

Mindful Monday
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Jewish Community News

News of the Jewish VA Peninsula Community

April 2021/5781

Executive Director's Message - Steven Wendell

How many news stories, emails, or other communications have you seen recently that begin with the words: "One year ago today..."? Well just in case you haven't seen enough, I couldn't resist adding one more.

As of the writing of this article, it is exactly one year ago today that our entire UJC staff met to discuss what had been announced a few days earlier: the first confirmed case of COVID-19 in Virginia and how we, as an agency, were going to react. That was Thursday morning, March 12, 2020. Just prior to starting that staff meeting, I received a medical briefing from one of our local hospital officials that altered my perception that I, like most of us, had gleaned from the media concerning the depth of the health challenge that would soon be upon us. The agenda for the staff meeting migrated from no handshakes and frequent hand washing to the possibility of closing down our programs, including preschool.

Here are some of the notes from our staff meeting on that Thursday, March 12, 2020:

Staff expressed these concerns:

*Fake news; *Overreacting; *Financial issues; *Kids at home; *Long term impact; *Older relatives

We discussed practical issues:

*Suspending Grand Club next week; *Suspending Hebrew School for a week; *Postponing a Pearl Society get together; *Rescheduling movie night; *Need for daily briefings; *Increasing building cleaning schedule; *Limiting visitors to preschool; *Curbside preschool drop-off and pick-up; *Encouraging parents to keep home all children that have any flu or cold-like symptoms; *If Newport News suspended school, we would follow their lead for preschool anticipating a week, maybe two at the most.

As a group, we agreed to take the approach: "Prudence Not Panic."

The next morning, Friday, March 13, I logged into a briefing from JCC Association, which included a status update from

JCCs on the West Coast. The full impact did not register with most of us on that call, but we saw a glimpse of what was to come. That afternoon, while my wife, Charlene, who teaches at a Newport News Public School, and I were in the middle of a home inspection for the new house we



were planning to buy, the Governor announced the closure of public schools in Virginia for two weeks. The UJC followed suit, for one week at a time with our preschool, even though we were not mandated to close. But we had decided on "Prudence Not Panic."

As we all know now, our whole world was about to change after mid-March 2020. And that was the information I received during that medical briefing before that staff meeting one year ago.

The pandemic has caused catastrophic damage, yet to be fully understood, to our country and the world. We cannot minimize the cost in lives and livelihoods of this past year and the continuing damage of the pandemic for the months to come until we can feel secure that it is fully under control. But as with any event of this magnitude, we have learned a great deal. For the UJCVP, and our Jewish community in general, we have been reminded once again that our dedicated and talented volunteer and staff leadership will rise to the challenge, enabling us to continue to accomplish our mission. We have seen what we can achieve when we dedicate ourselves to inventing new and imaginative systems to deliver our services. And we have seen the response of our Jewish community family in helping financially support our efforts.

Without being presumptuous, let's cautiously congratulate ourselves on what we accomplished as a strong Jewish community these past 12 months. The light at the end of the proverbial tunnel does indeed look bright.

And, by the way, we did close on our new home last April, on schedule. Who knew that you could deal with all that paperwork virtually?

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We are offering freshlymade, kosher lunches for delivery or pick-up for our senior community members (ages 60+).

If you or someone you know would like a lunch, please email: linda@ujcvp.org

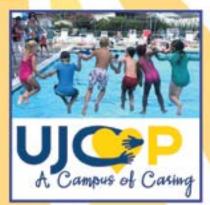
Reimagine Summer Reimagine Camp Chaverim!

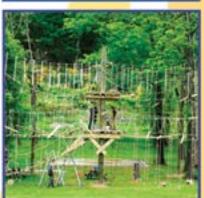
CAMP CHAVERIM IS READY FOR AN OUTDOOR UPGRADE.

Reimagine SUMMER Reimagine FUN

> Reimagine the POSSIBILITIES

REIMAGINE CAMP CHAVERIM





If you are a camp fan, we want you on our building team to help us grow this core UJCVP program!

Help us make memories that last a lifetime.

For information on how you can contribute to this effort, contact Sarah Barnett: sarah@ujcvp.org

BECKER EYE CARE



Comprehensive Eye Care for Children and Adults

Sherri L. Becker, O.D.,F.A.A.O. American Board of Optometry Diplomat

Office: 757-827-0009 | Fax: 757-827-2820 beckereyecare.com

2200 Executive Drive, Suite A Hampton VA 23666

JFS Food Pantry

Mazel tov to Avi Drucker-Falk on his Bar Mitzvah Betty Levin In memory of Gene Wendell Joanne & Richard Gordon

Leroy M. Spigel Early Childhood Education Fund

In memory of Adam Deyong Estelle Fineman Martha & Tsvi Katz-Hyman Bonnie, Jeff & Jennifer Spigel

In memory of Sarah Zedd Estelle Fineman

Marc Minkoff Sports Scholarship Fund

In honor of Karen Minkoff's birthday Arthur Reilly

In memory of Adam Deyong
Fran & Al Moliken
Susan & Marty Moliken

Mikveh Fund

In memory of Gene Wendell Meryl & Bob Kessler

Pearl Society Shoe Drive

In memory of St<mark>an Glasofer</mark> Harry Kirsc<mark>hbaum</mark>

Senior Meal Fund

Mazel tov to Corinne Hoffman & Ari Fried on the birth of Netaliyah Lael Fried-Hoffman Sharon & Richard Hoffman

Wishing Steve Givens a speedy recovery Ernestine Adelman

Wishing peace for John & Claire Hubbard Ernestine Adelman

In memory of Adam Deyong
Ernestine Adelman

In memory of Beverly Cohen Wolff Valarie & Matthew Blaes

Unrestricted Endowment Fund

Mazel tov to Jenny David on receiving the VCIC Humanitarian Award Ettalea Kanter Judie & Gary Kavit

Wishing Stanley Molin a very happy "special" birthday

Paulette & Larry Molin

In memory of Ethel Rogatz Krinick Libby & Buddy David

In memory of Gene Wendell Libby & Buddy David

UJC Preschool Fund

Mazel tov to Bill Becker on FJMC Lifetime

Membership Achievement

Carmela & Chris Kuhn

Mazel tov to Jenny David on receiving the VCIC
Humanitarian Award
Sarah & Jim Barnett
Carmela & Chris Kuhn
Judy Morewitz

Mazel tov to Joan & Steve Marks on their new grandson

Carmela & Chris Kuhn Sarah & Jim Barnett

Mazel tov to Steve Shapiro on the FJMC Blue Yamulke Award

Carmela & Chris Kuhn

Wishing Robin Levy a speedy recovery & continued good health

Sarah & Jim Barnett Phillip Levy

In memory of Adam Deyong Carmela & Chris Kuhn Judy Morewitz Sara Traster & Dave Harriss Carolyn Vassos

President's Message - Kelli Caplan

Resilience.

It's a word that keeps popping into my mind these days. The past year has called for a level of resilience that forced many of us to dig deep, reevaluate our thought process, and find new ways to cope with a barrage of fear, anger and vulnerability.

It was not what any of us expected: 365 days of unrelenting craziness.

But somehow, we as a community have emerged from this crisis incredibly strong and united. We have survived.

We never gave up. We continued to be creative, connected and pertinent to the lives of our members. Not an easy task, but one that our staff and leadership has embraced and taken very seriously. It took all of us to get to the other side of this with our sanity, finances, optimism and mission intact.

So, what exactly is resilience? The American

Psychological Association defines it as "the process of adapting well in the face of adversity, trauma, tragedy, threats and even significant sources of stress."

In thinking about all of this, I have wondered a lot lately about how our resilience relates to Judaism. Are we just hardwired to be resilient?

I did a little research and found a piece by Rabbi Deborah Waxman about this exact topic. She has a podcast called *Hashivenu*, which highlights Jewish teachings on resilience practices. Waxman says that "Jewish history is, in many ways, a recurring cycle of crisis and renewal."

"Judaism, writ large, is about resilience," Waxman writes. "Across the span of Jewish history, Jews have experienced extensive trauma, even catastrophe, and we have survived – as a people and as a civilization. After each catastrophe, the prevailing paradigm was inoperable: we no longer knew how to understand ourselves in relation to God, to other Jews, and to other peoples. And, throughout our history, Jews have ultimately transcended catastrophe after catastrophe. We have repeatedly breathed new life into the Jewish people and the Jewish civilization and we have found pathways toward repair. From trauma, we have had to heal. We have had to recover and re-vision, regenerate and re-seed vital Jewish life. We have found ways to

cultivate resilience, both individually and collectively."

She continues with "our cultural capacity for renewal is built on a foundation of individual practices that encourage and even commands it." The Jewish morning liturally she reminds us, teaches that "Even

liturgy, she reminds us, teaches that "Every day creation is renewed."

There is no doubt that the UJC has embraced our historical and cultural propensity to withstand adversity and use it as a launch pad to build ourselves up and make our community better in its wake. We as an organization have grown, learned, and even flourished during the pandemic. It has not been easy. The pandemic has had plenty of challenges and learning curves. But what we quickly realized was that we had the ability to not only survive, but to renew our commitment to our mission and our community. We found new and different ways to thrive and connect with our beloved members.

It forced us outside of our comfort zone. The result? Absolutely amazingly creative programs and outreach efforts that have helped so many get through these dark days.

There are not enough words to express how much I, as president, appreciate our staff, donors and board of directors. Everyone has worked together seamlessly to create a wonderful atmosphere of hope, positivity, and strength. It has been most humbling to watch the UJC community come together and united in the face of adversity. If resilience is adapting well, then the UJC has mastered it beautifully.



We can all begin to breathe a little easier now. There is finally light at the end of the tunnel, and life hopefully will begin to normalize again. The UJC has no intention of taking our foot off the pedal of progress. We have fantastic plans for a spring and summer full of programming and community building. As the world starts to find its new normal, maybe in the near future, we will have the opportunity to welcome you back onto campus and thank you in person for your unwavering support and love!

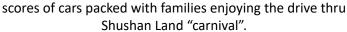
Happy Spring, Kelli

Development Corner - Sarah Barnett

Because... Fun Doesn't Stop at Any Age



It has been a pleasure for our UJC staff to creatively connect throughout this year, and Purim certainly was a highlight. We greeted



Sandy recently celebrated her 80th birthday and was the hit of our Purim in the Parking Lot program. Not only did she and her guests come dressed for the occasion, but her car was costumed as well! Though we usually think of Purim carnivals for children and families (and we certainly had our share of this cohort), Purim is truly for everyone. It made our day to see Sandy embrace the festivities and visit us with a full car.

Because... OF YOU, our donors, we have been able to continue providing creative virtual and COVID-safe programming for this

unusual year! We have enjoyed being able to bring people together and continue the work of community, serving people of ALL ages. Everything we do on our campus is touched by the Annual Campaign. We are proud to be serving a community that ranges from infants to adults, from 6 weeks old to centenarians, who are active participants in what we do. It's never too late to join your Jewish community peers and give to this year's campaign.

It's as easy as visiting: www.ujcvp.org/pledge

The United Jewish Community of the Virginia Peninsula Endowment, Inc.

Our UJCVP Endowment Inc. is an integral part of the financial health of our Jewish community and provides a diverse set of resources that benefits the UJCVP and individuals in so many ways. Some of our funds provide scholarship resources for our youth of all ages for differ-

ent purposes. Individuals who create Endowment funds with the purpose of providing scholarships usually express a deep desire to make sure no child is denied an experience because of lack of finances.

Summer is coming and the Jewish world has a wide array of fabulous day and overnight programs available for children of all ages. We have several funds that are managed by the UJCVP Endowment Inc. that may be helpful in providing financial support for your child/ren. It is our goal to help all Jewish children access our programs and programs outside of our community.

Boris & Selma Margolin Jewish Experience Fund: Grants available to Jewish children attending a summer overnight Jewish experience. Grant amounts vary depending on number of eligible requests made.

> UJCVP Unrestricted Fund: There are funds available that have been begueathed to the UJCVP for use in the area of youth programming that may be used for scholarships and grants as needed.

One Happy Camper Grants: These grants supported by the UJCVP Endowment Unrestricted

Fund are available to first-time overnight campers only, who are attending a Jewish non-profit overnight camp.

Marc Minkoff Sports Camp Scholarhip Fund: In memory of community member Marc Minkoff, this fund provides grants to children in need who wish to attend a sports program, day or overnight. This scholarship does not have to be for a Jewish program, but can be.

If you are interested in any of the funds available for summer experiences, please contact Sarah Barnett (sarah@ujcvp.org) or Jessi Malkin (jmalkin@ujcvp.org) by April 30th to discuss instructions & options. All applications are reviewed by UJCVP staff for eligibiliy. Awards are determined in accordance of fund availability.

If you are interested in adding to an existing fund or starting your own scholarship fund, please contact Sarah Barnett.

NEWSLETTER NOSTALGIA

Do you know who's in this photo?

Be the first to submit a correct answer to Sara T. at straster@ujcvp.org & you will win a gift card! The answer will be posted in next month's newsletter.

Good luck!



Red Cross Blood Drive

in the UJC Gym

Thurs. April 8th, 10am-3pm

To make an appointment,
visit ujcvp.org
Walk-ins not admitted





UJCVP TOGETHER

Check out our UJC Facebook page for a new, family-friendly experience each week.

Coming up:

*Good Deeds Week
*Israeli Culture Week
*Happy Earth Day
*Pet Appreciation

And...

You could win a gift card for your participation!



Established in 1959 in memory of beloved & outstanding humanitarians & leaders, the Theodore H. & Esther Beskin Memorial Scholarship Award is given annually to a worthy Jewish senior high school student. The recipient is selected on the basis of outstanding achievement & diligence in academic, personal, community endeavors, & other pertinent criteria.

Visit ujcvp.org for application form. Deadline to submit application to the UJC is May 14, 2021.



Don't forget to follow us on Instagram @ujcvp_nn and LIKE our Facebook page!



Mindfully Using a Mikveh

By Rabbi David Katz

One of my favorite "secrets" about Judaism is that many of our rituals are actually ways to promote mindfulness. Mindfulness is a term that's received a great deal of public attention the last several years. It has been discussed as a spiritual practice and as a generally healthy approach to life. Mindful.org defines it as "the basic human ability to be fully present, aware of where we are and what we are doing - not overly reactive or overwhelmed by what is going on around us."

Mindfulness isn't a specifically religious approach to life, but has parallels in many traditions - including Judaism. Judaism teaches that it is worth paying attnetion to many of the things we do, and we sanctify them with blessings - reminding us that divinity is present in acts that we might see as mundane. Our holidays and rituals work the same way - like building a Succah, lighting candles, Passover Seder plate, and life cycle rituals.

One of the most mindful practices we Jews have is one that can be adapted and used for a variety of purposed - using a Mikveh (Ritual Bath). Immersing yourself is among the most deliberate and embodied of Jewish rituals - and is one that can be used to make many important moments in life. While our ancestors developed ritual practices for many of our significant moments, our lives today are very different from theirs, and we experience many occasions that we might want to commemorate - that they would not have imagined! In communities today that have a communal Mikveh, visits are used to observe occasions that are joyous, sad, transitional, or celebratory (career change, adoption, health crisis, ending a relationship, or a move). I've been thinking about taking a Mikveh visit when the time comes to celebrate the end of the pandemic quarantine... and... when we finally return to in-person life at Temple Beth El. The possibilities are quite extensive - the only limitation is how accessible a Mikveh really is.

Since moving to the area and becoming the Rabbi at Temple Beth El, I have used the Mikveh for conversions

> and other purposes - but since it is not nearby, I don't visit nearly as often as I would like to. I've had several moments in the last decade that I might have commemorated - had a Mikveh been closer to home.

> I believe that many of us in the Peninsula Jewish Community would find great benefit in having a local communal Mikveh, and I'm delighted to support the group that is endeavoring to build one on the UJCVP Campus. I invite you to consider how you observe the significant moments in your life, and to imagine what it would be like to have a mind-

ful Mikveh visit - commemorating important moments is one of the most foundational parts of Jewish life.

Our UJCVP is a member of the consortium RISING TIDE, a national network devoted to opening the Mikveh Experience to the entire Jewish Community. For information contact Meryl Kessler at mlk1939@verizon.net. Our committee is co-chaired by Dr. Gary Kavit, Scott Wolf, and Meryl Kessler.

Education Corner

Sarfan Center / Camp Chaverim, Naioki Wood



Preschool Happenings

We are very excited to announce that enrollment for the 2021/2022 school year is now open! The Sarfan Early Childhood Center is accepting children from 6 weeks old through Kindergarten. Preschool tours are available upon request & by appointment only.

Contact Carmela Malkin-Kuhn (carmela@ujcvp.org) or Naioki Wood (nwood@ujcvp.org) for more information.

Calling all Rising K-7th Graders!

Enrollment for our 2021 summer season has kicked off and we are preparing for a great summer filled with fun activities, outdoors and more!

BRAND NEW THIS YEAR Teens As Leaders (TAL) program for all rising 8th-10th graders.

Visit our website: www.ujcvp.org/camp and don't forget to friend us on Facebook: Camp Chaverim UJCVP!

We will keep you posted on our upcoming on-campus, pre-camp activity and meet & greet for everyone who has registered for Camp Chaverim.

New Nature Experience on Campus

With the sounds of spring and warmth in the air, we are finding ourselves outside more than ever. We are watching trees starting to bloom, our ponds filling with wildlife and trails showing sprouts of new growth. This change in season has sparked the opportunity to make a small but mighty addition to our campus. With the help and leadership from community member Nathan Brauner, our Early Childhood Center is surrounded by 3 beautiful bluebird boxes complete with bird-cams! These birdboxes will give our children the opportunity to learn about bluebirds, witness nesting,



follow the life cycle of a bird, take pride in caring for our bird boxes, and more importantly, take an active



role in helping these small cavity nesters re-establish their role in our environment. Our cameras have already spotted some beautiful bluebirds checking out their potential new home for spring! We look forward to capturing these amazing creatures in action and updating our community on our newest UJCVP members.

Education Corner continued William & Mary

William & Mary Hillel Brings Ambassador Dennis Ross

William & Mary Hillel brought Ambassador Dennis Ross to campus virtually on March 2nd for an amazing program that brought together students, community members, donors, university officials, and academic staff. This event was cosponsored by The W&M Reves Center for International Studies, the W&M Global Research Institute, and the W&M Department of Government. There were 157 in attendance and the event was a huge success. Jewish students at ODU and CNU were invited as well. Prior to the event itself, there was a VIP reception. In attendance at this reception were college officials, including Katherine Rowe, the president of William & Mary. All in attendance were inspired by Ambassador Ross' deep insight and understanding of the complicated story that is the Middle East. W&M Hillel's Israel education program was made possible through a generous gift made by Avraham Ashkenazi in memory of his late wife, Patricia, of blessed memory.

Rabbi Gershon Litt, director of William & Mary Hillel, arranged the event. "I believe that bringing people together around the subject of Israel will increase student engagement and organizational awareness." Rabbi Litt said that the student leaders really took the lead in bringing more students to the event. Judah Engel, W&M Hillel's student president, was the MC for the program and was instrumental in facilitating the conversation, asking questions from the audience, promoting the event in advance, and working with his board to increase student engagement. Speaking of engagement, W&M Hillel has a new staff member this year, Andie Eichelbaum. Andie, a native of Virginia Beach, is W&M Hillel's Springboard Fellow. She works on active student engagement. Andie commented, "Bringing someone like Ambassador Ross to campus engages students that would not otherwise walk in the front door of a Jewish center. Our goal is to reach 100% of our Jewish student body and with programs like this we will get closer to our goal."

Programming during the pandemic has not been easy, but William & Mary Hillel has really stepped up to the task. From weekly "Shabbboxes" to Purim packages, online classes and events, in-person small group Shabbat services, mental health and wellness groups, student led Jewish learning, and much more, Hillel is having to be creative but thriving in new and inspiring ways. The Shenkman Jewish Center is also being used in unique ways. While they are not having large events in the building it is hard to find a time when there are not students studying, playing on the PS4, or just chilling (masked and socially distanced, of course).

Ambassador Dennis Ross was a great success for the students and faculty at William and Mary, but it was a real engagement win for Hillel. "With events like this we can offer top notch programming, engage lots of students, and identify new students who were not really coming to us prior to this event. That is how relationships begin. Hillel is all about creating relationships between students and staff and between students and their heritage. We are creating a home away from home. That is Hillel at William & Mary."





TUESDAY APR. 6TH, 7:00PM

Mordechai

(2018, 13:53 min)

An ultra Orthodox Jew reunites with his twin brother for their father's funeral.

Last Class in Baghdad

(2018, 13:06 min)

Graduates and former students from the last Jewish school in Iraq look back at a time that was the happiest - and most troubling - of their lives.





Running Around Jerusalem Virtual Treadmill Workouts

Running Around Jerusalem is a series of virtual half-hour treadmill workouts that take you on guided running tours through the iconic city of Jerusalem. Come run/walk/bike with Michael and Daniel - two local Jerusalemites and avid runners - as they explore and explain some of their

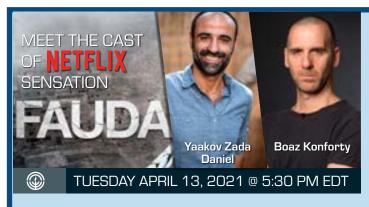
favorite running routes around Jérusalem.



WEEK 1: Chevron Road / Old Train Tracks WEEK 2: Old & New Jerusalem WEEK 3: Running in Paradise WEEK 4: Around the Walls in 30 Minutes WEEK 5: From Ramat Rachel to Rachel's Toml

JERUSALEM

Visit ujcvp.org / UJCVP Facebook Page for a new video each week!



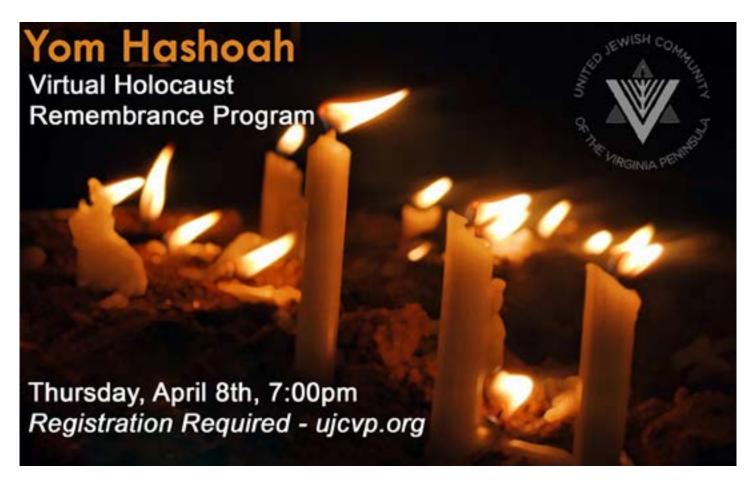
Fauda, which is an Arab word meaning chaos and Hebrew slang for a mission gone wrong, aims to depict the two-sided story of the Israeli- Palestinian conflict.

Filmed in the West Bank and Gaza Strip, this series portrays its characters as both human and deeply flawed, thus garnering an audience across the political spectrum.

Zoom in with us and meet the cast, actor Yaakov Zada Daniel and Boaz Konforty. The stars will share their experiences on the show and answer questions from the host, Jewish Federation of New Bedford Executive Director, Amir Cohen.

Passport Members - FREE! Non-Members - \$10

Email jmalkin@ujcvp.org to register







Join in on the fun and get crafty with us!

Swing by our parking lot, pick up a jCraft To Go, take it home, and unpack your studio!

Next Project: Resin Hamsa Molds
Pick Up: Thurs. April 22nd, anytime from 3-5pm

Program Passport Members - FREE! Non-Members - \$12 / package

RSVP to: Naioki Wood (nwood@ujcvp.org) or Sara Traster (straster@ujcvp.org)





Education Corner continued Christopher Newport University

THE VILNA SHUL, BOSTON'S CENTER FOR JEWISH CULTURE PRESENTS

TALES FROM THE

Finding the lost Shtetl of Rumshishok

he goal was to locate a lost ancestral village. One lost village. This shtetl (small Jewish village), Rumshishok, is like thousands of small Jewish villages in Eastern Europe with a slight twist. It had a city center, a bathhouse, a rabbi's with a population of 496 individuals and perhaps only 50 families in the early 20th century. They lived in close proximity to their non-Jewish neighbors until 1941. Then everything changed.

Today, the village of Rumshishok sits under a man-made lagoon or lake called

created by the Soviets over a decade after sonar, divers, ground penetrating radar, and other geoscience technology to find the village in the lagoon and the mass grave on land of the Jews of Rumshishok.

JOIN US FOR A DISCUSSION WITH THE TEAM OF SCIENTISTS:

Richard Freund, Harry Jol, Phil Reeder, Paul Bauman, and Alastair McClymont and the person who spawned this endeavor, Elliot Matz.

SUNDAY, April 11 at 4:00 PM

Virtual! Register online for Zoom link.

FREE! REGISTRATION REQUIRED.







Upon registration, you will be provided with a link to a documentary about the discovery. It is recommended that you watch the documentary prior to the April 11 discussion. The film will not be shown at the April 11 program.



18 Phillips Street, Beacon Hill | Boston, MA 02114 | 617-523-2324

The Vilna is the last remaining Jewish immigrant-era historic landmark building in downtown Boston. We are Boston's foremost Jewish cultural center and the downtown home of Jewish life for everyone.

www.VilnaShul.org/VirtualVilna











Virginia Peninsula Jewish Film Festival

The last film in the Winter Series will be shown virtually. Thanks to our sponsors, there is no charge to obtain a link to view the films.

Sunday, April 11, 2021 Fiddler: A Miracle of MIracles

The story behind one of Broadway's most beloved musicals, Fiddler on The Roof, and its creative roots in early 1960s New York, when "tradition" was on the wane as gender roles, sexuality, race relations and religion were evolving. It is a piece of art about refugees, intolerance and the perennial clash of modernity with tradition. It manages to speak to audiences across both generations and national boundaries. With scenes from Broadway and cinematic versions of Fiddler on the Roof, this film is

sure to delight audiences of all ages.



To obtain a link to view the film, send an email to vpjff@tbewilliamsburg.org no later than Thursday, April 8th. The link will be emailed to you on Friday, April 9th.

WE ARE PROUD TO ANNOUNCE WE ARE NOW PART OF THE

Berkshire Hathaway HomeServices Towne Realty Team!

As proud members of the Berkshire Hathway HomeServices Towne Realty team, we now represent one of the world's most respected brands. And that means you can be assured of receiving exceptional service, extensive expertise, and world-class professionalism when it comes to serving your real estate needs.





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LIVE BOOK FESTIVAL IN YOUR LIVING ROOM

4/1, 8pm - Sharon Stone

4/7, 8pm - Brooke Baldwin

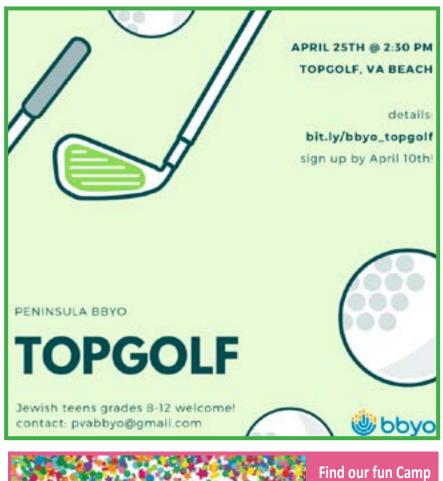
4/11, 2pm - Daniel Lee

4/13, 8pm - Jenny Lawson

4/15, 8pm - Tovah Feldshuh

4/25, 8pm - Robert Lefkowitz

visit ujcvp.org for book & ticket info!







Congregation Adath Jeshurun 401 City Center Blvd., Newport News, VA 23606

Telephone # 757-930-0820 | Website: www.ajshul.com Rabbi Gershon Litt, 757-559-1836



Now is the crucial time to focus on what we have.

We have just celebrated the Seders. After a year of isolation due to the Covid pandemic, we can begin to see the light ahead. This has been a long year of losses, however we still have much to thank Hashem for.

At the Seder we say "Dayeinu". It would have been enough!

Dayeinu's message is straight forward - we need to know how to say "enough". By saying Dayeinu, we focus on what we have, not what we don't have: we have enough, we are satisfied enough.

For most of us, our Passover Seders were different again. There is so much missing, so many people absent from our table, or people feeling our absence from theirs. If we find the capacity to sing Dayeinu, to focus on what is, to enjoy what we have, we set ourselves free to find happiness.

Shabbos Candle Lighting Times:

April 2 - 7:11pm (Passover), April 3 - 8:09pm (Passover) April 9 - 7:17pm, April 16 - 7:23pm, April 23 - 7:29pm, April 30 - 7:35pm



RODEF SHOLOM TEMPLE

FOUNDED IN 1913 AND A MEMBER OF THE UNITED SYNAGOGUE OF CONSERVATIVE JUDAISM

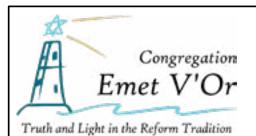
We are: Warm, welcoming and steeped in the rich traditions of Judaism...Egalitarian and Eclectic Living personal Jewish journeys across a spectrum of participation...Looking forward to seeing you!



Virtual Services
Minyan:
Mondays & Thursdays
@ 8:00 a.m.

Kabbalat Shabbat: Fridays @ 5:30 p.m.

Contact the office for Zoom information: office@rodefsholomtemple.org 401 City Center Blvd. - Newport News, VA, 23606 - 757-826-5894 - rodefsholomtemple.org



unless otherwise noted.

April 2

Shabbat Services Erev Shabbat services are held Friday evenings at 7:00pm Office.CEVO@gmail.com www.emetvor.org 757-952-3737

Rabbi Scott Gurdin Cantorial Soloist Dr. Jonathan Rathsam Musical Accompanist Dr. Ben Corbin

Special Events & Other News





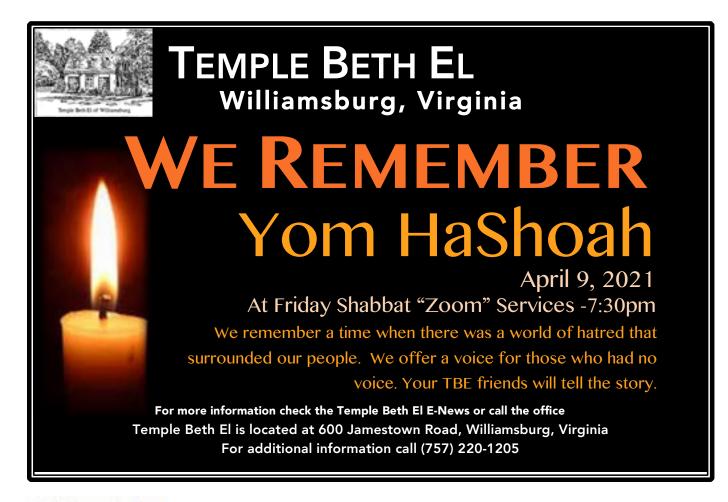


All are welcome to visit! Our location: 101 Production Drive, Suite 101, Yorktown, VA 23693

Laa B'Omer Erev Shabbat service with

ISJL fellow special guest





Temple Sinai 11620 Warwick Blvd, Newport News, VA 23601 (757) 596-8352



THIS MONTH AT TEMPLE SINAI:

*Shabbat Spotlight (Over Zoom) - Weekly 7:20pm services.

*Friday, April 2nd @ 7:30pm (7:20pm Log On)

Service of Healing and Celebration of the 7th Day of Passover & Retirement of Judge, Juvenile & Domestic Relations District, Newport News, Judith Anne Kline.

*Friday, April 9th @ 7:30pm (7:20pm Log On)

Shabbat / Yom HaShoah Service with Guest Speaker, Philip Boehm, award-winning playwright, theater director & world-renowned translator. His latest translation is the lost work, *The Passenger*, "a remarkable literary discovery, a lost novel of heart-stopping intensity & harrowing absurdity about flight & persecution in 1930s Germany."

*Friday, April 16th @ 7:30pm (7:20pm Log On)

Shabbat / Yom HaAtzmaut Service with Guest Speaker, Maestro Dr. Eric Wade Reiff, former Artistic Director of the Israeli-American Music Consortium, Artist-in-Residence Arad Arts Project, Conductor Jerusalem New Music Ensemble.

RELIGIOUS SCHOOL TEACHERS WANTED for next year! Exciting innovative curriculum, paid position.

For more information on any of these programs & activities please contact Rabbi Sokol at rabbiseverine@gmail.com or at (314) 628-9196.

SERVING THE JEWISH COMMUNITY FOR OVER 60 YEARS

Veronica Weymouth - Owner

Monte German - Director

Terry Cejka - Director



Rona Altschuler- Assistant Tanya Grimes - Administrator





Yom Haatzmaut Drive Thru Cafe at the J

Celebrate Israel Independence Day with a fun drive-thru for lunch, treats, and goodies for everyone!

Sunday, April 18th - 12:30-2pm

Passport Members: \$5 for lunch

NON-Members: \$10 for lunch

(Lunch includes falafel, pita, chips, drink & a cookie decorating kit)

To plan properly, please RSVP in advance to jmalkin@ujcvp.org

We're back in the kitchen this month for the next episode of *Makin' With Mrs. Jessi*. In honor of Yom Haatzmaut, Israeli Independence Day, we are cooking up some delicious Israeli desserts!

THURSDAY, APRIL 15th

Tune in for this episode on our UJC Facebook Page or UJC Website.



NEW AT THE UJC! MINI SPONSORSHIPS

Do you have a business you'd like to promote? Become a UJC Program Sponsor!

WHAT YOU'LL GET:

*Ad space in our UJC Newsletter

(this thing that you're reading!)

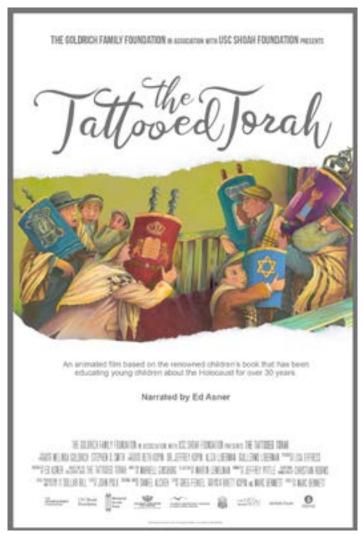
*A postcard/coupon/
business card included in
one of our take-home
programs

(can be your own design or created by us!)

*Your name/business
name on marketing
materials for the program
you are sponsoring

*Sponsorship Price: \$100

Contact Sarah Barnett: sarah@ujcvp.org for more info.



The Tattooed Torah Film & Panel Discussion Sunday, April 18th, 4:00pm

The Tattooed Torah is an animated film based on the renowned children's book by Marvell Ginsburg, which has been educating children about the Holocaust for over 30 years. The story of *The Tattooed Torah* is a profound story of love, bonds across generations,

tradition, resilience, and above all - a story of hope.

The Tattooed Torah program will begin with a 22minute viewing of the film followed by a moderated panel discussion and Q & A.

The panel discussion will include Executive Producers Beth Kopin & Lisa Effress **Director Marc Bennett** Animator Christian Robins Film Editor John Polk Composer Daniel Alcheck and Narrator Ed Asner

The panel will be moderated by Rabbi Marc Soloway.

> FREE PROGRAM Visit ujcvp.org for login info.



Paul Bearor, Sight and Hearing Chairperson of the Warwick Lions Club stopped by to pick up donations.

Glasses and hearing aids were collected as part of our Facebook Together Series during the month of March.

If you missed our donation drive & would like to donate used glasses or hearing aids, please contact

jmalkin@ujcvp.org or call 757-930-1422

Zoom in for a Genealogy Basics course with the librarians at the Center for Jewish History to learn how to navigate online to search family history.

Thursday, April 22nd @ 7pm

The Genealogy Basics class will give you the tools & approaches to work online, get a better & more satisfying experience knowing what free resources are out there, & learn how the librarians can help you as you research. The Center for Jewish History librarians can cover any or all sides of the Jewish Diaspora, East or West (Mizrahi and/or Ashkenazi, etc.)

> Passport Members - FREE! Non-Members - \$10 RSVP to Jessi Malkin: jmalkin@ujcvp.org





401 City Center Blvd. Newport News, VA 23606 757-930-1422

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UJCVP Community April 2021 Calendar

Thursday, Apr. 1, 2021

Running Around Jerusalem #1 12pm - Grand Club To Go 4pm - Hebrew School 8pm - Book Fest: Sharon Stone

Sunday, Apr. 4, 2021

UJC FB Together: Good Deeds

Monday, Apr. 5, 2021 SARFAN CENTER CLOSED

Tuesday, Apr. 6, 2021SARFAN CENTER CLOSED 12pm - Grand Club To Go 7pm - ZOOMovies

Wednesday, Apr. 7, 2021 SARFAN CENTER CLOSED 8pm - Book Fest: Brooke Baldwin

Thursday, Apr. 8, 2021

SARFAN CENTER CLOSED Running Around Jerusalem #2 10am - Red Cross Blood Drive 12pm - Grand Club To Go 7pm - Yom Hashoah Remembrance Program

Friday, Apr. 9, 2021

SARFAN CENTER CLOSED

Sunday, Apr. 11, 2021

UJC FB Together: Israeli Culture 2pm - Book Fest: Daniel Lee 4pm - Tales From the Lagoon

Monday, Apr. 12, 2021

7pm - Mindful Monday

Tuesday, Apr. 13, 2021

12pm - Grand Club To Go 4pm - Hebrew School 5:30pm - Meet the Cast of Fauda 8pm - Book Fest: Jenny Lawson

Wednesday, Apr. 14, 2021

5pm - In the Box Series: Yom Haatzmaut 5:30pm - UJC Executive Committee Meeting

Thursday, Apr. 15, 2021

Running Around Jerusalem #3 Makin' with Mrs. Jessi 12pm - Grand Club To Go 4pm - Hebrew School 8pm - Book Fest: Tovah Feldshuh

Sunday, Apr. 18, 2021

UJC FB Together: Happy Earth Day 12:30pm - Yom Haatzmaut in the Parking Lot 4pm - The Tattooed Torah

Tuesday, Apr. 20, 2021

12pm - Grand Club To Go 4pm - Hebrew School

Wednesday, Apr. 21, 2021

7pm - UJC General Board Meeting

Thursday, Apr. 22, 2021

Running Around Jerusalem #4 12pm - Grand Club To Go 3pm - jCraft To Go 4pm - Hebrew School 7pm - Genealogy Basics

Sunday, Apr. 25, 2021

UJC FB Together: Pet Appreciation 2:30pm - BBYO Top Golf 8pm - Book Club: Robert Lefkowitz

Tuesday, Apr. 27, 2021

12pm - Grand Club To Go 4pm - Hebrew School

Thursday, Apr. 29, 2021

Running Around Jerusalem #5 12pm - Grand Club To Go 4pm - Hebrew School