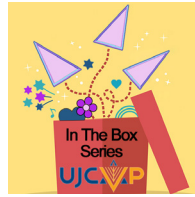




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# Jewish Community News

News of the Jewish VA Peninsula Community

July/August 2021/5781

## President's Message - Kelli Caplan

**It's summer and the UJC is alive with the sound of camp!**

Oh, how glorious it is to see and hear our youth having such a wonderful time at Camp Chaverim. Watching the UJC come to life again with tie-dye clad children sporting huge smiles can boost anyone's mood. It's life returning to normal, just what we all needed.

Camp is just one way that the UJC has shone brightly this year. We have worked hard to ensure that we stayed connected during the past year. And it has worked. The energy at the UJC is as robust as ever. There are so many facets of life here that have blossomed in the face of adversity.

Our outreach and programming has been remarkable and has brought a huge number of people into the UJC fold. Our lunch program for seniors has flourished, as has our In the Box programming. Our reach has surpassed our expectations. We will continue that momentum as people start coming back on campus. We are hoping to draw more and more members here as they recognize just how much is available to them at the UJC.

We want to see you as much as possible. There are so many parts and pieces at the UJC that make us exceptional.

Recently, we held our Annual Meeting. It's not a year where leadership changed or anything huge was announced. Despite that, we had a large crowd that gathered to enjoy one another and to hear about what is happening at the UJC. It was amazing to see all the different people who came: all ages, all levels of commitment to the J, and

all wed to the UJC for different reasons. It was fantastic to see such a gathering, and drove home the importance of what we do. What everyone had in common that



day was a smile and an appreciation for our center and its ongoing effort to improve year after year.



At the annual meeting, we also recognized an impressive number of volunteers. We have a virtual army of members willing to step up and help out when needed. That army powers our progress and deepens our connections. Without our volunteers, we are like an octopus without tentacles. They add to all that we do, and brighten our light out in the community.



As summer chugs along, please stop by the UJC and take a look at what is going on inside and outside. You will be heartened to see that all the traditions of camp are alive and well, along with some new, very cool ones. It's the perfect summer to grow and try new things, and we are doing just that with our brand new ropes course and our fabulous nature area. You won't believe all that we have put in place this summer.



If you want a tour, or just want to see our new projects, let us know. We're always happy to show them off. After all, we couldn't do any of what we have done without you!

I hope your summer is full of joy and laughter, and lots of togetherness (safely, of course). Let's make this a summer to remember!  
Kelli

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## Become a Program Passport Member this Year & Join in on All the Fun!

Take advantage of our take-home projects, family programs, and

outdoor events, as well as our partnership

programs with other JCCs & organizations for FREE!

**PLUS Glendale Pool admission!**

Visit:

[ujcvp.org/program-passport/](http://ujcvp.org/program-passport/)



### Adath Jeshurun Synagogue

In memory of Chris Kuhn  
Rae Deyong

### Leroy M. Spigel Early

#### Childhood Education Fund

Wishing Jane Susan Frank a speedy recovery  
Joy & Larry Spigel

In memory of Chris Kuhn  
Joy & Larry Spigel

In memory of Jennifer Spigel  
Helene Goldsman & Walt Deskins  
Gloria & Aaron Ostroff  
Carrie & Thomas Spackman  
Barbara & Alexander Tessler

### Mikveh Fund

Wishing Meryl Kessler a very happy birthday  
Joanne & Richard Gordon

### Reimagine Camp Fund

In memory of Chris Kuhn  
Ryeken Kostiner

In memory of Jennifer Spigel  
Sarah & Jim Barnett

### Senior Meal Fund

Wishing Michael Ashe continued good health  
Wishing Mitzi Ashe a speedy recovery  
Wishing Matthew Blaes continued good health  
Mazel Tov to Sadie Blaes on her good check-up  
Wishing Kuman Das continued good health  
Wishing Arleen Kluger

continued good health  
Sending prayers to Maxine Jones  
In memory of Howard Adelman  
In memory of Adele & Sidney Ashe  
In memory of Caroline Miller  
Ernestine Adelman

### UJC Preschool Fund

In memory of Chris Kuhn  
Jamie Begor  
David Bookbinder  
Sheila & Steven Bookbinder  
Benjamin Bradley  
Bernice & Joel Breslau  
Barbara Gordon & Ellen Waranch  
Amanda Granoff  
Anna & Shannon Hays  
Ellen Hockman  
Blanche Levinson  
Bob Nochimson  
Lynne Schofield  
Barbara & Alexander Tessler

In memory of Rex Phillips  
In memory of Jennifer Spigel  
Barbara Gordon & Ellen Waranch

### UJC Unrestricted Fund

In honor of Wendy & Jonathan Eisner's new granddaughter  
Judie & Gary Kavitt

### In Memory of Brandan Fowler

Rhonda & Art Diamond

## Development Corner - Sarah Barnett



*Camp Chaverim children enjoying our brand new climbing tower*

### Because...

- ...We're together again
- ...We did the best we could (and more)
- ...You never stopped connecting
- ...We never stopped caring
- ...Together is better than apart

### **Because...We're Climbing Higher!**

Because we're together again, we can climb higher. There is not enough space to convey all of our feelings as a staff from the past 17 months. There were so many lasting lessons learned, one of which is the magnitude of the importance of our Annual Campaign, which provides the financial

backbone for all that we do here. We are so grateful that we HAVE climbed higher in so many ways, and that we have completed another successful Annual Campaign year. You stepped up as a community, and in tough times, helped us maintain a significant Annual Campaign level of \$760,000 with over 400 donors. Some of you gave for the 70th time and some of you gave for the first time. Whichever it is, we cherish each and every one of you and recognize the steps you take to propel us higher. Though an Annual Campaign ends in order to give us time to plan for the next one, there is never a time when you cannot contribute. *If you have not had a chance to make a commitment to our 2021 Annual Campaign, you can still visit us at [www.ujcvp.org/pledge](http://www.ujcvp.org/pledge)*

***We will continue climbing higher and look forward to connecting with you for our UJCVP Annual Campaign 2022. Our Development Committee volunteers are busy planning how we can connect with you for another successful year!***

## UJCVP



## ENDOWMENT

### **Investing in the UJCVP Endowment is a Win-Win!**

Our Endowment is a true treasure, allowing our Endowment investors to meet their philanthropic goals in ways that directly and indirectly benefit our Jewish community. There are so many ways this happens, whether through direct contributions to an unrestricted or restricted Endowment fund, creating a new fund that meets your needs and dreams, or by leaving a bequest in your estate planning. All of these options are possible and benefit our community while fulfilling your goals.

This past year, in addition to PACE (Perpetual Annual Campaign Endowment) automatic gifts to our Annual Campaign, and contributions from our Donor Advised Funds to our Annual Campaign, other contributions from Endowment resources have totaled more than \$54,000 to the UJCVP and other Jewish community programs. These included contributions to our overnight camp subsidy program, our Reimagine Camp Chaverim campaign, CNU Jewish Studies Programs, PJ Library and more.

If you want to be a part of this win-win proposition, it's worth a no obligation conversation. Email [sarah@ujcvp.org](mailto:sarah@ujcvp.org) for more information.



**WATER AEROBICS AT GLENDALE POOL**  
with instructor, Stacey Paull

Mon. July 26th  
Thurs. Aug. 5th  
Thurs. Aug. 12th

6:30-7:30pm

Passport Members - FREE!  
Non-Members - \$5 / class

Visit [ujcvp.org](http://ujcvp.org) or email [straster@ujcvp.org](mailto:straster@ujcvp.org)  
to RSVP/Pay Online

**Red Cross Blood Drive**

in the UJC Gym

**Tues. August 17th, 10am-4pm**

To make an appointment  
visit [ujcvp.org](http://ujcvp.org)

Questions? Email Sara Traster  
[straster@ujcvp.org](mailto:straster@ujcvp.org)



Give our UJC FB Page a LIKE



And connect with our Camp FB  
Page: Camp Chaverim Ujcvp

**THE DOG DAYS OF SUMMER!**

**PUPS ON THE TRAIL**

July 25, 10am-12pm

Take your pups on a nice summer walk along our UJC Nature Trail.

**PUPS GO GAGA**

Aug. 29, 10am-12pm

Let your pups run around our Gaga pit, chasing balls with their doggy friends.

Passport Members - FREE!  
Non-Members - \$10 / family

Half of the proceeds will be donated to the SPCA

**BARK MITZVAH Sept. 26, 1-3pm**

Have your pet's Bark Mitzvah photo taken by our professional photographer, receive a certificate of Bark Mitzvah & enjoy snacks at our Oneg in the Sukkah.

Passport Members - FREE! Non-Members - \$10 / pet  
5 min. mini photo sessions

**\*\*\*All dogs MUST be on a leash at all times & friendly with other dogs & children!\*\*\***

RSVP to Jessi Malkin: [jmalkin@ujcvp.org](mailto:jmalkin@ujcvp.org)



## ISRAEL'S BASEBALL TEAM HEADS TO OLYMPICS WITH MADE-IN-AMERICA TALENT

In 2017, a ragtag bunch of Jewish minor leaguers, retired pros and semi-pros competing as Team Israel made a miracle run at the World Baseball Classic, winning its first SIX games and ultimately finishing in sixth place. They'll be in Tokyo next month to prove it wasn't a fluke — with a former all-star supplying reinforcement.

The team competing for the Blue and White in this summer's Olympic Games won't

have any household names, and because of the Major League Baseball

rule barring active players from competing, the first-ever Israeli draft pick won't play, either.



They enter as a steep underdog playing against the best non-MLB players in the world. Asked why people should take Team Israel seriously, head coach Eric Holtz said with a laugh: "They shouldn't."

"I'd rather they don't," said Holtz. "The same way they didn't two years ago. I'd rather no one take us seriously and I'd rather no one give us a shot, and we'll see where the chips fall."



Still, Team Israel's chances of medal-ing in the tournament are pretty good for one big reason: only six teams are competing for three medals. And getting this far already indicates some prowess.

Israel's roster features a handful of Israeli natives but is mostly made up of American-born Jews who gained Israeli citizenship in the last two years while the team barnstormed through the Olympic qualifying rounds.

"What's special about this team is they have built-up team chemistry that I don't know if any other team will be able to match," said [superfan Zack] Raab, who also runs the team store. "As soon as they get in the dugout, there's already that innate chemistry that doesn't click with the other countries."

That is partly due to roster continuity, Raab says, but also because of a Jewish connection that transcends national boundaries. Because of Olympic eligibility rules, the connection now

extends to national identity as well.

To play for Team Israel in the World Baseball Classic, a player only had to be eligible to become a citizen in that country. But the Olympics have rigid eligibility requirements: passport-holders only. Thus, every player on the team who was not already an Israeli citizen — that is, most of them — had to become one. Many of them, like former Cincinnati Reds left-handed pitcher Jon Moscot, stayed on their aliyah trip to tour the land, too.



In the case of the team's most decorated player, securing Olympic eligibility almost didn't happen.

Ian Kinsler, a 14-year pro who retired in 2019 with four all-star appearances, two Gold Gloves and 1,999 career hits to his name, was on one of the last flights out of Israel just before the pandemic hit.

"We had to pull some strings, and it came down to the last minute," said Frankie Sachs, Team Israel's director of PR and social media.

Israel clinched a spot in the Games all the way back in September of 2019 — it became the first non-host team to qualify when it tore up its 12-team group in the Europe and Africa preliminaries in Germany.

Baseball in Israel is still in relative infancy, and training and playing facilities are far from ubiquitous — though they've certainly increased in number since the team's Cinderella run — or do we call it an Esther run? — in 2017.

"There are guys who feel that they're fighting a Jewish stereotype of the weak Jew, of the unathletic Jew," said Sachs. "They want to show that Jews can be athletes and stars. And they're fighting each one of them by being decent human beings."

Before Team Israel heads to Tokyo, it will be playing a round of exhibition games along the Eastern Seaboard, starting with a July 11 matchup with the FDNY team in Coney Island.

Team Israel opens Olympic play on July 29.

Full article can be read at:  
<https://forward.com/news/471827/team-israel-baseball-tokyo-olympics-preview/>



## PEARL SOCIETY 2021 UPDATE



*Our UJC Pearl Society had another great year of fun, discussions (remotely, then in-person when possible), philanthropic education and more!*

*We are so proud of the consensus we strive for and attain, and the good we spread around the world! We will reconvene for another inspiring year in the fall, so let us know if you want to join this awesome women's giving circle!*

### OUR 2021 FINAL VOTE: (\$573 TO EACH ORGANIZATION!)

Local Jewish Organization: The Jewish Cemetery of the Virginia Peninsula (Hampton)

Local Non-Jewish Organization: Pay it For Her (Newport News)

National Organizations:

The Blue Dove Foundation (Atlanta), Mazon (Los Angeles)

International Organizations:

Sundara (New York & India)

Tikkun Olam Makers (Israel & Global)

*Please contact Sarah B. or Sara T. if you'd like to join our group!*

*sarah@ujcvc.org straster@ujcvc.org*

There is no reason too small to give us a call!

Raise Your Hand Day is an opportunity to CONFIDENTIALLY reach out to our UJCVP Family Services Office office. When you feel uncertain about your options for support, your Jewish Community is here for YOU!

Wednesday:

July 28th

9am-2pm

Call Directly:

Joseph Hendrix

757-223-5635

Family

Services

Director



## NEWSLETTER NOSTALGIA

**Do you know who's in this photo?**

Be the first to submit a correct answer to Sara T. at [straster@ujcvc.org](mailto:straster@ujcvc.org) and you will win a gift card! The answer will be posted in next UJC newsletter.

Good luck!





# Mikveh Project

## Community Trip to Libi Eir Mikveh in Raleigh, North Carolina

**Danile Spokony:** After taking off my shoes and entering the sacred space of the Libi Eir Mikveh at Beth Meyer Synagogue, I wanted to know more about this ancient tradition and how immersing can be more than just fulfilling a Mitzvah. Rabbi Jenny introduced me to other instances of why one might want to immerse. These more contemporary uses for different life transitions has inspired me to want to take those 7 steps for myself.

**Meryl Kessler:** I have had a dream to have an egalitarian Mikveh in our Community! Our trip was part of a dream come true—seeing the amazing reactions from this group of women. We were all “blown away” by our Mikveh Guide, Rabbi Jenny Solomon as she taught us the history and modern needs for the Jewish Community!!

**Kelli Caplan:** The trip to see the Mikveh in Raleigh was insightful and inspirational. The facility was beautifully maintained and inviting. I was most impressed by both the Mikveh and Rabbi Jenny, who clearly pours her heart and soul into it. I am very happy to bring everything we learned about the Mikveh’s inception, operation, and maintenance back to our community.

**Sarah Barnett:** I don’t believe that any of us could have walked away from our Libi Eir visit with the notion that a community Mikveh is not a good idea (building and cost aside). Seeing is believing, and Libi Eir is a perfect example of what a contemporary community Mikveh can mean to a congregation and a community, spiritually, physically, culturally, and religiously. From the minute we entered the Beth Meyer Synagogue and met Rabbi Jenny, the force behind the building and running of Libi Eir, we were all enamored and inspired. Our visit provided the perfect opportunity to examine a Mikveh and Mikveh program that has successfully run for 10 years, and has enhanced the community of Raleigh, North Carolina.

**Jessi Malkin:** I was completely taken with the beauty and tranquility surrounding me from the moment I entered the lobby. The sense of peace continued and only got stronger as we visited the Mikveh rooms. I was disappointed that I was unable to utilize such a beautiful and serene place. I have never immersed, but I now look forward to my first immersion.

**Wendy Eisner:** As someone who is not religious, this has become an educational journey for me. Raleigh was the first time I’ve ever seen a Mikveh, learned about what it can mean, and fit into my life. My Mikveh experience has been different than I expected. As I learn more about a modern Mikveh, I am intrigued about how I can incorporate the submersion experience into my life. This is truly something I thought I would never even think of, yet, here I am!



Our UJCVP is a member of the consortium **RISING TIDE**, a national network devoted to opening the Mikveh Experience to the entire Jewish Community. For information contact Meryl Kessler at [mlk1939@verizon.net](mailto:mlk1939@verizon.net). Our committee is co-chaired by Dr. Gary Kavit, Scott Wolf, and Meryl Kessler.

# Education Corner

## Director of Education & Program Development, Carmela Malkin-Kuhn



### Summer Fun

Happy Summer!

The sun is shining, the sky is blue and all of nature is in full majestic bloom. It is wonderful to see the many children on campus this summer. Whether attending preschool or summer camp, there are so many wonderful activities for me to watch and enjoy.

The infants and toddlers are delightful to watch as they share their greetings and smiles with me each day. Although we are masked indoors, I am fortunate to finally have the privilege to walk through the classrooms again and get a first-hand glimpse into all the summer activities and fun. Water play, sand play, art, music, story time, nature exploration, laughing, singing, dancing as well as an entire day of learning activities are enjoyed by the children.

Needless to say, the teachers are nurturing, caring and absolutely fantastic! Yes, summer 2021 looks very different from where I sit (with wall-to-wall windows) than it did last year, so it is fitting to share with you my delight in seeing every angle of the children learning and enjoying their time at preschool and camp.



**The first day of Preschool for Fall 2021 is Monday, August 30th**

More info & registration forms can be found at [ujcvp.org](http://ujcvp.org)

Questions? Email: [carmela@ujcvp.org](mailto:carmela@ujcvp.org)



**THE UNITED JEWISH COMMUNITY  
WISHES TO CONGRATULATE THE FOLLOWING STUDENTS  
AND THEIR FAMILIES ON THEIR  
BAT & BAR MITZVAH**

**LYDIA PASSUT & JACOB KENNEDY**



# Education **Corner** *continued*

## *Sarfan Center / Camp Chaverim, Naioki Wood*

### **Camp Chaverim: A Summer of Reconnecting and Making Memories to Last a Lifetime**

As we began carpool on the first day of camp, campers, families, and summer staff were all met with the rush of pure joy! We gathered in the gymnasium and felt the vibrations of our energy and excitement as we reconnected with one another after being apart from our camp friends for so long. Children cheered, hugged, and shared some of their favorite memories from years past.

This summer was all about reintroducing our families to our upgraded campus and sharing our growth as a community. Summer 2021 is going to be an unforgettable one. Together we are experiencing new challenges, opportunities, programming and more!

Starting in 2019, we began making changes to our campus in hopes of reigniting the inner camper that lives in all of us. We have created a day camp environment filled with new experiences and challenges for all ages. Our newly installed adventure ropes course and parkour course areas keep our camp groups focused on their next level of challenge, all while providing the true meaning of working together as a team. We've transformed our tennis court area into an outdoor youth lounge, complete with an inflatable climbing tower, corn

hole boards, ga-ga pit, other outdoor games and a covered eating area.

Our professional summer staff continues to shine as they introduce new skills to their campers, while guiding their groups through a full 8-block schedule, each day. Our summer staff provides each camper with quality bonding time.

Camp Chaverim is proving to show its care and commitment to creating a summer escape for campers to explore their place in the world with confidence and purpose. The best part: we get to watch it all unfold right before our eyes. This is, by far, the greatest summer ever!



**NEW DATES!!**

**J BOARDING PASS >>**

# Pearl Society *Women's-Only* Israel Trip

Fashion, Food, Female  
Philanthropy & FUN!

March 13-22, 2022



**FOR MORE INFO CONTACT:**

**Sarah B. or Sara T.**

sarah@ujcvp.org straster@ujcvp.org

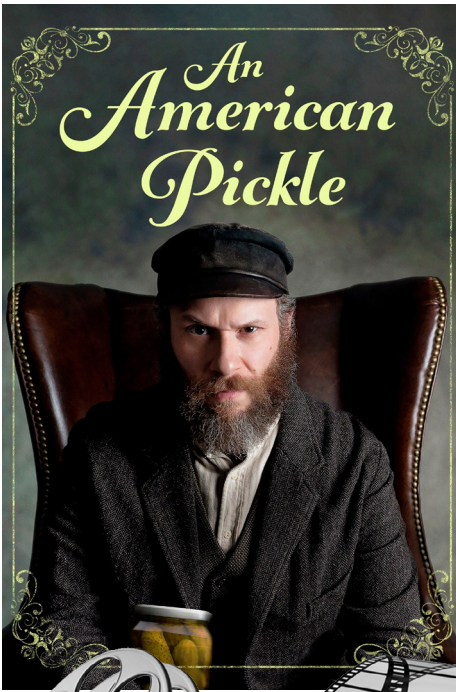


Wow! What a year! We have distributed 320 "boxes" covering 13 different holidays & celebrations in the past year. During the spring of 2020, staff members gathered via Zoom & tried to figure out how to stay connected with all of you while we were all stuck at home. In the Box was born to engage you & in turn, it invigorated our staff. Brainstorming items for the boxes brought so much joy and excitement to Sarah, Angela, & Jessi. We never could have imagined this program would go past summer 2020, let alone, this whole fiscal year. You loved it, so we kept it going.

We plan to keep it going into the future. To keep distributing the quality boxes you have come to know and love, we will be changing it up a bit. Instead of offering a monthly box, they will now be quarterly & beginning with our Beach in the Box on August 9th, we will begin charging \$10 for these treat-filled bags (but it's called a box...we know)! Don't worry, this program is still included in our Program Passport Membership & will remain free to those members.

We hope you will continue to enjoy this program for years to come!

# UJCinema Outdoor Movies Under the Stars



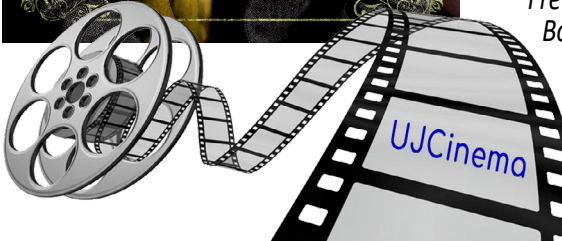
## An American Pickle

Tues. July 20th  
8:30pm

2020, PG-13  
1hr 28 min

An immigrant worker at a pickle factory is accidentally preserved for 100 years and wakes up in modern-day Brooklyn.

*Pickle-tasting before the film.  
Free Popcorn & Bottled Water  
BYO Chair*



## Olympic Dreams

Wed. Aug 11th  
8pm

2019, PG-13  
1hr 25 min

In the Olympic Athlete Village, a young cross-country skier bonds with a volunteer doctor after her competition ends.

*Free Popcorn & Bottled Water  
BYO Chair*

**\*NO ALCOHOL ALLOWED**

Passport Members - FREE - RSVP to [jmalkin@ujcvp.org](mailto:jmalkin@ujcvp.org)

Non-Members - \$10 / person - Visit [ujcvp.org](http://ujcvp.org) to RSVP & Pay Online

## SIMCHA SHOUT-OUT CORNER!

Lori & Jeff Luckman announce the engagement of their daughter, Suzanne, to Mark Borelli of Washington DC.

They are planning a wedding in 2022 in Florida.



If you have a family Simcha that you would like to highlight, please contact Sara Traster at [straster@ujcvp.org](mailto:straster@ujcvp.org) for more information regarding cost and guidelines.

**BEACH IN A BOX**  
MON. 8/9, 5-5:30PM

EVERYTHING YOU NEED FOR A FUN BEACH (OR POOL) DAY!

In The Box Series  
**UJCVP**

RSVP TO  
[JMALKIN@UJCVP.ORG](mailto:jmalkin@ujcvp.org)

## Education **Corner** continued

### Dr. Richard Freund, Prof. of Jewish Studies - CNU



The IAJGS is an umbrella organization of more than 93 Jewish genealogical societies worldwide. It coordinates and organizes activities such as its annual International Conference on Jewish Genealogy and provides a unified voice as the spokesperson on behalf of its members.

Professor Richard Freund of CNU selected as presenter for IAJGS International Conference on Jewish Genealogy

Dr. Richard A. Freund, Bertram and Gladys Aaron Professor of Jewish Studies at Christopher Newport University in Newport News, VA has been selected as a presenter for the 41st Annual IAJGS (International Association of Jewish Genealogical Societies) International Conference on Jewish Genealogy. The 2021 All-Virtual Conference will be from Aug. 1-5, 2021.

The IAJGS's vision is of a worldwide network of Jewish genealogical research organizations and partners working together as one coherent, effective, and respected community, enabling people to succeed in researching Jewish ancestry and heritage. Find the IAJGS at: [www.iajgs.org](http://www.iajgs.org) and like us on Facebook at [www.facebook.com/iajgsjewishgenealogy](https://www.facebook.com/iajgsjewishgenealogy).

Dr. Freund is offering four different sessions:

1. A Film: Stories from the Depth of the Lagoon – Rediscovering A Jewish Town's Submerged Heritage on his geoscience and marine archaeology work in Rumsiskes, Lithuania.
2. An archaeological PowerPoint report: Finding Matilda: The Anne Frank of Lithuania on the discovery of a mass grave of a famed teenage Jewish writer during the Holocaust.
3. An archaeological PowerPoint report: Tracking the Christmas Day 1943 Escape from Fort IX, Kaunas, Lithuania on the tracking of the mass graves and escapees from Fort IX prison.
4. An archaeological PowerPoint report: The Great Synagogue and Shulhoif of Vilna Excavations and the Gaon of Vilna, Lithuania on the discovery of the Great Synagogue of Vilna located under an elementary school in downtown Vilnius and Dr. Freund's own genealogical connection with the Litvak community.

The conference will feature live-stream presentations as well as more than 100 pre-recorded, on-demand videos, both available for 60 days after the conference ends. Sessions will cover virtually every aspect of Jewish genealogy and research.

Registration and conference program details are posted on the conference website: [www.iajgs2021.org](http://www.iajgs2021.org).

Ongoing information and questions will also be posted on the IAJGS Conference Discussion Facebook Page at [www.facebook.com/groups/IAJGS](https://www.facebook.com/groups/IAJGS).

CHRISTOPHER NEWPORT UNIVERSITY  
PRESENTS

# Brundibár

COMPOSER Hans Krása      LIBRETTIST Adolf Hoffmeister  
PERFORMED BY THE VIRGINIA CHILDREN'S CHORUS  
ARTISTIC DIRECTOR Carol Thomas Downing

---

AND THE  
WORLD PREMIERE  
BASED ON THE PLAY BY ELIE WIESEL

---

# The Trial of God

COMPOSER Andrew Scott Bell      LIBRETTO ADAPTED BY Jason Carney  
DIRECTOR John McGuire      CONDUCTOR J. Lynn Thompson

PERFORMED BY  
OperaCNU and TheaterCNU

NOVEMBER 4-6, 2021, 8 P.M.  
NOVEMBER 7, 2021, 3 P.M.

SPONSORED BY  
The Reiff Center for Human Rights and  
Conflict Resolution at Christopher Newport University

CHRISTOPHER NEWPORT UNIVERSITY      Ferguson Center for the Arts • Peebles Theatre  
For tickets: [fergusoncenter.org](http://fergusoncenter.org) or (757) 594-8752

REIFF CENTER

Krasa's Brundibár is performed by arrangement with Bote & Bock Berlin and Boosey & Hawkes, Inc.  
The Trial of God is performed through arrangement with Georges Borchardt, Inc. on behalf of the estate of the author Elie Wiesel. All rights reserved.

## *Education* **Corner** *continued*

*Rabbi Gershon Litt, Hillel Director: CNU, ODU, W&M*



### Building a Temple Today

As I am writing this article we are approaching the holiday of Tisha B'Av, the saddest day on the Jewish calendar. It is on this day that we mourn the destruction of our Holy Temple in Jerusalem. The question that many ask today is, "Why should we care? What does a building that was destroyed about 2,000 years ago have to do with me today?"

Our sages teach us that the reason why our temple was destroyed was not because the Romans were so powerful, but rather because we were not. We destroyed our own temple. We, the Jewish people, had a huge flaw, which we still unfortunately possess. That flaw in our character is so bad, so displeasing to G-d that He could not dwell amongst us any longer in His home on Earth. That character flaw was *sinas chinam*, baseless hatred between Jews. Our *churban*, destruction and ultimate exile from the land of Israel occurred because we could not get along with each other.

Today, we live in that same exile that started 2,000 years ago. We have a constant opportunity to change our status and bring ourselves back out of exile once again. How do we do that? Baseless hatred is often obvious and crude, but it can also be subtle. We, as Jews, need to be careful what we say to others and how we talk to others. Our verbal and non-verbal communication can either bring peace and harmony to the world, or it can cause a horrible energy of destruction and hate to be unleashed.

As Jews we must lead the world in the fight to live positively, to speak with purpose, and to bring *shalom*, peace, to a world that certainly needs it. In our relationships with our spouses, friends, children, co-workers and others, let us take it upon ourselves to change the way we talk, appreciating the good in everyone. I often teach that the worst lie a parent can tell their children is, "Sticks and stones can break my bones, but words can never hurt me." This is a destructive falsehood to tell our children. The truth is the words do hurt. The truth is that our words have the power to destroy. They also, however, have the power to heal.

G-d created all of us with the power of speech. We say every morning in our prayers, "G-d spoke and the world came into being." Using the G-dly power of speech, we can rebuild our Holy Temple. Using the G-dly character trait of kindness, we can turn our homes, offices, and lives into temples. May Hashem give us all the strength to speak kindly and may we each have the merit to usher in the end of our exile and the true redemption, speedily in our days.

*Rabbi Gershon Litt is the rabbi at Adath Jeshurun Synagogue, Director of the Hillels at William and Mary, CNU and ODU, and rabbi of the Commodore Levy Chapel at Naval Station Norfolk.*

**Would you like to advertise in our UJC Newsletter?**

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Contact Sara Traster at [straster@ujcvp.org](mailto:straster@ujcvp.org)

**July 19th**  
Lylah Kus  
Sarfan Center Mazel Tot Teacher

**July 23rd**  
Beth Arager  
Sarfan Center Mazel Tot Teacher

**July 27th**  
Kristen Hall  
Sarfan Center Tziporim Teacher



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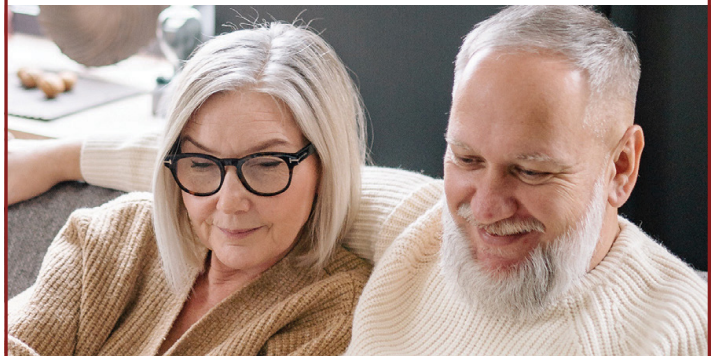
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or  
[straster@ujcvp.org](mailto:straster@ujcvp.org)

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## Congregation Adath Jeshurun

401 City Center Blvd. , Newport News, VA 23606

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Rabbi Gershon Litt, 757-559-1836



This past month we have all watched, with great concern, the building collapse in Surfside, Florida. Some of the volunteer first responders are from Jewish groups located worldwide.

One of the first to arrive was CADENA, a Jewish rescue organization based in Mexico. They help people regardless of nationality or religion. On Shabbos they made Kiddish for the whole team as well as those trapped beneath the rubble. In addition, a unit of the Israeli Defense Force who specialize in search and rescue arrived. Their expertise is known all over the world.

We can be proud of these groups for their life saving efforts. They honor the Jewish belief that "He who saves one life saves an entire world."

### Shabbos Candle Lighting Times:

July 16 - 8:06pm, July 23 - 8:01pm  
July 30 - 7:55pm

Aug. 6 - 7:49pm, Aug. 13 - 7:41pm  
Aug. 20 - 7:32pm, Aug. 27 - 7:22pm

### Rabbi Litt's Schedule for Services

Shabbos: July 17, August 21, October 15, November 12, December 10  
High Holiday arrangements to be announced.



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## In-Person & Zoom Services

Minyan:

Mondays & Thursdays @ 8am

Kabbalat Shabbat: Fridays @ 5:30pm

## In-Person Shabbat Morning Services

Saturdays @ 9:30am

Contact the office for Zoom information: [office@rodefsholomtemple.org](mailto:office@rodefsholomtemple.org)

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Rabbi Scott Gurdin  
Cantorial Soloist Dr. Jonathan Rathsam  
Musical Accompanist Dr. Ben Corbin

### Shabbat Services

*Erev Shabbat services are held Friday evenings at 7:00pm unless otherwise noted.*

- July 16** – Lay led Shabbat service
- July 23** – Rabbi led Shabbat service
- July 30** – Lay led Shabbat service
- August 6** – Lay led Shabbat service
- August 13** – Rabbi led with Cantorial soloist
- August 20** – Lay led Shabbat service
- August 27** – Lay led Shabbat service

### Special Events & Other News

#### High Holiday Service Schedule:

- Sept. 6 @ 6:30 PM** – Rosh Hashanah Eve
- Sept. 7 @ 10:00 AM** – Rosh Hashanah service
- Sept. 15 @ 6:30 PM** – Kol Nidre service
- Sept. 16 @ 9:30 AM** – Yom Kippur service followed by Yizkor
- Sept. 16 @ 3:15 PM** – Yom Kippur afternoon and concluding services



All are welcome to visit! Our location:  
101 Production Drive, Suite 101, Yorktown, VA 23693

 [fb.me/CEVOcommunity](https://fb.me/CEVOcommunity)



## *Building Community*

### *Community Building*

*Help us keep our synagogue welcoming, safe and secure in this changing world.*

Temple Beth El of Williamsburg rests on a solid foundation of Torah worship, study, education and community. Our challenge is to preserve and strengthen what past generations have built. Major structural repairs and security upgrades are needed. We hope you will join with us to ensure our synagogue is here now and for future generations.

Learn more about our effort and the Mezuzah Wall at [tbewilliamsburg.org/building-campaign](https://tbewilliamsburg.org/building-campaign)

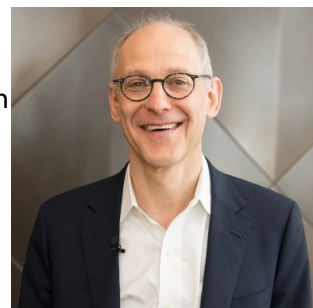


Temple Sinai  
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**CAN'T MISS EVENT! Pikuach Nefesh, Saving a Life, and Covid-19**  
**Sunday, September 5 at 10:20am, on Zoom**

We kick off the school year with a special community Zoom on what we need to know regarding the pandemic with world renowned author and medical expert, Dr Ezekiel J. Emanuel, Vice Provost for Global Initiatives, Chair, Department of Medical Ethics and Health Policy Perelman School of Medicine and The Wharton School, University of Pennsylvania. *The entire community is welcome to attend. RSVP to: [Rabbiseverine@gmail.com](mailto:Rabbiseverine@gmail.com) by September 3rd.*



**SHABBAT SPOTLIGHT**

**Fridays at 7:20pm, on Zoom**

July 23, Kabbalat Shabbat  
July 30, Kabbalat Shabbat  
August 6, Kabbalat Shabbat  
August 13, Kabbalat Shabbat  
August 27, Sister Shabbat Service

**SHABBAT SERVICES**

**Saturdays at 10:00am, In Person**

July 10  
July 17  
August 21

Contact Mary Beth Colgan at:  
[admin@nnsinai.hrcoxmail.com](mailto:admin@nnsinai.hrcoxmail.com) or  
757-596-8352 if you are interested in  
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school position or enrollment.



**MAKIN' WITH MRS. JESSI**

Mark your calendars for the next fun episode of *Making With Mrs. Jessi* with special guests, Judie & Gary Kavitt!

**AUGUST 6th**  
Delicious Vegan Muffins

Tune in on our UJC Facebook Page or UJCVP Website – you don't want to miss this delicious episode!

**UJCVP**  
**Senior Lunches & Grand Club**

**Grand Club is Back in the Building!**

We are still offering freshly-made, kosher lunches for pick-up & delivery on Tuesdays each week for our senior community members. But now, you can join your friends back in the building on Thursdays for Lunch & Bingo!

Lunch for ages 60+ - \$2.50 / Lunch for Passport Members - FREE!

*\*Additional charges for Bingo Cards\**

Email [linda@ujcvp.org](mailto:linda@ujcvp.org) for more information or to RSVP



## Tokyo Olympics: All the Jewish Athletes to Watch!

Sue Bird *Basketball, USA*  
 Linoy Ashram *Gymnastics, Israel*  
 Diego Schwartzman *Tennis, Argentina*  
 Alix Klineman *Beach Volleyball, USA*  
 Anat Lelior *Surfing, Israel*  
 Team Israel *Baseball, Israel*  
 Avi Schafer *Basketball, Japan*  
 Moran Samuel *Paralympics Rowing, Israel*

Jessica Fox *Canoe Slalom, Australia*  
 Eli Dershwitz *Fencing, USA*  
 Jemima Montag *Racewalking, Australia*  
 Ori Sasson *Judo, Israel*  
 Sagi Muki *Judo, Israel*  
 Maru Teferi *Marathon, Israel*  
 Maor Toyouri *Marathon, Israel*

Ezra French *Paralympics Track & Field, USA*  
 Matthew Levy *Paralympics Swimming, Australia*

To read the full article on these athletes, go to:

<https://www.jta.org/2021/07/02/sports/tokyo-olympics-all-the-jewish-athletes-to-watch>

## How to Eat Like an Israeli This Summer

When it's summertime in Tel Aviv, you walk a lot, sweat a lot, and eat a lot of fresh produce. On menus throughout the city's chic cafes, big, bold, flavorful salads abound. They're delicious and satisfying but don't leave you feeling weighed down in the summer heat. As it steams up over here in the States, we decided to challenge ourselves to cool down and eat like Israelis do: fresh, healthful dinners that — bonus! — require as little cooking as possible. So, here are five nights of meals, plus a full shopping list, to guide you in your meal planning all summer long.

Bon appetit — or b'tayavon, as they say in Hebrew!

### Dinner 1: Hummus Bowl

**Menu:** Hummus Bowl with Roasted Chickpeas, Pita & Israeli Salad.

**How to do it:** Buy a large tub of plain hummus. Preheat oven to 400. Drain and rinse 14 oz. can of chickpeas; spread out on a baking sheet in single layer. Top with 2 tbsp olive oil, 1 tsp paprika, salt and pepper to taste. Roast in oven for 15 minutes. Top store-bought hummus with roasted chickpeas. Serve with store-bought pita (or pita chips) and Israeli salad.

### Dinner 2: Falafel Salad

**Menu:** Loaded Falafel Salad **How to do it:** Buy a bag of frozen falafel or prepared falafel from the supermarket, cook according to directions. Prepare a salad with your favorite veggies and top with falafel.

### Dinner 3: Salmon & Watermelon Salad

**Menu:** Easy 5 Ingredient Baked Salmon **How to do it:** Preheat oven to 375. Combine 1/2 c melted butter, 7 tbsp lemon juice, 8 cloves crushed garlic & 2 tbsps chopped dill & whisk together. Line a baking sheet with foil, place salmon in middle, pour mixture on top of salmon, then pull sides of foil up and over salmon & pinch together, covering salmon completely. Bake for 15-20 mins. Cut watermelon into chunks, mix with lemon zest, 1 tbs lemon juice, 3 tbs olive oil, 1/4 c mint, handful of arugala, 4 oz. feta cheese, salt & pepper to taste. Serve alongside salmon.

### Dinner 4: Pita Pizza Party

**Menu:** Pita Pizzas & Quinoa Tabbouleh. **How to do it:** Preheat oven to 350. Arrange store-bought pita breads on baking sheet & spread tops with tomato sauce. Add strips of bell pepper then sprinkle on mozzarella cheese. Bake about 20 mins. Remove from oven & sprinkle with basil. Cook quinoa, fluff with fork & let cool. Add cucumber, cherry tomatoes, 1/4 c olive oil, 1 c chopped parsley & mint, sliced scallions, salt & pepper.

### Dinner 5: Zoodle Night

**Menu:** Zucchini Noodles with Chicken **How to do it:** Buy some spiralized zucchini noodles & pre-grilled chicken breasts. Heat 2 tsp olive oil, 2 tbsps minced shallot, 1 clove minced garlic, 1 c corn, 1 c halved grape tomatoes, 5 basil leaves. Add zucchini noodles to pan & cook 2-3 mins. Serve with grilled chicken.

### Shopping List

#### PRODUCE

- 1 seedless English cucumber
- 1 package Persian cucumbers
- 2 plum tomatoes
- 2 pints cherry tomatoes
- 1 bell pepper
- 2 small heads of lettuce or 1 bag prepared salad mix
- 1 head of garlic
- 1 medium watermelon
- 1 bunch scallions
- Fresh mint
- Fresh parsley
- Fresh dill
- 3 lemons

- 1 package spiralized zucchini noodles

#### DRY GOODS

- 1 14 oz can chickpeas
- 1 jar marinara or tomato sauce
- quinoa

#### DAIRY

- 4 oz feta cheese
- 6 oz container Greek yogurt
- 1 bag (16 oz) shredded mozzarella

#### OTHER STUFF

- 1 lb salmon fillet
- 1 lb grilled chicken (or raw chicken to cook)
- 1 package frozen falafel or prepared falafel
- 2 packages whole wheat pita



For full article with recipes, go to: <https://www.kveller.com/eat-like-an-israeli-this-summer/>

# PJ Library FUN & FLOATS

Sunday, August 15th, 2:00PM  
at Glendale Pool

Passport Members - FREE!

Non-Members - POOL Guest Fee  
(\$5 / person)

RSVP to:  
Jessi Malkin:  
[jmalkin@ujcvp.org](mailto:jmalkin@ujcvp.org)



# COOKING with CARMELA

## CHALLAH BAKE



at the J!

Sunday, September 5th  
11:00am

Passport Members - FREE!  
Non-Members - \$5/Family

All ages welcome • Fun for the whole family!

RSVP: [carmela@ujcvp.org](mailto:carmela@ujcvp.org)





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# UJCVP Community July/August 2021 Calendar

<b>Thursday, July 15, 2021</b> 11am - Grand Club 11am-4pm - Glendale Pool	<b>Monday, July 26, 2021</b> 1-8pm - Glendale Pool 6:30pm - Water Aerobics	6:30pm - Water Aerobics	<b>Monday, Aug. 16, 2021</b> 1-8pm - Glendale Pool	<b>Friday, Aug. 27, 2021</b> 11am-8pm - Glendale Pool
<b>Friday, July 16, 2021</b> 11am-8pm - Glendale Pool	<b>Tuesday, July 27, 2021</b> 11am-8pm - Glendale Pool 12pm - Grand Club to Go	<b>Friday, Aug. 6, 2021</b> 11am-8pm - Glendale Pool	<b>Tuesday, Aug. 17, 2021</b> 10am-4pm - Blood Drive 11am-8pm - Glendale Pool 12pm - Grand Club To Go	<b>Saturday, Aug. 28, 2021</b> 11am-9pm - Glendale Pool
<b>Saturday, July 17, 2021</b> 11am-9pm - Glendale Pool	<b>Wednesday, July 28, 2021</b> 9am-2pm - Raise Your Hand Day 11am-9pm - Glendale Pool	<b>Saturday, Aug. 7, 2021</b> 11am-9pm - Glendale Pool	<b>Wednesday, Aug. 18, 2021</b> 11am-9pm - Glendale Pool	<b>Sunday, Aug. 29, 2021</b> 10am-12pm - Dog Days of Summer: Pups Go Gaga 1-8pm - Glendale Pool
<b>Sunday, July 18, 2021</b> 1-8pm - Glendale Pool	<b>Thursday, July 29, 2021</b> 11am - Grand Club 11am-8pm - Glendale Pool	<b>Sunday, Aug. 8, 2021</b> 1-8pm - Glendale Pool	<b>Thursday, Aug. 19, 2021</b> 11am - Grand Club 11am-8pm - Glendale Pool	<b>Monday, Aug. 30, 2021</b> First day of Preschool 1-8pm - Glendale Pool
<b>Monday, July 19, 2021</b> 1-4pm - Glendale Pool	<b>Friday, July 30, 2021</b> 11am-8pm - Glendale Pool	<b>Monday, Aug. 9, 2021</b> 1-8pm - Glendale Pool 5pm - Beach in a Box	<b>Friday, Aug. 20, 2021</b> 11am-8pm - Glendale Pool	<b>Tuesday, Aug. 31, 2021</b> 11am-8pm - Glendale Pool 12pm - Grand Club To Go
<b>Tuesday, July 20, 2021</b> 11am-8pm - Glendale Pool 12pm - Grand Club To Go 8:30pm - UJCinema: An American Pickle	<b>Saturday, July 31, 2021</b> 11am-9pm - Glendale Pool	<b>Tuesday, Aug. 10, 2021</b> 11am-8pm - Glendale Pool 12pm - Grand Club To Go	<b>Saturday, Aug. 21, 2021</b> 11am-9pm - Glendale Pool	<b>Wednesday, Sept. 1, 2021</b> 11am-9pm - Glendale Pool
<b>Wednesday, July 21, 2021</b> 11am-9pm - Glendale Pool	<b>Sunday, Aug. 1, 2021</b> 1-8pm - Glendale Pool	<b>Wednesday, Aug. 11, 2021</b> 11am-9pm - Glendale Pool 8pm - UJCinema: Olympic Dreams	<b>Sunday, Aug. 22, 2021</b> 1-8pm - Glendale Pool	<b>Thursday, Sept. 2, 2021</b> 11am - Grand Club 11am-8pm - Glendale Pool
<b>Thursday, July 22, 2021</b> 11am - Grand Club 11am-8pm - Glendale Pool	<b>Monday, Aug. 2, 2021</b> 1-8pm - Glendale Pool	<b>Thursday, Aug. 12, 2021</b> 11am - Grand Club 11am-8pm - Glendale Pool 6:30pm - Water Aerobics	<b>Monday, Aug. 23, 2021</b> 1-8pm - Glendale Pool	<b>Friday, Sept. 3, 2021</b> 11am-8pm - Glendale Pool
<b>Friday, July 23, 2021</b> 11am-8pm - Glendale Pool	<b>Tuesday, Aug. 3, 2021</b> 11am-8pm - Glendale Pool 12pm - Grand Club To Go	<b>Friday, Aug. 13, 2021</b> 11am-8pm - Glendale Pool	<b>Tuesday, Aug. 24, 2021</b> 11am-8pm - Glendale Pool 12pm - Grand Club To Go	<b>Saturday, Sept. 4, 2021</b> 11am-9pm - Glendale Pool
<b>Saturday, July 24, 2021</b> 11am-9pm - Glendale Pool	<b>Wednesday, Aug. 4, 2021</b> 11am-9pm - Glendale Pool	<b>Saturday, Aug. 14, 2021</b> 11am-9pm - Glendale Pool	<b>Wednesday, Aug. 25, 2021</b> 9am-2pm - Raise Your Hand Day 11am-9pm - Glendale Pool	<b>Sunday, Sept. 5, 2021</b> 11am - Cooking with Carmela: Challah Baking 1-8pm - Glendale Pool
<b>Sunday, July 25, 2021</b> 10am-12pm: Dog Day of Summer - Pups on the Trail 1-8pm - Glendale Pool	<b>Thursday, Aug. 5, 2021</b> 11am - Grand Club 11am-8pm - Glendale Pool	<b>Sunday, Aug. 15, 2021</b> 1-8pm - Glendale Pool 2pm - PJ Library at the Pool	<b>Thursday, Aug. 26, 2021</b> 11am - Grand Club 11am-8pm - Glendale Pool	