

DETROIT BALLROOM BASICS

PATTERNS

ROLLING COUNT 1 2, 3&4, 5 6, 7&8

VERBAL COUNT: 1,2, cha,cha,cha, 3,4, cha,cha,cha; RL, RLR, LR, LRL

DANCE RHYTHM DOUBLE, TRIPLE; DOUBLE TRIPLE

*****MOVES ON YOUTUBE: "D J MAESTRO & MR. SMOOTH- SMOOTH MOVES*****

BASIC : 1 2, 3&4, 5 6, 7&8

HALF TURN: 1 2, 3&4, 5 6, 7&8

FRONT WALK/BACK WALK: 1 2 3 & 1 2 3 & 1 2 3, LEFT UP, LEFT BACK /1, 2, 3, 4, 5

HESITATION: 1, 2 R FOOT, R FOOT & SLIDE, L UP, L BACK

CLOCK RIGHT: 1 2, 3&4, 5 6, 7&8; (Verbal) R, L, R, L UP, L BACK (ALL 4 WALLS)

CLOCK LEFT: 1 2, 3&4, 5 6, 7&8; (Verbal) R, L, R, L UP, L BACK (ALL 4 WALLS)

FULL TURN: 1 2, 3&4, 5 6, 7&8 (2 - 360 DEGREE TURNS)

6 O'CLOCK: 1 2, 3&4, 5 6, 7&8; (Verbal) R, L, R, L UP, L BACK (2 WALLS)

12 O'CLOCK: 1 2, 3&4, 5 6, 7&8; (Verbal) R, L, R, L UP, L BACK (2 WALLS)

BASIC OPEN 1, 1 2 3; & 1 2, 3&4, 5 6, 7&8

SOCIAL OPEN 1 2, 3&4, 5 6, 7&8

(All of the above moves are a testable prerequisite for attending TLC Thurs. Class)