

# Animal Healology



## What is Animal Healology?

The integration of animals and their parents, Reiki, mindfulness practices, and many other healing modalities to support the healing, health and well-being of our animals!



## Why is it a family affair?

I believe the well-being of animals is directly linked to the wellness of their parents. Therefore, a family that is mindful together is in harmony and this is where the healing begins!



## What's included in a session?

My sessions include time connecting with the animal as well as animal and parent bonding time through, animal card readings, animal communication, breathwork, affirmations, meditation and guided visualization exercises.



## Can we learn together?

YYes! I offer workshops and dog playgroup sessions where I provide animal parents with education and guidance on a variety of topics to include energy healing, essential oils, crystals, earthing, and flower remedies.

