

# 2021 NCASM Virtual Conference

## February 26-27, 2021

February 26<sup>th</sup>, 2021

7:30am - 8:00am	Login and Exhibit Hall Opening
8:00am - 8:45am	<p><b>Central Sleep Apnea in Children: What the Savvy Sleep Medicine Team Should Know</b></p> <p>Carol Rosen, MD</p> <p><b>Adolescents, Electronics, and Sleep</b></p> <p>Sujay Kansagra, MD</p>
8:45am - 9:30am	<p>Program Director, Pediatric Neurology Residency Program &amp; Associate Professor, Department of Pediatrics; Duke University Medical Center</p>
9:30am - 10am	<p>Break with Exhibit Hall Open</p> <p><b>Sleep, Health and Wellbeing in Autism – Contributors, Treatments, and New Directions</b></p> <p>Beth Malow, MD, MS</p>
10:00am - 10:45am	<p>Professor, Departments of Neurology and Pediatrics; Burry Chair in Cognitive Childhood Development; Director; Sleep Disorders Division, Vanderbilt University Medical Center</p> <p><b>Restless Leg Syndrome</b></p> <p>Stefan Cemens, PhD, HdR</p>
10:45am - 11:30am	<p>Associate Professor and Graduate Director; Department of Physiology, Brody School of Medicine at East Carolina University</p> <p><b>Treatments for Excessive Daytime Sleepiness</b></p> <p>Lynn Marie Trotti, MD</p>
11:30am - 12:15pm	<p>Associate Professor of Neurology; Emory University</p>
12:15pm - 1:15pm	<p>Break for Lunch with Exhibit Hall Open</p> <p><b>REM Behavior Disorder</b></p> <p>Michael H. Silber, M.B.Ch.B.</p>
1:15pm - 2:00pm	<p>Professor of Neurology and Dean, Mayo Clinic School of Health Sciences</p> <p><b>Restless Legs Syndrome: Progress and Pitfalls in Clinical Management</b></p> <p>John Winkelman, MD, PhD</p>
2:00 pm - 2:45pm	<p>Chief, Sleep Disorders Clinical Research Program and Associate Physician, Massachusetts General Hospital; Professor of Psychiatry, Harvard University</p>
2:45pm - 3:15pm	<p>Break with Exhibit Hall Open</p> <p><b>Insomnia Medications in Children</b></p> <p>Judith Owens, MD, MPH</p>
3:15pm - 4:00pm	<p>Director, Center for Pediatric Sleep Disorder, Boston Children's Hospital at Waltham Professor of Neurology, Harvard Medical School</p> <p><b>CPAP Adherence and Cognitive Function</b></p> <p>Terri E. Weaver, PhD, RN, FAAN, ATSF</p>
4:00pm - 4:45pm	<p>Dean, College of Nursing; Professor, Department of Biobehavioral Nursing Science, College of Nursing; Professor, Division of Pulmonary, Critical Care, Sleep &amp; Allergy, Department of Medicine, College of Medicine, University of Illinois at Chicago</p>
4:45pm - 5:00pm	Announcements and Adjourn

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7:30am - 8:00am	Login and Exhibit Hall Opening
8:00am - 8:45am	<b>Cognitive Behavioral Therapy to Improve Insomnia</b> Joseph Anderson, CCSH, RPSGT, RST, TPFT, CRT-NPS
8:45am - 9:30am	<b>Nocturia as a Relevant Issue for Sleep Medicine</b> Donald Bliwise, PhD Professor of Neurology, Psychiatry and Behavioral Sciences, Emory University School of Medicine Sleep Center
9:30am - 10:00am	Break with Exhibit Hall Open
10:00am - 10:45am	<b>The Pathophysiology of Narcolepsy</b> Ann Augustine, MD Assistant Professor of Neurology; Division of Epilepsy and Sleep Medicine, Duke School of Medicine
10:45am - 11:30am	<b>Sleep and Epilepsy</b> Bradley Vaughn, MD University of North Carolina Chapel Hill School of Medicine
11:30am - 12:15pm	<b>Update on Dental Sleep Medicine</b> Massimiliano Di Giosia, DDS Diplomate, American Board of Orofacial Pain; Fellow, European Academy of Dental Sleep Medicine; Assistant Professor, UNC Chapel Hill School of Dentistry; Orofacial Pain Clinic
12:15pm - 1:15pm	Break for Lunch with Exhibit Hall Open
1:15pm - 2:00pm	<b>Obstructive Sleep Apnea in Children</b> Richard Kravitz, MD Professor of Pediatrics, Division of Pediatric Pulmonary and Sleep Medicine, Duke University Medical Center
2:00pm - 2:45pm	<b>Circadian Rhythm Disruption and Effects on Brain Health</b> Joyce Lee-Iannotti, MD Director, Banner University Medical Center; Program Director, Sleep Medicine Fellowship, University of Arizona College of Medicine - Phoenix
2:45pm - 3:30pm	<b>Central Sleep Apnea in Adults</b> Nancy Collop, MD Professor, Emory University
3:30pm - 3:35pm	Closing Remarks and Adjourn