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# Jewish Community News

News of the Jewish VA Peninsula Community

September 2021/5782

### Executive Director's Message - Steven Wendell

### Introducing our returning Jewish Family Services Director

This past May, in this Newsletter space, I noted that the UJC's Family Services Department was evolving from a division of the Tidewater JFS into a full department of the UJCVP and a member of the Network of Jewish Human Service Agencies. The timing of this transition, which was a collaborative decision between the UJCVP and Tidewater JFS, was precipitated by the resignation of Libby Batten, the social worker assigned to the Peninsula through Tidewater for the past decade, to enable her to focus on the health challenges of her spouse. At the critical time of the transition, with the pandemic adding to the need for family services, we were fortunate to welcome Joseph Hendrix aboard as our first director of this new fully UJC department. Unfortunately for us, but an opportunity for Joseph, a sensitive project that he had collaborated on during his MSW studies requires his unexpected and immediate attention causing Joseph to have given us notice of his need to leave our employ at the end of July.

While we are sorry to see Joseph go after only a short, but productive tenure, as sometimes happens, challenging situations can turn into positive opportunities. With her spouse having made very positive progress in his recovery from health issues, Libby Batten has become available to return to the UJC as our director of the newly transitioned UJCVP Jewish Family Services. Although she has been with our community for a decade and her presence is well known to many of us, I want to take this opportunity to reintroduce Libby now as a "new" employee of the UJC and welcome her "home."

Libby holds a BS in Psychology from Campbell University and an MSW from Norfolk State University. Prior to employ as a Clinical Social Worker and Case Manager for Tidewater JFS in the fall of 2012, Libby was an In-home Counselor for Family Preservation Services in Norfolk and a Therapeutic Day Treatment Counselor for Family Preservation



Services in Hampton. Libby also served as a Medical Social Worker for Heartland Home Care and Hospice in Norfolk. Libby's social work career has included counseling and case work services for pre-school children through seniors, providing psychosocial care regarding economic, social, and emotional needs for individuals and families in a wide variety of settings. During her decade of experience with our community, Libby has developed a strong relationship with both individual clients and UJC programs including Grand Club whose participants were nearly as excited to see her return as Libby was excited and thrilled to be back on the UJC Campus.

Libby is looking forward to working again with the UJC staff and volunteers under the leadership of Elaine Abrams, Chair of the newly formed Social Services Committee, in helping shape the direction of our independent Jewish Family Services on the Peninsula.



Libby can be reached directly by phone at: 757-223-5635

or by email: lbatten@ujcvp.org Monday-Thursday 9am-2pm

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# Become a Program Passport Member this Year & Join in on All the Fun!

Take advantage of our takehome projects, family and youth

programs, cooking classes,



Visit:

organizations for FREE!

ujcvp.org/program-passport/

#### **Adath Jeshurun Synagogue**

In memory of Jane Susan Frank Enid & Jerry Sharf

#### Reimagine Camp Fund

In honor of Sherri Becker Sarah & Jim Barnett

#### **Eric & Jack Luckman**

#### **Memorial Endowment Fund**

In honor of Suzanne Luckman's engagement

Meryl & Bob Kessler

#### **Senior Meal Fund**

In honor of Sarah Deyong's special birthday Martha & Tsvi Katz-Hyman In memory of Jane Susan Frank

#### **Holocaust Education Donor**

#### **Advised Fund**

In memory of Jane Susan Frank Aviva & Jack Mrazik

#### **UJC Preschool Fund**

Ellen Hockman

In memory of Jane Susan Frank Carolyn Vassos

#### **Jerome & Mable Gordon**

#### **Restricted Fund**

Wishing Joanne Gordon a speedy recovery Meryl & Bob Kessler

### UJC Unrestricted Endowment Fund

In memory of Jane Susan Frank
Sara Traster & Dave Harriss

#### Leroy M. Spigel Early

#### **Childhood Education Fund**

In honor of Sarah Deyong's birthday Estelle Fineman In memory of Frank Kulp Joy & Larry Spigel

#### **Marc Minkoff Sports**

#### **Scholarship Fund**

In memory of Adam Deyong Joan Verhoef

In memory of Jane Susan Frank Karen Minkoff

In memory of Russell Guthrie Karen Minkoff

### President's Message - Kelli Caplan

Sometimes, you have an intersection with a person that is unexpected, wonderful and thought provoking. This recently happened to me. I needed to get my picture professionally taken. After asking around, I was told to definitely use a photographer named Alexander Kravets.

I knew a little about his back story, as I had heard bits and pieces of it over the years. Alexander and his family were among the more than 100 Russian Jews that the UJC sponsored in 1990 and 1991 and welcomed to the Peninsula. That's all I knew. That happened several years before I moved to Newport News

so my knowledge was very limited.

During my photo shoot with Alexander. we began talking.



I told him of my connection to the UJC and that opened up a dialogue that proved to be both educational and heartwarming. He told me about coming to America, and specifically to Newport News. He had no idea where he was going, and ended up in a city completely foreign to him. From Russia to Virginia, with limited English and small children. He and the others came to escape persecution in Russia.

The UJC welcomed them with open arms, helping them find housing, employment and temples in which to worship.

Alexander and his family settled into their new home. The transition was not always easy, but it proved to be worthwhile. The Virginia Peninsula became their home, and they embraced it. Alexander told me how much he loves living

near the water and how at home he feels in Virginia. He and his wife raised their children here and he started a very successful business from scratch.



What was abundantly clear from our conversation was just how appreciative he was, and still is, of the UJC and his family's sponsor, Carmela Malkin-Kuhn & Adath Jeshurun Synagogue. His connection to Carmela and her late husband, Chris, runs incredibly deep. He could not say enough about them and all they did for him and his family, both in the early days and in later years. A bond was formed, one that means the world to Alexander and his family.

It was incredibly interesting listening to Alexander talk about his experience, and how his family's life was forever changed for the better. He will be the first to tell you he could never imagine being as lucky as he was to land in this community.

Yes, more than 30 years have passed since the Russian families made their way to Virginia. But hearing Alexander's account and immense gratitude made me so proud to be part of the UJC, proud of what we have done in the past, and proud of what we are continuing to do. It drove home to me just how dynamic this organization is, and what a huge lasting impact it has on so many. I left Alexander's studio with a huge smile that day, filled with pride, knowing that the UJC community may be small, but is enormous in heart, and second to none in dedication and commitment to our members.

Thank you, Alexander, for reminding me just how remarkable the UCJVP truly is.





#### The Nosher Presents Our High Holiday Cooking Classes 2021

We're so excited to share our High Holiday Nosher class schedule for 2021! We have a range of cooking and baking classes that will diversify your menus and give you the confidence to create a perfect meal whether its for 2 people or 20.

To register for the Zoom classes, go to: https://www.myjewishlearning.com/the-nosher/thenosher-presents-our-high-holiday-cooking-classes-2021/

#### Saturday, August 28th at 7:30 pm Instant Pot Brisket

Jeffrey Eisner, the "king of instant pot cooking" will show how to use your instant pot to make perfect brisket, in a fraction of the time.

#### Monday, August 30th at 7:30 pm Apple Babka Two Ways

Nosher Editor and cookbook author, Shannon Sarna will demonstrate how to make sweet apple babka two ways, one with a homemade filling and one using store-bought apple hutter

#### Wednesday, September 1st at 7:30 pm Apple Cider Braised Chicken

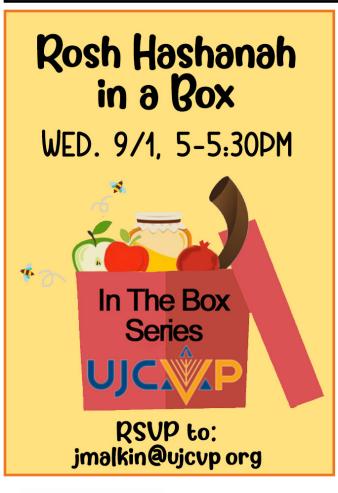
Acclaimed cookbook author Leah Koenig will teach how to make apple cider braised chicken, a perfect alternative to brisket.

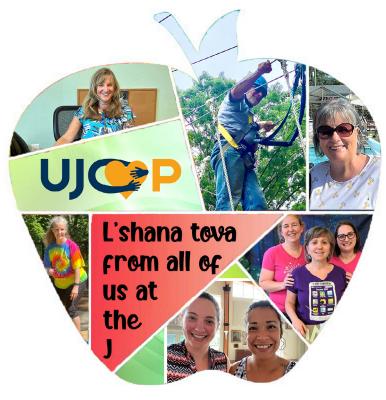
#### Thursday, September 2nd at 7:30 pm Syrian Leek Fritters

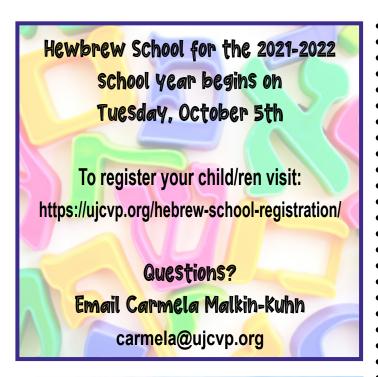
Cooking instructor and caterer, Sylvia Fallas will share her grandmother's recipe for Syrian leek fritters, a specialty for the Jewish new year.

#### Sunday, September 12th at 7:30 pm Khoreshte Beh

Food writer, Tannaz Sassoni will demonstrate how to make khoreshte beh, a Persian stew traditionally enjoyed before fasting on Yom Kippur.











#### SEPTEMBER LUNCH SCHEDULE

\*subject to Covid restrictions\*

Thursday, Sept. 2nd (in person) Thursday, Sept 9th (in person) Tuesday, Sept. 14th (pick-up) Monday, Sept. 20th (pick-up) Thursday, Sept. 23rd (in person) Monday, Sept. 27th (pick-up) Thursday, Sept. 30th (in person)

Email linda@ujcvp.org for more information or to RSVP

### NEWSLETTER NOSTALGIA

Looks like we've stumped everyone!

From left to right: Stephen Margolis, Dutchie Louer, Bill Nachman Mrs. Edwards' Kindergarten Class '55-'56

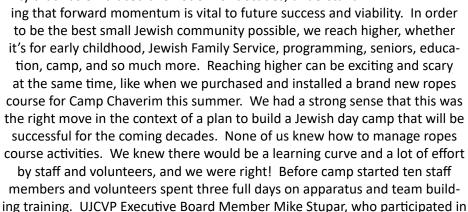


### Development Corner - Sarah Barnett



# GCMSC... We're always reaching higher!

Standing still is moving backwards. The UJCVP is a community that has embraced this notion for decades, understand-



this training reports that, "the training was phenomenal. It encouraged me and others to venture beyond our comfort zones. The team building and comradery really exemplified how all of us can reach new heights when we work together." This was enough to get us off to a resounding start knowing that more training will be useful. As camp started, we jumped into the ropes course realm and provided our campers with this transformational opportunity to challenge themselves physically and emotionally, with all of the right safety and encouragement. Ask any of our older campers (ages ten and up) what their favorite part of camp was this summer and many of them will enthusiastically say, "the ropes course!" This community leapt forward and reached higher.

We never take a step forward without your help, and the support of the UJCVP Annual Campaign. As we gear up with plans to implement our 2022 Annual Campaign, we do so with gratitude towards all of you who step up and step forward with us. Because... We can't do it without you!



In 2014 our UJCVP Endowment Board of Trustees made the challenging decision to discontinue our partnership with The Tidewater Jewish Foundation, in order to manage and steward our community's legacy assets with an in house perspective. There has been no turning back and no regrets as we grow the assets of the UJCVP as well as our custodial partners, Rodef Sholom Temple, Congregation Emet V'Or, the Jewish Cemetery of The Virginia Peninsula, and the Peninsula Jewish Historical Society. Indeed, since 2014 the UJCVP Endowment total managed assets have increased by 50%!

Funds housed and managed by our Endowment benefit our community in so many ways, and lay the foundation for a legacy that will insure the health of our community for years to come. Yet, even our positive growth does not mean that we are "all set." Besides custodial management, we manage

Donor Advised Funds, Program Specific Funds and Annual Campaign Endowment Funds. What we call our "unrestricted Endowment Fund," resources that can be used at the discretion of the Board of Trustees to fund community projects and needs, is quite small relative to our total asset. Our Unrestricted fund is fueled by bequest giving along with Endowment management fees. Bequest giving to nonprofit agencies continues to be the most significant kind of planned giving in the United States. Leaving a bequest either through a specific amount, specific asset, or percentage of asset, is an excellent way to make magic with your legacy and help fund our unrestricted pool that is so important to the future of our community.

For more information on bequest giving, or any other kind of planned giving that can help insure the future or our UJCVP community, contact Sarah Barnett: sarah@ujcvp.org.

#### Please enjoy our 2021 Annual Campaign Honor Roll.



### The Annual Campaign is the lifeblood of our UJCVP activities and programs. Your generosity is appreciated and your commitment to our community is valued.

L - Lion of Judah (minimum contribution: \$5,000) | CS - Chai Society (minimum contribution \$1,800) | LOJE - Lion of Judah Endowment | PACE - Perpetual Annual Campaign Endowment | \* - of Blessed Memory

#### \$20,000 +

Libby & Buddy David (LOJE)
Jenny & Joshua David (LOJE)
Bobbi & Ralph Goldstein (L)
Judie & Gary Kavit (L)
Betty Levin (LOJE) & Eugene "Buddy"
Levin\* (PACE)
Barbara & Neal Rosenbaum (LOJE)
Jody & Ed Sarfan (L)

#### \$10,000 - \$19,999

Franklin O. Blechman\* (PACE) Wendy Drucker & Mike Piercy (L) Jean & Arthur Fass Shelly & Geoffrey Kostiner Janet & Gary Nachman (L) Betty & Roy Lasris (L) Robin & Guy Levy (L) Lori & Jeff Luckman (L) Robin & Kenny Murov (L) Edward Olshansky Tzina & Louis Richman (LOJE) Joanne Roos (LOJE) Dorene Sarfan\* (LOJE) & Mayer Sarfan\* (PACE) Walter S. Segaloff (PACE) Sally & Steven Seltzer (L)

#### \$5,000 - \$9,999

Beth & Jack Arager (L)
Sarah & Jim Barnett (L)
Susan Berenson (L)
Ruby & Harry Conn (L)
Wendy & Jonathan Eisner (L)
Aileen & Harold Familant (L)
Ginny & Johnny Francum (L)
Janet Glasofer (L)
Ettalea Kanter (LOJE)
Carmela & Chris\* Kuhn (L)
Lisa & Sam Margolin (L)
Jay Mirmelstein
Bernard Morewitz\*

Lorraine Morewitz\* (LOJE)
Neisser PACE
Rochelle Portnoy (L)
Linda Roesen (L)
Howard Smith
Ellyn Soefer (L)
Bonnie & Jeffrey Spigel (L)
Charlene & Steven Wendell (CS)
Scott Wolf

#### \$1,000 - \$4,999

Elaine & Arnold Abrams Rona & Alan Altschuler (CS) The Bangel-Legum Philanthropic Fund Debby & Eric Bashkoff Elina & Brent Blaha Sheila & Steven Bookbinder (CS) Kelli Caplan (CS) Jacqueline & Edward Cohen The Harold "Dooley" Cohen, Jeanne S. Cohen, and Hilda and Harry Oser Philanthropic Fund Jenny & William Connolly Rosalind Damsky Donna & Eric Darby Ellen Eisenberg (CŚ) Kathy & Jay Epstein Heather & Matthew Fass Rebecca & Thomas Fass Evelyn Flax Mirmelstein\* (LOJE) Mariel Focseneanu & Eric Karlin Renee & Allen Fralev Leslie & Robert Frank Betsi & Herbert Garfinkel Baylee & Chip Goldstein Herbert & Ruth Goldstein (PACE) Joanne & Richard Gordon Abby Jo & Theodore Juraschek Karen & Dennis Katz Bonnie & Norman Katzenberg (CS) Holly & Quentin Kidd Susan & Harry Kirschbaum Judith Kline Beth & Daniel Kluger (CS) Leona Kostiner

Ryeken Kostiner (CS) Phillip Levy Marie P. Blechman\* (LOJE) Sarah Richman\* (LOJE) Jessi & Michael Malkin (CS) Michael Markowitz Kristin & James Mastros **Edward Mirmelstein** Brian Morewitz David Morewitz Angela & Jonathan Morris Helen Nachman (CS) Robert Nochimson Jerome & Mable Gordon\* (PACE) Susan & Sam Parrucci Marvin Posner Linda & Paul Rein Linda Roos Joan Rosenbaum (LOJE) Loretta Rubenstein & Mitch Avent **Ruth & Lawrence Sacks** Randall Sarfan Mary & Norman Saville Beth Scharlop & Roger Schultz Beverly Sellers\* (PACE) Steve Shapiro David Sherman\* (PACE) Bobbi Sue & Louis Silverman Marianne & Steven Spellman Danile & Larry Spokony Bennett Stein Rosanne & Mike Stupar Lois & James Ullman Eve & Mike Ware (CS) Sandy & Howard Waters Eileen & Stephen Wood (CS) Anonymous Anonymous Anonymous Anonymous

\$500 - \$999

Ernestine Adelman Susanna & Alex Berelovich Sonya & Manfred\* Bloch

#### Campaign Honor Roll continued from page 7

Bernice & Joel Breslau

Paul Cooper Sylvia Craft

Ólga & Boris Diskin Margo Drucker

Dawn & Mitchell Epstein Rimma & Josif Feygelson

Janet & Jon Frank Sue & Charles Friedman

Carina & Saul Gleiser Alfred & Gertrude Goldstein\* (PACE)

Evelyn Goodman Lisa & Bradford Green Florence Gussman

Irene Jacobson & Don Turner

Melissa & David Kashy

Sandy Katz

Meryl & Bob Kessler Phyllis & Joel Kirsch Myra & Linwood Kramer Karen & David Levy Edythe Lichtenstein Sara & Gershon Litt

Avi Malkin

**Becca & Paul Marcus Rosalind & Spencer Marcus** 

Shoshana Marziano Patricia & Steven Meyerson

Karen Minkoff

Fran & Albert Moliken Angela & Michael Molin Linda & Stan Molin Rhoda & Bill Nachman

Susan Nachman & Corey Adelson

Lisa & Geoff Nochimson Bob Winsor & David Rottman

Frances Roy

Vanessa Motos & Alexander Royzenblat

Matthew Sarfan Sheila Schoenberg Sylvia & Robert Scholnick

Ann Segaloff Barbara Smith Joy & Larry Spigel Rita Spirn\* (PACE) Scott Stein

Sara Traster & David Harriss Randi & Craig Turczynski Tova & Jay Warren

Barbara Weisner-Hotchner\*

Melvin Winter Sheila & Paul Zubkoff

Anonymous

\$250 - \$499

Bunnie & Bryan Altman Judith & Sal Barzilav Madeline & Allan Berger Donnelle & Robert Brumback Donna & John Diamond Melissa & Brian Diamond Liya & Alex Dorfman Kristen & Andrew Falk Celia & Bernard Friedland

Regina Gerstman

Helene Goldsman & Walt Deskins

Leslie Kaplan & Bill Owings Marley & Bob Keefer Sue & Michael Kornberg Doris & Harvey Margulies

Judy Morewitz Gloria & Aaron Ostroff Karen & Mark Pomeranz

Celia Rinaldo

Jill & John Shephard Chandi & Bart Singer

Shirley Stein

Glenda & Bruce Sykes Sue & Howard Waxman

Mary Dineen & Stewart Wetchler

Sheryl & Art Wolfson Bobbi & Arnie Zimmer

Anonymous

All Others

Gladys & Bertram Aaron Mindy Rubin & Nick Adams Yana & Slava Alekseyev Monique & Paul Aronsohn Margie & Aaron Auslender

Sherryl Balser

Dawn & Maurice Beard Rhoda Beckman Jamie Begor Polina Berelovich

Evelvn Bibi Heidi Bloch

Leslie & Donald Borwick

Henry Brodsky **Bonnie Brooks** 

**Beverly & James Phillips** Linda & Stanley Bunson

Michael Byalik

Ann & Woody Chapman Ellen & Darnell Chever Aime & Scott Clinkenbeard Barbara & Robert Cohen

Ronnie Cohen Sarah Deyong

Rhonda & Arthur Diamond Gavrielle Diamond-Bargash

Sarah Eckhause Marilyn Epstein\*

Leigh & George Fenigsohn

Vera Feygelson Estelle **Fineman** Elisa & Patrick Finneran Lvnda & Alan Forman Karen & John Forrest

Denille Francis & Christopher Olivo

Eliane & Richard Freund Karen Friedman

Laurane & Harvey Friedman Pat Ondercin & Adam Frisch Stephanie & Jack Gelman

Marge Battista

Berta & Alberto Goldgaber

Howard Goldstein

Vicky & Arnold Goldstein

Rita Golub

Barbara Gordon & Ellen Waranch

Brenda Gordon

Amanda & Jeremy Granoff Shirley & Richard Hart Simone Hausman

Alayna & Bryn Henderson

Cathy Herbert

Stacey & Marc Herwitz Berna & Joe Heyman Christine & Alan Hochman

Ellen Hockman

Naomh & Kevin Hudson Marjorie & Melvyn Hutt Jill & Adam Hyman Nancy & Mark Jacob Paige & Norman Jacobs Martha & Tsvi Katz-Hyman Bianca & Brandon Kauffman

Jill & Mike Keech

Carol Bender & Howard Kessler

Peggy & Kent Kipling Wendy & Ron Kleiman Rossi Klompus

Myrna & Robert Korfin Sarah & Henry Krakauer

Lauren Devitt & Thomas Kramer Olva & Alexander Kravets

Sue Kurtz

Amanda & Ethan Lasris Emma & Daniel Lavaty

Linda Lavaty

Karen Lefsky & Rich Higgins Yelena & Leonid Lembersky

#### Campaign Honor Roll continued from page 8

Wendy & Victor Lessard Terry Levinson Mary & Joseph Lieberman Lyusya & Aleksandr Lifshits Molly & Eugene Link Stephanie & Timothy Lundberg Ryann & Kevin MacLuskie Linda & Howard Maltz Ira Margolin Sondra Markoff Sarah Massev Leorah & Stephen Massie Radie Maye Lynsie & Johnathan McIlhinney Maya & Michael Meehan Joyce Miller Kristin & Jonathan Minkoff Asva Mirkes **Helen Myers** Sonya Nachman Mark Nataupsky Abbey & Carlos Padua Marilyn Pauls Walton Phillips\* Randy & David Pine

Lucie & Jacob Polderman Susan & Neil Portnoff Marleen & Jeffrey Press Elana & Shawn Preston Brian Rinaldo Janice & William Rockwell Lona Ross Laurie Rowe Robin & Adam Rubenstein Sheila & Harvey Rubin Alice & Robert Rubinstein Judy Salken Judy & Leon Salzman Rebecca & Marshall Scheetz Karen & Leonard Schifrin Lvnne Schofield Alison & Matthew Schorn Paula Moscato & Mike Schulman **Enid & Nathan Sharf Brenda & Nat Shaye** Helaine & Jay Shinske Freida Stallard Sara Stein Susan Stein Miriam & Mark Strick

Julie Strouse Lee Stupar Ella & Leonid Sukholutsky Lucy & Mike Sukman Jessica & Tim Sykes Betty Temko Barbara & Alexander Tessler Linda & Gary Tompkins Rose Ann Treger Stuart Turnansky Annette & Larry Vandeusen Paige & Christopher Walker Carol & Rob Weinberg Jeanette & Brian Weinberg **Phyllis Weinstock** Regina Weinstock Vickie & Chuck Weitzenhofer Mariea & Steven White **Dru Williams** Betsy & Elliott Wolin Mark Woloshin Naioki Wood Mayya & Gennady Yartsev







September 22nd Ashley Simmons Sarfan Center Chaverim Teacher

# Mikveh Project

Rising Tide Network members are changing the future of mikveh. Staff, lay leaders, clergy, Mikveh Guides, Jewish educators and volunteers have created a variety of resources to enhance the immersion experience and teach why mikveh matters. Take a glimpse at some of the offerings:

#### Mi Sheberach – A Recovery Immersion Ceremony by MACoM and the Blue Dove Foundation

Mi sheberach, to the one who blesses: May you, G-d, hear the cry of my soul and bless me with the knowledge that I have the wisdom and the strength to remake my life. I have the wisdom and the strength to receive all the blessings that have been ignored.

#### Honoring the Process of Coming Out by Mayyim Hayyim

"I know that I am created b'tzelem elohim, in the image of God, and that a divine spark resides within me. Hineini. Here I stand, no longer alone, on my way to becoming fully unafraid"

Mikvah Ceremony for Body Positivity by Naomi Malka, Adas Israel Community Mikvah Judaism tells us that our bodies are sacred – unequivocally and without question, as we are made in the image of the Divine. But our world tells us otherwise – that we must bend and mold around expectations of what our bodies should be. This Body Positivity Immersion Ceremony created by Naomi Malka at Adas Israel Community Mikvah is a healing journey from shame to loving embrace of yourself – just as you are.

#### Reclaiming Mikvah: Embracing Jewish Water Ritual by Bonni Goldberg

Every tradition has its water ritual and the Mikvah is ours. As Jews, we have a right and an opportunity to explore it, claim it, and make our water ritual relevant to us in our time and place.



Rising Tide Mikveh Network's new Director, Lucy Starer Marshall

#### Living Well: 99 Stories from the Mikveh by Lori T. Cooper

Written by Lori T. Cooper, the director of The Mikveh at Temple Beth Hillel-Beth El in Wynnewood, Pennsylvania since it opened in 2002, this volume is organized into five categories of stories; Marriage, Healing, Monthly Usage, Conversion, and Celebration. Each story concludes with a careful selection designed for your contemplation and consideration.

To read the full articles, download reading materials or purchase books, visit: https://risingtideopenwaters.org/from-the-field/

Our UJCVP is a member of the consortium RISING TIDE, a national network devoted to opening the Mikveh Experience to the entire Jewish Community. For information contact Meryl Kessler at mlk1939@verizon.net. Our committee is co-chaired by Dr. Gary Kavit, Scott Wolf, and Meryl Kessler.

### Education Corner

### Director of Education & Program Development, Carmela Malkin-Kuhn

#### WONDERFUL SUMMER FUN ON THE UJC CAMPUS!

As I have said before, I have a full view of the happenings at our preschool and summer camp. Both programs have been extremely successful with the children having a wonderful summer filled with "normalcy" amid this continued pandemic. With our summer programs winding down and our fall semester approaching, we have been successfully keeping all our protocols in place and keeping everyone safe.

The infants and toddlers are a delight to watch. My favorite part is them tapping on my office windows and blowing me kisses. Honestly, it's the best part of my day. Watching them enjoying their water activities, bubble adventures and outdoor play with their teachers is truly heartwarming.

The preschoolers (the big kids – as they want to be known as) enjoy their water play, outdoor adventure time with their teachers, as well as a well-equipped playground. Their learning includes many fun topics as well as some very yummy cooking lessons.

Our Camp Chaverim campers experienced a very enjoyable summer with wonderful counselors and teachers and new camp equipment. A favorite was our newly installed, state of the art ropes course. Naioki has been a wonderful camp director bringing the best practices of a fun summer to life. Providing a normal camp experience has made campers and families very happy.

Lastly, we were advised this month that the Sarfan Early Childhood Center was awarded the 2021 Coastal Virginia Peninsula Gold Award for being the Best Childhood Development Center. It goes without saying that this could not be achieved without our extraordinary early childhood education team. GO SARFAN!

Overall, it has been a very successful summer... ONWARD with a new fall semester at Sarfan!

Wishing you all a safe and sweet start into the New Year.

Shanah Toyah Um'tukah!



### BOOK FESTIVAL OF THE MJCCA

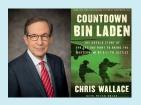


& The National JCC Literary Consortium

### IN YOUR LIVING ROOM



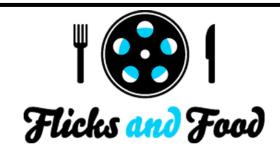
NEW DATE! Sun. Sept. 12th Billie Jean King All In, An Autobiography 8:00pm



Thurs. Sept. 23rd Chris Wallace Countdown Bin Laden 8:00pm

For ticket and book purchases, please visit our website:

ujcvp.org/book-festival-in-your-living-room/



The Band's Visit



A SON PICTOR'S CLASSES RELIARE JULY ALDISCE PRODUCTIONS' BE BERES BUTTERMONENT SUPER DULA PRODUCTIONS PRIME
THE RESULTANCE SCASIO BORN BORN FAMILE SCARE SALE AND BUT ON BOTH ADMIT A COME AND BOTH AND BUTTER AND BUTTER

Passport Members - FREE RSVP to jmalkin@ujcvp.org

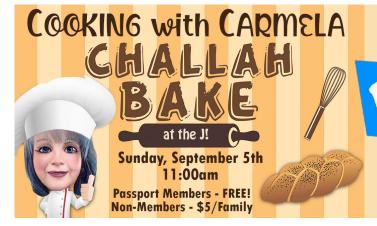
Non-Members - \$10 / person Visit ujcvp.org to RSVP & Pay Online

Includes Lunch

Thurs. Sept. 23rd 12:30pm

> 2007, PG-13 Comedy-Drama Musical 1hr 27 min

A band comprised of members of the Egyptian police force head to Israel to play at the inaugural ceremony of an Arab arts center, only to find themselves lost in the wrong town.



...with a special PJ Library story time!

All ages welcome - fun for the whole family!

RSVP to Carmela Malkin-Kuhn: carmela@ujcvp.org



Don't forget to follow
us on Instagram
@ujcvp\_nn
and
LIKE our
Facebook page!



#### SIMCHA SHOUT-OUT CORNER!

If you have a family Simcha that you would like to highlight, please contact Sara Traster at straster@ujcvp.org for more information regarding cost and guidelines.

### Summer 2021 Highlights



### Summer Camp Chaverim - Naioki Wood

















#### The Summer of the Spirit Stick

Camp Chaverim this summer meant more to all of us than it ever has in the past. Camp brought us wonder, joy, friendships, togetherness (in



a time when we needed it so much!), challenges, growth, confidence, appreciation and SPIRIT. Which is how the tradition of the Camp Chaverim Spirit Stick came alive. Each week, a different camp group was honored with the Spirit Stick as a celebration of their teamwork, kindness, and Chaverim Spirit. After being awarded the Spirit Stick, campers and their team of counselors were tasked with adding a new creative element to the stick before it was passed on to a different group during our Shabbat festivities. This demonstration of camp spirit spread like wildfire, reaching every kid, counselor, specialty instructor, and even our camp families. Camp spirit was ignited that first day of camp in June and kept growing stronger and louder as the weeks pro-

gressed, culminating with our annual end-of-summer Camp Chaverim Boat Race (where the cheers were the loudest!). It's clear that our camp groups shared much more than just hot summer days at the J. Summer 2021 felt like our greatest summer adventure yet; but our adventures won't stop here! Stay tuned for what we will have in store for Camp

Chaverim Summer 2022!



## Pearl Society Women's-Only srae

Fashion, Food, Female Philanthropy & FUN!

March 13-22, 2022









FOR MORE INFO CONTACT: Sarah B. or Sara T. sarah@ujcvp.org straster@ujcvp.org





#### PEARL ISRAEL TRIP:

The new itinerary is in and we're getting excited!

There are a few spaces left... If you are intersted in joining us for an unforgettable time in Israel, please contact Sarah Barnett ASAP! sarah@ujcvp.org



#### PEARL SOCIETY WOMEN'S GIVING CIRCLE:

We are getting ready to start the 5th year of our Pearl Society philanthropic giving circle, to spread some goodness across the globe!

If you would like to be a part of this fun, dynamic group of ladies, please contact: **Sarah Barnett or Sara Traster** sarah@ujcvp.org straster@ujcvp.org



When you shop at smile.amazon.com, Amazon donates to your favorite charitable organization! The AmazonSmile Foundation will donate 0.5% of the purchase price to the charitable organization you select.

On your first visit to smile.amazon.com, select: United Jewish Community of the Virginia Peninsula to have your donations go to the J. Every little bit counts!





### SERVING THE JEWISH COMMUNITY FOR OVER 60 YEARS

Veronica Weymouth - Owner

Monte German - Director

Terry Cejka - Director



Rona Altschuler- Assistant

Tanya Grimes - Administrator

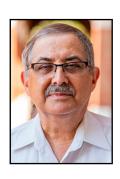






### Education Corner continued

### Dr. Richard Freund, Prof. of Jewish Studies - CNU

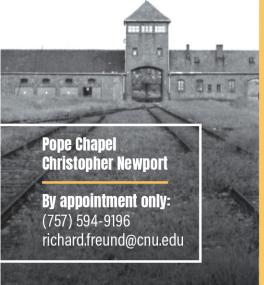


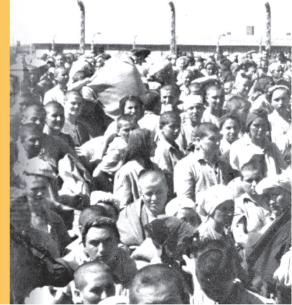




## AUSCHWIZ **OŚWIĘCIM** OCT. 27-NOV. 19, 2021

OPENING: OCT. 27-7 p.m. with program and tours





#### **EXHIBIT SPONSORED BY**

Christopher Newport University Bertram & Gladys Aaron Professorship in Jewish Studies, United Jewish Community of the Virginia Peninsula and the Virginia Holocaust Museum







The UJCVP is pleased to be co-sponsoring the Auschwitz Oświęcim exhibit with the CNU Jewish Studies Department. We are looking for volunteers for exhibit docents. Training will be provided.

If interested, please contact Sarah Barnett: sarah@ujcvp.org or Jessi Malkin: jmalkin@ujcvp.org

#### Congregation Adath Jeshurun 401 City Center Blvd., Newport News, VA 23606

Telephone # 757-930-0820 | Website: www.ajshul.com Rabbi Gershon Litt, 757-559-1836



For the last two months we have had in-person services when Rabbi Litt is here for Shabbos. It has been a very special to be together, celebrating Shabbos and having some normalcy in these difficult times. Now we are looking forward to the High Holidays. This year Rabbi Leifert will be here in person, from Israel. Rabbi Litt and Rabbi Leifert have planned a beautiful Yom Tov. This is the schedule for High Holiday Services.

All times are approximate. CDC Covid guidelines will be observed.

#### **Erev Rosh Hashana**

#### Monday, September 6th

Mincha/Maariv - 7:00pm Candle Lighting - 7:00pm

#### Yom Kippur - Kol Nidrei

#### Wednesday, September 15th

Candle Lighting- 6:55pm Kol Nidrei - 6:45pm

#### Rosh Hashana - First Day

#### Tuesday, September 7th

Services Begin - 9:00am Mincha/Maariv - 7:00pm Candle Lighting - 8:04pm

#### **Yom Kippur**

Shacharis - 9:00am Mincha - 5:00pm Neillah - 6:30pm

#### Thursday, September 16th

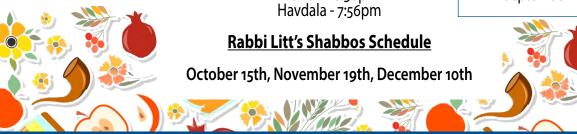
#### Rosh Hashana - Second Day

#### Wednesday, September 11th

Services Begin - 9:00am Mincha - 7:00pm Maariv/Havdala - 8:03pm

#### **Shabbos Candle Lighting Times:**

September 3 - 7:13pm September 10 - 7:03pm September 17 - 6:52pm September 24 - 6:41pm





Thank you to all who participated in our Facebook Together clothing drive

benefitting Fear 2 Freedom.

With your help we were able to donate:

12 pairs of sweatpants 64 t-shirts 74 pairs of underwear

Check out fear2freedom.org to learn more about this amazing organization.

### Rodef Sholom Temple

FOUNDED IN 1913 AND A MEMBER OF THE UNITED SYNAGOGUE OF CONSERVATIVE JUDAISM.

We are: Warm, welcoming and steeped in the rich traditions of Judaism...Egalitarian and Eclectic Living personal Jewish journeys across a spectrum of participation...Looking forward to seeing you!



Contact the office for Zoom information: office@rodefsholomtemple.org

401 City Center Blvd. Newport News, VA 23606 757-826-5894 rodefsholomtemple.org

SELICHOT - Saturday, August 28, 9:00pm

ROSH HASHANAH - Monday, September 6, 8:00pm Tuesday, September 7, 9:00am Wednesday, September 8, 9:00am

SHABBAT SHUVAH - Friday, September 10, 5:30pm Saturday, September 11, 9:30am

**KOL NIDRE** - Wednesday, September 15, 7:00pm

YOM KIPPUR - Thursday, September 16, 9:30am

SHABBAT PARASHAT - Friday, September 17, 5:30pm

HA'AZINU - Saturday, September 18, 9:30am

**SUKKOT** - Tuesday, September 21, 9:30am Wednesday, September 22, 9:30am

SHABBAT HOL - Friday, September 24, 5:30

HAMOED SUKKOT - Saturday, September 25, 9:30am

SHEMINI ATZERET - Tuesday, September 28, 9:30am

SIMCHAT TORAH - Tuesday, September 28, 5:30pm Wednesday, September 29, 9:30am

### THE DOG DAYS OF SUMMER: BARK MITZVAH PET PHOTO SESSIONS - SEPT. 26, 1-3PM



Have your pet's Bark Mitzvah photo taken by our professional photographer, receive a certificate of Bark Mitzvah, then enjoy snacks at our Oneg in the Sukkah!

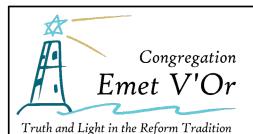
Passport Members - FREE! Non-Members - \$10/pet

\*\*ALL DOGS MUST BE ON A LEASH AT ALL TIMES & FRIENDLY WITH OTHER DOGS & CHILDREN\*

> Visit ujcvp.org to sign up for photo session time slots.

Questions? Email imalkin@ujcvp.org





Office.CEVO@gmail.com www.emetvor.org 757-952-3737

Rabbi Scott Gurdin Cantorial Soloist Dr. Jonathan Rathsam Musical Accompanist Dr. Ben Corbin

#### Shabbat Services

Erev Shabbat services are held Friday evenings at 7:00pm unless otherwise noted.

**September 3** – Shabbat in the Home

**September 10 –** Lay led Shabbat service

**September 12 –** Religious School starts

**September 17 –** Lay led Shabbat service

September 24 - Rabbi led

CEVO wishes everyone a happy and healthy new year!

All are welcome to visit! Our location: 101 Production Drive, Suite 101, Yorktown, VA 23693

#### Special Events & Other News

#### **High Holiday Service Schedule:**

Led by Rabbi Gurdin with cantorial soloist and musical accompaniment

Sept. 6 @ 6:30 PM - Rosh Hashanah Eve

Sept. 7 @ 10:00 AM - Rosh Hashanah service

Sept. 15 @ 6:30 PM - Kol Nidre service

Sept. 16 @ 9:30 AM - Yom Kippur service followed by Yizkor

Sept. 16 @ 3:15 PM - Yom Kippur afternoon and concluding services



fb.me/CEVOcommunity



### **Building Community** Community Building

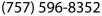
Help us keep our synagogue welcoming, safe and secure in this changing world.

Temple Beth El of Williamsburg rests on a solid foundation of Torah worship, study, education and community. Our challenge is to preserve and strengthen what past generations have built. Major structural repairs and security upgrades are needed. We hope you will join with us to ensure our synagogue is here now and for future generations.

Learn more about our effort and the Mezuzah Wall at thewilliamsburg.org/building-campaign

### Temple Sinai

11620 Warwick Blvd, Newport News, VA 23601



**SHABBAT SERVICES** 

Friday, September 3 - Kabbalat Shabbat, 7:30pm Saturday, September 11 - Shabbat Shuvah, 10am Friday, September 17 - Kabbalat Shabbat, 7:30pm Saturday, September 25 - Shabbat / Sukkot, 10am

#### **HIGH HOLY DAY SERVICES (In Person)**

Monday, September 6 - Rosh HaShanah Eve, 7:30pm

Tuesday, September 7 - Rosh HaShanah: \* Morning 10am \* Tashlich at Noland Trail bridge (Following services)

Sunday, September 12 - Service at Peninsula Memorial Park, 1pm

Wednesday, September 15 - Kol Nidre, 7:30pm

Thursday, September 16 - Yom Kippur: \* Morning Service 10am \* Yizkor 3:45pm \*Ne'ilah 4:45pm

\* Approximate times

#### THIS MONTH AT TEMPLE SINAI

Sunday, September 5, 10:30am (on Zoom) - We kick off the school year with a special community Zoom on what we need to know regarding the pandemic with world-renowned author and medical expert, Dr. Ezekiel J. Emanuel, Vice Provost for Global Initiatives, Chair, Dept. of Medical Ethics and Health Policy, Perelman School of Medicine and The Wharton School, University of Pennsylvania.

The entire community is welcome to attend. RSVP to: rabbiseverine@gmail.com by September 3rd.



#### Dr. Richard A. Freund on Jewish Archaeology: How Our Artifacts Define Who We Are

Dr. Freund is the Bertram & Gladys Aaron Professor of Jewish Studies at CNU. He has directed (with his scientific team) 60 geoarchaeology projects in 5 countries: Israel, Spain, Greece, Poland and Lithuania. His work has been featured in articles in The New York Times, Time magazine, Reader's Digest, Newsweek, Archaeology, and Smithsonian magazine, and chronicled in 25 television documentaries from National Geographic, CNN, Discovery, History Channel and NOVA and PBS networks. He is the author or co-author of 12 books, has written hundred of articles, and his most recent book is Archaeology of the Holocaust.

This is a free event, however, Temple Sinai is paying for this special program. Donations are welcome.

Contact Mary Beth Colgan: admin@nnsinai.hrcoxmail.com or 596-8352 if you are interested in attending our educational events or in securing your seat for services.

#### **RELIGIOUS SCHOOL**

Another promising religious school year...

Jump start your Jewish year with innovative family education! Fabulous new programs in September include: a special Zoom concert with SiriusXM stars Josh and the Jamtones (Sept. 12), NYC's Broken Box Mime Theater's Tribute to Marcel Marceau (Sept. 19), legendary Jewish-Russian poet, Maxim Shrayer on Refuseniks (Sept. 26), and the Jewish Publication Society's Rabbi Barry Schwartz on Judaism's great debates (Oct. 3).

Contact Rabbi Séverine Sokol: rabbiseverine@gmail.com or (314) 628-9196 if you are interested in enrolling your children in the school.













### Summer TAL Update - Jessi Malkin











Teens as Leaders (TAL) was born this summer to refresh our CIT program. It was a pleasure to spend my mornings with 13 rising 8th-10th graders, some of whom I have known since diapers and others who just stepped foot on our campus for the first time this summer. For a few of our teens, this was their first time with peers since schools closed in March 2020.

Our mornings included workshops on cooking, problem solving, mind-fulness, diversity and team building. Often ideas came directly from the teens themselves, like art days and phone photography workshops. Our group welcomed UJC staff Angela, Carmela, Sarah, Joseph Hendrix and Dave Brackins, who all shared their professional expertise, really rounding out our fun and adding some new skills to our summer.

As a group, the teens discovered a need for more recycling around campus, śo we quickly acted to add a new can to the camp lunch area and to create posters educating the younger campers on what could and could not be recycled. We also made sure to take time for social action and community service this summer. While we were limited in our abilities to leave campus, our teens

worked hard to make a difference. They completely emptied and organized our Jewish Family Services food pantry, created cat toys for the SPCA, and served quite a few lunches to our Grand Club seniors.



Being the oldest campers came with extra privileges, not only in terms of snacks (we did enjoy s'mores - more than once, Starbucks, and special lunches)! We were the only group to be allowed off campus. To keep up with Covid safety, we opted to keep our excursions to a walking radius. Each week, our teens would determine where we were headed; usually one of the cafés in Port Warwick, but we also ventured to



Dean and Don's and to 7Eleven for some treats. One week we spent our morning on the ropes course and then shared pizza and ice cream for lunch. We all really look forward to the opportunity to venture further off campus next summer.



In the afternoons, the TAL group joined with our younger campers and aided the counselors with their afternoon activities. It was amazing to see the bonds between the campers and their TAL friends. (I know of one camper who

asked his mother to buy him new sandals so he could be like his favorite TAL!)

Camp may be over, but TAL is still meeting. We will be gathering on August 25 for a Red Cross babysitter certification course. I hope to have a few exclusive meet-ups during this school year as well! I am already filling my files with ideas for next summer.

With Summer Camp Chaverim 2021 in the books, I can say with confidence that it will only get better and better.

Anyone up for a TAL schlep-away week? Stay Tuned!

### Holiday Treats At Home





### Rosh Hashanah APPLE POPS

A sweet treat to start the new year!

The best part about these pops? There are so many ways to make them! Have fun customizing your pops and trying out different dip and topping combinations.

> Ingredients: Apples **Lollipop Sticks**

Dips: Chocolate Frosting or Melted Chocolate Honey Vanilla Frosting Caramel Sauce

> Toppings: Cheerios Cereal M&Ms Sprinkles Shredded Coconut Cookie Crumbles





#### Directions:

- 1. Slice an apple into 6 wedges don't forget to cut out the core!
- 2. Poke a lollipop stick into the base of an apple wedge. This makes the base of your pop.
  - 3. Dip the apple pop into one of your dips.
- 4. Sprinkle the toppings on to the dipped apple.
- 5. Make a plate full with different dip / topping combinations!



#### APPLE ODE BORS

https://mayihavethatrecipe.com/apple-oat-bars/

Treat your loved ones to these buttery, super comforting apple oat bars. They will love you for it (even more so than they already do). Vegan and gluten-free!

Ingredients for the Apples: 1 tbsp coconut oil 4 medium apples, peeled, cored & diced 2/3 c brown cugar jucie of 1 lemon 1/2 tsp cinnamon

Ingredients for the Crust: 1 c rolled oats 1 c all-purpose flour (or gluten free 1-to-1 baking flour) 1 c almond meal 1/2 c brown sugar 1/2 tsp cinnamon (optional) 1/4 tsp salt 2/3 c coconut oil, at room temp.

#### Directions:

- 1. Grease an 8x8 inch square baking dish (or line it with parchment paper) & pre-heat oven to 375F. 2. To prepare apples, melt coconut oil in skillet. Add apples & brown sugar, cook over medium heat for 10 mins, stirring often. Add lemon juice & cinnamon, continue cooking 3-4 mins, until tender & caramelized. Set aside to cook.
- 3. To prepare crust, combine oats, flour, almond meal, brown sugar, cinnamon (optional) & salt in med. bowl & mix well. Add coconut oil & work it in, using your hands, to form a crumbly dough.
- 4. Reserve 1/4 c dough, press remaining dough into baking dish. Add cooked apples & crumble reserved dough on top.
- 5. Bake for 35-40 mins, until top is golden brown. Let cool completely before cutting.





401 City Center Blvd. Newport News, VA 23606 757-930-1422

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### UJCVP Community September 2021 Calendar

#### Saturday, Aug. 28, 2021

7:30pm - Nosher Cooking Class: Instant Pot Brisket

#### Monday, Aug. 30, 2021

7:30pm - Nosher Cooking Class: Apple Babka

#### Wednesday, Sept. 1, 2021

11am-9pm - Glendale Pool 5pm - Rosh Hashanah in a Box 7:30pm - Nosher Cooking Class: Apple Cider Braised Chicken

#### Thursday, Sept. 2, 2021

10:45am - Grand Club 11am-8pm - Glendale Pool 7:30pm - Nosher Cooking Class: Syrian Leek Fritters

#### Friday, Sept. 3, 2021

11am-8pm - Glendale Pool

**Saturday, Sept. 4, 2021** 11am-9pm - Glendale Pool

#### Sunday, Sept. 5, 2021

11am - Cooking with Carmela: Challah Baking & PJ Storytime 1-8pm - Glendale Pool

#### Monday, Sept. 6, 2021

UJC CLOSED SARFAN CENTER CLOSED 1pm-8pm - Glendale Pool

#### Tuesday, Sept. 7, 2021

UJC CLOSED SARFAN CENTER CLOSED

#### Wednesday, Sept. 8, 2021

UJC CLOSED SARFAN CENTER CLOSED

#### Thursday, Sept. 9, 2021

10:45am - Grand Club

#### Sunday, Sept. 12, 2021

7:30pm - Nosher Cooking Class: Khoreshte Beh 8pm - Book Fest: Billie Jean King

#### Tuesday, Sept. 14, 2021

12pm - Grand Club To Go

#### Thursday, Sept. 16, 2021 UJC CLOSED

SARFAN CENTER CLOSED

#### Monday, Sept. 20, 2021

12pm - Grand Club To Go

#### Tuesday, Sept. 21, 2021

UJC CLOSED SARFAN CENTER CLOSED

#### Wednesday, Sept. 22, 2021

UJC CLOSED SARFAN CENTER CLOSED

#### Thursday, Sept. 23, 2021

10:45am - Grand Club 12:30pm - Flicks & Food: The Band's Visit 8pm - Book Fest: Chris Wallace

#### Sunday, Sept. 26, 2021

1pm - Dog Days of Summer: Bark Mitzvah

#### Monday, Sept. 27, 2021

12pm - Grand Club To Go

#### Tuesday, Sept. 28, 2021

UJC CLOSED SARFAN CENTER CLOSED

#### Wednesday, Sept. 29, 2021

UJC CLOSED

SARFAN CENTER CLOSED

#### Thursday, Sept. 30, 2021

10:45am - Grand Club

#### Tuesday, Oct. 5, 2021

12pm - Grand Club To Go 4pm - Hebrew School