

# North Carolina Academy of Sleep Medicine Annual Conference

November 2, 2019 | Chapel Hill, NC

## Speaker and Planner Disclosures and Resolutions

### Statement of Need

The need for these activities has been determined based on identifying professional practice gaps, as well as review of previous course evaluations and member surveys. The educational content was developed based on current issues and topic trends provided by the North Carolina Academy of Sleep Medicine leadership and membership.

### Accreditation Statement

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of The American Academy of Sleep Medicine and North Carolina Academy of Sleep Medicine. The American Academy of Sleep Medicine is accredited by the ACCME to provide continuing medical education for physicians.

### Disclosure Statement

As an education provider accredited by the Accreditation Council for Continuing Medical Education (ACCME), the American Academy of Sleep Medicine must ensure balance, independence, objectivity, and scientific rigor in all its sponsored educational activities. All product developers, planners, and speakers are expected to disclose any relevant financial interest or other relationships held by the individual, or members of their family, that are relevant to the presentation over the preceding twelve months with (1) manufacturers of any commercial products and/or providers of commercial services, (2) any commercial supporters, (3) any off-label or investigational uses of products. The individual is also required to disclose if he/she has no relationships with any manufacturers, products or services that are relevant to the presentation. The ACCME Standards for Commercial Support require accredited CME providers to resolve all identified potential conflicts of interest with any individual in a position to influence and/or control the content of CME activities prior to the education activity being delivered to learners.

### Resolution of Conflicts of Interest

AASM has implemented mechanisms to identify and mitigate conflicts of interest for all individuals in a position to control content, prior to the planning and implementation of these CME activities. **Course Chair(s) review the COI declarations to satisfy no commercial bias exists.** All Conflict of Interest Disclosures are provided to participants prior to start of the activity.

### Faculty Disclosures:

**The following North Carolina Academy of Sleep Medicine faculty members have no relevant relationships with any commercial interests to disclose:**

Yolanda Yu

Mary Mondul

Fariha Abbasi-Feinberg, MD

Kent More, MS, DDS

Courtney Vaughn

Gregory Essick, DDS, PhD

Kristy Mackell

Sushrusha Arjyal, MD

Sandhya Kumar

Nathan Walker, MD

Richard Johnson

Ralph Dolfi, DMD

Mary Carskadon, PhD

Beth Payne, BS, RPSGT, RRT

Phyllis Zee, MD, PhD disclosed the following: Consultant : Merck, Philips, Eisai, Jazz, Harmony Biosciences, CVS Caremark, Weight Watchers; Grant/Research Support : Eisai, Philips, Technogel, Harmony Biosciences, Apnimed; Intellectual Property Rights : U.S. Serial Nos: 62/038,700 & PCT/US2015/045273; Royalties : Wolters Kluwer; Stock/Stockholder (excluding diversified mutual funds) : Teva.

The Course Chair confirmed presentation is evidence-based, per citations provided by speaker:

1. Buysse DJ. Insomnia. JAMA. 2013 Feb 20;309(7):706-16. doi: 10.1001/jama.2013.193.

2. Sateia MJ, Buysse DJ, Krystal AD, Neubauer DN, Heald. Clinical Practice Guideline for the Pharmacologic Treatment of Chronic Insomnia in Adults: An American Academy of Sleep Medicine Clinical Practice Guideline. J Clin Sleep Med. 2017 Feb 15;13(2):307-349. doi: 10.5664/jcsm.6470.

3. Morgenthaler TI, Lee-Chiong T, Alessi C, Friedman L, Aurora RN, Boehlecke B, Brown T, Chesson AL, Jr., Kapur V, Maganti R, Owens J, Pancer J, Swick TJ, Zak R. Practice parameters for the clinical evaluation and treatment of circadian rhythm sleep disorders. An American Academy of Sleep Medicine report. Sleep. Nov 1 2007;30(11):1445-1459.

Flavio Frohlich, PhD disclosed the following: Grant/Research Support : Research in FF's group at UNC is supported by NIMH, NINDS, The Foundation of Hope.; Consultant : FF is the Chief Scientific Officer of Pulvinar Neuro.; Royalties : FF receives royalties for his textbook "Network Neuroscience" and receives royalty for software he has contributed to (brain stimulation app).; Stock/Stockholder (excluding diversified mutual funds) : FF is the majority owner of Pulvinar Neuro.; Intellectual Property Rights : UNC has a patent on closed-loop stimulation with FF as the lead inventor. FF's company Pulvinar Neuro LLC is in negotiation with regards to licensing of that patent.

The Course Chair confirmed presentation is evidence-based, per citations provided by speaker:

1. ARTICLE | VOLUME 26, ISSUE 16, P2127-2136, AUGUST 22, 2016

Sujay Kansagra disclosed the following relationships: Grant/Research Support : I have received research support from Jazz Pharmaceuticals for the sodium oxybate trial in children.

The Course Chair confirmed presentation is evidence-based, per citations provided by speaker:

1. Morgenthaler TI, et al. Practice parameters for the treatment of narcolepsy and other hypersomnias of central origin. Sleep. 2007 Dec 1;30(12):1705-11.

Christopher Lettieri, MD, FACP, FCCP, FAASM disclosed the following: Other: Paid employee of GSK

Bradley Vaughn, MD disclosed the following: Other: Medlink, Neurobase, and UptoDate contributor, former chair of the sleep medicine board, Speaker at AAN, AASM and MER conferences

### **Planner Disclosures:**

The following planners have no relevant relationships with any commercial interests to disclose:

Mary Ellen Wells, PhD, RPSGT (Chair)

Alvin Perkins, MD

Bradley Vaughn, MD disclosed the following: Other: Medlink, Neurobase, and UptoDate contributor, former chair of the sleep medicine board, Speaker at AAN, AASM and MER conferences