



2026 NCASM CONFERENCE

MARCH 6-7 • 8AM-5PM
THE UNC FRIDAY CENTER

NCASM

North Carolina Academy of Sleep Medicine



UNC | SCHOOL OF MEDICINE
Health Sciences



MARCH 6, 2026

FRIDAY AM

7:15 AM

REGISTRATION/BREAKFAST

ATRIUM SOUTH

7:55 AM

WELCOME

REDBUD AB

8:00 AM

PEDIATRIC SLEEP

KATELYN BRICKER, MD

REDBUD AB

9:00 PM

OSA PHENOTYPES

GRAY BULLARD, MD

REDBUD AB

10:00 AM

BREAK

ATRIUM

10:30 AM

HYPERSOMNIA

DAVID PLANTE, MD

REDBUD AB

11:30 AM

UPDATE ON RLS

ANDREW SPECTOR, MD

REDBUD AB

12:30 PM

LUNCH

TRILLIUM AB

MARCH 6, 2026

FRIDAY PM

BREAKOUT SESSIONS

1:30 PM

LAB EMERGENCIES

JACKIE GUINN, BSN-RN, RPSGT

REDBUD AB

1:30 PM

CHALLENGING TITRATIONS

BRADLEY VAUGHN, MD

WINDFLOWER AB

2:25 PM

BREAK

ATRIUM

2:55 PM

AASM TOPIC

AASM SPEAKER, MD

REDBUD AB

2:55 PM

EDUCATION LADDER, TEAMWORK & EFFICIENCY

SARAH HESS, D.E.L., R.EEG.T, RPSGT, RST

WINDFLOWER AB

3:50 PM

AWARD PRESENTATION

REDBUD AB

4:00 PM

PTSD & NIGHTMARES

ANN AUGUSTINE, MD

REDBUD AB

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MARCH 7, 2026

SATURDAY

7:00 AM

REGISTRATION/BREAKFAST

ATRIUM SOUTH

7:55 AM

WELCOME

REDBUD AB

8:00 AM

WEIGHT LOSS DRUGS IN SLEEP

NATHAN WALKER, MD

REDBUD AB

9:00 PM

INSOMNIA

SAM FLEISHMAN, MD

REDBUD AB

10:00 AM

BREAK

ATRIUM

10:30 AM

HEADACHE AND SLEEP

SANHYA KUMAR, MD

REDBUD AB

11:30 AM

CLOSING REMARKS

REDBUD AB

CONFERENCE PRICING

Physicians

Members: \$220

Non-Members: \$275

Technologists

Members: \$150

Non-Members: \$180

Students

\$100

Must email contact@ncsleep.org
for registration code.

Membership Fees

Physicians: \$50 Technologists: \$25

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WWW.NCSLEEP.ORG

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PLATINUM LEVEL



**DISRUPTING TREATMENT PARADIGMS WHERE IT'S NEEDED MOST—
STARTING WITH NARCOLEPSY**

OUR APPROACH INCLUDES APPLYING INNOVATIVE SOLUTIONS TO THE
DEVELOPMENT OF MEDICATIONS THAT ADDRESS THE CHALLENGES PATIENTS
FACE WITH CURRENT TREATMENT OPTIONS.

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GOLD LEVEL



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SILVER LEVEL



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