



# 2026 NCASM CONFERENCE

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MARCH 6-7 • 8AM-5PM  
THE UNC FRIDAY CENTER

# NCASM

North Carolina Academy of Sleep Medicine



SCHOOL OF MEDICINE  
Health Sciences



# MARCH 6, 2026

# FRIDAY AM

**7:15 AM**

**REGISTRATION/BREAKFAST**

ATRIUM SOUTH

**7:55 AM**

**WELCOME**

REDBUD AB

**8:00 AM**

**PEDIATRIC SLEEP**

KATELYN BRICKER, MD

REDBUD AB

**9:00 AM**

**OSA PHENOTYPES**

GRAY BULLARD, MD

REDBUD AB

**10:00 AM**

BREAK

ATRIUM

**10:30 AM**

**HYPERSOMNIA**

DAVID PLANTE, MD

REDBUD AB

**11:30 AM**

**UPDATE ON RLS**

ANDREW SPECTOR, MD

REDBUD AB

**12:30 PM**

**LUNCH**

TRILLIUM AB

# MARCH 6, 2026

## FRIDAY PM

### BREAKOUT SESSIONS

**1:30 PM**

#### LAB EMERGENCIES

JACKIE GUINN, BSN-RN, RPSGT

**REDBUD AB**

**1:30 PM**

#### CHALLENGING TITRATIONS

BRADLEY VAUGHN, MD

**WINDFLOWER AB**

**2:25 PM**

BREAK

ATRIUM

**2:55 PM**

#### AASM TOPIC

AASM SPEAKER, MD

**REDBUD AB**

**2:55 PM**

#### EDUCATION LADDER, TEAMWORK & EFFICIENCY

SARAH HESS, D.E.L., R.EEG.T, RPSGT, RST

**WINDFLOWER AB**

**3:50 PM**

#### AWARD PRESENTATION

REDBUD AB

**4:00 PM**

#### PTSD & NIGHTMARES

ANN AUGUSTINE, MD

REDBUD AB

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# MARCH 7, 2026

# SATURDAY

**7:00 AM**

**REGISTRATION/BREAKFAST**

ATRIUM SOUTH

**7:55 AM**

**WELCOME**

REDBUD AB

**8:00 AM**

**WEIGHT LOSS DRUGS IN SLEEP**

NATHAN WALKER, MD

REDBUD AB

**9:00 PM**

**INSOMNIA**

SAM FLEISHMAN, MD

REDBUD AB

**10:00 AM**

BREAK

ATRIUM

**10:30 AM**

**HEADACHE AND SLEEP**

SANDHYA KUMAR, MD

REDBUD AB

**11:30 AM**

**CLOSING REMARKS**

REDBUD AB

# CONFERENCE PRICING

## Physicians

Members: \$220

Non-Members: \$275

## Technologists

Members: \$150

Non-Members: \$180

## Students

\$100

Must email [contact@ncsleep.org](mailto:contact@ncsleep.org)  
for registration code.

## Membership Fees

Physicians: \$50    Technologists: \$25



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[WWW.NCSLEEP.ORG](http://WWW.NCSLEEP.ORG)

# EXHIBITORS/SPONSORS

## PLATINUM LEVEL



**DISRUPTING TREATMENT PARADIGMS WHERE IT'S NEEDED MOST—  
STARTING WITH NARCOLEPSY**

OUR APPROACH INCLUDES APPLYING INNOVATIVE SOLUTIONS TO THE  
DEVELOPMENT OF MEDICATIONS THAT ADDRESS THE CHALLENGES PATIENTS  
FACE WITH CURRENT TREATMENT OPTIONS.

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## GOLD LEVEL



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## SILVER LEVEL



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