

The HomeSTEP Project with H.E.L.P



- ▶ We represent NextStep Support Services: “Supporting transitions through adulthood and lifestyles of choice”
 - ▶ Fostering **Independent Living skills** and **Community Participation** for adults living on the Autism Spectrum
 - ▶ Reducing support cost and increasing value for family and other support systems
 - ▶ Enabling meaningful employment for people from the neurodiverse community
- ▶ **Home STEP Training:** Aims to fully utilize funding for a transition of 2 individuals at 1:1 to transition to 2:1 for housing services, as it is becoming increasingly challenging to live in the community on a single person's budget. A 2-person budget at \$20/hr, full-time, would meet a minimum standard of living in Toronto. At 2000 hours/year/person, that is 4000 hours at \$20/hour or \$80,000. DSO can provide up to \$70,000 per pair, with earnings providing \$24,000. This would enable each pair to have an annual budget of \$94,000 for adult support services and still provide them the choice and control of administering their own ODSP funding.
- ▶ **Home STAY Training:** Members complete 14-days of training and are able to answer the questions of a COVID-19 screening survey to gain access to work communities.
- ▶ **Work STEP 1 Training:** Aims to teach members how to navigate the community with 2 meters of separation from strangers or the ability to wear PPE without self-contamination. Members who pass Work STEP 1 training, can complete a Work STEP 2 or Home STAY Programs.
- ▶ **Work STEP 2 Training:** Physical distancing rules require individuals to be able to navigate the community requiring 2 meters of separation from strangers or the ability to wear PPE without self-contamination. Many of our member do not demonstrate these abilities and thus must be supported in times of emergency or concern. The Work STEP 2 aims to teaches these skills to frontline support workers to promote community independence for members.

Home STEP

Goals of the HomeSTEP Training Program are to:

- Provide a safe and secure place where adults with developmental disabilities can stay in a home setting to prepare for supported or independent living
- Promote a healthy standard of living
- Support community involvement, social inclusion, individual choice, independence, rights and responsibilities

Home STEP supports you to get ready for supported community living!

NextSTEP
Clubhouse

Google

Image ca

Transition Clubhouse

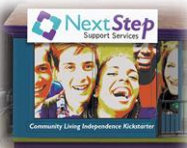
Training Apartment



- 1 Bdrm Apt.
- Staff Lounge & Snoozlen Room



Clubhouse Office



- Reception Centre
- Café/Kitchen



Respite Lodge



Supports:
Community Involvement, Social Inclusion, Individual choice, Independence, Rights and Responsibilities

Weekly Respite
Life Skills Training
CLIK Initiative



18+ YRS

Amberley Henry

Founder - Chief Development Officer (CDO)



- ▶ Behavior therapist with 20 years of autism support and community inclusion experience
- ▶ Teaches life skills to aid with adaptiveness, communication, community inclusion, self-management, self-regulation and socialization
- ▶ Developed 5 leading public/private school and adult learning programs in the field of special needs services delivery in the last 10 years.
 - ▶ **NextStep Support, My 1st STEP Program Pilot:** Successful completion of 36-month Transition to Online Learning Pilot Project for Learners of Development Disabilities Program in partnership with the Toronto District School Board. Reduced incidents of aggression within community settings for pilot group of 5 clients by 95% over 180 days
 - ▶ **Toronto District School Board:** Currently piloting a “Train the Teacher”
 - ▶ **Brighton Launch Day Program:** 22 students, \$700K operating budget
 - ▶ **Brighton High School:** Reduced incidents of aggression within classroom setting for class size of 11 by 95% for a sustained period of 20 days
 - ▶ **Social Groups Pilot:** Grew from 3 to 40 weekly participants in 18 months, 100% retention/renewal

“Amberley understands my son at times better than me. He can see through the lens of my son and gets the intricate workings of his mind. His programs are exceptional, and I so appreciate his upbeat positive attitude & patience. This past year, Amberley taught my son how to take the TTC independently. I feel very fortunate to have had Amberley’s guidance and expertise over these years. He is our angel. ”

Sarah C. - Parent

The Big Picture of Transitioning to Adulthood with Autism.

Today's Support Service System: Average of \$28,300-\$90,000 per year for 6:1-1:1 support from parents & support providers for days, evenings and overnights, but Passport Funding supports only \$5,000 - \$35,000 per individual per year.

- ▶ **Shortfall of \$15,000-55,000 per person with autism and having support needs of 6:1-1:1 support.** Not Enough funding to cover cost for current Support Service Model for individuals Transitioning into Adulthood.
- ▶ "Group homes for adults with autism unaffordable and inaccessible, parents say," ...funds hardly reach the amount he would need to afford a private group home in Ontario*, which can cost around \$90,000 per year.** (Pg. 341, Figure 5: Actual Cost per Bed by Residential Service Type, 2012/13)
- ▶ The Ministry of Community and Social Services says the adult developmental service system faces challenges because its clients are growing older and living longer, and because their care needs are more complex (40% of people with developmental disabilities also have mental-health issues).** (Pg. 333, Paragraph 2)
- ▶ **There is a wave of ~20,000 adults who will need residential support services in the coming 10 years, as boomers age.** "Approximately 42,000 adults in Ontario are currently receiving ministry-funded developmental services and supports through developmental services agencies, including 18,000 in residential settings," said Ministry of Community and Social Services spokesperson Kristen Tedesco in an email.*

Sources:

*Graham Slaughter, CTVNews.ca, Published: Wednesday, June 8, 2016 10:04PM EDT.
Last Updated Wednesday, June 8, 2016 10:21PM EDT

** 2014 Annual Report of the Office of the Auditor General of Ontario. "Residential Services for People with Developmental Disabilities". Chapter 3, section 3.10.
From <http://www.auditor.on.ca/en/content/annualreports/arreports/en14/310en14.pdf>

Today's System: Average of \$90,000/yr. for 6:1-1:1 Support from Parents & Support Providers.

Passport Funding: Government support \$5,000 - \$35,000 per year

Highly Supported (1:1-2:1 support): \$90,000/yr.
High levels of support, guardian's approval required.
E.g. private group home

Moderately Supported (3:1-6:1 support): \$28,300/yr.
Moderate levels of support, guardian's support needed.
E.g. Lives at home/Host Family

Independent: (High School, ODSP, Ontario Works)
Independent and require employer support
Many unemployed and/or under engaged

Structured Transition Engagement Plan System

STEPS: Learning to share space and resources can support a group of 20+ individuals, reducing costs to under \$35,000 per person per year

Passport Funding: Government support \$5,000 - \$35,000 per year

Supported
Member

Clubhouse Members:

My 1st STEP (Highly Supported **\$35,000 per year**)

Community STEP (Moderately Supported **\$27,000 per year**)

Facilitator in Training F.I.T. (Work Supports **\$4,980 per year**)

HomeSTAY (Supported Housing **\$23,400 per year**)

Supportive
Volunteer

Coop/Volunteer Facilitators In Training:

High School, College or University Co-op students

Independent volunteers or ODSP/OW program members

No cost to attend the program (\$0 - Covered)

Must be able to complete 4-hour shift without job coach

Support
Staff

Facilitators:

Minimum 300 hours of training

Assist Members with social activities 4-35 hours per week

Earned Wages (**\$16.50-\$25 per hour**)

Your Person Directed Process

Person Directed Planning



Independent Living



Experience Work at a Camp



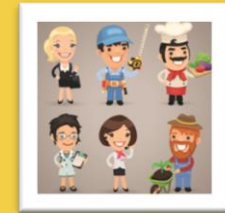
Making Acquaintances,
Friends & Best Friends:
Community Membership



Greater
Independence



Train for a Job



Community Activities:
Clubhouse Membership



Away Camp



Sign a Job Contract



22-Social Community

My 1st STEP Members

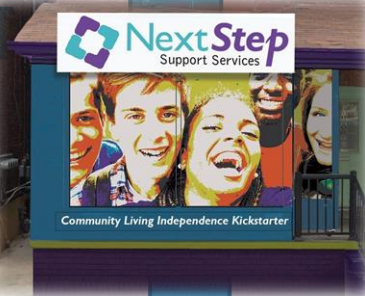


Social STEP Staff

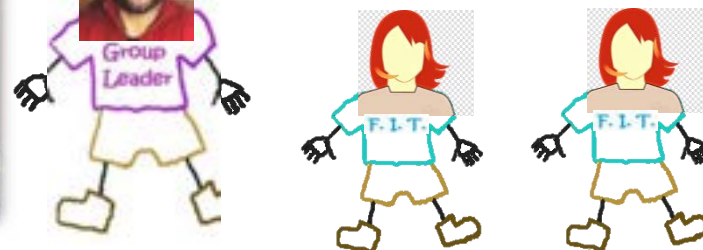


Work STEP Members

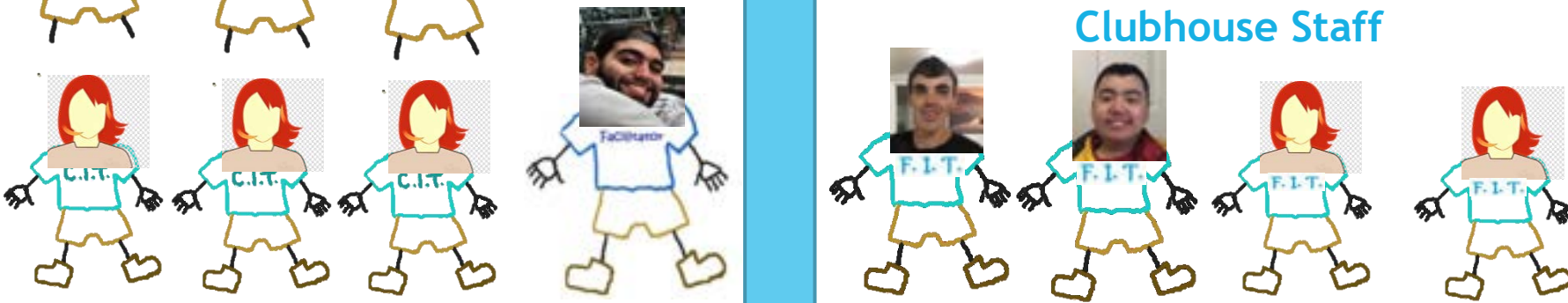
Community STEP Members



Clubhouse Supervisor



Clubhouse Staff



www.college-clubhouse.com

Visit the library, learn to use the TTC& volunteer at [the food bank](#)



18+
YRS

STEPS Clubhouse Goals

- ▶ Generate impact reports and use cases to enable the program to rollout regionally/nationally
- ▶ **My 1st STEP Program:** Design socialization plan for each Member and match to the right Facilitator & Group. Teach each member how to share space at the Clubhouse and in the community with 1 or 2 others.
- ▶ **Community STEP Program:** Personalize each member's 30-hour engagement plan to their individual strengths and interests. Teach each member how to share space at the Clubhouse and in the community with 3 to 6 others.
- ▶ **Social STEP Groups:** Create online infrastructure to manage 60 group members and 10 staff. Recruit 60 Members; currently at 30.
- ▶ **Work STEP F. I. T. Program:** Create online infrastructure to train & manage 10 Facilitators. Recruit and train 10 Facilitators in *Emergency Response Procedures* for Social Group Events.
- ▶ **Home STEP:** Develop Overnight respite location for transition to independent living program.

Program Benefits

- ▶ **STEP Program Members** - Inclusive engagement, socialization and community participation
- ▶ **Facilitators In Training (F. I. T.)** - Insightful connections and opportunities for personal growth as they can relate to Member's experiences
- ▶ **Facilitators** - Purposeful employment for young adults on the Autism Spectrum, or with ODSP or Ontario Works programs
- ▶ **Parents** - Increased peace of mind; increased earning potential
- ▶ **Society** - Reduced support costs; increased inclusivity



My 1st STEP Program

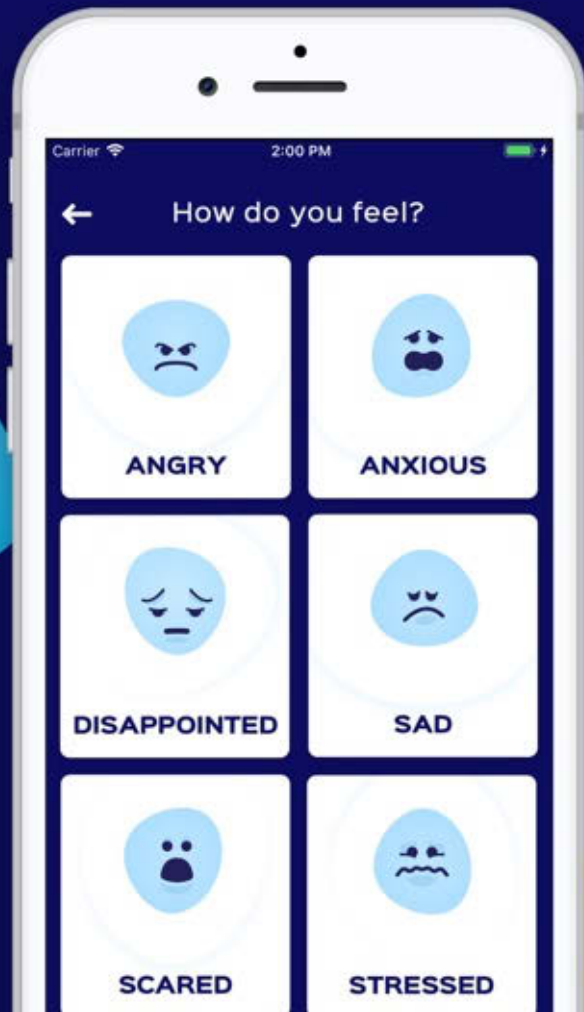
Roshan: Clubhouse Member

- ❑ 22 years old, male, Brampton Ontario
- ❑ Has been following a Structured Transition Engagement Plan, My STEP for 18 months, 6 days per week
- ❑ Non-verbal with Autism, mainly uses assistive devices and gestures to communicate
- ❑ Graduated from Public High School Developmental Disabilities Program for students with a moderate to severe intellectual delay

Progress:

- ❑ Reduced incidents of physical self-harm within classroom and community settings reduced by 95% for a sustained period of 90 days
- ❑ Reduced support needs from 1:1 to 2:1-3:1
- ❑ Increased community engagement and ability to communicate needs in 60+ venues & activities, and 10+ international cities.

Tools to reset
many emotions



Social STEP Program

Anonymous: Clubhouse Member

- 20 years old, Non-identifying, Toronto Ontario
- Has been a Social STEP member for 6 years, 1-2 day per week on weekends
- Mild Intellectual Disability
- Last year of Public High School in MID Program for students with a mild to moderate intellectual delay

Progress:

- Reduced incidents requiring 1:1 support by 95% for a sustained period of 90 days within community settings
- Reduced support needs from 1:1 to 2:1-3:1 and is now in the 3:1-6:1 Grouping at times.
- Is now able to navigate community locations with decreased distress



Community STEP Program

Mario: Clubhouse Member

- 25 years old, male, Toronto Ontario
- Has been following a Community Structured Transition Engagement Plan, Community STEP for 36 months since graduation, 6 days per week
- Autism, anxiety, ADHD
- Graduated from Public High School Developmental Disabilities Program for students with a moderate to severe intellectual delay

Progress:

- Reduced incidents of physical aggression and eloping by 95% for a sustained period of 90 days within classroom, community and work settings
- Reduced support needs from 1:1 to 3:1-6:1
- Successfully transitioned from 1:1 home-based program to 2:1-3:1 My STEP program and is now in the 3:1-6:1 Community STEP program.
- Now chooses own weekly schedule, is learning a job and can adapt to changes in schedule without frustration leading to incidents of aggression or eloping.

Community Guides



Work STEP 1 Program

Rory: [Facilitator in Training](#),
Community & Event Guide

- ▶ 21 years old, male, Toronto Ontario
- ▶ Clubhouse member
- ▶ Former high school coop placement student
- ▶ Autism

Andrew: [Facilitator in Training](#),
Community & Event Guide

- ▶ 20 years old, male, Toronto Ontario
- ▶ Full-year, high school coop placement student
- ▶ Mild Intellectual Disability

Event Facilitator

A young man with dark hair, glasses, and a yellow t-shirt is smiling and looking towards the camera. He is outdoors, with a body of water and trees in the background. The image is partially obscured by a semi-transparent text box on the right and a quote box at the bottom left.

Hassan: Facilitator in Training, Community & Event Facilitator

- 24 years old, male, Toronto Ontario
 - Former high school coop placement student
1. Hassan found employment and is asking about college
 - More independence
 - Fulfilling work
 2. Members have been noticed to change their behaviour if offered interaction with Hassan
 - Successful learning
 - Motivation by example
 3. Hassan's mother has noted improvement at home
 - Benefits beyond the program
 - Learning other life skills

“Peer support comes in so many forms, but however it's given, it can be a lifeline for many autistic adults and children.”
-Bristol Autism Support

Clubhouse Facilitator



Employee: Facilitator in Training, Clubhouse Facilitator

- Youth in, Toronto Ontario, Started in April of 2023

1. Employee has found a place to feel comfortable and be engaged for his daytimes
 - More independence
 - Fulfilling work
2. Staff member relates to the members and offers his knowledge and support during challenging times
 - Peer mentorship
 - Peer resolution / Mediation
3. Parents have noted improvement at home
 - Benefits beyond the program, including increased confidence

“Inclusion is a right not a privilege for a select few.”

-Judge Geary, Oberti V.
Board of Education (D.N.J. 1992)

2020-Post Covid

Work STEP2:
Post Secondary Co-op

Work STEP3:
Benefits of Employment



12-MONTH INCOME REPORT DUE TO COVID – 19

CLUBHOUSE Programs

STEPS Day Programs: Community Groups

	Apr	May	June	July	Aug	Sept	Oct	Nov	Dec	Jan	Feb	Mar
My STEP	NO SERVICES because of COVID-19					\$16,800*	\$16,800*	\$16,800*	\$16,800*	\$16,800*	\$16,800*	\$16,800*
CITs	MY STEP \$8,400/CIT \$3,072/TOT \$1,200					\$21,456*	\$21,456*	\$21,456*	\$21,456*	\$21,456*	\$21,456*	\$21,456*
Fifs	Loss: \$10,672/month					\$7,200*	\$7,200*	\$7,200*	\$7,200*	\$7,200*	\$7,200*	\$7,200*
Online Members	\$0	\$400	\$800	\$1,200	\$1,600*	\$1,600*	\$1,600*	\$1,600*	\$1,600*	\$1,600*	\$1,600*	\$1,600*

CLIK Transition Program: 1105 College Street, Toronto ON, M6H1B4

	Apr	May	June	July	Aug	Sept	Oct	Nov	Dec	Jan	Feb	Mar
Lower 1	Chap Worker											
Lower 2	ACES & GUIDES											
Main 2												
Main 1	STEPS Programs											
Upper 1	NO BOOKINGS because of COVID-19					Chap Worker						
Upper 2	Upper 2 \$8,600/Upper 3 \$8,800					ROJIAN	HASSAN	RORY	MAYA	EMMA	MARI	
Upper 3	Loss: \$17,200/month					ARIK					MARIO	



12-MONTH INCOME REPORT DUE TO COVID – 19

ACES & GUIDES

Evening, Weekend & Holiday Social Groups

	Apr	May	June	July	Aug	Sept	Oct	Nov	Dec	Jan	Feb	Mar
Social STEP	NO SERVICES because of COVID-19					\$6,000*	\$6,000*	\$6,000*	\$6,000*	\$6,000*	\$6,000*	\$6,000*
Online Members	\$0	\$500	\$1,000	\$1,500	\$2,000	\$2,000*	\$2,000*	\$2,000*	\$2,000*	\$2,000*	\$2,000*	\$2,000*

Summer Camp: 1636 Kennis Lake Road, Dysart, ON K0M 1J1

	Apr	May	June	July	Aug	Sept	Oct	Nov	Dec	Jan	Feb	Mar
Compoite	Overnight Camp											
Camper 1						NO BOOKINGS because of COVID-19						
Camper 2						2 month - Commercial Lease						
Camper 3						Camper 1 \$8,600 x 2 Camper 2 \$8,600 x 2 Camper 3 \$8,600 x 3 Loss: \$31,000/month						

12 Month Gross Revenue Projections:

20 (Members & Staff)

September 2020
Group Net Profit \$151,500

Unsustainable

Double the Numbers

January 2021
Gross Net Group Profit
\$303,000

Sustainable

Triple in Numbers

April 2021
Gross Net Profit
\$454,500

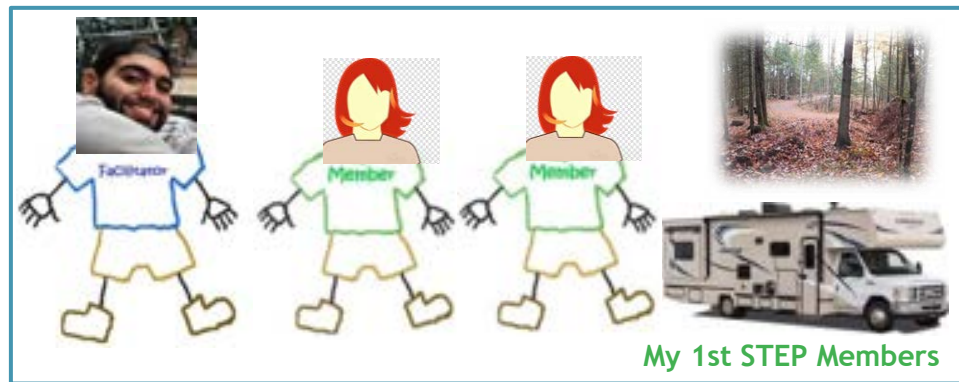
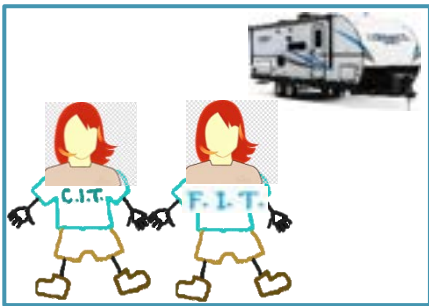
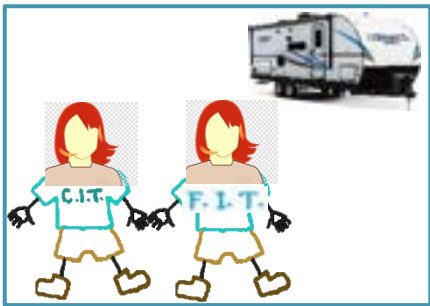
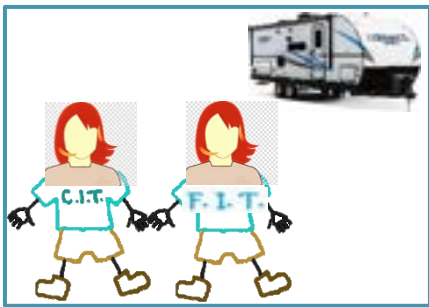
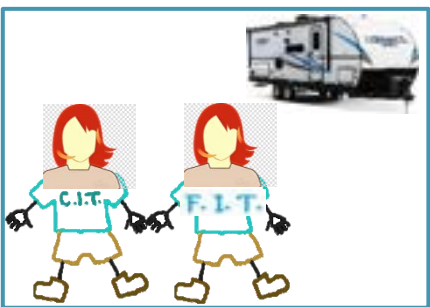
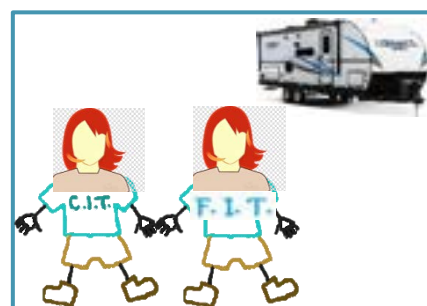
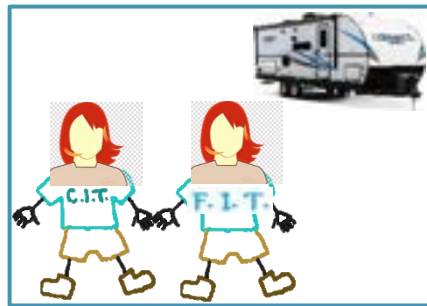
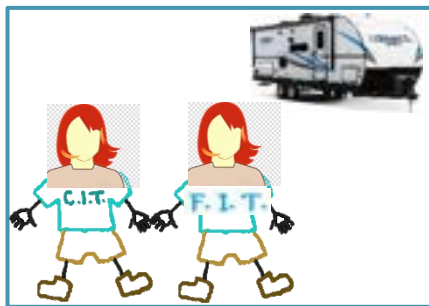
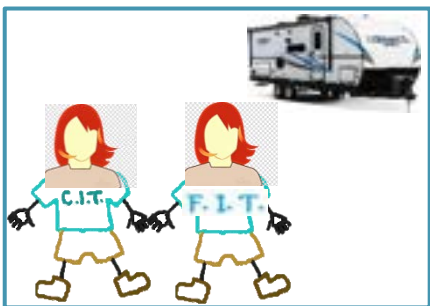
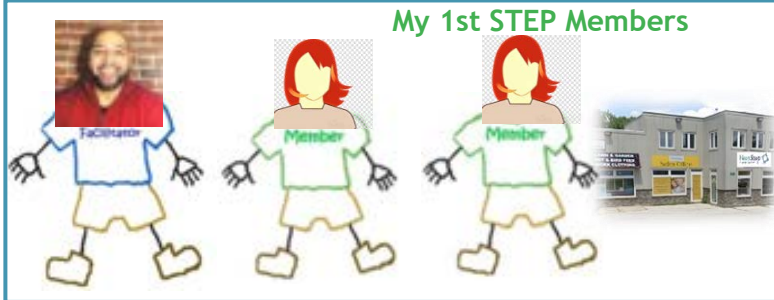
Annual Growth

Distanced Communities

My 1st STEP Members



My 1st STEP Members



18+ YRS

NextStep Support
Detailed Operating Statement (Major subtotals)
Monthly Review 2020 with forecast
Toronto Ontario

	Monthly Forecast	2020 Forecast		
REVENUES				
Direct Funding	-	443,596		
TOTAL REVENUE	<u>-</u>	<u>443,596</u>		
EXPENDITURES				
Salaries - FT Management	7,020	84,240	Equipment Repairs & Mice	16
Salaries - FT Recruiter	3,894	46,725	Meetings	50
Salaries - FT Community Facilitators	5,841	70,088	Telephone	50
Salaries - FT Group Facilitators	7,768	93,450	Telephone - mobile	167
Salaries - PT (0.4) Group Facilitators	3,115	37,380	Postage	50
Accrued Vacation	(1,106)		Total Office Expenses	599
Total Salaries	24,542	294,503	Purchased Serv. -Consumer	2,400
Benefits - Management	208	2,496	Total Purchased Services	2,400
Benefits - Recruiter	208	2,496	Advertising-Staff Recruitment	175
Benefits - Community Facilitators	208	2,496	Total Advertising	175
Benefits - Group Facilitators	416	4,992	Safety Training and Medical Supplies	83
Total Benefits	1,040	12,480	Total Assess/Medical Supplies	83
Travel - Staff Accommodation	-	1,200	Awards and Recognition	129
Travel - Staff Meals	-	400	Total Awards/Recognition	129
Travel - Staff Mileage	300	3,600	EXPENSES BEFORE ADMIN	<u>34,422</u>
Travel - Staff Transportation	-	1,100		<u>431,109</u>
Total Travel Costs	300	6,300		Month Forecast
PEERS Certified Social Skills Training	-	3,257	OPERATING SURPLUS / (DEFICIT)	(34,422)
CPI Trainer Training - Certification	-	5,089	Local Contract Admin	956
Training - CPR/First Aid	-	405	ADMINISTRATION	<u>956</u>
Total Training Costs	-	8,731		<u>11,496</u>
Building Mice & Repairs	200	2,400	TOTAL EXPENSES	<u>35,380</u>
Premises Rent	3,955	47,460		<u>443,596</u>
Utilities	600	7,200		
Business Insurance	400	4,800		
Total Occupancy Costs	5,155	61,860		
Office Supplies, Computers & Tech	83	8,596		
Photocopy Costs	67	804		
Equipment Rental	116	1,392		

Launch

Your Life, Your Plan...

Our custom Pdp are the foundation of the great future life that's just around the corner.

Move forward with the confidence and solid guidance in building your best life.

Let's get there together with a step by step approach to grow with your needs and circumstances. We help Launch your life long journey with confidence, so buckle up - we're about to Launch.

LAUNCH Support Services empowers youth and young adults with developmental disorders to successfully navigate life transitions through the development of a Person Directed Plan (PDP). This person-centered approach places the individual in the driver's seat to identify and plan their goals and dreams. Together, we develop a step-by-step road map to attain the identified goals and LAUNCH provides the facilitation to get there.



Launch Your Life with:

- Motivation
- Guidance
- Confidence
- Accomplishment



Launch Your Life, Your Plan

Transition Planning

Our custom Pdp are the foundation of the great future life that's just around the corner.

Who can help with your transition? You can select someone from your:

- family
- school,
- community agency
- respite worker.

Your role

- Have a voice, your opinion matters.
- Be involved as much as possible.
- Think about your goals for the transition and your future.

Your parent/caregiver/Person Directed Planner

- Helps to develop your goals during the transition.
- Helps to advocate for you, making sure your voice is heard.

How do you prepare?

- Think about your upcoming transition.
- Identify who can help you in the process.
- Choose a lead (you, a professional, or a person you trust and rely on).
- Make sure you have the required documents for the application process.

Making the transition

Some of the services that may be available to you include:

- Next Step Support Services,
- Passport program,
- housing supports,
- community participation supports, and
- care giver respite supports.



Launch Your Life with:

- Motivation
- Guidance
- Confidence
- Accomplishment



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Info@NextStepSupport.com
www.NextStepSupport.com

Supporting Transitions Through Adulthood & Lifestyles of Choice

WHAT'S IN YOUR NEXT STEP?

WITH EVERY TRANSITION INTO ADULTHOOD WE CONSULT WITH:

- INDIVIDUAL & PERSONAL SUPPORTS
- PARENTS
- FRIENDS
- INFLUENCERS
- SIBLINGS
- TEACHERS/INSTRUCTORS

TO CONTRIBUTE TO A WELL-ROUNDED, FULFILING AND COMPLETE ADULT LIFESTYLE OF CHOICE.

PARTS OF A COMPLETE LIFE

- Meet your **Hopes & Dreams** and relieve your **Fears & Anxieties**
- Meet your **Wants & Needs**
- Have a **Community Engagement** component
- Have a **Social Life** component
- Have a **Home Life** component
- Have **Work / Purposeful Activity** component

Developing a Transition Plan of Choice

1. Choose a Community Engagement Plan
2. Choose a Personal Development Plan



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1. Choose a Community Engagement Plan

Social STEP:

TRY NEW THINGS & MEET NEW PEOPLE.

Social STEP Groups give you the opportunity to meet people and experience cultural festivals and attractions. This package is most suitable for individuals who are independent in the community and social environments. Groups are staffed at a 6:-12:1 participant to staff ratio. Food & travel costs extra. Additional fees apply for individuals with additional support needs. E.g. 1:1-6:1 support needs.

My 1 STEP:

GET READY FOR YOUR NEXT STEPS AFTER HIGH SCHOOL!

My 1st STEP is a call to action! It is specifically designed for individuals who are transitioning into the community for the first time. It is a structured program that focuses on personal development and teaches the skills necessary for members to be in the community and share spaces. My 1st STEP Groups are staffed at a 2:1-3:1 participant to staff ratio.

Community STEP:

ARE YOU A RECENT HIGH SCHOOL GRADUATE AND PREPARING FOR COMMUNITY LIVING?

This is a full year program, that is best for young adults who are preparing to transition into an adult lifestyle of their choice or into a post-secondary opportunity. It is a flexible program that focuses on personal development and teaches the skills necessary for members to have flexible thinking, make their own choices and manage challenging or emergency situations. STEP Groups are staffed at a 3:1-6:1 participant to staff ratio.

Work STEP:

ARE YOU READY FOR EMPLOYMENT?

This is a Job Training and employment program best for adults who are ready to transition into the workforce and become an employee of NextStep Support. Participants may face a variety of barriers to employment, including: disability, lack of education or experience, or socio-economic barriers. Participants learn to navigate and engage in workplace settings.



2. Develop a Personal Development Plan

- Choice & Control
- Communication skills
- Self-regulation & Social Skills
- Self-help & Advocacy
- Safety
- Expanding the World

WHEN WOULD YOU LIKE TO START?

THIS MONTH	2-6 MONTHS	6-12 MONTHS
1	2	3

Choose 2- Choose 10- Remaining

1. Choice & Control...

1	2	3	Understanding your options
1	2	3	Making your own choices
1	2	3	Following your own plan for a Lifestyle of your own choice

2. Communication

1	2	3	Engaging others to get what you need or want
1	2	3	Expressing your feelings so others can support you
1	2	3	Engaging others who you find interesting and entertaining

3. Self-Regulation & Social Skills

1	2	3	Understanding the expected & the unexpected, so you can get what you want
1	2	3	Managing negative thoughts and emotions, so you can feel happy and excited

4. Self-Help & Advocacy

1	2	3	Knowing what you need
1	2	3	Practice asking for thing you need
1	2	3	Knowing your rights and benefits

5. Safety

1	2	3	Practice communicating about your personal health
1	2	3	Expressing feelings for wellbeing or illness
1	2	3	Supported engagement in the community
1	2	3	Expressing your rights
1	2	3	Using work benefits

6. Expanding the World

1	2	3	Practicing solutions to your problems in real-time
1	2	3	Practicing strategies that keep you safe
1	2	3	Practicing accessing resources that you want or need
1	2	3	Practicing getting support and help from those around you

UNDERSTANDING YOUR NEEDS



Are you prepared for the Next STEPS of Your Life?

It can be hard to determine your specific support needs for situations you have not been thinking of, so we have made it easy for you.

Our Needs Assessment tool has been designed to help identify the gaps in your existing support coverage. Understanding these gaps will make it easier to plan for your future and to select the supports that are right for you and your family.

1. Completes the tasks of the day without 1:1 support

	Yes	No
If you became sick or were injured and could not support your dependent, would they be able to complete the necessary tasks of their day at home without 1:1 support?	<input type="checkbox"/>	<input type="checkbox"/>
<i>If No, please consider a My STEP Program</i>		
Requires personal care support	<input type="checkbox"/>	<input type="checkbox"/>
Requires support to remain safe in the community	<input type="checkbox"/>	<input type="checkbox"/>

2. Navigates the Community independently

	Yes	No
If you became sick or were injured and couldn't support your dependent in the community, would he or she be able to complete the necessary tasks of his or her day?	<input type="checkbox"/>	<input type="checkbox"/>
<i>If No, please consider a Community STEP Program</i>		
Follows directions in case of emergency and safeguards against harm	<input type="checkbox"/>	<input type="checkbox"/>

WHAT'S YOUR GREATEST CONCERN?

3. Sharing Space & Community Resources

	Yes	No
Can your dependent share space in the community at a 12:1+ member to staff ratio? Are they flexible with change and adapting to new situations?	<input type="checkbox"/>	<input type="checkbox"/>
<i>If No, please consider a Social STEP Program</i>		
Can navigate the community Independently	<input type="checkbox"/>	<input type="checkbox"/>
Requires support to try new things, meet new people or make friends	<input type="checkbox"/>	<input type="checkbox"/>

4. Independence at Home

	Yes	No
If you became sick or were injured and couldn't support your dependent at home, would he or she be able to complete the Activities of Daily Living without support?	<input type="checkbox"/>	<input type="checkbox"/>
<i>If No, please consider a Home STEP Program</i>		
Requires support to travel on the public transit	<input type="checkbox"/>	<input type="checkbox"/>
Requires support to complete Activities of Daily Living (ADLs)	<input type="checkbox"/>	<input type="checkbox"/>
Is eligible for DSO Passport funding	<input type="checkbox"/>	<input type="checkbox"/>

5. Employment

	Yes	No
Can your dependent work to support his or her own needs?	<input type="checkbox"/>	<input type="checkbox"/>
<i>If No, please consider a Work STEP Program</i>		
Can work a minimum 4-hour Shift, with a 15-minute Break	<input type="checkbox"/>	<input type="checkbox"/>
Can manage personal money and property to safeguard against harm	<input type="checkbox"/>	<input type="checkbox"/>
Is eligible for ODSP Support Benefits	<input type="checkbox"/>	<input type="checkbox"/>



Transitional Supports available ...

Adult Support Plans

- Up to 12hrs of support services for individuals in community living arrangements
- Support to complete the Activities of Daily Living

Community Facilitation Plans

- Up to 12 hrs of facilitation for individuals in the community
- Support to participate in community activities

Overnight Respite Support

- Up to 24hrs of Overnight Respite support for individuals when family is traveling locally or abroad
- Support to participate in overnight activities, e.g. Overnight Camps

Referral Service Plans

- Funded Programs & Services
- Fee for Service Programs & Services



2021 PDP PACKAGE



• **A CUSTOM PDP PLAN**



• **WEBSITE MEMBERSHIP
1ST MONTH**

• **60 HOURS OF
IMPLEMENTATION**

\$2500



• **1st Month
Membership**

<https://acesguides.com>

• **2 Tickets to
Annual Event**

Implementation

You get a Choice of:
1 Week Overnight Respite
Or 1 Month Full Time



Service Agreement

Thank you for choosing NextStep Support. This agreement will confirm our arrangements with you. Please take the time to carefully read and complete this Agreement and sign both copies. Keep one for your records and return one to us prior to the commencement of services.

Client Name: _____

Client Address: _____

Client Telephone Number: _____

Type of Service: Person Directed Planning

Term of Agreement:

(Write "Ongoing Until Cancelled" if unknown)

Completion of one Person Directed Plan (PDP), with observational assessment

Bill Rate:

(Write "Per Hour" or "Per Day")

\$1,120 per plan (6-8 hours, plus written plan)

Responsible Payment Party: _____

Responsible Party's

Relationship with Client: _____

Address: _____

Telephone Number:

Home

Cellular

Email: _____

Prior to the provision of services, our office will submit an invoice for your reference. Please review it carefully before signing and keep a copy for your records. All payments must be made in full prior to the commencement of service, except hourly services. **Employees are not paid directly.**

NextStep Support Inc. will if requested, forward invoices to the Client's insurance company, power of attorney for property, or trust as a courtesy only. The Client remains responsible for payment of fees to NextStep Support Inc.



Service Agreement

Please call us between designated office hours if you wish to make any changes in your service arrangements or if you have any questions. We will be pleased to help you.

In addition to the above compensation, NextStep Support Inc. will be entitled to the following reimbursements: a) all extra travel expenses necessary for the execution of the program, except those included in regular pick up and drop off, including rail, taxi, bus, air, rental vehicles, and mileage in personal vehicles, which is charged at 40 cents per kilometer b) supplies and material necessary to execute an in-home program, c) any other direct or partial cost expenditure not listed will be evaluated on an individual basis and will be submitted in writing for approval prior purchase.

All overdue accounts will bear interest charges of 1.5% per month commencing 30 days after receipt of invoice. Clients are responsible for any legal fees and interest charges associated with collecting invoices in default.

The Client and/or Responsible Party agrees to indemnify NextStep Support Inc. and its employees from all liability, claims, damages and expenses arising out of any act or omissions by the Client and/or Responsible Party including injury, death, or damage to persons or property.

You will be notified in advance of any changes in our billing rates or terms of this agreement.

This agreement shall be construed in accordance with the laws of the Province of Ontario.

This agreement constitutes the entire agreement between the parties. Any terms not expressly set forth in this agreement are of no force or effect.

I/we understand the above terms and agree to assume responsibility for the payment of fees or charges for services provided by NextStep Support Inc.

Print Name of Responsible Payment Party:

Signature:

Date:



Adult Support Services

SECTION A – PERSONAL SUPPORT

You will receive personal care from trained and experienced care providers including Personal Support Workers, Developmental Support Workers or Personal Companions depending on your support needs. You can receive up to 12 hours of support per day while residing in a community living arrangement. Personal Care Support assists individuals to complete their **Activities of Daily Living (ADLs)**.

Support is provided for ...

2 HOURS A DAY	4 HOURS A DAY	6 HOURS A DAY	8 HOURS A DAY
PLAN 1*	PLAN 2	PLAN 3	PLAN 4

- While services are being shared at the same location* or while living independently ...
- For as long as support is required, with regular assessments to adjust support levels, if necessary.

SECTION B – FUNCTIONAL TRAINING

You will receive functional training from trained and experienced fitness professionals. Functional training helps prepare individuals to meet the physical demands of completing their **Activities of Daily Living (ADLs)**.

Training is provided for ...

30 MINUTES X 2 PER WEEK	30 MINUTES X 4 PER WEEK	60 MINUTES X 2 PER WEEK	60 MINUTES X 4 PER WEEK
PLAN 1*	PLAN 2*	PLAN 3	PLAN 4

- While services are being shared at the same location* or while living independently ...
- For as long as training is required, with regular assessments to adjust support levels, if necessary.



Adult Support Services

SECTION C – PERSONAL DEVELOPMENT TRAINING

You will receive personal development training from trained and experienced behaviour professionals including Board Certified Behaviour Analysts, Registered Behaviour Therapists, Independent Facilitators and Coaches. You can receive up to 6 hours of training per day. Training supports individuals to complete their **Activities of Daily Living (ADLs)** with increasing independence.

Personal Development Training is provided for ...

1 HOUR A DAY	2 HOURS A DAY	3 HOURS A DAY	6 HOURS A DAY
PLAN 1*	PLAN 2*	PLAN 3	PLAN 4

- While learning in group settings* or individually ...
- For as long as support is required, with regular assessments to adjust support levels, if necessary.

SECTION D – STRUCTURED RESPITE

You will participate in fun and engaging leisure and recreational activities facilitated by trained and experienced care providers while family members receive a break. You can receive up to 12 hours of support per day.

Support is provided for ...

2 HOURS A DAY	4 HOURS A DAY	6 HOURS A DAY	8 HOURS A DAY
PLAN 1*	PLAN 2	PLAN 3	PLAN 4

- While learning in group settings* or individually ...
- For as long as support is required, with regular assessments to adjust support levels, if necessary.



Adult Support Services

Personal Support Work	PLAN 1*	PLAN 2	PLAN 3	PLAN 4
Session Duration	1 Hour	4 hours	6 hours	8 hours
Section A	\$25	\$100	\$150	\$200

PLAN 1* - Minimum of 4 hours of support, while services are being shared by 2 individuals at the same location.

Functional Training	PLAN 1*	PLAN 2*	PLAN 3	PLAN 4
Session Duration	2 x 30 min	4 x 30 min	2 x 1 hour	4 x 1 hours
Section B	\$80	\$160	\$160	\$320

PLAN 1* & 2* - Per individual, while services are being shared by 2 individuals at the same location.

Personal Development Training	PLAN 1*	PLAN 2	PLAN 3	PLAN 4
Session Duration	1 hour	4 hours	6 hours	8 hours
BCBA	\$115	\$460		
Independent Facilitator	\$60	\$240	\$360	
Behaviour Coach		\$160	\$240	\$320
RBT		\$140	\$210	\$280

PLAN 1* - Minimum of 2 hours of support

Structured Respite Support	PLAN 1*	PLAN 2	PLAN 3	PLAN 4
Session Duration	2 Hours	4 hours	6 hours	8 hours
Section A	\$58	\$116	\$174	\$232

PLAN 1* - Minimum of 2 hours of support



NEXTSTEP FALL SOCIAL CALENDAR

1. REGISTER... 2. MEET... 3. ENJOY

EVENING & WEEKEND ACTIVITIES, EVENTS & GROUPS

ENJOY ACTIVITIES & EVENTS WITH FRIENDS

- Interact and engage with peers
- Build skills around friendship building
- Participate in group outings of interest
- Keep your body active
- Meet others who share your interests
- Share experiences with peers
- Job specific training and leadership skills development
- Cultivate friendships



MONDAYS: COMMUNITY SOCIAL SKILLS GROUP

WHAT IS THIS ABOUT?

Event plan, interact and engage with peers. Build skills around friendship building.

WHAT WILL HAPPEN

Evenings: Practice the steps of building a friendship and go out with your social group. You will need Backpack or fanny, Phone or tablet with data, extra mask, sanitizer, tissue, money or a snack, presto card, and any other essential items you require.

TUESDAYS: REMOTE REC & LEISURE GROUP

WHAT IS THIS ABOUT?

Staying active is essential for everyone's daily living. Home alone or with friends let's start moving.

WHAT WILL HAPPEN

Evenings: Home Virtual – Meet weekly online to engage in a facilitated evening of recreation and leisure activities with peer mentors and skilled facilitators. members require a laptop or phone and space to move around

WEDNESDAYS: COMMUNITY REC & LEISURE GROUP

WHAT IS THIS ABOUT?

Planned outings with the purpose of getting our bodies active.

WHAT WILL HAPPEN

Evenings: Members practice skills in the areas of conversations; social pragmatics and using a cellphone; planning; health, safety and community awareness; and using public transportation.

You will need Backpack or fanny, Phone or tablet with data, extra mask, sanitizer, tissue, money or a snack, presto card, and any other essential items you require.

THURSDAYS: LEADER IN TRAINING GROUP

WHAT IS THIS ABOUT?

Hands on training by skilled facilitators on job specific skills

WHAT WILL HAPPEN

Evenings: Members learn leadership skills; how to support peers and coworkers; and the job specific skills of an event facilitator, group guide or group facilitator with NextSTEP Support.

Members who complete this program also have an opportunity to join our team for paid employment.

FRIDAYS: NIGHT SOCIAL

WHAT IS THIS ABOUT?

After a long week everyone needs a day to unwind and simply have fun. Attend as a participant or volunteer to work.

WHAT WILL HAPPEN

Evenings: Event planned by the Nextstep employees. FUN, FUN, FUN.



REGISTER AT: [HTTPS://ACESGUIDES.COM](https://acesguides.com)

SOCIAL STEP 10

Choose one evening a week to attend. Groups are staffed at a 6:1 participant to staff ratio. Activity fees extra.

10 sessions\$180+ activity fees

This is best for someone who would like to try our groups for the first time. One event per week for a full term.

SOCIAL STEP 30

Choose 3 evenings a week to attend. Groups are staffed at a 6:1 participant to staff ratio. Activity fees extra.

30 sessions.....\$450+ activity fees

This is best for someone who would like to attend 3 events per week for a full term.

SOCIAL STEP 50

Choose 3 evenings a week to attend and join us for one week-end day per week. Groups are staffed at a 6:1 participant to staff ratio. Activity fees extra.

30 sessions and 10 weekends days.....\$750+ activity fees

This is best for someone who would like to attend 3 events per week for a full term and attend weekends on either a Saturday or a Sunday.

SOCIAL STEP WEEKENDS

Join us for one weekend day per week. Groups are staffed at a 6:1 participant to staff ratio. Activity fees extra.

Social STEP Weekends

10 weekends days.....\$360+ activity fees

This is best for someone who would like to attend weekends on either a Saturday or a Sunday.

Note: You can combine packages to meet your individual needs.



ADDITIONAL SUPPORT SERVICES

3:1 Group Support (\$7.25/hr)

Member requires the following support while within a group or community settings. E.g. Requires support to make a money transaction; requires support to manage challenging situations; requires support while travelling in the community.

2:1 Group Support (\$14.5/hr)

Member requires the following support while within a group or community settings. E.g. Requires support to manage own materials; requires support to use a public washroom safely.

1:1 Support (\$29/hr)

Member requires the following support while within a group or community settings. E.g. Requires support to sit in a food court with group leader at a distance greater than 10 meters; engages in behaviour that requires personal coaching to remain calm; engaged in behaviour that requires physical redirection, endangered self or endangered others within the last 180 days.

ACTIVITY FEES

Premium Activity Fee (\$45 or less)

Admission fee or tickets for our moderately priced events. I.e. Dinner, Live Performances, art house, medieval times, sports game, local theatre show, Dave & Buster's, Playdium, Amusement Park, Rinx.

Standard Activity Fee (\$25 or less)

Admission or ticket to our standard activity or event. E.g. movie ticket, AGO, museum, Toronto zoo, Skyzone jump-time, High Park, Wavepool, Putting Edge, Wizard World, city tour, parade, convention show, festival, Centre Island.





Social STEP: Camp In The City – Full Time Program Fee Schedule

Referral Service

Referral Service Consultation	Fee
Referral Service Consultation 0.5 hour: Initial consultation to meet client determine scope of support needs	FREE

Social STEP: Camp In The City Program Fees

Social STEP: (Structured Transition Engagement Plan) Program Update Fee	Fee
Social STEP Setup for full-time & part-time individuals who require 6:1 or 12:1 support: 2.0 hours: Consultation to meet client, support network and determine scope of support needs 5.0 hours: Observations in settings of engagement (home, day program, community setting) 2.0 hours: Behaviour support plan programming & summary report	\$1,200.00

Payment Schedule:

<i>Pre-Registration</i>	<i>Program Update</i>	<i>Social STEP Training</i>	<i>Per Month Billing</i>
1:1 Consultation	Social STEP	1ST 30 Days	30 Days
Complimentary	\$1,200.00 Needed before start	\$2,250 Needed at time of start	\$2,250

Social STEP: Transition fee must be paid in full at the beginning of each month. Staffed at a 6:1+ member to staff ratio.

Suggested Member Budget		Monthly Amount
Social STEP budget is \$2,250/month.		
Room / Shared Space	Spaces –180 John Street /The Bond Condo –290 Adelaide St W	\$800
Meal Benefit	\$60 per week for Groceries	\$240
PPE	Variable	\$75
Health Care Benefits	Accident, Sickness, Life Insurance/ Assurance, Mental Health	\$180
Phone / iPad	Data plan + Rental	\$150
Presto Card	Program Travel	\$100
Program Activities	7 Community Activities Tickets	\$255
Program Administration	Business expense account, Payroll fees, YMCA Membership, Program Administration fee	\$450

Notable NextStep Support Policies & Procedures:

Absences

When a member is going to be absent from a scheduled group session, parents / guardians are asked to notify the referral line, (647) 807-8911, at least 24 hours before the beginning of the session. A message may be left via voicemail or be sent via email to info@nextstepsupport.com. Where 24 hours-notice is not provided, members will be charged for the day. Missed sessions without notice, cannot be rescheduled.

Arrival Procedures

Members should be dropped off at the start time of an event. **Members should not be dropped off early without supervision.** On occasions that require administrative tasks to be completed, such as registration days, a staff member will be available up to 1 hour prior to the start of the 1st session start for administrative duties.

Dismissal Procedures

Members are **NOT Permitted** to leave a pick-up or drop-off location on their own, unless an independent travel waiver has been signed by themselves, or a parent, or a guardian. All members must be signed for upon pick-up. Members that travel via TTC, will be signed for by their support staff. Members who travel independently must sign themselves out after each session.

Members will be permitted to leave only with a parent or their designate as noted by written instruction. If someone other than a parent or an authorized designate is to pick up a member, the parent must notify the program supervisor. If an unknown person arrives to pick up a member, the member will not be released unless we have prior notification, or we are able to contact the parent to get permission.

Groups Hours

Weekday groups typically run between 9:00 am and 4:00 pm. Clubhouse Clubs typically run between 4:00 pm and 5:30 pm. Weekday evening groups typically run between 5:30 pm and 8:30pm. Weekend groups typically run between the hours of 12:00 pm and 6:00 pm, with some early drop-offs at 10:00 am.

Holidays

Regular sessions will not be held during holidays. Alternative holiday respite may be available during some holidays at an additional cost. Parents can check particulars of scheduled respite option online at <https://acesguides.ca>

Cancellations Due to Weather or Emergency Situations

In the event of session cancellation due to severe weather, a notice will be posted on our website by 6:00 a.m. Parents can also call our referral line: (647) 807-8911, to confirm whether groups are running.

Scheduling

All sessions must be booked at least 4 hours prior to event start time and are available on a first come, first serve basis. Book in advance to ensure attendance as events are capped for capacity. Some activities and venues will change due to Public Health regulations

Use of Photographs

NextStep takes photographs of members throughout the year, which may be posted on our website or used for presentations or documents. Occasionally, we use photos of members in print materials such as our brochure; our website (www.nextstepsupport.com); or in advertising for groups, usually a group shot. If parents or guardian prefers that their dependent's picture not be used for publications, the parent must notify the office in writing each year. Please specify which conditions you wish your child's photographs to be excluded from.

TAKE YOUR **NEXT** STEP

AND CHANGE YOUR LIFE FOR THE BETTER!

OUR FOCUS IS PERSONAL DEVELOPMENT... FOR YOUR NEXT

COMMUNICATION SKILLS

- Functional skills for work, community, social & personal

SELF-REGULATION & SOCIAL SKILLS

- Express feelings
- Manage anxiety
- Manage negative thoughts & emotions
- Create a positive self-image
- Interact positively with others
- Social Cognition
- Perspective-taking
- Understand expected vs. unexpected

SELF-HELP & ADVOCACY

- Assess themselves & their needs
- Awareness of accommodations they need
- Communicate clearly & Advocacy needs
- Knowledge of their rights to these accommodations

CHOICE & CONTROL

- Communicating preferences
- Understanding your limits
- Person Directed Planning

EXPANDING THE WORLD

- Finding new and exciting ways to expand your interests, develop your hobbies, and make new friends

ADAPTIVE SKILLS

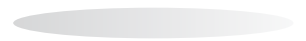
- Real-life problem solving
- Dealing with the unexpected and unplanned
- Develop strategies to keep safe
- Where to go for help

SAFETY

- Personal safety
- Community safety
- Workplace safety



STRUCTURED TRANSITION ENGAGEMENT PLAN



WE CONSULT WITH A MEMBER AND HIS OR HER PERSONAL NETWORK, TO CONSIDER AS MANY FACTORS AS POSSIBLE IN ESTABLISHING A WELL-ROUNDED AND EFFECTIVE TRANSITION PLAN. THE GOAL IS TO REDUCE HIS OR HER SUPPORT NEEDS, WHILE SUPPORTING ENGAGEMENT OF 35 HOURS WITH HIS OR HER NEXT STEP!

MY STEP TRANSITION PROGRAM

If your goal is to transition into the community for the first time, this program can be for you.

This program operates out of a residential location. Our locations are within walking distance from a subway station, library, gym, community center, mall, park, and is surrounded by local restaurants, shops and stores. Members choose this program option so that they can decrease support needs, while working on life skills, group skills, community skills, recreational skills and leisure skills in a setting that is familiar to home. Program is available for 12 or 36 months.



We Transition YOUR Life "Every STEP of the Way"

[HTTPS://NEXTSTEPSUPPORT.COM/MY-1ST-STEP](https://nextstepsupport.com/my-1st-step)

MY STEP TRANSITION PROGRAM

Our Full-time, year-round program coincides with the academic calendar. It is best for members who are interested in a full-time program with continuing education, we have both community-based and center-based options. Members learn to share space and decrease support needs in a group. Staffed at a 1:1 - 2:1 participant to staff ratio. Activity fees extra.

MONTHLY REQUIREMENTS

Toronto Library Card.....	Required
TTC Support Card	Required
Presto Card.....	Required
Access2 Entertainment Card.....	Required
Assessments & Reports.....	Included
STEP Planning.....	Extra
Smartphone or Tablet with, Talk/Text/Data	Required

ABOUT THE MY STEP TRANSITION PROGRAM

The My STEP Transition Program is day program specifically designed for individuals with autism who are transitioning into the community for the first time. It is a structured program that focuses on personal development, community inclusion and teaches the skills necessary for members to be in the community and share space.

SKILL WILL BE DEVELOPED IN:

- Community Rules and Expectations
- Managing money and reward systems
- Using Public Transit
- Using Technology/Lifestyle Apps
- Going to a Gym, Library, Mall
- Discovering Places of Interest
- Learning Pre-work Skills

7 HOUR DAILY FEE:\$195-\$250



WHAT DO YOU WANT TO DO?

- WORKOUT AT THE GYM?
- VOLUNTEER?
- HANG OUT WITH FRIENDS?
- JOIN A CLUB?
- GET FIT?
- WORK PART-TIME?



“ Through this program; Jonathan’s language, comprehension, anxiety, and how he interacts and socializes in public has improved tremendously. I highly recommend other parents that are looking for social outlets for their children to contact NextStep Support. ”

TESTIMONIAL – Janet, Student’s Parent





MY STEP TRANSITION “INTO A GROUP” PROGRAMS

Referral Service

Referral Service Consultation	Fee
Referral Service Consultation 0.5 hour: Initial consultation to meet client, support network and determine scope of support needs	FREE

My STEP Transition Plan Fees

My STEP (Structured Transition Engagement Plan) BCBA Supervised Update	Fee
My STEP Setup for full-time & part-time individuals who require 1:1-2:1 support: 2.0 hours: Initial consultation to meet client, support network and determine scope of support needs 6.0 hours: Observations in settings of engagement (home, day program, community setting) 2.0 hours: Behaviour support plan programming & summary report	\$1200.00

My STEP 12-Month Transition: \$5,000 per month.

- 12 Months Annual Tuition: OBJ \$60,000
- 20 days per month and 60 days per term
- Deposit is forfeited if contract is ended before the 12-month term.

Monthly Payment Schedule:

Pre-Registration	Upon Registration	Before the 1 st Day of Service	Last Month of Service
1:1 Consultation & Assessment	My STEP Deposit	Monthly Fee	Monthly Fee
\$1200.00	\$10,000 Needed to start	\$5,000	\$0

Unlimited Clubhouse membership included with annual contract.

4 Term Payment Schedule:

Winter Term (Jan 1 – Mar 31)	Spring Term (Apr 1 – June 30)	Summer Term (Jul 1 – Sept 30)	Fall Term (Oct 1– Dec 31)
Payment Due in November 1 st	Payment Due February 1 st	Payment Due May 1 st	Payment Due Aug 1 st
\$15,000	\$15,000	\$15,000	\$15,000

My STEP Part-time Transition: \$3,000 per month.t

- 12 Months Annual Tuition: \$36,000
- 20 days per month and 60 days per term
- Deposit is forfeited if contract is ended before the 36-month term.

Monthly Payment Schedule:

Pre-Registration	Upon Registration	Before the 1 st Day of Service	Last Term of Service
1:1 Consultation & Assessment	My STEP Deposit	Monthly Fee	Monthly Fee
\$1200.00	\$6,000 Needed to start	\$3,000	\$0

Notable NextStep Support Policies & Procedures:

Absences

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1-3459 Bathurst Street
Toronto, Ontario
M6A 2C3

voicemail or be sent via email to info@nextstepsupport.com. Where 24 hours-notice is not provided, members will be charged for the day. Missed sessions without notice, cannot be rescheduled.

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SELF-REGULATION & SOCIAL SKILLS

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- Manage negative thoughts & emotions
- Create a positive self-image
- Interact positively with others
- Social Cognition
- Perspective-taking
- Understand expected vs. unexpected

SELF-HELP & ADVOCACY

- Assess themselves & their needs
- Awareness of accommodations they need
- Communicate clearly & Advocacy needs
- Knowledge of their rights to these accommodations

CHOICE & CONTROL

- Communicating preferences
- Understanding your limits
- Person Directed Planning

EXPANDING THE WORLD

- Finding new and exciting ways to expand your interests, develop your hobbies, and make new friends

ADAPTIVE SKILLS

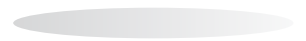
- Real-life problem solving
- Dealing with the unexpected and unplanned
- Develop strategies to keep safe
- Where to go for help

SAFETY

- Personal safety
- Community safety
- Workplace safety



STRUCTURED TRANSITION ENGAGEMENT PLAN



WE CONSULT WITH A MEMBER AND HIS OR HER PERSONAL NETWORK, TO CONSIDER AS MANY FACTORS AS POSSIBLE IN ESTABLISHING A WELL-ROUNDED AND EFFECTIVE TRANSITION PLAN. THE GOAL IS TO REDUCE HIS OR HER SUPPORT NEEDS, WHILE SUPPORTING ENGAGEMENT OF 35 HOURS WITH HIS OR HER NEXT STEP!

MY STEP PROGRAM

If your goal is to transition into the community for the first time, this program can be for you.

This program operates out of a residential location. Our locations are within walking distance from a subway station, library, gym, community center, mall, park, and is surrounded by local restaurants, shops and stores. Members choose this program option so that they can work on life skills, group skills, community skills, recreational skills and leisure skills in a setting that is familiar to home.



We Transition YOUR Life "Every STEP of the Way"

[HTTPS://NEXTSTEPSUPPORT.COM/MY-1ST-STEP](https://nextstepsupport.com/my-1st-step)

CAMPER IN THE CITY PROGRAM

Our Full-time, year-round program coincides with the academic calendar. It is best for members who are interested in a full-time program with continuing education, we have both community-based and centre-based options. Learning groups are staffed at a 1:1 - 3:1 participant to staff ratio. Activity fees extra.

MONTHLY REQUIREMENTS

Toronto Library Card.....	Required
TTC Support Card	Required
Presto Card.....	Required
Access2 Entertainment Card.....	Required
Assessments & Reports.....	Included
STEP Planning.....	Extra
Smartphone or Tablet with, Talk/Text/Data.....	Required

ABOUT THE MY STEP PROGRAM

My STEP is a call to action! It is day program specifically designed for individuals with autism who are transitioning into the community for the first time. It is a structured program that focuses on personal development, community inclusion and teaches the skills necessary for members to be in the community and share spaces.

SKILL WILL BE DEVELOPED IN:

Community Rules and Expectations
Managing money and reward systems
Using Public Transit
Using Technology/Lifestyle Apps
Going to a Gym, Library, Mall
Discovering Places of Interest
Learning Pre-work Skills

7 HOUR DAILY FEE:\$140



WHAT DO YOU WANT TO DO?

- WORKOUT AT THE GYM?
- VOLUNTEER?
- HANG OUT WITH FRIENDS?
- JOIN A CLUB?
- GET FIT?
- WORK PART-TIME?



“ Through this program; Jonathan’s language, comprehension, anxiety, and how he interacts and socializes in public has improved tremendously. I highly recommend other parents that are looking for social outlets for their children to contact NextStep Support. ”

TESTIMONIAL – Janet, Student’s Parent





3:1 MY STEP PROGRAMS

Referral Service

Referral Service Consultation	Fee
Referral Service Consultation 0.5 hour: Initial consultation to meet client, support network and determine scope of support needs	FREE

My STEP Plan Fees

My STEP (Structured Transition Engagement Plan) Bi-Annual Setup	Fee
My STEP Setup for full-time & part-time individuals who require 3:1 support: 2.0 hours: Initial consultation to meet client, support network and determine scope of support needs 6.0 hours: Observations in settings of engagement (home, day program, community setting) 2.0 hours: Behaviour support plan programming & summary report	\$1200.00

My STEP Full-Time, 12-Month Program: \$2,800 per month.

- 12 Months Annual Tuition: \$33,600
- 20 days per month and 60 days per term
- Deposit is forfeited if contract is ended before the 12-month term.

Monthly Payment Schedule:

Pre-Registration	Upon Registration	Before the 1 st Month of Service	Last Month of Service
1:1 Consultation & Assessment	My STEP Deposit	1 Month Fee	Monthly Fee
\$1200.00	\$5,600 Needed to start	\$2,800	\$0

4 Term Payment Schedule:

Winter Term (Jan 1 – Mar 31)	Spring Term (Apr 1 – June 30)	Summer Term (Jul 1 – Sept 30)	Fall Term (Oct 1– Dec 31)
Payment Due in November 1 st	Payment Due February 1 st	Payment Due May 1 st	Payment Due Aug 1 st
\$8,400	\$8,400	\$8,400	\$8,400

My STEP Part-Time, 3-Month Term Program: \$1,680 per month.

- 3 Month Term Tuition: \$5,040
- 12 days per month and 36 days per term

Term Payment Schedule:

Pre-Registration	Upon Registration	Before the 1 st Month of Service	Last Term of Service
1:1 Consultation & Assessment	My STEP Deposit	1 Month Fee	Monthly Fee
\$1200.00	\$3,360 Needed to start	\$1,680	N/A

Notable NextStep Support Policies & Procedures

Absences

When a member is going to be absent from a scheduled group session, parents / guardians are asked to notify the referral line, (647) 807-8911, at least 24 hours before the beginning of the session. A message may be left via voicemail or be sent via email to info@nextstepsupport.com. Where 24 hours-notice is not provided, members will be charged for the day. Missed sessions without notice, cannot be rescheduled.

Arrival Procedures



1-3459 Bathurst Street
Toronto, Ontario
M6A 2C3

Members should be dropped off at the start time of an event. **Members should not be dropped off early without supervision.** On occasions that require administrative tasks to be completed, such as registration days, a staff member will be available up to 1 hour prior to the start of the 1st session start for administrative duties.

Dismissal Procedures

Members are **NOT Permitted** to leave a pick-up or drop-off location on their own, unless an independent travel waiver has been signed by themselves, or a parent, or a guardian. All members must be signed for upon pick-up. Members that travel via TTC, will be signed for by their support staff. Members who travel independently must sign themselves out after each session.

Members will be permitted to leave only with a parent or their designate as noted by written instruction. If someone other than a parent or an authorized designate is to pick up a member, the parent must notify the program supervisor. If an unknown person arrives to pick up a member, the member will not be released unless we have prior notification, or we are able to contact the parent to get permission.

Groups Hours

Weekday groups typically run between 9:00 am and 4:00 pm. Clubhouse Clubs typically run between 4:00 pm and 5:30 pm. Weekday evening groups typically run between 5:30 pm and 8:30pm. Weekend groups typically run between the hours of 12:00 pm and 6:00 pm, with some early drop-offs at 10:00 am.

Holidays

Regular sessions will not be held during holidays. Alternative holiday respite may be available during some holidays at an additional cost. Parents can check particulars of scheduled respite option online at <https://acesguides.ca>

Cancellations Due to Weather or Emergency Situations

In the event of session cancellation due to severe weather, a notice will be posted on our website by 6:00 a.m. Parents can also call our referral line: (647) 807-8911, to confirm whether groups are running.

Scheduling

All sessions must be booked at least 4 hours prior to event start time and are available on a first come, first serve basis. Book in advance to ensure attendance as events are capped for capacity. Some activities and venues will change due to Public Health regulations

Use of Photographs

NextStep takes photographs of members throughout the year, which may be posted on our website or used for presentations or documents. Occasionally, we use photos of members in print materials such as our brochure; our website (www.nextstepsupport.com); or in advertising for groups, usually a group shot. If parents or guardian prefers that their dependent's picture not be used for publications, the parent must notify the office in writing each year. Please specify which conditions you wish your child's photographs to be excluded from.

Personal & Respite Support Registration

**Applicant's
Name:** _____

Address: _____

City: _____

Province: _____

Country: _____

Postal Code: _____

**Date of Birth
(DD/MM/YY):** _____

Age: _____

Male

Female:

**Health Card #
(insurance):** _____

**Version Code/
Expiry Date:** _____

**Home
Telephone:** _____

**Home Email:
Cell Phone
(reachable):** _____

Fax : _____

**Guardian's
Name:** _____

Contact #: _____

**Guardian's
Name:** _____

Contact #: _____

**Emergency
Contact Name:** _____

**Emergency
Contact #(s):** _____

Relationship: _____

Does the applicant attend school, a day program, a training program, work or any other day time activity on a regular basis? Please provide details.



CONFIDENTIAL MEDICAL INFORMATION FORM

This form will be used in case of medical emergency. Please complete fully.

Participant's Last Name: _____ First Name: _____

Birth date: (day/month/year) _____ Age: _____

MEDICAL/HEALTH INFORMATION

1.	Physician's Name:	
	Phone Number:	
	Address:	

2.	Participant's Health Card #:	
----	------------------------------	--

3.	Does the participant have any chronic medical conditions, health issues or diagnosis? <input type="checkbox"/> YES <input type="checkbox"/> NO <i>If YES, please describe:</i>
----	---

4.	Is the participant currently being treated for any medical conditions? <input type="checkbox"/> YES <input type="checkbox"/> NO <i>If YES, please describe:</i>
----	--

5.	Is the participant on any regularly scheduled medications? <input type="checkbox"/> YES <input type="checkbox"/> NO <i>If YES, please list:</i>
----	---

Medication	Prescribed for:	Dose	Administration Schedule	Requires administration by personnel?*

6.	Does the participant have any allergies (food, medication, insect bites/stings, etc.)? <input type="checkbox"/> YES <input type="checkbox"/> NO <i>If YES, please list:</i>	
	Allergy	Treatment

7.	Does the participant have any physical limitations that would affect his/her ability to participate in physical activities? <input type="checkbox"/> YES <input type="checkbox"/> NO <i>If YES, please describe:</i>
----	--

8.	Does the participant have any emotional needs, behavioural issues or fears that the staff should be aware of? <input type="checkbox"/> YES <input type="checkbox"/> NO <i>If YES, please describe:</i>
----	---

EMERGENCY CONTACTS:

Emergency Contact Name 1:	Relationship	Phone Number(s)
		Home:
		Work:
		Cell:

Emergency Contact Name 2:	Relationship	Phone Number(s)
		Home:
		Work:
		Cell:

MEDICAL TREATMENT PERMISSION for: _____

Participant's name

In the event of a medical situation or emergency, parents will be notified immediately. If a parent cannot be reached, permission is hereby given to NextStep Support to take whatever steps are necessary to ensure the safety and health of the participant, including contacting the participant's physician or taking the participant to an emergency room.

_____ *Guardian/Self signature*

_____ *Print name of parent*

_____ *Date*

Personal & Respite Support Registration

Has the applicant required 1:1 support in any setting within the last year? Please provide details.

Yes

No

What are some of the applicant's strengths? Please provide details.

What are some of the challenges the applicant faces? Please provide details.

What are some of the goals of the applicant and his/her family? Please provide details.





Toronto, Ontario
info@nextstepsupport.com
(647) 807-8911

Groups Permission Form for Group Members who Require Support

YES I give permission for my dependent: _____ to travel with Supervision on the TTC and participate in the excursions to the venues as I requested or that are part of the My 1st STEP, Community STEP, Social STEP or Work STEP programs.

I understand that in having my dependent participate in the activities described, I am assuming the risks associated with doing so. I understand that if my dependent require(s) individual transport back to the clubhouse, pick-up & drop-off location, that the participant will do so at the cost of the participant.

Guardian/Own Signature: _____ Date: _____

Print Name: _____ Daytime Phone: _____

Emergency Contact: _____ Phone: _____

Does the participant have any medical or other conditions which may require special attention during the activity?

- Yes
- No

If Yes, please describe: _____



Groups Permission Form for Independent Members, Volunteers & Coop Students

YES I give permission for myself: _____
to travel independently on the TTC and to independently participate in the excursions to the venues as part of the my Social STEP or Work STEP program.

I understand that in participating in the activities described independently, I am assuming the risks associated with doing so. I understand that if I require individual transport back to the clubhouse, pick-up or drop-off location, that I will do so on my own, without supervision.

Signature: _____ Date: _____

Print Name: _____ Daytime Phone: _____

Emergency Contact: _____ Phone: _____

Do you have any medical or other conditions which may require special attention during the activity?

- Yes
- No

If Yes, please describe: _____

Personal & Respite Support Registration

Indicate applicants current support needs with a check (✓)	
• The applicant poses a danger to him / herself or others in particular settings and may require physical interventions.	<input type="checkbox"/>
• The participant requires assistance adhering to community safety rules and expectations	<input type="checkbox"/>
• The participant requires assistance adhering to social norms and expectations or requires assistance to manage personal belongings	<input type="checkbox"/>
• The participant requires facilitation to socialize with peers	<input type="checkbox"/>
• The participant prefers structured events to socialize with peers	<input type="checkbox"/>

What are some of the triggers for the applicant? Please provide details.

Indicate the activities that are of greatest interest to the applicant with a check (✓).	Interests
Community Outings	<input type="checkbox"/>
Cooking	<input type="checkbox"/>
Crafts & Arts	<input type="checkbox"/>
Drama & Music	<input type="checkbox"/>
Sports & Games	<input type="checkbox"/>
Socializing with others	<input type="checkbox"/>

Indicate the days the applicant requires support with a check (✓).						
Mondays <input type="checkbox"/>	Tuesdays <input type="checkbox"/>	Wednesdays <input type="checkbox"/>	Thursdays <input type="checkbox"/>	Fridays <input type="checkbox"/>	Saturdays <input type="checkbox"/>	Sundays <input type="checkbox"/>





PHOTOGRAPHY AND MEDIA RELEASE FORM

Being able to show pictures of our Community groups with our participants helps to give prospective members a sense of our program. We typically use photographs in marketing materials. We use pictures in brochures; in Contact email marketing campaigns; on our own website. Please be assured that when we use photos of participants, there are never any personal details disclosed. Participants are not identified and names are never used.

I hope you can help us. On the consent form below you can indicate that you give permission or decline to give permission.

Member Name: _____ Date: _____

- Yes**, I give NextStep Support Inc., its representatives and employees, permission to take photographs of myself during daytime, evening or weekend social groups.

I give NextStep Support Inc. permission to use edited (cropped, colour-balanced) photographs of myself for non-commercial use in its promotional materials and publicity efforts. I understand that these photographs may be used in any publication, print ad, direct-mail piece, electronic media (e.g. video, Internet, Website) or other form of promotion.

I understand that my name will not be displayed in promotional materials and publicity efforts. I understand that no identifying information aside from his or her image will be used.

- No**, I do not give permission for NextStep Support Inc. to use photographs of myself in its promotional materials and publicity efforts.

Name

Signature

Date



Toronto, Ontario
info@nextstepsupport.com
(647) 807-8911

PHOTOGRAPHY AND MEDIA RELEASE FORM

Being able to show pictures of our Community groups with our participants helps to give prospective members a sense of our program. We typically use photographs in marketing materials. We use pictures in brochures; in Contact email marketing campaigns; on our own website. Please be assured that when we use photos of participants, there are never any personal details disclosed. Participants are not identified and names are never used.

I hope you can help us. On the consent form below you can indicate that you give permission or decline to give permission.

Member Name: _____ Date: _____

Yes, I give NextStep Support Inc., its representatives and employees, permission to take photographs of my dependant during evening or weekend social groups.

I give NextStep Support Inc. permission to use edited (cropped, colour-balanced) photographs of my dependant for non-commercial use in its promotional materials and publicity efforts. I understand that these photographs may be used in any publication, print ad, direct-mail piece, electronic media (e.g. video, Internet, Website) or other form of promotion.

I understand that my dependant's name will not be displayed in promotional materials and publicity efforts. I understand that no identifying information aside from his or her image will be used.

No, I do not give permission for NextStep Support Inc. to use photographs of my dependant in its promotional materials and publicity efforts.

<i>Guardian Name</i>	<i>Guardian Signature</i>	<i>Date</i>

Community Facilitation Services

SECTION A – Social STEP COMMUNITY FACILITATION 2:1 to 3:1

You will be supported to participate in **daytime / weekend** group activities that include your interests. You will receive 18 hours of facilitation support per week to participate in activities in the areas of fitness, recreation, social engagement and leisure. Community Facilitation services support individuals to participate in appropriate community-based **Activities of Choice**.

Mon, Tues, Wed	Mon, Wed, Fri	Tues, Thurs, Sat	Tues, Thurs, Sun
PLAN 1	PLAN 2	PLAN 3	PLAN 4

SECTION B – Social STEP COMMUNITY FACILITATION 3:1 to 6:1

You will be supported to participate in **evening / weekend** group activities that include your interests. You can receive 18 hours of facilitation support per week to participate in activities in the areas of fitness, recreation, social engagement and leisure. Community Facilitation services support individuals to participate in appropriate community-based **Activities of Choice**.

Mon, Tues, Wed	Mon, Wed, Fri	Tues, Thurs, Sat	Tues, Thurs, Sun
PLAN 1	PLAN 2	PLAN 3	PLAN 4



Community Facilitation Services

SECTION C – Social STEP COMMUNITY FACILITATION 6:1 to 12:1

You will be supported to participate in **evening / weekend** group activities that include your interests. You can receive 18 hours of facilitation support per week to participate in activities in the areas of fitness, recreation, social engagement and leisure. Community Facilitation services support individuals to participate in appropriate community-based **Activities of Choice**.

Mon, Wed, Fri	Wed, Thurs, Fri	Tues, Thurs, Sat	Tues, Thurs, Sun
PLAN 1	PLAN 2	PLAN 3	PLAN 4

SECTION A, B & C – COMMUNITY FACILITATION SERVICE FEES

SECTION	ONE PLAN PER WEEK/MONTH/50WEEKS	TWO PLANS PER WEEK/MONTH/50WEEKS
Session Duration	18 hours / 72 hours / 900 hours	36 hours / 144 hours / 1800 hours
Section A	\$360 / \$1,440 / \$18,000	\$720 / \$2,880 / \$36,000
Section B	\$240 / \$960 / \$12,000	\$480 / \$1,920 / \$24,000
Section C	\$72 / \$288 / \$3,600	\$144 / \$1,152 / \$7,200



TAKE YOUR **NEXT** STEP

AND CHANGE YOUR LIFE FOR THE BETTER!

OUR FOCUS IS PERSONAL DEVELOPMENT... FOR YOUR NEXT

COMMUNICATION SKILLS

- Functional skills for work, community, social & personal

SELF-REGULATION & SOCIAL SKILLS

- Express feelings
- Manage anxiety
- Manage negative thoughts & emotions
- Create a positive self-image
- Interact positively with others
- Social Cognition
- Perspective-taking
- Understand expected vs. unexpected

SELF-HELP & ADVOCACY

- Assess themselves & their needs
- Awareness of accommodations they need
- Communicate clearly & Advocacy needs
- Knowledge of their rights to these accommodations

CHOICE & CONTROL

- Communicating preferences
- Understanding your limits
- Person Directed Planning

EXPANDING THE WORLD

- Finding new and exciting ways to expand your interests, develop your hobbies, and make new friends

ADAPTIVE SKILLS

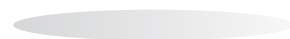
- Real-life problem solving
- Dealing with the unexpected and unplanned
- Develop strategies to keep safe
- Where to go for help

SAFETY

- Personal safety
- Community safety
- Workplace safety



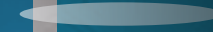
STRUCTURED TRANSITION ENGAGEMENT PLAN



WE CONSULT WITH A MEMBER AND HIS OR HER PERSONAL NETWORK, TO CONSIDER AS MANY FACTORS AS POSSIBLE IN ESTABLISHING A WELL-ROUNDED AND EFFECTIVE TRANSITION PLAN. THE GOAL IS TO REDUCE HIS OR HER SUPPORT NEEDS, WHILE SUPPORTING 35 HOURS OF ENGAGEMENT WITH HIS OR HER NEXT STEP!

COMMUNITY STEP PROGRAM

The program utilizes our NextStep Clubhouse. This is a full year, day program. It is best for youth and young adults 18+ years old; on the autism spectrum or who are facing social and/or emotional challenges; who have support needs for community engagement; or who are interested in volunteering and learning new skills. It is a flexible program that focuses on community inclusion, personal development and teaches the skills necessary for members to have flexible thinking, make their own choices and manage challenging or emergency situations.



[HTTPS://NEXTSTEPSUPPORT.COM/COMMUNITY-STEP](https://nextstepsupport.com/community-step)

COMMUNITY STEP PROGRAM

Our Community STEP program is a full year program that coincides with the academic calendar. It is best for adults who prefer to work on community living and life skills; and are working on independence in the community. The program includes transit training; life skills training for increased independence; coaching to understand laws and/or social expectations; Support to socialize with peers. Groups are staffed at a 6:1 participant to staff ratio. Activity fees extra.

PROGRAM SPECIFIC REQUIREMENTS

Gym Membership Required
Training Equipment.....\$20.00/month

6 HOUR DAILY FEE: \$70

COMMUNITY STEP BENEFITS:

- Use a device to budget
- Plan and organize an outing with friends
- Use a device to navigate
- Chat with others about your interests
- Use a device or debit card for purchases
- Be able to go with the flow and adapt to change

MONTHLY REQUIREMENTS

Toronto Library Card..... Required
TTC Support Card Required
Presto Card..... Required
Access2 Entertainment Card..... Required
Assessments & Reports..... Included
STEP Planning..... Extra
Smartphone or Tablet with, Talk/Text/Data Required



CITIZENSHIP AND COMMUNITY:

- DEVELOP QUALITIES OF GOOD CITIZENSHIP
- SHARE COMMUNITY RESOURCES WITH OTHERS
- MANAGE CHALLENGING SITUATIONS
- KEEP PERSONAL BELONGINGS SAFE
- KEEP PERSONAL INFORMATION PRIVATE

“ You’re teaching has helped me with my daily life routine which includes work life. I’ve learned how to be more confident and also stand up for myself and have a certain behaviour at work..... also helped me have stronger friendships. I would strongly recommend NextSteps because you have made sure whoever you teach reaches their best and shines in their future. ”

TESTIMONIAL Hassan – Former Student



3:1 COMMUNITY PROGRAMS

Referral Service

Referral Service Consultation	Fee
Referral Service Consultation 0.5 hour: Initial consultation to meet client, support network and determine scope of support needs	FREE

Community STEP Transition Plan Fees

Community STEP (Structured Transition Engagement Plan) Program Update	Fee
Community STEP Setup for full-time & part-time individuals who require 3:1-6:1 support: 2.0 hours: Initial consultation to meet client, support network and determine scope of support needs 6.0 hours: Observations in settings of engagement (home, day program, community setting) 2.0 hours: Behaviour support plan programming & summary report	\$1200.00

Community STEP Full-Time, 12-Month Program: \$2,800 per month.

- 12 Months Annual Tuition: \$33,600
- 20 days per month and 60 days per term
- Deposit is forfeited if contract is ended before the 12-month term.

Monthly Payment Schedule:

Pre-Registration	Upon Registration	Before the 1 st Month of Service	
1:1 Consultation & Assessment	Community STEP Deposit	Set-up Fee	Monthly Fee
\$1200.00	\$8,400 Needed to start	\$600	\$2,800

Unlimited Clubhouse membership included with annual contract.

4 Term Payment Schedule:

Winter Term (Jan 1 – Mar 31)	Spring Term (Apr 1 – June 30)	Summer Term (Jul 1 – Sept 30)	Fall Term (Oct 1– Dec 31)
Payment Due in November 1 st	Payment Due February 1 st	Payment Due May 1 st	Payment Due Aug 1 st
\$8,400	\$8,400	\$8,400	\$8,400

Community STEP Part-Time, 3-Month Term Program: \$1,680 per month.

- 3 Month Term Tuition: \$5,040
- 12 days per month and 36 days per term

Term Payment Schedule:

Pre-Registration	Upon Registration	Before the 1 st Month of Service	Last Term of Service
1:1 Consultation & Assessment	Community STEP Deposit	1 Month Fee	Monthly Fee
\$1200.00	\$5,640 Needed to start	N/A	N/A

Notable NextStep Support Policies & Procedures:

Absences

When a member is going to be absent from a scheduled group session, parents / guardians are asked to notify the referral line, (647) 807-8911, at least 24 hours before the beginning of the session. A message may be left via voicemail or be sent via email to info@nextstepsupport.com. Where 24 hours-notice is not provided, members will be charged for the day. Missed sessions without notice, cannot be rescheduled.

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1-3459 Bathurst Street
Toronto, Ontario
M6A 2C3

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Members are **NOT Permitted** to leave a pick-up or drop-off location on their own, unless an independent travel waiver has been signed by themselves, or a parent, or a guardian. All members must be signed for upon pick-up. Members that travel via TTC, will be signed for by their support staff. Members who travel independently must sign themselves out after each session.

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Holidays

Regular sessions will not be held during holidays. Alternative holiday respite may be available during some holidays at an additional cost. Parents can check particulars of scheduled respite option online at <https://acesguides.ca>

Cancellations Due to Weather or Emergency Situations

In the event of session cancellation due to severe weather, a notice will be posted on our website by 6:00 a.m. Parents can also call our referral line: (647) 807-8911, to confirm whether groups are running.

Scheduling

All sessions must be booked at least 4 hours prior to event start time and are available on a first come, first serve basis. Book in advance to ensure attendance as events are capped for capacity. Some activities and venues will change due to Public Health regulations

Use of Photographs

NextStep takes photographs of members throughout the year, which may be posted on our website or used for presentations or documents. Occasionally, we use photos of members in print materials such as our brochure; our website (www.nextstepsupport.com); or in advertising for groups, usually a group shot. If parents or guardian prefers that their dependent's picture not be used for publications, the parent must notify the office in writing each year. Please specify which conditions you wish your child's photographs to be excluded from.



6:1 TRANSITION TO COMMUNITY PROGRAMS

Referral Service

Referral Service Consultation	Fee
Referral Service Consultation 0.5 hour: Initial consultation to meet client, support network and determine scope of support needs	FREE

Community STEP Plan Fees

Community STEP (Structured Transition Engagement Plan) Bi-Annual Setup	Fee
Community STEP Setup for full-time & part-time individuals who require 6:1 support: 2.0 hours: Initial consultation to meet client, support network and determine scope of support needs 6.0 hours: Observations in settings of engagement (home, day program, community setting) 2.0 hours: Behaviour support plan programming & summary report	\$1200.00

Community STEP 12-Month Transition: \$1,600 per month.

- 12 Months Annual Tuition: \$19,200
- 20 days per month and 60 days per term
- Deposit is forfeited if contract is ended before the 12-month term.

Monthly Payment Schedule:

Pre-Registration	Upon Registration	Before the 1 st Day of Service	Last Month of Service
1:1 Consultation & Assessment	Community STEP Deposit	Monthly Fee	Monthly Fee
\$1200.00	\$3,200 Needed to start	\$1,600	\$0

4 Term Payment Schedule:

Winter Term (Jan 1 – Mar 31)	Spring Term (Apr 1 – June 30)	Summer Term (Jul 1 – Sept 30)	Fall Term (Oct 1– Dec 31)
Payment Due in November 1 st	Payment Due February 1 st	Payment Due May 1 st	Payment Due Aug 1 st
\$4,800	\$4,800	\$4,800	\$4,800

Note: Members will receive a 5% discount for per term payments.

Community STEP 24-Month Transition: \$960 per month.

- 12 Months Annual Tuition: \$11,520
- 20 days per month and 60 days per term
- Deposit is forfeited if contract is ended before the 36-month term.

Monthly Payment Schedule:

Pre-Registration	Upon Registration	Before the 1 st Day of Service	Last Term of Service
1:1 Consultation & Assessment	Community STEP Deposit	Monthly Fee	Monthly Fee
\$1200.00	\$1,920 Needed to start	\$960	\$0

Notable NextStep Support Policies & Procedures:

Absences

When a member is going to be absent from a scheduled group session, parents / guardians are asked to notify the referral line, (647) 807-8911, at least 24 hours before the beginning of the session. A message may be left via



1-3459 Bathurst Street
Toronto, Ontario
M6A 2C3

voicemail or be sent via email to info@nextstepsupport.com. Where 24 hours-notice is not provided, members will be charged for the day. Missed sessions without notice, cannot be rescheduled.

Arrival Procedures

Members should be dropped off at the start time of an event. **Members should not be dropped off early without supervision.** On occasions that require administrative tasks to be completed, such as registration days, a staff member will be available up to 1 hour prior to the start of the 1st session start for administrative duties.

Dismissal Procedures

Members are **NOT Permitted** to leave a pick-up or drop-off location on their own, unless an independent travel waiver has been signed by themselves, or a parent, or a guardian. All members must be signed for upon pick-up. Members that travel via TTC, will be signed for by their support staff. Members who travel independently must sign themselves out after each session.

Members will be permitted to leave only with a parent or their designate as noted by written instruction. If someone other than a parent or an authorized designate is to pick up a member, the parent must notify the program supervisor. If an unknown person arrives to pick up a member, the member will not be released unless we have prior notification, or we are able to contact the parent to get permission.

Groups Hours

Weekday groups typically run between 9:00 am and 4:00 pm. Clubhouse Clubs typically run between 4:00 pm and 5:30 pm. Weekday evening groups typically run between 5:30 pm and 8:30pm. Weekend groups typically run between the hours of 12:00 pm and 6:00 pm, with some early drop-offs at 10:00 am.

Holidays

Regular sessions will not be held during holidays. Alternative holiday respite may be available during some holidays at an additional cost. Parents can check particulars of scheduled respite option online at <https://acesguides.ca>

Cancellations Due to Weather or Emergency Situations

In the event of session cancellation due to severe weather, a notice will be posted on our website by 6:00 a.m. Parents can also call our referral line: (647) 807-8911, to confirm whether groups are running.

Scheduling

All sessions must be booked at least 4 hours prior to event start time and are available on a first come, first serve basis. Book in advance to ensure attendance as events are capped for capacity. Some activities and venues will change due to Public Health regulations

Use of Photographs

NextStep takes photographs of members throughout the year, which may be posted on our website or used for presentations or documents. Occasionally, we use photos of members in print materials such as our brochure; our website (www.nextstepsupport.com); or in advertising for groups, usually a group shot. If parents or guardian prefers that their dependent's picture not be used for publications, the parent must notify the office in writing each year. Please specify which conditions you wish your child's photographs to be excluded from.

Service Agreement

Thank you for choosing NextStep Support. This agreement will confirm our arrangements with you. Please take the time to carefully read and complete this Agreement and sign both copies. Keep one for your records and return one to us prior to the commencement of services.

Client Name: _____

Client Address: _____

Client Telephone Number: _____

Type of Service: 1:1 Personal Coaching, 1:1 Personal Training & 3:1-6:1 Group Facilitation

Term of Agreement:

(Write "Ongoing Until Cancelled" if unknown)

Bill Rate:

(Write "Per Hour" or "Per Day") 1:1 Personal Coaching \$40/hr, 1:1 Personal Training \$60/hr & 3:1-6:1 Group Facilitation \$20/hr

Responsible Payment Party: _____

Responsible Party's

Relationship with Client: _____

Address: _____

Telephone Number:

Home

Cellular

Email: _____

Prior to the provision of services, our office will submit an invoice for your reference. Please review it carefully before signing and keep a copy for your records. All payments must be made in full prior to the commencement of service, except hourly services. **Employees are not paid directly.**

NextStep Support Inc. will if requested, forward invoices to the Client's insurance company, power of attorney for property, or trust as a courtesy only. The Client remains responsible for payment of fees to NextStep Support Inc.



Service Agreement

Please call us between designated office hours if you wish to make any changes in your service arrangements or if you have any questions. We will be pleased to help you.

In addition to the above compensation, NextStep Support Inc. will be entitled to the following reimbursements: a) all extra travel expenses necessary for the execution of the program, except those included in regular pick up and drop off, including rail, taxi, bus, air, rental vehicles, and mileage in personal vehicles, which is charged at 40 cents per kilometer b) supplies and material necessary to execute an in-home program, c) any other direct or partial cost expenditure not listed will be evaluated on an individual basis and will be submitted in writing for approval prior purchase.

All overdue accounts will bear interest charges of 1.5% per month commencing 30 days after receipt of invoice. Clients are responsible for any legal fees and interest charges associated with collecting invoices in default.

The Client and/or Responsible Party agrees to indemnify NextStep Support Inc. and its employees from all liability, claims, damages and expenses arising out of any act or omissions by the Client and/or Responsible Party including injury, death, or damage to persons or property.

You will be notified in advance of any changes in our billing rates or terms of this agreement.

This agreement shall be construed in accordance with the laws of the Province of Ontario.

This agreement constitutes the entire agreement between the parties. Any terms not expressly set forth in this agreement are of no force or effect.

I/we understand the above terms and agree to assume responsibility for the payment of fees or charges for services provided by NextStep Support Inc.

Print Name of Responsible Payment Party:

Signature:

Date:



TAKE YOUR NEXT STEP

AND CHANGE YOUR LIFE FOR THE BETTER!

OUR FOCUS IS PERSONAL DEVELOPMENT... FOR YOUR NEXT

COMMUNICATION SKILLS

- Functional skills for work, community, social & personal

SELF-REGULATION & SOCIAL SKILLS

- Express feelings
- Manage anxiety
- Manage negative thoughts & emotions
- Create a positive self-image
- Interact positively with others
- Social Cognition
- Perspective-taking
- Understand expected vs. unexpected

SELF-HELP & ADVOCACY

- Assess themselves & their needs
- Awareness of accommodations they need
- Communicate clearly & Advocacy needs
- Knowledge of their rights to these accommodations

CHOICE & CONTROL

- Communicating preferences
- Understanding your limits
- Person Directed Planning

EXPANDING THE WORLD

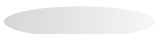
- Finding new and exciting ways to expand your interests, develop your hobbies, and make new friends

ADAPTIVE SKILLS

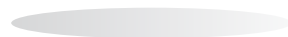
- Real-life problem solving
- Dealing with the unexpected and unplanned
- Develop strategies to keep safe
- Where to go for help

SAFETY

- Personal safety
- Community safety
- Workplace safety



STRUCTURED TRANSITION EMPLOYMENT PLAN



WE CONSULT WITH A MEMBER AND HIS OR HER PERSONAL NETWORK, TO CONSIDER AS MANY FACTORS AS POSSIBLE IN ESTABLISHING A WELL-ROUNDED AND EFFECTIVE TRANSITION PLAN. THE GOAL IS TO REDUCE HIS OR HER SUPPORT NEEDS, WHILE SUPPORTING ENGAGEMENT WITH HIS OR HER NEXT STEP!

WORK STEP PROGRAMS

This is a Job Training and employment program best for adults who are ready to transition into the workforce. Participants may face a variety of barriers to employment, including: disability, lack of education or experience, or socio-economic barriers. Participants learn to navigate and engage in workplace settings.

The program utilizes our NextStep residential sites, Community Hubs, Community Venues and our Clubhouse located at the corner of Bathurst Street and College Street, in Toronto, Ontario.



[HTTPS://NEXTSTEPSUPPORT.COM/WORK-STEP](https://nextstepsupport.com/work-step)

FACILITATOR IN TRAINING (F. I. T.) PROGRAM

Program Benefits

- 300 Hours of on the job training
- Support your community
- Discover your strengths and talents
- Develop skills in an area of interest
- Train for a job as a Group Facilitator or Event Facilitator
- Join the team upon completion of 300 hours

MONTHLY FEE: \$415

WORK STEP 2

College & University Co-op Program

- Learn valuable work skills
- Work for a cause
- Connect with others who share your interests
- Train for a Lead Facilitator or Position
- Join the team upon Graduation

WORK STEP 3

12 month: Contract Employment

- Join the workforce
- Help others
- Gain valuable work experience
- Work as a Group Facilitator or Event Facilitator
- Work 3.5-6 hours weekly
- Qualify for career advancement

MONTHLY REQUIRMENTS

TTC Support Card	Required
Presto Card.....	Required
Assessments & Reports.....	Included
STEP Planning.....	Extra
Smartphone or Tablet with, Talk/Text/Data.....	Required
Training Equipment.....	\$20.00/month
CSI Membership	Required

SKILLS WILL BE DEVELOPED IN:



- **JOB SPECIFIC LANGUAGE TRAINING**
- **JOB SPECIFIC TRAINING**
- **WORKPLACE HEALTH & SAFETY**
- **USING PUBLIC TRANSIT**
- **USING TECHNOLOGY APPS**

“ You’re teaching has helped me with my daily life routine which includes work life. I’ve learned how to be more confident and also stand up for myself and have a certain behaviour at work..... also helped me have stronger friendships. I would strongly recommend NextSteps because you have made sure whoever you teach reaches their best and shines in their future. **”**

TESTIMONIAL Hassan – Former Student

TAKE YOUR NEXT STEP CHANGE YOUR LIFE FOR THE BETTER!

OUR FOCUS IS PERSONAL DEVELOPMENT... FOR YOUR NEXT

WORK STEP 1: HIGH SCHOOL COOP/VOLUNTEER

- Job Training Program
- Support your community
- Discover your strengths and talents
- Develop skills in an area of interest
- Train for a Group Administrator, Group Coordinator or Group Facilitator Position, and join the team upon completion of 300 training hours.

WORK STEP 2: POST SECONDARY PLACEMENT

- Join a team and volunteer to help others
- Learn valuable work skills
- Work for a cause
- Connect with others who share your interests
- Work to complete your Crisis Prevention Intervention Certification
- Train for a Community Facilitator Position, and join the team upon completion of training hours.

WORK STEP 3: CONTRACT EMPLOYMENT

- 60 hours of paid work preparation workshops
- Up to 26 week paid training placement
- Ongoing mentorship
- Join the workforce as a Group Facilitator or Community Facilitator
- Help others
- Gain valuable work experience
- Qualify for continued employment and career advancement

Note: Employment conditional upon necessary skills and experience.

Entry Criteria: You may qualify for the Work STEP 3 program, if you are 18-29 years old and currently receiving benefits from one of the following programs:

- Ontario Disability Support Program, ODSP
- Developmental Services Ontario, DSO
- Ontario Works, OW

STRUCTURED TRANSITION EMPLOYMENT PLAN



WE CONSULT WITH A MEMBER AND HIS OR HER PERSONAL NETWORK, TO CONSIDER AS MANY FACTORS AS POSSIBLE IN ESTABLISHING A WELL-ROUNDED AND EFFECTIVE PLAN. THE GOAL IS TO PROVIDE YOU WITH JOB OPPORTUNITIES, MENTORSHIP, EXPERIENCE AND A RELIABLE REFERNECE FOR FUTURE EMPLOYMENT OPPORTUNITIES.

Our Work STEP programs are best for adults who are ready to transition into the workforce. Participants may face a variety of barriers to employment, including: disability, lack of education or experience, or socio-economic barriers. Participants learn to navigate and engage in workplace settings.

Programs utilize our NextStep Clubhouse, located at 1105 College Street, Toronto, Ontario and our shared spaces at the Centre for Social Innovation, located at 720 Bathurst Street.

The Centre for Social Innovation is part of the Annex community. CSI Annex is a five-story, beautifully restored brick and beam building; packed with innovators. Each of the co-working floors has a unique vibe. Individual costs may vary.

Please Note: Placement into Work STEP 1, 2 or 3 is based on job skills assessment. Positions are limited and wait lists may be applied.



REGISTER AT: [HTTPS://NEXTSTEPSUPPORT.COM/WORK-STEP](https://nextstepsupport.com/work-step)

WORK STEP FOUNDATIONS

Our Work Foundations Program is specifically designed for individuals who are transitioning into the community for the first time. It is a structured program that focuses on personal development and teaches the skills necessary for members to be in the workplace and share spaces.

This is a full year program, that is best for adolescents who are preparing to transition from high school to post-high school activities. Individuals learn job specific skills for employment with NextStep Support and to participate in a workplace setting with 2:1-3:1 support.

Students 18 yrs+ who choose this program option, typically enroll part-time in the My 1st STEP Program and part-time in the Work STEP Foundations Program.

FEES 12 MONTHS / MONTHLY

Work STEP Foundations

WORK STEP 1, 2, 3 REQUIREMENTS

Presto Card.....	Required
Assessments & Reports.....	Included
Smartphone or Tablet with, Talk/Text/Data	Required
CSI Membership	Required
Training Equipment.....	\$20.00/month

Minimum Requirement Certificate of Accomplishment: Students who have reached the age of eighteen without having met the requirements for the Ontario Secondary School Diploma or the Ontario Secondary School Certificate are eligible to be granted a Certificate of Accomplishment. The Certificate of Accomplishment or equivalent is the minimum requirement for the Work STEP Programs. 1:1 options are available and individual costs may vary.

FEES 12 MONTHS / MONTHLY

Work STEP 1-3..... Not Applicable



SKILLS WILL BE DEVELOPED IN:

- **JOB SPECIFIC LANGUAGE TRAINING**
 - **JOB SPECIFIC TRAINING**
- **WORKPLACE HEALTH & SAFETY**
 - **USING PUBLIC TRANSIT**
 - **USING TECHNOLOGY APPS**



“ You’re teaching has helped me with my daily life routine which includes work life. I’ve learned how to be more confident and also stand up for myself and have a certain behaviour at work..... also helped me have stronger friendships.

I would strongly recommend NextSteps because you have made sure whoever you teach reaches their best and shines in their future.”

TESTIMONIAL Hassan – Former Student



Work STEP 1: Facilitator in Training (F.I.T.) Program

Referral Service

Referral Service Consultation	Fee
Referral Service Consultation 0.5 hour: Initial consultation to meet client, support network and determine scope of support needs	FREE

Facilitator in Training Program

Work STEP Setup	Fee
Work STEP Setup for full-time & part-time individuals who require 6:1+ support in a workplace: 2.0 hours: Initial consultation to meet client, support network and determine scope of support needs 6.0 hours: Observations in settings of engagement (workplace, community setting) 2.0 hours: Training support plan programming & summary report	\$1200.00

Work STEP 12-Month Program: \$415 per month.

- 12 Months Annual Tuition: \$4,980
- Weekly 4-hour training with Community Facilitator or 90-minute coaching with Senior Job Coach

Monthly Payment Schedule:

Pre-Registration	Upon Registration	Before the 1 st Month of Service	Month of Service
1:1 Consultation & Assessment	Work STEP Deposit	First Month Fee	Monthly Fee
\$1200.00	\$830 Needed to start	\$415	\$415

Term Payment Schedule:

Winter Term (Jan 1 – Mar 31)	Spring Term (Apr 1 – June 30)	Summer Term (Jul 1 – Sept 30)	Fall Term (Oct 1– Dec 31)
Payment Due in November 1 st	Payment Due February 1 st	Payment Due May 1 st	Payment Due Aug 1 st
\$1,245	\$1,245	\$1,245	\$1,245

Work STEP Intensive Program, 3-Month Term Program: \$1,245 per month.

- 3 Month Term Tuition: \$3,735

Term Payment Schedule:

Pre-Registration	Upon Registration	Before the 1 st Month of Service	Month of Service
1:1 Consultation & Assessment	Work STEP Deposit	3 Month Fee	Monthly Fee
\$1200.00	\$2,490 Needed to start	\$1,245	\$0

Notable NextStep Support Policies & Procedures:

Absences

When a member is going to be absent from a scheduled group session, parents / guardians are asked to notify the referral line, (647) 807-8911, at least 24 hours before the beginning of the session. A message may be left via voicemail or be sent via email to info@nextstepsupport.com. Where 24 hours-notice is not provided, members will be charged for the day. Missed sessions without notice, cannot be rescheduled.



1-3459 Bathurst Street
Toronto, Ontario
M6A 2C3

Arrival Procedures

Members should be dropped off at the start time of an event. **Members should not be dropped off early without supervision.** On occasions that require administrative tasks to be completed, such as registration days, a staff member will be available up to 1 hour prior to the start of the 1st session start for administrative duties.

Dismissal Procedures

Members are **NOT Permitted** to leave a pick-up or drop-off location on their own, unless an independent travel waiver has been signed by themselves, or a parent, or a guardian. All members must be signed for upon pick-up. Members that travel via TTC, will be signed for by their support staff. Members who travel independently must sign themselves out after each session.

Members will be permitted to leave only with a parent or their designate as noted by written instruction. If someone other than a parent or an authorized designate is to pick up a member, the parent must notify the program supervisor. If an unknown person arrives to pick up a member, the member will not be released unless we have prior notification, or we are able to contact the parent to get permission.

Groups Hours

Weekday groups typically run between 9:00 am and 4:00 pm. Clubhouse Clubs typically run between 4:00 pm and 5:30 pm. Weekday evening groups typically run between 5:30 pm and 8:30pm. Weekend groups typically run between the hours of 12:00 pm and 6:00 pm, with some early drop-offs at 10:00 am.

Holidays

Regular sessions will not be held during holidays. Alternative holiday respite may be available during some holidays at an additional cost. Parents can check particulars of scheduled respite option online at <https://acesguides.ca>.

Cancellations Due to Weather or Emergency Situations

In the event of session cancellation due to severe weather, a notice will be posted on our website by 6:00 a.m. Parents can also call our referral line: (647) 807-8911, to confirm whether groups are running.

Scheduling

All sessions must be booked at least 4 hours prior to event start time and are available on a first come, first serve basis. Book in advance to ensure attendance as events are capped for capacity. Some activities and venues will change due to Public Health regulations

Use of Photographs

NextStep takes photographs of members throughout the year, which may be posted on our website or used for presentations or documents. Occasionally, we use photos of members in print materials such as our brochure; our website (www.nextstepsupport.com); or in advertising for groups, usually a group shot. If parents or guardian prefers that their dependent's picture not be used for publications, the parent must notify the office in writing each year. Please specify which conditions you wish your child's photographs to be excluded from.

Service Agreement

Thank you for choosing NextStep Support. This agreement will confirm our arrangements with you. Please take the time to carefully read and complete this Agreement and sign both copies. Keep one for your records and return one to us prior to the commencement of services.

Client Name: _____

Client Address: _____

Client Telephone Number: _____

Type of Service: 1:1 Personal Coaching, FIT Program & 3:1-6:1 Group Facilitation

Term of Agreement:

(Write "Ongoing Until Cancelled" if unknown) 1:1 Community Facilitation & 3:1 Group Facilitation are ongoing until canceled & Facilitator in Training (FIT) Transition to Guaranteed Work Program is 18 months

Bill Rate:

(Write "Per Hour" or "Per Day") 1:1 Community Facilitation \$35/hr, 3:1 Group Facilitation \$20/hr & Facilitator in Training (FIT) Transition to Guaranteed Work Program

Responsible Payment Party: _____

**Responsible Party's
Relationship with Client:** _____

Address: _____

Telephone Number: Home Cellular

Email: _____

Prior to the provision of services, our office will submit an invoice for your reference. Please review it carefully before signing and keep a copy for your records. All payments must be made in full prior to the commencement of service, except hourly services. **Employees are not paid directly.**

NextStep Support Inc. will if requested, forward invoices to the Client's insurance company, power of attorney for property, or trust as a courtesy only. The Client remains responsible for payment of fees to NextStep Support Inc.



Service Agreement

Please call us between designated office hours if you wish to make any changes in your service arrangements or if you have any questions. We will be pleased to help you.

In addition to the above compensation, NextStep Support Inc. will be entitled to the following reimbursements: a) all extra travel expenses necessary for the execution of the program, except those included in regular pick up and drop off, including rail, taxi, bus, air, rental vehicles, and mileage in personal vehicles, which is charged at 40 cents per kilometer b) supplies and material necessary to execute an in-home program, c) any other direct or partial cost expenditure not listed will be evaluated on an individual basis and will be submitted in writing for approval prior purchase.

All overdue accounts will bear interest charges of 1.5% per month commencing 30 days after receipt of invoice. Clients are responsible for any legal fees and interest charges associated with collecting invoices in default.

The Client and/or Responsible Party agrees to indemnify NextStep Support Inc. and its employees from all liability, claims, damages and expenses arising out of any act or omissions by the Client and/or Responsible Party including injury, death, or damage to persons or property.

You will be notified in advance of any changes in our billing rates or terms of this agreement.

This agreement shall be construed in accordance with the laws of the Province of Ontario.

This agreement constitutes the entire agreement between the parties. Any terms not expressly set forth in this agreement are of no force or effect.

I/we understand the above terms and agree to assume responsibility for the payment of fees or charges for services provided by NextStep Support Inc.

Print Name of Responsible Payment Party:

Signature:

Date:



Overnight Respite Services

SECTION A – OVERNIGHT RESPITE

You will receive overnight, sleeping supervision from trained and experienced care providers including Personal Support Workers, Developmental Support Workers or Personal Companions depending on your support needs. You receive 8 to 12 hours of sleeping support per night. Overnight respite services can be used locally, abroad and for extended periods such as summer camp. Structured respite rates apply for daytime hours

Support is provided for ...

HOURLY	8 HOURS A DAY	10 HOURS A DAY	12 HOURS A DAY
PLAN 1*	PLAN 2	PLAN 3	PLAN 4

- While services are being shared at the same location* or while living independently ...
- For as long as support is required, with regular assessments to adjust support levels, if necessary.

Overnight Respite	PLAN 1*	PLAN 2	PLAN 3	PLAN 4
Session Duration	Hourly	8 hours	10 hours	12 hours
Sleeping Supervision	\$20	\$160	\$200	\$240
Structured Respite	\$29			

PLAN 1* - Minimum of 8 hours of support.

Note: Regular Structured Respite Fees apply for waking hours due to client support needs.



ADULT SUPPORT CRITERIA

\$7,040	1:1+	8H @ \$35/H = \$5600 + 3H BCBA Supervised Work @ \$120/H = \$1440	Level 5 Adult Physical Interventions
\$5,600	1:1	Behavioural 8H @ \$35/H = \$5600	Level 3-4 Adult Behavioural Interventions
\$4,200	1:1	Health 7H @ \$30/H	Level 1-2 Adult Physical Support during emergencies
\$3,500	2:1	Program 7H @ \$25/H	Level 1-4 Adult Physical Support during emergencies
\$2,800	3:1	Program 7H @ \$20/H	Level 1-3 Adult Verbal Support during emergencies
\$1,600	6:1	Program 8H @ \$10/H	Level 1-3 Adult Verbal Support during emergencies
FREE	12:1	Program	Level 1-3 Adult Independent during emergencies

LIVING AT A HOME... AWAY FROM HOME

EXPERIENCE A SUPPORTED COMMUNITY LIVING...

HOME STAY - SUMMER PROGRAMS

Our Home STAY program supports adults who have support needs, to respect social distancing norms and to learn life skills to live with increased confidence and independence, with the support of coaches, mentors and support workers.

With the individuals consent and direction, our excellent staff help an individual to take care of things he or she needs, such as everyday living and making reasonable choices.

Our Location is within 10 minutes walking distance from a park, to lake Ontario, close to local water systems, trails and parks. Our short-term stay unit hosts a great selection of recreation and leisure activities, including a fitness center and outdoor pool and is minutes away from great restaurants, a movie theatre, indoor mini golf, bowling alleys, games & arcades, theaters and major city attractions like the C.N. Tower, Air Canada Centre, Rogers Centre, Ripley's Aquarium, Center Island and Toronto Eaton's Centre.

LIFE SKILLS

- Completing the Activities of Daily Living (ADLs) with increasing independence

COMMUNITY LIVING SKILLS

- Share common areas and living space with family members or roommate
- Community Health & Safety Training

ADAPTIVE SKILLS

- Real-life problem solving
- Dealing with the unexpected and unplanned
- Develop strategies to keep safe
- Where to go for help

SAFETY AWARENESS

- Personal safety
- Community safety

PARTICIPATE IN OVER 50 ACTIVITIES:

ENGAGING COMMUNITY EVENTS & ACTIVITIES

- Amusement Games
- Water hikes
- Events Schedule
- Community Events
- Concerts & Live Performances
- Sports & Games
- Theatre & Stage Performances

NATURES SKILLS AN ACTIVITIES

- Outdoor Instruction • Nature Games
- Hiking • Swimming

EXPERT INSTRUCTION & SKILLS BUILDING

- Dance • Bicycling • Sports • Fitness • Yoga

CREATIVE AND ARTISTIC ACTIVITIES

- Music • Dance • Drama • Arts & Crafts
- Singing • Photography • Gardening

SPECIAL CABIN ACTIVITIES

- Great Group Games • Hikes • Outdoor Cooking • Nature Lore • Skits • Nature Walks • Movies • Movies • BBQ
- Team Building Games



We Transition YOUR Life "Every STEP of the Way"

REGISTER AT: [HTTPS://NEXTSTEPSUPPORT.COM/OVERNIGHT-RESPITE](https://nextstepsupport.com/overnight-respite)

SUMMER TIMELINE

PLAN AHEAD!

Book an appointment with our program coordinator as soon as possible.

MID-JANUARY

Program, course and cost details available online.

EARLY FEBRUARY

Applications open.

1ST OF MARCH

Program information sessions begin.

1ST OF APRIL

\$3,500 deposit due. Early bird discount deadline.

MID-MAY

Remaining fees due

MID-JUNE

Respite Summer Preparation.

JULY–AUGUST

Summer of Discovery begins!



PROGRAM FEES

28 day Programs

Respite Summer
Home STAY Month

7 Day Programs

Respite Week

Please note that spots are limited, with 1-4 participants per week.

RESPITE SUMMER (SHARED ROOM)

This program is a 28 days program, that simulates independent living in a Supported Living environment. Participants typically take part in recreation, leisure, work and social activities. There is an emphasis placed on choice making, independence and sharing resources. Participant share space and resources with one other person in a *2:1 participant to staff ratio*. Food, travel and activity fees included.

4 Week Sessions

2-4 Spots: June 1 - June 28
2-4 Spots: July 1 - July 28
2-4 Spots: August 1 - August 28

HOME STAY MONTH (SINGLE ROOM)

This program is a 28 days program, that simulates independent living in a Supported Living environment. Participants take part in recreation, leisure, work and social activities. Participants are assessed on their abilities to make informed choices, share space and share resources. Participant share space and resources with 1 others in a *2:1 participant to staff ratio*. Food, travel and activity fees included.

28 Day Sessions

2 Spots: September 1- September 28
2 Spots: October 1 - October 28
2 Spots: November 1 - November 28
2 Spots: January 1 - January 28
2 Spots: February 1 - February 28
2 Spots: March 1 - March 28
2 Spots: April 1 - April 28
2 Spots: May 1 - May 28

RESPITE WEEK (SHARED ROOM)

This program is divided into 7 day blocks. Participants enjoy an away camp experience, with the comforts of home. Participants take part in recreation, leisure and social activities. Participants are assessed on their abilities to make informed choices, share space and share resources. They share space and resources with 1 others in a *2:1 participant to staff ratio*. Food, travel and activity fees included.

7 Day Sessions

September 1 - May 28
Please Note: Only December 1 - December 14 in the month of December.



SUMMER AT A HOME... AWAY FROM HOME

EXPERIENCE SUPPORTED COMMUNITY LIVING... IN TORONTO

SOCIAL STEP - SUMMER PROGRAMS

- Participate in group outings of interest
- Practice your social skills
- Meet others who share your interests
- Inclusive of 18 yrs+ with developmental exceptionalities
- Travel public transit
- Share experiences with peers
- Enjoy making choices about your day
- Cultivate friendships

With the individuals consent and direction, our excellent staff help an individual to take care of things he or she needs, such as making reasonable choices. The program operates out of our NextStep Clubhouse, located at 1105 College Street, Toronto, Ontario.

Our NextSTEP Club House is within 10 minutes walking distance from a subway station, library, gym, mall, park, and is surrounded by local restaurants, shops and stores. The neighbourhood also hosts a great selection of recreation and leisure activities, including: art therapy, music therapy, outdoor skating/basketball, karaoke, billiards and games.

LIFE SKILLS

- Completing the Activities of Daily Living (ADLs) with increasing independence

COMMUNITY LIVING SKILLS

- Share space and community resources with others
- Transit Training

ADAPTIVE SKILLS

- Real-life problem solving
- Dealing with the unexpected and unplanned
- Develop strategies to keep safe
- Where to go for help

SAFETY AWARENESS

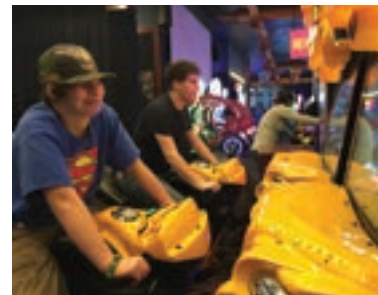
- Personal safety
- Community safety



PARTICIPATE IN OVER 50 ACTIVITIES:

ENGAGING COMMUNITY EVENTS & ACTIVITIES

- Amusement Parks
- Water Parks
- Major League Sporting Events
- City Attractions
- Festivals & Community Events
- Concerts & Live Performances
- Sports & Games



WATER GAMES, SPORTS AND SKILLS

- Instructional Swim • Waterfront Games
- Free Swim • Canoeing • Kayaking
- Pedal Boating • Fishing

EXPERT INSTRUCTION & SKILLS BUILDING

- Dance • Horseback Riding • Bicycling
- Trampoline • Sports • Fitness • Yoga

CREATIVE AND ARTISTIC ACTIVITIES

- Music • Dance • Drama • Arts & Crafts
- Singing • Photography • Gardening

COMMUNITY ACTIVITIES

- Great Group Games • Hikes • Outdoor Cooking
- Nature Lore • Skits • Nature Walks
- Movies • Team Building Games



REGISTER AT: [HTTPS://NEXTSTEPSUPPORT.COM/SOCIAL-GROUP-FEES](https://nextstepsupport.com/social-group-fees)

TIMELINE

MID-APRIL

Deposit due. Early bird discount deadline.

MID-MAY

Remaining fees due

MID-JUNE

Pre-Summer Starts

JULY–AUGUST

Summer of Discovery begins!



PROGRAM FEES

Social STEP 10

10 days/2 weeks..... \$360+ activity fees

Social STEP 30

30 days/1 month \$1,080+ activity fees

Social STEP 75

75 days/Pre-summer & 2 months..... \$1,800+ activity fees

Social STEP 75

75 days/Summer & Fall weekends \$1,800+ activity fees

ACTIVITY FEES

Standard Activity Fee (\$25 or less)

Admission or ticket to our standard activity or event.

E.g. movie ticket, AGO, museum, Toronto zoo, Skyzone, High Park, Wavepool, Putting Edge, Wizard World, city tour, parade, convention show, festival, Centre Island.

Premium Activity Fee (\$45 or less)

Admission fee or tickets for our moderately priced events.

I.e. Dinner, Talent Show & Live Performances, art house, medieval times, sports game, local theatre show, Dave & Buster's, Playdium, Amusement Park, Rinx.

SOCIAL STEP 10

You choose 10 activities, events or special events to attend.

Groups are staffed at a 6:1 - 12:1 participant to staff ratio.

Activity fees extra. Annual membership is free with purchase.

SOCIAL STEP 30

You choose 30 activities, events or special events to attend.

Groups are staffed at a 6:1 - 12:1 participant to staff ratio.

Activity fees extra. Annual membership is free with purchase.

SOCIAL STEP 75

You choose 30 activities, events or special events to attend.

Groups are staffed at a 6:1 - 12:1 participant to staff ratio.

Activity fees extra. Annual membership is free with purchase.

ADDITIONAL SUPPORTS

3:1-6:1 Group Support (\$7.25/hr)

Member demonstrates behaviour that requires the following support while within a community settings within the last 30 days. E.g. Requires support to make a money transaction; Requires support to manage challenging situations; Requires support to manage emergency situations; Requires support while travelling in the community. Note: 4 participants are required for this staffing level. If there are less than 4, the event may be cancelled or proceed at a higher staff to participant ratio.

2:1-3:1 Group Support(\$14.5/hr)

Member demonstrates behaviour that requires 2:1 support while within a community settings within the last 30 days.

E.g. Requires support to manage own materials; Requires support to use a public washroom safely; Engages in behaviour that requires personal coaching to remain calm. Note: 2 participants are required for this staffing level. If there are less than 2, the event may be cancelled or proceed at a higher staff to participant ratio.

1:1 Support (\$29/hr)

Member demonstrates behaviour that requires 1:1 support while within a community settings within the last 90 days.

E.g. Requires support to sit in a food court for up to 5 minutes with group leader at a distance greater than 10 meters; Engaged in behaviour that requires physical redirection; Engaged in behaviour that endangered self; Engaged in behaviour that endangered others.



LIVING AT A HOME... AND AWAY FROM HOME

EXPERIENCE A SUPPORTED COMMUNITY LIVING...

HOME STEP - TRANSITION PROGRAM

Our Home STEP program supports adults who have a developmental disability, and who will require supported living, to respect social distancing norms. Participants learn life skills to live with increased confidence and independence, with the support of coaches, mentors and support workers.

With the individuals consent and direction, our excellent staff help an individual to take care of things he or she needs, such as everyday living and making reasonable choices.

Our NextSTEP Clubhouse is within 10 minutes walking distance from a park, and is a 30 minute hike to lake Ontario, local water systems, trails and parks. The Clubhouse hosts a great selection of recreation and leisure activities, including: art therapy, music therapy, outdoor recreation, karaoke, movies and games.

LIFE SKILLS

- Completing the Activities of Daily Living (ADLs) with increasing independence

COMMUNITY LIVING SKILLS

- Share common areas and living space with family members or roommate
- Community Health & Safety Training

ADAPTIVE SKILLS

- Real-life problem solving
- Dealing with the unexpected and unplanned
- Develop strategies to keep safe
- Where to go for help

SAFETY AWARENESS

- Personal safety
- Community safety

CHOOSE FROM OVER 50 ACTIVITIES:

ENGAGING COMMUNITY EVENTS & ACTIVITIES

- Amusement Games
- Water hikes
- Events Schedule
- Community Events
- Concerts & Live Performances
- Sports & Games
- Theatre & Stage Performances

NATURES SKILLS AN ACTIVITIES

- Outdoor Instruction • Nature Games
- Landscaping • Construction • Painting

EXPERT INSTRUCTION & SKILLS BUILDING

- Dance • Bicycling • Sports • Fitness • Yoga

CREATIVE AND ARTISTIC ACTIVITIES

- Music • Wood Shop • Dance • Drama • Arts & Crafts
- Singing • Photography • Gardening

SPECIAL CABIN ACTIVITIES

- Great Group Games • Hikes • Outdoor Cooking • Nature Lore • Skits • Nature Walks • Camp Outs • Movies
- Team Building Games • Movies • BBQ



We Transition YOUR Life "Every STEP of the Way"

REGISTER AT: [HTTPS://NEXTSTEPSUPPORT.COM/OVERNIGHT-RESPITE](https://nextstepsupport.com/overnight-respite)

NEW MEMBER PROCESS

1 HOUR CONSULTATION TO MEET

Initial consultation to meet client, support network and determine scope of support needs.

CHOOSE YOUR STEP

Choose the NextSTEP Facilitation Program that best suites your needs. www.NextStepSupport.com

1. MY STEP
2. COMMUNITY STEP
3. WORK STEP
4. SOCIAL STEP

MEET YOUR COMMUNITY FACILITATOR

Make a calendar that executes your Person Directed Plan

START YOUR CLUB

Join a Club or find 6 members to start a club

PERSONAL DEVELOPMENT PLAN

Develop your Personal Development Plan

MAKE CHOICES FOR MY PLAN

Customize your program to meet your personal goals

PROGRAM FEES

28 day Programs

Home STAY Summer	\$7,000
Home ST1AY	\$3,700

7 Day Programs

Home STAY RESPITE (7 days).....	\$950
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Please note that spots are limited, with 3-6 participants per week.

HOME STAY SUMMER

This program is a 28 days program, that simulates independent living in a Supported Living environment. Participants typically take part in recreation, leisure, work and social activities. There is an emphasis placed on choice making, independence and sharing resources. Participant share space and resources with one other person in a **2:1 participant to staff ratio**. Food, travel and activity fees included.

4 Week Sessions

- 3 Spots: June 1 - June 28
- 3 Spots: July 1 - July 28
- 3 Spots: August 1 - August 28

HOME STAY

This program is a 28 days program, that simulates independent living in a Supported Living environment. Participants take part in recreation, leisure, work and social activities. Participants are assessed on their abilities to make informed choices, share space and share resources. Participant share space and resources with 2 others in a **3:1 participant to staff ratio**. Food, travel and activity fees included.

28 Day Sessions

- 2-3 Spots: September 1- September 28
- 2-3 Spots: October 1 - October 28
- 2-3 Spots: November 1 - November 28
- 2 -3 Spots: January 1 - January 28
- 2-3 Spots: February 1 - February 28
- 2-3 Spots: March 1 - March 28
- 2-3 Spots: April 1 - April 28
- 2-3 Spots: May 1 - May 28

HOME STAY RESPITE WEEK (SHARED ROOM)

This program is divided into 7 day blocks. Participants enjoy an away camp experience, with the comforts of home. Participants take part in recreation, leisure and social activities. Participants are assessed on their abilities to make informed choices, share space and share resources. They share space and resources with 2 others in a **3:1 participant to staff ratio**. Food, travel and activity fees included.

7 Day Sessions



Roommate Agreement

The following roommates (collectively the "Roommates" and individually the "Roommate") have signed this Roommate Agreement (this "Agreement") on the _____ day of _____, _____ for the following property:

_____ (the "Premises").

Roommate No. 1:

Roommate No. 2:

Roommate No. 3:

Roommate No. 4:

TERM

1. This Agreement will renew weekly until terminated by the Roommates.

RENT

2. The rent for the Premises is \$250.00 per week, due and payable on Monday of each week (the "Rent").
3. All Roommates agree that if any act or failure to act by any of them results in any late fees or costs for failure to pay the Rent, including costs of collection, the Roommate(s) who paid late or who did not pay the Rent will be jointly and severally responsible for all costs and fees of the Roommates who paid on time.
4. All Roommates agree that Amberley Henry will be responsible for collecting each Roommates share of the Rent and forwarding it to the landlord.
5. All Roommates agree that Amberley Henry will be responsible for organizing and keeping records of payment information.

SECURITY DEPOSIT

6. The Roommates have collectively paid a security deposit in the amount of: \$250.00.
7. Any deductions from the deposit will be shared by all the Roommates in proportion to the amount of deposit paid. However, any damage caused by one of the Roommates and/or their guests will be paid only by that Roommate and will accordingly be deducted from that Roommate's portion

of the security deposit.

8. Each Roommate understands that, unless there is an explicit agreement with the landlord to the contrary, the landlord is obligated only to return the deposit to any one of the Roommates. Each Roommate agrees that if he or she is the one to whom the landlord returns the deposit, he or she will immediately return to the other Roommates their share of the deposit.
9. Each Roommate agrees to repair and/or pay for any damage he or she causes to the Premises. Each Roommate agrees that if the landlord makes deductions from the security deposit for which that Roommate is responsible, he or she will reimburse the other Roommates for the resulting loss of deposit money.

UTILITIES

10. The Roommates acknowledge that the costs of all utilities are included in the Rent.

HOUSE RULES

11. All Roommates agree to act reasonably in their dealings with each other and to refrain from any behaviour, action or inaction that they know, or reasonably ought to know, will interfere with the other Roommates' quiet enjoyment. All Roommates agree to discuss concerns frankly and in a timely manner, and to refrain from emotional outbursts. Should negotiation become necessary, all Roommates agree to negotiate in good faith. All Roommates agree to respect each others' property, privacy and sleep schedules and to comply with all reasonable requests wherever possible.

Smoking

12. All Roommates agree that smoking will be permitted only in the following locations: Will be allowed outdoors on the stone patio.

Alcohol

13. All Roommates agree that alcohol is permitted on the Premises subject to the following conditions: Roommates are expected to drink within their limits.

We will implement a 3-strikes rule for disturbances caused by over-consumption of alcohol. If all other present roommates agree that you are intoxicated and being disruptive and can verify with a 3rd party opinion, you shall be given a strike. 3 strikes within 6 months and you will be asked to move out within 7 days.

Illegal Activities

14. All Roommates agree that they will not engage in any illegal activities while on the Premises.

Parties, Gatherings, and Celebrations

15. The Roommates agree to obtain the appropriate permits and to follow any governing local ordinances regarding parties, gatherings and celebratory events at the Premises. Consent for such gatherings must be obtained from each Roommate. In the event a Roommate to the Agreement does not consent to the gathering, the other Roommates may not hold such an event on the Premises.
16. The Roommate(s) hosting the party, gathering or celebratory event will be responsible for the cleanup and undertakes to engage in the cleanup as soon as is reasonably possible.

Quiet Hours

17. All Roommates agree to observe quiet hours for sleep, study and other purposes on the days and times listed here: 10:00 pm to 10:00 am. Accordingly, all Roommates agree to maintain a noise level on the Premises that will permit the other Roommates the ability to enjoy the use of their private space.
18. If the noise level is such that quiet enjoyment is not possible, the Roommate(s) responsible for the noise will not refuse a reasonable request to adjust the noise level such that the requesting Roommate can enjoy the use of his or her private space.

Guests

19. Any Roommate intending to have a guest stay overnight must obtain permission from the other Roommate(s) prior to the stay. Each Roommate is responsible for the behaviour of his or her guests. Guests will not unreasonably disturb other Roommates. Guests must stay in the bedroom of the Roommate who invited them, unless all other Roommates agree that the guest may stay in a shared area.
20. No guest may stay for more than 2 consecutive days without the permission of all other Roommate(s).
21. If at any time the guest substantially interferes with the comfort, safety or enjoyment of any other Roommate, any Roommate may revoke the guest's license by expressly informing the "host" Roommate that the guest's permission to stay in the Premises has been revoked, along with the

reasons for this revocation. After the "host" Roommate has been so informed, the guest will be expected to promptly vacate the Premises.

- 22. Any amendment or alteration of the guest policy as outlined by this Agreement will be in writing, signed by the Roommates.

Use of Personal Property

- 23. Property deemed personal in nature includes all property kept in each Roommate's bedroom which belongs to that Roommate. All Roommates agree to refrain from borrowing the personal goods of any other Roommates, without prior approval. Exceptions to this should be clearly stated, with the Roommates reserving the right to change their minds about the sharing of their items. If damage is done to personal property, the Roommate responsible for the damage will be held liable.

HOUSEHOLD DUTIES AND RESTRICTIONS

Cleaning

- 24. All Roommates agree to follow reasonable standards of cleanliness in maintaining the private and common areas of the Premises. All Roommates agree that the responsibilities of cleaning and maintenance of the Premises will be divided fairly with specific details to be agreed upon from time to time. This includes cleaning the kitchen, dusting, vacuuming, emptying trash, mopping floors, cleaning bathrooms, and yard work. All Roommates will promptly address any concerns about cleanliness with each other in a polite and professional manner.

Pets

- 25. The Roommates agree that pets are not allowed on the Premises.

Living Arrangements

- 26. The bedroom(s) will be allocated as follows:

- _____ will receive the bedroom located Upper Unit 1.
- _____ will receive the bedroom located Lower Unit 1.
- _____ will receive the bedroom located Lower Unit 2.

- _____ will receive the bedroom located Upper Unit 2.

27. The Roommates agree that shared space is detailed as follows: The main floor Common Rooms. Common room hours to be posted.

The yard, garden bed, patio & BBQ.

The side walkway.

Household Costs

28. Each Roommate agrees that common household expenses, charges and/or costs will be shared in the following manner: Each tenant will be responsible for and additional \$350 for shared food and expenses.

Including, but not limited to:

- landline phone
- internet
- cable
- continental breakfast
- business centre use with paper & printing services
- laundry & folding services
- grocery shuttle service.

Damage

29. Any Roommate who causes damage to the Premises or to the personal property of any Roommate will be responsible for that damage. Damage caused by the guests, invitees, or permittees of any Roommate will be attributed to that Roommate. Any damage that cannot be traced to any particular Roommate with reasonable certainty will be paid equally by all Roommates to this Agreement.
30. In the event of a dispute regarding responsibility for damage, the Roommates agree that they will try to negotiate the matter in good faith. If the dispute cannot be resolved by negotiation between the parties concerned, the Roommates agree that they will try to resolve the matter by way of a mediator or other neutral, mutually acceptable party.

TERMINATION OF TENANCY

31. The Roommates agree that no Roommate will be required to end his or her occupation or tenancy involuntarily unless:
 - a. that Roommate has failed to pay his or her portion of the Rent;
 - b. that Roommate has failed to pay his or her portion of utility bills or other household expenses;
 - c. that Roommate has breached a substantive term of the Residential Tenancy Agreement;
 - d. that Roommate has breached a substantive term of this Agreement; or
 - e. that Roommate has failed to comply with the house rules.

32. Any Roommate intending to end his or her occupation or tenancy will inform the landlord(s), in writing, a minimum of 7 days before vacating the Premises. Whenever possible, the vacating Roommate will reasonably assist the remaining Roommate(s) in finding a suitable replacement Roommate. The vacating Roommate will be responsible for any and all current and outstanding charges, costs, or fees incurred by him or her during the course of his or her occupation or tenancy, or caused as a result of the vacation of his or her occupation or tenancy.

33. All Roommates agree to provide their forwarding address and a phone number by which they may be contacted in the event they must vacate the Premises for any reason. The forwarding address and new phone number must be provided as soon as reasonably practical to the other Roommates to this Agreement. All Roommates agree that if any Roommate is compelled to use professional services (e.g. a process server or investigator) to locate another Roommate's address for service of legal process, that the Roommate who failed to provide his or her forwarding address within 30 days after vacating the Premises will pay for the locate costs.

34. If any Roommate vacates the Premises for any reason, and fails to collect his or her property within 30 days, the property may be considered abandoned by the remaining Roommates. At the end of that time, the remaining Roommates may discard the abandoned property or else sell or auction the abandoned property to satisfy outstanding debts of the breaching Roommate under this Agreement.

ADDITIONAL CLAUSES

35. A new agreement must be signed every 180 days. If you do not renew your agreement within this time, you may be asked to leave by the landlord.

We, the undersigned, hereby indicate by our signatures below that:

- we have read this full agreement;
- we understand all it contains; and
- we agree to be bound by its terms and conditions.

WITNESS
Printed Name: _____ Date _____

WITNESS
Printed Name: _____ Date _____

WITNESS
Printed Name: _____ Date _____

WITNESS
Printed Name: _____ Date _____



Nextstep *Support*

ACES & GUIDES CLUB MEMBERSHIPS

...every step of the way



About Aces & Guides Clubs

Aces & Guides is a social group service for youth and adults in their own community. It is a forum where members can meet others who share their interests and build lasting friendships as they plan and engage in facilitated activities.

We deliver Friendship 5 clubs across the GTA to youth aged 18-29 years, with ASD and other exceptionalities. Members engage in leisure & recreational activities that promote social and life skills development.

Each Friendship 5 club has 5 members and is managed individually by a committed Community Facilitator to cater to the particular needs of each member. Clubs are formed based on member interests and abilities. Club members host events at their residences, at NextSTEP locations or in the community.

Club members get weekly support from the Community Facilitator on a 1:1 basis.

Clubs require a minimum of 3 members to start. So please speak to your friends, peers and school alumni about the club you will be developing. The more club members you have, means lower cost for each member and the advantages of increased social opportunities.

Members start with a Community Structured Transition Engagement Program Plan or **Community STEP Plan** as a template to follow. The members learn how to facilitate various types of activities including social, recreational & leisure activities. Then they adapt the agenda of their club to suit the particular interests of it's members.

We support you, in doing the things that interest you!

What do you want to do ?

- Exercise at the gym
- Throw a Party
- Hang out with friends
- Start a hobby club
- Feel healthy
- Visit places of interest

You have Interests!



CAMP IN THE CITY - FULL TIME PROGRAM

\$2,250 Total

\$800	Room Shared Space : SPACES CONDO
\$240	Meal Benefit : \$60/week Groceries
\$75	PPE :Variable
\$180	Health care Benefits :Accident, Sickness, Life Insurance & Assurance
\$150	Phone Ipad : Data Plan + Rental
\$100	Presto
\$255	Activities :Tuesdays 3tickets @ \$35each, Thursdays 3tickets @ \$40each Fridays 1tickets @ \$30each
\$450	Administration : Business expense account, Payroll, YMCA membership, Program Admin Fee (\$225)

CAMP IN THE CITY - EMPLOYMENT TRAINING MODULES

\$415	Work Skills Training – 4 Sessions
\$415	Life Skills Training – 4 Sessions
\$415	Job Specific Language Training – 4 Sessions
\$415	Social Club, Leader In Training – 4 Sessions
\$415	Independent Living Skills Training Sessions – 4 Sessions

COMMUNITY MEMBERSHIP



COMMUNITY MEMBERSHIP:

- Unlimited Weekly Groups
- Go to any NextSTEP Group. Just register

\$415

CLUB MEMBERSHIP:

- Cohorted group with Exclusive Community Facilitator for groups of 3 or 5
- 12 Hours 1:1 Coaching monthly
 - 3 Weekly groups
 - Monthly event
 - Annual Event

\$860

FIT PROGRAM:

- 2 Weekly groups
- 1 Training Session

\$415



FULL TIME:

\$1600



DAILY

Independent Travel

Learning module is about

In this learning module members practice commuting via various forms of transportation to promote independent travel.

Skills learned

Members will be able to use the public transit system to navigate to and from activities. Members will be able to use ride sharing services to travel to and from activities. Members will know how to cope with emergency situations that may arise while commuting via public transit or ride share services.

What you will accomplish

- Travel commonly used public transit routes with confidence and increased independence.
- Demonstrate ability to access available community supports to assist in challenging situations.

Course delivery & Equipment

Course is delivered in community and involves travel on the TTC. Members require a digital device such as an iPad, Tablet, or Smartphone with specific applications for time, schedules, lists, and weather, transit & maps information; email, internet, and the ability to send and receive texts.

WEEKLY



Functional Training

Learning module is about

This learning module promotes exercises and training routines that develop and refine movement skills needed for recreational activities.

Skills learned

Members learn movement skills and principles, ways to improve fitness level, and safety and injury prevention, while engaging in recreational activities.

What you will accomplish

- Engage in activities that reduce stress and anxiety.
- Choose between a variety of fitness options and increase engagement in recreational activities.
- Demonstrate ability to apply movement skills and principles to functional tasks.

Course delivery & Equipment

Course is delivered in community settings. Members require a water bottle, activity specific clothing and a activity specific equipment.

Swimming: backpack, swim suit, plastic bag, towel.
May also consider, shower foot wear, soap, shampoo, body lotion, change of under garments, change of socks.

Skating: skates, helmet, gloves, scarf, hat, snow pants.
May also consider knee and elbow pads.

Biking: helmet, water bottle, backpack

Hiking: footwear and be dressed for the weather

Technology & Life Apps

Technology at your finger tips!

- Use a smartphone / tablet in everyday life
- Use a calendar to plan and organize
- Use Google Maps to find my way around
- Use your device to order items from a menu
- Use a debit card or smartphone to pay
- Communicate with friends

Planning at a Coffee Shop

Learning module is about

This learning module introduces strategies to help you manage time, stay focused on the task at hand, and prioritize actions for completion.

Skills learned

Members learn how to use a smartphone or tablet to help them manage tasks and a schedule. Members are taught using digital applications that best suits their learning profile. They will become familiar with Zoom and Teams, using a calendar or an agenda, sending email, updating a blog about upcoming events

What you will accomplish

- Able to send chat invitations to peers
- Be able to ask and answer questions about the activities that will be encountered within the day /week
- Will be able to host a planning meeting among friends or peers

Course delivery & Equipment

Learning module is delivered in a community setting. Members require a digital device such as an iPad, Tablet, or Smartphone with specific applications.

Activities

- Reviews calendar and schedule
- Order Items from a menu & pay using debit card or smartphone

Technology at a Library

Learning module is about

This learning module supports members to learn basic skills in Microsoft Office and 365, including Microsoft Outlook, PowerPoint and Word. Classes may also be offered in collaboration with our Community Learning Partners.

Skills learned

Members learn to create emails, flyers and schedules using Microsoft Outlook and Office. They create and manage marketing material for their club events.

What you will accomplish

- Demonstrate ability to use calendars, schedules and digital devices to manage changes in schedule
- Engage in productive work for minimum of 2 hours
- Demonstrate ability to complete tasks within a team and while working independently
- Advocate for self by identifying and discussing needs and/or accommodations.

Course delivery & Equipment

Learning module is delivered in a library setting. Members require a digital device such as an iPad, Tablet, or Smartphone with specific applications.

Activities

- Create a schedule and send it to a friend or peer
- Create events in a calendar and invite a friend or peer

Managing My Money



Hang out with friends on a budget.

- Use a smartphone/tablet to budget
- Use a smartphone/tablet to navigate
- Use a smartphone/debit card for purchases
- Plan and organize an outing with friends
- Chat with others about your interests
- Be able to go with the flow, as majority rules!

Payday Budgeting

Learning module is about

This learning module readies students to make personal purchases in accordance with a monthly budget.

Skills learned

Students have the opportunity to make personal budgets based on their discretionary income and prepare to make transactions with the use of money or alternatives to purchase items for self and to participate in a range of community activities.

What you will accomplish

- Demonstrate ability to calculate daily, weekly and monthly pay.
- Budget for daily, weekly and monthly wants and needs.
- Demonstrate preparedness to shop for necessities and discretionary items for independent living including: groceries, clothing, drugstore items, gifts, items for special events, personal items, items related to interests.
- Demonstrate an understanding of payroll deductions.
- Demonstrate an understanding of taxes.

Course delivery & Equipment

Course is delivered in a classroom setting. Students require a digital device such as an iPad, Tablet, or Smartphone with specific applications .

Managing My Money

Learning module is about

This learning module focuses on developing and consolidating key foundational mathematical concepts and skills by solving authentic, everyday problems.

Skills learned

Students have opportunities to further develop their mathematical literacy and problem-solving skills and to continue developing their skills in reading, writing, and oral language through relevant and practical math activities.

What you will accomplish

- Plan and justify a route for a trip by public transit.
- Interpret information about different modes of transportation.
- Practice following a shopping list, reference an inventory to complete a shopping list, identifying required quantities, comparing and purchasing items considering cost.
- Demonstrate an understanding of the factors and methods involved in making and justifying informed purchasing decisions.

Course delivery & Equipment

Course is delivered in a classroom setting. Students require a digital device such as an iPad, Tablet, or Smartphone with specific applications.

Leadership Skills

Team Building with Peers

Learning module is about

This learning module readies with leadership skills training.

Skills learned

Members are provided initial job training and shadowing. This involves teaching the duties of the job and providing an overview of safety procedures pertain to the workplace. Ongoing monitoring of the member is provided by the staff.

What you will accomplish

- Demonstrate ability to use calendars, schedules and digital devices to manage schedule
- Engage in specific job tasks for minimum of 2 hours
- Demonstrate ability to complete group tasks and to work independently
- Demonstrate **WORK HABITS:** demonstrating Ontario Skills Passport competencies in Working Safely, Teamwork, Reliability, Organization, Working Independently, Initiative, Self – Advocacy, Customer Service, Entrepreneurship

Course delivery & Equipment

Course is delivered in a community setting. Students require a digital device such as an iPad, Tablet, or Smartphone with specific applications for time, schedules, lists, and weather, transit & maps information; email, internet, and the ability to send and receive texts.

On the Job Training



Job Training or Employment with NextStep

- Volunteer and Join a team
- Discover your strengths and talents
- Explore your interests
- Connect with others who share your interests
- Support your community
- Develop skills in an area of interest

On the Job Training

Learning module is about

This learning module readies students to develop skills that will provide opportunity for students to participate as productive and contributing members of their community.

Skills learned

Students have the opportunity to Identify, explore and articulate areas of interest and skills; Set goals (short and long term) for work based on skills and interests; Explore different areas to expand interests.

What you will accomplish

- **Experience work at a work hub. Members will be learn to identify the following processes:**
 - **Job Task Planning:** Planning and organization of one's work;
 - **Decision Making:** making a choice among options using appropriate information
 - **Problem Solving:** identification and solving of problems
 - **Finding Information:** find information using texts, people, databases, and information systems for research

Course delivery & Equipment

Course is delivered both in shared workspace and community settings. Students require a digital device such as an iPad, Tab-let, or Smartphone with specific applications .

Volunteer or Employment

Learning module is about

This learning module readies students to do a fair share of work while sharing resources, contributing to a pleasant working environment, interacting positively with co-workers and re-specting the ideas and opinions of others in the workplace.

Skills learned

Student have the opportunity to complete job tasks, interacts with customers & clients and shares common workplace areas in accordance with workplace rules.

What you will accomplish

- Demonstrate ability to follow directions, pay attention to detail and stays on task for determined periods of time
- Follow structured problem solving process to make effective decisions in the workplace
- Advocate for self by identifying and discussing needs and/or accommodations.
- Demonstrate ability to use calendars, schedules and digital devices to manage changes in schedule
- Demonstrate ability to complete tasks within a team and while working independently

Course delivery & Equipment

Course is delivered in both shared workspace and community settings. Students require a digital device such as an iPad, Tablet, or Smartphone with specific applications.

Socializing

A photograph of two women in a kitchen. The woman on the left has dark, curly hair and is wearing a green top, laughing heartily. The woman on the right is wearing glasses and a white t-shirt, looking towards the first woman. They appear to be in a friendly, social interaction.

Out With Peers

Learning module is about

This learning module supports members to participate as effective members of a team.

Skills learned

Club members are provided an itinerary and are supported to engage in fun and engaging team building activities.

What you will accomplish

- Bowling
- Putting Edge
- Movies
- Skyzone
- Painting Lounge
- Activities of Choice

Course delivery & Equipment

Course is delivered in a community setting. Members require a digital device such as an iPad, Tablet, or Smartphone with specific applications. Members may be required to provide as Access2Entertainment Card or additional activity fees, depending on the activity.

Activities

- Public transit commute
- Dinner
- Recreation or leisure activity



SOCIAL EVENTS

Semi-annual Formal

Fall Formal & Dance: 3rd week of September
Spring Fling Dance & Formal: 2nd week of March

What is the event about

Prom is one of our biggest events of the year! Many of our Members did not have a chance to experience prom, so we put one on for them to share with their friends.

Skills learned

Members learn to plan, organize and host special events

What will Happen

- Everyone will receive a fancy invitation.
- Dress to impress and look forward to a high class event with their friends
- We will recruit performing groups for the event
- We welcome friends and family to join

PERKS

- DINNER
- DANCING
- MUSIC
- PRIZES!

TAKE YOUR NEXT STEP

COMMUNITY CLUBS... FOR A DEDICATED GROUP EXPERIENCE

LEADERSHIP SKILLS

- Leadership skills for work, community & social

SELF-REGULATION & SOCIAL SKILLS

- Express feelings
- Manage anxiety
- Manage negative thoughts & emotions
- Create a positive self-image
- Interact positively with others
- Social Cognition
- Perspective-taking
- Understand expected vs. unexpected

SELF-HELP & ADVOCACY

- Assess themselves & their needs
- Awareness of accommodations they need
- Communicate clearly & Advocacy needs
- Knowledge of their rights to these accommodations

RECREATION & FITNESS

- Engage in activities that reduce stress and anxiety.
- Choose between a variety of fitness options and increase engagement in recreational activities.

EXPANDING EXPERIENCES

- Finding new and exciting ways to expand your interests, develop your hobbies, and make new friends

ADAPTIVE SKILLS

- Real-life problem solving
- Dealing with the unexpected and unplanned
- Develop strategies to keep safe
- Where to go for help

INDEPENDENT TRAVEL

- Travel commonly used public transit routes with confidence and increased independence.
- Demonstrate ability to access available community supports to assist in challenging situations.

● ONLINE COMMUNITY

● CULTIVATE FRIENDSHIPS

● BE SAFE IN PUBLIC

● MEET OTHERS WHO SHARE YOUR INTERESTS

● SHARE EXPERIENCES WITH PEERS

● INCLUSIVE OF 18 YEARS+ OF THE NEURODIVERSE COMMUNITY

ACES & GUIDES

Aces & Guides is a social group service for youth and adults in their own community. It is a forum where members can meet others who share their interests and build lasting friendships as they plan and engage in facilitated activities.

We deliver Friendship 5 clubs across the GTA to youth aged 18-29 years, with ASD and other exceptionalities. Members engage in leisure & recreational activities that promote social and life skills development.

REGISTER AT: [HTTPS://ACESGUIDES.COM/](https://acesguides.com/)

COMMUNITY CLUB MEMBERSHIPS

Membership Benefits

- 3 Hours of independent life skills or vocational skills training
- Dedicated support in your community 3 days a week
- Discover your strengths and talents
- Develop skills in an area of interest
- Train for a job as a Group Facilitator or Event Facilitator
- Join the team upon completion of 300 hours of training

MONTHLY FEE:

MONTHLY REQUIREMENTS

Presto Card.....	Required
Assessments & Reports.....	Included
STEP Planning.....	Included
Smartphone or Tablet with, Talk/Text/Data.....	Required
Training Equipment.....	\$20.00/month
Club Membership	Required

SMALL GROUP PROGRAM IN DEDICATED COHORTS

Friendship 5 Clubs

Each Friendship 5 club has 3-5 members and is managed by a committed Community Facilitator to cater to the particular needs of each member.

Club members will attend groups in-person 3 days per week.

Members will be in cohorts, which means they will be with the same group members and have the same Community Facilitator.

Clubs are formed based on member interests and abilities. Club members host events at their residences, at NextSTEP locations or in the community.

Club members also receive 3 hours of weekly support from the Community Facilitator on a 1:1 basis.

SKILLS WILL BE DEVELOPED IN:

- LEADERSHIP SKILLS
- JOB SPECIFIC TRAINING
- MANAGING MY MONEY
- EVENT PLANNING
- USING TECHNOLOGY APPS



“ *You’re teaching has helped me with my daily life routine which includes work life. I’ve learned how to be more confident and also stand up for myself and have a certain behaviour at work..... also helped me have stronger friendships. I would strongly recommend NextSteps because you have made sure whoever you teach reaches their best and shines in their future.* **”**

TESTIMONIAL Hassan – Former Member

TAKE YOUR FIRST STEP TOWARDS A BRIGHT START!

OUR FOCUS IS PERSONAL DEVELOPMENT... FOR YOUR NEXT

COMMUNICATION SKILLS

- Functional skills for work, community, social & personal

SELF-REGULATION & SOCIAL SKILLS

- Express feelings
- Manage anxiety
- Manage negative thoughts & emotions
- Create a positive self-image
- Interact positively with others
- Social Cognition
- Perspective-taking
- Understand expected vs. unexpected

SELF-HELP & ADVOCACY

- Assess themselves & their needs
- Awareness of accommodations they need
- Communicate clearly & Advocacy needs
- Knowledge of their rights to these accommodations

CHOICE & CONTROL

- Communicating preferences
- Understanding your limits
- Person Directed Planning

EXPANDING THE WORLD

- Finding new and exciting ways to expand your interests, develop your hobbies, and make new friends

ADAPTIVE SKILLS

- Real-life problem solving
- Dealing with the unexpected and unplanned
- Develop strategies to keep safe
- Where to go for help

SAFETY

- Personal safety
- Community safety
- Workplace safety



STRUCTURED TRANSITION EDUCATION PLAN



WE CONSULT WITH A STUDENT AND HIS OR HER PERSONAL NETWORK, TO CONSIDER AS MANY FACTORS AS POSSIBLE IN ESTABLISHING A WELL-ROUNDED AND EFFECTIVE EDUCATION PLAN FOR SUCCESS. A MAIN GOAL IS TO REDUCE HIS OR HER SUPPORT NEEDS, WHILE SUPPORTING THE EDUCATIONAL GOALS FOR HIS OR HER NEXT STEPS!

COMMUNITY FOUNDATION

This program is supported through a Private High School partnership. It is a full year program, that is best for youth 13+ years who are preparing to leave secondary school being granted a Certificate of Accomplishment, having not met the requirements for the Ontario Secondary School Diploma or the Ontario Secondary School Certificate. The Certificate of Accomplishment may be a useful means of recognizing achievement for students who plan to take certain kinds of further training, or who plan to find employment directly after leaving school. The Community Foundations program is flexible and focuses on personal development, instructing students on the skills necessary to be good community members, to have flexible thinking, make their own choices and to manage challenging situations.



REGISTER AT: [HTTPS://NEXTSTEPSUPPORT.COM/ACADEMIC-STEP](https://nextstepsupport.com/academic-step)

COMMUNITY & CITIZENSHIP

- DEVELOP QUALITIES OF GOOD CITIZENSHIP
- SHARE COMMUNITY RESOURCES WITH OTHERS
- MANAGE CHALLENGING SITUATIONS
- KEEP PERSONAL BELONGINGS SAFE
- KEEP PERSONAL INFORMATION PRIVATE

COMMUNITY FOUNDATION

This program is supported through a Private High School partnership. It is full year program is best for students who want to work on both job skills and independent living skills. Students work to increase independence in the community; practice transit training; gain life skills for increased independence; and a better understanding of laws and social expectations. Students are supported to socialize with peers. Learning groups are staffed at a 3:1 - 6:1 participant to staff ratio. Activity fees extra.

PROGRAM SPECIFIC REQUIREMENTS

Gym Membership Required
Training Equipment.....\$20.00/month

MONTHLY REQUIREMENTS

Toronto Library Card..... Required
TTC Support Card (if applicable) Required
Presto Card..... Required
Access2 Entertainment Card..... Required
Assessments & Reports..... Included
STEP Planning..... Extra
Smartphone or Tablet with, Talk/Text/Data Required

FUNCTIONAL ACTIVITIES

LIBRARY

- Learn to obtain a library card
- Use of librarian services
- Take out books, use computers

TTC ROUTE PLANNING

- Learn how to access bus schedule
- Understand the subway line, street cars and bus routes
- Using a TTC Presto card and how to pay for bus fare
- Download and navigate the TTC app on smart phone or tablet
- Access public wifi

WORK PLACEMENT

- Students will learn to stock a shelf (grocery or toiletry)
- How to categorize products based on use
- Understand pricing, sales and labelling
- Volunteering at food bank / charity

MONEY MANAGEMENT

- Creating a budget
- Understanding expenses
- How to open a bank account
- Depositing and withdrawing funds from a chequing account
- Using a debit card
- Sign a signature

RESTAURANT

- Learn which restaurants serve particular types of cuisines
- Navigate through the menu to choose meals that they like
- Order meals and make modifications as necessary
- Understanding when and where it's appropriate to tip
- Pay for their meals using money or debit cards
- Nutrition guidelines

SOCIAL PLANNING

- Creating a weekly schedule
- Making plans with friends
- Understanding socially appropriate activities with peers
- Conversation skills

INDUSTRIAL ARTS

- Locating tools and appliances at a hardware store
- Understand the function of simple tools
- Learn how to replace household items
- Assemble furniture by following an instruction manual



TAKE YOUR FIRST STEP TOWARDS YOUR **NEXT** STEP!

OUR FOCUS IS PERSONAL DEVELOPMENT... FOR YOUR NEXT

COMMUNICATION SKILLS

- Functional skills for work, community, social & personal

SELF-REGULATION & SOCIAL SKILLS

- Express feelings
- Manage anxiety
- Manage negative thoughts & emotions
- Create a positive self-image
- Interact positively with others
- Social Cognition
- Perspective-taking
- Understand expected vs. unexpected

SELF-HELP & ADVOCACY

- Assess themselves & their needs
- Awareness of accommodations they need
- Communicate clearly & Advocacy needs
- Knowledge of their rights to these accommodations

CHOICE & CONTROL

- Communicating preferences
- Understanding your limits
- Person Directed Planning

EXPANDING THE WORLD

- Finding new and exciting ways to expand your interests, develop your hobbies, and make new friends

ADAPTIVE SKILLS

- Real-life problem solving
- Dealing with the unexpected and unplanned
- Develop strategies to keep safe
- Where to go for help

SAFETY

- Personal safety
- Community safety
- Workplace safety

STRUCTURED TRANSITION EDUCATION PLAN



WE CONSULT WITH A STUDENT AND HIS OR HER PERSONAL NETWORK, TO CONSIDER AS MANY FACTORS AS POSSIBLE IN SUPPORTING A WELL-ROUNDED AND EFFECTIVE TRANSITION PLAN FOR SUCCESS. A MAIN GOAL IS TO REDUCE HIS OR HER SUPPORT NEEDS, WHILE SUPPORTING THE EDUCATIONAL GOALS FOR HIS OR HER NEXT STEPS!

ACADEMIC FOUNDATION

This program is supported through a Private High School partnership. It is best for youth 13+ years who are preparing for credit courses. Our Academic Foundation program focuses on Pre-Credit/Remedial content. It is designed to focus on the continued development and remediation of prerequisite skills needed for entry into credit courses, and/or focus on continued remediation of literacy and numeracy skills to the student's potential. Depending on abilities, needs and working levels, students may participate in the pre-credit program for one, two or more years. Pre-credit courses are not credit-earning courses. Some courses are purely remedial and focus on decoding skills, comprehension or foundational math. It is possible to be enrolled in some Pre-credit/Remedial courses, and some Credit courses.



REGISTER AT: [HTTPS://NEXTSTEPSUPPORT.COM/ACADEMIC-STEP](https://nextstepsupport.com/academic-step)

COMMUNITY & CITIZENSHIP

- DEVELOP SKILLS NECESSARY FOR ENTRY EXAMS
- SHARE COMMUNITY RESOURCES WITH OTHERS
- MANAGE CHALLENGING SITUATIONS
- KEEP PERSONAL BELONGINGS SAFE
- KEEP PERSONAL INFORMATION PRIVATE

ACADEMIC FOUNDATION

This program is supported through a Private High School partnership. It is a full year program is best for participants who want to work on both Pre-Credit/Remedial skills and independent living skills. Pre-Credit courses include English, Math and Science or Social Science, Arts, and other curriculum areas which are offered in alternate years.

Most courses are taught in parallel with, and use the credit curriculum, but proceed at a slower pace and do not cover all of the content required to earn a credit. Other courses are purely remedial and focus on decoding skills, comprehension or foundational math. Participants also work to increase independence in the community; practice transit training; gain life skills for increased independence; and a better understanding of laws and social expectations. Participants are supported to socialize with peers. Learning groups are staffed at a 3:1 - 6:1 participant to staff ratio. Activity fees extra.

MONTHLY REQUIREMENTS

Toronto Library Card.....	Required
TTC Support Card (if applicable)	Required
Presto Card.....	Required
Access2 Entertainment Card.....	Required
Assessments & Reports.....	Included
STEP Planning.....	Extra
Smartphone or Tablet with, Talk/Text/Data	Required

FUNCTIONAL ACTIVITIES

TTC ROUTE PLANNING

- Learn how to access bus schedule
- Understand the subway line, street cars and bus routes
- Using a TTC Presto card and how to pay for bus fare
- Download and navigate the TTC app on smart phone or tablet
- Access public wifi
- learn how to respond to Emergency situations

MONEY MANAGEMENT

- Creating a budget
- Understanding expenses
- How to open a bank account
- Depositing and withdrawing funds from a chequing account
- Using a debit card

SOCIAL STEP PLANNING

- Learn to use basic web based technology
- Coordinate activities for Social Groups
- Understanding socially appropriate activities for specific groups

INDUSTRIAL ARTS

- Understanding the function of simple tools
- Learn how to use simple tools for basic maintenance

LIBRARY

- Use of librarian services
- Use library resources for continuing education



TAKE YOUR FIRST STEP TOWARDS YOUR **NEXT** STEP!

OUR FOCUS IS PERSONAL DEVELOPMENT... FOR YOUR NEXT

COMMUNICATION SKILLS

- Functional skills for work, community, social & personal

SELF-REGULATION & SOCIAL SKILLS

- Express feelings
- Manage anxiety
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SELF-HELP & ADVOCACY

- Assess themselves & their needs
- Awareness of accommodations they need
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ADAPTIVE SKILLS

- Real-life problem solving
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- Develop strategies to keep safe
- Where to go for help

SAFETY

- Personal safety
- Community safety
- Workplace safety

STRUCTURED TRANSITION EDUCATION PLAN



WE CONSULT WITH A STUDENT AND HIS OR HER PERSONAL NETWORK, TO CONSIDER AS MANY FACTORS AS POSSIBLE IN SUPPORTING A WELL-ROUNDED AND EFFECTIVE TRANSITION PLAN FOR SUCCESS. A MAIN GOAL IS TO REDUCE HIS OR HER SUPPORT NEEDS, WHILE SUPPORTING THE EDUCATIONAL GOALS FOR HIS OR HER NEXT STEPS!

ACADEMIC STEP

This program is supported through a Private High School partnership. It is best for youth 18+ years who are preparing for Private Post-Secondary courses as a mature student. Our Academic STEP 1 program focuses on preparing students to qualify for specific post-secondary entrance exams for our partner career colleges. We help prepare you with the prerequisite skills needed for entry as a mature student, in accordance with the guidelines from the Ministry of Training, Colleges and Universities. These courses are not credit-earning courses. Course is taught in conjunction with our other STEP programs. Thus members are concurrently enrolled in the Academic Foundations program and another STEP program. Members must have attained a Certificate of Accomplishment for admission.



REGISTER AT: [HTTPS://NEXTSTEPSUPPORT.COM/ACADEMIC-STEP](https://nextstepsupport.com/academic-step)

COMMUNITY & CITIZENSHIP

- DEVELOP SKILLS NECESSARY FOR ENTRY EXAMS
- SHARE COMMUNITY RESOURCES WITH OTHERS
- MANAGE CHALLENGING SITUATIONS
- KEEP PERSONAL BELONGINGS SAFE
- KEEP PERSONAL INFORMATION PRIVATE

ACADEMIC STEP

This program is supported through a Private High School partnership. It is best for participants who want to work on both continuing education and independent living skills. Course Content helps prepare you with the prerequisite skills needed for entry as a mature student, in accordance with the guidelines from the Ministry of Training, Colleges and Universities. Depending on abilities, needs and working levels, students may participate in the our academic foundation program multiple times or accommodate pace of instruction for particular learning needs.

Participants concurrently participate in our Community STEP program to work to increase independence in the community. Participants are supported to socialize with peers. Learning groups are staffed at a 3:1 - 6:1 participant to staff ratio. Activity fees extra.

MONTHLY REQUIREMENTS

Toronto Library Card.....	Required
TTC Support Card (if applicable)	Required
Presto Card.....	Required
Access2 Entertainment Card.....	Required
Assessments & Reports.....	Included
STEP Planning.....	Extra
Smartphone or Tablet with, Talk/Text/Data	Required

PROGRAM FEES

Academic Foundations.....	\$999.00
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FUNCTIONAL ACTIVITIES

TTC ROUTE PLANNING

- Learn how to access bus schedule
- Understand the subway line, street cars and bus routes
- Using a TTC Presto card and how to pay for bus fare
- Download and navigate the TTC app on smart phone or tablet
- Access public wifi
- learn how to respond to Emergency situations

MONEY MANAGEMENT

- Creating a budget
- Understanding expenses
- How to open a bank account
- Depositing and withdrawing funds from a chequing account
- Using a debit card

SOCIAL STEP PLANNING

- Learn to use basic web based technology
- Coordinate activities for Social Groups
- Understanding socially appropriate activities for specific groups

INDUSTRIAL ARTS

- Understanding the function of simple tools
- Learn how to use simple tools for basic maintenance

LIBRARY

- Use of librarian services
- Use library resources for continuing education



ADDITIONAL 1:1 SERVICES BY COMMUNITY FACILITATORS

Not everything can be done in a group. With the person's consent and direction, this worker helps them to take care of things they need for everyday living, as well as to set and achieve goals. Workers can also help to connect adults with others in their communities, to find and use community resources and to complete activities of Independent Living.

WHAT DO OUR COMMUNITY FACILITATORS DO?

The worker meets regularly with an adult who has support needs to:

- help member get access to community supports and government-funded services
- help identify member's strengths and needs
- inform member about supports and direct member to the ones they need
- help manage member's community resources and service plans

Individual STEP Program Features

- Supported work placements continue the development of workplace skills. Students participate in the planning, organizing and delivery of Social Groups by NextStep. These social groups are created for community members and give our participants experience with planning, organization, teamwork, project involvement, time management, quality control, photography, web-site editing skills, or customer service.
- A focus on skills for independent living, including nutrition and meal planning, dining etiquette, shopping and purchasing, and home care tasks to prepare students for transitions into adult lifestyles.
- A paying job program teaches personal financial management through the use of real cash, earned through work internships.
- Coaching provided in the areas of personal care, self-management and social skills.
- Use of a Structured Transition Education Plans, ensure on going progress assessment & tracking.

Registration Process

Complete:

- Program Registration Form
- Permission Form
- Medical Form (*do not need to complete if we have on file for current year*)
- Administration of Prescribed Medication Form (*if Applicable*)
- Photography & Media Release Form (*do not need to complete if we have on file for current year*)
- Cheque of 3 months payment made payable to NextStep Support

Return by mail, hand delivery or email forms.

Attention: Tamara Bailey

NextStep Support

Mailing Address: 1105 College Street, Toronto, ON M6H 1B4

Phone number: 647-807-8911

Email: info@NextStepSupport.com

Download forms :

<https://acesguides.com/>

Payment policy

All payments must be paid in full prior to the session start date. Late registrations can be accepted, but there are no guarantees on availability as sessions are filled on a first come, first served basis.

Missed Outings

Unfortunately, we are unable to refund missed sessions, cancellations with less than 24 hours notice, or cancellations for any ticketed activities.

Not sure if a particular program is right for you?

Please call us at 647-807-8911 or email info@NextStepSupport.com





FALL &
WINTER

COMMUNITY GROUPS CALENDAR



Next Step
Support Services



Complete Adult Support
We Transition YOUR Life “Every STEP of the Way”

WHO IS THIS PROGRAM FOR?

YOUNG ADULTS 18+ AND WHO ARE INTERESTED IN:

- EMPLOYMENT
- SUPPORTED EMPLOYMENT
- FURTHER EDUCATION
- INDEPENDENT OR SUPPORTED LIVING
- COMMUNITY PARTICIPATION



SO, WHAT'S IN YOUR NEXT STEP?

WE CONSULT WITH A LEARNER AND HIS OR HER PERSONAL NETWORK, TO CONSIDER AS MANY FACTORS AS POSSIBLE. THIS WILL CONTRIBUTE TO ESTABLISHING A WELL-ROUNDED, FULFILLING, AND COMPLETE ADULT LIFESTYLE OF HIS OR HER CHOICE.

STRUCTURED TRANSITION ENGAGEMENT PLAN

“You’re teaching has helped me with my daily life routine; which includes work life. I’ve learned how to be more confident and also stand up for myself. As well as, how to have a certain behaviour at work. You’ve also helped me have stronger friendships. I would strongly recommend NextStep, because you have made sure whoever you teach reaches their best and shines in their future.”

Hassan – Former Student

TAKE YOUR NEXTSTEPS

PROGRAM ENTRY: 18+ | PROGRAM LENGTH: UNLIMITED



TRANSITIONING INTO THE COMMUNITY

CHOOSING AN ADULT LIFESTYLE OF ONE'S CHOICE

“Amberley has been in our lives for 8 years. He understands my son at times better than me. He can see through the lens of my son, and gets the intricate workings of his mind. His Input is exceptional and I so appreciate his upbeat positive attitude & patience.

Amberley creates the most detailed, thought out plans for our kids; which cater to their interests, learning, and needs.

This past year, Amberley taught my son how to take the TTC independently. He taught him more than one way to get home in case a route was shut down. He also taught him what to do if there was no ticket collector in the booth; as well as, what to do if someone sits too close to you, etc. I feel very fortunate to have had Amberley’s guidance and expertise over these years. He is our angel.”

Sarah C. – Parent

YOUR STEPS TO SUCCESS

STEP Programs Monthly Fees & Requirements

OPTION 1 : COMMUNITY STEP (3 DAYS)

PROGRAM	DAY	EVENING*	WEEKEND
MONDAY	TECHNOLOGY & FITNESS		
WEDNESDAY	COMMUNITY & FITNESS		
FRIDAY	FITNESS & HANGING WITH FRIENDS		

OPTION 2 : LEADERSHIP FOUNDATIONS (3 DAYS)

PROGRAM	DAY	EVENING*	WEEKEND
TUESDAY	LEADERSHIP SKILLS		
THURSDAY	ON THE JOB TRAINING		
WEEKEND			GROUP LEADER

OPTION 3 : SOCIAL STEP (1 - 4.5 DAYS)

PROGRAM	DAY	EVENING*	WEEKEND
MONDAY		1/2 SOCIAL*	
TUESDAY		1/2 SOCIAL*	
WEDNESDAY		1/2 SOCIAL*	
THURSDAY		1/2 SOCIAL*	
FRIDAY		1/2 SOCIAL*	
SATURDAY			SOCIAL
SUNDAY			SOCIAL

* SCHEDULED START DATE IN SEPTEMBER 2021

OPTION 1: COMMUNITY STEP

Who is this program for?

This part time program is best for young adults who are ready to transition into an adult lifestyles of their choice. Individuals learn to participate in the community with 6:1 support. Members can participate in one or more options at the same time. Individual costs may vary.

Toronto Library Card.....	Required
TTC Support Card	Required
Presto Card.....	Required
Access2 Entertainment Card.....	Required
Part-time, 3 DAYS.....	Included
Assessments & Reports.....	Included
STEP Planning.....	Included
Technology Rental	(Alternatives Allowed)
• Smartphone / Tablet	(Alternatives Allowed)
• Talk / Text / 5G Data	

Program Specific Requirements

Option 1: Community Step	\$54.00
Gym Membership.....	\$34.00
Training Equipment.....	\$20.00

Monthly Fees:.....\$1,600

CO-OP STUDENT

High School Coop Students who are independent in the community, are able to contribute to the Community STEP or Leadership Foundations programs as placement students. Individuals must be able to participate in community groups in a 6:1-12:1 participant to staff ratio.

OPTIONS 2: LEADERSHIP FOUNDATIONS

Who is this program for?

This part time program is best for young adults who are ready to transition into an adult lifestyles of their choice. Participants learn to lead of group with 5 of his or her peers. Members can participate in one or more programs options at the same time. Individual costs may vary.

TTC Support Card	Required
Presto Card.....	Required
Part-time, 3 DAYS.....	Included
Assessments & Reports.....	Included
STEP Planning.....	Included
Technology Rental	(Alternatives Allowed)
• Smartphone / Tablet	(Alternatives Allowed)
• Talk / Text / 5G Data	

Program Specific Requirements

Option 2: Leadership Foundations	\$125.00
Work Training HOTDESK	\$125.00



INDEPENDENT TRAVEL

SAT: 11:15 AM - 12:00 PM
SAT: 6:00 PM - 6:45 PM

WHAT IS THIS LEARNING MODULE ABOUT?

IN THIS LEARNING MODULE; MEMBERS PRACTICE COMMUTING FROM THE LINE 1 SUBWAY EXTENSION TO PROMOTE INDEPENDENT TRAVEL

SKILLS LEARNED

- LEARNERS WILL BE ABLE TO IDENTIFY, LABEL, AND EXPLAIN THE USE OF EMERGENCY EQUIPMENT AT EACH STATION
- PARTICIPANTS WILL BE ABLE TO IDENTIFY, LABEL, AND EXPLAIN THE SEQUENCE OF SUBWAY STATIONS ON THE LINE 1
- LEARNERS WILL BE ABLE TO NAVIGATE THE STOPS OF THE LINE 1 SUBWAY EXTENSION

WHAT YOU WILL ACCOMPLISH

- TRAVEL COMMONLY USING PUBLIC TRANSIT ROUTES, WITH CONFIDENCE AND INCREASED INDEPENDENCE
- DEMONSTRATE THE ABILITY TO ACCESS AVAILABLE COMMUNITY SUPPORTS, TO ASSIST IN CHALLENGING SITUATIONS

COURSE DELIVERY & EQUIPMENT

THIS COURSE IS DELIVERED IN THE COMMUNITY AND INVOLVES TRAVEL ON THE TTC. STUDENTS REQUIRE A DIGITAL DEVICE SUCH AS AN IPAD, TABLET, OR SMARTPHONE.

THESE DEVICES SHOULD HAVE APPLICATIONS FOR:

- WEATHER
- SCHEDULES
- TRANSIT
- MAPS
- EMAIL
- TEXT MESSAGING

Transit Training

TRAVEL PUBLIC TRANSIT SAFELY AND WITH CONFIDENCE!

- USE A SMARTPHONE/TABLET TO NAVIGATE ROUTE
- USES CHOSEN SUBWAY LINES WITH CONFIDENCE
- USE A PRESTO CARD TO PAY FOR PUBLIC TRANSIT
- USES CHOSEN STREETCAR LINES WITH CONFIDENCE
- SEEKS HELP ON PUBLIC TRANSIT IF NEEDED
- USES CHOSEN BUS LINES WITH CONFIDENCE

TRAVEL WITH FRIENDS

Mon, Wed, Fri: 8:30 am - 10:00 am
Mon, Wed, Fri: 2:00 pm - 3:30 pm

Learning module is about

In this learning module members will practice commuting safely and confidently from the:

- Line 1 subway
- Line 4 subway
- 84 Sheppard bus
- 29 Dufferin bus
- 509 College streetcar routes

Skills learned

Members will be able to identify, label, and explain the use of emergency equipment while taking different transportation routes. Members will be able to identify, label, and explain the sequence of subway stations and landmarks.

What you will accomplish

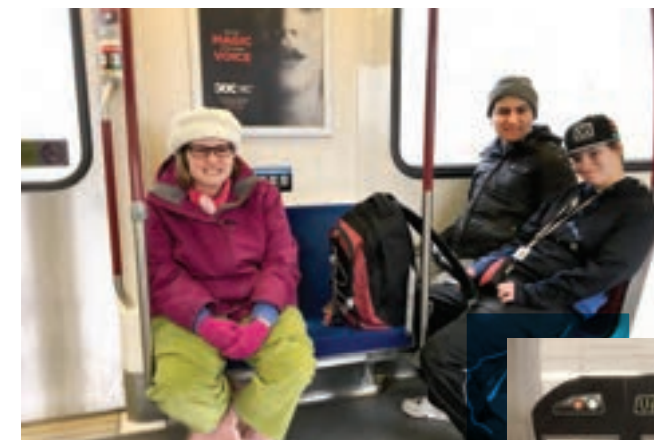
- Travel commonly used public transit routes with confidence and increased independence
- Demonstrate the ability to access community help in emergency situations
- Navigate community streets in accordance with safety signs and road safety rules
- Demonstrate the ability to respond to typical concerns and issues encountered while commuting on public transit

Course delivery & Equipment

Course is delivered in both classroom and community settings. Members require a digital device such as an ipad, tablet, or smartphone.

These devices should have applications for:

- Weather
- Schedules
- Transit
- Maps
- Email
- Text messaging

**TRAVEL FOR WORK**

Tues & Thurs: 8:30 am - 10:00 am
Tues & Thurs: 2:00 pm - 3:30 pm

Learning module is about

In this learning module members will practice commuting safely and confidently from the:

- Line 1 subway
- Line 2 subway
- Eglinton 32 bus
- Runnymede 71 bus
- Bathurst 7 bus

Skills learned

Members will be able to identify, label, and explain the use of emergency equipment while taking different transportation routes. Members will be able to identify, label, and explain the sequence of subway stations and landmarks.

What you will accomplish

- Travel commonly used public transit routes with confidence and increased independence
- Demonstrate safety awareness and an ability to respond to emergency situations in the community
- Demonstrate use of signs and maps to navigate common public places
- Demonstrate the ability to respond to typical concerns encountered while navigating public spaces

Course delivery & Equipment

Course is delivered in both classroom and community settings. Members require a digital device such as an ipad, tablet, or smartphone.

These devices should have applications for:

- Weather
- Schedules
- Transit
- Maps
- Email
- Text messaging

WEEKLY

FUNCTIONAL TRAINING

TUESDAY 1:00 PM – 2:00 PM (60 MIN)
SWIMMING (BIKING & HIKING ARE ALTERNATIVES)

WHAT IS THIS LEARNING MODULE ABOUT?

THIS LEARNING MODULE PROMOTES EXERCISE ROUTINES, THAT DEVELOP & REFINE MOVEMENT SKILLS NEEDED FOR RECREATIONAL ACTIVITIES.

SKILLS LEARNED

MEMBERS LEARN MOVEMENT SKILLS AND PRINCIPLES, WAYS TO IMPROVE THEIR FITNESS LEVEL, AS WELL AS; SAFETY AND INJURY PREVENTION.

WHAT YOU WILL ACCOMPLISH

- ENGAGE IN ACTIVITIES THAT REDUCE STRESS & ANXIETY
- INCREASE ENGAGEMENT IN RECREATIONAL ACTIVITIES
- DEMONSTRATE ABILITY TO APPLY MOVEMENT SKILLS AND PRINCIPLES TO FUNCTIONAL TASKS

COURSE DELIVERY & EQUIPMENT

THE COURSE IS DELIVERED IN COMMUNITY SETTINGS. MEMBERS REQUIRE ACTIVITY SPECIFIC CLOTHING & SPECIFIC EQUIPMENT.

SWIMMING APPAREL REQUIREMENTS:

- BACKPACK
- TOWEL
- FOOT WEAR
- CHANGE OF SOCKS
- SWIM SUIT
- SOAP
- BODY LOTION
- PLATIC BAG
- SHAMPOO
- CHANGE OF UNDERWEAR

FALL & WINTER

COMMUNITY GROUPS CALENDAR

Health & Fitness

BE FIT – TO DO WHAT YOU WANT TO DO!

- USE A DEVICE TO TRACK YOUR FITNESS
- TAKE PART IN A YOGA OR SPINNING CLASS
- USE A DEVICE TO GUIDE A WORKOUT
- GO SWIMMING WITH FRIENDS
- WORKOUT AT A LOCAL RECREATIONAL CENTRE
- IMPROVE SELF-REGULATION

PERSONAL FITNESS & EXERCISE ROUTINES

Monday 1:00 pm – 2:00 pm (60 min)
Cardio Exercises

Learning module is about

This learning module promotes personal fitness and exercise routines, to develop and refine movement skills; as well as, build levels of health and fitness in members.

Skills learned

- Members learn:
- Movement skills
 - Strategies to improve personal fitness and physical ability
 - Strategies to prevent physical injury

What you will accomplish

- Demonstrate improvement in physical fitness
- Complete balanced fitness routines
- Engage in practices that maintain healthy body functions

Course delivery & Equipment

Course is delivered in community & gym settings. Members can get a gym membership or purchase monthly passes. He or she will need headphones, a lock, a water bottle, athletic shoes, athletic clothing and a backpack.

GROUP RECREATION & FITNESS CLASSES

Friday 11:30 am – 12:30 pm Yoga Class (60 min)
Wednesday 12:00 pm – 12:30 pm Spinning Class (60 min)

Learning module is about

This learning module emphasizes regular participation in enjoyable, physical group activities that promote healthy and active living.

Skills learned

Members learn movement skills and principles, ways to improve personal fitness and physical ability, and safety and injury prevention, while participating in group classes.

What you will accomplish

- Demonstrate use of appropriate social skills when working collaboratively with others
- Engage in practices that maintain healthy body functioning and promote healthy body mechanics & movements
- Demonstrate use of decision making skills to achieve goals related to personal health

Course delivery & Equipment

Course is delivered in community & gym settings. Members can get a gym membership or purchase monthly passes. He or she will need headphones, a lock, a water bottle, athletic shoes, athletic clothing and a backpack. Additional equipment may be required.

MONDAYS

FALL & WINTER

COMMUNITY NAVIGATION & TRANSIT MAPS

MONDAY: 11:00 AM - 12:00 PM (60 MIN)

WHAT IS THIS LEARNING MODULE ABOUT?

THIS LEARNING MODULE INTRODUCES THE USE OF MAPS AND OTHER 2D VISUAL REPRESENTATIONS TO NAVIGATE IN THE COMMUNITY, SOLVE PROBLEMS AND ANSWER QUESTIONS.

SKILLS LEARNED

MEMBERS LEARN HOW TO USE A SMARTPHONE OR A TABLET, TO NAVIGATE FROM ONE COMMUNITY LOCATION TO ANOTHER. MEMBERS ARE TAUGHT USING DIGITAL APPLICATIONS THAT BEST SUIT THEIR LEARNING PROFILE. THEY WILL BECOME FAMILIAR WITH USING A MAP OR TRAVEL ROUTE.

WHAT YOU WILL ACCOMPLISH

- ABLE TO USE THE FUNCTIONS OF A MAPPING APPLICATION, (E.G. GOOGLE MAPS, TRANSIT APP PROLOQUO2GO) TO REVIEW INFORMATION OF THEIR TRIP
- ABLE TO OPEN, REVIEW, AND UPDATE INFORMATION ON A MAPPING SYSTEM
- ABLE TO USE MAP OR TRAVEL ROUTE TO ASK AND ANSWER QUESTIONS ABOUT LANDMARKS
- ABLE TO ADVOCATE CHOICES ABOUT A PREFERRED TRAVEL ROUTE

COURSE DELIVERY & EQUIPMENT

LEARNING MODULE IS DELIVERED IN A COMMUNITY SETTING. STUDENTS REQUIRE A DIGITAL DEVICE SUCH AS AN IPAD, TAB LET, OR SMARTPHONE WITH SPECIFIC APPLICATIONS.

ACTIVITIES

- PLANNED TRAVEL ON PUBLIC TRANSIT

COMMUNITY GROUPS CALENDAR

Technology & Life Apps

TECHNOLOGY AT YOUR FINGER TIPS!

- USE A SMARTPHONE / TABLET IN EVERYDAY LIFE
- ORDER ITEMS FROM A MENU
- USE A CALENDAR TO PLAN AND ORGANIZE
- USE A DEBIT CARD OR SMARTPHONE TO PAY
- USE GOOGLE MAPS TO FIND MY WAY AROUND
- TAKE TURNS WITH FRIENDS TALKING ABOUT INTERESTS

PLANNING FOR MY WEEK

Monday: 10:00 am - 11:00 am (60 min)

Learning module is about

This learning module introduces strategies to help you manage time, stay focused, and prioritize actions.

Skills learned

Members learn how to use a smartphone or tablet to help them manage tasks and a schedule. Members are taught using digital applications that best suit their learning profile. They will become familiar with switching between applications, using a calendar, a schedule, and a timer to manage tasks.

What you will accomplish

- Able to list tasks, activities, and landmarks
- Able to ask and answer questions about landmarks

Course delivery & Equipment

Learning modules are delivered in a community setting. Members require a digital device, such as; and iPad, Tablet, or Smartphone with specific applications.

Activities

- Reviews calendar and schedule
- Order Items from a menu & pay using debit card or smartphone

TECHNOLOGY AT THE LIBRARY

Monday: 1:00 pm - 2:00 pm (60 min)

Learning module is about

This learning module introduces strategies to create or alter schedules, to meet personal needs or wants.

Skills learned

Members learn how to use a smartphone or tablet to help create, alter, or update schedules. Members are taught using digital applications that best suit their learning profile. They will become familiar with changing the order of activities within a schedule or creating new schedules.

What you will accomplish

- Able to use of the functions of a calendar application, (e.g. google calendar, apple calendar, choiceworks) to review information of their upcoming week's events and activities
- Able to open, close, and update Choice Work schedules
- Able to open, close, edit, and create new events in calendar
- Capable of asking and answering questions about activities and events; as well as, advocating for their choices

Course delivery & Equipment

Learning modules are delivered in a library setting. Members require a digital device, such as; and iPad, Tablet, or Smartphone with specific applications.

Activities

- Create a schedule and send it to a friend or co-worker
- Create events in a calendar & invite a friend or co-worker

TUESDAYS

FALL & WINTER

COMMUNITY GROUPS CALENDAR

Volunteer & Work Skills



CONTRIBUTE TO YOUR COMMUNITY THROUGH WORK

- JOIN A TEAM AND VOLUNTEER TO HELP OTHERS
- WORK FOR A CAUSE AT A FOOD BANK
- CONNECT WITH OTHERS WHO SHARE YOUR INTERESTS
- LEARN VALUABLE WORK SKILLS
- TAKE CLASSES AT A LOCAL TECHNOLOGY COLLEGE
- WORK TO COMPLETE MICROSOFT OFFICE CERTIFICATE

TEAM BUILDING WITH PEERS

TUESDAYS 10:00 AM - 2:00 PM (300 MIN)

WHAT IS THIS LEARNING MODULE ABOUT?

THIS LEARNING MODULE GETS YOU READY TO LEAD A GROUP OF YOUR PEERS.

SKILLS LEARNED

STUDENTS ARE PROVIDED A LEADERSHIP ROLE. THIS INVOLVES TEACHING THE DUTIES OF A JOB TO PEERS, AND PROVIDING AN OVERVIEW OF SAFETY PROCEDURES PERTAINING TO THE TASKS.

WHAT YOU WILL ACCOMPLISH

- DEMONSTRATE ABILITY TO USE CALENDARS, SCHEDULES, AND DIGITAL DEVICES
- ENGAGE IN SPECIFIC JOB TASKS
- DEMONSTRATE ABILITY TO COMPLETE GROUP TASKS AND TO WORK INDEPENDENTLY
- DEMONSTRATE GOOD LEADERSHIP HABITS

COURSE DELIVERY & EQUIPMENT

THE COURSE IS DELIVERED IN A COMMUNITY SETTING. STUDENTS REQUIRE A DIGITAL DEVICE SUCH AS AN IPAD, TABLET, OR SMARTPHONE. THESE DEVICES SHOULD HAVE APPLICATIONS FOR:

- WEATHER
- SCHEDULES
- TRANSIT
- MAPS
- EMAIL
- TEXT MESSAGING

LEADERSHIP ROLE AT A FOOD BANK

Wednesday 11:00 am – 1:00 pm (120 min)

Join a Team

Learning module is about

This learning module supports members to volunteer at a local food bank.

Skills learned

Members learn how to work as part of a team. They sort non-perishable food items based on expiration date, contents, and condition of packaging. They weigh and inventory boxes, and arrange according to packing schematics.

What you will accomplish

- Able to greet and chat with supervisor and coworkers
- Able to request instructions, complete tasks, and return to supervisor for next task
- Able to ask and answer questions about the job
- Able to communicate with coworkers to advocate for your wants and needs

Course delivery & Equipment

The course is delivered at a food bank in a community setting. Members may require a digital device such as an iPad, Tablet, or Smartphone with specific applications. Safety shoes may be required.

LEADERSHIP OF PEERS

Tuesday 10:00 am – 12:00 pm (120 min)

Work Together With a Team

Learning module is about

This learning module supports members to learn basic skills in Outlook, Power-Point, Word, and Publisher. Classes are offered in collaboration with our Community Learning Partners.

Skills learned

Members learn to create emails, flyers, and schedules. They create and manage marketing material for the Social Groups. Members have the opportunity for employment.

What you will accomplish

- Demonstrate the ability to use calendars, schedules, and digital devices
- Engage in productive work for minimum of 2 hours
- Demonstrate ability to complete tasks within a team, while also working independently
- Advocate for self by identifying & discussing needs and /or accommodations

Course delivery & Equipment

The course is delivered in a work place settings. Members require a learning device such as an iPad, Tablet, or laptop with specific applications.

Community & Citizenship

BE A GOOD CITIZEN AND COMMUNITY MEMBER

- PARTICIPATE IN ACTIVITIES OF INTEREST
- DEVELOP QUALITIES OF GOOD CITIZENSHIP
- SHARE COMMUNITY RESOURCES WITH OTHERS
- KEEP PERSONAL INFORMATION PRIVATE
- KEEP PERSONAL BELONGINGS SAFE
- MANAGE CHALLENGING SITUATIONS OR SEEK HELP

FOLLOWING MY BUDGET

WEDNESDAY 1:00 PM – 2:00 PM

WHAT IS THIS LEARNING MODULE ABOUT?

THIS LEARNING MODULE HELPS STUDENTS TO MANAGE PERSONAL RESOURCES FROM A REAL ECONOMY PROGRAM, TO MEET PERSONAL NEEDS AND WANTS, AND TO SAFEGUARD PERSONAL/DEMOGRAPHIC INFORMATION (IE: WHO TO TELL, WHO NOT TO TELL).

SKILLS LEARNED

STUDENTS HAVE OPPORTUNITIES TO FURTHER DEVELOP THEIR ABILITY TO MANAGE FINANCIAL MATTERS INDEPENDENTLY, COLLECT, AND KEEP TRACK OF THEIR INCOME. (BUDGETS, WRITE CHECKS, PAY RENT, MONEY STAYS IN BANK)

WHAT YOU WILL ACCOMPLISH

- DEMONSTRATE ACCOUNTING OF EARNED REWARDS
- DIFFERENTIATE BETWEEN MANDATORY AND DISCRETIONARY INCOME
- ALLOT MANDATORY INCOME TO NECESSARY EXPENSES
- USE DISCRETIONARY INCOME IN A RESPONSIBLE MANNER, IN ACCORDANCE WITH DIET, AND TO OTHERS PERSONAL RESTRICTIONS
- ENGAGE IN PRACTICES THAT PROMOTE PRIVACY OF INFORMATION

COURSE DELIVERY & EQUIPMENT

THE COURSE IS DELIVERED IN A CLASSROOM SETTING. STUDENTS REQUIRE A DIGITAL DEVICE SUCH AS AN IPAD, TABLET, OR SMARTPHONE. THESE DEVICES SHOULD HAVE APPLICATIONS FOR:

- WEATHER
- SCHEDULES
- TRANSIT
- MAPS
- EMAIL
- TEXT MESSAGING

PAYDAY BUDGETING

Wednesday 11:00 am – 12:00 pm

Learning module is about

This learning module readies students to make personal purchases in accordance with a monthly/weekly budget.

Skills learned

Students have the opportunity to make personal budgets based on their discretionary income, and prepare to make transactions with the use of money or alternatives to purchase items for self and to participate in a range of community activities.

What you will accomplish

- Demonstrate the ability to calculate daily, weekly, and monthly pay
- Use a real economy program to budget for daily, weekly, and monthly wants and needs
- Demonstrate preparedness to shop for necessities and discretionary items, for independent living including: groceries, clothing, drugstore items, gifts, items for special events, personal items, items related to interests
- Practice referencing a shopping list and inventory, as well as, identifying required quantities, purchasing items, and considering costs.

Course delivery & Equipment

The course is delivered in a classroom setting. Students require a digital device such as an iPad, Tablet, or Smartphone with specific applications.

RESOURCES AT THE LIBRARY

Wednesday 10:00 am – 11:00 am (60 min)

Learning module is about

This learning module helps members learn how to share community resources, while at a library or community centre.

Skills learned

Members learn:

- How to advocate for themselves
- How to recognize the correlation between actions and feelings
- How to empathize with others
- How to make decisions based on information
- How to be responsible for their actions

What you will accomplish

- Able to use library card to access digital resources
- Able to use library computers and stacked materials, in accordance with patron expectations
- Borrows materials from library, and returns them in a good condition on time
- Demonstrates conduct that is appropriate for library or community centre.

Course delivery & Equipment

The course is delivered in a local library setting. Members require a library card. They may prefer to use a personal digital device such as an iPad, laptop, tablet, or Smartphone with internet access.

Activities

- Borrow items from the library using library card
- Access library resources
- Classroom Dojo Tracking

THURSDAYS

AFTER WORK SOCIAL

THURSDAY 3:00 PM – 6:00 PM (180 MIN)

A NIGHT OUT WITH PEERS

WHAT IS THIS LEARNING MODULE ABOUT?

THIS LEARNING MODULE SUPPORTS MEMBERS TO PARTICIPATE AS EFFECTIVE MEMBERS OF A WORK TEAM.

SKILLS LEARNED

TEAM MEMBERS ARE PROVIDED AN ITINERARY, AND ARE SUPPORTED TO ENGAGE IN FUN AND ENGAGING TEAM BUILDING ACTIVITIES.

WHAT WILL YOU ACCOMPLISH

- BOWLING
- MOVIES
- PAINTING LOUNGE
- PUTTING EDGE
- SKYZONE

COURSE DELIVERY & EQUIPMENT

THIS COURSE IS DELIVERED IN A COMMUNITY SETTING. MEMBERS REQUIRE A DIGITAL DEVICE SUCH AS AN IPAD, TABLET, OR SMARTPHONE WITH SPECIFIC APPLICATIONS. MEMBERS MAY BE REQUIRED TO PROVIDE AN ACCESS2ENTERTAINMENT CARD, OR ADDITIONAL ACTIVITY FEES DEPENDING ON THE ACTIVITY.

ACTIVITIES

- PUBLIC TRANSIT COMMUTE
- DINNER
- RECREATION OR LEISURE ACTIVITY

FALL & WINTER

COMMUNITY GROUPS CALENDAR

On the Job Training

JOB TRAINING OR EMPLOYMENT WITH NEXTSTEP

- VOLUNTEER AND JOIN A TEAM
- CONNECT WITH OTHERS WHO SHARE YOUR INTERESTS
- DISCOVER YOUR STRENGTHS AND TALENTS
- SUPPORT YOUR COMMUNITY
- EXPLORE YOUR INTERESTS
- DEVELOP SKILLS IN AN AREA OF INTEREST

ON THE JOB TRAINING

Thursday 10:00 am – 12:00 pm (120 min)

Learning module is about

This learning module readies students to develop skills that will provide opportunity for students to participate as productive and contributing members of their community.

Skills learned

Students have the opportunity to identify, explore, and express their interests and skills. They also have a chance to set personal and professional short term and long term goals. As well as, explore different areas to expand their interests.

What you will accomplish

Experience work at the Centre for Social Innovation.

Students will learn how to identify with:

- Job Task Planning: Planning & organization of one's work
- Decision Making: making a choice among options using appropriate information
- Problem Solving: Identifying and solving problems
- Finding Information: find information using texts, people, databases, and information systems for research

Course delivery & Equipment

Course is delivered both in classroom and community settings. Students require a digital device such as an iPad, Tablet, or Smartphone with specific applications.

WORKING WITH CO-WORKERS

Thursday 1:00 pm – 2:00 pm (60 min)

Learning module is about

This learning module readies students to do a fair share of work while sharing resources, contributing to a pleasant working environment, interacting positively with co-workers, and respecting the ideas and opinions of others in the workplace.

Skills learned

Students have the opportunity to complete job tasks, interact with customers, and share common workplace areas; in accordance with workplace rules.

What you will accomplish

- Demonstrate ability to follow directions, pay attention to detail, and stay on task for a determined period of time
- Follow structured problem solving process to make effective decisions in the workplace
- Advocate for self by identifying and discussing needs and/or accommodations
- Demonstrate the ability to use calendars, schedules, and digital devices
- Engage in productive work in a team
- Demonstrate the ability to complete tasks within a team and while working independently

Course delivery & Equipment

Course is delivered in both classroom and community settings. Students require a digital device such as an iPad, Tablet, or Smartphone with specific applications.

FRIDAYS

DINNER & A NIGHT OUT WITH FRIENDS

FRIDAY 5:30 PM – 8:30 PM (180 MIN)

WHAT IS THIS LEARNING MODULE ABOUT?

THIS LEARNING MODULE HELPS MEMBERS LEARN HOW TO COMPRISE, AND OVERCOME PERCEIVED UNFAIR SITUATIONS.

SKILLS LEARNED

MEMBERS LEARN STRATEGIES THAT CAN BE USED TO MANAGE FEELINGS OF ANGER, SADNESS, OR ANXIETY. THEY ALSO DEVELOP STRATEGIES TO MANAGE CHALLENGING SITUATIONS.

WHAT YOU WILL ACCOMPLISH

- DEMONSTRATE THE USE OF LANGUAGE TO GAIN THE ATTENTION OF TEAMMATES, REMAIN AS PART OF A TEAM, AND RESOLVE CONFLICTS
- USE CONFLICT RESOLUTION STRATEGIES TO COMPROMISE WITH OTHERS
- ENGAGE IN GROUP ACTIVITIES WHILE FOLLOWING A GROUP SCHEDULE

COURSE DELIVERY & EQUIPMENT

THE COURSE IS DELIVERED IN COMMUNITY SETTINGS. MEMBERS REQUIRE A DIGITAL DEVICE SUCH AS AN IPAD, TABLET, OR SMARTPHONE WITH SPECIFIC APPLICATIONS.

ACTIVITIES

- PUBLIC TRANSIT COMMUTE
- DINNER
- RECREATION OR LEISURE ACTIVITY

FALL & WINTER

COMMUNITY GROUPS CALENDAR

Hang out with Friends



HANG OUT WITH FRIENDS ON A BUDGET

- USE A SMARTPHONE/TABLET TO BUDGET
- USE A SMARTPHONE/TABLET TO NAVIGATE
- USE A SMARTPHONE/DEBIT CARD FOR PURCHASES
- PLAN AND ORGANIZE AN OUTING WITH FRIENDS
- CHAT WITH OTHERS ABOUT YOUR INTERESTS
- BE ABLE TO GO WITH THE FLOW, AS MAJORITY RULES!

BOARD GAMES WITH FRIENDS AT A COFFEE SHOP

Friday: 10:00 am - 11:00 am (60 min)

Learning module is about

This learning module helps members learn group rules, and how to use strategies to remain in a group while engaging in leisure activities.

Skills learned

Members learn how to identify and follow various rules for:

- Taking turns
- Making group choices
- Recognizing their rights & responsibilities
- Recognizing the consequences of their actions
- Making choices that give a desired outcome

What you will accomplish

- Demonstrates a basic understanding of rules, who enforces rules, and the consequences of breaking rules
- Demonstrates conduct that is in accordance with group expectations and rules

Course delivery & Equipment

The course is delivered in a community setting. Members require a digital device such as an iPad, laptop, tablet, or Smartphone with internet access.

Activities

- Order Items from a menu & pay using debit card or Smartphone
- Learn & play board games with friends
- Classroom Dojo Tracking

MANAGING MY MONEY

Friday 10:00 am – 11:00 am

Learning module is about

This learning module focuses on developing and consolidating key fundamental mathematical concepts and skills, by solving authentic everyday problems.

Skills learned

Students have the opportunity to further develop their mathematical literacy and problem solving skills, as well as; develop skills in reading, writing, and oral language.

What you will accomplish

- Interpret information about different types of remuneration
- Demonstrate an understanding of payroll deductions
- Demonstrate an understanding of the factors and methods involved in making and justifying informed purchasing decisions
- Demonstrate an understanding of taxes
- Plan and justify a route for a trip by public transit
- Interpret information about different modes of transportation

Course delivery & Equipment

The course is delivered in a classroom setting. Students require a digital device such as an iPad, Tablet, or Smartphone with specific applications.

SEMI-ANNUAL EVENTS

SEMI-ANNUAL FORMAL THE SPRING FLING DANCE & FORMAL

WHAT IS THIS EVENT ABOUT?

PROM IS ONE OF OUR BIGGEST EVENTS OF THE YEAR! MANY OF OUR MEMBERS DID NOT HAVE A CHANCE TO EXPERIENCE PROM, SO WE PUT ONE ON FOR THEM TO SHARE THIS WONDERFUL EXPERIENCE.

WHAT WILL HAPPEN

EVERYONE WILL RECEIVE A FANCY INVITATION, DRESS TO IMPRESS, AND LOOK FORWARD TO A HIGH-CLASS EVENT TO SHARE WITH THEIR BUDDIES.

WE WILL RECITE PERFORMING GROUPS TO PERFORM FOR THE EVENT. IN ADDITION TO THE TRADITIONAL MUSIC AND DANCING, DINNER WILL BE PROVIDED.

WE WELCOME FRIENDS AND THE COMMUNITY TO SHARE IN THE EXPERIENCE

PERKS

- DINNER
- DANCING
- PRIZES!



Toronto, Ontario
(647) 906- 8711
www.NextStepSupport.com

Registration Process: 2022 Academic Year

In order to register, you must complete the following:

1. Book a 1:1 Consultation for Members/Parents/Guardians with a Service Consultant
2. Complete applicable mandatory community groups registration forms
3. Attend planning, community & travel assessment sessions (may not be possible due to public health regulations)
4. Pay applicable payment by etransfer, money order or cheque made payable to "NextStep Support". Please note that 3 months payment is required for new members.

Return by email, mail, or hand delivery. Attention: NEXTSTEP SUPPORT INC.

NextStep Clubhouse Mailing Address:

1-3459 Bathurst Street, Toronto, ON M6A 2C3 NextStep

Phone number: (647) 906-8711

Email: info@NextStepSupport.com

Payment policy

All payments must be paid in full prior to the session start date. Late registrations can be accepted but there are no guarantees on availability, as spots will be given to those who sign up first.

Missed Outings

Unfortunately, we are unable to refund missed sessions, cancellations with less than 24 hours notice, or cancellations for any ticketed activities.

Not sure if a particular program is right for you?

Please call our Program consultant, Amberley Henry, at (647) 807-8911 or email ahenry@NextStepSupport.com



Example of an Individualized Schedule for Member A

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8:30 - 10:00	COMMUTE 8:30am-10:00am Travel with Friends	COMMUTE 8:30am-10:00am Travel with Friends	COMMUTE 8:30am-10:00am Travel with Friends	COMMUTE 8:30am-10:00am Travel with Friends	COMMUTE 8:30am-10:00am Travel with Friends		
10:00 - 12:00	CSI: Planning for My Week 10:00am-12:00pm	1:1 Language Training 10:00am-12:00pm	Resources at the Library 10:00am-11:00am	Community Navigation & Transit Maps 10:00am-12:00pm	On the Job Training (Group Leader) Community Skills 10:00am-11:00am		
			Volunteer at a Food Bank 11:00am-1:00pm		Building Navigation 11:00am-12:00pm		
12:00 - 2:00	YMCA: Personal Fitness/Exercise 12:00 pm-1:00 pm	Hobbies & Interests Board Games with Friends 12:00 pm-2:00 pm	Job Specific Coaching 1:00 pm-2:00 pm	1:1 Personal Training 12:00 pm-2:00 pm	YMCA: Personal Fitness/Exercise 12:00 pm-1:00 pm	SOCIAL GROUP	SOCIAL GROUP
	Following My Budget 1:00 pm-2:00 pm		Technology at the Library 1:00 pm-2:00 pm				
2:00 – 3:30	COMMUTE 2:00pm-3:30pm Travel with Friends	COMMUTE 2:00pm-3:30pm Travel with Friends	COMMUTE 2:00pm-3:30pm Travel with Friends	COMMUTE 2:00pm-3:30pm Travel with Friends	COMMUTE 2:00pm-3:30pm Travel with Friends	Community Skills 12:00 pm-6:00 pm	Community Skills 12:00 pm-6:00 pm
3:30 – 6:00	DINNER CLUB	DINNER CLUB	DINNER CLUB	DINNER CLUB	DINNER CLUB		
6:00 - 9:00	On the Job Training (Group Leader) Club At the YMCA 6:00 pm-9:00 pm*	SOCIAL GROUP Dinner & Movie Club 6:00 pm-9:00 pm*	SOCIAL GROUP Arcades & Games Club 6:00 pm-9:00 pm*	SOCIAL GROUP Community Club 6:00 pm-9:00 pm*	SOCIAL GROUP Friday HangOut 6:00 pm-9:00 pm*		

***SOCIAL GROUP** 5:30 pm-8:30 pm:

References refer to Calendar: https://img1.wsimg.com/blobby/go/8c56ba72-fffb-4697-926d-9be6e471b9a4/downloads/1cf9fsskv_89649.pdf



2023 TEAM UNIFORM PACKAGE PRICES

Aces & Guides is introducing its NEW 2023 official Team Uniforms & Supplies Package, to easily identify our group and provide all required items for our activities.

- All items will use our corporate purple & magenta colours. | • On the items with purple background's, our logo will display in WHITE Reverse

15 items each from the following list, Sizes breakdown as follows: Large: 8 | Medium: 5 | Small: 2

1) SNAPBACK BASEBALL CAPS	UNIT PRICE: \$18.70
2) TSHIRT	UNIT PRICE: \$15.99
3) POLO SHIRT	UNIT PRICE: \$54.47
4) HOODIE	UNIT PRICE: \$43.71
5) TOQUE	UNIT PRICE: \$14.26
6) WINDBREAKER JACKET	UNIT PRICE: \$38.66
7) I'D CARDS	UNIT PRICE: \$2.57
8) LANYARDS	UNIT PRICE: \$3.02
9) BACKPACK	UNIT PRICE: \$15.75
10) WATER BOTTLE	UNIT PRICE: \$8.68
11) SUNGLASSES	UNIT PRICE: \$3.60
FULL PACKAGE - TOTAL COST	\$219.41



2023 TEAM UNIFORM PACKAGE PRICES

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- All items will use our corporate purple & magenta colours. |
- On the items with purple background's, our logo will display in WHITE Reverse

ITEMS & QUANTITIES 15 items each from the following list, Sizes breakdown as follows: Large: 8 | Medium: 5 | Small: 2

1) SNAPBACK BASEBALL CAPS – 24 CAPS (PURPLE & WHITE LOGO)

<https://www.4imprint.ca/product/C148560/Snapback-Trucker-Cap>

UNIT PRICE: \$18.70

TOTAL COST: \$448.99 (24 units minimum order, price includes \$35 set up charge)



2) TSHIRT – 18 TSHIRTS (PURPLE & WHITE LOGO)

<https://www.4imprint.ca/product/C7082-M-S-C/Gildan-Ultra-Cotton-T-Shirt-Mens-Screen-Colours>

UNIT PRICE: \$15.99

TOTAL COST: 287.82 (18 units minimum order, price includes \$55 set up charge)



3) POLO SHIRT – 15 POLO SHIRT (PURPLE & WHITE LOGO - ON CHEST, ARM, BACK)

<https://www.4imprint.ca/product/C7082-M-S-C/Gildan-Ultra-Cotton-T-Shirt-Mens-Screen-Colours>

UNIT PRICE: \$54.47

TOTAL COST: \$816.99 (18 units minimum order, price includes \$55 set up charge)





2023 TEAM UNIFORM PACKAGE PRICES

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- All items will use our corporate purple & magenta colours. |
- On the items with purple background's, our logo will display in WHITE Reverse

ITEMS & QUANTITIES 15 items each from the following list, Sizes breakdown as follows: Large: 8 | Medium: 5 | Small: 2

4) HOODIE – 15 HOODIE (PURPLE & WHITE LOGO)

<https://www.4imprint.ca/product/C145421-M/Cypress-Full-Zip-Hoodie-Mens>

UNIT PRICE: \$43.71

TOTAL COST: \$655.71 (price includes \$35 set up charge)



5) TOQUE – 36 TOUQUE'S (PURPLE & WHITE LOGO)

<https://www.4imprint.ca/product/C141129/Knit-Toque>

UNIT PRICE: \$14.26

TOTAL COST: \$513.44 (36 units minimum order, price includes \$35 set up charge)



6) WINDBREAKER JACKET – 15 JACKETS (PURPLE & WHITE LOGO)

<https://www.4imprint.ca/product/C119237-M/Motivate-Lightweight-Jacket-Mens>

UNIT PRICE: \$38.66

TOTAL COST: \$580.00 (includes \$35 set up charge)



7) I'D CARDS – 15 EMPLOYEE I'D BADGES

<https://www.4imprint.ca/product/C162042-53/Value-Lanyard-Card-5-x-3>

UNIT PRICE: \$2.57

TOTAL COST: \$257.00 (100 units minium order)



8) LANYARDS – ONE COLOUR WHITE LOGO

<https://www.4imprint.ca/product/C111233-40/Hang-In-There-Lanyard-40>

UNIT PRICE: \$3.02

TOTAL COST: \$453.49 (150 units minium order, price includes \$65 set up charge)



9) BACKPACK – 25 BACKPACKS (PURPLE & WHITE LOGO)

<https://www.4imprint.ca/product/C113685/Rockhopper-Backpack>

UNIT PRICE: \$15.75

TOTAL COST: \$393.75 (25 units minium order, price includes \$65 set up charge)



10) WATER BOTTLE – 36 WATER BOTTLES (PURPLE & WHITE LOGO)

<https://www.4imprint.ca/product/C120319/Sip-and-Flip-Aluminum-Bottle-24-oz>

UNIT PRICE: \$8.68

TOTAL COST: \$312.44 (36 units minium order, price includes \$50 set up charge)



11) SUNGLASSES

<https://www.4imprint.ca/product/C111490/Risky-Business-Sunglasses-Opaque>

UNIT PRICE: \$3.60

TOTAL COST: \$360.00 (100 units minium order, price includes \$45 set up charge)



