

2026 NCASM CONFERENCE



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MARCH 6-7 • 8AM-5PM
THE UNC FRIDAY CENTER

NCASM

North Carolina Academy of Sleep Medicine



MARCH 6, 2026

FRIDAY AM

7:15 AM

REGISTRATION/BREAKFAST
atrium south

7:55 AM

WELCOME
REDBUD AB

8:00 AM

PEDIATRIC SLEEP
KATELYN BRICKER, MD
REDBUD AB

9:00 AM

OSA PHENOTYPES
GRAY BULLARD, MD
REDBUD AB

10:00 AM

BREAK
atrium

10:30 AM

HYPERSOMNIA
DAVID PLANTE, MD
REDBUD AB

11:30 AM

UPDATE ON RLS
ANDREW SPECTOR, MD
REDBUD AB

12:30 PM

LUNCH
TRILLIUM AB

MARCH 6, 2026

FRIDAY PM

BREAKOUT SESSIONS

1:30 PM

LAB EMERGENCIES

JACKIE GUINN, BSN-RN, RPSGT

REDBUD AB

1:30 PM

CHALLENGING TITRATIONS

BRADLEY VAUGHN, MD

WINDFLOWER AB

2:25 PM

BREAK

atrium

2:55 PM

INSOMNIA

SAM FLEISHMAN, MD

REDBUD AB

2:55 PM

EDUCATION LADDER, TEAMWORK & EFFICIENCY

SARAH HESS, D.E.L., R.EEG.T, RPSGT, RST

WINDFLOWER AB

3:50 PM

AWARD PRESENTATION

REDBUD AB

4:00 PM

PTSD & NIGHTMARES

ANN AUGUSTINE, MD

REDBUD AB

NCASM

North Carolina Academy of Sleep Medicine

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SCHOOL OF MEDICINE
Health Sciences



NCASM

North Carolina Academy of Sleep Medicine



MARCH 7, 2026

SATURDAY

7:00 AM

REGISTRATION/BREAKFAST
atrium south

7:55 AM

WELCOME
REDBUD AB

8:00 AM

WEIGHT LOSS DRUGS IN SLEEP
NATHAN WALKER, MD
REDBUD AB

9:00 AM

EMERGING TECHNOLOGY
CAMERON BARBER, DO
REDBUD AB

10:00 AM

BREAK
atrium

10:30 AM

HEADACHE AND SLEEP
SANDHYA KUMAR, MD
REDBUD AB

11:30 AM

CLOSING REMARKS
REDBUD AB

CONFERENCE PRICING

Physicians

Members: \$220

Non-Members: \$275

REGISTER
HERE

Technologists

Members: \$150

Non-Members: \$180

Students

\$100

Must email contact@ncksleep.org
for registration code.

Membership Fees

Physicians: \$50 Technologists: \$25

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WWW.NCSLEEP.ORG

HOTEL BLOCKS

Courtyard by Marriott

0.3 miles from Friday Center

\$429.03 total for 2 nights

[Book Here](#)

Aloft Chapel Hill

1.4 miles from Friday Center

\$383.63 total for 2 nights

[Book Here](#)

Holiday Inn Express Chapel Hill

2.4 miles from Friday Center

\$149 per night

Link Coming Soon

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PLATINUM LEVEL



**DISRUPTING TREATMENT PARADIGMS WHERE IT'S NEEDED MOST—
STARTING WITH NARCOLEPSY**

OUR APPROACH INCLUDES APPLYING INNOVATIVE SOLUTIONS TO THE DEVELOPMENT OF MEDICATIONS THAT ADDRESS THE CHALLENGES PATIENTS FACE WITH CURRENT TREATMENT OPTIONS.

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SILVER LEVEL



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