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# Environmental quality in sixty primary school classrooms in London

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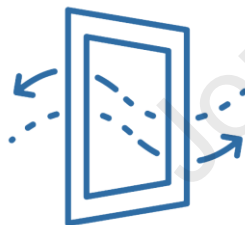
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## Graphical abstract

### Improve Ventilation



Dual ventilation reduced the  $PM_{10}$  concentration by ~30%

### Reduce Occupancy



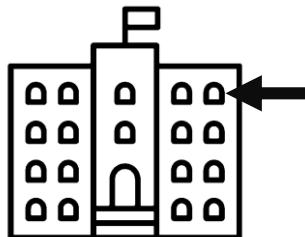
High occupancy increased  $CO_2$  (140%) and  $PM_{10}$  (150%)

### Clean Hard Flooring



Regular sweeping of wooden flooring would reduce dust resuspension and high  $PM_{10}$  levels.

### Higher-up Classrooms



Classrooms on lower levels had highest  $PM_{2.5}/PM_{10}$  ratio due to fine particles ingress from traffic.

### Large Classrooms



Large classrooms had 2.5-times the ventilation rates of smaller classrooms.



**12 Abstract**

13 Poor environmental quality in school classrooms can have a detrimental impact on children's  
14 health, nevertheless, the association between air pollutants and physical features of classrooms is  
15 poorly understood. We monitored particulate matter (PM), carbon dioxide (CO<sub>2</sub>) and thermal  
16 comfort in sixty classrooms across ten London primary schools using similar equipment to produce  
17 a comparable dataset. The overall research objective was to understand the association of  
18 classroom air quality with occupancy levels, floor types, classroom locations, classroom volume,  
19 ventilation types and different year groups. Average in-classroom PM<sub>10</sub> (29±20), PM<sub>2.5</sub> (10±2) and  
20 PM<sub>1</sub> (5±2 µg m<sup>-3</sup>) during occupied hours were ~150% (PM<sub>10</sub>) and 110% (PM<sub>2.5</sub>) higher compared  
21 to non-occupied hours. PM<sub>10</sub> concentration was reduced by 30% for dual (mechanical+natural)  
22 compared to natural ventilation only; the corresponding reduction was slightly lower for PM<sub>2.5</sub>  
23 (28%) and PM<sub>1</sub> (20%). PM<sub>10</sub> almost doubled for wooden floored classrooms compared with those  
24 having carpets. During high occupancy (>26 occupants), the average CO<sub>2</sub> (935±453 ppm) was  
25 ~140% higher than non-occupancy. The average CO<sub>2</sub> in classrooms occupied by younger children  
26 (reception and year one) was ~190% higher than those with older children (years eight and nine).  
27 68% of classrooms exceeded the recommended levels of 40% relative humidity. Low PM<sub>10</sub>  
28 concentrations coincided with low CO<sub>2</sub> concentrations in classrooms across all schools. These  
29 findings highlight the importance of simultaneously addressing both thermal comfort and the  
30 resuspension of PM<sub>10</sub> to achieve comprehensive improvements in classroom air quality. Classroom  
31 settings where indoor environment is likely to be compromised can also be identified and  
32 addressed.

33 **Keywords:** Indoor air quality; CO<sub>2</sub>; PM<sub>10</sub>; Thermal comfort; Ventilation rates; UK schools

## 34 1. Introduction

35       Around 30% of a child's time is spent at school, and 70% of that time is spent inside  
36 classrooms [1]. In many countries, children are mandated to attend school for a significant portion  
37 of their day, for example, UK children aged four to sixteen must receive full-time education, which  
38 typically takes place in classrooms [2]. In 2017, 7800 English schools were situated in areas with  
39 annual average concentrations of particulate matter  $\leq 2.5 \mu\text{m}$  (PM<sub>2.5</sub>) surpassing the World Health  
40 Organisation (WHO) recommended standard of  $5 \mu\text{g m}^{-3}$  [3, 4]. Substantial evidence has indicated  
41 that compromised indoor air quality (IAQ) and thermal discomfort negatively affects academic  
42 achievement, overall health, and well-being of both students and staff [1]. Furthermore, air  
43 pollution has been linked to adverse impacts on child lung development, increasing likelihood of  
44 respiratory infection, such as asthma [5]. Evidence suggests symptoms among asthmatic children  
45 are triggered when schools return after the summer holiday period where hospital admissions for  
46 asthma-related cases have been noted to peak in September [6] of the childhood population. In the  
47 UK, childhood asthma is more prevalent when compared with other European countries, ranging  
48 between 10.2% and 20.9% [6]. Since IAQ in classrooms has an evident impact on children's  
49 health, it is pivotal to thoroughly understand pollutant levels and thermal comfort and how they  
50 are impacted by classroom characteristics to provide a safe environment for children at schools.  
51 The WHO/European centre recently released a tool to support the protection of children's health  
52 from indoor air pollution in schools [7], following a literature review on children's health outcomes  
53 related to exposure to indoor air pollution in public settings [4].

54 Assessing the air quality in classrooms across the UK has become a topic of interest since the  
55 pandemic (Table S1), encouraging the UK's Department for Education to deploy CO<sub>2</sub> monitors in  
56 late 2021; however, monitors only display air quality parameters in rooms but do not record the

57 data [2]. For example, Hama et al. [8] monitored particulate matter (PM), CO<sub>2</sub> and thermal comfort  
58 across five London schools over the winter season. Results indicated that the average PM<sub>10</sub> for  
59 occupied classrooms was 230% higher than non-occupied classrooms. Another air pollution  
60 monitoring campaign was conducted inside and outside three London schools to investigate the  
61 impacts of different reduction interventions including green screens, air purifiers and traffic control  
62 [9]. They found that PM concentrations dropped by 44% owing to a green display along the fences  
63 of playgrounds. In addition, installing air purifiers in a classroom reduced PM levels by about  
64 57%. In a separate study concerned with thermal comfort [6], the majority of eight studied  
65 classrooms experienced overheating during 40% of school hours and PM<sub>2.5</sub> exceeded 20 µg m<sup>-3</sup>  
66 when heating was used. This was also higher than 10 µg m<sup>-3</sup> during the non-heating season, both  
67 exceeding recommended health guidelines. However, existing research thus far focuses on a few  
68 parameters across a limited number of classrooms over a certain timeframe. Thus, there is a need  
69 for more wide-scale and consistent research efforts that would allow for coherent analysis and  
70 reliable recommendations to be adopted as nationwide guidelines across schools.

71 Existing exposure studies within classrooms in England focus on a specific parameter or a certain  
72 school. Studies are also based on short-duration campaigns and inconsistent sampling methods  
73 that limit the opportunity to draw city-scale conclusions and recommendations. An overview of  
74 earlier research in this field of study indicated a lack of adoption of a holistic approach in the  
75 investigation of in-classroom pollutant levels and thermal comfort across various schools in  
76 England (see Table S1). Hence, the study attempts to address the gap by measuring concentrations  
77 of CO<sub>2</sub> and particulate matter (PM<sub>1</sub>, PM<sub>10</sub> and PM<sub>2.5</sub>), thermal comfort, air changes per hour (ACH)  
78 and ventilation rates (VRs) using a consistent methodology and an extensive set of data drawn  
79 from ten schools over eight months. The study also investigates several classroom and occupant

80 characteristics to investigate the different aspects that impact classroom air quality. This could  
81 inform relevant and reliable recommendations to vary these surrounding conditions to improve  
82 IAQ. In order to build an understanding of factors and decisions that impact the classroom  
83 microenvironment and children's health, the objective is to study the variations in IAQ and thermal  
84 parameters against classroom characteristics. These include occupancy, the volume of classrooms,  
85 specific types of ventilation, floor type, floor level and year group. Furthermore, this study is part  
86 of the CO-TRACE project, which has fueled the nationwide Schools' Air Quality Monitoring for  
87 Health and Education (SAMHE) programme. SAMHE brings together scientists, pupils and  
88 teachers to establish a network of low-cost air quality sensors in schools across the UK, to generate  
89 a wider dataset to support researchers in better understanding IAQ schools [10, 11]. The impact of  
90 this study is reflected in both its conclusions and nationwide reach to provide a safer environment  
91 for children.

## 92 **2. Methodology**

### 93 **2.1 Study area**

94 A total of 10 schools (denoted using the prefix S) in England took part in this study,  
95 including 8 primary and 2 secondary schools. Six locations (denoted using the prefix L) in every  
96 school were monitored. School locations are shown in Figure S1, with S8L4 representing location  
97 4 in school 8. All schools were in urban areas except for S10 which was located in a semi-urban  
98 area. Schools were monitored from March to November 2021, when average temperature and  
99 relative humidity were  $14.1 \pm 5.3^\circ\text{C}$  and  $72 \pm 14\%$ , respectively (UK, Met Office). Each school has  
100 continuous data for two weeks, including two weekends, to capture the non-occupancy periods.

## 101 2.2 Characteristics of studied classrooms

102 A total of 60 locations were monitored. From these, 86.7% of the classrooms (52) had  
103 natural ventilation, through skylight, window and door openings, 6.7% (4) had mechanical  
104 ventilation to circulate air and 6.7% (4) used both natural and mechanical means of ventilation  
105 (Table 1). Following previous works [8], classrooms were categorised into six groups of ventilation  
106 denoted using the prefix T: T1 –Natural ventilation (NV) with over 4 metre high ceilings and  
107 adjustable windows; T2 - NV with 3 to 4 metres of medium ceilings and single side ventilation  
108 with restricted opening choices; T3 - Similar to T2 but utilising cross ventilation; T4 - NV with  
109 one side ventilation and less than 3 meters low ceilings; T5 –Mechanical ventilation (MV); T6 -  
110 Dual ventilation (DVnm; natural+mechanical). In all schools examined, classrooms adhere to a  
111 daily cleaning regimen, being cleaned either before or after school hours according to a  
112 predetermined schedule. Furthermore, the monitored classrooms' volume and surface area varied  
113 from 109 to 1396 m<sup>3</sup> and 33.3 to 558.4 m<sup>2</sup>, respectively. Regarding the location of classrooms,  
114 58.3% (a total of 35 classrooms), 33.3% (20) and 8.3% (5) were situated on ground floor, first  
115 floor, and second or higher. Basement levels were neglected, meaning that floor level gives a  
116 generalised measure of distance from the ground, ignoring differences in floor to ceiling height,  
117 sloped ground and split floor levels. 70% (42) of the classes had carpet floors, 28.3% (17) had  
118 vinyl and 3.3% (2) had wooden floors. Windows in each class ranged between 0 and 14 windows,  
119 with doors ranging from 1 to 8. In addition, 61.7% (37) of the classrooms were located near (less  
120 than 100 m) busy roads, and 40% (24) were located far from busy traffic lanes. Class occupancies  
121 ranged between 23 and 63 individuals with teachers per class ranging between 1 and 7 while the  
122 rest were children. Classes hosted children between Year 1 and Year 9. All location activities fell

123 under academic and/or sciences while only one classroom in school 8 (S8L1) was dedicated to  
124 painting. Teaching aids used were whiteboard and screen across all classrooms.

### 125 **2.3 Instrumentation, data collection and quality assurance**

126 Six classrooms were simultaneously monitored in each school using a set-up that consisted  
127 of a Q-TRAK (model 7575; TSI Inc. for CO<sub>2</sub>, temperature and humidity) and an OPC-N3 (different  
128 sizes of aerosol). According to the calibration sheet, the CO<sub>2</sub> monitors have an accuracy of  $\pm 3\%$   
129 or  $\pm 50$  ppm, whichever is higher, and can measure CO<sub>2</sub> (range of 0-5000 ppm). The temperature  
130 accuracy ( $-10$  to  $60^{\circ}\text{C}$ ) and RH ( $-5$  to  $95\%$ ) were found to be within  $\pm 0.5^{\circ}\text{C}$  and  $\pm 3\%$ , respectively.  
131 The air change rate and ventilation condition were estimated for each location using CO<sub>2</sub> levels,  
132 which are considered indicators of ventilation conditions. In addition, optical aerosol monitors  
133 (OPC-N3, Alphasense) were used to measure different size of PM along with a total particle  
134 number in the size range of  $0.35$  to  $40\ \mu\text{m}$ . The instruments were either newly purchased (PM) or  
135 factory fully calibrated (for example CO<sub>2</sub> monitors) prior to starting the monitoring campaign. The  
136 field campaign took place between March and November 2021. During this period, there was a  
137 phased re-opening of primary and secondary schools in March 2021 following an extended  
138 COVID-19 lockdown, followed by a growing number of classes having to self-isolate due to Delta  
139 variant in June-July 2023 [12]. Despite this upheaval, a considerable dataset has been acquired, to  
140 derive coherent conclusions and recommendations to provide a safer and healthier environment  
141 for children at school. To ensure the accuracy of the collected data, co-location measurements were  
142 conducted for two days (one before starting and one another after the completion of the campaign),  
143 using a research grade aerosol spectrometer (GRIMM 11-C). During the colocation measurements,  
144 all aerosol monitors were placed together with GRIMM in controlled laboratory conditions. In this  
145 setup, a nebulizer was used as a source to produce aerosols of various sizes composed of a sodium  
146 chloride solution (1% by weight) [13, 14]. To compare the concentration values, the data was



147 recorded every minute. Among all aerosol monitors used in the study the high Pearson correlation  
148 coefficient ( $r$ ) was found between GRIMM and aerosol monitor indicated high correlation, which  
149 the  $r$  values were higher than 0.96, 0.91, and 0.88 for PM<sub>1.0</sub>, PM<sub>2.5</sub>, and PM<sub>10</sub>, The Pearson  
150 correlation ( $r$ ) between GRIMM and OPC-N3 was more than 0.96, 0.91, and 0.88 for PM<sub>1.0</sub>, PM<sub>2.5</sub>,  
151 and PM<sub>10</sub>, indicating strong agreement across all aerosol monitors used in the study (SI Figure S2).  
152 Additionally, the correlation between PM<sub>1.0</sub>, PM<sub>2.5</sub>, and PM<sub>10</sub> among the OPC-N3 was higher than  
153 0.98, 0.97, and 0.96. Nevertheless, during the collocation, the average aerosol concentrations  
154 reported by all OPC-N3 monitors were lower than the average aerosol concentrations measured  
155 by GRIMM. For example, the measurement error of PM<sub>2.5</sub> concentrations monitored from each  
156 OPC-N3 was as much as 21% less than that of high-end GRIMM. To adjust for the errors of  
157 measurement, linear regression models were used [14]. When compared to high-end equipment,  
158 the errors by PM monitors were reduced to 3%, 4%, and 6% of measurement concentrations for  
159 PM<sub>1.0</sub>, PM<sub>2.5</sub>, and PM<sub>10</sub>, after using these models (SI Figure S3). Since factory-calibrated CO<sub>2</sub>  
160 monitors were used during monitoring, corrections were not required for CO<sub>2</sub> data. To reduce the  
161 measurement error of the CO<sub>2</sub> monitors of  $\pm 50$  ppm, the monitored data for each school was  
162 changed to reflect the offsets of the detected CO<sub>2</sub> levels by each monitor from the averaged value  
163 of CO<sub>2</sub> in the midnight (01- 02:00am) [14].

#### 164 **2.4 Air exchange rates and ventilation rates**

165 The build-up method and the decay method were used to calculate ACH and VR values for  
166 all classrooms for each monitored school day during the first lesson/registration and after the last  
167 lesson, respectively. These methods (detailed in Canha et al. [15]) are based on a fully mixed mass  
168 balance model that uses CO<sub>2</sub> as a tracer gas in the indoor microenvironment. The number of  
169 students and teachers present during each analysed build-up event was recorded through the

170 teachers' log sheets. The teachers were requested to fill these log sheets so that the classroom  
 171 occupancy levels, as well as the open/closed status of the windows and doors, could be captured.  
 172 These data were recorded for each teaching period including registration, breaks and lunchtimes  
 173 during the monitored period. In the build-up method, ACH was estimated using Eq. (1), which  
 174 uses a midpoint CO<sub>2</sub> concentration (C<sub>m</sub>) between C<sub>0</sub> and C<sub>1</sub> [15], and Eq. (2), respectively.

175

$$176 \quad C_s = \left( \frac{C_m^2 - C_0 \times C_1}{2 \times C_m - C_0 - C_1} \right) \quad (1)$$

$$177 \quad A_B = \frac{1}{\Delta t \ln \left\{ \frac{(C_s - C_0)}{(C_s - C_1)} \right\}} \quad (2)$$

178 A<sub>B</sub> is the build-up ACH, Δt = time (hr) between C<sub>0</sub> and C<sub>1</sub> (ppm; CO<sub>2</sub> concentrations measured at  
 179 the start and end of the observation time window, respectively), and C<sub>s</sub> = estimated steady-state  
 180 CO<sub>2</sub> concentration for each monitored classroom. For the decay method, A<sub>D</sub> (air changes per hour  
 181 calculated using the decay method) was estimated using equation (3) using the monitored CO<sub>2</sub> data  
 182 after classroom hours, once the students had left the classroom until the CO<sub>2</sub> concentration (C<sub>B</sub>)  
 183 had reached background levels of around 400 ppm.

$$184 \quad A_D = \frac{1}{\Delta t \ln \left\{ \frac{(C_1 - C_B)}{(C_0 - C_B)} \right\}} \quad (3)$$

185

186 where C<sub>B</sub> represents the CO<sub>2</sub> in the replacing ambient. Furthermore, the VRs were calculated by  
 187 dividing the classroom's volume by the total number of occupants and then multiplying the result

188 by the calculated ACH. For data analysis, our study assumed constant ACH and VRs throughout  
189 the day based on the average morning and evening data.

### 190 **3 Results and Discussion**

#### 191 **3.1 Characteristics of the classrooms**

192 The sixty classrooms monitored data were divided into different categories: ventilation  
193 conditions, floor level and type, classroom volume, occupancy and year group. 21.3%, 19.7%,  
194 9.8%, 34.4%, 8.2% and 6.6% of the classrooms belonged to specific types of ventilation T1, T2,  
195 T3, T4 (NV), T5 (MV) and T6 (DVmn), respectively (Figure 1). The volume averaged 209 m<sup>3</sup>,  
196 with a median of 69 m<sup>3</sup>) where 67.2% of the classroom belonged to V1 group (100-200), 27.9%  
197 for V2 (200-300) and 4.9% for V3 (>300) m<sup>3</sup> (Figure 1). Most classrooms (57.4%) were located  
198 at the ground level while, in terms of internal layout and activities 68.9% of the classrooms had  
199 carpet flooring (Figure 1). The average occupancy was 31 persons per classroom. For better  
200 understanding, classroom occupancy has been divided into three groups: zero occupancy, low (up  
201 to four occupants), and high occupancy (26–63 occupants). The study examined these classroom  
202 characteristics to explore their influence on the fluctuations in the PM (Section 3.2), PM<sub>2.5</sub>/PM<sub>10</sub>  
203 ratio (3.3), CO<sub>2</sub> levels (Section 3.4), relative humidity and temperature (Section 3.5) and  
204 ventilation (Section 3.6).

#### 205 **3.2 PM concentrations**

206 During classroom hours, average PM<sub>1.0</sub> and PM<sub>2.5</sub> with PM<sub>10</sub> concentrations were 5.0±1,  
207 10.0±3 and 24±6 µg/m<sup>3</sup> (Table S2), respectively. As anticipated, PM<sub>10</sub> exhibited the highest (24±6  
208 µg/m<sup>3</sup>) owing to resuspension of particles caused by the movement of students and teachers as  
209 well as certain classroom activities such as crafts [14]. The highest PM<sub>10</sub> range of 24-46 µg m<sup>-3</sup>  
210 was found in S8, while S2 experienced the lowest (13-25) (Figure 2a). The PM<sub>10</sub> result (averaging

211  $\sim 25 \mu\text{g m}^{-3}$ ) are relatively higher than for previous school studies in England [9]. The smaller  
212 particle ( $\text{PM}_1$  and  $\text{PM}_{2.5}$ ) concentrations were lower than  $\text{PM}_{10}$  during classroom hours, being  
213 linked to external sources like emissions from vehicles and combustion processes [16, 17, 18].

214 The highest  $\text{PM}_{10}$  was found in classrooms with medium ceiling height and cross ventilation (T3,  
215  $\text{PM}_{10} \sim 34$ ), followed by the high ceiling (T1,  $24 \mu\text{g m}^{-3}$ ), single-sided ventilation types (T4,  $23 \mu\text{g}$   
216  $\text{m}^{-3}$ ) and medium ceiling height and single side ventilation (T2,  $20 \mu\text{g m}^{-3}$ ). In reference to the  
217 broad ventilation categories (Figure 2c), the  $\text{PM}_{10}$  concentrations varied as follows: NV (23) > MV  
218 (20) >  $\text{DV}_{\text{mn}}$  ( $16 \mu\text{g m}^{-3}$ ).  $\text{PM}_{2.5}$  concentration exhibited the same profile as the  $\text{PM}_{10}$  where NV  
219 showed the highest, and  $\text{DV}_{\text{mn}}$  showed the lowest (Figures S4c and S5c). In addition, the overall  
220 decrease in  $\text{PM}_{10}$  achieved through dual ventilation (30%) surpassed the reductions observed for  
221 the  $\text{PM}_{2.5}$  (28%) and  $\text{PM}_{1.0}$  (20%) compared to NV.

222 With regards to classroom volumes, the average  $\text{PM}_{10}$  concentrations were  $22 \pm 18$  (V1),  $24 \pm 19$   
223 (V2) and  $18 \pm 13$  (V3)  $\mu\text{g m}^{-3}$  (Figure 2d), where large-volume classrooms ( $>300 \text{ m}^3$ ) were  
224 associated with lower  $\text{PM}_{10}$ , but low variations across different classroom sizes were observed for  
225  $\text{PM}_1$  and  $\text{PM}_{2.5}$  (Figures S4d and 5d).  $\text{PM}_{10}$  concentrations were  $22 \pm 17$  (ground),  $21 \pm 17$  (first),  
226  $36 \pm 28$  (second) and  $24 \pm 18$  (third floor)  $\mu\text{g m}^{-3}$  (Figure 2e and Table S3).  $\text{PM}_{2.5}$  exhibited a similar  
227 profile as  $\text{PM}_{10}$  (Figures S4e and S5e), where the second floor showed the highest average  $\text{PM}_{2.5}$   
228 and  $\text{PM}_1$  of 12 and  $10 \mu\text{g m}^{-3}$  (Tables S4 and S5). Owing to the effect of other factors, for instance,  
229 the low number and volume of classrooms located on the second floor (Table 1) show that the PM  
230 vertical profile could be independent of the height of the building. However, due to site differences  
231 such as slope profile and design differences such as split levels and differing floor to ceiling  
232 heights, floor location is likely to be defined differently from school to school.

233 In regards to the floor type (Figures 2f, S4f and S5f), average PM<sub>10</sub> experienced the highest (43±30  
234 17 µg/m<sup>3</sup>) for wood, while the lowest (22±18 and 22±17) for carpet and vinyl. PM<sub>2.5</sub> (PM<sub>1.0</sub>)  
235 concentrations were 10±3 (5±2), 10±3(5±2) and 11±3 (5±1) µg m<sup>-3</sup> for carpet, vinyl and wooden  
236 (Table S4 and S5), respectively. Classroom PM concentrations were highest in classrooms with  
237 wooden flooring (hard floors), while those with carpeted floors (soft floors) had the lowest PM  
238 concentrations. This may be connected to the elevated resuspension of particles from hard floors  
239 [8, 19, 20]. According to earlier research, wood and carpeted floors had a PM<sub>10</sub> resuspension rate  
240 that was around ~2.5 times greater than PM<sub>2.5</sub> [21]. Additionally, You and Wan (2015) stated that  
241 for both carpet and vinyl floor types, the PM<sub>10</sub> resuspension rate was 3- and 3.5-times lower at low  
242 humidity levels (RH = 41%) than it was under medium (63%) and high (82%) RH levels.

243 Compared to periods of zero occupancy, the average PM<sub>10</sub> was around 152% higher for high  
244 occupancy (Figure 2g and Table S3). These results were consistent with earlier research conducted  
245 in UK schools [8, 9, 14] and elsewhere [21, 22]. The PM<sub>2.5</sub> and PM<sub>1</sub> concentrations showed quite  
246 low during different occupancy levels (5-10 µg m<sup>-3</sup>) (Figures S4g and S5g), indicating an almost  
247 negligible impact of occupancy. Unlike PM<sub>10</sub>, PM<sub>2.5</sub> and PM<sub>1</sub> primarily occur from traffic  
248 emissions and combustion and hence were not significantly affected by occupancy level.

249 Figure 2i depicts the average PM<sub>10</sub> concentration for all year groups. The highest PM<sub>10</sub> was found  
250 in year four (29±23 µg m<sup>-3</sup>), followed by year six (28±23) and year one (26±16), while years eight  
251 and seven showed the lowest (15±10 and 16±14 µg m<sup>-3</sup>, respectively) (Table S3). While there is a  
252 general decline from younger to older age groups, the largest drop appears to occur between years  
253 6 and 7 resulting in two separate groupings of high PM<sub>10</sub> for years 0-6 and lower PM<sub>10</sub> for years  
254 7-9. While factors such as ventilation may have played a role, these results could be linked to  
255 occupants' movements and activities as younger children are more active and hence could lead to

256 more resuspension of particles from the floor surfaces [14]. The highest average PM<sub>2.5</sub>  
257 concentration ( $11 \pm 2 \mu\text{g m}^{-3}$ ) was found in the reception group (shows “0” in Figure S4i), while the  
258 lowest was in year nine ( $7 \pm 2 \mu\text{g m}^{-3}$ ). The average PM<sub>1</sub> concentrations ranged between 4-6  $\mu\text{g m}^{-3}$   
259 <sup>3</sup> for all year groups. Since these fine particles are the product of combustion, further investigations  
260 are needed to explain the higher concentrations for younger age groups.

261 According to the above findings, ventilation type appeared to have the greatest impact on PM  
262 concentrations, where dual ventilation in particular had a substantial impact on lowering coarse  
263 particles. During classroom hours, PM<sub>10</sub> concentration was obviously impacted by the occupancy  
264 level, but there was no such clear trend for PM<sub>2.5</sub> and PM<sub>1</sub>. The type of flooring also has an impact  
265 on PM concentrations; both wooden and vinyl floors were linked to higher particle levels across  
266 the classroom.

### 267 **3.3 In-classroom PM<sub>2.5</sub>/PM<sub>10</sub> ratio**

268 The majority of coarse PM observed in classrooms are resuspended or generated by a  
269 variety of student (or teacher)-led activities including walking and playing. Finer fractions of PM  
270 could be ingress from outside and the activities such as sketching, and colouring. We examined  
271 the PM<sub>2.5</sub>/PM<sub>10</sub> ratio (Figure 3) to understand the characteristics of fine and coarse particle sources  
272 inside classrooms and other influencing variables.

273 Despite the large variances in the different classroom categories and features, the coarse particles  
274 dominated (PM ratio <0.5) in 58% of the observed classes (Figure 3a). However, the rest of the  
275 classrooms had ratios higher than 0.6, suggesting a predominance of fine particles (PM ratio >0.5).  
276 In line with previous findings [8, 9], the ground-floor classrooms (S1, S7 and S9) had PM<sub>2.5</sub>/PM<sub>10</sub>

277 ratios exceeding 0.6, possibly due to the ingress of outside emissions from activities like traffic  
278 and other sources.

279 Ventilation conditions: T6 ( $DV_{mn}$ ) was associated with the highest average  $PM_{2.5}/PM_{10}$  (0.7), while  
280 T3 had the lowest (0.5) (NV, medium ceiling height with cross ventilation). Ventilation conditions:  
281 T1, T2 and T4 were all associated with the same ratio of 0.6.  $DV_{mn}$  showed the highest ratio (0.7),  
282 followed by MV (0.61), while NV showed the lowest (0.58) (Figure 3c) proving that dual  
283 ventilation is effective in classrooms owing to reducing coarse particles. This can also show that  
284 coarse-sized  $PM_{10}$ , produced by students and teacher activities as stated above, predominates in  
285 most classrooms, which is in line with earlier research for indoor conditions [9, 14].

286 Figure 3d shows  $PM_{2.5}/PM_{10}$  for different classroom sizes where larger classrooms ( $>300\text{ m}^3$ )  
287 showed the highest ratio (0.7), while the small and medium classrooms experienced similar ratios  
288 (0.6). This demonstrates that the ratio is not considerably affected by the size of the classroom,  
289 which is in line with the other research [8].

290 Figure 3e shows the ratio for the floor locations. The ground- and first-floor classrooms showed  
291 the highest average ratio (0.58 and 0.62) versus second/third floors (0.5), owing to the effects of  
292 outside ingress on fine particles as previously mentioned.

293 The carpet experienced the highest (0.6), while the wooden flooring showed the lowest (0.38)  
294 (Figure 3f). This suggests that the coarse PM, as discussed in Section 3.2, dominates hard floors,  
295 which is in line with other earlier studies in London (carpet had the highest ratio of 0.53) [8].

296 Figure 3g illustrates  $PM_{2.5}/PM_{10}$  for the different levels of occupancy. For zero occupancy, the  
297 ratio was the highest (0.67), while high occupancy showed the lowest (0.47) (Figure 3g). This

298 proves that increased occupancy led to higher PM<sub>10</sub> concentrations, which is aligned with studies  
299 conducted previously for schools in London [8, 9] and other works in Portugal [22, 23] and in  
300 Spain [24].

301 Years eight and nine showed the highest ratio (0.7 and 0.69, respectively), while the lowest were  
302 found in years four and six (0.51 and 0.52, respectively) (Figure 3i). This may be related to the  
303 movement and activities of children in classrooms, indicating that small children are more active  
304 and generate more dust from the floor surfaces, as we discussed in Section 3.2.

305 The ventilation specific type and types of floors both significantly impacted the PM ratio, whereas  
306 the DV<sub>mn</sub> significantly lowered PM<sub>10</sub> (coarse particles). The ratio was also impacted by various  
307 occupancy levels, whereas the highest ratio (0.67) for zero occupancy demonstrates that fine  
308 particles dominated classrooms with no students and teachers.

### 309 **3.4 CO<sub>2</sub> concentrations**

310  
311 The systematic review of studies examining the relationship between CO<sub>2</sub> and health  
312 effects confirmed that the existing guideline concentrations -  $\leq 1000$  ppm, 1000–1500 ppm and  
313  $>1500$  ppm - represent good, moderate and poor indoor air quality, respectively, is appropriate  
314 [25]. The review also highlighted the need for studies in schools to measure/report confounding  
315 variables such as temperature, relative humidity, and ventilation, in order to improve future  
316 investigations linking CO<sub>2</sub> and health. During classroom hours, the in-classroom CO<sub>2</sub>  
317 concentrations ranged from 464 to 2115 ppm (Table S6), with an average of  $809 \pm 283$  ppm where  
318 each classroom across all schools (Figure 4a) was considerably lower than the recommended  
319 threshold (1000 ppm). This is consistent with earlier studies performed in London, where average  
320 CO<sub>2</sub> ranges were 546-1263 ppm [9], and 500-1500 ppm [8], as well as in Swedish primary school



321 classrooms (520 ppm) [26]. However, levels observed in this study (809 ppm) averaged less than  
322 averages observed in European schools (1284 ppm in Baloch, et al. [27] and 1370 ppm in  
323 Szabados, et al. [28]), in Midwesterners (~1171 ppm in Haverien-Shahnessy et al. [29]), and  
324 Southwestern (~1780 ppm in Deng and Lau, [30]) US schools, and in France (~1229 ppm in  
325 Ramho, et al. [31]). In-classroom CO<sub>2</sub> can be influenced by ventilation (Figures 4b), classroom  
326 size (Figure 4d), floor location and types of floors (Figure 4e and Figure 4f), occupancy periods  
327 (Figure 4g) and year group (Figure 4i), as discussed below.

328 Figure 4b depicts the average in-classroom CO<sub>2</sub> levels for all six types of ventilation. T3 (NV)  
329 showed the highest CO<sub>2</sub> level (909±383 ppm), while T5 (MV) and T6 (dual, DV<sub>mn</sub>) showed the  
330 lowest (637 and 676 ppm, respectively). Generally (Figure 4c), NV showed the highest CO<sub>2</sub>  
331 concentration (801±414 ppm), while MV and dual (DV<sub>mn</sub>) showed lower levels (637±164 and  
332 676±229 ppm, respectively) (Table S7). This finding confirms the advantages of employing  
333 mechanical ventilation and opening windows and doors to improve ventilation [14].

334 Average CO<sub>2</sub> concentrations were 764±380, 836±454 and 812±300 ppm for V1, V2 and V3,  
335 respectively (Figure 4d). Although it is typical for smaller classrooms to have greater CO<sub>2</sub> levels,  
336 the reasons for this opposing trend may be caused by the relatively low number of 25 medium-  
337 (26±2) and 5 large-volume classrooms (31±12 occupants), making the comparison inconsistent.  
338 As smaller rooms often have greater ACH for the same air flow rate, this implies that the small  
339 (100-200 m<sup>3</sup>) classrooms can have led to lower CO<sub>2</sub> levels. Additionally, Kumar et al. [14]  
340 indicated that CO<sub>2</sub> could build up above ventilation vents in the high ceiling rooms (>225 cm).  
341 This finding is consistent with a prior London research that found that there were around 16 small-  
342 sized and 2 large-sized classrooms [8].

343 In regard to the impact of floor levels and types (Figures 4e and 4f), the floor level seemed to have  
344 less effect on CO<sub>2</sub> as concentration values range at similar levels. Carpeted classrooms (soft floors)  
345 CO<sub>2</sub> concentrations were the lowest and hardwood floors (hard surfaces) were the highest (see also  
346 Section 3.2 for PM<sub>10</sub>).

347 During zero occupancy periods, low and high level, CO<sub>2</sub> average levels were 654±293 ppm,  
348 806±443 ppm, and 935±453 ppm, respectively (Figure 4g and Table S7). As anticipated, the  
349 density of occupancy had a notable effect on CO<sub>2</sub> concentrations inside the classroom. The average  
350 CO<sub>2</sub> during high occupancy was 140% higher than the vacant time, aligning with past  
351 investigations [32]. The average CO<sub>2</sub> levels in all classrooms during high (935±453 ppm) and low  
352 (806±443 ppm) occupancy periods are above the SAGE value of 800 ppm. Additionally,  
353 insufficient ventilation brought on by infrequent openings of a classroom window may result in  
354 CO<sub>2</sub> rising and, thus, breaching standards. Hence, to keep CO<sub>2</sub> in classrooms below acceptable  
355 limits, various ventilation systems should be used to accommodate various occupancy periods.

356 Reception classrooms (“zero” in Figure 4i) and year one showed the highest CO<sub>2</sub> levels (998±295,  
357 and 998±675 ppm, respectively), while years eight and nine showed the lowest (530±92, 686±240  
358 ppm, respectively) (Table S7). This may be related to the movements and activities of children in  
359 classrooms, where small children are typically more active and generate more CO<sub>2</sub> (see also  
360 Section 3.2 for PM<sub>10</sub>).

361 It can be concluded that the mechanical and dual ventilation caused a significant reduction in CO<sub>2</sub>  
362 levels compared with the natural ventilation. Other variables, including floor type and floor level,  
363 showed no discernible effects. The CO<sub>2</sub> concentrations were significantly impacted by occupancy,  
364 in comparison to the unoccupied period, the average CO<sub>2</sub> levels during high occupancy were

365 around 140% higher. Different year groups show high variation of CO<sub>2</sub> levels, owing to activity  
366 and movement of smaller children, where average CO<sub>2</sub> levels for smaller children (reception and  
367 year one) was ~190% higher than older children (year eight and nine). To reduce the concentration  
368 of CO<sub>2</sub> in the classroom, it is therefore beneficial to improve ventilation through windows, doors,  
369 and mechanical ventilation.

### 370 **3.5 Thermal comfort**

371 A thermally comfortable classroom environment is crucial for students' health, well-being,  
372 and performance. Table S6 summarises the statistical results for the relative humidity (RH) and  
373 temperature levels across the study period. Relative humidity and temperature levels in the  
374 monitored classrooms are displayed in boxplots (Figures 5a and S6a, respectively). During  
375 classroom hours, the RH was  $44\pm 6\%$  and temperature levels  $\sim 23\pm 1$  °C, ranging from 28 to 61%,  
376 and 19 to 26 °C, respectively (Table S6), while recommended RH levels are between 40 and 60%  
377 and temperatures between 21 and 23 °C [33]. Overall, the average RH was more than 40% in 68%  
378 of the classes, whereas it was below 40% in 19 (32%) of the classrooms. Overall, the average in-  
379 classroom temperature ranged between 20 to 23 °C in 34 out of 60 (57%) classrooms but was over  
380 23°C in the other 26 classrooms (43%).

381 The impact of various parameters on thermal comfort levels, i.e. classroom volume, floor type,  
382 floor level, ventilation types, occupancy, and year group, are investigated. Figure 5b depicts the  
383 average in-classroom RH level for specific types of ventilation. T3 (NV) showed the highest RH  
384 level ( $58\pm 6$  %), followed by T6 (dual, DV<sub>mn</sub>) of  $51\pm 6$  %, while T1 (NV) showed the lowest ( $38\pm 13$   
385 %) (Table S8). For the three different types of ventilation (Figure 5c), DV<sub>mn</sub> showed the highest  
386 RH level ( $51\pm 6\%$ ), followed by the MV ( $48\pm 7\%$ ) and NV ( $43\pm 12\%$ ) (Table S8), showing that  
387 ventilation types did not have a substantial effect on RH levels [8]. Observed changes in RH could

388 be related to the different times of the monitoring period for each school (Table 1). The average  
389 temperature ranges were 22-24°C for all six ventilation types (Figure S6b).  $DV_{mn}$  showed a similar  
390 temperature level for MV and NV which were 22, 22 and 23°C, respectively (Table S9 and Figure  
391 S6c). This confirms that other parameters might influence temperature than just ventilation.

392 S6 showed the highest RH level ( $58\pm 6\%$ ), followed by S8 ( $53\pm 7\%$ ) and S7 ( $51\pm 8\%$ ), while S2  
393 showed the lowest ( $24\pm 6\%$ ), followed by S1 ( $33\pm 5\%$ ) (Figure S6h). The temperatures ranged  
394 from  $21\pm 1$  (S8) to  $27\pm 2$  °C (S4) (Figure 5h). The average in-classroom RH and temperature levels  
395 exceeded 40% and 23°C at seven out of ten schools, respectively, which indicates some thermal  
396 discomfort levels among the children. This finding was consistent with a previous study carried  
397 out in London over the winter season [8], and also with another study that found that several UK  
398 schools experienced overheating problems while the heater was on [34].

399 Reception year classrooms showed the highest RH levels, averaging  $54\pm 5\%$ , while year five  
400 showed the lowest with an average of  $34\pm 13\%$  (Table S8, Figure S6i). All year groups had RH  
401 levels over 40%, except year five. The temperatures ranged from  $21\pm 1$  (reception) to  $25\pm 3$  °C (year  
402 five). The average in-classroom temperature level was over 23°C at five out of ten schools (Figure  
403 S6i).

404 The above observations allow to conclude that the occupancy had a significant impact on RH  
405 levels; average RH during high occupancy was ~114% higher than during the unoccupied period.  
406 Other variables, including volume, floor type and location, did not show any obvious correlations.  
407 These results imply that it is beneficial for schools to upgrade their heating systems and adjust the  
408 thermostats, and, in some situations like high humidity levels, provide humidifiers to achieve a  
409 thermally comfortable environment in the classroom.

## 410 3.6 Ventilation

### 411 3.6.1 ACH

412 The average ACH values were calculated during classroom hours using the approach  
413 described in Section 2.4. The ACH values for classrooms during study hours are presented in  
414 Figure 6a. The ACH ranged between  $9.6 \pm 1.9$  (S4L1) and  $1.0 \pm 0.4 \text{ h}^{-1}$  (S8L3) (Table S10), with an  
415 average of  $3.5 \pm 1 \text{ h}^{-1}$ , which is similar to those ( $3.4 \text{ h}^{-1}$ ) determined by Kosavi et al. [34] in England;  
416 higher than those reported ( $2.1$  and  $2.3 \text{ h}^{-1}$ ) for schools in London([8, 9]; and lower ( $4.2 \text{ h}^{-1}$ ) than  
417 those reported in Athens schools [35]. Additionally, we examined several variables that could have  
418 an impact on the ACH such as ventilation specific types (Figures 6b and c), classroom volume  
419 (Figure 6d), type of floor level (Figures 6e and 6f), schools (Figure 6g) and year group (Figure  
420 6h), as elaborated further below.

421 T6 ( $DV_{mn}$ ) showed the highest value ( $5 \pm 2 \text{ h}^{-1}$ ) (Figure 6b, Table S10), followed by T5 and T2,  
422 which both had the same value of  $4 \pm 1 \text{ h}^{-1}$ .  $DV_{mn}$  showed the highest value ( $5 \pm 2$ ), followed by MV  
423 ( $4 \pm 1$ ) and NV ( $3 \pm 2 \text{ h}^{-1}$ ) (Figure S6c). This indicates that changes in the frequency of window  
424 openings were directly associated with variations in the naturally ventilated classrooms' air  
425 exchange rate [8, 36].

426 Figure 6d depicts ACH values for various volumes of classrooms, which were  $4 \pm 2$  for V1,  $3 \pm 2$   
427 (V2) and  $2 \pm 1 \text{ h}^{-1}$  for V3. We found the highest ACH value  $\sim 4 \pm 2 \text{ h}^{-1}$  in small-sized, followed by  
428 medium-sized ( $3 \pm 2 \text{ h}^{-1}$ ) and large-sized classrooms ( $2 \pm 1 \text{ h}^{-1}$ ). These findings demonstrate the  
429 correlation between ACH and classroom volumes; whereas classroom size increases, ACH  
430 decreases.

431 Figure 6e depicts ACH values for various floor levels. The carpet showed the highest ACH ( $4\pm 1$   
432  $\text{h}^{-1}$ ), followed by vinyl ( $3\pm 0 \text{ h}^{-1}$ ) and wooden ( $2\pm 1 \text{ h}^{-1}$ ). A previous study also indicated that the  
433 ACH in the classroom was unaffected by factors such as floor level and floor type [8]. Hence,  
434 these differences could be related to other parameters such as occupancy and volume of  
435 classrooms.

436 It can be concluded that ventilation conditions and the volume of classrooms are the primary  
437 variables affecting ACH values in classrooms. In comparison to smaller classrooms, those with a  
438 larger volume ( $>300 \text{ m}^3$ ) exhibited a 50% reduction in ACH values. Therefore, it would be advised  
439 to employ dual ventilation (mechanical+natural) to increase a classroom's ACH. While the other  
440 variables (floor type, floor level and year group) do not affect the ACH.

### 441 **3.6.2 Ventilation rates**

442  
443 The correlations between the VRs,  $\text{CO}_2$  and PM levels have been demonstrated in earlier  
444 studies [8, 37]. Following the method outlined in Section 2.4, we calculated VRs (litre per second  
445 per person) in the studied classrooms (Figure 7a). Out of 60 classrooms, 51 (85%) had average  
446 VRs that were lower than the standard limits recommended by the ASHRAE (8 l/s/person, [38])  
447 and the CIBSE (10 l/s/person, [39]). The average VR varied from 2.1 to 16.7 l/s/person across all  
448 classrooms, with an average of 5.9 l/s/person (Figure 7a), which was less than the VR value (6.2  
449 reported for naturally ventilated classrooms in the UK [34] and noticeably lower than the VR (7.2  
450 classrooms with) found mechanically ventilated classrooms in Finland [15]. However, the average  
451 VR value in this study (5.9 l/s/person) was higher than those reported elsewhere  $\sim 3.8$ , 4.5 and 4.4  
452 l/s/person [9, 35, 40], respectively. Moreover, because of the movement of people in the classroom  
453 and the greater  $\text{CO}_2$  owing to children's respiration, low VR and ACH values may have also  
454 contributed to the heightened  $\text{PM}_{10}$  concentrations [8]. Particle and  $\text{CO}_2$  levels in classrooms

455 would therefore decrease with an increase in VRs and ACH and help reduce the buildup of CO<sub>2</sub>,  
456 which would provide healthier conditions for students to perform [8, 41, 42].

457 We looked at several variables that could affect the VRs, such as specific types of ventilation  
458 (Figures 7b and c), the volume of classrooms (Figure 7d), types and locations of floors (Figures  
459 8e and 7f), schools (Figure 7g) and year group (Figure 7h), as will be discussed in more detail  
460 below.

461 The VR value showed the highest (8 l/s/person, Table S11) for the T5 (MV) followed by T6 (dual)  
462 of 7 l/s/person, while T3 (NV, cross ventilation) showed the lowest VR (4 l/s/person) (Figure 7b).  
463 Figure 7c exhibits the average VR for the NV, MV and DV<sub>mn</sub> ventilation types. MV showed the  
464 highest average VR, followed by the DV<sub>mn</sub> and NV, which were 8, 7 and 6 l/s/person, respectively.  
465 The lowest CO<sub>2</sub> and PM concentrations were found in DV<sub>mn</sub>, followed by MV and NV (Sections  
466 3.2 and 3.4). DV<sub>mn</sub> and MV are therefore highly advised.

467 V3 (>300 m<sup>3</sup>) experienced the highest VR (16 l/s/person, Table S11), followed by V1 and V2 (6  
468 and 5) (Figure 7d). We found the highest VR value (16) in large classrooms. The small- and  
469 medium-sized classrooms had nearly the same VR (5 and 6 l/s/person). As anticipated, large  
470 classrooms had the lowest ACH (2 h<sup>-1</sup>, Section 3.6.1) but the highest VR (8 l/s/person), which  
471 shows that larger classrooms have better ventilation (low CO<sub>2</sub> and PM levels) [8]. However, in  
472 medium and small classrooms, VR was less than recommended, highlighting the importance of  
473 having a bigger volume of classrooms. To draw thorough findings, though, additional factors, in  
474 addition to the classroom volume, will also need to be considered. For example, VR is also  
475 influenced by occupancy [8], thermal comfort parameters [43], airtightness of the outside walls

476 [44], and remarkably the degree of opening the windows/doors, which were not recorded in this  
477 study.

478 The four levels (ground, first, second and third) showed almost the same value of VR of 5, 6, 6  
479 and 6 l/s/person, respectively (Figure 7e). The findings indicated that the floor levels did not have  
480 an evident impact on the ventilation rates (VRs). Figure 7f illustrates the average ventilation rate  
481 (VR) values for the various floor types. The vinyl and carpet showed the highest (7 and 6  
482 l/s/person, respectively), while the wooden ones showed the lowest (3 l/s/person). According to a  
483 prior study, the type of floor did not affect the VRs, and other factors, such as occupancy and  
484 volume, could be related to obtaining different VR values for different floor types [8].

485 The classrooms of reception (“zero years” in Figure 7h) showed the highest VR ( $17\pm 4$  l/s/person),  
486 followed by year eight ( $15\pm 4$  l/s/person), while year one, four and six classrooms showed the  
487 lowest ( $4\pm 2$  l/s/person, Table S11). The classrooms of different year groups showed different VR  
488 values and there is no clear correlation between the year group and VR. As we found the same  
489 result in the ACH section, indicating that other factors discussed above have a significant effect  
490 on the VR rather than the year groups of children.

491 In summary, the VR depends on the ventilation types, the status of opening of doors and windows  
492 and the size of classrooms. Other parameters, such as floor type, floor levels and year group, had  
493 no impact on the VR. The large-sized classrooms ( $>300$  m<sup>3</sup>) showed almost three times higher  
494 than the small-sized classrooms (100-200 m<sup>3</sup>).

### 495 **3.7 Interdependence of parameters**

496 Figure 8 shows the correlation of different sizes of PM and CO<sub>2</sub> levels during classroom  
497 hours for the different levels of occupancy. Interestingly, PM<sub>10</sub> levels substantially increased in all



498 the classrooms with increasing occupancy levels (green line in Figure 8). This confirms the above  
499 findings (Section 3.2), where  $PM_{10}$  showed a positive relationship with occupancy level. However,  
500 at all levels of occupancy for studied classes, the  $PM_1$  and  $PM_{2.5}$  concentrations showed no  
501 considerable change, and their trend was comparable (yellow and red lines in Figure 8). This  
502 demonstrates that the majority of the actions that children and instructors perform in the classroom  
503 create or resuspend coarse particulate matter ( $PM_{10}$ ), supporting the findings of Section 3.2. This  
504 reveals that diverse activities performed by pupils and teachers are the main sources of coarse  
505 particulate matter ( $PM_{10}$ ) generation or resuspension in the classroom. This result is consistent  
506 with previous studies carried out in London [8, 9, 22, 23]. Notably, given that increases in  $CO_2$  are  
507 caused by the respiration of occupants,  $CO_2$  levels increased with the level of occupancy in all  
508 classrooms (blue line in Figure 8). This confirms the above findings (Section 3.4) that showed a  
509 positive relationship between  $CO_2$  and occupancy level. When compared to unoccupied time in  
510 classrooms, a relatively high level of occupancy led to  $CO_2$  rises of roughly 31% to 83% [9].  
511 Therefore, a major factor influencing  $CO_2$  concentrations in indoor spaces is the level of occupancy  
512 [45].

513 The in-classroom  $CO_2$  concentrations are grouped based on a set of thresholds: low<800ppm;  
514 800ppm>medium<1200ppm; 1200>high<1500ppm; 1500ppm>very high<2000ppm; and  
515 extreme>2000ppm. Events are the instances when the  $CO_2$  concentration is within the above  
516 thresholds for a given number of minutes. Figure 9 depicts the duration of ‘events’ in minutes per  
517 classroom per day and the histogram of  $CO_2$  ‘events’ per classroom, which are grouped based on  
518 the length of an event i.e. 15, 30, and 45 minute. Figure S7 shows the total duration of ‘events’ in  
519 minutes per classroom. Events having  $CO_2$  concentrations less than 800 ppm, “low” are not  
520 included in Figures 9, S7 and S8. Classrooms, S3L5, S3L6, S6L3, S6L4, S8L1, S8L3, S8L4, S8L5,

521 S10L4 and S10L5, show the highest number of ‘events’ where CO<sub>2</sub> levels were greater than 2000  
522 ppm (Extreme, blue colour) and between 1500-2000 ppm (red colour). However, S1L2, S4L6,  
523 S5L3, S7L1 S5L6, S10L1, and S10L6 show the lowest number of ‘events’ where CO<sub>2</sub> levels were  
524 between 800-1200 ppm (green colour). This is related to other features of the classroom (Table 1).  
525 For example, S3L6, S6L4, S8L3 and S8L4 classrooms showed the highest number of ‘events’  
526 (extreme, blue colour) due to the physical features of those classrooms; using natural ventilation  
527 (T4) and located on the ground floor (Table 1). Those classrooms also showed relatively higher  
528 PM<sub>10</sub> and CO<sub>2</sub> levels compared with other classrooms (Figures 2 and 4). On the other hand, S5L3,  
529 S5L6, S10L1 and S10L6 classrooms showed the lowest number of “events” and had mechanical  
530 ventilation (Table 1). Also, those classrooms showed relatively lower PM<sub>10</sub> and CO<sub>2</sub> levels  
531 compared with other classrooms (Figures 2 and 4). Favourable classroom physical characteristics  
532 and conditions have positively influenced the indoor environment by reducing the frequency and  
533 duration of events of CO<sub>2</sub> with high concentration levels and vice versa.

534 Figure S7 shows a histogram of the number of “events” in each threshold category for a classroom  
535 j day and they are grouped based on the length of an event i.e. 15, 30, 45 minutes and so on. Figure  
536 S9 shows the total duration of ‘events’ in minutes per school. It can be noted that most of the  
537 events were below the medium thresholds. Similar to observations to those reported in UK schools  
538 with natural ventilation [2], short CO<sub>2</sub> events occurred more frequently than long-duration events  
539 (Figure S8a). This indicated that CO<sub>2</sub> concentration raised above the threshold categories and  
540 subsided quickly (less than 30 min).

541 Figures 10a-e show the duration of PM<sub>10</sub> ‘events’ in minutes per school per day for various CO<sub>2</sub>  
542 levels. Figure 10f shows the percentage of CO<sub>2</sub> events with different levels across all schools.  
543 Figure 10g shows the percentage of PM<sub>10</sub> events under each CO<sub>2</sub> event. Figures 10a-e show the

544 interrelationship between CO<sub>2</sub> events and PM<sub>10</sub> events. PM<sub>10</sub> event duration per classroom- day  
545 under event duration were classified based on different CO<sub>2</sub> events. It can be seen that most of the  
546 low PM<sub>10</sub> events happened during low CO<sub>2</sub> events. Medium, high and extreme PM<sub>10</sub> events  
547 increase with higher concentration CO<sub>2</sub> events. Thus, indicating high concentration levels of PM<sub>10</sub>  
548 and CO<sub>2</sub> happened in the classroom simultaneously. In addition, when CO<sub>2</sub> events with  
549 concentrations below 800 ppm, extreme and high PM<sub>10</sub> were negligible (Figure 10a ).

550 Figure 10f provides further evidence on the relationship between CO<sub>2</sub> and PM<sub>10</sub> events. The low  
551 CO<sub>2</sub> events occurred 64% of the time (Figure 10f) and almost 60% of low PM events happened  
552 during this time (Figure 10g). Moreover, extreme CO<sub>2</sub> events consisted of nearly ~ 50% of extreme  
553 PM<sub>10</sub> events and ~ 20% of high PM<sub>10</sub> events (Figure 10g). Notably, extreme and low PM<sub>10</sub> events  
554 are directly related to extreme and low CO<sub>2</sub> events respectively. For instance, the red bar went up  
555 when the grey bar went down and vice versa (Figure 10g). These observations confirmed the  
556 relationship between PM<sub>10</sub> and CO<sub>2</sub> in Sections 3.2 and 3.4. The positive relationship between CO<sub>2</sub>  
557 and PM<sub>10</sub> can be associated with the occupancy level and ventilation conditions in the classroom  
558 (Section 3.4). This result is also consistent with previous studies carried out in London where PM<sub>10</sub>  
559 and CO<sub>2</sub> levels were highest during high occupancy levels [8, 9, 22, 23].

#### 560 **4. Conclusions and future work**

561 We studied the impact of various classroom parameters (occupancy, volume of classrooms,  
562 specific types of ventilation, types of floor, floor level and year group) on the indoor air quality,  
563 ventilation and thermal comfort across 60 classrooms. Here are the key conclusions derived from  
564 this work:

- 565 • The average concentration of PM<sub>1.0</sub>, and PM<sub>2.5</sub>, PM<sub>10</sub> was 5±2, and 10±3, 24±6 µg m<sup>-3</sup>, during  
566 the classroom hours. Average PM<sub>10</sub> levels were around 130% and 150% higher during high and

567 low occupancy times compared to the unoccupied period. When compared to natural  
568 ventilation, dual ventilation considerably reduced the levels of PM<sub>10</sub> and PM<sub>2.5</sub> (30% and 28%  
569 respectively) and less for PM<sub>1</sub> (20%).

570 ● The PM<sub>2.5</sub>/PM<sub>10</sub> was impacted by various occupancy levels, with zero occupancy periods  
571 having the most significant ratio (~0.67). Owing to the impact of outside PM, the ratio for the  
572 classrooms situated on the ground and first floor was >0.6.

573 ● During classroom hours, CO<sub>2</sub> levels in examined classrooms mostly ranged between 464 and  
574 2115 ppm. The average CO<sub>2</sub> levels for smaller children (reception and year one) was ~190%  
575 higher than older children (year eight and nine). The average CO<sub>2</sub> during the high occupancy  
576 period was ~140% higher than the unoccupied period.

577 ● The average relative humidity for all sixty classrooms was 44±6%, falling within the 40–60%  
578 thermal comfort range. The RH level in most classrooms (68%) is higher than the recommended  
579 40%. 43% of classrooms experienced temperatures higher than 23°C.

580 ● When compared to small classrooms (100-200 m<sup>3</sup>), the large classrooms (>300 m<sup>3</sup>) displayed  
581 50% less ACH. Large-sized classrooms showed almost three times higher than the small-sized  
582 classrooms (100-200 m<sup>3</sup>). The varying floor types and floor levels did not significantly affect  
583 the ACH, and ventilation rate (VRs).

584 ● CO<sub>2</sub> and PM<sub>10</sub> levels increased with occupancy levels in all investigated classrooms. The  
585 extreme CO<sub>2</sub> events coincided with nearly ~ 50% of extreme PM<sub>10</sub> events and ~ 20% of high  
586 PM<sub>10</sub> events. Also, extreme and low PM<sub>10</sub> events are directly associated with extreme and low  
587 CO<sub>2</sub> events respectively.

588 The presented measurements and analysis support the formation of recommendations that aim to  
589 improve indoor air quality at schools and reduce children's exposure to air pollutants in school  
590 environments; our recommendations include:

- 591 • **Supporting natural classroom ventilation with mechanical ventilation where needed,**  
592 using dual ventilation reduces exposure of children in classrooms to PM<sub>10</sub> and PM<sub>2.5</sub> by on  
593 average 30% and 25%, respectively as opposed to using natural ventilation only. Dual  
594 ventilation also reduced classroom CO<sub>2</sub> levels by on average 16% compared to using natural  
595 ventilation only.
- 596 • **Daily sweeping of wooden flooring is favourable to avoid dust resuspension,** as it has been  
597 associated with almost double the PM<sub>10</sub> levels observed in carpet flooring.
- 598 • **Students in large classrooms (>300 m<sup>3</sup>) generally experience improved air quality**  
599 **conditions where ACH is reduced by around 50% compared to small classrooms (100-200**  
600 **m<sup>3</sup>).** Large-volume classrooms also exhibited the highest ventilation rates, which was more than  
601 2.5-times that experienced in small classrooms (100-200 m<sup>3</sup>).
- 602 • **When schools are located near busy roads, classrooms with more vulnerable children**  
603 **should be located at higher floor levels (or away from the roads) where children would be**  
604 **less exposed to the ingress of fine particles from traffic sources,** since the classrooms on the  
605 ground- and first-floor exhibited the highest average ratio of PM<sub>2.5</sub>/PM<sub>10</sub> (0.58 and 0.62).
- 606 • **When reducing the number of students in classrooms is not feasible, improving the**  
607 **ventilation in high occupancy classrooms can provide better conditions for the children**  
608 since PM<sub>10</sub> and CO<sub>2</sub> levels were around 230% and 140% higher during high occupancy times  
609 compared to the unoccupied period, respectively.

610 This study builds an understanding of the factors that influence air quality in classrooms in order  
611 to inform the efficient implementation of interventions that aim to improve children's exposure to  
612 air pollutants in classrooms. In order to provide holistic suggestions for enhancing the air quality  
613 within classrooms, similar research is necessary to further construct a database for gaseous and  
614 VOC pollutants.

#### 615 **CRedit author statement**

616 **Prashant Kumar:** Conceptualization, Funding acquisition, Resources, Supervision, Project  
617 Administration, Writing – review & editing. **Sarkawt Hama:** Formal analysis, Data Curation,  
618 Methodology, Investigation, Validation, Conceptualization, Writing – Original Draft, Writing –  
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622 editing. **Christina Mitsakou:** Writing – review & editing.

#### 623 **Declaration of competing interest**

624 The authors declare no conflict of interest.

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### 635 **Data availability**

636 Data will be made available on request.

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780 **List of Tables**

781 **Table 1.** Characteristics of classrooms. Location shapes are either regular: rectangular or irregular:  
 782 any other shape. Classrooms were categorised into six ventilation groups (Section 2.2). Floor types  
 783 are W: wooden; C: carpet; V: vinyl. Floor level; G: ground, 1<sup>st</sup>: first, etc. Monitoring was  
 784 conducted between March and November 2021 for all schools, i.e., S1 (school one, 08-31 March);  
 785 S2 (19 April- 07 May); S3 (12-27 May); S4 (04- 22 June); S5 (23 June- 7 July); S6 (8-21 July);  
 786 S7 (06-30 September); S8 (30 September-15 October); S9 (15-22 October) and S10 (11 October-  
 787 16 November).

Location ID	Room shape (volume ; m <sup>3</sup> )	Floor area; m <sup>2</sup> (ceiling height; m)	Ventilation type	No. of windows	No. of doors	Max. occupancy (children)	School year	Floor level	Floor type	Proximity to traffic
S1L1	Regular (181)	51.7 (3.5)	T2	3	1	31 (30)	Year 1	1st	C	Near
S1L2	Regular (181)	51.7 (3.5)	T2	3	1	31 (30)	Year 1	1st	C	Near
S1L3	Regular (716)	204.6 (3.5)	T1	12	2	64	Common Hall	1st	C	Near
S1L4	Regular (176)	50.3 (3.5)	T2	3	1	31 (30)	Art room	1st	C	Near
S1L5	Regular (184)	52.6 (3.5)	T2	3	1	32 (30)	Year 2	1st	C	Near
S1L6	Regular (158)	45.1 (3.5)	T2	6	1	31	Corridor	1st	C	Near
S2L1	Irregular (144)	48 (3)	T4	2	1	31	Corridor	G	V	Near
S2L2	Irregular (140)	33.3 (4.2)	T1	2	1	31	Library	G	V	Near
S2L3	Irregular (243)	55.3 (4.4)	T1	2	1	31 (30)	Year 2	G	V	Near
S2L4	Irregular (233)	51.8 (4.5)	T1	2	1	31 (30)	Year 3	G	V	Near

S2L5	Irregular (217)	48.2 (4.5)	T1	2	1	31 (30)	Year 4	G	V	Near
S2L6	Irregular (189)	42 (4.5)	T1	2	1	31 (30)	Year 5	G	V	Near
S3L1	Irregular (169)	65 (2.6)	T4	3	4	33 (30)	Reception	G	V	Away
S3L2	Irregular (140)	53.8 (2.6)	T4	2	2	31 (30)	Year 2	G	V	Away
S3L3	Irregular (138)	53.1 (2.6)	T4	2	2	31 (30)	Year 3	G	V	Away
S3L4	Irregular (109)	41.9 (2.6)	T4	2	2	31 (30)	Year 4	G	V	Away
S3L5	Irregular (117)	45 (2.6)	T4	4	4	31 (30)	Year 5	G	V	Away
S3L6	Irregular (182)	70 (2.6)	T4	4	3	31 (30)	Year 6	G	V	Away
S4L1	Regular (146)	44.2 (3.3)	T2	5	2	31 (30)	Year 2	G	C	Near
S4L2	Regular (146)	44.2 (3.3)	T2	3	1	29 (28)	Year 2	G	C	Near
S4L3	Regular (236)	56.2 (4.2)	T1	3	1	30 (29)	Year 3	1st	C	Near
S4L4	Regular (236)	56.2 (4.2)	T1	3	1	30 (29)	Year 3	1st	C	Near
S4L5	Regular (210)	55.3 (3.8)	T2	3	1	30 (29)	Year 3	G	C	Near
S4L6	Irregular (275)	59.8 (4.6)	T1	3	1	30 (29)	Year 5	2nd	C	Near
S5L1	Regular (556)	88.3 (6.3)	T5	0	1	30 (29)	Year 8	G	V	Near
S5L2	Regular (150)	55.6 (2.7)	T6	2	1	31 (30)	Year 7	G	C	Near
S5L3	Regular (150)	55.6 (2.7)	T6	2	1	30 (29)	Year 7	G	C	Near
S5L4	Regular (150)	55.6 (2.7)	T6	2	1	31 (30)	Year 9	1st	C	Near
S5L5	Regular (150)	55.6 (2.7)	T6	2	1	29 (28)	Year 9	1st	C	Near
S5L6	Regular (137)	50.7 (2.7)	T5	0	1	29 (28)	Year 9	1st	C	Near

S6L1	Irregular (145)	45.3 (3.2)	T3	2	4	31 (30)	Year 3	G	C	Away
S6L2	Irregular (145)	45.3 (3.2)	T3	2	4	31 (30)	Year 3	G	C	Away
S6L3	Irregular (115)	35.9 (3.2)	T3	2	4	31 (30)	Year 4	G	C	Away
S6L4	Irregular (141)	44.1 (3.2)	T3	2	5	31 (30)	Year 4	G	C	Away
S6L5	Irregular (142)	44.4 (3.2)	T3	2	3	31 (30)	Year 6	G	C	Away
S6L6	Irregular (145)	45.3 (3.2)	T3	2	5	31 (30)	Year 6	G	C	Away
S7L1	Regular (151)	58.1 (2.6)	T4	2	2	30 (29)	Year 7	G	C	Near
S7L2	Regular (137)	51.7 (2.65)	T4	1	2	31 (30)	Year 9	G	C	Near
S7L3	Regular (175)	66 (2.65)	T4	3	2	31 (30)	Year 8	G	C	Near
S7L4	Regular (143)	54 (2.65)	T4	3	2	31 (30)	Year 9	G	C	Near
S7L5	Irregular (200)	48.9 (4.09)	T2	4	3	31 (30)	Year 9	1st	C	Near
S7L6	Regular (144)	53.3 (2.7)	T4	4	2	31 (30)	Year 9	1st	C	Near
S8L1	Irregular (1396)	558.4 (2.5)	T4	14	8	63 (56)	Year 0	G	V	Away
S8L2	Irregular (202)	49.3 (4.1)	T1	3	1	31 (30)	Year 4	1st	C	Away
S8L3	Regular (223)	54.4 (4.1)	T1	4	1	31 (30)	Year 1	G	V	Away
S8L4	Regular (200)	45.5 (4.4)	T1	3	1	31 (30)	Year 2	G	W	Away
S8L5	Irregular (196)	45.6 (4.3)	T1	4	1	31 (30)	Year 4	1st	W	Away
S8L6	Regular (153)	58.8 (2.6)	T4	2	2	31 (30)	Year 6	1st	C	Away
S9L1	Regular (175)	64.8 (2.7)	T4	5	2	31 (30)	Year 6	G	C	Away
S9L2	Regular (172)	63.7 (2.7)	T4	5	2	31 (30)	Year 1	G	C	Away
S9L3	Regular (175)	64.8 (2.7)	T4	5	2	31 (30)	Year 1	G	C	Away

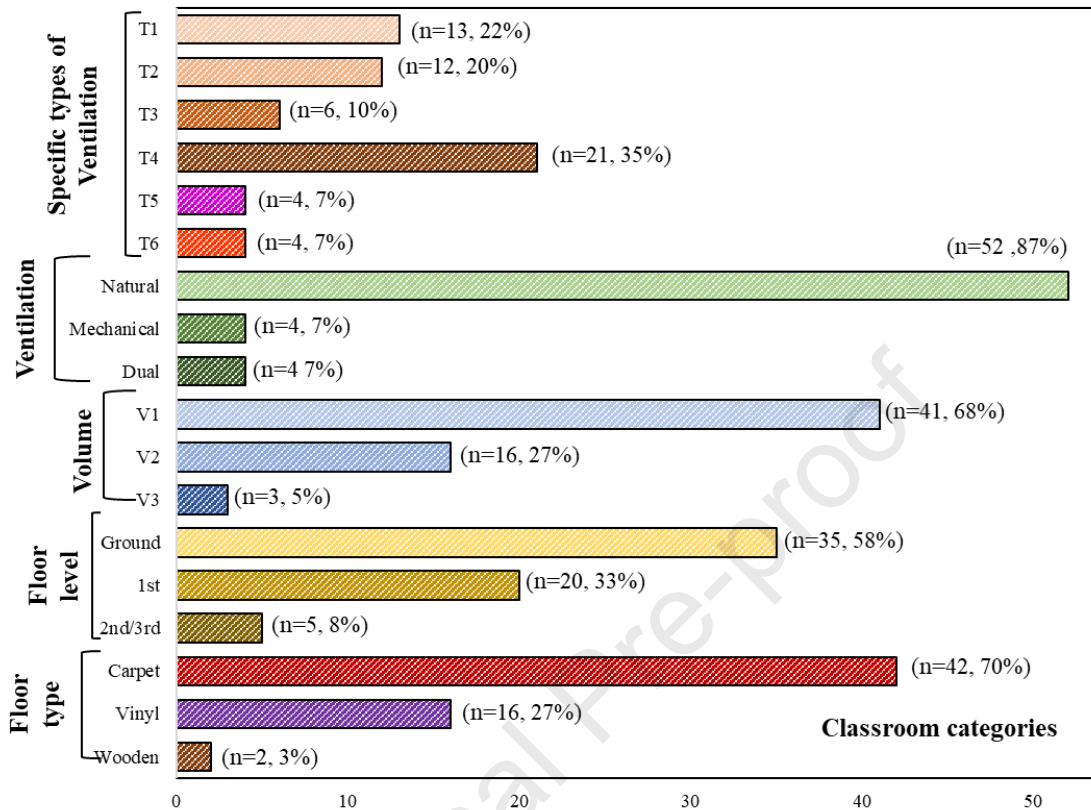


S9L4	Irregular (208)	65 (3.2)	T2	4	1	31 (30)	Year 2	1st	C	Away
S9L5	Irregular (214)	66.9 (3.2)	T2	4	1	31 (30)	Year 4	1st	C	Away
S9L6	Irregular (211)	65.9 (3.2)	T2	4	1	31 (30)	Year 4	1st	C	Away
S10L1	Regular (128)	42.7 (3)	T5	0	1	25 (24)	Year 2	3rd	C	Near
S10L2	Regular (137)	45.7 (3)	T4	4	1	27 (26)	Year 3	G	C	Near
S10L3	Regular (268)	89.3 (3)	T4	6	1	26 (25)	Year 2	1st	V	Near
S10L4	Regular (144)	48 (3)	T4	6	1	26 (25)	Year 1	2nd	C	Near
S10L5	Irregular (240)	80 (3)	T4	6	1	24 (23)	Year 3	2nd	C	Near
S10L6	Regular (154)	51.3 (3)	T5	0	1	26 (25)	Year 4	3rd	C	Near

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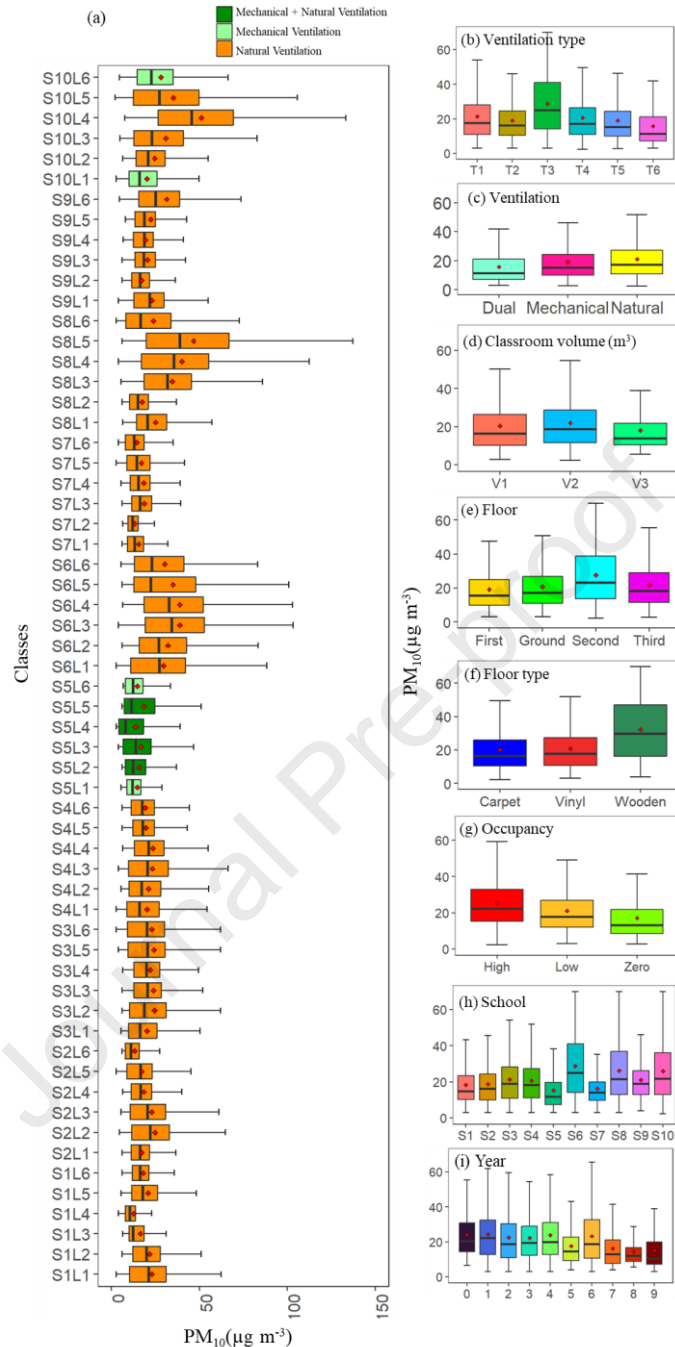
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## 790 List of Figures



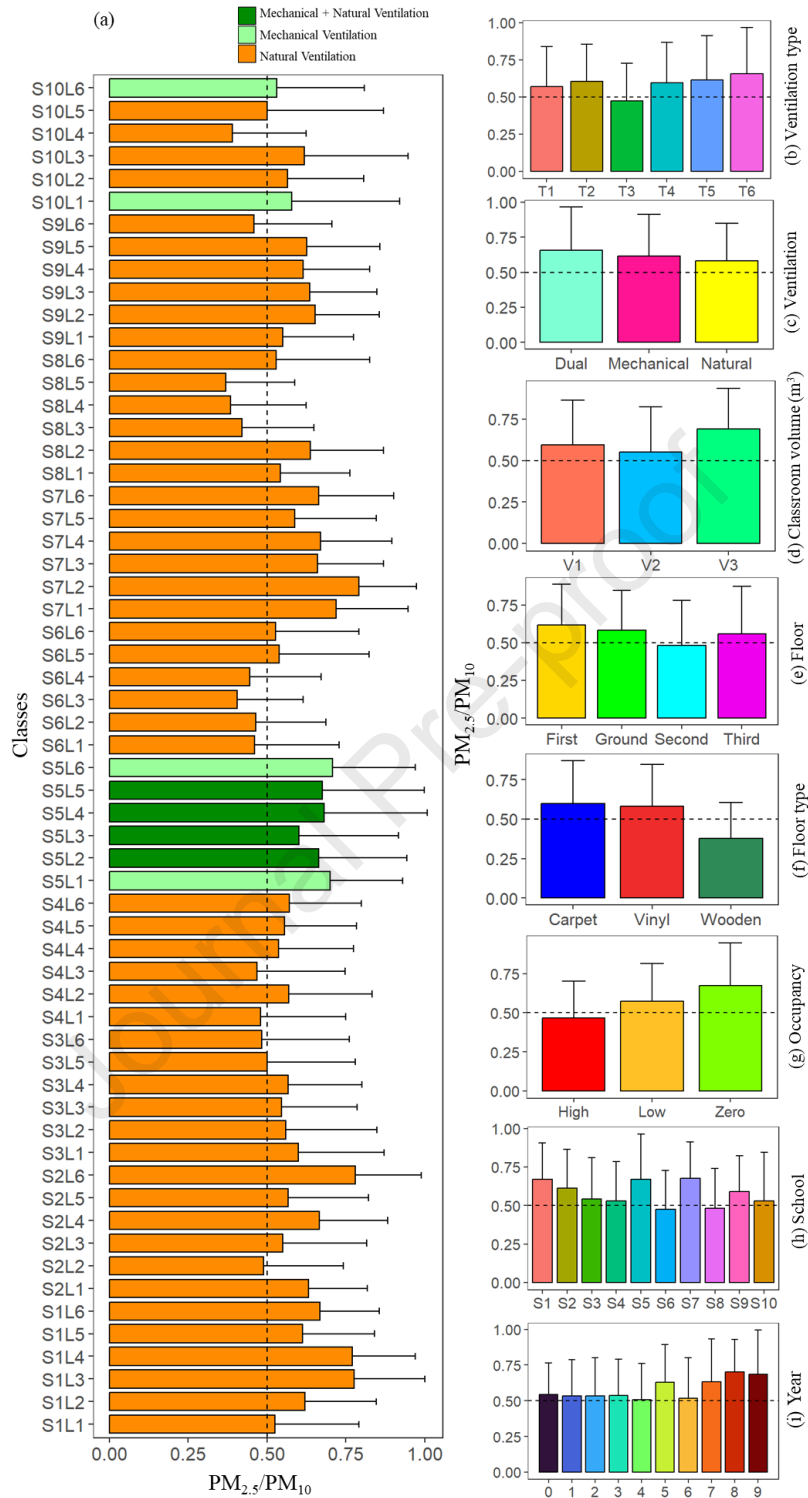
791

792 **Figure 1.** (a) The percentages of the various classroom parameter groups; types of floor, floor  
 793 level, types of ventilation and volume of classrooms in ten schools. Classrooms were categorised  
 794 into six groups of ventilation: T1 – NV(Natural ventilation) with over 4 meters high ceilings and  
 795 adjustable windows; T2 - NV with 3 to 4 meters of medium ceilings and single side ventilation  
 796 with restricted opening choices; T3 - Similar to T2 but it had the cross ventilation type; T4 - NV  
 797 with one side ventilation and less than 3 meters low ceilings; T5 – MV (Mechanical ventilation);  
 798 T6 - dual ventilation (natural+mechanical). Volume categories are now as follows: V1 group (100-  
 799 200 m<sup>3</sup>), V2 (200-300 m<sup>3</sup>) and V3 (>300 m<sup>3</sup>).



800

801 **Figure 2.** (a) PM<sub>10</sub> concentration for all classrooms represented in box plots (left panel) indicated  
 802 by classroom code. On the right, box plots represent the PM<sub>10</sub> average values in reference to  
 803 classroom characteristics: (b) specific types of ventilation; (c) ventilation mode; (d) volume of  
 804 classrooms; (e) floor levels; (f) types of floor; (g) the level of occupancy; (h) schools, and (i) year  
 805 group. Each box has top, middle, and bottom lines representing the 75, median, and 25 percentiles.  
 806 The whiskers' bottom and top edges indicate the minimum and maximum values, while the mean  
 807 is displayed as a dot.



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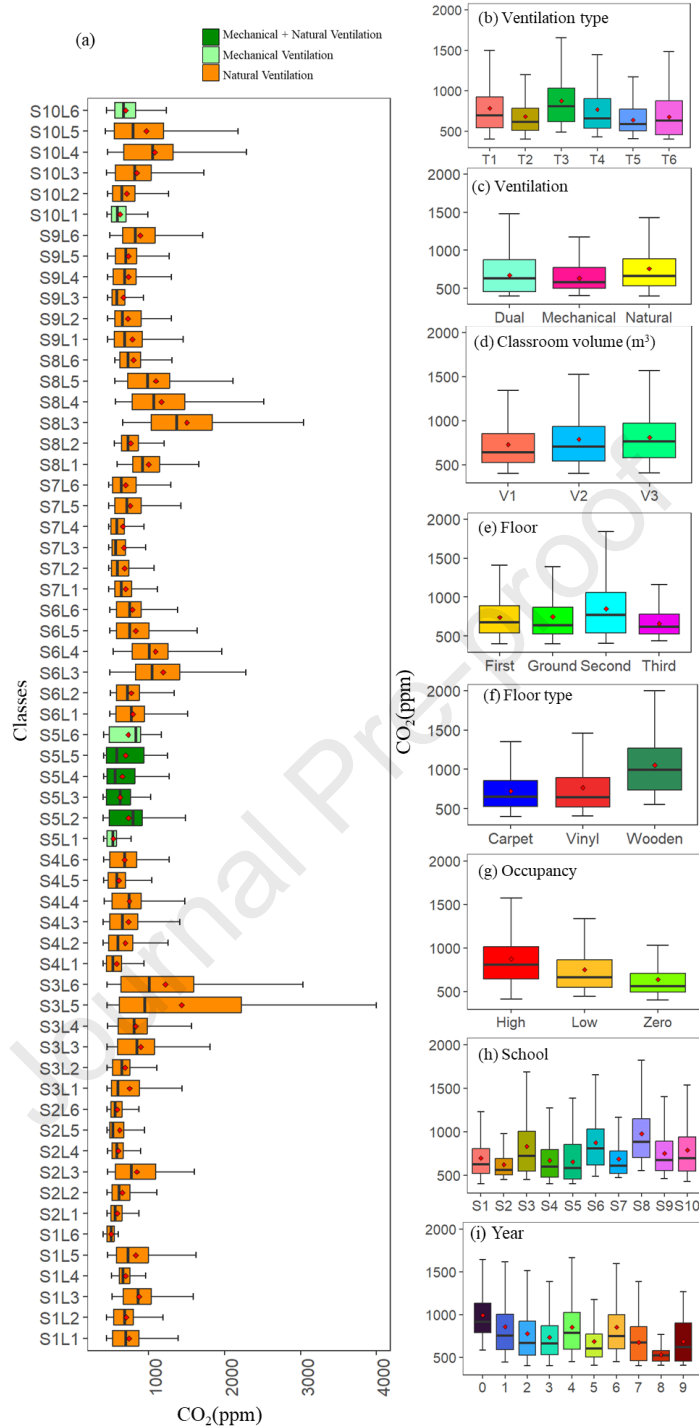
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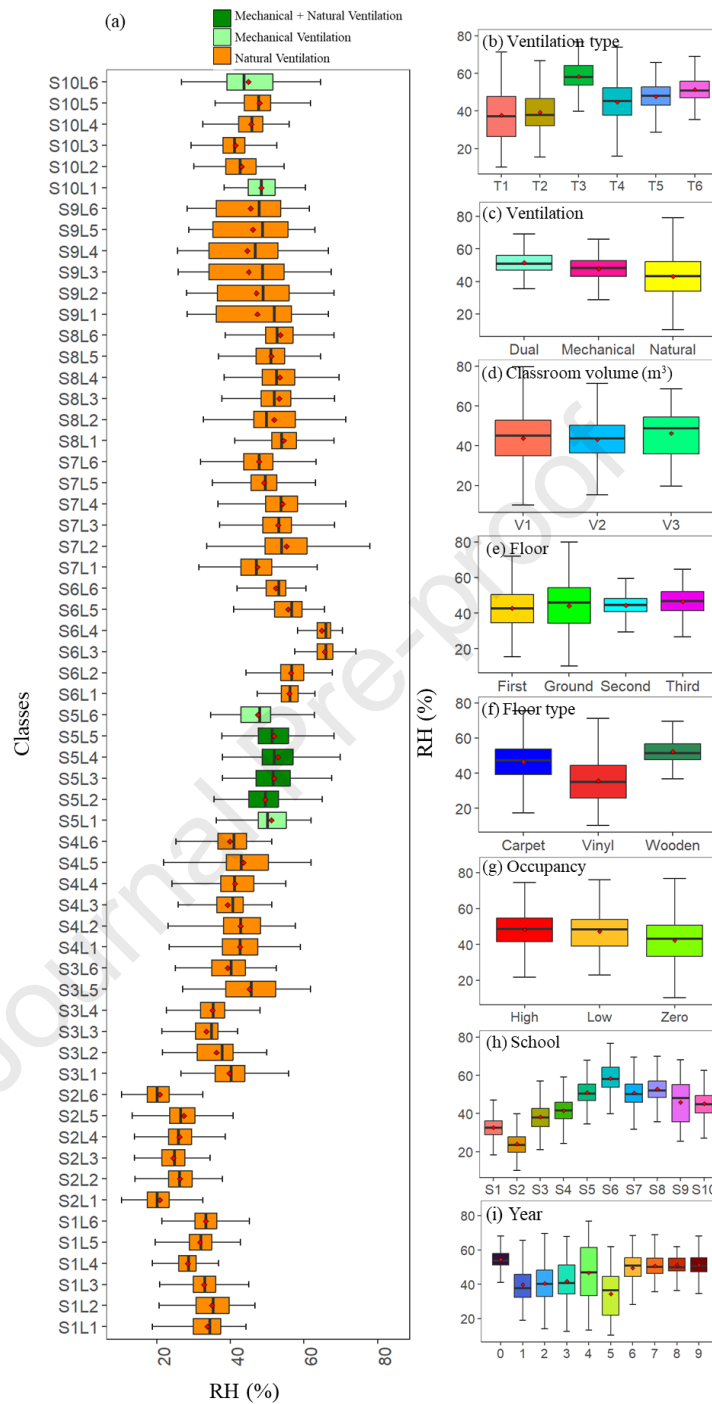
**Figure 3.** (a) Bar plots of PM ratio for the sixty classrooms. The ratio of 0.5 is shown by the dashed line. The average PM ratio in each classroom for the whole monitoring period is categorised based on (b) specific types of ventilation; (c) ventilation mode; (d) volume of classrooms; (e) floor level; (f) types of floor; (g) the level of occupancy; (h) schools and (i) year group.



813

814 **Figure 4.** (a) CO<sub>2</sub> concentration for all classrooms represented in box plots (left panel) indicated  
 815 by classroom code. On the right, box plots represent the CO<sub>2</sub> average values in reference to  
 816 classroom characteristics: (b) specific types of ventilation; (c) ventilation mode; (d) volume of  
 817 classrooms; (e) floor levels; (f) types of floor; (g) the level of occupancy; (h) schools, and (i) year  
 818 group. Each box has top, middle, and bottom lines representing the 75, median, and 25 percentiles.  
 819 The whiskers' bottom and top edges indicate the minimum and maximum values, while the mean  
 820 is displayed as a dot.

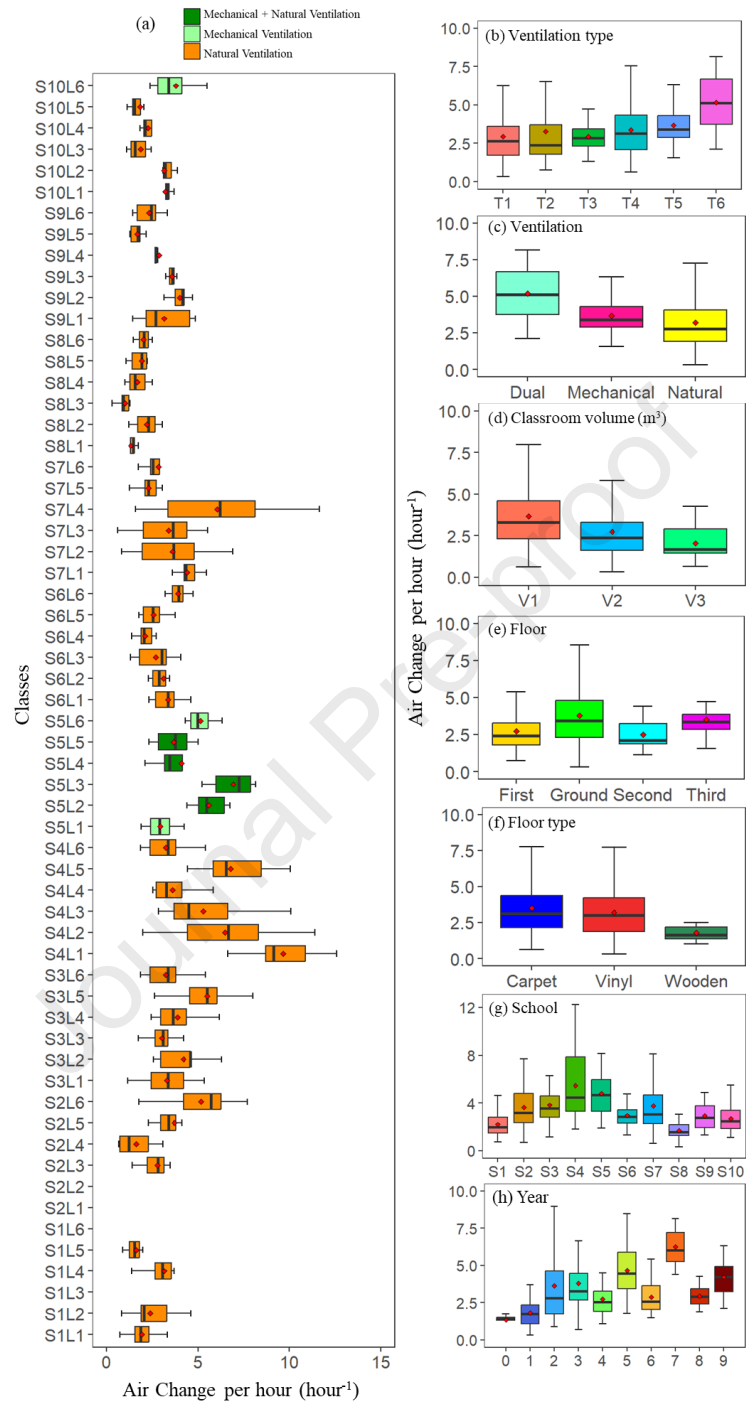
821



822

823 **Figure 5.** (a) RH level for all classrooms represented in box plots (left panel) indicated by  
 824 classroom code. On the right, box plots represent the average value in reference to classroom  
 825 characteristics: ((b) specific types of ventilation; (c) ventilation mode; (d) volume of classrooms;  
 826 (e) floor levels; (f) types of floor; (g) the level of occupancy; (h) schools, and (i) year group. Each  
 827 box has top, middle, and bottom lines representing the 75, median, and 25 percentiles. The  
 828 whiskers' bottom and top edges indicate the minimum and maximum values, while the mean is  
 829 displayed as a dot.

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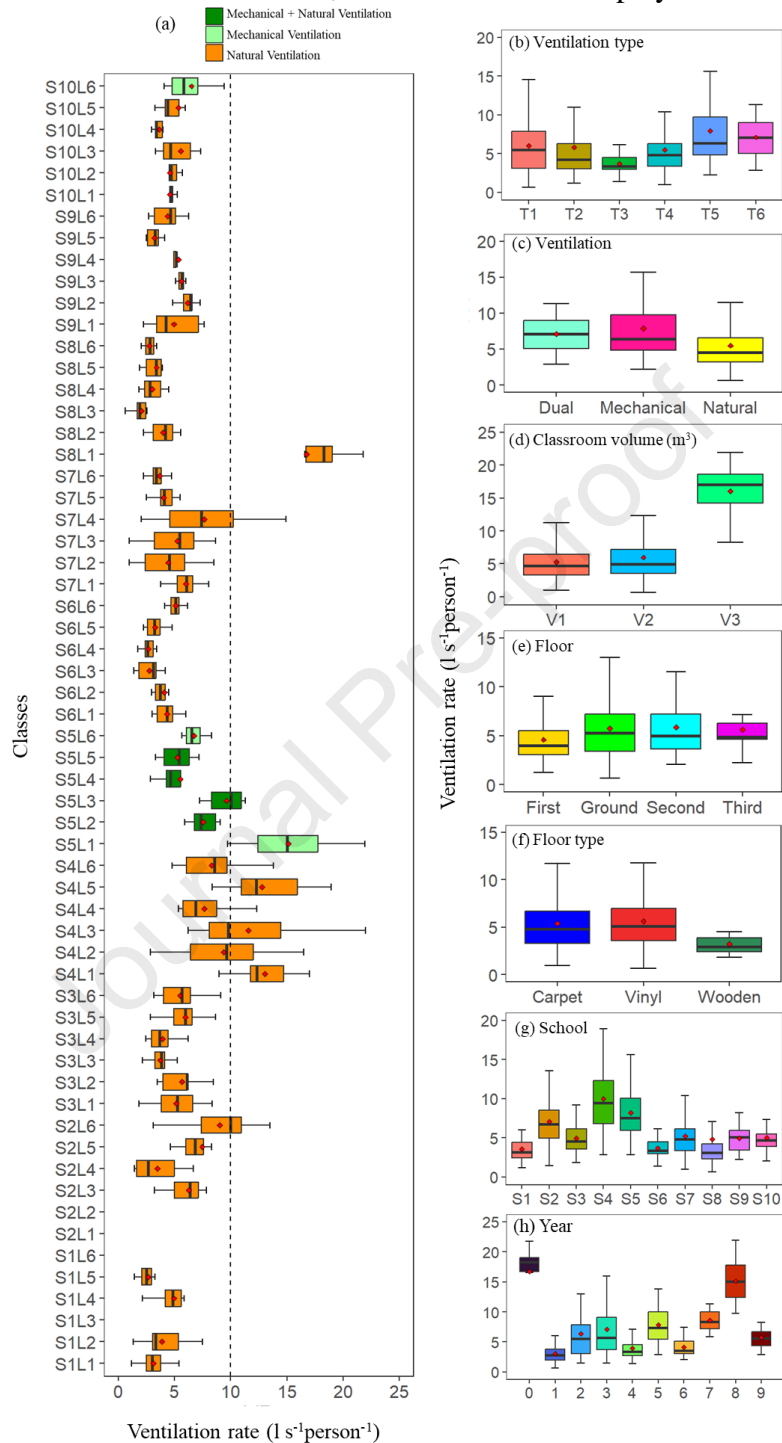


831

832

833 **Figure 6.** (a) ACH calculated for all classrooms represented in box plots (left panel) indicated by  
 834 classroom code. On the right, box plots represent the average value in reference to classroom  
 835 characteristics: (b) specific types of ventilation; (c) ventilation mode; (d) volume of classrooms;  
 836 (e) floor levels; (f) types of floor; (g) schools, and (h) year group. Each box has top, middle, and

837 bottom lines representing the 75, median, and 25 percentiles. The whiskers' bottom and top edges  
 838 indicate the minimum and maximum values, while the mean is displayed as a dot.

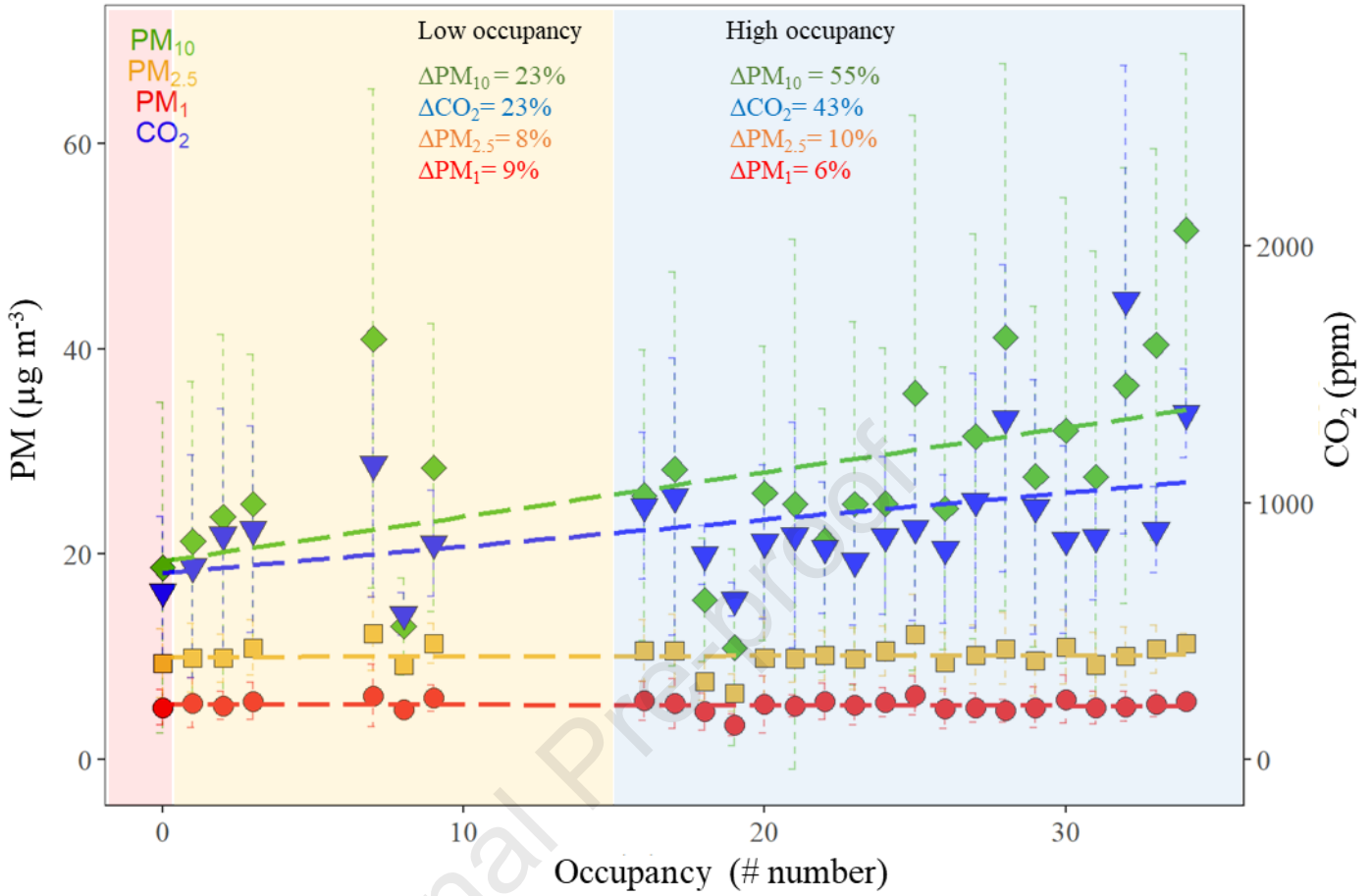


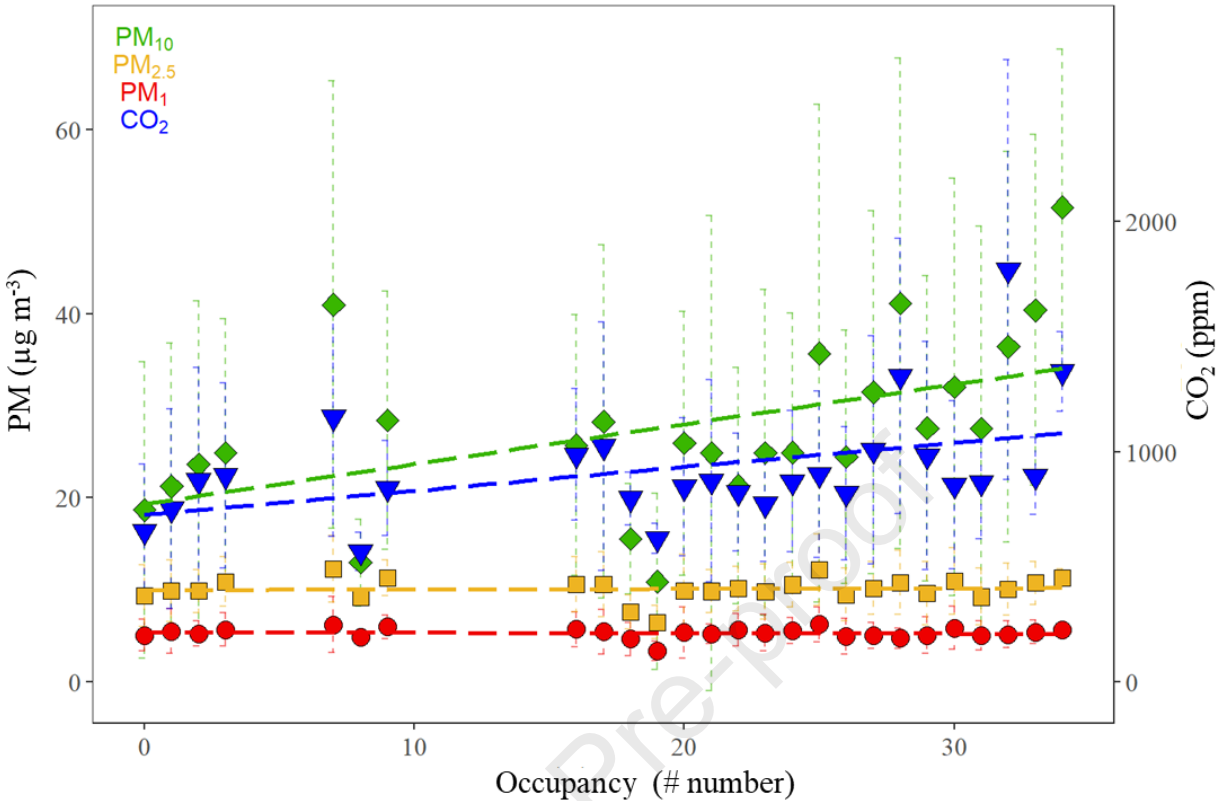
839  
 840 **Figure 7.** (a) Ventilation rate calculated for all classrooms represented in box plots (left panel)  
 841 indicated by classroom code. On the right, box plots represent the average value in reference to  
 842 classroom characteristics: (b) specific types of ventilation; (c) ventilation mode; (d) volume of  
 843 classrooms; (e) floor levels; (f) types of floor; (g) schools, and (h) year group. Each box has top,



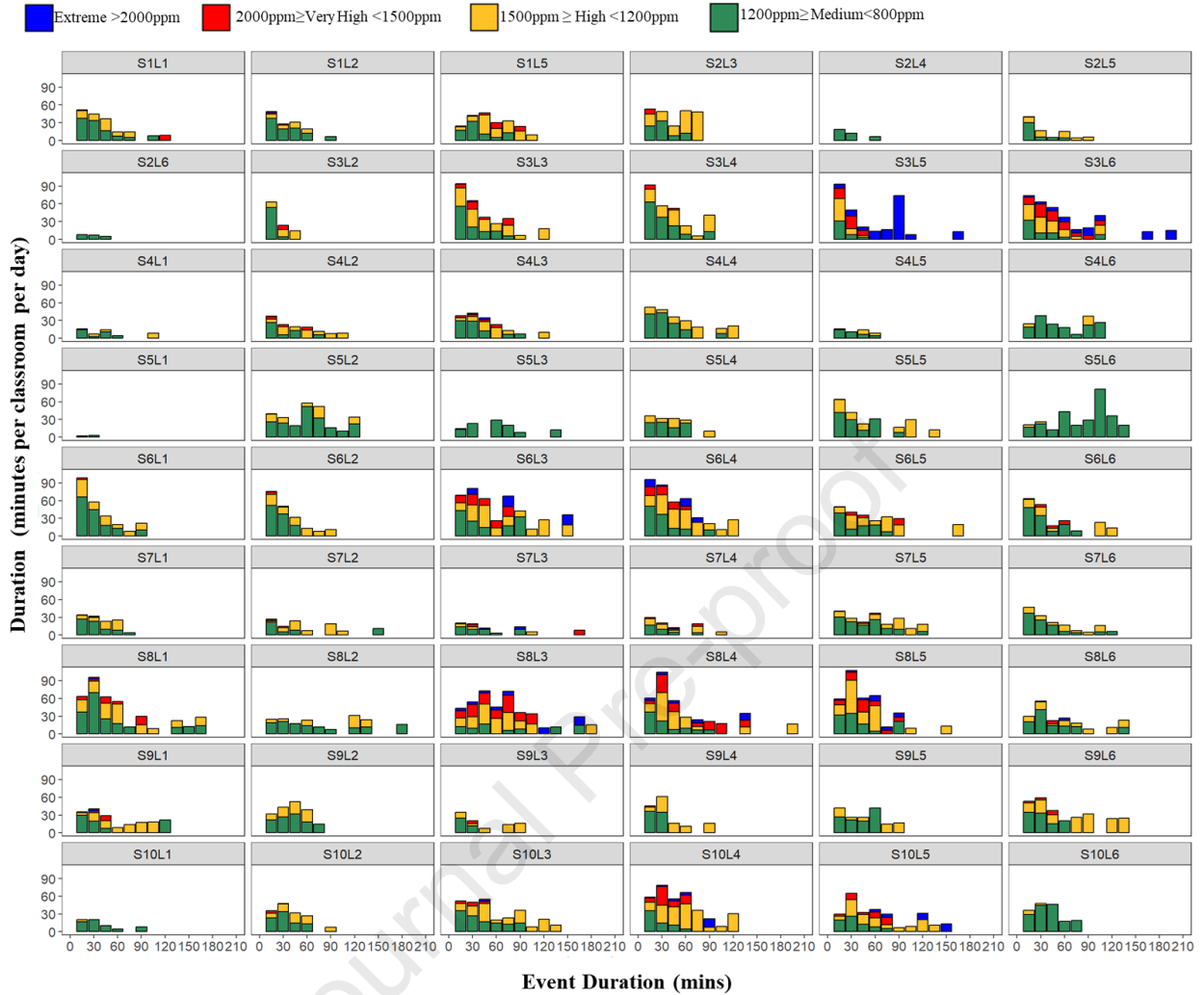
844 middle, and bottom lines representing the 75, median, and 25 percentiles. The whiskers' bottom  
845 and top edges indicate the minimum and maximum values, while the mean is displayed as a dot.  
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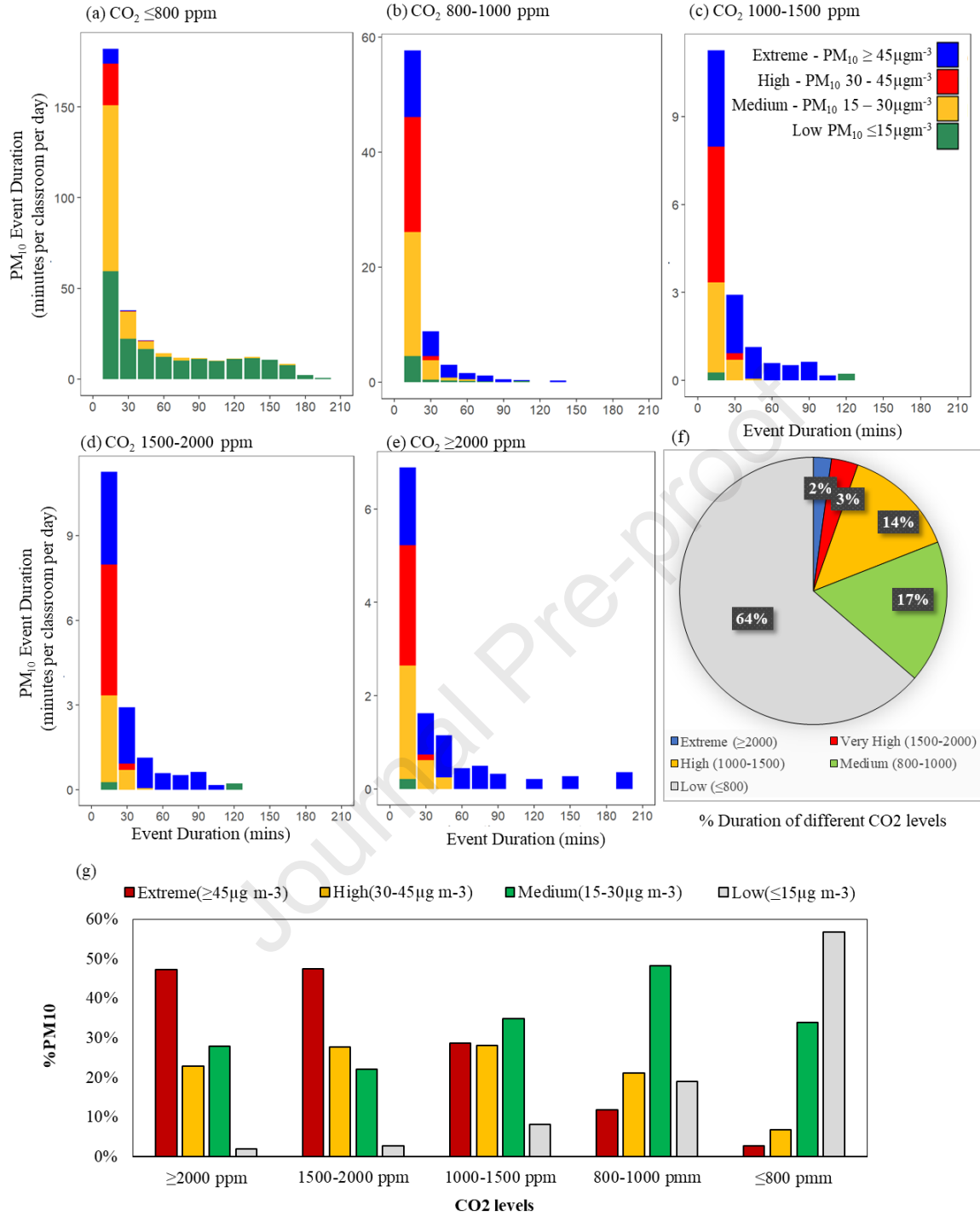


848  
 849 **Figure 8.** Correlation of average PM<sub>10</sub>, PM<sub>2.5</sub>, PM<sub>1</sub> and CO<sub>2</sub> concentrations for different  
 850 occupancy levels in all classrooms across ten schools. PM<sub>10</sub> correlation is shown in green, PM<sub>2.5</sub>  
 851 is in yellow, PM<sub>1</sub> is in red and CO<sub>2</sub> is in blue. Red, yellow and red shaded area denotes zero  
 852 occupancy (representing vacant classroom), low occupancy (up to four occupants), and high  
 853 occupancy (full classroom with the majority of the students and teachers (>26 occupants)). The  
 854 percentage difference in PM<sub>10</sub>, PM<sub>2.5</sub>, PM<sub>1</sub> and CO<sub>2</sub> concentrations during low and high  
 855 occupancies are calculated by comparing their concentrations at zero occupancy period during  
 856 school working hours.



857

858 **Figure 9.** The duration of ‘events’ in minutes per classroom per day. In-classroom CO<sub>2</sub>  
 859 concentrations are grouped based on a set of thresholds: low<800ppm;  
 860 800ppm>medium<1200ppm; 1200>high<1500ppm; 1500ppm>very high<2000ppm; and  
 861 extreme>2000ppm.



862

863

864 **Figure 10.** The duration of PM<sub>10</sub> ‘events’ in minutes per school per day for various CO<sub>2</sub> levels (a-

865 e); (f) shows the percentage of CO<sub>2</sub> events with different levels across all schools; and (g) shows

866 the percentage of PM<sub>10</sub> events under each CO<sub>2</sub> event.

**Research highlights**

- Particulate matter, CO<sub>2</sub> and thermal comfort were monitored in 60 classrooms.
- High occupancy classrooms showed an increase in PM<sub>10</sub> of 150% and in CO<sub>2</sub> of 140%.
- Dual ventilation lowered PM<sub>10</sub> concentration by 30% compared to natural ventilation.
- Hardwood had double the PM<sub>10</sub> concentration compared to carpeted floored classrooms.
- Low PM<sub>10</sub> events coincided with low CO<sub>2</sub> events in classrooms across studied schools.

**Declaration of interests**

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

The authors declare the following financial interests/personal relationships which may be considered as potential competing interests:

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