## Animal Healology™



## What is Animal Healology?

The integration of animals and their parents, Reiki, mindfulness practices, and many other healing modalities to support the healing, health and well-belling of our animals!



## Why is it a family affair?

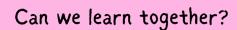
I believe the well-being of animals is directly linked to the wellness of their parents. Therefore, a family that is mindful together is in harmony and this is where the healing begins!





## What's included in a session?

My sessions include time connecting with the animal as well as animal and parent bonding time through, life coaching, spiritual counseling, breathwork, affirmations, meditation and guided visualization exercises.



Yes! I give workshops where I provide animal parents with education and guidance on a variety of topics to include energy healing, essential oils, crystals, earthing, and flower remedies.



