

# USER MANUAL

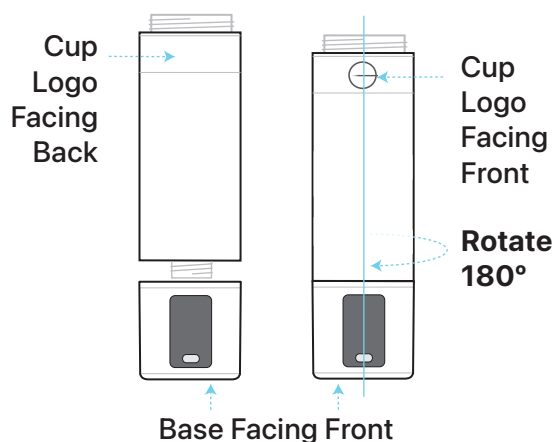
## CELLPOWER HYDROGEN WATER BOTTLE



LUMIVITA



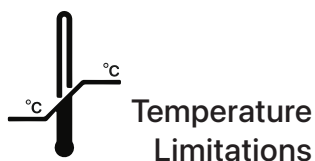
**CAUTION** Non-compliance with the provided instructions may result in product damage or malfunction, which is not covered by the warranty. Please take the time to carefully review the entire manual to ensure proper use and avoid any issues.



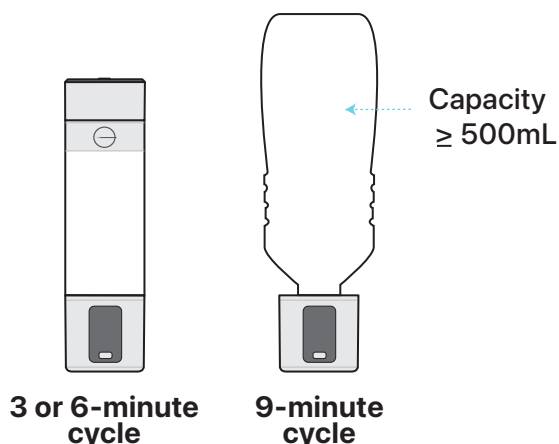
**When assembling the cup,** position the logo to the back and rotate the cup on the base by 180 degrees so that it faces the front, aligning with the screen on the base.

**Do not force!**

This may lead to component breakage.



Never place the bottle in environments with extreme temperatures (e.g., **sauna, refrigerator, freezer**, etc.) and **never submerge it in liquid or any other solution** (remember, it's water-resistant but not waterproof).



There are three hydrogen production cycles: When using the original container, **ONLY use the 3 or 6-minute cycle** without repeating. The 9-minute cycle should only be used with a larger capacity plastic bottle (500mL, 1L or 1.5L).

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# 1. Intro

Thank you for choosing CellPower Hydrogen Water Bottle by LumiVitae.

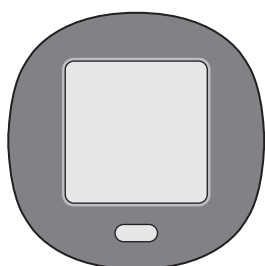
**Please take the time to read this manual carefully and completely BEFORE using the device** - its purpose is to guide you through using the product correctly, maintaining it properly, and providing useful tips to optimize your experience.

We are committed to providing you with a convenient and efficient way to enjoy hydrogen-rich water while maintaining ease of use and durability.

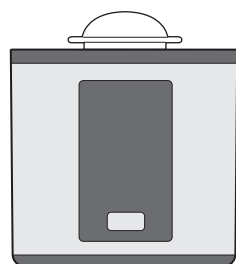
If you have any questions or require further assistance, please reach out to our customer support team.

Failure to comply with the instructions provided below may cause damage or malfunction to the product.

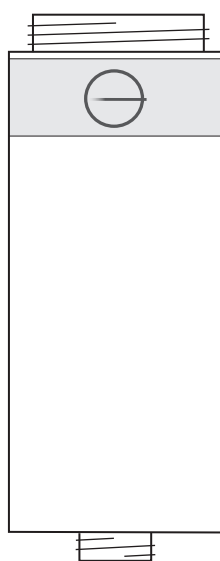
## The box contains:



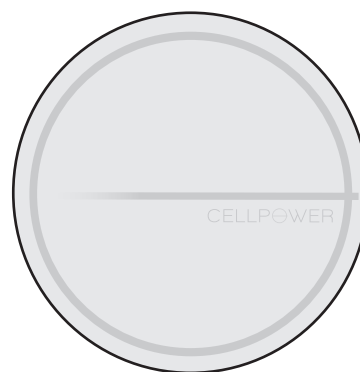
Bottle Lid



Bottle Base

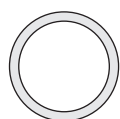
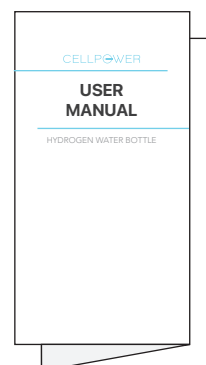


Bottle Container



Wireless Charging Pad

Quick Start  
User Manual



Extra O-Ring  
(not needed for  
assembling the cup)



USB-A to USB-C Cable



## 2. Achieving Peak Hydrogen Production

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Our company takes pride in producing an innovative bottle that allows for the enrichment of water with hydrogen through a high-quality electrolysis process. To achieve this feat, we use a top-quality PEM (Proton Exchange Membrane), which plays a crucial role in efficient hydrogen production.

However, due to the nature of our supply chain and the considerable distance our factory travels to reach our main warehouse - over 10,000 kilometers - we face unique challenges related to atmospheric conditions and temperature variations during this journey. Often, during these long-distance flights, temperatures can drop significantly, affecting the PEM membrane and, consequently, hydrogen production.

It's important to note that after this lengthy journey, the PEM membrane may not be in the ideal condition for hydrogen production. This is because the membrane needs to be fully saturated with water to function effectively. Therefore, it's natural that the bottle may not initially reach the reference values for hydrogen production.

To address this situation, we always recommend performing an activation process for the bottle after purchase, especially if it has undergone a long journey. In some cases, due to the extent of the journey, this activation process may take more than one or two cycles. We appreciate our customers' understanding in this regard.

On average, over a week of use, and in some cases, a maximum of two weeks, your bottle should reach the reference levels of hydrogen production. This adaptation period is necessary to ensure that the PEM membrane is fully saturated with water and ready to operate efficiently.

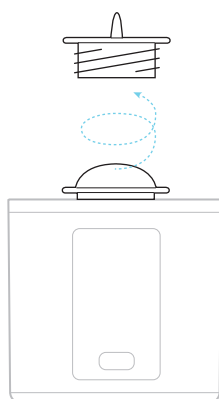
We appreciate our customers' understanding and patience as they go through this activation process, which is crucial to ensuring product quality and customer satisfaction. We are committed to providing high-quality bottles, and we are always available to address any questions or concerns that may arise.

**Thank you for choosing our hydrogen bottle!**



### 3. Get Started

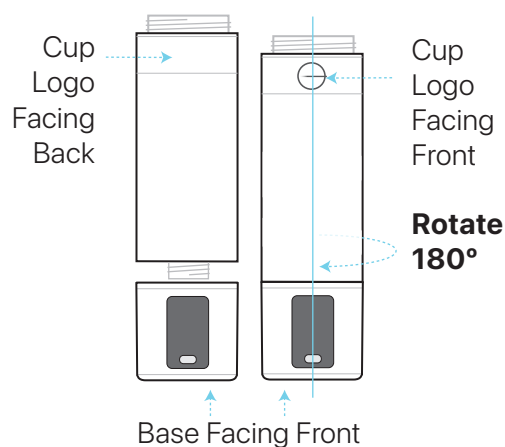
1



#### Remove the protective cap from the top of the base.

Unscrew the protective cap to attach the container to the base.

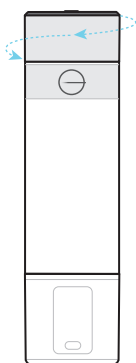
2



#### Attach the container to the base.

Position the logo of the cup to the back and rotate the cup on the base by 180 degrees so that it faces the front, aligning with the screen on the base. **Do not force!**

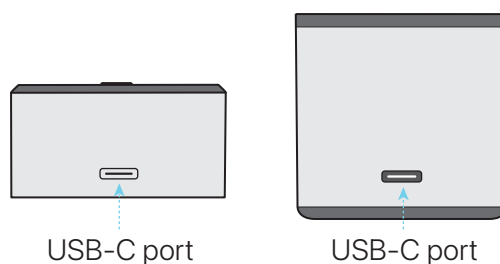
3



#### Attach the lid to the container.

Securely attach the lid to the container, ensuring it is aligned properly and tighten it firmly.

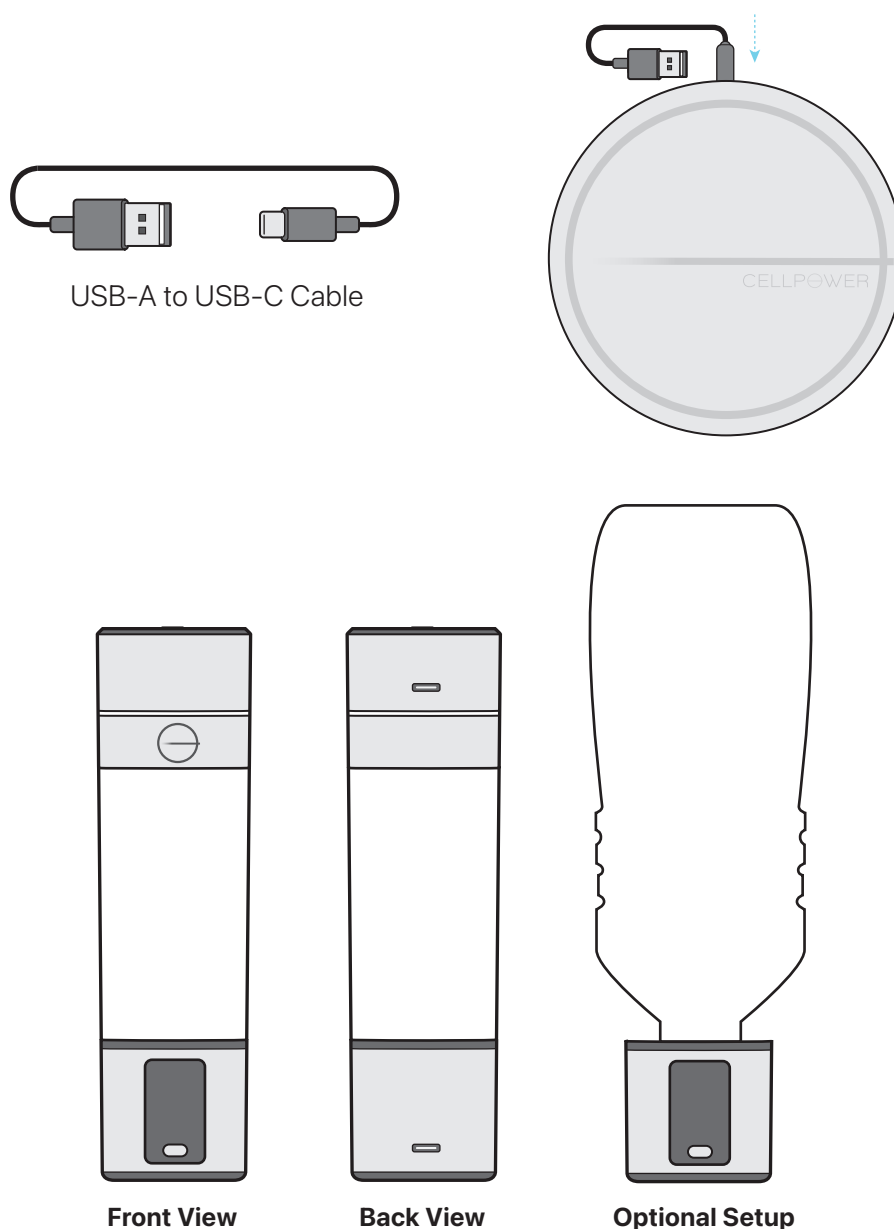
4



#### Charge your bottle

The base can be charged either using the Wireless Charging Pad or by connecting the USB-A to USB-C cable to the port at the back. In both cases, a power source is required.

On the other hand, the **lid can only be charged** using the USB-A to USB-C cable.



## 4. CellPower Bottle at a Glance

The CellPower bottle is a device that allows the production of hydrogen-rich water through an electrolysis system, using filtered or bottled drinkable water. Please note that the product generated by this system is not designed or intended to substitute any prescribed medication, therapy, or medical advice. Consult a medical professional if seriously ill or aiming to cure or prevent disease.



## 4.1 The Lid: How it Operates

### Turning On:

To turn on the lid, **press the lid button for 2 seconds**.

### Frequency Type Selection:

The start screen prompts you to select the Frequency Type.

To navigate through the menu, **press the button once quickly**.

To confirm your selection, **press the button twice quickly**.

To return to the menu, **press the button once quickly**.



When an option is chosen, an animation will appear on the screen and will remain throughout the entire process or until you decide to interrupt it.



Energy  
Animation



Recovery  
Animation



LumiVitae  
Animation

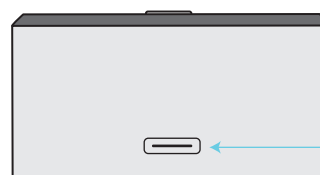
### Shutting Down

When the frequency cycle completes, the lid turns off automatically. To turn off the lid, **long-press** the button when you are on the Menu screen.

**Remember, if you press and hold while the animation is running, the lid won't shut down.**

### Recharging

The lid **can only be recharged** using the USB-A to USB-C cable.



Lid Back  
View

USB-C port





## 4.2 The Base: How it Operates

### Turning On:

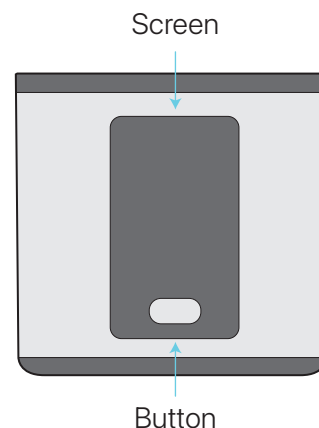
To turn on the base, **press the button once quickly**.

### Cycles Selection

The start screen displays the selected three-minute cycle, and **it will start immediately**.

To choose a different cycle duration (3-minute, 6-minute, or 9-minute), **press the button once**.

To access this option while in other menus, perform a **long-press of the button**.



3-minute



6-minute



9-minute

**Remember, whenever you switch menus, in any menu, the last displayed option will be the one that stays selected.**

### Light Selection

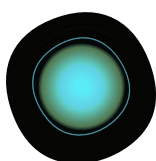
**Press the button twice quickly** to access the color menu, where you can choose the light color.

To cycle through the different options, **press the button once quickly**.

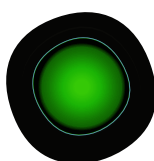
To exit this option, perform a **long-press of the button**.



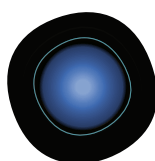
Default



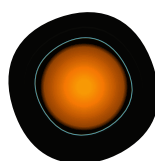
Blue



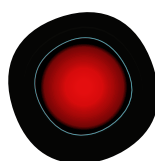
Green



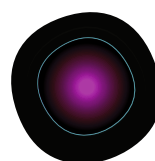
Indigo



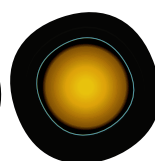
Orange



Red



Violet



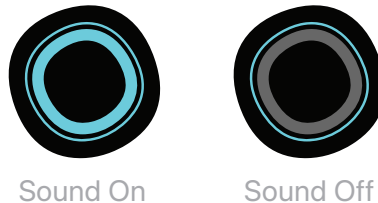
Yellow

## Sound Selection

To turn the sound on and off, **quickly press the button 3 times**.

To cycle through the different options, **press the button once**.

To exit this option, **perform a long-press of the button**.



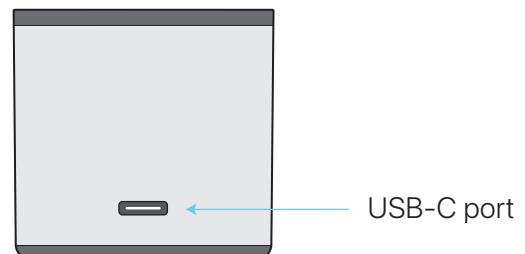
## Shutting Down

When the cycle completes, the base turns off automatically. To turn off the base, **long-press** the button when you are on the Cycles screen.

**Remember, if you do a long-press while in any other option, the base won't shut down.**

## Recharging

The base can be recharged either using the Wireless Charging Pad or by connecting the USB-A to USB-C cable to the port at the back. In both cases, a power source is required.



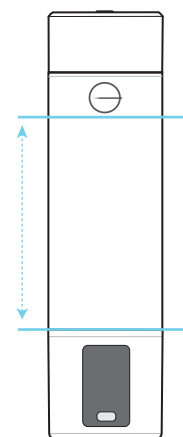
**The bottle has been designed to be charged both with and without water to provide flexibility to its users. However, we recommend charging the bottle without water whenever possible. This is an additional safety measure since we are dealing with electricity, potential accidental drops, and other possible scenarios. Charging the bottle without water helps minimize the risk of electrical accidents and equipment damage, ensuring safe and efficient use. Your safety is our priority, and we encourage all users to follow this recommendation to avoid any unwanted incidents.**



## 4.3 Usage

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- Fill the CellPower bottle with filtered or bottled drinking water up to the lower edge of the aluminum rim. Select the desired programs on both the base and the lid, wait for them to complete, then open the lid and enjoy each sip.
- We recommend water with the following parameters: pH between 5 and 6; TDS (total dissolved solids) between 20-60mg/L.
- Drink the hydrogen-rich water produced within 2 hours, ideally 30 minutes.
- Hydrogen-rich water can be suitable for humans, animals, and plants. There are no specific contraindications for its consumption. If you have any particular health conditions, consult your physician or pharmacist beforehand.
- No side effects are expected upon ingestion. If you experience any symptoms, please contact your physician or pharmacist.



Filtered or Bottled  
Drinking Water



## 5. Cleaning & Maintenance

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- No additional maintenance, such as filter changes, is required.
- Promptly clean the device if it comes into contact with substances that may cause stains, like dirt, ink, makeup, food, oils, or lotions.
- Use a soft, dry sponge or cloth for cleaning. Don't use cleaning products or compressed air.
- To eliminate potential odors, unpleasant tastes, or residues, a few drops of lemon can be used.
- Do not place this product in the dishwasher.
- **If the bottle will be unused for more than 1 day**, fill the electrode plate with distilled water and cover it using the protective cap.
- **Over time, the electrode plate may accumulate deposits, reducing its hydrogen-producing effectiveness** - You can check this by observing a decrease in bubble production. To address this, dissolve 15g of food-grade citric acid powder or 15mL of lemon juice in 300ml of warm filtered or bottled water. Pour the solution into the bottle, shake it well, and let it sit overnight. Avoid running hydrogenation cycles during this soaking process. Afterward, thoroughly clean the bottle and run one cycle with clean water to eliminate any remaining acid residue. Discard the produced water.



## 6. Protective Film Removal

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Before you begin using your device, we would like to bring an important detail to your attention – the presence of protective films on both the base screen and the LID screen. These films are designed to protect the screens from scratches, dust, and other potential damages during the manufacturing and transportation process. However, if you wish, they can be removed for the best visual experience.

Here is a step-by-step guide on how to safely remove these protective films:

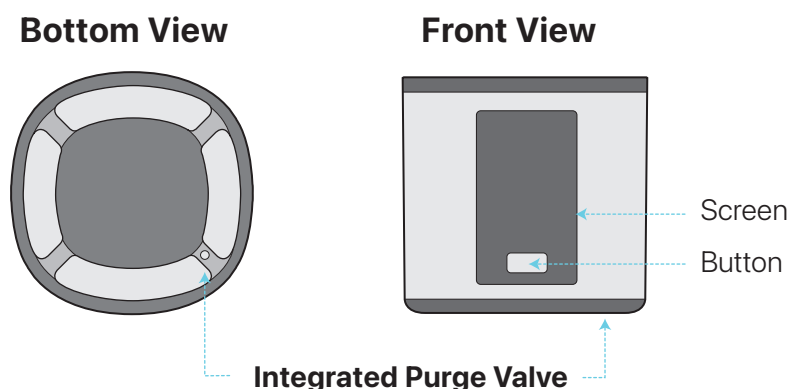
- **Gentle Approach:** The protective film on the base and LID is designed to be removable. Start by identifying the edges of the film. It is essential to adopt a gentle approach during this process.
- **Avoid Applying Excessive Force:** Do not exert excessive force when removing the film. Pulling too hard can potentially displace the screen or damage it. The use of excessive force is not recommended and may void your warranty.
- **Peel Slowly:** Begin peeling the film slowly from one corner. Ensure that your fingers are clean and dry to prevent any residue from transferring to the screen.
- **Even Pressure:** As you peel the film, apply even and moderate pressure. This will help ensure that the film comes off smoothly, without causing damage to the screen underneath.
- **Check for Residue:** After removing the protective film, inspect the screen for any adhesive or residue remaining. If you notice any, use a clean, soft, and dry microfiber cloth to gently clean the screen.
- **Final Inspection:** Once the film is completely removed, double-check for any visible damage to the screen. If you observe any anomalies or issues, please contact our customer support for further assistance.
- **Film Disposal:** Dispose of the removed protective film responsibly, following local waste disposal guidelines.

Taking these precautions when removing the protective film ensures that you can fully enjoy the clarity and functionality of your device's screen. We recommend keeping the protective film for reference until you are certain it is no longer needed.

Please exercise caution while following these steps, and if you encounter any difficulties or concerns, do not hesitate to reach out to our customer support team. Your satisfaction with our product is our top priority, and we are here to assist you with any questions or issues you may have. Thank you for choosing our product, and we hope you thoroughly enjoy your device.



## 7. Integrated Purge Valve Management



In a context where water is used in the production of hydrogen for human consumption, it is important to mention that during the electrolysis process, reactions can occur that generate undesirable by-products formed during the process. To address the production of these unwanted substances, our strategy was to incorporate a small hole at the base of the bottle. This hole serves as a mechanism for controlled release or ventilation of gaseous by-products, preventing them from accumulating inside the container. The buildup of gases could potentially increase the internal pressure of the container, creating potential safety risks. Furthermore, the hole at the base of the bottle also serves for the release of any liquid by-products that may form during the process. This ensures that these substances do not remain in the system, making the water safe for consumption. Therefore, the presence of the hole at the base of the bottle plays a crucial role in managing the unwanted by-products generated during the electrolysis of water for the production of hydrogen intended for human consumption, ensuring that these substances are released in a controlled and safe manner. This contributes to the safe and efficient production of hydrogen for human consumption.

Due to the controlled release of liquids through the hole at the base of the bottle, it is important for users to exercise caution when placing the bottle. The reason for this caution is related to the possibility of liquid spillage, which can, through a series of complex chemical and physical processes, initiate an interaction with the organic compounds present on the surface. For example, this can occur with materials like wood, where lignin and cellulose are the primary constituents.

While the hole at the base of the bottle serves the crucial purpose of managing unwanted by-products during the electrolysis process, it also means that liquid discharge can occur. As previously mentioned, this liquid can interact with the surface where the bottle is placed.

To ensure avoiding issues with this liquid, pay attention to the type of surface on which you place the bottle. It is advisable to position it on a stable and flat surface that the released liquid cannot react with. Additionally, users should handle the bottle with caution.

By taking these precautions, people can enjoy the benefits of hydrogen production through water electrolysis while minimizing the potential risks associated with liquid discharge. Safety awareness is essential when dealing with any substance that may have corrosive properties.

As previously mentioned, our bottle features a valve at the bottom of its base for the release of gases and unwanted liquid substances. Therefore, we would like to emphasize the importance of exercising caution regarding the surface on which you position the bottle. To provide you with some insight, please consider that the water we commonly regard as potable, safe for consumption, and consume without a second thought can have a substantial impact on wooden surfaces.

## The Complex Chemical and Physical Interactions with Water

The process by which water can stain wood involves a series of complex chemical and physical interactions. When water comes into contact with wood, it begins interacting with the organic compounds present, like lignin and cellulose, which are the main constituents of wood.

- **Absorption and Expansion:** Initially, wood absorbs water due to its porous nature. The water penetrates the wood fibers, causing them to expand. This expansion can lead to deformations or cracks on the wood's surface, altering its physical structure and appearance.
- **Chemical Reactions:** Water can act as a solvent, dissolving and redistributing the wood's natural extracts, such as tannins and resins. These extracts, when relocated or concentrated in certain areas, can form stains of varying colors on the wood's surface.
- **Microbiological Changes:** High moisture levels provide a conducive environment for the growth of microorganisms like fungi and bacteria. These microorganisms can cause wood decomposition and stain formation, in addition to weakening the wood's structure.
- **pH Alteration:** Water, especially if not distilled, can alter the pH of the wood's surface. This pH change can react with minerals and other compounds present in the wood, resulting in color changes.
- **Photochemical Reactions:** Prolonged water exposure can also increase the wood's sensitivity to light, leading to photochemical reactions that alter its color.
- **Crystallization of Salts:** If the water contains dissolved salts, when it evaporates, the salts can crystallize on the wood's surface, leaving white or discolored stains.

In summary, the interaction of water with wood is a multifactorial process that involves absorption, chemical reactions, biological changes, pH alterations, photochemical reactions, and salt crystallization, all contributing to the potential staining and altering of the wood's appearance and integrity.





## 8. Warnings & Safety

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Handle the CellPower bottle with care. It consists of delicate materials, including aluminum and sensitive electronic components. The bottle may incur damage if dropped, punctured, or exposed to excessive force. Avoid contact with liquids other than water, as it can harm the bottle's functionality. Continued use of a damaged bottle, such as one with cracks, may pose risks. For added protection against scratches, consider using a protective case.

- Only use drinkable water in the bottle. Ensure the water source meets recommended standards (filtered or bottled drinkable water). Using an inadequate water source may cause machine malfunction and part deterioration.
- Never operate the generator without water in the bottle.
- Do not use chemicals, organic solvents, strong acids, strong alkalis, or detergents to clean or wipe the CellPower bottle.
- To protect the device and its accessories against contamination and damage keep it closed and away from children, dust, sunlight, moisture, pets and vermin.
- Do not place gasoline or other flammable gases or liquids near the machine or other equipment. Keep away from fire.
- Do not charge or use CellPower in any area with a potentially explosive atmosphere, such as at a fueling area, or in areas where the air contains chemicals or particles (e.g., grain, dust, or metal powders).
- This device is designed to work in ambient temperatures between 32° and 95° F (0° and 35° C) and stored in temperatures between -4° and 113° F (-20° and 45° C). Never place the bottle in environments with extreme temperatures or humidity (e.g., sauna, refrigerator, freezer, etc.) and never submerge it in water or any other liquid (note: it's water-resistant, not waterproof).
- There are three hydrogen production cycles: When using the original container, ONLY use the 3 or 6-minute cycle without repeating. The 9-minute cycle should only be used with a larger capacity plastic bottle (500mL, 1L or 1.5L).
- Only charge with the supplied cable from an USB-Socket with 5V dc and max 2000 mA.
- Charge the device with the included USB-C cable or the wireless pad and other third-party power adapters . Using damaged cables or chargers, or charging when moisture is present, can cause electric shock. Ensure adequate ventilation around power adapters during use.
- Never force a connector into a port or apply excessive pressure to a button, because this may cause damage that is not covered under the warranty. If you encounter difficulty in joining the connector and port, ensure they are compatible and positioned correctly, checking for any obstructions that may be hindering the connection.
- Do not drink from the CellPower Water bottle while it is charging.

- Don't open the device and don't attempt to repair your bottle by yourself. Disassembling CellPower may cause injury to you or damage to the product. If your bottle is damaged or malfunctions contact LumiVitae Customer Support at [care@lumivitae.com](mailto:care@lumivitae.com).
- Don't attempt to replace the CellPower battery yourself—you may damage the battery, which could cause overheating and injury. For information about battery recycling and replacement, contact LumiVitae Customer Support at [care@lumivitae.com](mailto:care@lumivitae.com).
- The device should only be stored and transported under the conditions defined in these instructions.

**Disclaimer: This product is not intended to treat, diagnose, mitigate, prevent, or cure disease. Please seek medical advice if you are seriously ill or attempting to cure or prevent any disease.**

## Environmental Requirements

**Ambient operating temperature:** 0° to 35° C (32° to 95° F)

**Non-operating temperature:** -20° to 45° C (-4° to 113° F)

**Relative humidity:** 5% to 95% non-condensing

**Operating altitude:** tested up to 2,000 meters (10,000 feet)



## 9. Warranty

### Non-Warranty Coverage

The technology embedded within this device is highly sensitive. To ensure both the quality of the product's appearance and its optimal functionality, it is crucial to adhere to the instructions outlined in this manual. The warranty for the product will not apply under the following circumstances:

- If the serial number of the product is unrecognizable, damaged, altered, or removed.
- Damage resulting from non-compliance with the attached instruction manual, improper operation, or incorrect configuration.
- Damage sustained during transportation to our repair center due to inadequate packaging.
- Factors beyond the control of the product itself, such as unstable power supply, inconsistent voltage, or damage caused by force majeure events like fire, flood, earthquake, lightning, or storms.



- Damage caused by using parts not authorized or approved by our company.
- Damage caused by connecting accessories, other products, or peripheral equipment not authorized or approved by our company.
- Damage resulting from disassembly, repair, attachment, or modification not authorized by our company.
- Any malfunction determined by the company that is not inherent to the product itself.
- Any alterations, deletions, or additions to the product's content before maintenance, for which our company will not assume any responsibility. Upon returning the product to the customer, it will be reinstated to its state at the time of purchase.
- For hardware, software, plug-in functions, parts, options, replacements, and accessories provided by third parties not covered by our company's warranty, we will not be liable for any damages incurred during the repair process. Kindly ensure removal of all such components before shipping the product.
- Cosmetic damage, including, but not limited to, scratches, dents, and broken material, except where such damage occurs due to a material or manufacturing defect.
- Defects caused by wear and tear due to normal use or due to the normal aging of the product.
- If LumiVitae is informed by relevant public authorities or records that the product has been stolen.
- If the user cannot in any way prove that they are an authorized user of the product (for example, through a proof of purchase).

## **Warranty Coverage**

Our product offers a comprehensive 2-year warranty service beginning from the date of the invoice. In cases where the product exhibits issues arising from material or manufacturing defects within this period, our company assumes responsibility for repair or replacement. Should your local legislation mandate a longer warranty period than the specified two (2) years at the time of purchase, this warranty will be extended accordingly to comply with such legal requirements.

## **Determining the Warranty Period**

We determine the warranty period for our products based on provided evidence of purchase, which may include invoices or receipts.



## 10. Specifications

Size	Ø 6cm x 22cm
Weight	550 grs
Capacity	320mL
Materials	Tritan and aluminum
Lid Programs	Energy, Recovery or LumiVitae
Production Cycles	3, 6 or 9 minutes
Light Colors	Yellow, Orange, Blue, Red, Violet, Indigo or Green
Water Temperature	2-99°C



## 11. Disposal

You must dispose of CellPower bottle properly according to local laws and regulations. Because it contains electronic components and a battery, this device must be disposed of separately from household waste. When CellPower bottle reaches its end of life, contact local authorities to learn about disposal and recycling options.

**To contact Lumivitae, Ltd for personalized support:**  
[care@lumivitae.com](mailto:care@lumivitae.com)





## Safety Guidelines for Using Hot Water with the Cellpower Water Bottle

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We are pleased to introduce our hydrogen-enriched water bottle, a revolutionary product that can produce hydrogen-rich water using both cold and hot water. However, it is of utmost importance to emphasize safety precautions and guidelines, particularly when dealing with hot water. In this document, we will provide detailed safety warnings and instructions to ensure your safe and enjoyable use of the product.

### Warning: Handling Hot Water

#### Prohibition of 6-Minute and 9-Minute Cycles with Hot Water

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**Strict Prohibition:** Under no circumstances should you attempt to use the 6-minute or 9-minute cycles with hot water. Doing so may result in excessive pressure buildup, risking potential harm or damage to the product.

1. **Caution:** When using hot water for hydrogen production, exercise extreme caution. Hot water can cause burns and scalds. Always handle hot water with care.
2. **Use Heat-Resistant Gloves:** Consider wearing heat-resistant gloves when handling hot water to reduce the risk of burns.
3. **Avoid Splashing:** Be careful not to spill hot water on yourself or others, as it can cause serious injuries.
4. **Keep Out of Reach of Children:** Ensure the bottle is kept out of the reach of children when hot water is inside to prevent accidents.

#### Hydrogen Production Duration

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1. **Three-Minute Cycle Only:** The hydrogen production process should only be activated for a maximum of three minutes. Even though the bottle may offer longer cycles (6 and 9 minutes), using them with hot water is strictly prohibited due to increased pressure and safety concerns.

- 2. Pressure Release:** When using hot water for hydrogen production, occasionally release the bottle's cap slightly to release built-up pressure. This should be done with great care to prevent burns or scalds.
- 3. Handle with Care:** Reiterate the importance of handling the cap cautiously, especially when it contains hot water.

## Temperature Concerns

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- 1. Aluminum Parts Warning:** Some parts of the bottle are made of aluminum, which can become very hot depending on the water temperature. Avoid touching these parts when they are hot to prevent burns.
- 2. Use Insulated Holder:** Consider using an insulated holder for the bottle when hot water is used to minimize the risk of heat transfer to your hands.
- 3. Temperature Testing:** Before taking a sip, check the temperature of the water inside the bottle to ensure it's safe to drink, especially when hot water is used.

## Disclaimer

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- 1. Product Warranty:** We do not assume responsibility for any damage to the product caused by misuse, including the use of hot water beyond the recommended three-minute cycle.
- 2. Personal Responsibility:** Users are solely responsible for their safety when using this product. Follow the provided guidelines to prevent accidents or injuries.
- 3. Consult a Physician:** If you have any medical conditions or concerns about consuming hydrogen-rich water, consult a healthcare professional before use.

**In conclusion, while our hydrogen-enriched water bottle offers numerous benefits, safety should always be a top priority. Please adhere to these guidelines to ensure a safe and enjoyable experience with our product.**



## CellPower Water Usage Protocol

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According to Traditional Chinese Medicine (TCM), our body's energy and its redox state, also known as "Yin" and "Yang," fluctuate throughout the day. These principles are deeply rooted in the concept of balancing opposing forces for overall health and well-being. In the context of TCM, the morning is associated with higher oxidation (Yang), while the afternoon and evening tend to be characterized by a transition to a state of reduction (Yin).

### Morning Energy and Oxidation

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In the morning, TCM suggests that our bodies are in a more "Yang" state, associated with warmth, activity, and increased oxidation. This means that we are generally more energetic and alert in the morning, but our bodies are also in a state of increased oxidation due to the efforts to mobilize energy and resources for the day ahead.

### Afternoon and Evening

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Transition to a Reduction State: As the day progresses into the afternoon and evening, TCM postulates that our bodies gradually transition to a more "Yin" state, characterized by cooler, calmer, and restorative qualities. During these hours, it is believed that our bodies gradually reduce the oxidative processes that were more pronounced in the morning. This shift allows for recovery, relaxation, and the restoration of depleted resources from the active morning hours.

### Balance Between Yin and Yang

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The balance between these Yin and Yang states is crucial for overall health and harmony in TCM philosophy. Maintaining this balance is believed to support various bodily functions, including digestion, circulation, and mental well-being.

**In summary, according to Traditional Chinese Medicine, the body experiences an increase in oxidation and energy in the morning (Yang), followed by a transition to a reduction state (Yin) in the afternoon and evening to promote recovery and balance. Understanding and aligning with these natural rhythms can contribute to a healthier and more harmonious lifestyle, following TCM principles.**

## CellPower Water Usage Protocol with 3-Minute (Yang) and 6-Minute (Yin) Cycles

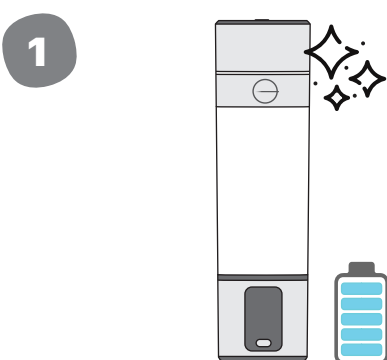
This protocol aims to optimize the use of CellPower Water to align with the Yin and Yang principles of Traditional Chinese Medicine (TCM). The CPW bottle offers the ability to hydrogenate water, with the 3-minute cycle representing the Yang state and the 6-minute cycle representing the Yin state. This protocol aims to explore the benefits of these alternating states to promote energy balance and well-being.

### Introduction

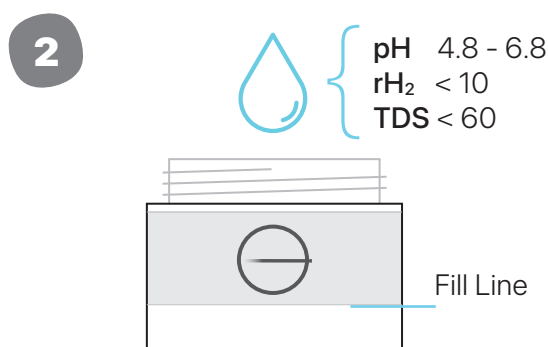
TCM emphasizes the importance of balancing Yin and Yang, two opposing and complementary principles that govern nature and bodily health. The 3-minute cycle of CPW water represents the Yang state, associated with characteristics like activity, energy, and vitality. The 6-minute cycle, on the other hand, represents the Yin state, characterized by calmness, tranquility, and restoration. By using CellPower Water, we can align our water intake with these principles.

### Procedure

#### Initial Setup



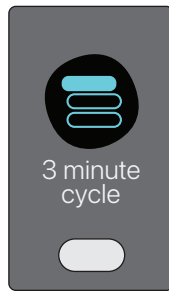
Ensure that the CellPower Water bottle is clean and ready for use.



Fill the bottle with the highest quality water available, such as mineral or filtered water. Ideally, use spring water with a pH between 4.8 and 6.8, an rH<sub>2</sub> value less than 10, and a TDS value less than 60.

### 3-Minute Cycle (Yang)

3a



Activate the 3-minute cycle on the CellPower Water bottle.

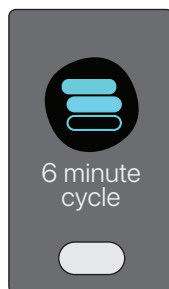
4a



Drink the water from the bottle over the next 10 minutes after the cycle finishes. During this period, you will be in the Yang state, characterized by energy and activity. You can perform multiple cycles to drink hydrogenated Yang water.

### 6-Minute Cycle (Yin):

3b



Activate the 6-minute cycle on the CellPower Water bottle.

4b



Drink the water from the bottle after the 6-minute cycle. You will now be in the Yin state, characterized by calmness and relaxation.

### Alternation

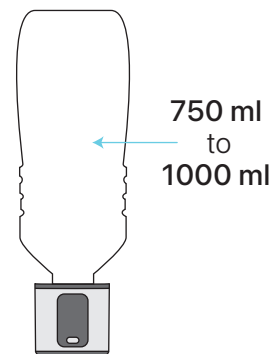
- Repeat the alternation between the 3-minute and 6-minute cycles throughout the day as needed to balance your energy and well-being.
- Observe how you feel in each state and adjust the cycle durations according to your individual needs.

## Expected Benefits

- The **3-minute cycle (Yang)** can increase morning energy and vitality, providing a morning boost.
- The **6-minute cycle (Yin)** can be used in the afternoon or evening to promote calmness, relaxation, and restoration after a busy day.
- **Alternating between the cycles** can help balance Yin and Yang energies, promoting internal harmony and overall well-being.

## 9-Minute Cycle

The **9-minute cycle** should only be used with a bottle of 750 ml to 1000 ml and never with the original cup. You can use this cycle to produce a larger quantity of Yin water.



## Final Considerations

This protocol allows you to make the most of CellPower Water to align with the Yin and Yang principles of TCM. Remember that individual needs may vary, and you can adjust the cycle durations based on your disposition and daily conditions. Consulting a healthcare professional or TCM specialist can be beneficial for additional guidance on integrating this protocol into your lifestyle to achieve the best results in terms of energy balance and well-being.





## CellPower Water Daily Protocol Balancing Yin and Yang Energies

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**Disclaimer:** It is important to note that the practice of imprinting frequencies on water has not been substantiated by scientific consensus or empirical evidence. Any claims or assertions related to the efficacy of this practice are based on alternative belief systems. The information provided is for educational and informational purposes only, and individuals should exercise critical thinking and consult with qualified experts or scientific sources for a more comprehensive understanding of the topic. The statements made herein are not intended to diagnose, treat, cure, or prevent any medical condition, and any reliance on such information is at the discretion and risk of the reader or practitioner.

### Morning Routine (Start Your Day Right)

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#### Yang Boost (3 Minutes):

- Activate the "Energy" cycle on your CellPower Water bottle for 3 minutes. This infuses your water with Yang energy, similar to starting your day with a cup of coffee.
- Drink this water in the morning to feel alert and energized, like a burst of sunshine!

#### Balance with Yin (3 Minutes):

- Now, switch to the "Recovery" cycle for 3 minutes. This turns your water Yin, bringing a sense of calmness and balance.
- Sip on this water during your mid-morning break to help maintain inner peace.

### Afternoon Routine (Stay Energized and Relaxed)

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#### Yang Recharge (3 Minutes):

- In the afternoon, switch back to the "Energy" cycle for 3 minutes. This refreshes your energy levels.
- Have this water with lunch or before an active afternoon.

#### Yin Chill (3 Minutes):

- Later in the afternoon, set the cycle to "Recovery" for 3 minutes. This eases tension and promotes relaxation.
- Enjoy this water to unwind after a busy day.

## Evening Routine (Prepare for a Peaceful Night - Yin Emphasis):

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### **Yin Serenity (3 Minutes):**

- In the evening, activate the "Recovery" cycle for 3 minutes. This helps you transition into a calm state.
- Sip on this water while you relax in the evening, preparing your body and mind for restful sleep.

### **Yin Balance (3 Minutes):**

- Before bedtime, switch to the "Recovery" cycle for 3 minutes to maintain a Yin balance.
- Have this Yin-infused water as you wind down for the night, promoting relaxation and tranquility.

## Important Tips

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- You can use each option (Yang or Yin) up to 4 times a day.
- Stay hydrated with regular water in addition to CellPower Water.
- Listen to your body; if you need more energy or relaxation, adjust the cycle duration accordingly.
- Enjoy the benefits of balanced Yin and Yang energies throughout your day!

This simplified protocol allows you to easily incorporate the "Energy" and "Recovery" frequencies into your daily routine, helping you stay energized and relaxed as needed.



## CellPower Water Usage Protocol

### 3, 6 and 9-Minute Cycle (Chinese Medicine)

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#### Morning

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##### **3-Minute Cycle (Yang Oxidation):**

Start your day with a 3-minute cycle of the CellPower Water Bottle with the Lumivitae Option activated to stimulate yang energy and initiate the natural oxidation process.

##### **3-Minute Cycle (Yang Oxidation):**

Approximately 30 minutes after the first intake, repeat the 3-minute cycle to reinforce yang energy and prepare for morning activities.

#### Afternoon:

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##### **6-Minute Cycle (Yin-Yang Balance):**

In the afternoon, select the 6-minute cycle of the CellPower Water Bottle with the Lumivitae Option activated to promote Yin-Yang balance and support recovery after morning activities.

##### **6-Minute Cycle (Yin-Yang Balance):**

In the early afternoon or before more intense activities, opt for the 6-minute cycle again to maintain energetic Yin-Yang balance.

##### **6-Minute Cycle (Yin Harmonization):**

At 5 PM, select the 9-minute cycle of the CellPower Water Bottle with the Lumivitae Option activated, using a 750 to 1000 ml plastic bottle. This is highly Yin and is ideal for promoting relaxation and harmonizing the body before the evening begins.

#### Evening

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##### **6-Minute Cycle (Yin-Yang Balance):**

Before going to bed, select the 6-minute cycle again to maintain Yin-Yang balance and promote restful sleep.

## General Notes

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- Be sure to stay hydrated throughout the day by drinking additional water in addition to the CellPower Water bottles with the Lumivitae option.
- This specific protocol for the 9-minute cycle focuses on promoting Yin harmonization at the end of the day.
- Remember that Chinese medicine is based on Yin-Yang balance, and the protocol aims to support this balance by adjusting the cycle duration according to perceived needs.
- Consult a healthcare professional or a Chinese medicine specialist for personalized guidance and ensure that the protocol is suitable for your current health status.



## LUMIVITAE lid

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At CellPower Water, we have always been inspired by the profound connection between sunlight and water, recognizing the fundamental role that both play in sustaining life and promoting well-being, especially in alignment with the principles of Chinese medicine that value this relationship. In our quest to harness the inherent vitality of these natural forces, we've introduced the innovative Lumivitae option in the lid of our CellPower Water bottles.

### Important Notice Regarding Lumivitae Option:

At CellPower Water, we are excited to introduce the innovative Lumivitae option in our bottles, combining sunlight and water for a unique hydration experience. However, it is crucial to clarify some key points:

- **Scientific Recognition:** The idea that sunlight can structure water, while inspiring, is not widely accepted in the mainstream scientific community. This is an evolving research area, and there is no definitive consensus on its impact.
- **Claims about Benefits:** Although the interaction between light and water may have theoretical implications for water structure, specific health benefits have not been fully supported by robust scientific evidence.
- **Environmental Variations:** The performance of the Lumivitae option may be influenced by environmental variations such as temperature, direct sunlight, and other factors. We recommend use in moderate conditions to optimize the experience.
- **Individual Understanding:** Each person may react differently to the Lumivitae option. If you have specific health concerns or are using the product in special circumstances, consult with a healthcare professional.
- **Commitment to Satisfaction:** We are committed to providing high-quality products and ensuring customer satisfaction. If you have any questions or concerns, please reach out to us so we can assist you.

By choosing to use the Lumivitae option, you acknowledge and understand the points mentioned above. Whatever your choice, we appreciate your trust in CellPower Water for your hydration needs.



**The Lumivitae option** represents an evolution in our commitment to enhance the harmony between sunlight and water, aligning with the concepts of Chinese medicine that emphasize this relationship. It involves the emission of specific wavelengths of light from the **Lid-Integrated Device (LID)** of our CellPower Water bottles, creating a dynamic interaction that mirrors the beneficial relationship observed in nature and the Yin and Yang balance principles of Chinese medicine.

Sunlight, as we know, is not just a source of illumination; it is a powerful reservoir of energy, encompassing a spectrum of wavelengths. Among these wavelengths, certain parts are especially conducive to influencing the properties of water, according to the philosophy of Chinese medicine. Our **Lumivitae technology** is meticulously calibrated to emit light at these specific wavelengths, effectively infusing the water within our CellPower bottles with revitalizing energy reminiscent of natural sunlight, in line with the principles of balance and vitality in Chinese medicine.

**This union of sunlight and water** within the CellPower Water bottle, aligned with the concepts of Chinese medicine, is designed to optimize the benefits of vitality and well-being derived from water consumption. Just as solar energy nurtures life on Earth, the CellPower Water bottle with Lumivitae imparts an additional dimension of vitality to the water, promoting the balance of body and mind as advocated by Chinese medicine.

**The interaction between light and water**, viewed through the lens of Chinese medicine, has long been recognized for its potential to enhance the inherent properties of water and improve the body's energy balance. This concept is not limited to ancient Chinese medicine wisdom alone; it also finds resonance in modern science. The structured water clusters created by this unique interaction can promote improved hydration, increased energy levels, and an overall sense of well-being, in accordance with the principles of Chinese medicine.

*The idea that sunlight can structure water is a claim that is not widely accepted by the mainstream scientific community. However, this is an evolving research area, and there is not yet a definitive consensus on the subject.*

*Some theories and research suggest that exposure to sunlight may have effects on the structure of water, influencing the formation of water molecule clusters known as "clusters." Some claim that these clusters may have different properties from ordinary water, which could affect its absorption and interaction with the human body.*

At CellPower Water, our commitment extends beyond simply providing hydration. We strive to encapsulate the essence of nature's synergy within our bottles, offering you water that goes beyond mere refreshment and embraces the principles of balance and vitality in Chinese medicine. With the Lumivitae option, we invite you to **experience the transformative power of sunlight and water united**, as they work together to revitalize and elevate your daily hydration ritual, in accordance with the principles of Chinese medicine.

In summary, our Lumivitae option in the CellPower Water bottle is a testament to our dedication to **uncovering the harmonious relationship between sunlight and water**, in perfect harmony with the principles of Chinese medicine. By harnessing the energizing properties of specific wavelengths of light, **we aim to provide you with a truly revitalizing hydration experience**, inspired by the enduring connection between these two vital elements, as advocated by Chinese medicine.

# Lumivitae Option Usage Protocol for Hydrogen-Enriched Water

## Important Note:

It is essential to remember that the amount of water consumed throughout the day should be tailored to individual needs and should not be excessive.

## Morning

### First Lumivitae Option (Energizing Sunlight):

Start your day with a bottle of hydrogen-enriched water in the 3-minute cycle with the Lumivitae Option activated. Drink the revitalized water right after waking up to promote a sense of energy and vitality.

### Second Lumivitae Option (Energizing Sunlight):

Approximately 30 minutes after the first intake, repeat the process with another bottle in the 3-minute cycle with the Lumivitae Option activated. This helps maintain energy levels throughout the morning.

## Afternoon

### Third Lumivitae Option (Energizing Sunlight):

One hour before lunch, choose another bottle in the 3-minute cycle with the Lumivitae Option activated. This can assist with digestion and maintain your energy level during the afternoon.

### Fourth Lumivitae Option (Energizing Sunlight):

In the mid-afternoon, opt for a bottle in the 3-minute cycle with the Lumivitae Option activated to revitalize your energy and focus.

## Evening

### Fifth Lumivitae Option (Relaxation and Renewal):

In the early evening, select a bottle in the 6-minute cycle with the Lumivitae Option activated. This can help relax and prepare the body for rest.

### **Sixth Lumivitae Option (Relaxation and Renewal):**

Before bedtime, go for a bottle in the 6-minute cycle with the Lumivitae Option activated for a more peaceful and rejuvenating sleep.

## **General Notes**

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- Stay hydrated throughout the day with regular water in addition to the hydrogen-enriched bottles.
- Limit the use of the Lumivitae Option to a maximum of 6 times per day.
- The choice between the 3, 6, and 9-minute cycles may vary based on individual needs and well-being. Adjust as you find suitable.

Please note that the Lumivitae Option usage protocol is a suggestion and may vary from person to person. Always consult with a healthcare professional before making significant changes to your water intake or incorporating new elements into your hydration routine.





## Frequencies on lid

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### Disclaimer for Frequencies on Lid Option:

The inclusion of the "frequency imprinting" option on our product's lid is based on the belief that water has the potential to retain and "memorize" specific information related to vibrational frequencies. This concept suggests that water, even after exposure, may contain traces of frequencies that could influence its properties.

### Key Points to Consider:

- **Belief-Based Concept:** The notion of water possessing a "memory" and retaining information from vibrational frequencies is a belief that lacks support from conventional scientific studies.
- **Therapeutic Claims:** Advocates of this theory suggest that water "imprinted" with specific frequencies may have therapeutic benefits when consumed or applied. However, it's crucial to note that these claims are not substantiated by mainstream scientific research.
- **Use in Alternative Therapies:** While water with imprinted frequencies is used in alternative therapies like homeopathy and chromotherapy, it is essential to acknowledge that these practices operate outside the scientific mainstream.
- **Controversial Nature:** The idea of water storing information from vibrational frequencies is highly controversial and not widely accepted by the scientific community. The lack of solid evidence raises skepticism about the purported therapeutic effects.

### Important Note:

The use of the frequency imprinting option on our product is provided for those who are interested in exploring alternative approaches to wellness. However, users should be aware that these concepts are not validated by established scientific research. Any perceived benefits are based on personal beliefs and experiences.

**Recommendation:** If you have specific health concerns or are uncertain about using the frequency imprinting option, we recommend consulting with a healthcare professional before incorporating it into your routine.

By choosing to use the frequency imprinting option, you acknowledge that its benefits are based on belief rather than scientifically proven facts.

The concept of "frequency imprinting" on water is a belief based on the assumption that **water has the ability to retain and "memorize" specific information related to vibrational frequencies**. This "imprinted" water is believed to acquire special properties that can have therapeutic impacts when consumed or applied in some way.

The fundamental idea is that water possesses a sort of "memory" that **allows it to record information from the frequencies** to which it has been exposed. This implies that even after the original exposure has ceased, water still contains traces of these frequencies. Therefore, it is believed that water can serve as a medium for storing information.

Advocates of this theory claim that it is possible to "imprint" specific frequencies that have beneficial effects on water. It is believed that water, by "absorbing" these frequencies, acquires properties that can support health and well-being. Water "imprinted" in this way is often used in alternative therapies such as homeopathy and chromotherapy, where it is believed that **water charged with specific frequencies can positively affect the human body**.

It is important to emphasize that this idea is highly controversial and is not supported by conventional science. Scientific research has not found solid evidence to substantiate the idea that water can store information from specific vibrational frequencies or that this "imprinted" water has measurable therapeutic effects.

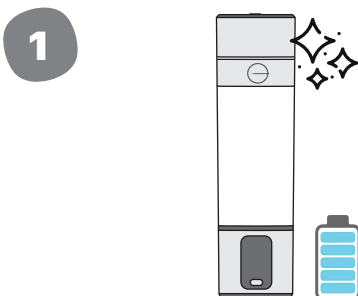
## **Protocol for Frequencies on Lid ( Energy and Recovery)**

### **Introduction:**

This protocol outlines the use of CellPower Water with a focus on harnessing the principles of Yin and Yang from Traditional Chinese Medicine (TCM). In TCM, Yang represents energy and oxidation, while Yin signifies recovery and reduction. By selecting between "Energy" (Yang) and "Recovery" (Yin), you can influence the water's oxidation or reduction capabilities in TCM concept. Each cycle lasts 1 minute, and they are employed within the context of TCM's Redox concept.

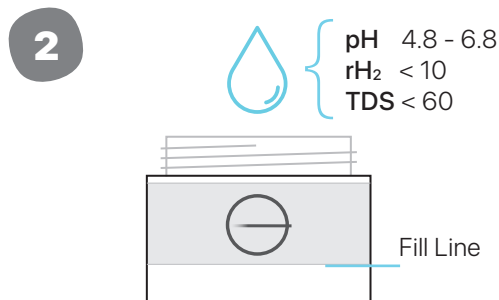
Understanding Yin and Yang: In TCM, the balance between Yin and Yang is fundamental to overall health and well-being. Yang is associated with energy, warmth, and oxidation, akin to daytime vigor. Yin, on the other hand, symbolizes recovery, coolness, and reduction, reminiscent of nighttime tranquility. This protocol harnesses these opposing forces to optimize water's properties.

## Procedure:

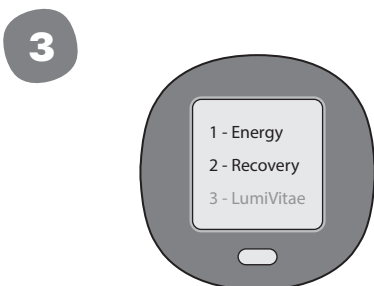


### Initial Setup

Ensure that the CellPower Water bottle is clean and ready for use.



Fill the bottle with the highest quality water available, such as mineral or filtered water. Ideally, use spring water with a pH between 4.8 and 6.8, an  $rH_2$  value less than 10, and a TDS value less than 60.



### Selection of "Energy" (Yang) or "Recovery" (Yin)

Activate the CellPower Water cycle, choosing either "Energy" or "Recovery." **Each cycle will last for 1 minute.**



### "Energy" (Yang) Cycle

During this 1-minute cycle, your water will be infused with Yang energy, representing **activation and oxidation.**



### "Recovery" (Yin) Cycle

In the 1-minute "Recovery" cycle, your water will embody Yin qualities, signifying **calmness and reduction.**



### Alternating Cycles

To achieve a balance between Yin and Yang energies, **repeat the process, alternating** between "Energy" and "Recovery" cycles throughout the day.

## Observations

Pay attention to how you feel in each state (Yang or Yin) and adjust the duration of the cycles according to your individual needs. We advise not to use each option more than 4 times a day.

## Benefits

- The "Energy" (Yang) cycle can provide a morning boost by enhancing energy and vitality.
- The "Recovery" (Yin) cycle can be used during the afternoon or evening to promote relaxation and rejuvenation.
- Alternating between these cycles can help harmonize Yin and Yang energies, fostering internal balance and overall well-being.

## Conclusion

This protocol empowers you to make the most of CellPower Water by aligning with the principles of Yin and Yang from Traditional Chinese Medicine. Remember that individual needs may vary, so you can adjust cycle durations based on your daily disposition and conditions. For further guidance on integrating this protocol into your lifestyle for optimal energy balance and well-being, consider consulting a healthcare professional or TCM expert.



## Daily Standard Protocol for Optimal Use of CellPower Water Bottle

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### Important Disclaimer Before Using the CellPower Water Bottle

**Attention:**

This usage protocol for the CellPower Water bottle incorporates elements of chromotherapy and the concept of imprinting frequencies into water. It is crucial to understand that while these practices are popular in some cultures and have been adopted by many around the world, they lack robust scientific confirmation in terms of therapeutic efficacy. Chromotherapy, which uses colors to influence well-being, and the idea of altering water's properties through frequencies, are considered alternative practices and are not widely accepted by the conventional medical community.

**Chromotherapy:**

Chromotherapy is often classified as a pseudoscientific practice. Although many report subjective benefits from using colors to influence mood and emotional well-being, these effects have not been conclusively established in rigorous scientific studies. Colors may have a psychological impact, but there is no conclusive evidence that they can directly affect physical health.

**Imprinting Frequencies in Water:**

The idea that frequencies can alter the molecular properties of water or infuse water with specific therapeutic properties also lacks scientific validation. While hydrogen-enriched water has been studied for its potential health benefits, the efficacy of imprinting frequencies in water as a therapeutic method is unproven.

**Complementary Use:**

This protocol should be used as a complement to a healthy lifestyle and not as a substitute for conventional medical treatments. We recommend consulting a qualified health professional before starting any new health practice, especially if you have pre-existing health conditions or are pregnant.

**Purpose of the Protocol:**

The purpose of this protocol is to offer an enriching user experience with the CellPower Water bottle, harmonizing it with concepts from Traditional Chinese Medicine and chromotherapy. We emphasize that the primary benefit of the bottle is the production of hydrogen-enriched water, and the other features should be viewed as complementary and experimental.

## Protocol for Using the CellPower Water Bottle

### Morning (Yang State - Energy and Oxidation)

**30 minutes before Breakfast (6:00 - 6:30 AM):**

- Fill the bottle with mineral or filtered water.
- Select the 3-minute cycle to create hydrogenated water.
- Choose the red color for energy and vitality.
- Use the "Energy" option on the bottle cap.
- Drink this water immediately after preparation.

**Mid-Morning (9:30 - 10:00 AM):**

- Repeat the process with the orange color for creativity and joy.
- Drink this water to maintain energy levels.

### Afternoon (Transition to Yin State - Reduction and Recovery)

**30 minutes before Lunch (11:30 AM - 12:00 PM):**

- Use the 6-minute cycle for more intense hydrogenation.
- Choose the green color for balance and healing.
- Drink this water.

**Mid-Afternoon (3:30 - 4:00 PM):**

- Repeat the 6-minute cycle with the blue color for tranquility.
- Drink this water for a moment of relaxation.

## Evening (Yin State - Recovery and Relaxation)

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### **30 minutes before Dinner (5:30 - 6:00 PM):**

- Use the 6-minute cycle.
- Select the indigo color for intuition and spiritual connection.
- Drink this water.

### **Before Bedtime (9:00 - 9:30 PM):**

- Use the 6-minute cycle.
- Choose the violet color for transformation and spiritual purification.
- Drink this water to aid relaxation and preparation for sleep.

### **If necessary, add an additional cycle in the mid-afternoon or morning:**

- Use the 3-minute cycle with the yellow color for mental clarity.

## Important Notes

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- Adjust the timings according to your daily routine.
- Avoid drinking water during or immediately after meals; prefer 30 minutes before.
- Do not exceed the use of the Energy and Recovery options more than 4 times a day and Lumivitae more than 6 times a day.
- The water should have a pH between 4.8 and 6.8 and a TDS below 60.
- This protocol is a complement to a healthy lifestyle, not a substitute for medical care.

This disclaimer and protocol have been carefully crafted to ensure that users are well-informed about the nature and limits of the practices involved, encouraging a balanced and informed approach to using the CellPower Water bottle.



## Daily Standard Protocol for Optimal Use of CellPower Water Bottle with Lumivitae

### Important Disclaimer Before Using the CellPower Water Bottle

#### **Attention:**

This usage protocol for the CellPower Water bottle incorporates elements of chromotherapy and the concept of imprinting frequencies into water. It is crucial to understand that while these practices are popular in some cultures and have been adopted by many around the world, they lack robust scientific confirmation in terms of therapeutic efficacy. Chromotherapy, which uses colors to influence well-being, and the idea of altering water's properties through frequencies, are considered alternative practices and are not widely accepted by the conventional medical community.

#### **Chromotherapy:**

Chromotherapy is often classified as a pseudoscientific practice. Although many report subjective benefits from using colors to influence mood and emotional well-being, these effects have not been conclusively established in rigorous scientific studies. Colors may have a psychological impact, but there is no conclusive evidence that they can directly affect physical health.

#### **Imprinting Frequencies in Water:**

The idea that frequencies can alter the molecular properties of water or infuse water with specific therapeutic properties also lacks scientific validation. While hydrogen-enriched water has been studied for its potential health benefits, the efficacy of imprinting frequencies in water as a therapeutic method is unproven.

#### **Complementary Use:**

This protocol should be used as a complement to a healthy lifestyle and not as a substitute for conventional medical treatments. We recommend consulting a qualified health professional before starting any new health practice, especially if you have pre-existing health conditions or are pregnant.



**Purpose of the Protocol:**

The purpose of this protocol is to offer an enriching user experience with the CellPower Water bottle, harmonizing it with concepts from Traditional Chinese Medicine and chromotherapy. We emphasize that the primary benefit of the bottle is the production of hydrogen-enriched water, and the other features should be viewed as complementary and experimental.

## **Protocol for Using the CellPower Water Bottle with Lumivitae Option**

### **Morning (Yang State - Energy and Oxidation)**

**30 minutes before Breakfast (6:00 - 6:30 AM):**

- Fill the bottle with mineral or filtered water.
- Select the 3-minute cycle for hydrogenation.
- Choose the red color for energy and vitality.
- Use the "Energy" option on the cap for an extra Yang boost.
- Drink this water immediately after preparation.

**Mid-Morning (9:30 - 10:00 AM):**

- Repeat with the orange color for creativity.
- Activate the Lumivitae option for 3 minutes to enhance the water's properties.
- Drink this water to maintain energy.

### **Afternoon (Transition to Yin State - Reduction and Recovery)**

**30 minutes before Lunch (11:30 AM - 12:00 PM):**

- Use the 6-minute cycle.
- Choose the green color for balance.
- Select the "Recovery" option on the cap to align with the Yin energy.
- Drink this water.

**Mid-Afternoon (3:30 - 4:00 PM):**

- Use the 6-minute cycle with blue for tranquility.
- Again, activate the Lumivitae option for 3 minutes.
- Drink this water for relaxation and recovery.

## Evening (Yin State - Recovery and Relaxation)

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### **30 minutes before Dinner (5:30 - 6:00 PM):**

- Use the 6-minute cycle.
- Select the indigo color for spiritual connection.
- Use the "Recovery" option for a Yin boost.
- Drink this water.

### **Before Bedtime (9:00 - 9:30 PM):**

- Use the 6-minute cycle.
- Choose violet for spiritual purification.
- Activate Lumivitae for 3 minutes to enhance relaxation and preparation for sleep.
- Drink this water.

### **Additional Use (As Needed):**

- In the late morning or afternoon, use a 3-minute cycle with yellow for mental clarity.
- Incorporate the Lumivitae option if an extra boost is desired.

## Important Notes

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- Adjust the timings as per your daily routine.
- Avoid drinking water during or immediately after meals; prefer 30 minutes before.
- Limit the use of Energy and Recovery options to 4 times a day, and Lumivitae to 6 times a day.
- Water should have a pH between 4.8 and 6.8 and a TDS below 60.
- This protocol is a complement to a healthy lifestyle, not a substitute for medical care.

This updated protocol includes the Lumivitae option, aiming to provide a more comprehensive and beneficial experience using the CellPower Water bottle. The use of Lumivitae is integrated logically throughout the day to enhance the effects of hydrogenation and chromotherapy, in line with TCM principles.



## Protocol for Using the CellPower Water Bottle During an Outdoor Activity Day, Aiming for 6 to 7 Bottles of Water Consumption Per Day

### Important Disclaimer Before Using the CellPower Water Bottle

#### **Attention:**

This usage protocol for the CellPower Water bottle incorporates elements of chromotherapy and the concept of imprinting frequencies into water. It is crucial to understand that while these practices are popular in some cultures and have been adopted by many around the world, they lack robust scientific confirmation in terms of therapeutic efficacy. Chromotherapy, which uses colors to influence well-being, and the idea of altering water's properties through frequencies, are considered alternative practices and are not widely accepted by the conventional medical community.

#### **Chromotherapy:**

Chromotherapy is often classified as a pseudoscientific practice. Although many report subjective benefits from using colors to influence mood and emotional well-being, these effects have not been conclusively established in rigorous scientific studies. Colors may have a psychological impact, but there is no conclusive evidence that they can directly affect physical health.

#### **Imprinting Frequencies in Water:**

The idea that frequencies can alter the molecular properties of water or infuse water with specific therapeutic properties also lacks scientific validation. While hydrogen-enriched water has been studied for its potential health benefits, the efficacy of imprinting frequencies in water as a therapeutic method is unproven.

#### **Complementary Use:**

This protocol should be used as a complement to a healthy lifestyle and not as a substitute for conventional medical treatments. We recommend consulting a qualified health professional before starting any new health practice, especially if you have pre-existing health conditions or are pregnant.

**Purpose of the Protocol:**

The purpose of this protocol is to offer an enriching user experience with the CellPower Water bottle, harmonizing it with concepts from Traditional Chinese Medicine and chromotherapy. We emphasize that the primary benefit of the bottle is the production of hydrogen-enriched water, and the other features should be viewed as complementary and experimental.

## Morning (Yang – Energy and Oxidation)

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**First Use (Upon Waking):**

- **Cycle:** Select the 3-minute cycle.
- **Lid Option:** Choose "ENERGY" for a 1-minute cycle.
- **Water:** Use mineral or filtered water with a pH between 4.8 and 6.8 and TDS below 60.
- **Consumption:** Drink this first bottle throughout the morning.

**Second Use (Mid-Morning):**

- **Cycle:** Repeat the 3-minute cycle.
- **Lid Option:** Again, select "ENERGY".
- **Consumption:** Drink this second bottle until early afternoon.

## Afternoon (Transition to Yin – Reduction and Relaxation)

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**Third Use (Early Afternoon):**

- **Cycle:** Opt for the 6-minute cycle for more intense hydrogenation.
- **Lid Option:** Select "RECOVERY" for a 1-minute cycle.
- **Consumption:** Drink this bottle over the course of the afternoon.

**Fourth Use (Mid-Afternoon):**

- **Cycle:** Repeat the 6-minute cycle.
- **Lid Option:** Use "RECOVERY" again.
- **Consumption:** Finish this bottle by late afternoon.

## Evening (Yin – Relaxation and Restoration)

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**Fifth Use (Early Evening):**

- **Cycle:** Choose the 9-minute cycle, using a compatible commercial plastic bottle.
- **Consumption:** Drink this bottle throughout the evening.

### **Sixth Use (Before Bed):**

- **Cycle:** Use the 6-minute cycle.
- **Lid Option:** Opt for "LUMIVITAE" for a 3-minute cycle. **Limit this to a maximum of 6 times per day.**
- **Consumption:** Drink this bottle before going to sleep.

## **If Needed, Seventh Use**

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### **Additional Use (As Needed):**

- **Cycle:** Choose the most suitable cycle (3 or 6 minutes).
- **Lid Option:** Base your choice on your current state (ENERGY or RECOVERY).
- **Water:** Drink this bottle if you need to complete 6 to 7 bottles daily.

## **Important Notes**

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- **Balance Between Yin and Yang:** Maintain a balance throughout the day.
- **Monitoring:** Adjust consumption based on your needs and daily activities.

This adjusted protocol provides a balance between hydration and water consumption before bedtime, aligned with the principles of Traditional Chinese Medicine.



## Protocol for Using the CellPower Water Bottle for a Full Day of Home Office Work

### Important Disclaimer Before Using the CellPower Water Bottle

#### **Attention:**

This usage protocol for the CellPower Water bottle incorporates elements of chromotherapy and the concept of imprinting frequencies into water. It is crucial to understand that while these practices are popular in some cultures and have been adopted by many around the world, they lack robust scientific confirmation in terms of therapeutic efficacy. Chromotherapy, which uses colors to influence well-being, and the idea of altering water's properties through frequencies, are considered alternative practices and are not widely accepted by the conventional medical community.

#### **Chromotherapy:**

Chromotherapy is often classified as a pseudoscientific practice. Although many report subjective benefits from using colors to influence mood and emotional well-being, these effects have not been conclusively established in rigorous scientific studies. Colors may have a psychological impact, but there is no conclusive evidence that they can directly affect physical health.

#### **Imprinting Frequencies in Water:**

The idea that frequencies can alter the molecular properties of water or infuse water with specific therapeutic properties also lacks scientific validation. While hydrogen-enriched water has been studied for its potential health benefits, the efficacy of imprinting frequencies in water as a therapeutic method is unproven.

#### **Complementary Use:**

This protocol should be used as a complement to a healthy lifestyle and not as a substitute for conventional medical treatments. We recommend consulting a qualified health professional before starting any new health practice, especially if you have pre-existing health conditions or are pregnant.

**Purpose of the Protocol:**

The purpose of this protocol is to offer an enriching user experience with the CellPower Water bottle, harmonizing it with concepts from Traditional Chinese Medicine and chromotherapy. We emphasize that the primary benefit of the bottle is the production of hydrogen-enriched water, and the other features should be viewed as complementary and experimental.

## Morning (Focused Start)

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**30 minutes before Breakfast (7:00 - 7:30 AM):**

- Fill the bottle with mineral or filtered water.
- Use the 3-minute cycle for hydrogenated water.
- Select the green color for balance and harmony, ideal for a calm start.
- Activate the Lumivitae option for an additional boost to start the day.
- Drink the water immediately after preparation.

**Beginning Work (9:00 AM):**

- Repeat the process, choosing the yellow color for mental clarity.
- Use the Lumivitae option again to enhance concentration for work.

## Mid-Morning (Sustained Energy)

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**Break Time (11:00 AM):**

- Use the 3-minute cycle with orange color for creativity.
- This helps to maintain energy and uplift spirits during long hours indoors.

## Lunch (Relaxation and Recharge)

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**30 minutes before Lunch (12:30 PM):**

- Use the 6-minute cycle.
- Choose the blue color for calmness and eye strain reduction.
- Drink this water to enjoy a peaceful lunch break away from the screen.

## Afternoon (Continued Focus and Recovery)

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**Mid-Afternoon (3:00 PM):**

- Use the 3-minute cycle with the indigo color for deeper focus.

- Activate the "Recovery" option for rejuvenation, especially important in a sedentary indoor setting.
- Drink this water to stay alert and refreshed.

## Late Afternoon (Energizing Break)

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### Pre-Evening Break (5:00 PM):

- Use the 6-minute cycle.
- Select the violet color to start winding down from work.
- Activate the Lumivitae option to prepare for the evening.
- Drink this water as you conclude your workday.

## Evening (Relaxation)

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### End of Day (7:30 PM):

- Use the 6-minute cycle.
- Choose the blue color for tranquility.
- Activate Lumivitae once more to promote relaxation and mental detachment from work.
- Drink this water to unwind after a long day in front of the computer.

## Before Bed (Promoting Good Sleep)

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### Bedtime (9:30 PM):

- Opt for a 3-minute cycle with a calming color like light blue or purple.
- Use the Lumivitae option to encourage restful sleep.
- Drink this water to aid in falling asleep.

## Important Notes

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- Adjust the timings to suit your personal work schedule.
- Avoid drinking water right during or immediately after meals; 30 minutes before is ideal.
- Use Lumivitae up to 5 times, balancing its use with the Energy and Recovery options.
- Ensure the water has a pH between 4.8 and 6.8 and a TDS below 60.

This protocol is tailored for individuals spending the entire day working from home, mainly indoors and in front of a computer. It focuses on using the CellPower Water bottle to support hydration, concentration, energy management, and eye health, with an emphasis on the Lumivitae option for enhanced benefits.





## Protocol for Using the CellPower Water Bottle on Stressful Days

### Important Disclaimer Before Using the CellPower Water Bottle

#### **Attention:**

This usage protocol for the CellPower Water bottle incorporates elements of chromotherapy and the concept of imprinting frequencies into water. It is crucial to understand that while these practices are popular in some cultures and have been adopted by many around the world, they lack robust scientific confirmation in terms of therapeutic efficacy. Chromotherapy, which uses colors to influence well-being, and the idea of altering water's properties through frequencies, are considered alternative practices and are not widely accepted by the conventional medical community.

#### **Chromotherapy:**

Chromotherapy is often classified as a pseudoscientific practice. Although many report subjective benefits from using colors to influence mood and emotional well-being, these effects have not been conclusively established in rigorous scientific studies. Colors may have a psychological impact, but there is no conclusive evidence that they can directly affect physical health.

#### **Imprinting Frequencies in Water:**

The idea that frequencies can alter the molecular properties of water or infuse water with specific therapeutic properties also lacks scientific validation. While hydrogen-enriched water has been studied for its potential health benefits, the efficacy of imprinting frequencies in water as a therapeutic method is unproven.

#### **Complementary Use:**

This protocol should be used as a complement to a healthy lifestyle and not as a substitute for conventional medical treatments. We recommend consulting a qualified health professional before starting any new health practice, especially if you have pre-existing health conditions or are pregnant.

**Purpose of the Protocol:**

The purpose of this protocol is to offer an enriching user experience with the CellPower Water bottle, harmonizing it with concepts from Traditional Chinese Medicine and chromotherapy. We emphasize that the primary benefit of the bottle is the production of hydrogen-enriched water, and the other features should be viewed as complementary and experimental.

## Morning (Energized Start)

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**30 minutes before Breakfast (6:00 - 6:30 AM):**

- Fill the bottle with mineral or filtered water.
- Select the 3-minute cycle for hydrogenated water.
- Choose the blue color to promote tranquility.
- Activate the "Energy" option for a vigorous start to the day.
- Drink the water immediately after preparation.

**Mid-Morning (10:00 - 10:30 AM):**

- Repeat the process, choosing the green color for balance and harmony.
- Activate the Lumivitae option for 3 minutes to reinforce focus and calmness.
- Drink this water.

## Lunch (Positive Energy)

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**30 minutes before Lunch (11:30 AM - 12:00 PM):**

- Use the 6-minute cycle.
- Select the orange color for joy and enthusiasm.
- Drink this water for a midday mood boost.

## Afternoon (Stress Management and Recovery)

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**Mid-Afternoon (3:00 - 3:30 PM):**

- Use the 6-minute cycle with the indigo color for intuition and relaxation.
- Activate the "Recovery" option for a restorative break.
- Drink this water to relax and recover.

## Late Afternoon (Energy Recharge)

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### Before Leaving Work (5:00 - 5:30 PM):

- Again use the 6-minute cycle.
- Choose the yellow color for mental clarity and positivity.
- Activate the "Energy" option for an end-of-day energy boost.
- Drink this water.

## Evening (Relaxation and Sleep Preparation)

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### 30 minutes before Dinner (6:30 - 7:00 PM):

- Use the 6-minute cycle.
- Select the violet color for spiritual transformation and purification.
- Activate the Lumivitae option to promote a relaxed state.
- Drink this water.

### Before Bed (9:00 - 9:30 PM):

- Use the 6-minute cycle.
- Choose the blue color for tranquility.
- Activate the Lumivitae option again to promote restorative sleep.
- Drink this water.

## Important Notes

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- Adjust the timings according to your daily routine.
- Avoid drinking water during or immediately after meals; prefer 30 minutes before.
- Use each option (Energy and Recovery) up to 4 times a day and Lumivitae up to 5 times a day.
- The water should have a pH between 4.8 and 6.8 and a TDS below 60.

This protocol incorporates a balanced use of the Energy, Recovery, and Lumivitae options (used twice), aiming to manage stress throughout the day with the CellPower Water bottle.



## Chromotherapy

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Chromotherapy is a complementary practice to conventional medicine and should not be used as a substitute. It is important to consult a qualified healthcare professional before starting any form of color therapy, especially if there are specific medical concerns.

Chromotherapy is a therapeutic practice that utilizes colors to promote balance and healing in the body, mind, and spirit. Each color possesses its own vibration and energy, believed to influence our emotions, mental states, and even our physical health. One of the most well-known applications of chromotherapy involves the use of seven primary colors: red, orange, yellow, green, blue, indigo, and violet. Each of these colors holds distinct meanings and therapeutic properties, strategically employed to aid in the treatment of various conditions and enhance overall well-being.

### Blue:

- **Representation:** Blue is associated with calmness, communication, truth, and spirituality. It conveys serenity and tranquility.
- **Uses in Chromotherapy:** In chromotherapy, blue is used to calm the mind, improve communication, reduce anxiety, and promote spirituality. It can also be beneficial for sleep problems and providing a sense of inner peace.

### Green:

- **Representation:** Green symbolizes healing, harmony, balance, and nature. It evokes serenity and freshness.
- **Uses in Chromotherapy:** Green is utilized in chromotherapy to promote physical and emotional healing, reduce stress, and create a sense of balance. This color is often chosen for relaxation and well-being treatments.

### Indigo:

- **Representation:** Indigo is linked to intuition, perception, introspection, and intellect. It suggests depth and wisdom.
- **Uses in Chromotherapy:** Indigo is employed in chromotherapy to stimulate intuition, enhance concentration, and promote self-reflection. This color can be helpful in relieving headaches and migraines and facilitating introspection and knowledge-seeking.

## Orange:

- **Representation:** Orange symbolizes creativity, enthusiasm, joy, and sociability. It radiates warmth and energy.
- **Uses in Chromotherapy:** In chromotherapy, orange is employed to stimulate creativity, improve mood, and foster positive social interactions. It can also be beneficial for digestive issues and promoting optimism.

## Red:

- **Representation:** Red is often associated with passion, energy, vitality, and action. It is a color that evokes strong emotions and warmth.
- **Uses in Chromotherapy:** In chromotherapy, red is used to stimulate blood circulation, increase physical energy, and enhance motivation. It is also employed to alleviate fatigue and promote a sense of warmth and vitality.

## Violet:

- **Representation:** Violet symbolizes spirituality, transformation, advanced intuition, and purification. It is associated with spirituality and mysticism.
- **Uses in Chromotherapy:** In chromotherapy, violet is used to promote spirituality, facilitate meditation, stimulate creativity, and support purification. It can also be used to alleviate chronic pain and provide a sense of connection with the divine.

## Yellow:

- **Representation:** Yellow is associated with mental clarity, confidence, optimism, and joy. It inspires light and positivity.
- **Uses in Chromotherapy:** Yellow is used in chromotherapy to stimulate clear thinking, improve concentration, and alleviate mental stress. It is also utilized to treat nervous disorders and promote inner joy.



## Lithium batteries

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Lithium batteries, used in many electronic devices such as smartphones, laptops, and our Lumivitae bottle, have specific characteristics that make them sensitive to complete discharges. Here are the main reasons why lithium batteries should not be fully discharged:

### **Accelerated Degradation:**

Lithium batteries undergo chemical degradation over time, which is accelerated by deep discharges. Repeatedly discharging a lithium battery completely can significantly reduce its capacity to hold a charge and shorten its lifespan.

### **Low Voltage and Damage:**

When a lithium battery is fully discharged, the voltage can drop to a level below the ideal range. Lithium batteries are designed to operate within a specific voltage range. Very low voltage can cause irreversible damage to the battery cells.

### **Cell Failure:**

Full discharges can lead to an imbalance in the battery cells. Lithium batteries are made up of multiple cells, and complete discharge can cause some cells to fail while others remain intact, resulting in inconsistent performance and potential safety issues.

### **Recharge Issues:**

If a lithium battery is discharged below a certain critical point, it may be difficult or even impossible to recharge. Our bottle has a protection circuit at the base and a LID that shuts off the battery before reaching this critical point, but even so, a complete discharge can occur, which is not recommended due to the reasons mentioned above.

### **Maintenance Costs:**

Keeping a lithium battery partially charged increases its lifespan and reduces the need for frequent replacements, which is both economically and environmentally beneficial.

That's why most manufacturers of devices that use lithium batteries recommend keeping the batteries charged between 20% and 80% of their total capacity to optimize longevity and performance. Therefore, you should keep your battery between 20% and 80% of its total capacity.