

2023 Annual Campaign

In honor of Joan & Steve Marks
Robbie & Roger Marks

In honor of Howard Smith
Sydney Smith & Family

In honor of Joshua Solomon
Karen & Glenn Solomon

JCC Maccabi Fund

Thank you for your support for
Team Newport News
Sarfan/Gary S. & William M.
Nachman Philanthropic Fund

Linda Lavaty Appreciation Fund

Molly & Eugene Link
Lisa & Sam Margolin

Eric & Jack Luckman

Memorial Endowment Fund

In honor of Lisa & Sam
Margolin's daughter Stephanie's
engagement
Lori & Jeff Luckman

In honor of Barbara & Neal
Rosenbaum's daughter Ariel's
engagement
Lori & Jeff Luckman

In honor of Sherry & Art
Wolfson's new grandchild
Lori & Jeff Luckman

In memory of Nancy Ippolito
Lori & Jeff Luckman

Mikveh Fund

Wishing Bob Frank a speedy
recovery
Meryl & Bob Kessler

In memory of Becca Maurer's
grandparents, Elaine & Ed Bader
Meryl & Bob Kessler

In memory of Harry Helfand

In memory of Irene Helfand

In memory of Sam Helfand

In memory of Alex Stern
Abby Jo Helfand-Juraschek &
Ted Juraschek

Marc Minkoff Sports

Scholarship Fund

In honor of Karen Minkoff
Jonathan Minkoff

Secure Community Fund

In memory of Becca Maurer's
grandparents, Elaine & Ed Bader
Joanne & Richard Gordon

Senior Meals Fund

In memory of Lois Kluger
Bobbi & Ralph Goldstein

UJC Preschool Fund

In honor of the wonderful &
hardworking preschool teachers
& staff

Wendy & Jonathan Eisner
Joanne & Richard Gordon

UJC Youth Fund

In honor of the Sarfan Center
teachers
Sara Traster & Dave Harriss

In memory of Becca Maurer's
grandparents, Elaine & Ed Bader
Wendy & Jonathan Eisner

Contents

Departments:

- Fund Donations 2
- President's Message 3
- Jewish Family Services 4
- Executive Director's Message..... 14
- Area Congregations 16-18

Features

- Mikveh Project..... 7
- CNU 9
- JCC Youth..... 12, 23
- Camp Chaverim 15
- Jewish Film Festival 22

Unrestricted Endowment Fund

In honor of Buddy David
Valerie & Jackie Herman

In memory of Alex Stern
Martha & Tsvi Katz-Hyman

Leonard & Sylvia Waters Library Fund

In honor of Howard Waters' big
birthday
Joanne & Richard Gordon

President's Message - Wendy Eisner



I am happy to say that 2023 is off to a great start. The UJCVP continues to be a hub for Jewish life on the Peninsula, with many great activities, programs, and events scheduled.

As we begin the New Year, I want to share my Hanukkah experience at the Governor's mansion. I, and other Jewish leadership from across Virginia, were invited to celebrate one night of Hanukkah with the Governor. As the time approached to drive to Richmond, I reflected on why I was going and how this experience could enrich my role as president. The answer came to me while I was there. I realized this opportunity was a privilege – I had the chance to meet other Jewish leaders and represent the community I love and care about.



As I mingled with this group of leaders, it was clear that I was among friends, even though I had not known most of them previously. Our common thread was that we were there to represent the Jewish communities of Virginia. This experience made me realize how strong our communal Jewish voice is when we all join together and how important it is to recognize all Jewish communities in Virginia, not just our own. We are a strong group, and stronger when we come together.

I look forward to seeing what else 2023 has to offer for the UJCVP, as one of the many thriving Jewish communities across Virginia.

Wendy





2023 Program Passport Membership

A UJC Program Passport gives you access to all of our amenities and participation in many of our programs and classes at no cost or at a discounted rate.

The following are **INCLUDED** at no additional charge with your Program Passport Membership:

- *Cooking Classes
- *Dinner & Discuss Events
- *Family Programs
- *Fitness Classes
- *Flicks & Food
- *Grand Club & Senior Meals
- *JCraft To Go Art Projects
- *Jewish Holiday Celebrations
- *Jewish Life & Learning Classes
- *Admission to Glendale Pool
- *Youth Programming

Visit ujcvp.org for pricing & more info!

CAFE CHAI: BREAK & MAKE

GLASS JEWELRY CLASS

**THURSDAY,
FEB. 9TH @ 12PM**

Lunch Included

Passport Members:
\$5 / person


Non-Members:
\$10 / person

WITH INSTRUCTOR, ELAINE ABRAMS

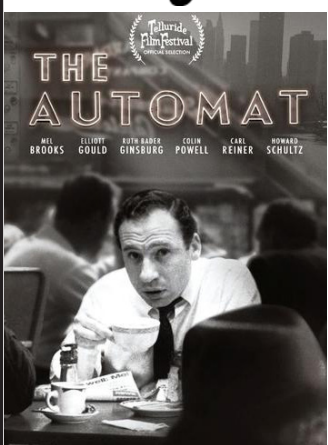


**REGISTER AT
UJCV.P.ORG**

Questions?
Email: carmela@ujcvp.org



Flicks and Food



THE AUTOMAT

MEI BROOKS ELLIOTT GOULD RUTH BAKER GINSBURG COLIN POWELL CARL REINER HOWARD SCHULTZ

Thurs. February 23rd
12:00pm

2021, Documentary, TV-PG
1hr 19min

Before fast food we had something better. Our grandparents told us stories of gathering around communal tables, sharing their lives, their struggles, and their dreams with strangers at The Automat. In this long-awaited documentary, relive the phenomena of America's original and most beloved restaurant chain, through never before-seen archival footage and photos, and a cast including celebrity customers, company executives, historians, and families.

Passport Members - FREE
Non-Members - \$10 / person

Visit ujcvp.org to RSVP
Includes Lunch



Mindful Monday (via Zoom)

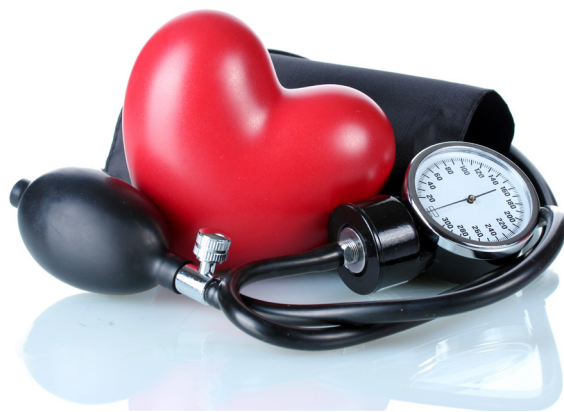
with instructor, Molly Link

Monday, February 13th, 7pm

FREE EVENT

Please register at ujcvp.org

Questions? Email: jmalkin@ujcvp.org



Blood Pressure Clinic

Thursday, February 23rd

11:30am-12:30pm

Swing by the J to get your blood pressure checked with the nurses from Traditions Health. *FREE COMMUNITY EVENT*

Register at ujcvp.org

Questions? Email: jmalkin@ujcvp.org



Artist Night: Sip & Paint

Thursday, February 23rd, 6:30pm

MUST BE 21+

Learn about Jewish artist, Marc Chagall, listen to music from his era, enjoy an adult beverage, and paint a Chagall-inspired piece of art. *Instructor: Camille Donne*

SPACE IS LIMITED

Register at ujcvp.org

Questions? Email: nwood@ujcvp.org



Kibbitz and Create

Sunday, February 26th

10am-12pm

Join our group at the J for a morning of snacks and crafts.

All fiber arts crafts welcome!

RSVP to Jessi Malkin: jmalkin@ujcvp.org

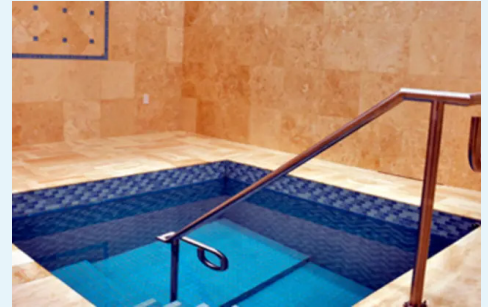


Mikveh Project

Lifting the Mystery Surrounding the Modern Mikveh

I recently had the opportunity to meet people from another culture and religion. I approached this with a bit of nervousness, afraid that I would feel like a voyeur or an intruder in a space very different from what I am used to. As a convert, I have been exposed to religious diversity, but this was different. I was afraid that I would feel as though I was trespassing. What I found, though, was a warm, welcoming group of people.

Today, Jews may feel the same way about entering a modern mikveh. Jews and non-Jews alike enter mikveh buildings, nervous that they will be trespassing within a sacred and intimate space, while others show up believing that this ritual is foreign and unrelatable.



Mikveh is still not a very well-known ritual outside of the Orthodox Jewish community. For this reason and many others, it is shrouded in mystery, and, like many things that we know too little about, our lack of information leads to misconceptions. Mikveh remains something that, within the Jewish world, we treat as taboo, secret, and often times, oppressive. And yet, we know this is simply not the case.

Our UJCVP is a member of the consortium RISING TIDE, a national network devoted to opening the mikveh experience to the entire Jewish community.

For more information, or with any questions, please contact Steve Shapiro,
UJC Mikveh Chairman: stevenishapiro@outlook.com

THE UNITED JEWISH COMMUNITY
WISHES TO CONGRATULATE THE FOLLOWING STUDENT
AND HER FAMILY ON HER BAT MITZVAH
JORDAN COLTRAIN



PILATES CLASS at the J



with instructor,
Nicola Ashlin
February 1st & 8th |
7:00 - 8:00pm

Passport Members - Free!
Non-Members - \$10 / person per class

Register at ujcvp.org



Adult Pickup Basketball

Saturdays @ 8:00pm
in the UJC Gym

All experience levels welcome!

For more info, text Eric:
617-780-2916




Art made with love
(and a little humor)


etsy.com/shop/DelDoodleDesigns

For 10% off \$50+
use coupon code DOODLE23
at checkout!

deldoodledesigns@gmail.com



GRAND CLUB




Lunch & Bingo on Thursdays

Lunch for ages 60+ - \$2.50
Lunch for Passport Members - FREE!
Additional charge for Bingo Cards

Bingo begins at 10:45am
Lunch is served at 12:00pm
Bingo resumes after lunch

Email Carmela:
carmela@ujcvp.org for
more info or to RSVP



Newsletter Photo of the Month

Do you have a photo reading the newsletter?

Send it to Sara, and if your photo is featured in the next issue, **you will win a prize!**



We love funny photos!

straster@ujcvp.org

Education **Corner** - Christopher Newport University



CNU Appoints Dr. Vered Sakal to Bertram and Gladys Aaron Professorship in Jewish Studies

Dr. Vered Sakal has been named the Bertram and Gladys Aaron Professor of Jewish Studies at Christopher Newport University, where she will lead Judaic Studies and build strong ties with the Jewish community. She currently serves as the 2021-2023 Melanie and Andrew Goodman visiting fellow for the Olamot Center for Scholarly and Cultural Exchange with Israel at Indiana University.

“Joining our faculty of philosophy and religion committed to expanding the awareness of religious traditions and philosophies across the centuries and around the world, Dr. Sakal’s appointment is an enormous development to the University,” shared Quentin Kidd, Provost at Christopher Newport University. “We are proud that Dr. Sakal is joining us and grateful to Bert and Gladys Aaron for their generosity in making this appointment possible.”

“Dr. Vered Sakal is the type of teacher and scholar we had in mind when we established this endowed professorship,” shared Gladys Aaron. “We were very impressed with Dr. Sakal’s ability to connect with her students and teach how Jewish studies fit into our world. Her impressive background will be a huge asset to the university and will have an immediate impact in the classroom and community.”

Vered Sakal holds a PhD in Jewish Thought from the Hebrew University of Jerusalem. Vered was a fellow at the Tikva Center for Law and Jewish Civilization at NYU, the Katz Center for Advanced Judaic Studies at the University of Pennsylvania, the Minerva Humanities Center at Tel Aviv University, and the Bloomington Symposia, IU Institute for Advanced Study. Her fields of research are religious studies, modern Jewish thought, liberal theory and subaltern studies. Vered is ordained as a Rabbi by Hebrew Union College in Jerusalem. She was the founding rabbi of the Givaatim congregation, and worked as an educator in governmental schools, as well as in liberal NGOs.

“We are thrilled for the investment CNU is making in bringing an excellent scholar of Jewish studies to their University,” said Eric Maurer, Executive Director of the UJCVP. “Through CNU’s search process, they remained committed to engaging the Jewish community. I applaud CNU, the Aaron family and all those who make this position possible for their vision of academia that can transcend the classroom and engage other communities across Hampton Roads.”



.....



Don't forget to follow us on Instagram @ujcup_nn and LIKE our Facebook page!

JCC Maccabi Moment

Leading up to the Maccabi Games this summer, we will be featuring the teen athletes who will be representing the UJC on Team Newport News!



NAME: Carly Brauner
AGE: 15
SCHOOL: York High School
SYNAGOGUE: Temple Israel
SPORT: Swimming

What are you most looking forward to at the JCC Maccabi Games in Israel this summer?

Meeting new Jewish kids from everywhere.

Would you rather have the ability to predict the future or the ability to change the past?

Predict the future; everything happens for a reason and the past is the past.

What's your favorite movie?

Good Will Hunting

Do you have a secret hobby?

I love design and art design. I just adore any type of art!

What is your favorite late night snack?

Depends, either mint chocolate chip ice cream or pita with hummus.



Good luck, Carly!

We can't wait to watch you leave everyone in your wake this summer in Israel!

To learn more about competing with, or supporting Team Newport News in the JCC Maccabi Games, please call or email Jessi Malkin 757-930-1422 | jmalkin@ujcvp.org



Jewish Disability Advocacy Day

**Wednesday, Feb. 15th
12-1pm | All Virtual**

Join us to kickoff JDAD as we come together virtually from diverse communities across North America to harness our collective power and break down barriers to opportunity and inclusion.

Visit ujcvp.org to register

Recipes For Tu B'shevat

Seven Species Muffins and a Fig and Honey Cocktail, Tori Avey

Tu B'shevat gets its name from the date on which the holiday occurs, the 15th of the month of Shevat. A minor Jewish holiday, it is often referred to as the new year (or "birthday") of the trees. Tu B'Shevat marks the beginning of spring in Israel. Traditionally, a bounty of fruits and vegetables grace the Tu B'Shevat table, including the Seven Species mentioned in the Torah: wheat, barley, grapes, figs, pomegranates, olives, and dates. In some parts of the world, Jews partake in a Tu B'Shevat Seder meal. Others celebrate by taking a picnic under the trees or simply making a meal featuring the fruits of the season. In Israel, people are encouraged to plant trees and give back to the earth, which is similar to our U.S. tradition of Arbor Day.



Seven Species Muffins

INGREDIENTS

- 3/4 c golden raisins
- 1/2 c dried figs
- 1/2 c dates
- 1 1/4 c unsweetened almond milk
- 1/4 c applesauce
- 1 tsp cinnamon
- 1/2 tsp allspice
- 2 large eggs
- 1/3 c light olive oil
- 1/2 c sugar
- 1/2 c brown sugar
- 1 1/2 tsp vanilla extract
- 1 1/2 c all-purpose flour
- 1/2 c barley flour
- 2 tsp baking powder
- 1/2 tsp baking soda
- 1/2 c sugar
- 1/4 tsp salt
- 3/4 c pomegranate seeds
- 1/2 c chopped walnuts
- Nonstick cooking spray/muffin liners

Note: you will need a blender or food processor

DIRECTIONS

1. If your raisins are particularly dry, cover them with water and bring to a boil. As soon as the water boils, turn off the heat and let the raisins sit in the water to plump for 10 mins. Drain and pat dry with a paper towel.
2. Preheat oven to 400 degrees F.

3. Remove any tough stems on the figs and discard.

Roughly chop figs and dates.

4. Use a blender or food processor to blend the following ingredients until smooth: dates, figs, almond milk, applesauce, cinnamon and allspice. (It may take a couple of mins to blend all the ingredients to a smooth consistency.

The end result should be similar to the



texture of apple butter or smooth fruit preserves.) Set aside mixture.

5. In a medium bowl, whisk together eggs, light olive oil, sugar, brown sugar and vanilla extract.

6. In a large mixing bowl, stir together flour, baking flour, baking powder, baking soda and salt.

7. Gently mix the pomegranate seeds into the dry mixture, making sure the seeds are well coated with flour.

8. Make a well in the middle of the dry ingredients. Pour the blended fruit mixture into the well.

9. Add the egg mixture to the well.

10. Fold the dry ingredients into the wet ingredients until the dry ingredients are just moistened and a lumpy batter forms. Do not overmix - if you do, your muffins will turn out heavy and dense.

11. Fold raisins and chopped walnuts into the muffin batter with a light-handed stir.

12. Prep your muffin pan with cooking spray or muffin liners. Divide batter equally into muffin cups, filling each cup to the top and mounding the surface lightly. (An ice cream scoop works well for this.)

13. Place muffins in the oven and immediately turn the heat down to 375 degrees F. The extra heat blast at the beginning of the baking cycle will help to activate the baking powder and baking soda.


14. Bake for 25-27 minutes until the tops of the muffins are golden brown and a toothpick inserted in the center comes out clean.


15. Let the muffins cool for 10 minutes before removing from the muffin tin. Do not let the muffins cool completely in the tin. They are quite moist and may stick to the tin if you leave them there for too long.

Continued on page 20


FOUNDATION FOR JEWISHCAMP
one happy camper

SUMMER CAMP OPEN HOUSE

Sponsored by the UJCVP 

 **6 POINTS SPORTS ACADEMY**
 **CREATIVE ARTS ACADEMY**
 **6Points SCI-TECH ACADEMY**

Thurs. Feb. 9th 7pm
 URJ 6 Points Specialty Camps Virtual Open House

100 
 CENTENNIAL CELEBRATION
 TWO CAMPS • ONE LEGACY

Thurs. Feb. 16th, 7pm
 Camp Airy and Camp Louise Virtual Pizza Party

Tel Yehudah Virtual Open House (*high school age only*)


Tel Yehudah תל יְהוּדָה
 Wed. Feb. 22nd, 8pm


 EST. 1988
 מחנות קפיטל

Tues. Feb. 28th, 5:30pm
 Capital Camps Open House

RSVP to Jessi Malkin: jmalkin@ujcvp.org

JCCY LUAAU

K-3rd graders, join your friends for some tropical fun!

SAT. FEB 11TH 7-9PM

Passport Members **FREE!**
 Non-Members **\$10/child**

REGISTER AT: UJCVP.ORG



PJ OUR WAY
 4th - 7th graders

Saturday, Feb. 11th 7:00-9:00pm

Video Games
 Board Games
 Snacks & Friends

Passport Members: **FREE!**
 Non-Members: **\$10 / Kid**
 Register @ ujcvp.org

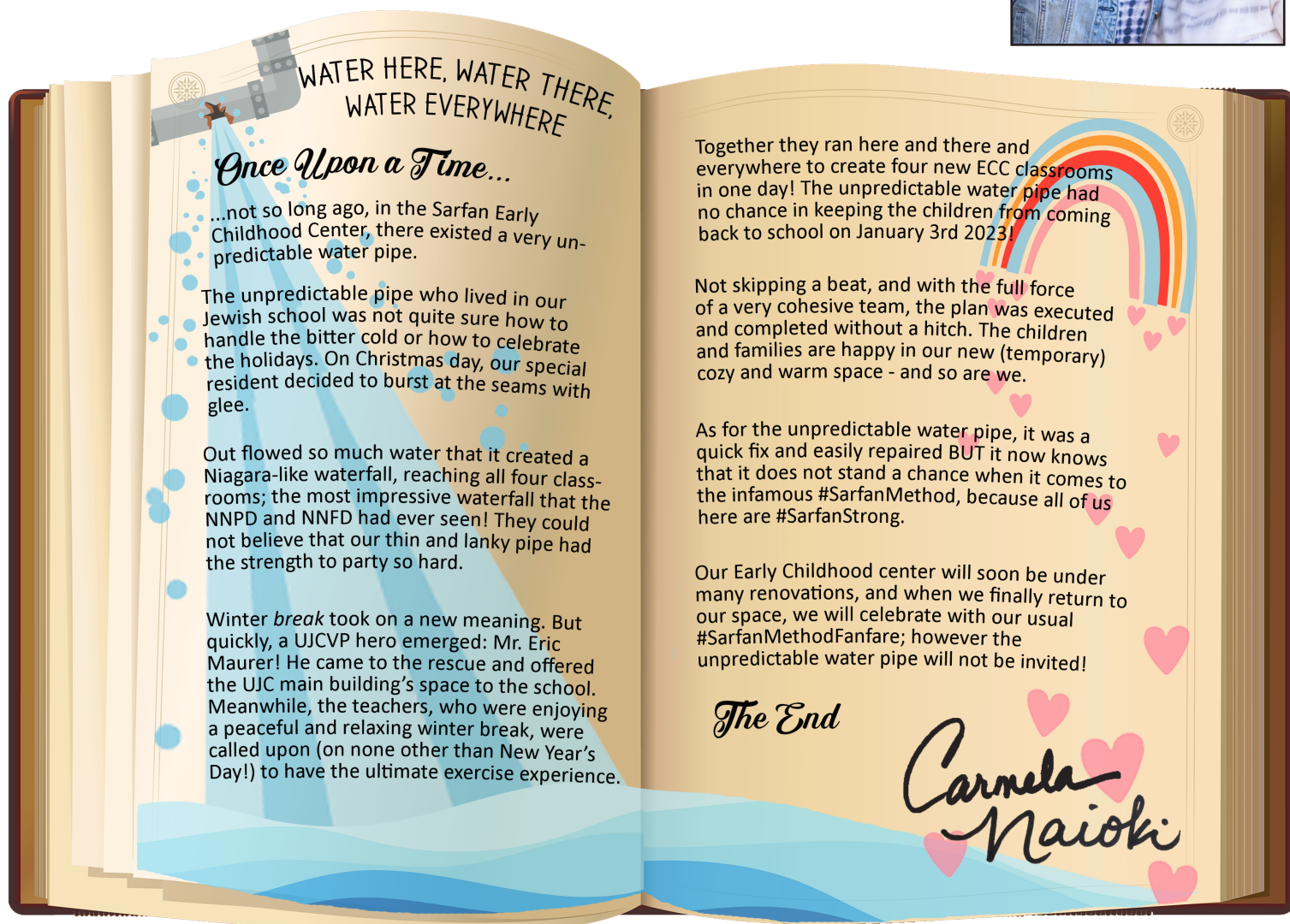
SUPER SMASH BROTHERS & MARIO KART TOURNAMENT




Education Corner **Story Time**

Director of Education & Program Development,
Carmela Malkin Kuhn

Sarfan Center Assistant Director, Naioki Wood



The Sarfan Center will be closed
Monday, February 20th for Presidents Day



Executive Director's Message - Eric Maurer



Last week, I joined a broad and diverse group representing Virginia's Jewish community that convened to discuss rising antisemitism and the need to fight the Boycott, Divest and Sanction (BDS) movement with Virginia's Governor Glenn Youngkin. At the meeting we shared our enthusiastic support for the IHRA, BDS and Hate Crimes bills that are being reviewed during this legislative session.

These bills are the result of significant work on behalf of the Commonwealth JCRC and Federation delegations in deep partnership with our national and regional partners, including the American Jewish Committee (AJC), the Anti-Defamation League (ADL) and Jewish Federations of North America (JFNA). I would be amiss if I did not also recognize the diligent work of our very own UJCVP Jewish Community Relations Council chair, Jeff Luckman, whose leadership includes investing significant time in staying in touch with our fellow communities.



There is broad and meaningful consensus among Virginia's four Jewish communities and our national partners that these bills represent the best and strongest path forward to combat antisemitism. These bills would result in meaningful steps in the reporting of antisemitism and enhancing education.

We have heard from our senators and delegates that critics of these bills have already mobilized to voice their opposition. I encourage you to reach out to your state senators and delegates to share why you believe these bills are an important step in addressing antisemitism in our commonwealth. The UJCVP created a guide that can be found online at www.ujcvp.org with more information about these bills, frequently asked questions, and contact information for getting in touch with your state representation.

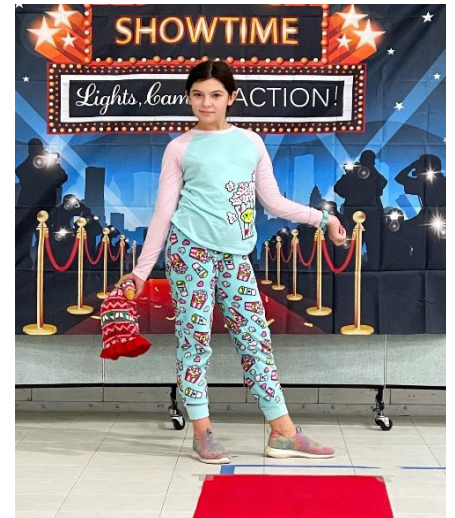
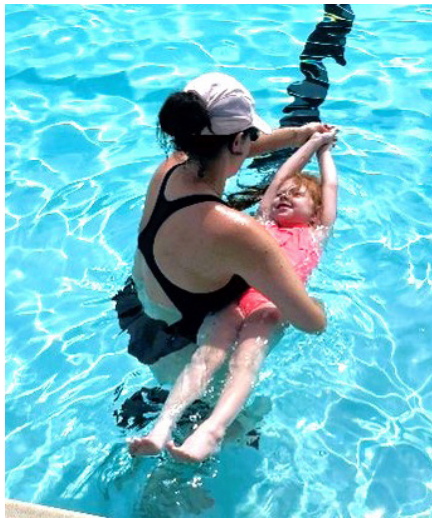
On February 8th, our JCRC will be sending a delegation to the State Capital in Richmond for Jewish Advocacy Day, to meet with our senators and delegates and share why these bills are an important step in combating hate and antisemitism.



Summer Camp Chaverim

There's Something for Everyone at Camp Chaverim!

We've thought of it all! This summer, Camp Chaverim is offering the ultimate camp experience, designed with each camper in mind. Rising Kindergartners through 10th graders will enjoy tackling STEM projects, creative arts, making some of our favorite Israeli dishes, swimming, Color Wars, team-building and so much more! Registration is NOW OPEN and it's as easy as 1,2,3. Add Camp Chaverim to your child's summer schedule!



Camp Chaverim... where lifelong friendships are made, campers try something for the first time, new skills are learned, and summer favorites are enjoyed!



REGISTER TODAY!

For scholarship info, please contact Libby Batten: lbatten@ujcvp.org

Calendar of Fun

Week 1: June 26-30
Lost in the Woods

Week 2: July 3-7
(closed July 4th)
Camp's Got Talent

Week 3: July 10-14
Art STAR Bizarre

Week 4: July 17-21
Hands Up For STEM

Calendar of Fun

Week 5: July 24-28
Rock, Tumble & Roll

Week 6: July 31-Aug 4
A Taste of Israel

Week 7: August 7-11
Color Wars: Maccabi Games

Week 8: August 14-18
SUMMER BLAST!



Follow on FB [Camp Chaverim UJCVP](#)

Registration ujcvp.org/camp-chaverim

Congregation Adath Jeshurun
401 City Center Blvd. , Newport News, VA 23606

Telephone # 757-930-0820 | Website: www.ajshul.com
Rabbi Gershon Litt, 757-559-1836



Tu B'shvat begins the night of February 5th and ends on the 6th. It is the New Year of Trees. At this time of year the trees are barren but life stirs inside. The darkest part of the winter comes just before spring, a period of renewal. Tu B'shvat teaches us that if we keep our faith in G-d and in ourselves, our greatest days still lie ahead. Just like the tree, we will blossom and yield fruit.

Remember to buy trees in Israel through the Jewish National Fund.

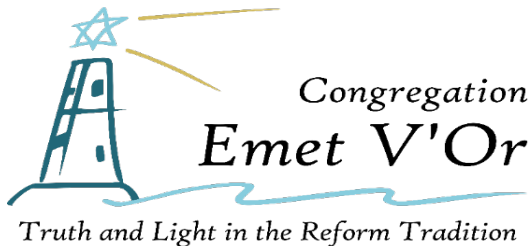


Shabbos Candle Lighting Times:

February 3 - 5:14pm
February 10 - 5:22pm
February 17 - 5:29pm
February 24 - 5:36

Rabbi Litt's Shabbos Schedule:

February 24th, March 24th,
April 21st, May 12th, June 16th, July 21st



Congregation
Emet V'Or

Office.CEVO@gmail.com
www.emetvor.com
757-952-3737

Rabbi Scott Gurdin
Cantorial Soloist Dr. Jonathan Rathsam
Musical Accompanist Dr. Ben Corbin

Shabbat Services

Erev Shabbat services are held Friday evenings at 7:00pm unless otherwise noted.

- February 3** – Rabbi led Shabbat service
- February 10** – Cantor led service
- February 17** – Lay led Shabbat service
- February 24** – Rabbi led Shabbat service
- March 3** – Shabbat in the Home

Special Events & Other News

Religious school dates – February 5, 26

TuB'Shev'at Seder – Our TuB'Shev'at seder will be held on February 5th with both the religious school and the AlefBeit group. If you have a 2-6 year-old and would like to attend, please contact us at the above phone number. This seder will be led by Rabbi Gurdin.

February 14th – Happy Valentine's Day 

February 10th – President's Day

All are welcome to visit! Our location:
101 Production Drive, Suite 101, Yorktown, VA 23693

 fb.me/CEVOcommunity

RODEF SHOLOM TEMPLE

FOUNDED IN 1913 AND A MEMBER OF THE UNITED SYNAGOGUE OF CONSERVATIVE JUDAISM

*We are: Warm, welcoming and steeped in the rich traditions of Judaism...Egalitarian and Eclectic
Living personal Jewish journeys across a spectrum of participation...Looking forward to seeing you!*

February Programs:

Tuesdays with Rabbi Adult Education - Tuesdays at Noon via Zoom

Sisterhood Torah Fund Brunch - Sunday, February 5th at 10am

Men's Club World Wide Wrap and Brunch - Sunday, February 12th at 10am

Volunteer Recognition Congregational Dinner - February 24th following Kabbalat Shabbat Services



In-Person and Zoom Services

Minyan: Mondays & Thursdays @ 7:45am

Kabbalat Shabbat: Fridays @ 6:00pm

Shabbat Morning Services: Saturdays @ 9:30am

Please see our website for more information.

Contact the office for Zoom information: office@rodefsholomtemple.org

401 City Center Blvd. - Newport News, VA, 23606 - 757-826-5894 - rodefsholomtemple.org

Temple Beth El of Williamsburg

600 Jamestown Road

Weekly Services and Events—February 2023

Tanakh Study Group

Wednesdays, February 1, 8, 15, 22
7:00 pm

Torah Study

Thursdays, February 2, 9, 16, 23
10:30 am - 12:30 pm

Kabbalat Shabbat & Oneg

Fridays, February 3 (Simcha Shabbat), 17, 24
7:30 pm

Shabbat Kulanu—Family-oriented service featuring guitar playing, puppet show, & pizza!

Friday, February 10
6:30 pm

Shabbat Morning Service & Kiddush

Saturdays, February 11, 25
10:00 am



Participate in person - in the synagogue Sanctuary - or online, via Zoom.
Contact office@tbewilliamsburg.org for the link.

We celebrate Jewish life all year!

Learn more at tbewilliamsburg.org

Temple Sinai
11620 Warwick Blvd, Newport News, VA 23601
(757) 596-8352



WORSHIP SERVICES

Saturday, February 4th @ 10:00am - Tu b'Shevat Seder with Interfaith Community
Friday, February 10th @ 7:30pm - Kabbalat Shabbat Service
Friday, February 17th @ 7:30pm - Kabbalat Shabbat Service
Saturday, February 25th @ 10:00am - Shabbat Service, followed by light Kiddush luncheon
Sunday, February 26th @ 10:00am - Adult Education Torah Study with Jonathan Homrighausen & Fred Levy

Contact Rabbi Sokol at rabbiseverine@gmail.com or (314) 628-9196 if you are interested in attending services.



SERVING THE JEWISH COMMUNITY FOR OVER
60 YEARS

Veronica Weymouth
Owner



Monte German, Terry Cejka
Directors



 **Weymouth**
Funeral Home & Crematory
FAMILY OWNED AND OPERATED
12746 NETTLES DRIVE, NN, VA 23606
(757) 930-2222

UJC Board **Spotlight**



Wendy Eisner
UJCVP Board
President

About Wendy:

I moved to the Peninsula in 1994 and raised my 2 daughters here. I am a nurse and recently retired after 33 years. I have been involved in the UJCVP for 25 years and have worn

many hats. Today, I am proud to say I am President of our small but mighty community.



Steve Marks
UJCVP Board
President-Elect

About Steve:

I have lived on the Peninsula since 1987 and worked in Medicine for 35 years. My wife, Joan, and I have raised 2 children here, both who began their education

at the Sarfan Early Childhood Center. I have been involved in the UJC Board for over 12 years, the past 8 as a member of the Executive Committee. I presently act in the position of President-Elect.



Celebrating Black History Month with *Orchestral & Choral Works*
Sunday, February 26, 2023 - 3:00pm at the UJC

with YRSO conductors: Eric Reiff & Clint Correll and YRSO choral conductor: Reginald Fox
with special guest conductor: Jerry Bracey (Hampton University Chamber Orchestra & Jazz Ensemble)

Montague Ring (Amanda Aldridge)	<i>Three African Dances</i>
Clarence Cameron White	<i>Cabin Song</i>
Clarence Cameron White	<i>On the Bayou</i>
Clarence Cameron White	<i>Spiritual</i>
Clarence Cameron White	<i>Bandana Sketches</i>
Charles Gounod	<i>The Queen of Sheba</i>
John Philip Sousa	<i>Dwellers in the Western World - Black Man</i>
David Guion	<i>Alley Tunes - 3 Tunes from the South</i>

Choral works will include *Lift Every Voice and Sing* by Roland Carter, former conductor of the Hampton University choirs and *Gospel Mass* by Robert Ray.

Advanced Tickets

Regular Admission: \$13
Student / Senior / Military: \$10
Passport Members: Free

Tickets at the Door

Regular Admission: \$15
Student / Senior / Military: \$12
Passport Members: Free

Please visit ujcvp.org for more information.

Questions? Email Angela Morris:
amorris@ujcvp.org

NEW! SCN Online Incident Reporting



The UJC has partnered with Secure Community Network to launch a new online form to report threats, incidents, and suspicious activity.

You can now go directly to our UJC website to report an incident and your report will go directly to the Secure Community Network as well as our SCN Regional Advisor, Dave Brackins.

The online incident reporting form will help ensure timely and accurate response to protect our Jewish community.

You can find the form at: ujcvp.org/community-security

or

ujcvp.org --> Services --> Community Security

Recipes For Tu B'shevat *continued from pg II*



Fig & Honey Cocktail

INGREDIENTS

- fig puree -

- 2 c fresh figs, rinsed and halved
- 1 tbs sugar
- 2 tsp filtered water
- 1 tsp freshly squeezed lemon juice

- cocktail -

- 1 1/2 tsp fig puree

- 1/2 tsp honey (or more to taste)
- 2 ounces ginger ale
- 1 1/2 ounces vodka
- 2 tsp freshly squeezed lemon juice
- ice

- to make a pitcher of cocktails -

- 1 1/3 c fig puree
- 1/4 c honey (or more to taste)
- 28 ounces (3 1/2 c) ginger ale
- 21 ounces (2 1/3 c) vodka
- 1/2 c freshly squeezed lemon juice

Note: you will need a blender and cocktail shaker

DIRECTIONS

- to make fig puree -

Combine ingredients in a blender and pulse until smooth.

Transfer to a container and refrigerate for 2-3 days, or use immediately to make cocktails. (This recipe makes about 1 cup of puree, which will make about 10 cocktails).

- to make cocktails -

In a cocktail shaker, combine fig puree and honey. Mix with a spoon until homogeneous. Add ginger ale, vodka, lemon juice, and ice and shake well. Start with 1/2 tsp honey to enhance the natural sweetness and add more to taste if you need it.

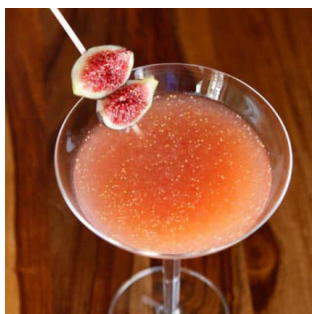
- to make a pitcher of cocktails -

To make a pitcher of the cocktail, you will need to make 1 1/2 times the fig puree in the ingredient list above:

- 3 c fresh halved figs
- 1 1/2 tbs sugar
- 1 tbs filtered water
- 1 1/2 tsp freshly squeezed lemon juice

Blend the ingredients until smooth. Once the puree is made, measure out 1 1/3 cups of puree. (You will have a little of the puree left over, which you can save in a sealed container in the refrigerator.) Combine 1 1/3 cups fig puree and 1/4 cup honey. Mix with a spoon

until homogeneous. add 3 1/2 cups ginger ale, 2 1/3 cups vodka, 1/2 cup freshly squeezed lemon juice and ice. Stir to combine. Add more honey to taste if needed. Serve immediately in chilled glasses. Garnish with fresh figs.



Jewish Book Council

Michael Twitty's 'Koshersoul,' a memoir of food and identity, named Jewish book of the year

By: Andrew Silow-Carroll

(JTA) — *Koshersoul*, chef Michael W. Twitty's memoir about his career fusing Jewish and African-American culinary histories, was named the Jewish book of 2022 by the Jewish Book Council.



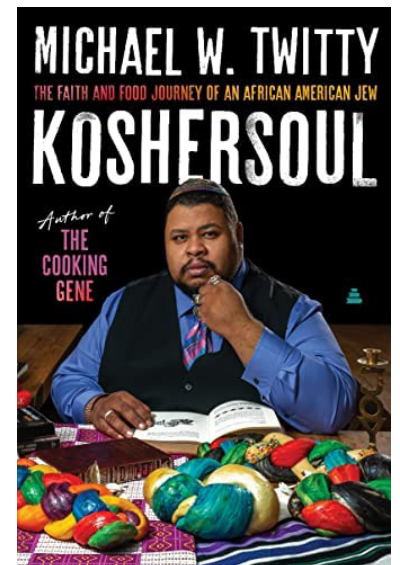
Subtitled "The Faith and Food Journey of an African American Jew," Twitty's book provides "deep dives into theology, identity, and, of course, food — giving readers the impetus to reflect on their heritage and religion in a new way," the council said in naming *Koshersoul* the Everett Family Foundation Book of the Year.

The winners of the 72nd National Jewish Book Awards were announced Wednesday, January 18,

2023 at the Marlene Meyerson JCC Manhattan as part of its inaugural Books That Changed My Life festival.

The complete list of the 72nd National Jewish Book Award winners and finalists can be found at: <https://www.jewishbookcouncil.org/pb-daily/72nd-national-jewish-book-award-winners>

For full article, visit: <https://www.jta.org/2023/01/18/culture/michael-twittys-koshersoul-a-memoir-of-food-and-identity-named-jewish-book-of-the-year>



.....

Michael W. Twitty (born 1977) is an African-American Jewish writer, culinary historian, and educator. He is the author of The Cooking Gene, published by HarperCollins/Amistad, which won the 2018 James Beard Foundation Book Award for Book of the Year as well as the category for writing. The book was also a finalist for The Kirkus Prize in nonfiction, the Art of Eating Prize and a Barnes and Noble New Discoveries finalist in nonfiction.

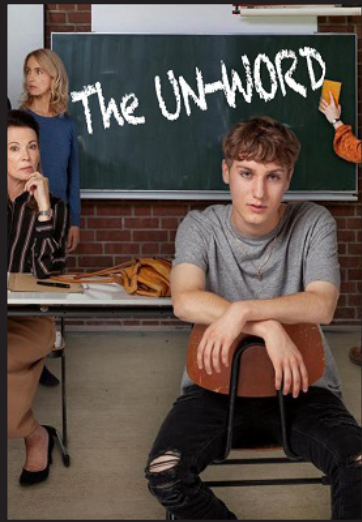
Mr. Twitty is the creator of Afroculunaria, the first blog devoted to African-American historic foodways add their legacies. He was named one of the 20 greatest food bloggers of all time by the online food-culture magazine and YouTube channel, FirstWeFeast.com.

Michael Twitty also launched Colonial Williamsburg's Revolutionaries in Residence program, in which Virginia's 18th-century capital hosts modern-day innovators to engage the nation with fresh perspectives that capture the spirit and relevance of its founding era.

Temple Beth El's 22nd Annual Virginia Peninsula Jewish Film Festival Winter Series

at the Williamsburg Regional Library Theater - 515 Scotland Street, Williamsburg VA

All films are free | Light desserts and beverages will be provided afterwards



Sunday, March 5, 2023 at 2:00pm

The Un-Word

2020, 1 hr 25 min, German, English subtitles

This German satire lays bare the discords of modern multiculturalism. Tempers flare after a Jewish student is goaded in a schoolyard brawl. After more taunts by Muslim classmates, the 15-year-old fights back, injuring an Iranian and a Palestinian student. The film is intended as a darkly humorous conversation-starter, seeking a common language in the unending fight against intolerance.



Sunday, March 26, 2023 at 2:00pm

Betrayed

2020, 2 hr 6 min, Norwegian, English subtitles

Based on true events, this Norwegian narrative film exposes how Norway's government and people systematically persecuted the country's Jews, and then collaborated in deporting them to German death camps. The horror and callousness of those times is embodied in the experiences of one Jewish family, the Braudes, whose members we get to know through their photographs and their prize-winning portrayals by actors, making this a very personal story for the audience.

We greatly appreciate the support and loyalty of our audiences.

The Virginia Peninsula Jewish Film Festival Committee

Sponsored by Temple Beth El

NCJW[®]

**National Council
of Jewish Women
Book Club**

Open to the entire community

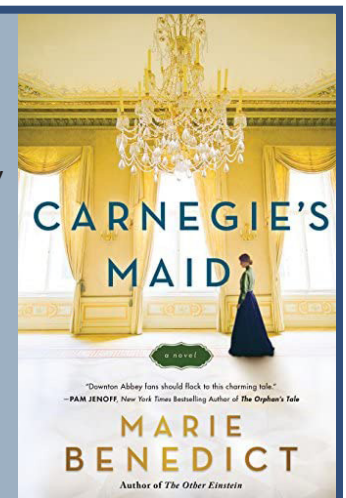
Meeting Place: UICVP

Wednesday, March 22nd, 1:30pm

Discussion: *Carnegie's Maid* by Heather Terrell

A mesmerizing tale of historical fiction that asks, "what kind of woman could have inspired an American dynasty?"

Questions/RSVP: Lucy Sukman, Imoomaw15@aol.com | 757-508-4353



BOOT CAMP FITNESS

THOSE WHO SWEAT TOGETHER...STAY TOGETHER

Evening classes at the J!

Tuesdays & Thursdays, 5:30-6:30pm

Bootcamp Fitness, LLC provides strength, cardio, core, and flexibility training (modifications are always provided). Choreography shifts between cardio intervals, fun cardio "air" boxing with hand pads, bootcamp stations, strength training with dumbbells, and adventurous fitness challenges!



Participants need to bring water and a mat. Bootcamp Fitness provides all other equipment.

Passport Members - \$5 per class
Non-Members - \$10 per class
Visit ujcvp.org to sign up!

Instructor: Kelli Paul

This is not a UJC Program



Caring. Upfront. Honest.

Losing a loved one is never easy, but having the help of someone you trust can make the arrangements an easier experience.

We offer the capability to stream live services, record them, project video in the chapel, and play a video in our visitation areas.



**PENINSULA
FUNERAL HOME
& CREMATORY**
Since 1927

We can help. Call us today. **757-595-4424**

11144 Warwick Boulevard, Newport News

OWNED AND OPERATED BY
THE TURBYFILL FAMILY SINCE 1927

www.peninsulafuneralhome.com



Check out our UJC Blog: Chai Lights!
ujcvp.org/ujc-chai-lights

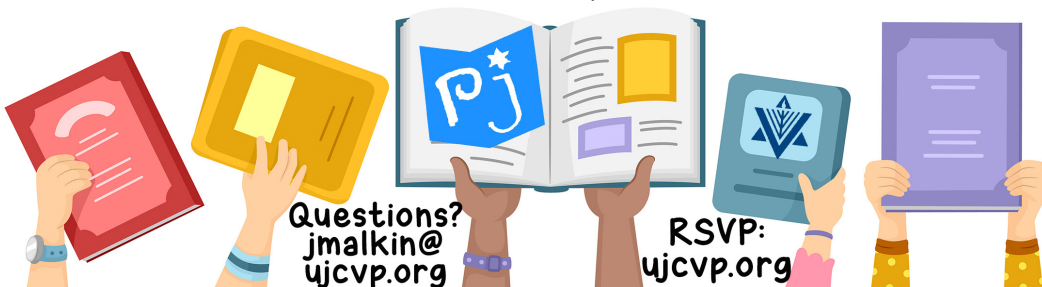
PJ Library Book Swap

Sunday, Feb. 12th | 12-2pm

Pop by and trade books with your PJ friends.

All gently-used kids books welcome!

Admission: books to swap or \$5 donation



Questions?
jmalkin@ujcvp.org

RSVP:
ujcvp.org



401 City Center Blvd.
Newport News, VA 23606
757-930-1422

Electronic Address Service Requested

Non-Profit
Organization
U.S. Postage
PAID
Newport News, VA
Permit No.10

UJCVP Community February 2023 Calendar

Wednesday, Feb. 1, 2023

7pm - Pilates

Thursday, Feb. 2, 2023

10:45am - Grand Club/Bingo
5:30pm - Bootcamp Fitness

Saturday, Feb. 4, 2023

8pm - Adult Pickup Basketball

Tuesday, Feb. 7, 2023

4:30pm - Hebrew School
5:30pm - Bootcamp Fitness

Wednesday, Feb. 8, 2023

Virginia Jewish Advocacy Day
7pm - Pilates

Thursday, Feb. 9, 2023

10:45am - Grand Club/Bingo
12pm - Cafe Chai: Glass Jewelry
5:30pm - Bootcamp Fitness
7pm - URJ 6 Points Specialty
Camps Virtual Open House

Saturday, Feb. 11, 2023

7pm - JCCY Luau
7pm - PJOW Game Tournament

Sunday, Feb. 12, 2023

12pm - PJ Library Book Swap

Monday, Feb. 13, 2023

7pm - Mindful Monday

Tuesday, Feb. 14, 2023

4:30pm - Hebrew School
5:30pm - Bootcamp Fitness

Wednesday, Feb. 15, 2023

Jewish Disability Advocacy Day
7pm - UJC General Board
Meeting

Thursday, Feb. 16, 2023

10:45am - Grand Club/Bingo
5:30pm - Bootcamp Fitness
7pm - Camp Airy/Camp Louise
Virtual Open House

Saturday, Feb. 18, 2023

8pm - Adult Pickup Basketball

Monday, Feb. 20, 2023

SARFAN CENTER CLOSED

Tuesday, Feb. 21, 2023

4:30pm - Hebrew School
5:30pm - Bootcamp Fitness

Wednesday, Feb. 22, 2023

8pm - Camp Tel Yehuda
Virtual Open House

Thursday, Feb. 23, 2023

10:45am - Grand Club/Bingo
11:30am - Blood Pressure Clinic
12pm - Flicks & Food:
The Automat
5:30pm - Bootcamp Fitness
6:30pm - Artist Night: Sip &
Paint

Saturday, Feb. 25, 2023

8pm - Adult Pickup Basketball

Sunday, Feb. 26, 2023

10am - Kibbitz & Create
3pm - York River Symphony
Orchestra Concert

Tuesday, Feb. 28, 2023

4:30pm - Hebrew School
5:30pm - Capital Camps
Open House
5:30pm - Bootcamp Fitness

