



2024 Sleep Medicine Conference

Registration

Thursday only: \$150

Friday only: \$120

Thursday & Friday: \$220

**Registration will close at Noon on
October 21, 2024*

NOVANT & NCASM TEAM
MEMBERS USE COUPON CODE
AT CHECKOUT:

HALFOFF73673

You must register with your
Novant or UNC email address

Target Audience

Physicians, Sleep Techs,
Neurodiagnostic Techs, and
all other interested
healthcare providers.

Contact:

Sophia Camp

sophia.camp@seahec.net

October 24 - 25, 2024

Holiday Inn Resort Lumina on Wrightsville Beach, NC

*1706 N Lumina Ave,
Wrightsville Beach, NC 28480*

Program Description

The NC Academy of Sleep Medicine Annual Conference is a premier live continuing education event designed to provide participants with the latest knowledge, skills, and techniques necessary to enhance the recognition, diagnosis, and treatment of sleep disorders. This year's conference, "Advancing Sleep Health: Strategies for Enhancing Practice and Patient Care," will focus on improving accuracy of practitioner recognition of sleep disorders, accuracy of diagnosis, and use of evidence-based treatments of sleep disorders.

Up to 11.5 Continuing Professional Development Hours Offered.

SEAHEC
PART OF NC AHEC

NCASM
North Carolina Academy of Sleep Medicine



Register
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Objectives

- Define basic physical exam skills necessary for patients with a variety of sleep disorders.
- Develop a plan for assessing sleep-related complaints and a plan for sleep disorder diagnosis/treatment.
- Gain an expertise in reviewing sleep study reports, including polysomnograms, CPAP/BiPAP/auto titrations, etc., to improve patient care.

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Credit Statements

AMA PRA Category 1 Credits™ up to 11.5

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Southern States CME Collaborative (SSCC) through the joint providership of South East Area Health Education Center and North Carolina Academy of Sleep Medicine. The North Carolina Medical Society is a member of the Southern States CME Collaborative (SSCC). SEAHEC is accredited by the SSCC to provide continuing medical education for physicians. SEAHEC designates this live activity for a maximum of 11.5 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

CME for Physician Assistants up to 11.5

AAPA accepts certificate of participation for educational activities certified for *AMA PRA Category 1 Credits™* credits from organizations accredited by ACCME or a recognized state medical society. Physician Assistants may receive a maximum of 11.5 hours of Category 1 credit for completing this program.

Contact Hours

This program will provide up to 11.5 contact hours.

Continuing Sleep Technology up to 11.5

This program has been approved for a maximum of 11.5 contact hours Continuing Sleep Technology Education (CSTE) credit by the Board of Registered Polysomnographic Technologists, 4201 Wilson Blvd., 3rd Floor, Arlington, VA 22203

Course # PENDING APPROVAL

Program ID PENDING APPROVAL



**Register
Here**

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Credit Statements

ASET CEUs up to 11.5

The sponsoring organization has applied to ASET – The Neurodiagnostic Society requesting continuing education credits to be awarded for the educational program you are attending. Educational programs designed for Neurodiagnostic Technologists are eligible for continuing education credit from ASET provided that:

- The content is relevant to the field of Neurodiagnostics.
- The program is presented in an organized learning format.
- The objectives of the program are stated and adhered to.
- The sponsoring organization assumes responsibility for the program, including capable direction, qualified instruction and documented attendance. The program is evaluated by the participants and organizers.

The application process requires a review by ASET of the program, topics presented, the faculty and their credentials. Following approval of the program, the number of ASET – CEUs is determined based upon the number of actual instructional hours offered. One hour of instruction is awarded one ASET CEU.

Continuing Education programs approved for ASET CEUs are not endorsed by ASET.

Cancellation/Refund Policy

- Cancellations must be in writing by fax or email.
- Registrants cancelling between two weeks and five full business days prior to the first day of the event are refunded at 70% of the registration fee subject to a minimum \$25 cancellation fee.
- No refunds or credits will be given for cancellations received less than five full business days prior to the event.
- Cancellations greater than 2 weeks prior to the event will receive a 100% refund.
- No vouchers will be issued in lieu of a refund.

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Thursday, October 24th Agenda		
Time	Title	Location
7:15 am	Registration/Breakfast	
7:55 am	Welcome	Lumina Ballroom
8:00 am	Sleep in Dementia <i>Nathan Walker</i>	Lumina Ballroom
9:15 am	Advance Dental Medicine Scoring Update <i>Massimiliano Di Giosia</i>	Lumina Ballroom
10:15 am	BREAK	Exhibit Hall
10:45 am	Update on Insomnia <i>Vaughn McCall</i>	Lumina Ballroom
12:00 pm	LUNCH	Exhibit Hall
Breakout Sessions (Attend the session of your Choice)		
1:00 pm	Getting a Better Night Sleep Non-Pharmacological Approach to Insomnia - CBTi <i>Skye Margolis</i>	Tidewater
	Accreditation and Quality Improvement <i>Dorothy Covey-Eleby</i>	Causeway
2:30 pm	BREAK	Exhibit Hall
Breakout Sessions (Attend the session of your Choice)		
3:00 pm	Management of Sleep in Children with Developmental Issues <i>Katelyn Bricker</i>	Tidewater
	Difficult PAP Titration <i>Beth Payne & Brad Vaughn</i>	Causeway
4:30 pm	Approach Pediatric Sleep Related Breathing Disorders <i>Will Wooten</i>	Lumina Ballroom

Friday, October 25th Agenda

Time	Title	Location
7:15 am	Registration/Breakfast	
7:45 am	Stroke and Sleep <i>Maha Alattar</i>	Lumina Ballroom
8:45 am	ASSM Speaker pr AI in Sleep Stages <i>Ramesh Sachdeva</i>	Lumina Ballroom
9:45 am	BREAK	Exhibit Hall
10:15 am	New Medications for Hypersomnia <i>Michael Thorpy</i>	Lumina Ballroom
11:15 am	Sleep AI <i>Maha Alattar</i>	Exhibit Hall
12:15 pm	Closing Remarks	Lumina Ballroom

Evaluation Information:

You will receive an email within 5-7 business days that contains a link to the final evaluation of the 2024 Sleep Medicine Conference. Once the Evaluation is complete you will receive a certificate of your participant and credit hours.

**Thank you for choosing the South East Area Health Education Center
for your continuing education!**

Thank you to our supporters of this event!