until everyone has had a turn.

Activity (25-30 minutes):

Girl Scout Law

Remind the girls of the line in the Girl Scout Promise, " and to live by the Girl Scout Law." Teach them the Girl Scout Law. They do not need to memorize it; have it on a large display for all of them to see.

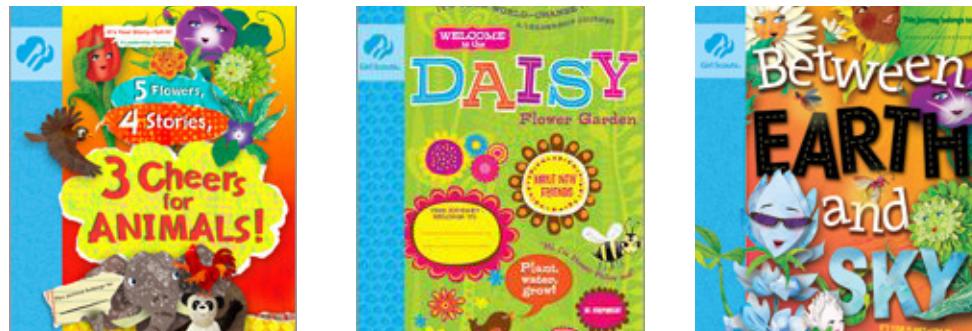
I will do my best to be
honest and fair,
friendly and helpful,
considerate and caring,
courageous and strong, and
responsible for what I say and do,
and to
respect myself and others,
respect authority,
use resources wisely,
make the world a better place,
and be a sister to every Girl Scout.

Daisy Petals

Explain to the girls about the Daisy petals – each of the petals is a different color, and each color represents a different part of the Girl Scout Law. Then, give each girl a blank Daisy Petals handout (appendix), and have them color the petals as you review the Girl Scout Law again.

CLEAN-UP (5-10 minutes): This is the girls' responsibility. CLOSING (2-5 minutes):

Friendship Circle with twist out- Invite the girls to form a friendship circle. Everyone gathers in a circle where they cross their right arm over their left in front of them and holds hands with those on either side. The girls can untwist by turning outward from the circle while still holding hands and then let go. Some say "Girl Scouts Out" as you untwist.



Sample Third Meeting

Juliette Gordon Low

Materials:

- Beads (color of the Flower Friends/ Girl Scout Law)
- String/lanyard
- Flag
- The Story of Juliette Low/ Who is a Daisy Girl Scout? By M. J. Dennison or Girl's Guide to Girl Scouting or Welcome to the Flower Garden Facilitator Guide
- Depending on the activities: a large daisy on white paper for each girl or 2 white and 1 yellow colored tissue paper (per girls), chenille stem, scissors, ruler or brown paper bags
- Crayons/markers/pencils/etc.
- Kaper Chart

Pre Meeting Preparations:

- Prepare a sample bracelet and an example activity



MEETING

Start-Up Activity (5 minutes):

Girl Scout Law Bracelets or Friendship Bracelets

Have the girls make Girl Scout Law Bracelets- they will use beads that are the color of the petals that represent each line of the law. If you can't find the colored beads you can have them make 2 friendship bracelets one for them and one to give to a friend.

Opening (5-10 minutes):

Quiet Sign

Use the quiet sign to get the girls' attention. Welcome them to the third meeting.

Flag Ceremony

Hold a Flag Ceremony in the same manner as the last meeting. This time, add the Girl Scout Promise after the Pledge of Allegiance.

Girl Scout Handshake

Do the Girl Scout sign with your right hand and shake hands with your left.

Business and Discussion (10 minutes):

Juliette Gordon Low

Read The Story of Juliette Low/ Who is a Daisy Girl Scout? By M. J. Dennison or there is information in the Girl's Guide to Girl Scouting page 12 or the Welcome to the Flower Garden Facilitator Guide or on the GSUSA website at www.girlscouts.org

Activity (25-30 minutes):

Daisy Ideas

Draw (or copy) a large daisy on white paper for each girl. Ask them to draw a picture of something they would like to do at meetings on each petal. If the girls ask you for suggestions, give them suggestions in several areas by saying, "Draw something that would be fun to do outdoors, or an art project, or learning about people." They can draw their face in the center of the daisy. Be sure to keep a record of everyone's ideas to help you plan future meetings.

Tissue Paper Daisies

Make a bouquet of tissue paper daisies using white and yellow paper. Cut tissue paper into rectangles of desired size. Stack 4 pieces of tissue paper. Accordion pleat the tissue paper working from the long side. Wind one end of the chenille stem around the middle of the accordion pleated tissue paper. Gently separate each layer pulling upwards toward the middle of the flower

Juliette Gordon Low Puppets

Be creative! Make puppets and act out Juliette's Girl Scout Story!

CLEAN-UP (5-10 minutes): This is the girls' responsibility. CLOSING (2-5 minutes):

Songs

I'm a Little Daisy (to the tune- I'm a Little Teapot)

I'm a little Daisy,	(hands together at side of face, head tilted)
Dressed in blue.	(pick up hem of uniform smock)
I am a Girl Scout,	(make the Girl Scout Sign)
You are too.	(point to a neighbor)
When I go to meetings,	(hands out, palms up)
I sing and shout.	(cup hands around mouth)
I love being a,	(point to heart)
Girl Scout Daisy!	(clap once on each word)

Girl Scout Daisy Cheer

Clap your hands	(clap, clap, clap)
Stomp your feet	(stomp, stomp, stomp)
Our Daisy Troop just can't be beat!	(close hands, use thumbs to point to yourself)

Repeat cheer three times, starting softly and build up to loud cheer!!

Sample Fourth Meeting

Girl Scout National Program Portfolio

Materials:

- Masks (check out for girls website:
http://forgirls.girlscouts.org/wp-content/uploads/2012/04/GSDaisy_Masks.pdf and
http://forgirls.girlscouts.org/wp-content/uploads/2012/05/DPP_BeeMaskDance_v2.pdf
- Scissors
- Yarn
- Flag
- Plant
- Glass of water/vase

Material continued:

- For Smart Cars
 - Shoe box
 - Newspaper
 - Magazines
 - Twigs
 - Toilet paper rolls
 - Anything recycled or from nature.
- Video Access
- Kaper Chart

Pre Meeting Preparations:

- Prepare a sample mask
- Cut yarn for masks
- Create an example for each activity

MEETING

Start-Up Activity (5 minutes):

Create Animal Mask

(5 Flowers, 4 Cheers, 3 Cheers for Animals)

Opening (5-10 minutes):

Quiet Sign

Use the quiet sign to get the girls' attention. Welcome them to the fourth meeting

Flag Ceremony

Hold a Flag Ceremony in the same manner as the last meeting. This time, add the Girl Scout Promise after the Pledge of Allegiance.

Hola

Explain that there are many different ways to say hello because people speak many different languages. Ask if anyone knows how to say hello in Spanish. If not, teach the girls to say Hola.

Practice saying Hola with the girls to left and right, shaking hands with the Girl Scout Handshake.
(Daisy Flower Garden)

Business and Discussion (10 minutes):

What do Daisies do? Discuss with the girls what they can do as Daisies. Introduce each journey and the Girl's Guide to Girl Scouting.

Welcome to the Daisy Flower Garden

In this journey a favorite pastime—gardening—meets the Girl Scout Law. It has a fun storybook world of flowers and little girls who, together, do great things. You will enjoy meeting the colorful, global characters who teach us to live the Girl Scout Law. You will meet the Amazing Daisy and learn about being a leader in this fun adventure.

Between Earth and Sky

You will join the flower friends for a cross-country road trip in their special flower-powered car! As they travel the country living the values of the Girl Scout Law, the flowers explore the natural world around them, learning what's local and why that's important. Along the way, the flower friends (and the girls!) Sample the sights, and the wisdom of women working to protect Planet Earth. You will earn the Blue Bucket, Firefly, and Clover (uses resources wisely!) Awards along the way as you experience what's great about your own region and learn to use your own special skills to help people and Planet Earth.

5 Flowers, 4 Stories, 3 Cheers for Animals!

You will learn just how much you can care for animals and for yourself—and just how good that makes you feel. 5 Flowers, 4 Stories, 3 Cheers for Animals! will also introduce you to the stories of the flower friends: Daisy, Sunny, Tula, Gloria, Gerri, Rosie, Vi, Clover, Mari, Lupe and Zinni. Each flower friend corresponds to a value in the Girl Scout Law.

The Girl's Guide to Girl Scouting

The Girl's Guide to Girl Scouting contains stories and activities to help Daises to earn their 10 petals, one for each line of the Girl Scout Law. It also includes activities to help you learn and earn your Financial Literacy and Cookie Business “leaves.” In this great binder you will also get a handbook and a fun “My Girl Scouts” section which has crafts, writing prompts, stickers and more!

Activity (25-30 minutes):

Possible Daisy Flower Garden activity:

Garden Critters

Start off by talking about four or five garden critters common to your community. If you live in an urban area and the girls have not had a chance to visit many gardens, likely they will have seen small birds like sparrows and possibly squirrels. Ask the girls if they know, for example, what sound a bird makes (a chirp) and how it moves about (by flapping its wings). Encourage the girls to name some critters on their own. So that the girls will have a variety of critter sounds and movements in mind before the game starts.

Next, explain that you will call out the name of a garden critter, and all the girls, together, will pretend to be that critter in sound and movement.

The girls will continue the critter's sound/movement until you call out a new critter. Example: You call out “bird” and all the girls chirp and flap their arms. Then you call out “frog” and the girls jump up and down and say, “ribbit, ribbit.”

Sample Fourth Meeting

Continued

Activity (25-30 minutes):

Possible Between Earth and Sky activities

Watch a Plant "Drink"

For this activity, the girls are going to see a plant "drinking." Go over all the parts of the plant and see if any of the girls can guess how a plant grows. If they don't guess, let them know that one way a plant grows is by "drinking" water from its roots. Now, have the girls look at the plant you brought in. What do they notice? Is it droopy or limp? Once they make their observations, you can have the girls take turns watering the plant just a little, or you can do it yourself. The plant might not perk up immediately. If it doesn't, go on to the next activity and come back later to take a look.

Design your own SMART flower-petal car

Instructions

- Have the girls design and create their very own SMART car.
- Have them explain to the group how their car runs and their favorite part of their car.

Possible 5 Flowers,4 Cheers,3 Cheers for Animals Activity

Baby Elephant Activity

Check out the video clip of a baby African elephant playing, and listen to the sounds elephants make, at this link: <https://kids.nationalgeographic.com/Animals/CreatureFeature/African-elephant>

Talk to the girls about what the elephants are doing? How are they taking care of themselves?

Then talk about how just like the elephants have to take care of themselves so do we. Have a discussion about the way we take care of ourselves.

Clean-Up (5-10 minutes): This is the girls responsibility!

Closing (2-5 minutes):

Daisy Song

I'm a Little Daisy (to the tune- I'm a Little Teapot)

I'm a little Daisy,
Dressed in blue.
I am a Girl Scout,
You are too.
When I go to meetings,
I sing and shout.
I love being a,
Girl Scout Daisy!

(hands together at side of face, head tilted)
(pick up hem of uniform smock)
(make the Girl Scout Sign)
(point to a neighbor)
(hands out, palms up)
(cup hands around mouth)
(point to heart)
(clap once on each word)

5 Skills for Girls

To make it girl-led...let the girls lead!

- 1. Goal Setting:** Girls set cookie sales goals and, with their team, create a plan to reach them. This matters because girls need to know how to set and reach goals to succeed in school, on the job, and in life.
- 2. Decision Making:** Girls decide where and when to sell cookies, how to market their sale, and what to do with their earnings. This matters because girls must make many decisions, big and small, in their lives. Learning this skill helps them make good ones.
- 3. Money Management:** Girls develop a budget; take cookies orders, and handle customers' money. This matters because girls need to know how to handle money- from their lunch money to their allowance to (someday) their paycheck
- 4. People Skills:** Girls learn how to talk (and listen) to their customers, as well as learning how to work as a team with other girls. This matters because it helps them do better in school (on group projects, on sports teams, and on the playground) and, later, at work.
- 5. Business Ethics:** Girls act honestly and responsibly during every step of the cookie sale. This matters because employers want to hire ethical employees- and the world needs ethical leaders in every field.



Sample Fifth Meeting

Planning the Investiture

The Investiture ceremony takes place the first time a girl or adult joins Girl Scouts.

The person being invested:

- 1) Says the Girl Scout Promise
- 2) Receives the appropriate Girl Scout pin; and
- 3) Is welcomed into Girl Scouting.

The girl should understand (as much as possible for her age level) that when she is invested, she is agreeing to subscribe to the values and principals of the Girl Scout Promise and Law. Note: Saying the Girl Scout Promise can be done individually or as a group, depending on the age of the person(s) being invested.

Materials:

- Flag
- Materials for decorations, crayons, paper, tissue paper, scissors, etc.
- Chart Paper
- Poster Board with the Promise
- Poster Board with the Law
- Cardstock
- Crayons/markers
- Kaper Chart

Pre Meeting Preparations:

- Prepare sample decoration ideas.

MEETING

Start-Up Activity (5 minutes):

Decorations

Have the girls make decorations for their ceremony.

Opening (5-10 minutes):

Quiet Sign

Use the quiet sign to get the girls' attention. Welcome them to the meeting.

Flag Ceremony

Hold a Flag Ceremony in the same manner as the last meeting. Then recite the Girl Scout Promise after the Pledge of Allegiance.

Business and Discussion (10 minutes):

Planning the Ceremony

- Explain that you'll use this meeting to get ready for the investiture and re-dedication ceremony. Help everyone understand that every idea is a good idea.
- Choose songs, games, or other activities to use at the ceremony.
- Choose a snack to serve at the ceremony. Simple refreshments should be served at the ceremony's end. Be aware of food allergies.
- Explain what will happen at the ceremony.
- Flag Ceremony with Pledge of Allegiance and Girl Scout Promise
- Sing Daisy song(s)
- Recognition
- Leader explains to guests that the girls have been learning about the Girl Scout Promise and Law
- Leader presents each girl with the Promise Circle for her Daisy Girl Scout recognition
- Investiture and Re-dedication
- New Daisies will receive their Daisy Girl Scout pin; Girl Scout handshake
- Returning Daisies will receive their (optional) re-dedication patch; Girl Scout handshake
- Refreshments
- Clean-Up
- Closing Friendship Circle; invite guests to join

Activity (25-30 minutes):

Girl Scout Handshake

Practice the Girl Scout Handshake
Do the Girl Scout sign with your right hand
Shake hands with your left

Girl Scout Promise and Law

Have the girls practice both the Promise and the Law

Invitations

Have the girls create invitations to their ceremony

CLEAN-UP (5-10 minutes): This is the girls' responsibility. **CLOSING (2-5 minutes):**

Songs

I'm a Daisy Girl Scout, Daisy Cheer

I'm a Girl Scout (Tune-Frere Jacque)

I'm a Girl Scout
I'm a Girl Scout
Who are you?
Who are you?

Can't you tell by looking?
Can't you tell by looking?
I'm one too.
I'm one too.

Sixth Meeting-Ceremony

Kaper Chart

A kaper is a short- term job or activity that needs to be accomplished by an individuals or a small group. It is an easy way to distribute tasks equally among the group, whether outdoors or indoors.

Consider these tips when developing your Kaper Chart:

- Have everyone involved in the planning of the Kaper chart.
- Make a list of all of the tasks that need to be done.
- Determine how many individuals will be needed to accomplish the task in order to equally divide the workload.
- Establish a procedure to select the individuals or working groups.
- Establish a name or symbol for each group or use individual names.
- Make the chart eye catching and fun.
- Determine a way to rotate individuals or group members periodically so that everyone will work together at some point.

There are many ways to develop a Kaper Chart.

Here are just a few examples:

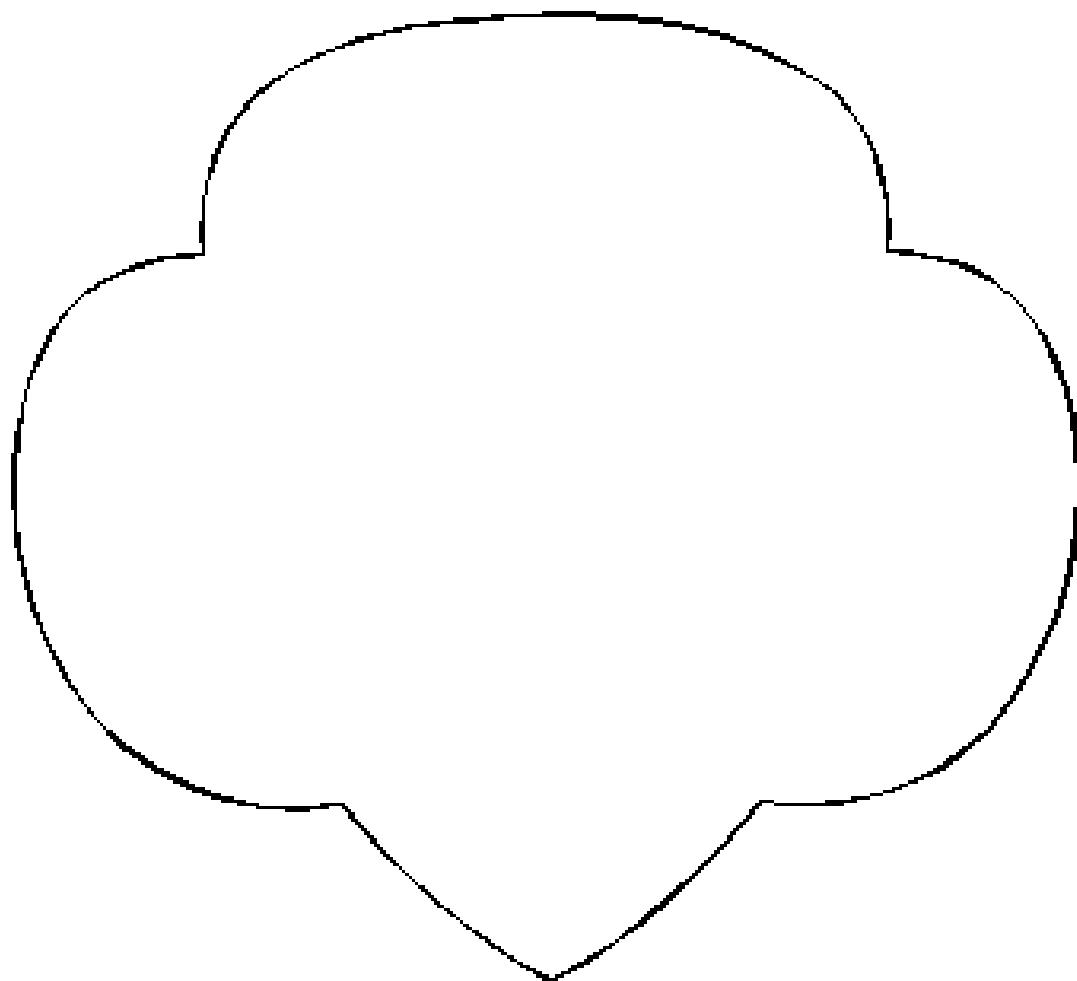
	Opening	Hostesses	Clean Up	Closing
Sept 15				
Sept. 30				
Oct. 15				
Oct. 31				
	Bears: Christina Stephanie Brooke Brittany Suan Laura K.	Songbirds: Jessica Taylor Daniela Rebecca Kristin Laura K.	Raccoons: Karen Lizzie Marie Sarah Deena	Ladybugs: Laura R. Sabrina Sofia Hayley Lauren

Kapers	Law	Dues	Snacks	Song	Attendance
	Clean Up	Pledge			
Drinks	Grace	Promise	Flag		

**OUR TROOP'S
KAPER CHART**



Sample Name Tag Template



Sample Investiture Ceremonies

Sample A-

- Perform a simple flag ceremony.
- Leader presents pins to girls
- Leader: To begin your Girl Scout years you will be wearing a Girl Scout Daisy pin. Sharing friendship, fun and adventure let us now begin.
- Girls recite the Girl Scout Promise; Leader pins the girls.
- Girls sing a Girl Scout Daisy song.

Sample B-

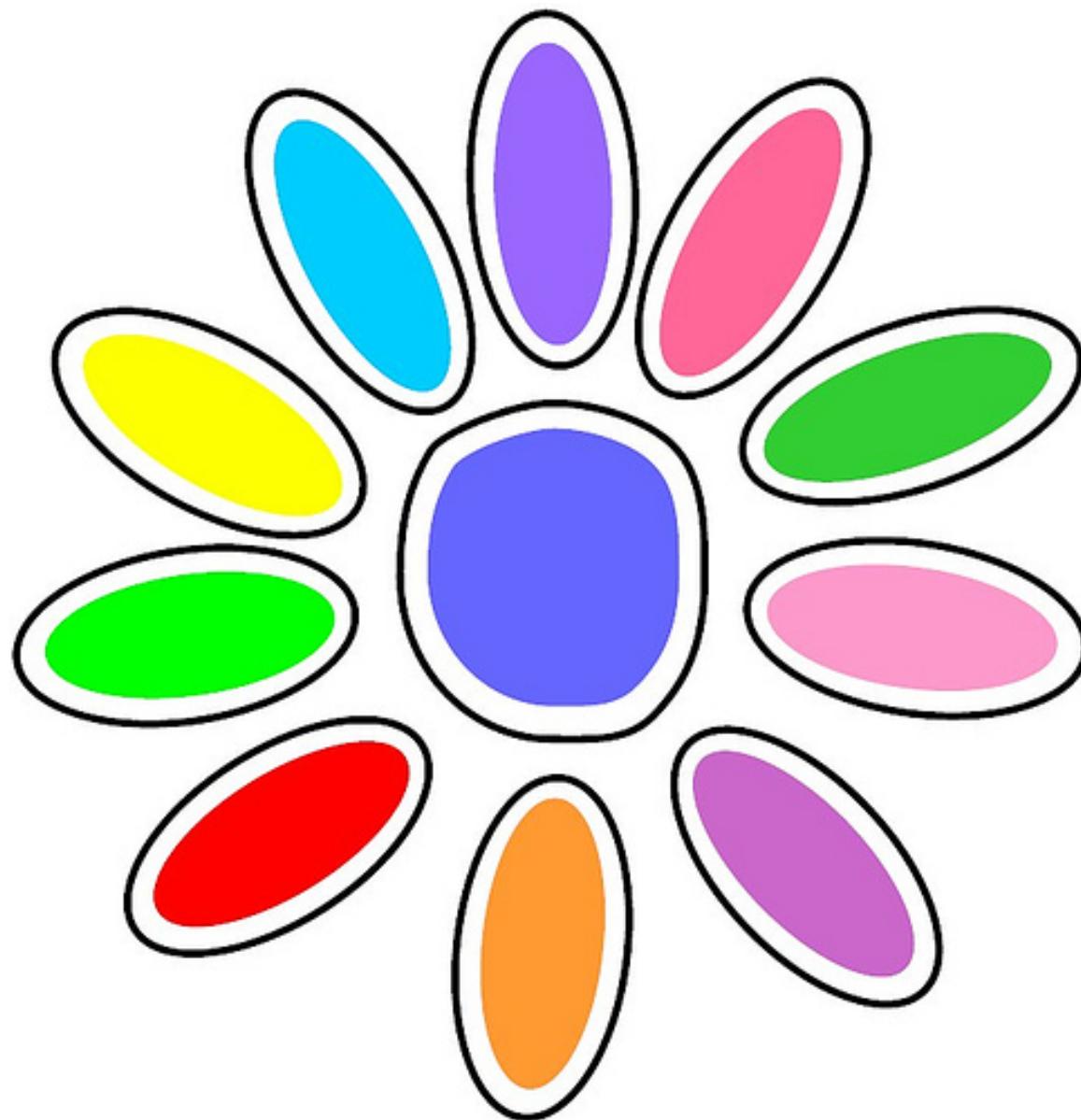
- Welcome girls and parents at the door. Have girls sit with their parents until you are ready to start the ceremony.
- Call girls to the front, seat them in a half circle, facing you; you face the audience
- Have girls stand and face the audience. As a group, girls make the Girl Scout sign and recite the Promise.
- Pin each girl with her Girl Scout Daisy Pin, give them the give Girl Scout Handshake, and welcome them into Girl Scouting.
- Make a Friendship Circle, sing Girl Scout song
- Invite parents and girls to share refreshments.

Sample C-

- Leader welcomes guest.
- Salute to Flag (flags should already be posted).
- Daisy Song by the Daisy Girl Scouts.
- Candle lighting by the leaders only, using 3 candles for the 3 parts of the Promise. This would be done as a dedication to the Promise and Law.
- Leaders stand by the table, Daisy Girl Scouts come forward one at a time. Leader asks, "Why do you want to be a Daisy Girl Scout?" Girl answers in her own words. Question could be "What does it mean to make a promise?"
- Leader asks the girls to make the Promise. Girls make the sign and say the Promise (Leader will help if they forget some of the Promise).
- Daisy Girl Scouts only: Leader takes each girl by the hand to the vase of flowers saying, "A Daisy Girl Scout is what I will be, I'll pick this flower, because..." girl picks up flower, "it stands for me."
- Other leader pins the Daisy Girl Scout pin on the girls' uniform, gives her the Girl Scout handshake
- Girl crosses to where the other Daisies are waiting. They give handshake and welcome each other.
- Refreshments

This can be held indoors or outdoors – use girls' ideas to make it their ceremony.

Daisy Petal Meanings

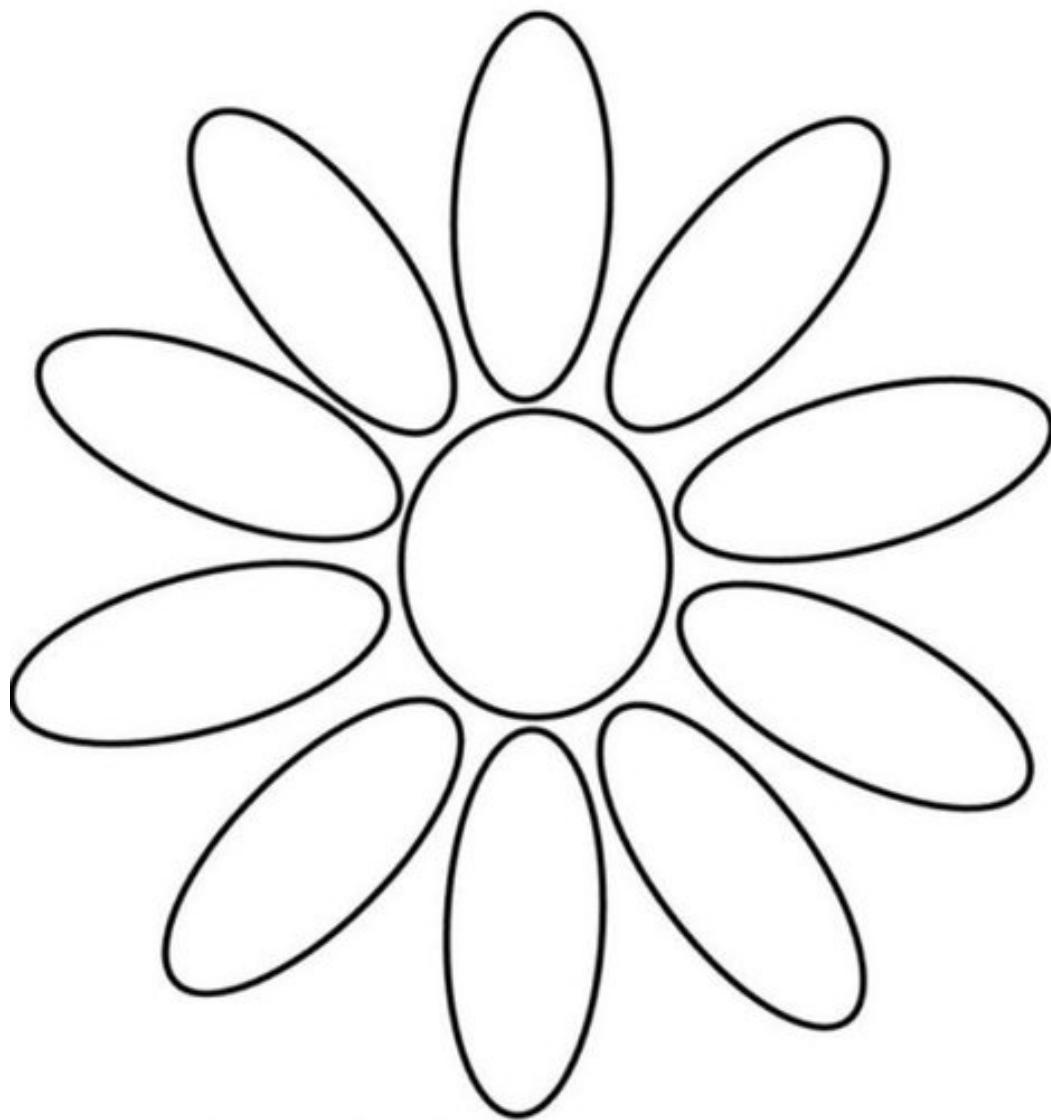


__ Promise Center – Daisy Blue

- ___ Light Blue – Honest & Fair
- ___ Yellow – Friendly & Helpful
- ___ Spring Green – Considerate & Caring
- ___ Red – Courageous & Strong
- ___ Orange – Responsible for what I say & do

- ___ Purple – Respect myself & others
- ___ Magenta – Respect authority
- ___ Green – Use resources wisely
- ___ Rose – Make the world a better place
- ___ Violet – Be a sister to every Girl Scout

Daisy Girl Scout Petals



TwistyNoodle.com

___ Promise Center – Daisy Blue

___ Light Blue – Honest & Fair
___ Yellow – Friendly & Helpful
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