



# NCASM

North Carolina Academy of Sleep Medicine

## 2021 Virtual Fall NCASM Conference

7:00am–8:00am – *Registration*

8:00am–9:00am – **Charlene Gamaldo, MD** – Neurology and Sleep

9:00am–10:00am – **Matthew Anastasi, BS, RPSGT** – Artificial Intelligence and PSG Scoring (AASM Sponsored)

10:00am–10:10am – *Break*

10:10am–11:10am – **Mariska Brown, PhD** – National Center on Sleep Disorders Research (NCSDR) and the Sleep Plan Revision

11:10am–12:10pm – **Don Gottlieb, MD** – Assessing Risk in OSA: Beyond the AHI (SRS Sponsored)

12:10pm–12:30pm – *Lunch*

### Session A

(Will Stay on Current Link)

12:30pm–1:30pm – **Chris Winter, MD**  
Sleep In Kids, COVID-19, and Going Back to School

1:30pm–2:30pm – **Massimiliano DiGiosa, DDS**  
Oral Appliance Therapy

2:30pm–2:40pm – *Break*

2:40pm – 3:40pm – **Saroj Kandel, MD**  
Improving CPAP Adherence in Patients with OSA

3:40pm – 4:40pm - **Joyce Lee-Iannotti, MD** – REM Sleep Behavior Disorder (RBD)

### Session B

(Link Will Be Provided)

12:30pm–1:30pm – **Sarah Hess, DEL, RPSGT**  
Leading with Emotional Intelligence in the Sleep Clinic

1:30pm–2:30pm – **Nathan Walker, MD**  
The Interplay of Sleep & Neurodegenerative Disorders

2:30pm–2:40pm – *Break*

2:40pm–3:40pm – **Heidi Roth, MD**  
Sleep, Memory & Dementia