



**2026  
NCASM  
CONFERENCE**

MARCH 6-7 • 8AM-5PM  
THE UNC FRIDAY CENTER

# NCASM

North Carolina Academy of Sleep Medicine



## UNC

SCHOOL OF MEDICINE  
Health Sciences



# MARCH 6, 2026

## FRIDAY AM

**7:15 AM**

**REGISTRATION/BREAKFAST**

ATRIUM SOUTH

**7:55 AM**

**WELCOME**

REDBUD AB

**8:00 AM**

**PEDIATRIC SLEEP**

KATELYN BRICKER, MD

REDBUD AB

**9:00 AM**

**OSA PHENOTYPES**

GRAY BULLARD, MD

REDBUD AB

**10:00 AM**

BREAK

ATRIUM

**10:30 AM**

**HYPERSOMNIA**

DAVID PLANTE, MD, PHD

REDBUD AB

**11:30 AM**

**UPDATE ON RLS**

ANDREW SPECTOR, MD

REDBUD AB

**12:30 PM**

**LUNCH**

TRILLIUM AB

# MARCH 6, 2026

## FRIDAY PM

### BREAKOUT SESSIONS

**1:30 PM**

**CHALLENGING TITRATIONS**

**BRADLEY VAUGHN, MD**

**REDBUD AB**

**1:30 PM**

**EDUCATION LADDER, TEAMWORK & EFFICIENCY**

**SARAH HESS, D.E.L., R.EEG.T, RPSGT, RST**

**WINDFLOWER AB**

**2:25 PM**

**BREAK**

**ATRIUM**

**2:55 PM**

**INSOMNIA**

**SAM FLEISHMAN, MD**

**REDBUD AB**

**3:50 PM**

**AWARD PRESENTATION**

**REDBUD AB**

**4:00 PM**

**PTSD & NIGHTMARES**

**ANN AUGUSTINE, MD**

**REDBUD AB**

**5:00 - 7:00 PM**

**RECEPTION**

**SPONSORED BY JAZZ PHARMACEUTICALS**

**WILLOW LOUNGE**

# NCASM

North Carolina Academy of Sleep Medicine



# UNC

SCHOOL OF MEDICINE

Health Sciences



# NCASM

North Carolina Academy of Sleep Medicine

 | SCHOOL OF MEDICINE  
Health Sciences



# MARCH 7, 2026

# SATURDAY

**7:00 AM**

**REGISTRATION/BREAKFAST**

ATRIUM SOUTH

**7:55 AM**

**WELCOME**

REDBUD AB

**8:00 AM**

**WEIGHT LOSS DRUGS IN SLEEP**

NATHAN WALKER, MD

REDBUD AB

**9:00 AM**

**EMERGING TECHNOLOGY**

CAMERON BARBER, DO

REDBUD AB

**10:00 AM**

BREAK

ATRIUM

**10:30 AM**

**HEADACHE AND SLEEP**

SANDHYA KUMAR, MD

REDBUD AB

**11:30 AM**

**CLOSING REMARKS**

REDBUD AB

# EXHIBITORS/SPONSORS

## DIAMOND LEVEL



**TRANSFORMING LIVES. REDEFINING POSSIBILITIES.**

AT JAZZ PHARMACEUTICALS, OUR PURPOSE IS TO INNOVATE TO TRANSFORM THE LIVES OF PATIENTS AND THEIR FAMILIES. WE ARE DEDICATED TO DEVELOPING LIFE-CHANGING MEDICINES FOR PEOPLE WITH RARE DISEASES — OFTEN WITH LIMITED OR NO THERAPEUTIC OPTIONS — SO THEY CAN LIVE THEIR LIVES MORE FULLY. BY TRANSFORMING BIOPHARMACEUTICAL DISCOVERIES INTO NOVEL MEDICINES, WE ARE WORKING TO GIVE PEOPLE AROUND THE WORLD THE OPPORTUNITY TO REDEFINE WHAT'S POSSIBLE — TO MAKE THE “SMALL WINS” BIG AGAIN

**NCASM**  
North Carolina Academy of Sleep Medicine

 **UNC** | SCHOOL OF MEDICINE  
Health Sciences

[WWW.NCSLEEP.ORG](http://WWW.NCSLEEP.ORG)

# EXHIBITORS/SPONSORS

## PLATINUM LEVEL



**DISRUPTING TREATMENT PARADIGMS WHERE IT'S NEEDED MOST—  
STARTING WITH NARCOLEPSY**

OUR APPROACH INCLUDES APPLYING INNOVATIVE SOLUTIONS TO THE  
DEVELOPMENT OF MEDICATIONS THAT ADDRESS THE CHALLENGES PATIENTS  
FACE WITH CURRENT TREATMENT OPTIONS.

**NCASM**  
North Carolina Academy of Sleep Medicine

 **UNC** | SCHOOL OF MEDICINE  
Health Sciences

[WWW.NCSLEEP.ORG](http://WWW.NCSLEEP.ORG)

# EXHIBITORS/SPONSORS

## GOLD LEVEL



**NCASM**  
North Carolina Academy of Sleep Medicine

 **UNC** | SCHOOL OF MEDICINE  
Health Sciences

[WWW.NCSLEEP.ORG](http://WWW.NCSLEEP.ORG)

# EXHIBITORS/SPONSORS

## SILVER LEVEL



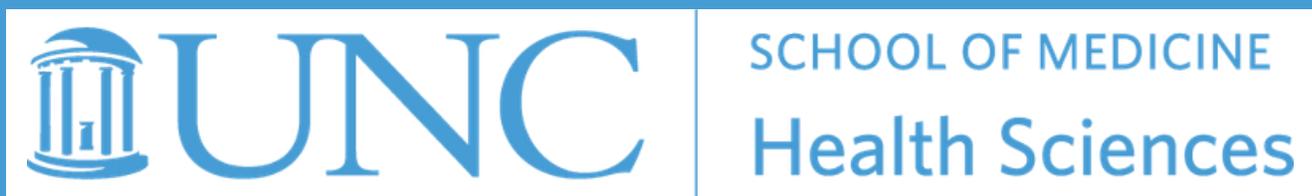
**NCASM**  
North Carolina Academy of Sleep Medicine

 **UNC** | SCHOOL OF MEDICINE  
Health Sciences

[WWW.NCSLEEP.ORG](http://WWW.NCSLEEP.ORG)

# EXHIBITORS/SPONSORS

## SILVER LEVEL



**NCASM**  
North Carolina Academy of Sleep Medicine

 **UNC** | SCHOOL OF MEDICINE  
Health Sciences

[WWW.NCSLEEP.ORG](http://WWW.NCSLEEP.ORG)

# CONFERENCE PRICING

## Physicians

Members: \$220

Non-Members: \$275

## Technologists

Members: \$150

Non-Members: \$180

## Students

\$100

Must email [contact@ncsleep.org](mailto:contact@ncsleep.org)  
for registration code.

## Membership Fees

Physicians: \$50    Technologists: \$25

**NCASM**  
North Carolina Academy of Sleep Medicine

 **UNC** | SCHOOL OF MEDICINE  
Health Sciences

[WWW.NCSLEEP.ORG](http://WWW.NCSLEEP.ORG)