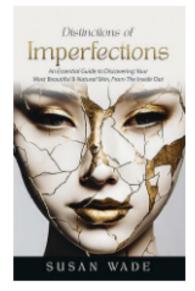
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Have you become involved in the struggle for absolute perfection?

Are you continuously looking for a new cosmetic treatment or product to make yourself look younger only to realize that you are committing to an endeavor that will never fully satisfy you?

Do you spend an excessive amount of your cash on the newest styles in makeup, hair, and clothing in an effort to look younger or otherwise change how you look?

It's not just you. I genuinely believe that I have experienced everything with you.

This book is written for women who want to know the truth about healthy beauty practices. I also want to expose the marketing ploys that advertise flawless skin while many are really harming the skin and promoting the aging process. To convince us that beauty is about looking ideal, our culture of today frequently promotes false and manipulated images. Advertising campaigns highlight young, flawless attractiveness but omit explaining how to achieve and preserve beauty. Women who undergo the grueling treatments and several hazardous injections are not informed of the danger and deceptive assumption this adopts. False pictures set people up for feelings of inadequacy and an inability to fit in because they appear different when they are more than perfect.

The knowledge provided in this book will give you the resources you need to regain control over your quest for perfection and comprehend the mechanisms underlying numerous skin disorders, such as aging skin. Your perspective will be opened, and you'll be able to understand why your body and skin behave the way they do when you learn that the gut is the foundation of all health.

Those who want to learn how to age beautifully and naturally without experiencing costly and invasive activities will find hope, motivation, and insight in this book's information from reliable sources.

We are all aging unavoidably; however, it doesn't have been viewed as something we dread or are afraid of.

We can age happily and in excellent health if we adopt the correct mindset and lifestyle choices.

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Product details

Amazon.com (USA)

ASIN: BOCODPYNXS

Publisher: Beyond Reach Books (December 14, 2023)

Publication date: December 14, 2023

Language: English File size: 1139 KB

Simultaneous device usage: Unlimited

Text-to-Speech: Enabled
Screen Reader: Supported
Enhanced typesetting: Enabled

X-Ray: Not Enabled
Word Wise: Enabled

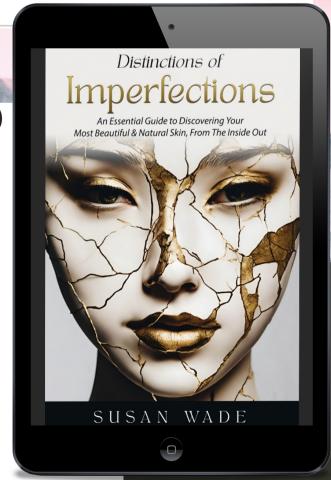
Sticky notes: On Kindle Scribe
Print length: 116 pages

Best Sellers Rank: #50,273 in Kindle Store (See Top 100 in Kindle Store)

#1 in Beauty & Fashion Skin Care

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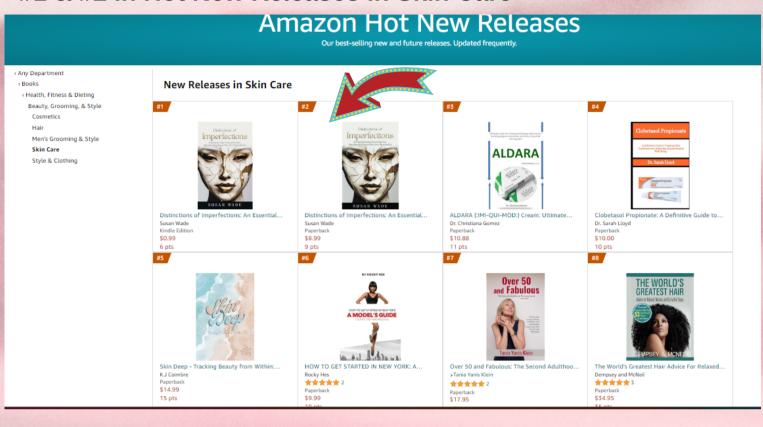
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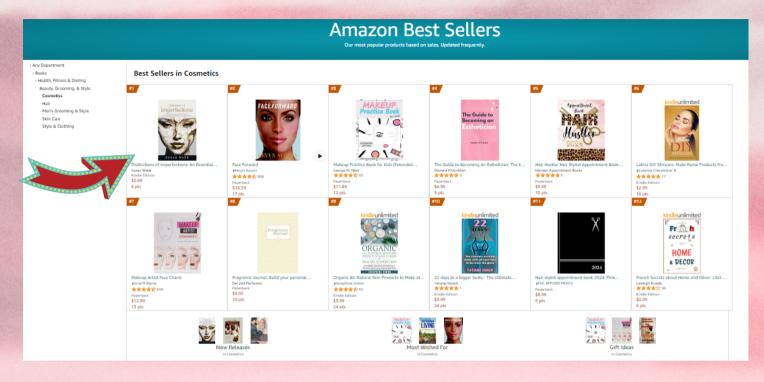
Best Sellers in Beauty & Fashion Skin Care



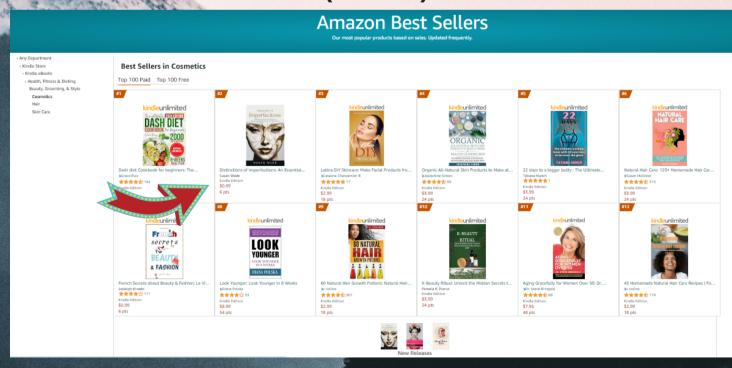
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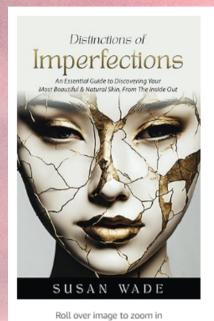
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#1 New Release in Chinese Medicine



by Susan Wade (Author)

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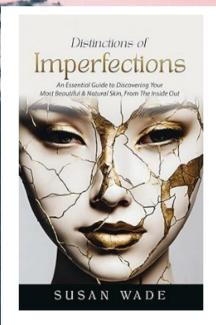
Discovering Your Most Healthy, Beautiful & Natural Skin,

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