

Animal Healology™



What is Animal Healology?

The integration of animals and their parents, Reiki, mindfulness practices, and many other healing modalities to support the healing, health and well-being of our animals!



Why is it a family affair?

I believe the well-being of animals is directly linked to the wellness of their parents. Therefore, a family that is mindful together is in harmony and this is where the healing begins!



What's included in a session?

My sessions include time connecting with the animal as well as animal and parent bonding time through, life coaching, spiritual counseling, breathwork, affirmations, meditation and guided visualization exercises.



Can we learn together?

Yes! I give workshops where I provide animal parents with education and guidance on a variety of topics to include energy healing, essential oils, crystals, earthing, and flower remedies.

