

DTU



# The indoor environment in Danish classrooms and its association with pupil wellbeing and performance

Jørn Toftum

Department of Environmental and Resource Engineering  
Technical University of Denmark

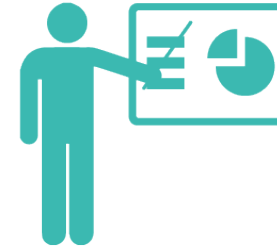
# Schools in Denmark



**1.289**  
**Schools**

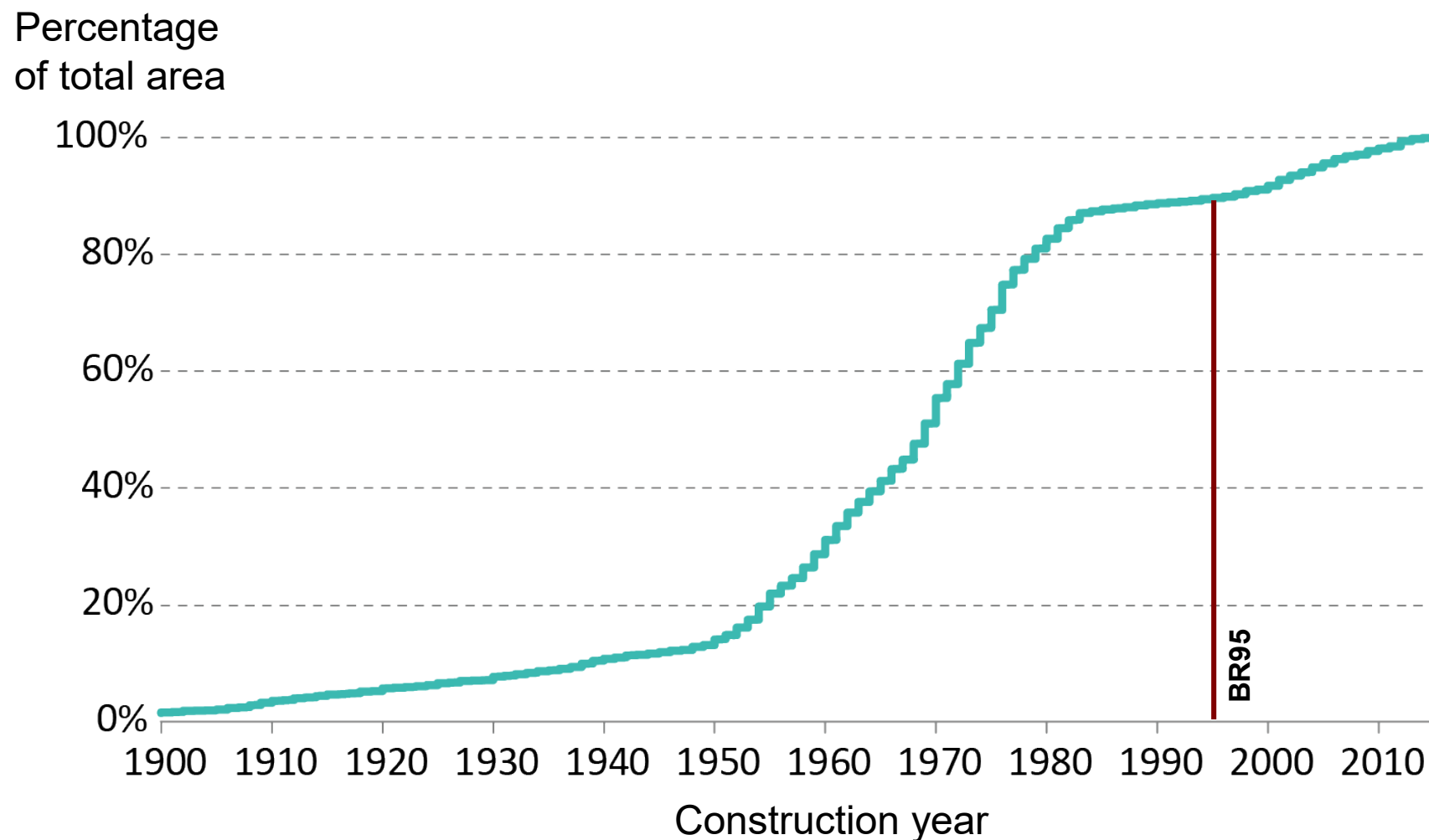


**537.097**  
**pupils**



**55.825**  
**teachers**

# School buildings in Denmark – construction year

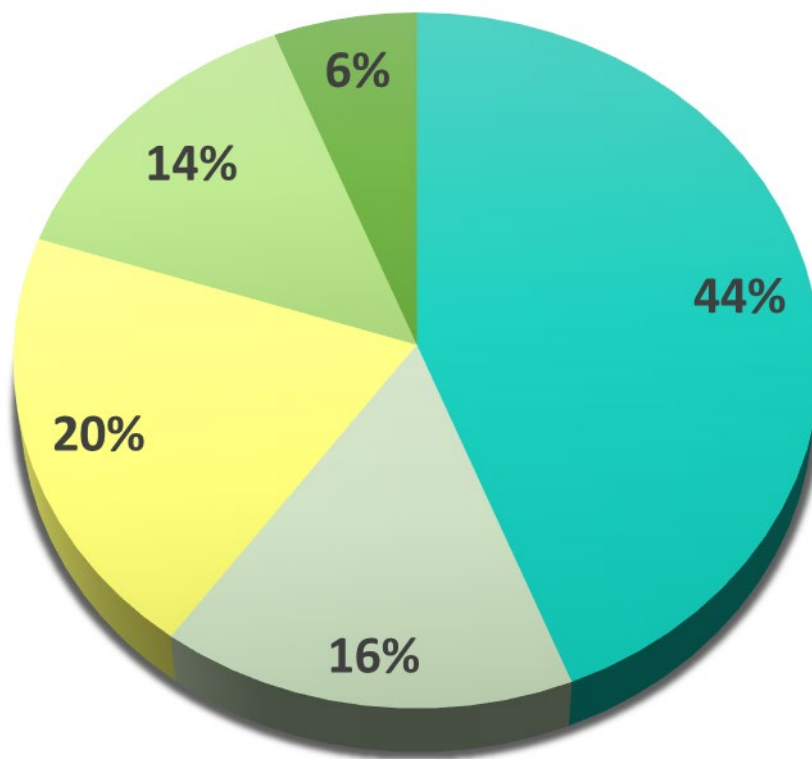


# IAQ in Danish schools (2009)

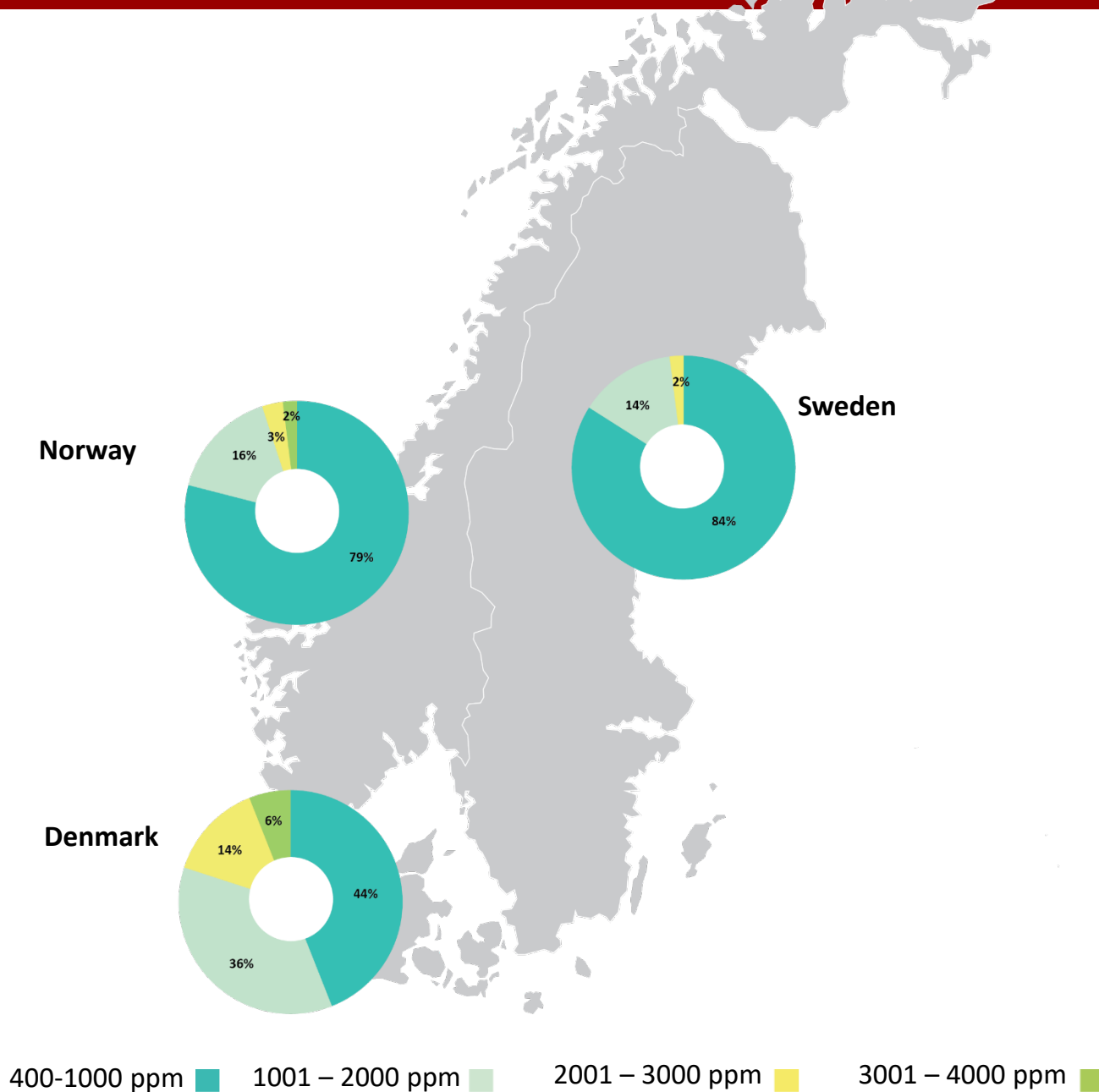
Spot measurements in classrooms in Denmark, Sweden and Norway  
(800 classrooms in Denmark)



# CO<sub>2</sub> concentration (2009)



400-1000 ppm    1001 – 1500 ppm    1501 – 2000 ppm    2001 – 3000 ppm    3001 – 4000 ppm



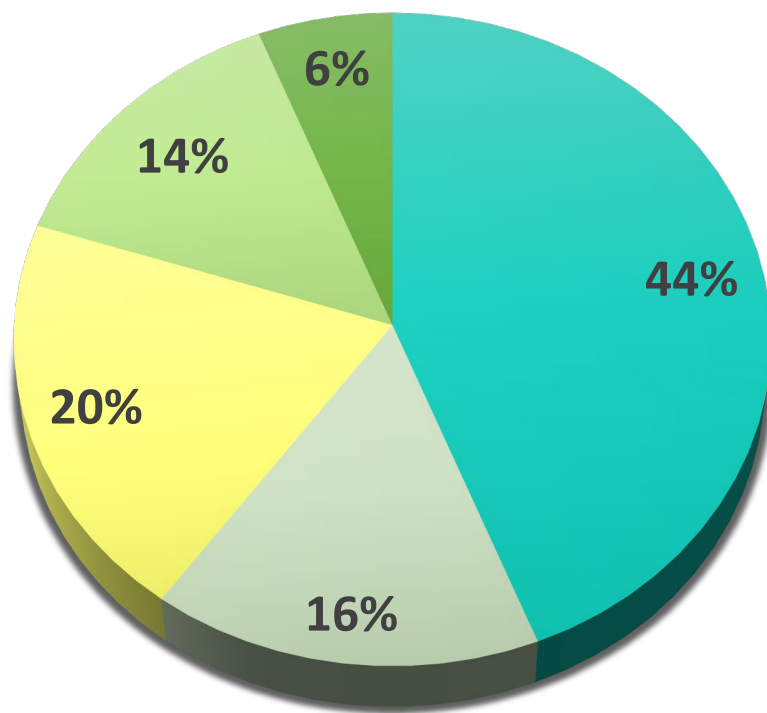
# IAQ in Danish schools – another round of measurements in 2014....



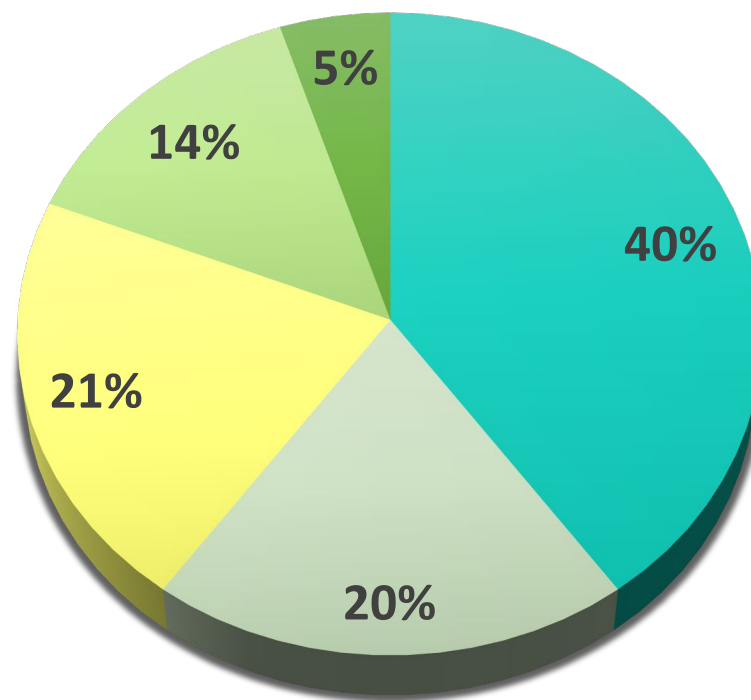


# CO<sub>2</sub> concentration

2009



2014



400-1000 ppm    1001 – 1500 ppm    1501 – 2000 ppm    2001 – 3000 ppm    3001 – 4000 ppm

A photograph of a classroom with students. In the foreground, a young woman with long red hair is smiling and looking towards the camera. Behind her, other students are visible, some with their arms raised. The text is overlaid on the left side of the image.

**\*masse  
eksperiment**

astra\*

## Aim of the experiment in 2021

To explore the effect on the indoor environment, pupil wellbeing and concentration performance of airing the classroom

**Indeklima og trivsel i  
undervisningsmiljøer**

Resultatrapport for  
Masseeksperiment 2021

masseeksperiment.dk

# Experimental design

Two experiment days in two successive weeks in November/December 2021:

## Day 1 or 8

Uninstructed behaviour. Classroom windows kept closed during the experiment lesson.

"As usual"

## Day 8 or 1

Pupils instructed to leave the classroom in the break prior to carrying out the measurements and carefully ventilate the room during the break. Classroom windows kept closed during the experiment lesson.

"With airing"

The order or the two behaviour patterns was randomly balanced between classes

# Study components

At classroom level:

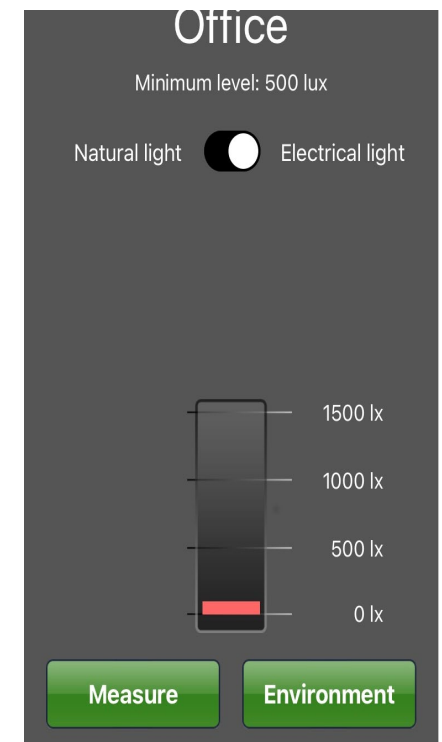
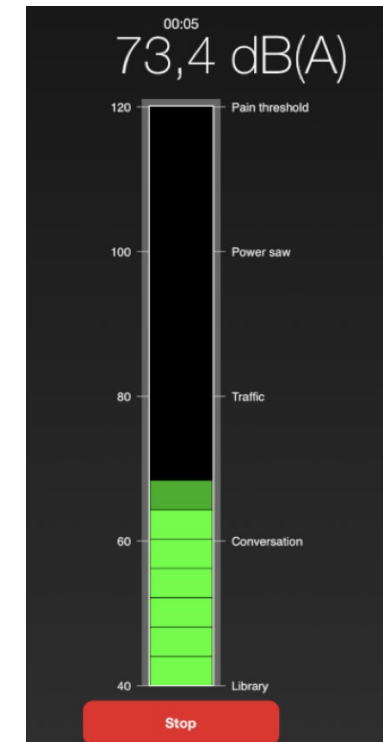
- Measurement of indoor environment parameters
- Building checklist

At pupil level:

- A here-and-now, online survey of pupil perceptions and symptoms
- An online task to measure pupil concentration performance

# Measurements

- Air quality (CO<sub>2</sub>)
- Temperature (radiant, air)
- Lighting (illumination)
- Noise (SPL, reverberation time)



# Pupil perceptions, symptoms and concentration

How do you feel the classroom right now?

It is too cold



It is not too cold

Back

Next

Right now, do you feel you have

Headache

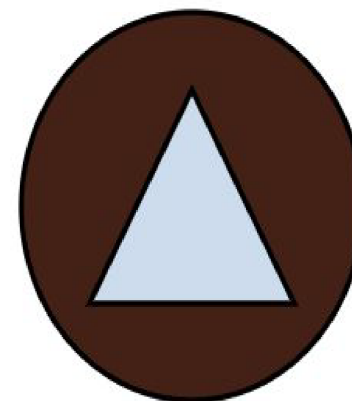


No headache

Back

Next

The triangle is smaller than the circle



True

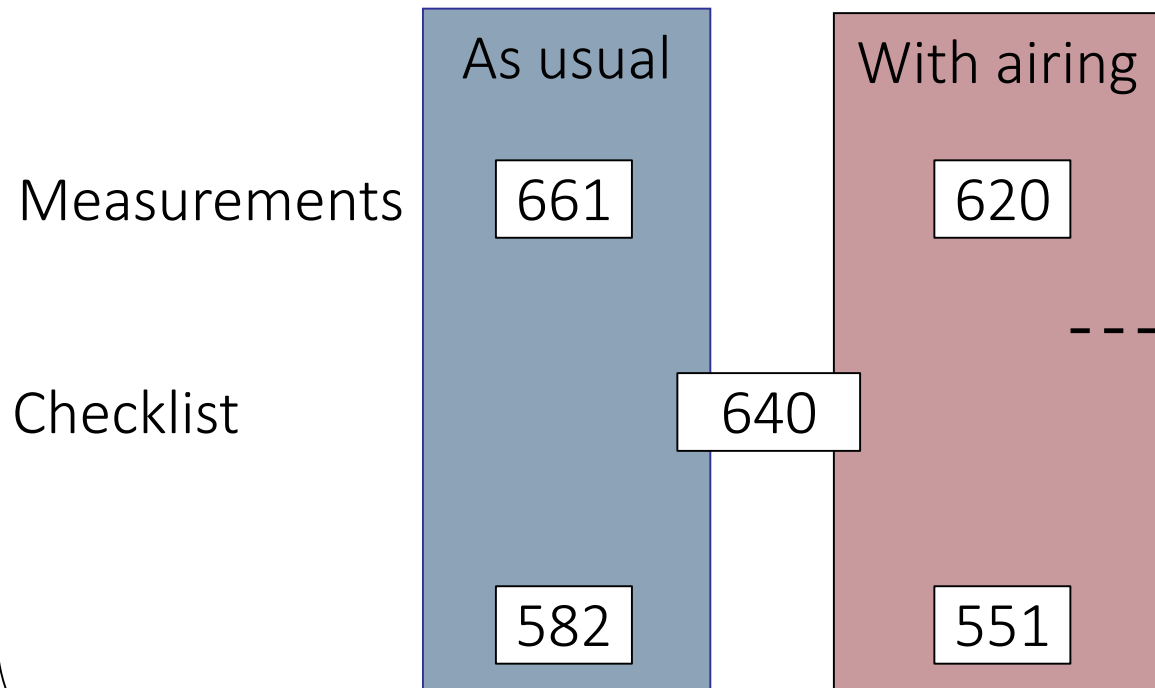
False

Back

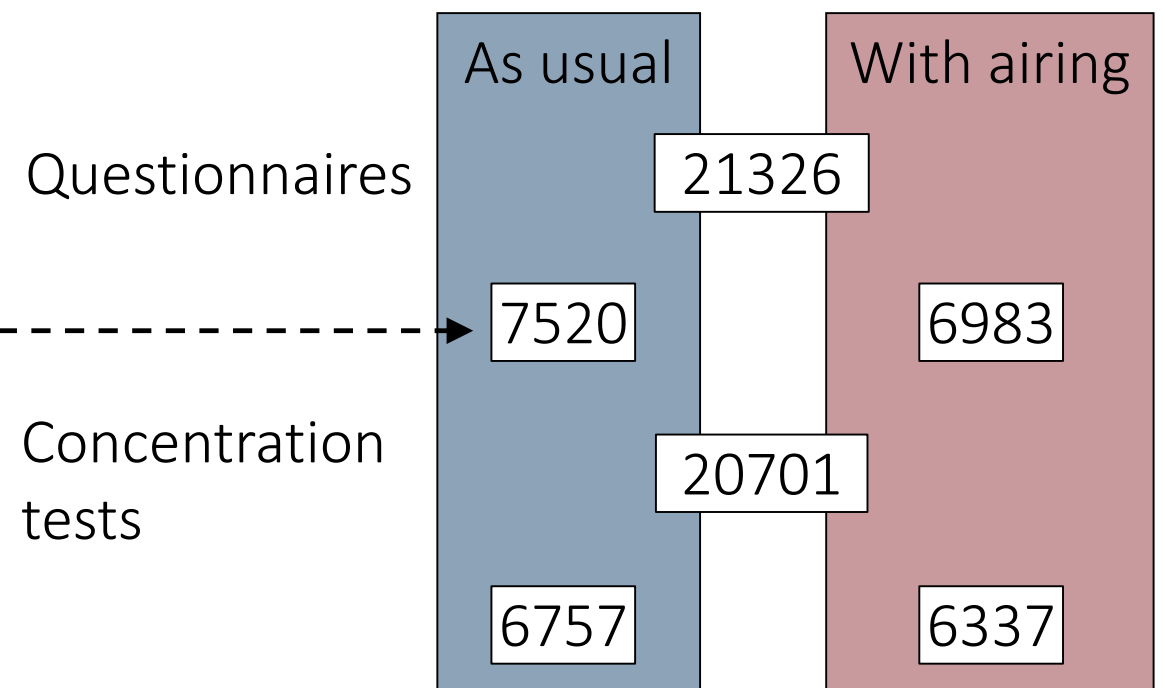
Next

# Data processing

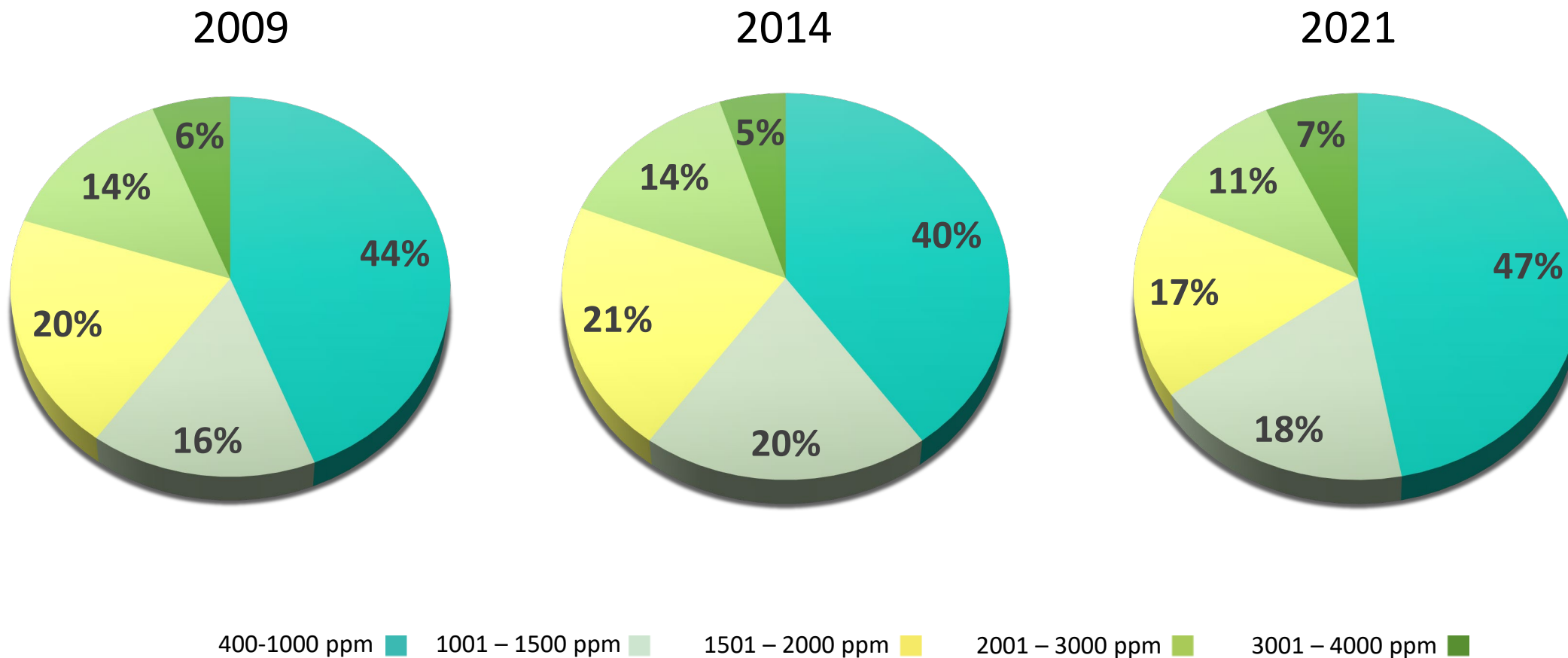
## Classes



## Pupils



# CO<sub>2</sub> concentration

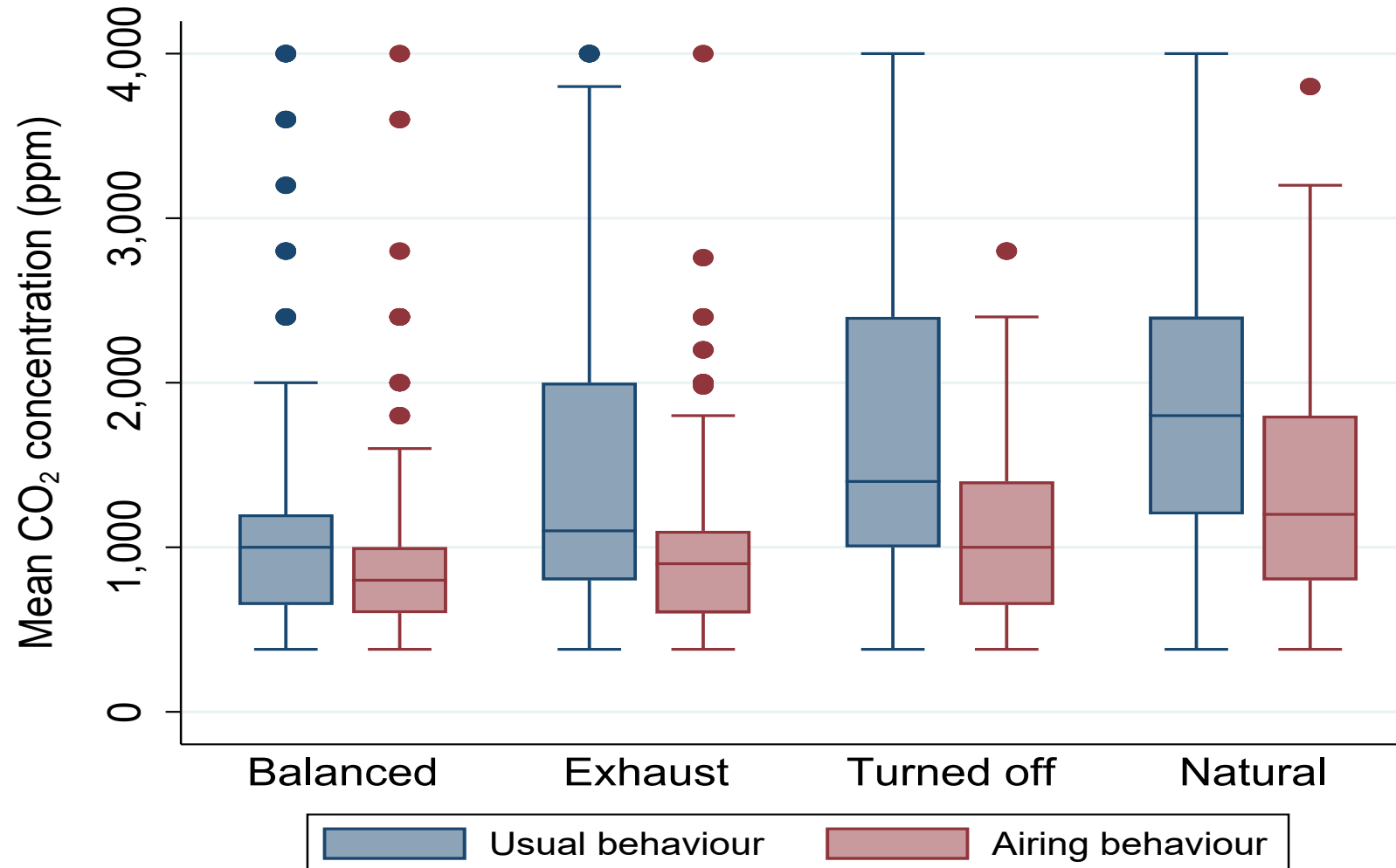




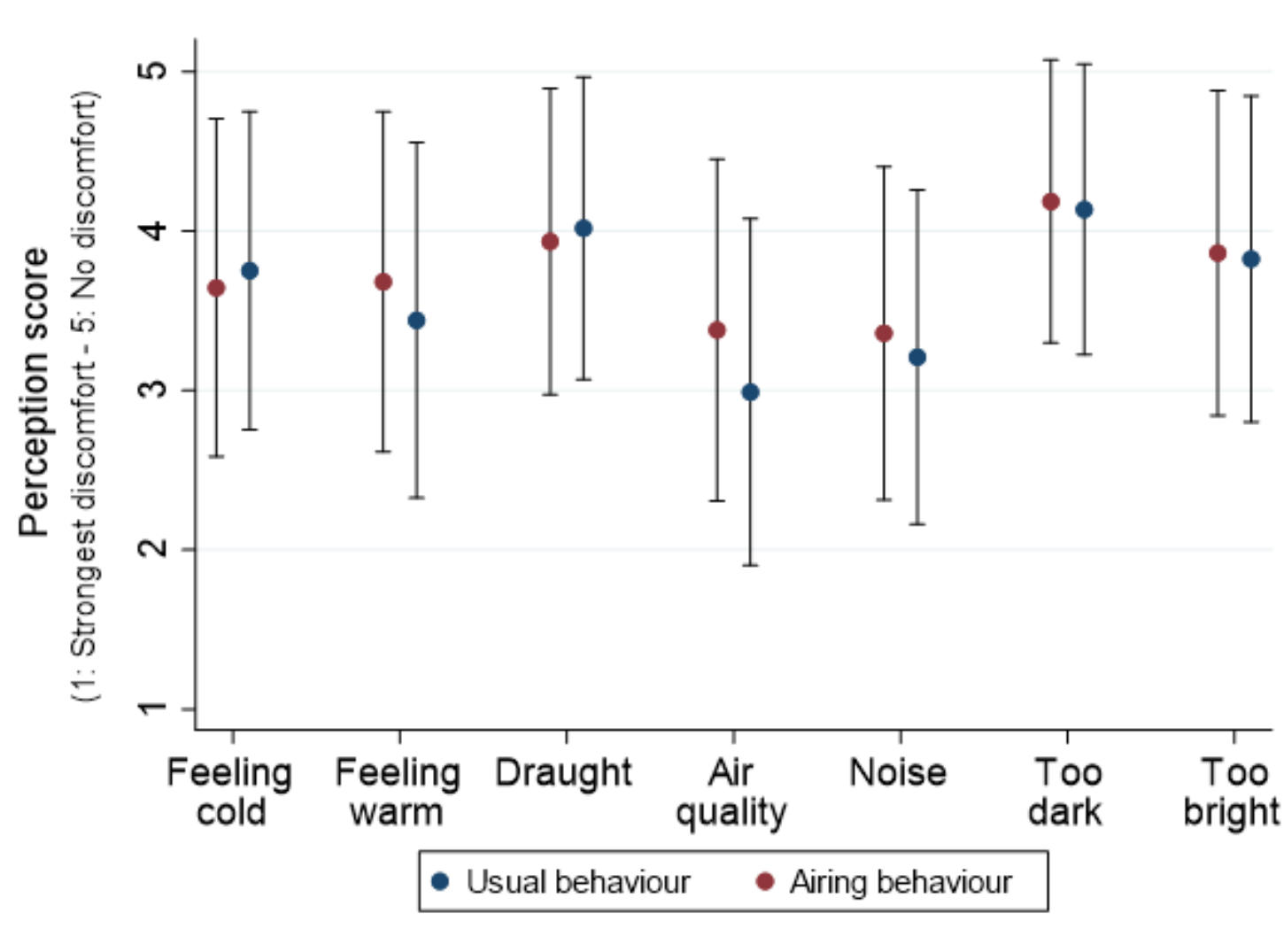
# Type of ventilation

	2021	2014	2009
No mechanical ventilation	<del>41%</del> 47%	42%	52%
Mech vent installed, not running	14%		
Exhaust	21%	22%	18%
Balanced	38%	36%	30%

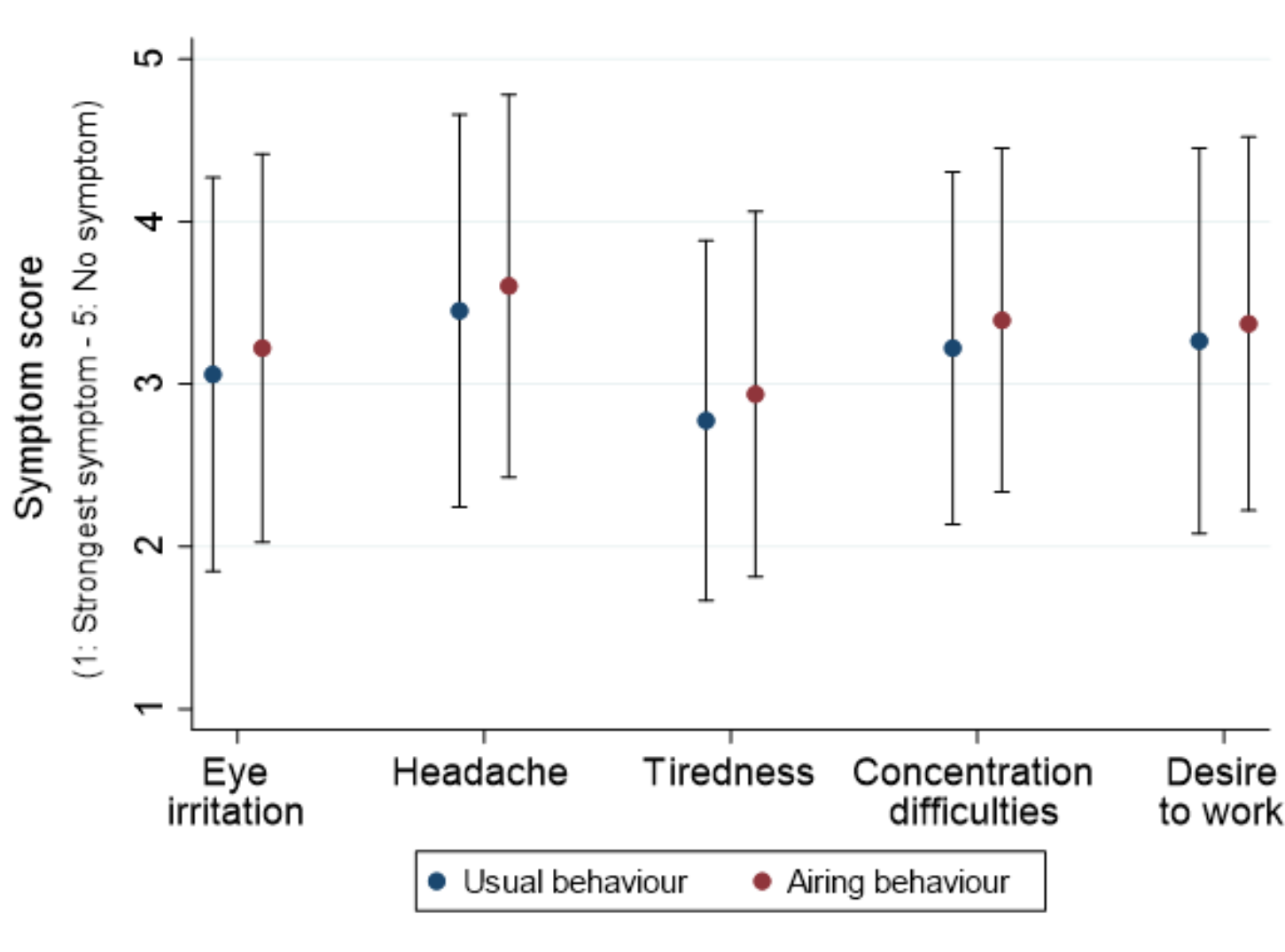
# Classroom CO<sub>2</sub>-concentration



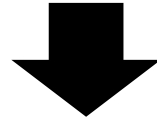
# Pupils' perception of their classroom environment



# Pupils' symptoms



# Concentration test error count



Airing vs usual behavior  
- 6% fewer errors



High vs lower elementary school  
- 42% fewer errors



Girls vs boys  
- 20% fewer errors

## The end.....

Airing and leaving the classroom during a break...

- Improved the air quality as quantified by the CO<sub>2</sub>-concentration
- Improved pupils' perception of the classroom environment
- Improved pupils' building related symptoms
- Reduced the number of errors in a concentration test by 6%