

# **Provider Certification Handbook**

For the IWBMC-CP Credential

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### The Interpersonal Whole-Brain Model of Care® Provider Certification Handbook

#### Introduction and Overview

The Interpersonal Whole-Brain Model of Care was created by Amy O'Dell, the founder of Jacob's Ladder School and Therapy Center, over thirty years ago. Amy's desire and inspiration to develop the Model came after experts and clinicians painted a hopeless picture for her son, Jacob. Since the founding of Jacob's Ladder in 1998, the IWBMC has served over 4,000 individuals experiencing a wide range of neurodevelopmental challenges such as developmental delays, autism spectrum disorder, traumatic brain injury, stroke, genetic syndromes, or emotional-behavioral-relational challenges in tandem with mental health diagnoses. Jacob's Ladder School and Therapy Center is a non-profit, SAIS-Cognia accredited private school serving pre-k through 12th-grade students. All programming utilizes the whole-brain, whole-person educational approach via the IWBMC.

The IWBMC approach is customized and tailored with specific interventions and modalities of implementation. Interventions are methodically measured and evaluated while simultaneously being compared by nationally recognized educational and clinical measurement tools to validate programming outcomes.

The Interpersonal Whole-Brain Model of Care has transformed the lives of thousands of families, connecting science and love to achieve outstanding, replicable results backed by nearly three decades of data.

#### **About the National Council for Board Certification**

Families and professionals supporting individuals with neurodiversity, emotional or relational challenges, or unique needs not addressed by current models of care consistently express a strong interest in employing the IWBMC to facilitate the growth and development of the individuals under their care. The National Council for Board Certification ("NCBC") was founded in 2020 to create, supervise, and manage the Interpersonal Whole-Brain Model of Care certification program. This program offers professionals the credentials and opportunity to implement the IWBMC beyond the Jacob's Ladder setting.

The NCBC is an autonomous certification program with the mission to recognize all individuals who have met the established criteria in the IWBMC as a Provider or Evaluator and to ensure that the criteria are congruent with providing the highest quality of care to individuals who are neurodiverse and/or emotionally challenged.

#### What is an IWBMC™ Certified Provider (IWBMC-CP), and why pursue certification?

An IWBMC Certified Provider (IWBMC-CP) is an individual certified through the National Council for Board Certification to implement the Interpersonal Whole-Brain Model of Care® (IWBMC™). This certification credentials professionals to apply the IWBMC framework within various settings to support individuals with neurobiological challenges, such as autism spectrum disorder, acquired brain injury, genetic syndromes, learning differences, intellectual and developmental delays, and emotional, behavioral, and relational difficulties.

The IWBMC Provider Role is designed to integrate seamlessly with established professional practices. This role complements professions such as Registered Behavior Technicians, Educators, Paraprofessionals, Mental Health Technicians, Certified Nursing Assistants, Peer Support Specialists, Residential Support Workers, Personal Care Assistants, Behavioral Aides, Child Care Workers, Job Coaches, Home Health Aides, Patient Care Technicians, and Behavioral Health

Technicians. While it is a unique certification, the IWBMC-CP provides professionals with specialized skills to enhance their existing practice through the application of the IWBMC model.

IWBMC-CPs are trained to implement this model in a variety of settings, including homes, classrooms, hospitals, churches, therapy programs, separate day programs, or residential environments. This certification signifies not only proficiency in the IWBMC as a stand-alone model but also the ability to integrate its components into broader professional roles, thereby enhancing the capacity to support neurodiverse individuals.

The certification ensures that individuals are minimally competent to fulfill the responsibilities associated with being an IWBMC Provider effectively, aligning with recognized standards across fields that support neurodiverse populations. Training and experience are required for certification, and while training may be provided by multiple sources, the certification remains rooted in the foundational principles of the IWBMC.

The following are typical functions carried out by a Certified IWBMC Provider, which are aligned with the competencies of the IWBMC-CP examination:

- Provide interventions and assist in the neurological development of clients with central nervous system dysfunctions, including strategies aligned with the IWBMC to assist with the development and improvement of input and output channels, early reflex integration, and sequential processing, as well as working memory, which is supported by various brain regions within the Central Nervous System.
- Assess the child's or adult's presentation and level of socio-emotional readiness.
- Facilitate the development of the mind-body connection and neurological impacts of screen time in adults or children with emotional deficits.
- Implement specific proactive and reactive strategies aligned with the IWBMC to facilitate participation and follow-through from children or adults with emotional deficits.
- Identify common signs of trauma responses and implement approaches aligned with Trauma-Informed Care with children or adults who demonstrate signs of trauma, including Attachment Disorders.
- Develop and implement individualized academic planning that includes modifying educational activities to meet client needs, maintaining an appropriate academic challenge point, and incorporating relational learning and therapeutic supports to optimize motivation and engagement.
- Incorporate group instruction that incorporates fluid learning and group instruction adaptation based on client needs.
- Incorporate physiological impacts when considering performance expectations and apply knowledge of the connection between physiological and neurological function when planning for therapeutic outcomes.
- Implement client-specific data tracking aligned with the IWBMC to measure client progress.
- Supervise Hands-on requirements for initial eligibility and recertification: IWBMC-CP certificants must meet specific criteria to be approved as a Supervisor. The following link provides access to a short Supervisor Request form for interested certificants: IWBMC Supervisor Request Form
- Train on principles of the IWBMC: IWBMC-CP certificants must meet the specific criteria to be approved as a
  Trainer. The following link provides access to a short Trainer Request form for interested certificants: <a href="IWBMC">IWBMC</a>
   <a href="IWBMC">IWBMC</a>
   <a href="ITTAINER Request Form">ITTAINER Request Form</a>

#### Jurisdiction

The NCBC accepts certification applications from candidates regardless of their country of residence.

#### Accreditation

The NCBC IWBMC Evaluator certification program is accredited through the National Commission for Certifying Agencies (NCCA), the accreditation body of the Institute for Credentialing Excellence (ICE). NCCA's Standards for the Accreditation of Certification Programs were the first standards developed for professional certification programs to help ensure public health, welfare, and safety. NCCA standards articulate the essential elements of a high-quality certification program. Consistent with these standards, the IWBMC certification requirements, examination content, and procedures undergo regular review by experts in subject matter discipline.

#### **Getting Started**

Although the NCBC cannot instruct a candidate on how to meet the requirements, the content in this handbook provides guidance that might be helpful to get started. First, carefully review the eligibility and certification maintenance requirements detailed in this handbook. If you meet eligibility requirements and decide to move forward with gaining the IWBMC-CP credential, determine a date for application submission that factors in the time needed to gather evidence required to meet eligibility criteria.

## **Eligibility Requirements**

Candidates who wish to participate in the Interpersonal Whole-Brain Model of Care Provider Exam can submit an inquiry through the NCBC website: <a href="https://www.iwbmc.org">https://www.iwbmc.org</a>. Once the inquiry form is received, the applicant will be contacted and provided with the application link.

Candidates must follow the application instructions and meet the eligibility requirements listed below:

# 1. Education Requirement

Provider Certification (CP)	Documentation
High School Diploma	<ul> <li>An official copy of the candidate's High School Diploma or General Education Equivalency Certificate OR</li> <li>A signed letter from the candidate's high school confirming completion/graduation OR</li> <li>An official copy of the candidate's higher education degree or transcript(s).</li> </ul>

#### 2. Related Training Requirement

Provider Co	ertification (CP)	Documentation
Route A: Ascend Training Institute  IWBMC Courses (online):  - IWBMC Foundations - IWBMC Educator - IWBMC Provider - IWBMC Evaluations  Route C: IWBMC Certified  Professional Training (online or inperson offerings)	Route B: Approved Training Facility  IWBMC Offerings (online and inperson offerings):  Current Facilities:  Jeremiah's Promise  Downside Up  Truett McConnell University  HINRI  Route D: Independent related and approved training. Candidates must meet the minimum training hours requirement for each Provider-level certification principle. The minimum total number of hours for Providers is 18.5. A reference list, including online and in-person offerings, is available on the NCBC website or can be accessed by clicking this link:  Related Training Routes	<ul> <li>An official certificate of completion from an approved training course OR</li> <li>Verifiable documentation from the approved training(s), stating that the required training elements were covered.</li> </ul>

# 3. Hands-on Experience Requirement

Provider Certification (CP)	Documentation	
40 hours of hands-on implementation of the IWBMC (Provider role)	<ul> <li>Provide completed CP Supervised Observation Forms with evidence of required hours.</li> </ul>	
	* The CP Supervised Observation Form (Required) and a list of approved supervisors is available on the NCBC website and can be accessed directly or through this link: <a href="https://iwbmc.org/hands-on-supervision">https://iwbmc.org/hands-on-supervision</a>	

# 4. Code of Ethics Requirement

Provider Certification	Documentation
Agreeance to the Code of Ethics provided by the NCBC	<ul> <li>Review, sign, and complete the provided Code of Ethics form, which is sent as part of the application packet and can be accessed through the webform: <a href="https://wkf.ms/304cyVB">https://wkf.ms/304cyVB</a></li> </ul>

Each eligibility requirement has been established to ensure that entry-level individuals certified as IWBMC Providers have an acceptable level of knowledge and skill needed to demonstrate competency.

The following table provides details for each route noted above. A detailed list of Independent Related and Approved Training and coursework for Route D, is provided via the NCBC Website via the IWBMC-CP tab and can also be accessed directly through the following link: Related Training Routes

Route A	Route B	Route C	Route D
OVERVIEW The Ascend Training Institute offers online IWBMC training courses at four primary levels:  - IWBMC Foundations  - IWBMC Educator  - IWBMC Provider  - IWBMC Evaluations  Please note: The IWBMC Provider course is a prerequisite to the Evaluations course.	OVERVIEW The following training facilities have partnered with the Ascend Training Institute to host IWBMC trainings through their facilities. Training participants pay the facility directly and participate in online and/or in-person IWBMC courses.  - Jeremiah's Promise (Waycross, GA) - Downside Up (Chattanooga, TN) - Truett McConnell University (Cleveland, GA) - Healthcare Institute for NeuroRecovery and Innovation (HINRI Labs) (Atlanta, GA)	OVERVIEW Individuals certified as IWBMC-CP or IWBMC-CE are permitted to host trainings on the principles of the IWBMC. To be eligible to provide training, individuals must have maintained current IWBMC-CP/CE certification for at least 18 months.  There is no fee associated with becoming a trainer and Certificants who host training will be paid directly by the training participants.	Independent and related training can be used to fulfill the related training requirement. Participants are provided a comprehensive list of trainings aligned with key principles of the IWBMC on the NCBC website or by clicking this link: Related Training Routes.  Candidates must meet the minimum requirement of training hours for each principle, aligning with the desired level of certification.  Candidates must meet the minimum requirement of training hours for each principle, aligning with the desired level of certification.  For unlisted training courses, candidates may email the NCBC directly to confirm approval of a specific course. The NCBC will consult with a panel of SMEs to verify whether the training course is approved.

#### CONTENT ALIGNMENT

The IWBMC Foundations course meets the minimum requirement for CP eligibility based on its incorporation of the following elements, as determined by the NCBC:

- Client Groups (3.5 hours)
- Principles of Brain-Based Methodology (2.5 hours)
- Areas of Practice (5 hours)
- Emotional-Behavioral-Relational Approach (3.5 hours)
- Learning Styles (2 hours)
- Physiology (1 hour)
- Data Collection (1 hour)

The Educator and Provider courses include the same content as the Foundations course but expand on the information for more types of environments and use. Taking these more in-depth courses is optional for CP candidates.

#### **CONTENT ALIGNMENT**

Approved training facilities have agreed to host training that incorporates the NCBC-established requirements.

CP-approved training content incorporates the following elements:

- Client Groups (3.5 hours)
- Principles of Brain-Based Methodology (2.5 hours)
- Areas of Practice (5 hours)
- Emotional-Behavioral-Relational Approach (3.5 hours)
- Learning Styles (2 hours)
- Physiology (1 hour)
- Data Collection (1 hour)

#### **CONTENT ALIGNMENT**

CP-approved trainings must incorporate the following elements:

- Client Groups (3.5 hours)
- Principles of Brain-Based Methodology (2.5 hours)
- Areas of Practice (5 hours)
- Emotional-Behavioral-Relational Approach (3.5 hours)
- Learning Styles (2 hours)
- Physiology (1 hour)
- Data Collection (1 hour)

#### **CONTENT ALIGNMENT**

Candidates seeking IWBMC certification can obtain training through independent, approved trainings, via numerous publicly available training offerings. These approved trainings have been approved by a panel of SMEs and the hours for each principle are consistent with each of the training routes. Candidates may submit additional unlisted training courses to the NCBC, who will consult with a panel of SMEs for approval. A course may used to cover multiple principles, as long as the hours completed align with the requirements.

#### **Provider Hours Requirements:**

- Client Groups (3.5 hours)
- Principles of Brain-Based Methodology (2.5 hours)
- Areas of Practice (5 hours)
- Emotional-Behavioral-Relational Approach (3.5 hours)
- Learning Styles (2 hours)
- Physiology (1 hour)
- Data Collection (1 hour)

#### **Submitting Your Application**

Candidates may complete and submit the application online or download the application document and submit it (along with all eligibility verification documents) in person or by postal mail directly to the National Council for Board Certification to the attention of: **NCBC Executive Director** at 407 Hardscrabble Rd. Roswell, GA 30075. Candidates who apply online should upload electronic copies of all required eligibility documents via the online application and click the "Submit" button to apply. Candidates will be notified that the application was received within three days of submission.

Once the application has been processed, candidates will receive an e-mail confirming that they have met eligibility requirements and can move forward with scheduling a time to take the examination.

If a submitted application is incomplete, the candidate will be contacted and asked to provide the information needed to process the application.

#### **Deadline Dates**

The deadline for applying for the exam is four weeks before the scheduled examination date.

#### **Fees**

Each Provider Exam Eligibility application fee is \$100.00 (plus applicable processing fees).

<sup>\*</sup>The NCBC requires the candidate to complete training to be eligible for certification. The NCBC does not require training to be completed from a specific training provider, nor does the NCBC develop training on its own. The candidate is responsible for finding the training provider, and the NCBC does not endorse specific providers. The lists provided are for reference only.

Each Provider Exam attempt fee is \$500.00 (plus applicable processing fees).

The National Council for Board Certification offers limited financial assistance each calendar year to candidates who qualify. For more information on the financial assistance program, refer to the NCBC website: <a href="http://www.iwbmc.org">http://www.iwbmc.org</a>.

## **Payment Methods**

Confirmed participants will receive an invoice. Payment for IWBMC Examinations occur online using ACH (additional processing fee will apply), via credit card using VISA or Mastercard (additional processing fee will apply), or via check.

#### **Application Appeals**

Any adverse eligibility or recertification decision, including, but not limited to, a denial of a certification application, recertification application, may be submitted to the NCBC for review. IWBMC Provider requirements, deadlines, procedures, and fees may not be appealed. Do not submit an appeal to request information about a denied application; the candidate will receive detailed information (i.e., reasons for the denial and steps that need to be taken to correct any deficiencies) at the time of the denial.

#### **How to Appeal**

The candidate or certificant must complete the NCBC Eligibility Appeal Form, which can be completed online or downloaded via the NCBC website: <a href="https://iwbmc.org/iwbmc-cp">https://iwbmc.org/iwbmc-cp</a> within seven (7) days of being informed that the application was denied. Once submitted, the Eligibility Appeal Form will be reviewed by the Executive Director, who will collaborate with the NCBC Board if needed. The candidate or certificant may be contacted for additional information regarding the appeal. The NCBC will decide to grant or deny the appeal within thirty (30) days of submission. Candidates will be notified about the outcome of their appeal within fourteen (14) days of the NCBC's final decision.

Electronic or paper appeal forms must be sent to the attention of the Executive Director of the NCBC. The Executive Director's e-mail can be located in the "About Us" section of the NCBC website. The physical address of the NCBC is <u>407</u> Hardscrabble Rd. Roswell, GA 30075.

## **Examination Site and Duration**

The IWBMC Provider Examinations are offered in an online, virtually proctored setting. Candidates will have a total of three and a half (3.5) hours to complete the examination. The examination is broken into two parts, and candidates have a five-minute break halfway through the examination (after 1 hour, 45 minutes, or after question 75). Upon return from the break, candidates cannot access the questions from the first part of the examination.

# **Language of Examination**

The exam is available in English.

#### **Disclosure of Personal Information**

The NCBC will not disclose a candidate's personal information to anyone other than Meazure Learning, which will use it to ensure that a secure exam is provided to the candidate. Likewise, the NCBC will not give candidate results to any individual or organization other than the exam proctoring agency.

#### **Schedule Your Examination Appointment**

Approximately two weeks before the examination, Meazure Learning, a third-party examination provider, will e-mail Exam Candidates with instructions on reserving a seat for the exam. Candidates have two weeks to complete the examination reservation. Once reservation of the examination seat occurs, a confirmation e-mail listing the date, time, and location of the examination will be sent via e-mail. The e-mail will also contain instructions on preparing for a virtual proctoring session. Candidates are encouraged to check their "junk" e-mail folders to ensure they receive all e-mail notifications. The reservation is not completed if a confirmation e-mail is not received. Failure to reserve a seat during this time will result in forfeiting the examination and a portion or all of the examination fee.

#### **Examination Cancellation by Candidate**

Refunds will be provided to candidates who cancel their examination application within 24 hours of submitting their application or if they do not satisfy the eligibility requirements. All cancellation requests must be submitted in writing within 24 hours of submitting the application by e-mailing <a href="mailto:FrontOffice@JacobsLadderSchool.net">FrontOffice@JacobsLadderSchool.net</a>. The NCBC does not defer examination fees to future examinations. Once the reservation of an exam seat occurs, there will be no refunds.

#### **Name or Contact Information Change**

The candidate is responsible for providing the NCBC with updated contact information by e-mailing FrontOffice@JacobsLadderSchool.net.

#### **Exam Development**

The development of all IWBMC™ examinations is based on a Job Task Analysis (JTA). The JTA process involves developing a task list, a content-validation survey of the profession, and an examination blueprint. The current IWBMC™ Provider Exam originates from the first edition of the IWBMC™ Provider Competencies. Candidates may view a summary of the Job Task Analysis Study via the IWBMC Examinations page of the National Council for Board Certification website: <a href="https://iwbmc.org/iwbmc-examinations">https://iwbmc.org/iwbmc-examinations</a>. A summary of the examination development process is provided below.

Development Conten The competency areas for IWBMC IWBMC test questions are written A criterion-referenced approach is examinations are developed from a and reviewed by a team of trained used to set the passing score for test Job Analysis Study, which includes Subject Matter Experts under the takers in order to align the Setting the Passing surveys developed by Subject Matter guidance of a qualified examinations to specific objectives psychometrician. All items undergo Experts. Survey results provide the or competencies. foundation for the examinations. multiple levels of review and editing before being included in the A panel of experts review each item Data from the Job Analysis study examinations. to determine the basic level or provides the competency domains knowledge/skill expected, and the Once test items are finalized, they for the examination, the relative are assembled into the examination passing score is established by the weight for each domain, and the tasks associated with each content and reviewed by a team of Subject panel's difficulty ratings for each Matter Experts before being IWBMC exam question. finalized. Statistical analysis of completed examinations provide opportunities for quality improvement and adjustments needed before the examination results are finalized.

Ongoing development and maintenance of the IWBMC examinations is implemented by regular review of examination content to ensure test items remain accurate and relevant. In addition, job analysis studies are conducted periodically to ensure that the competency areas remain up to date.

The Provider Examination assesses the occupational competencies of (entry-level) professionals required for safe, competent, and ethical practice. Successful completion of the IWBMC™ Examination is required for registration as an IWBMC™ Provider.

To pass the Provider Exam, a candidate must demonstrate the minimum level of competence expected of an (entry-level) professional in the designated role. Candidates who do not pass the Provider Examination have not yet acquired the required occupational competencies.

# **PROVIDER COMPETENCY PROFILE**

	A. CLIENT GROUPS		
A.1 Autis	A.1 Autism Spectrum Disorder		
A.1.1	Identify common characteristics of Autism Spectrum Disorder		
A.1.3	Identify Levels of Functioning for individuals with Autism Spectrum Disorder		
A.2 Emot	ional-Behavioural-Relational Disorders		
A.2.1	Identify common characteristics and diagnoses of Emotional-Behavioral-Relational Disorders		
A.2.3	Identify common comorbid diagnoses related to Emotional-Behavioral-Relational Disorders		
A.3 Cerel	oral Palsy		
A.3.1	Identify common characteristics of Cerebral Palsy		
A.3.3	Identify Levels of Functioning for individuals with Cerebral Palsy		
A.4 Brain	A.4 Brain Injury/Stroke		
A.4.1	Identify common characteristics of individuals who have had a Brain Injury/Stroke		
A.4.3	Identify Levels of Functioning for individuals who have had a Brain Injury/Stroke		
A.5 Gene	tic Syndromes		
A.5.1	Identify common characteristics and diagnoses within Genetic Syndromes		
A.5.3	Identify common characteristics related to Genetic Syndromes		
A.6 Intellectual and Developmental Delays			
A.6.1	Identify common characteristics of Intellectual and Developmental Delays		
A.6.3	Identify Levels of Functioning for individuals with Intellectual and Developmental Delays		
A.7 Learr	ning Differences		
A.7.1	Identify common characteristics and diagnoses of Learning Differences		
A.7.3	Apply knowledge of commonly used supports for individuals with Learning Differences		

	B. PRINCIPLES OF BRAIN-BASED METHODOLOGY		
B.1 Neur	B.1 Neuroplasticity		
B.1.1	Apply knowledge of the relationship between neuroplasticity and neurological development		
B.1.2	Apply knowledge of frequency, intensity and duration within therapeutic interventions		
B.1.3	Identify the basic anatomy of the brain		
B.1.4	Identify the basic functions of brain regions		
B.1.6	Apply strategies related to Feedback Loop closure related to therapeutic interventions		
B.2 Inter	B.2 Interhemispheric Communication		
B.2.1	Apply knowledge of the relationship between cross-lateral movement and interhemispheric communication		
B.2.2	Implement activities that reinforce cross-lateral movement		
B.2.3	Apply knowledge of benefits of cross-lateral activities to assist specific populations		
B.3 Components of the Interpersonal Whole Brain Model of Care			
B.3.1	Address the components of the Interpersonal Whole Brain Model of Care		
B.3.2	Address the interconnection of components of the Interpersonal Whole Brain Model of Care		

	C. AREAS OF PRACTICE		
C.1 Neur	C.1 Neurodevelopmental		
C.1.1	Apply knowledge of input channels in relation to Central Nervous System dysfunction		
C.1.2	Apply knowledge of output channels in relation to Central Nervous System dysfunction		
C.1.3	Apply knowledge of neurological development through implementation of therapeutic activities		
C.2 Input	C.2 Input Channels		
C.2.1	Identify varying responses to tactile stimulation		
C.2.2	Implement therapeutic activities to address tactile response		
C.2.3	Apply knowledge of the impact of proprioceptive awareness related to interactions within the environment		
C.2.4	Identify client tonicity based on client presentation		

C.2.5	Identify varying responses to auditory stimulation
C.2.6	Implement therapeutic activities to address auditory stimulation
C.2.7	Identify varying responses to vestibular stimulation
C.2.8	Implement therapeutic activities to address vestibular stimulation
C.2.9	Identify the importance of central macular and peripheral vision
C.2.10	Implement therapeutic activities to address visual processing
C.2.11	Redirect engagement in tactile, auditory, vestibular, and visual maladaptive tendencies
C.3 Outpu	at Channels
C.3.1	Apply knowledge of the impact of neurological development on manual abilities
C.3.2	Implement therapeutic activities to address manual abilities
C.3.3	Identify components necessary for effective language development
C.3.4	Implement therapeutic activities to address receptive and expressive language
C.3.5	Apply knowledge of the impact of neurological development on gross motor milestones
C.3.6	Implement therapeutic activities to address gross motor abilities
C.3.7	Apply knowledge of basic anatomy to assist in implementation of therapeutic activities
C.3.8	Use safe body mechanics when repositioning and transferring clients
C.3.10	Implement adapted client-specific communication modalities when needed
C.4 Seque	ential Processing and Working Memory
C.4.1	Identify varying presentations as related to auditory and visual sequential processing levels
C.4.2	Implement therapeutic activities to address auditory and visual sequential processing levels
C.4.3	Implement therapeutic activities to address auditory and visual working memory levels
C.5 Early	Reflex Integration
C.5.1	Apply knowledge of early reflex integration and its role in development
C.5.2	Implement therapeutic activities to integrate early reflexes

	D. Emotional-Behavioral-Relational Approach	
D.1 Socio	p-Emotional Readiness	
D.1.1	Assess client presentation and level of socio-emotional readiness	
D.1.2	Facilitate the development of the Mind-Body Connection	
D.1.3	Apply knowledge of Socio-Emotional Readiness and therapeutic strategies	
D.1.5	Identify the impacts of screen time as it relates to neurological development	
D.2 Proactive Therapeutic Strategies		
D.2.1	Use tangible supports related to client partnership	
D.2.2	Apply knowledge of verbal directives to aid in client participation and follow-through	
D.3 Read	tive Therapeutic Strategies	
D.3.1	Apply knowledge of limit setting and level of client functioning	
D.3.2	Apply knowledge of natural and logical consequences based on client behavior	
D.3.3	Adapt approach to various levels of behavior	
D.4 Fund	tion of Behavior	
D.4.1	Identify the root function of behavior	
D.4.2	Address the original client goal without layering expectations	
D.5 Trau	ma Informed Care	
D.5.1	Apply client history to a Trauma Informed Care approach	
D.5.2	Identify common signs of trauma responses	
D.5.3	Apply knowledge of attachment types and related root causes	

	E. LEARNING STYLES
E.1 Individualized Academic Planning	
E.1.1	Apply knowledge of hemispheric dominance and its impact on learning styles

E.1.2	Apply principles of relational learning	
E.1.3	Implement therapeutic activities to address academic abilities	
E.1.4	Maintain appropriate academic challenge point	
E.1.5	Modify activities to address academic needs	
E.1.6	Use therapeutic supports to facilitate academic achievement	
E.2 Group Instruction		
E.2.1	Incorporate fluid learning model in group instruction	
E.2.2	Adapt group instruction based on client needs	

F. PHYSIOLOGY		
F.1 Physiological Impacts		
F.1.1	Apply knowledge of the connection between physiological and neurological functioning	
F.1.2	Modulate expectations based on physiological factors	

G. DATA COLLECTION		
G.1 Client-Specific Data Tracking		
G.1.2	Apply knowledge of data tracking methods and scales	
G.1.3	Identify activities that are not at challenge point through the use of data tracking	

# PROVIDER EXAMINATION BLUEPRINT

Competency Categories	Number of Competencies per	Percentage of Items
	Competency Category	
A. Client Groups	14	10-15%
B. Principles of Brain-Based	10	10-15%
Methodology		
C. Areas of Practice	28	30-35%
D. Emotional-Behavioral-	14	15-20%
Relational Approach		
E. Learning Styles	8	10-15%
F. Physiology	2	3-6%
G. Data Collection	2	5-10%

# **Type and Number of Items**

Type of Items	Percentage of Items	Total Number of Items	Examination Time
Case-Based Questions	20-30%	150	3.5 hours
Independent Questions	70-80%		

# **Item Taxonomy**

Cognitive Levels	Percentage of Items	
Knowledge/Comprehension	40-50%	
Application	25-35%	
Critical Thinking	20-30%	

#### **Preparing for the IWBMC-CP Examination**

The National Council for Board Certification does not provide or endorse specific training that leads to certification. Once candidates receive confirmation that their application has been processed, they will receive an IWBMC-CP Reference Guide that may assist them in choosing the best way to study and prepare for the examination. Please note that there are many ways to prepare for the IWBMC-CP examinations. The NCBC does not advise candidates on how to prepare for the examination and does not offer guidance on what materials or training would be most beneficial to address the examination's content, as doing so may constitute a conflict of interest.

#### **Request for Testing Accommodation**

Exam accommodations are available for individuals with a current disability as defined by the Americans with Disabilities Act (ADA) or a similar human rights law in their country. Accommodation requests must be submitted via the Examination Accommodation Request Form and include appropriate documentation from a qualified professional (e.g., physician, school official, licensed psychiatrist, licensed psychologist). Appropriate documentation must identify the disability and state the need for the requested accommodation(s). Examples of appropriate documentation include official letters, reports of test results, and documentation of past accommodation(s) received, including accommodation(s) received for standardized testing (e.g., previous Individualized Education Plan [IEP]). Once the accommodation request and supporting documentation are received, the NCBC will conduct a review, typically taking 10–14 days. The NCBC may require additional documentation, resulting in longer processing times. Therefore, individuals should not attempt to schedule their examination until they receive an e-mail about the status of their accommodation request and how to schedule their examination. Please note that certification applications and accommodation requests are reviewed separately, and the approval of a certification application does not equal the approval of an accommodation request.

# **Non-Discrimination and Fairness Policy**

The NCBC does not discriminate against any individual because of race, ethnicity, religion, creed, gender, age, national origin (ancestry), disability, marital status, sexual orientation, or military status in any activities or operations.

Allegations of discrimination can be reported via our Eligibility Appeal Form or the Examination Appeal Form referenced in this Handbook.

#### Confidentiality

IWBMC examinations are copyright-protected and highly confidential trade secrets. Any disclosure or reconstruction of test questions or content is a violation of the NCBC rules and is subject to damages, including, but not limited to:

- NCBC investigation fees, court costs, and legal fees;
- The expense of replacing the compromised question(s) AND
- The cost of reconstructing the examination at the discretion of the NCBC
- CANDIDATES ARE PERMANENTLY PROHIBITED FROM EVER DISCLOSING THE CONTENT OF IWBMC EXAM QUESTIONS. Candidates may not communicate with other examinees or other individuals during the examination. The NCBC considers the unauthorized sharing of exam content with others a violation of the IWBMC copyright and a form of cheating on the examination. This prohibition includes but is not limited to verbal, written, and/or electronic (e.g., e-mail, chat room, other Internet or electronic medium) disclosure.

#### **Exam Security**

The NCBC and Meazure Learning take examination security seriously because the value of the candidate's certification and its credibility depend on it. IWBMC™ certification exam content is confidential; sharing, discussing, posting, or uploading examination content is inappropriate. Unauthorized possession, reproduction, publication, or disclosure of any IWBMC examination materials—including storing or disclosing examination questions to any person or entity before, during, or after the examination—is prohibited. Individuals violating these terms will not be permitted to retest or take any IWBMC examination until the resolution of the matter. The NCBC Board will determine whether the candidate can access IWBMC exams.

Examples of violations and misconduct include:

- Submitting false, inconsistent, or misleading statements or omitting information Jacob's Ladder requests
- Attempting to take the examination for someone else or having someone else take the examination in place of the candidate.
- Copying or sharing information or any other form of cheating
- Obtaining advanced access to examination materials
- Stealing examination materials
- Bringing prohibited items into the testing room
- Failing to follow directions from testing-center staff
- Violating Meazure Learning scheduling or testing-center rules and regulations

#### **Delivery**

The IWBMC Exams are computer-based assessments delivered through online proctoring.

Read the online proctoring guide on ProctorU's site to learn more about online proctoring and prepare for exam day.

## **Before Examination Day - Virtual Proctoring**

Ensure the computer and testing room meet the following requirements before the exam day. If they do not meet the criteria, the candidate will not be able to complete the exam and will not be refunded.

# **Required Equipment**

Below is a list of specific equipment required to complete the examination:

#### Computer

- The candidate's computer must be a desktop or laptop computer, not a tablet or mobile device.
- Candidates may use Mac<sup>®</sup> or Windows<sup>®</sup> operating system, version 8 or 10.
- Only one monitor can be running during the examination.
- The candidate must use Chrome or Firefox browsers. Download the ProctorU extension from an internet browser.
- A hardwired connection is preferred. A wireless connection can be used but is sometimes unstable, with an increased risk of disconnection during the exam.
- Test the internet speed before the examination. At least 5Mbps of upload and 5Mbps of download speed must be present. The following tools can test internet speed:

http://speedtest.googlefiber.net/

http://beta.speedtest.net

#### http://fast.com

- Candidates with insufficient internet access at home must secure an alternate location that provides the necessary internet access and meets the testing area requirements outlined in this manual.
- Candidates who cannot complete their examination due to insufficient internet speed or computer requirements
  will forfeit their exam and exam fees. Connectivity issues due to internet speeds or computer systems that do not
  meet the criteria are not justification for an appeal should a candidate be unsuccessful at the examination.
- Download and install the browser required to take the test on the computer used for the examination: download
   Google Chrome or Firefox. To install the browser fully, run the .exe file after downloading it.
- Install the ProctorU extension for Chrome or Firefox before the exam day.
- The candidate will be required to install a program called LogMeIn upon connection to a proctor for the exam. The computer used for the exam must be able to install the program LogMeIn. The candidate must ensure the computer used for the examination can install this program before the examination date. The program is not available for download before examination day, so the candidate must have access to download programs on the computer being used (as the computer's administrator setting).

#### **Speakers**

• The candidate must use an internal or external speaker to hear the proctor (the speaker on the computer is acceptable if it is in working condition). Headsets or earphones are not allowed.

#### Microphone

• The candidate must use an internal or external microphone, not part of a headset, to communicate with the proctor (the microphone on the computer is acceptable if it is in working condition).

#### Camera

- The candidate can use the integrated camera on the computer or a separate webcam.
- The camera must be able to be moved to show the proctor a 360-degree view of the room, including the tabletop surface, before the test.

#### On Examination Day - Virtual Proctoring

#### **Private Testing Area**

- The candidate must be alone in a well-lit room with no one else entering during the test.
- The room must not have clear glass that allows others to view the computer screen.
- When possible, the candidate must sit with their back to the room door so the proctor can view the entrance to the testing area.
- The candidate will be required to have a hand-held mirror to show the proctor the face of the computer. A cell phone with a selfie camera view may also be used.
- Testing in a public space such as a park, internet café, or restaurant is prohibited.

#### Workstation

- To reduce potential connection issues, the computer station must be prepared 30 minutes before the scheduled connection time.
- The computer and keyboard must be on a desk or other tabletop.
- The tabletop and surrounding area must be clear of all items not permanently affixed or approved for use during the test.
- The candidate must sit in a standard chair; they may not sit or lie on a bed, sofa, or overstuffed chair.
- Food is not allowed during the test. Water in a clear glass without labels or logos is permitted.
- Recording devices of any kind are strictly prohibited.
- Cell phones must be shown to the proctor, shut off, and put out of reach before the start of the examination.

#### Clothing/Acceptable Attire

- The candidate's face and ears must remain visible throughout the test, not covered by sunglasses, hair, a hat, or other items.
- Ears will be checked for headphones, earbuds, or earplugs, which are not permitted.
- The candidate must be dressed appropriately for the test. The proctor will monitor the candidate via camera and record the test-taking experience.
- Avoid wearing watches, tie clips, cuff links, ornate clips, combs, barrettes, headbands, and other hair accessories.

# **Note-Taking Materials/Calculator**

- The candidate may not take notes on regular paper or use a portable calculator for security purposes.
- A notes page is available on the examination platform. The candidate can take notes directly on the examination and use the online calculator for calculations.

#### Monitoring and Recording

A six-point camera scan of the testing area will be completed before starting the examination and after each break.

- During the examination, a person will monitor the candidate through a video camera and the computer through an
  online application to ensure examination integrity and security. The recording will be available to Jacob's Ladder
  and stored at Meazure Learning for 12 months.
- The entire examination session is recorded. Meazure Learning and the ProctorU platform are based in the United States of America. Therefore, the data collected will be subject to the laws of that jurisdiction and may be subject to access from the United States of America federal government.

# Logging in

- The examination will only allow connection to a proctor at the scheduled start time; however, a countdown timer will be shown.
- Before connecting to the live proctor at the scheduled time, ensure the browser's pop-up blocker is disabled by following this help link: Disable pop-ups in your Browsers.
- Following the scheduled connection time is critical. The candidate must log in to the examination at the scheduled time. If the candidate connects 15 minutes past the scheduled connection time, the candidate will be denied access to the examination, the examination will show as "expired," and the candidate will forfeit the examination and fee. This does not apply if the proctor is delayed in connecting.
- The examination status will change at the scheduled connection time to "write the exam." Click this to connect to the proctoring interface.
- Wait times to connect can be longer and may be up to 45 minutes. While the candidate waits to connect to a proctor, they should not refresh the browser or close the window to try to reconnect again. Doing so may mark the examination as missed. The candidate must remain patient.
- Once connected to a proctor, the candidate will be walked through the registration process.
- The candidate will be asked to show their current (not expired) government-issued photo identification. The proctor will then compare the candidate's photo to the identification. The identification must show the first and last names as they appear on the exam application and eligibility documents. Any name discrepancies will prevent admission to the examination. Jacob's Ladder does not make exceptions to name discrepancies based on marriage certificates.
- The candidate will then be asked to pan the room with their camera.
- Once the registration is complete, the examination will be released to the candidate, and the candidate can begin by clicking on the "launch" button. *Note: The examination timer does not start until the candidate has started the examination.*

#### **During the Examination**

- The candidate must ensure they can be seen on camera by the proctor. Suspicious movements could invalidate the examination.
- Do not read the questions out loud or communicate with anyone throughout the examination.
- Candidates are permitted one lavatory break during the examination, not to exceed five minutes. The break occurs after completion of part one of the examination, which is after 105 minutes (1 hour, 45 minutes) or question 75. Upon returning from the break and after completing part one, candidates move to part two to complete the examination and cannot view or return to the content in part one.

#### **Candidate's Statement of Understanding**

Candidates must agree to abide by all regulations, as well as oral and written instructions controlling the conduct of the exam. These regulations are intended to preserve the integrity of the exam process by providing standard test administration conditions that yield valid and reliable results. Conduct occurring before, during, or after testing that violates principles detailed in the Candidate Statement of Understanding may invalidate exam results and/or other penalties and will be reported to the Executive Director of the NCBC. Each candidate will receive an electronic copy of the Candidate Statement of Understanding on exam day. Candidates can only begin the exam after reading and agreeing to the statement.

# **Statement of Understanding:**

- A. This examination is highly confidential. The examination questions are the property of The Jacob's Ladder Group. Unauthorized disclosure of the examination questions is prohibited under copyright laws. By signing this statement of understanding, you agree to maintain the confidentiality of this examination. You must therefore:
  - 1. Keep the examination content confidential, even after the examination. This also includes not discussing the content with anyone who took the examination before you, with you, or has yet to take the examination.
  - 2. Not use or be in possession of any electronic device (such as cell phones, cameras, watches, etc.) in the examination room;
  - 3. Realize that recording or memorizing examination questions is strictly forbidden whether you intend to recreate parts of the examination for financial gain.
- B. Candidates will be observed at all times while they are taking this examination. This observation will include direct observation by proctors or camera monitors. Proctors may not necessarily inform you of their observations, but they are required to report behavior that may violate the terms and regulations of the NCBC or other forms of irregular behavior.
- C. Any cheating and/or breach of confidentiality/security or any attempt to subvert the examination process by any candidate violates the purpose and principles of the examination. Any candidate who takes part in or witnesses such behavior must report it to the proctor and/or the Executive Director of the NCBC Board as soon as possible. If the candidate is observed copying exam content, receiving unpermitted virtual assistance, is suspected to be an imposter of the person who is registered to take the exam, or fails to comply with the instructions provided by the examination proctor, the examination will be flagged and may be terminated, depending on the violation. If a proctor deems any concerning activity, including possible violations that do not result in termination of the examination, a "flag" may be attached to the examination, and it will be investigated once the examination has been submitted. Should the investigation reveal a breach of any aforementioned policies or violation of examination procedures, the examination will be considered invalid, and the candidate's eligibility for re-testing may be revoked. The link provided below lists violation categories that could result in a "flag" and incident report and/or termination of the exam, depending on the violation. Click this link for a List of Exam Violation Considerations.
- D. The NCBC strives to report results that accurately reflect the skill and performance of each candidate and represent a valid measure of their knowledge or competence as sampled by the examination. Accordingly, our standards and procedures for administering examinations have two goals: giving candidates comparable opportunities to demonstrate their abilities and preventing one person from gaining an unfair advantage. To promote these objectives, The NCBC reserves the right to cancel or withhold any examination results when, in the sole opinion of the NCBC, a testing irregularity occurs; cheating has occurred; there is an apparent discrepancy in, or falsification of, a candidate's identification; a candidate engages in misconduct or plagiarism; when aberrancies in performance are detected for which there is no reasonable and satisfactory explanation; or the results are believed to be invalid for any other reason.

#### **Failure to Take the Examination**

No refund will be provided to a candidate who does not take the exam at the scheduled date/time unless the failure to take the exam is due to the following:

- 1. Death in the family (immediate) or
- 2. Sudden illness or injury (incapacitating), or
- 3. Other circumstances deemed commensurate to (1) or (2).

Candidates have five business days from the examination date to submit a refund request, with supporting documentation, to the NCBC at <a href="mailto:FrontOffice@JacobsLadderSchool.net">FrontOffice@JacobsLadderSchool.net</a>, outlining the circumstances that prevented them from taking the exam on the scheduled day. If the refund request is approved, 50% of the purchase price may be refunded.

# **Troubleshooting**

If the candidate is having trouble setting up the exam station, confirming preparedness, or connecting to the proctor, contact Meazure Learning directly using the below methods:

Meazure Learning/Phone: 1-855-772-8678, Option 1

Submit Online Ticket by clicking this link: <a href="https://support.proctoru.com/hc/en-us">https://support.proctoru.com/hc/en-us</a>

and follow the instructions below.

- Click on "Having Trouble with an Exam."
- Then click on "I am a test-taker."
- You will see options at the bottom of the screen, including a live chat option.

We recommend calling or using the live chat option for faster response time.

Proctors will perform basic troubleshooting for up to five minutes and then transfer to a technical support agent. If repeated technical issues occur during the examination, the technician may ask the candidate to reconnect with a different computer or reschedule the examination. Technicians will troubleshoot for up to 20 minutes. If there is no resolution, candidates will forfeit their examination sitting and fee and will be required to reschedule the examination.

#### **Examination Submission**

- Once the candidate has completed the examination, the candidate must click the "submit" button.
- At the end of the exam, candidates will receive confirmation that their examination responses have been captured and submitted.
- The NCBC encourages candidates to complete the Meazure Learning and examination surveys following the examination.

#### **After The Examination**

#### **Examination Marking Review**

Following the administration of the exam, all question data will be reviewed to ensure that questions meet best practice standards for exams. If some questions do not meet such standards, they will be reviewed by a panel of subject matter experts to determine the most appropriate course of action to ensure examination fairness. This may include excluding the items in question when calculating the candidate's final scores.

#### **Scoring Methodology and Exam Results**

Results will be provided following the exam marking review and the determination of the passing score. The passing score for each exam is determined through a modified Angoff standard-setting process. This method is criterion-referenced, meaning that the passing score is determined by a panel of IWBMC-certified subject matter experts and then approved by the National Council for Board Certification Directors. Between the end of the exam administration period and the release of scores, it will be approximately 3-4 weeks. Please do not contact the testing agency or the NCBC for examination results. Meazure Learning distributes examination results via e-mail.

## **IWBMC-CP Certificate**

The IWBMC-CP credential may only be used once candidates receive a certificate indicating that they have passed the examination and met all requirements necessary for certification. Certificants must comply with all recertification requirements to maintain the use of the credential.

The National Council for Board Certification provides the IWBMC-CP certificate in the Interpersonal Whole-Brain Model of Care and is the sole property of the certification program. All applicants and certificants must agree to the NCBC Code of Ethics as a condition for certification in the IWBMC. If any person believes that a certificant has violated or breached the Code of Ethics, s/he may file a formal complaint that will be investigated by the NCBC Board. Details of this process are located on the NCBC website under the Code of Ethics tab: <a href="https://iwbmc.org/code-of-ethics">https://iwbmc.org/code-of-ethics</a>. Should

any disciplinary action result in the revocation of an individual's certificate, the certification program will require the return of any certificates issued.

Candidates who pass the IWBMC-CP examination will receive a digital certificate via email approximately one month after successfully completing the exam. The candidate must ensure that contact information is current. To purchase a physical certificate be sent via postal mail, certification replacements, or manually verify exam results, contact the NCBC via e-mail at FrontOffice@JacobsLadderSchool.net.

The following administrative fees apply:

1. Physical Certificate for Initial Certification: Postage fees apply

2. Certificate Replacement: \$75.00

3. Manual Verification of exam results: \$200.00

#### **Exam Retakes**

If the candidate fails the examination, they must submit a new application. Candidates may retake the IWBMC exam with a maximum of four total attempts and must wait for a minimum of six months between exams. The candidate will receive a re-exam authorization e-mail within 48 hours of submitting a new application. The candidate must pay the entire application and exam fee each time they retake the exam.

#### **Exam Complaints or Feedback**

Candidates with complaints or feedback about the examination process or their experiences with virtual delivery may direct their comments in writing to the NCBC Executive Director, who will review the information and collaborate with the testing agency and NCBC Board if applicable. Candidates will be notified that their feedback was received and may be used to improve the examination process and ensure quality control. Click or use the link below to access the Complaint/Feedback Form. Candidates may also access the link via the NCBC Website.

Complaint/Feedback Form:

## https://wkf.ms/4aKWRNc

### **Examination Appeals**

The Examination Appeals Policy intends to establish a sound and rigorous process and practice for dealing with inquiries and appeals related to the administration of the examinations. The NCBC supports a fair and transparent appeals process to avoid conflicts of interest.

#### **Process for Examination Appeals**

If a candidate fails the examination and experiences condition irregularities (e.g., technical difficulties, long screen-load times) during the examination, or if the candidate feels that a violation of NCBC policies was a contributing factor in his or her score, s/he may file an appeal with the NCBC by completing the <a href="NCBC Examination Appeal Form">NCBC Examination Appeal Form</a> located via the NCBC website: <a href="https://iwbmc.org/iwbmc-examinations">https://iwbmc.org/iwbmc-examinations</a>. <a href="Please note">Please note</a>: Meazure Learning delivers IWBMC exams via a web browser, so minor internet bandwidth variances are expected. Examination scores, content, questions, answers, procedures, deadlines, fees, and requirements may not be appealed.

The Examination Appeal Form must be submitted within seven (7) days after issuing the examination score. The Examination Appeal Form may be submitted online or by postal mail. If submitted by postal mail, the postmark must demonstrate that the form was mailed within seven (7) days after receiving the examination score. The Appeal will be reviewed within fifteen (15) days of receipt, and candidates may be contacted for additional information if needed. The NCBC will provide the candidate with information on whether the appeal was granted or denied within thirty (30) days of receiving the Examination Appeal Form. Details on where to send the Appeal Form are noted below.

#### **How to Submit Appeals**

Electronic appeal forms are submitted once completed online. Paper copies of the appeal form must be sent to the attention of the Executive Director of the NCBC. The Executive Director's e-mail can be located in the "About Us" section of the NCBC website. The physical address of the NCBC is <u>407 Hardscrabble Rd. Roswell, GA 30075.</u>

# **Annual Exam Reports**

The NCBC annually publishes exam data online, which includes the pass-rate data, and the current number of certified IWBMC Providers/Evaluators. This information may be viewed under the IWBMC Examinations section of the NCBC website: <a href="https://www.iwbmc.org">https://www.iwbmc.org</a>

### Interpersonal Whole-Brain Model of Care Recertification for Providers

In order to uphold professional standards, promote ongoing learning, and validate the competence and expertise of individuals who are certified in the Interpersonal Whole-Brain Model of Care ("IWBMC"), certificants are required to recertify every two years by earning two (2) Continuing Education Units ("CEUs"). CEUs must be earned in **each** of three specific areas: Hands-on learning, Field-related, and Personal Development. There is no required number of CEUs for each required area. For example, one candidate may earn 1 CEU in the Hands-on area, .5 CEU in Field-related, and 1.5 CEUs in Personal Development. Another candidate may earn .5 CEU in the Hands-on area, 1 CEU in Field-related, and .5 in Personal Development. As long as the certificant engages in activities for each specific area and earns the minimum of two (2) CEUs, s/he can determine individual levels of focus in each particular area described below.

This section of the Handbook details the requirements and procedures for recertification as a Certified Provider in the IWBMC.

To apply for IWBMC-CP renewal, the following items must be completed and submitted:

- 1. Application for Provider Recertification (may be obtained via the NCBC website and submitted online, via postal mail, or in person).
- 2. Renewal Fee (may be paid in person, via postal mail, or online).
- 3. Evidence demonstrating successful participation and completion of required CEUs in all three areas.

In order to maintain the credibility and integrity of the certification and recertification process, the NCBC reserves the right to verify any and all information provided on applications and materials, including evidence of CEU completion. Certificants may request verification of any item(s) prior to the recertification process.

## **Continuing Education Requirements and Acceptable Evidence**

An individual providing the specialized support that aligns with the IWBMC for children or adults with central nervous system deficits and emotional-relational challenges must continue to demonstrate proficiency in delivering IWBMC interventions with fidelity. The hands-on component for recertification validates that IWBMC Providers consistently provide high-quality services aligned with the Model. Professionals willing to supervise this portion of certificants' CEU requirements must meet the criteria outlined below.

- 1. Hands-on Learning Requirement: CEUs must be earned via direct implementation of the IWBMC on a selected person.
  - Activity: Competency in the IWBMC Provider job tasks must be demonstrated through observations of the direct implementation of various IWBMC interventions on a selected individual. Corresponding data tracking must be represented.
  - Essential Details Regarding Observations:
    - 1. Please note that 2.5 hours of observed IWBMC implementation equates to .25 CEU hours. The observed implementation hours do not have to be consecutive.
    - 2. Hand-on activities must be observed by an approved IWBMC Supervisor. A list of approved Supervisors is included via a link on the NCBC Website's Recertification page or directly per the following link: <a href="Approved IWBMC Supervisors">Approved IWBMC Supervisors</a>
    - 3. The signed IWBMC-CP Supervised Observation Form must be signed by each observer who participated in certificant observations, and the Forms must be submitted as part of the evidence for the hands-on learning requirement. The form is accessible via a link on the NCBC Website on the Recertification page or can be accessed via this link: <a href="IWBMC-CP Observation Form">IWBMC-CP Observation Form</a>

- 4. Observation forms must include the date and time, the setting or location, and the length of time for each observation.
- <u>Acceptable Evidence:</u> Completed and signed IWBMC-CP Supervised Observation forms that demonstrate fulfillment of the required hours needed for recertification.

The competency areas associated with IWBMC certification ensure that certificants have knowledge of central nervous system dysfunctions, sequential and working memory, Trauma Informed Care, learning styles (including the impact of hemispheric dominance and relational learning), proactive and reactive therapeutic strategies for individuals with social-relational challenges, fluid learning, and the impact of physiology on therapeutic outcomes. Ongoing research in these areas provides updated information that certificants must incorporate to stay current in the field and provide quality services to the population that the IWBMC serves.

- 2. Field-related Requirement: CEUs must be earned from training and/or independent reading.
  - Activities: Either of the following activities (alone or in combination) meet this requirement: 1) successful
    completion of approved remote or live-interface training(s), 2) completion of approved reading materials.

#### Acceptable Evidence:

- Program-specific certificate and/or instructor assurance (in writing) demonstrating participation and completion of training courses, including the course name, date of attendance, and verification that the certificant attended the entire course.
- 2) A three to five-hundred-word essay summarizing key concepts from independent reading material.

In order to remain in alignment with all components of the IWBMC and to ensure that the competencies associated with the interconnectedness of those components are consistently included in the implementation of the Model, certificants are required to engage in personal development activities that link to the IWBMC aspects of Social Structure, Spirit and Will, as well as all competencies related to neuroanatomy. In particular, Providers must demonstrate a continued understanding of human beings' standard flight, fight, or freeze responses and how facilitating a trusting and safe environment where providers approach clients with compassion and acceptance mitigates the stress response, thus opening the pathway for learning and growth. In addition, part of the NCBC Code of Ethics requires certificants to "Remain aware of personal values and biases and how they may influence professional decisions." Certificants' ongoing self-assessment and continued personal growth result in greater self-awareness, resilience, and better relationship-building skills, allowing them to create the optimum environment for the population served.

- 3. Personal Development: CEUs must be earned by participating in personal development activities.
  - Activities: Either of the following activities (alone or in combination) meet this requirement: 1) successful
    completion of approved remote or live-interface training(s), 2) completion of approved reading materials.

# Acceptable Evidence:

- 1) Program-specific certificate and/or instructor assurance (in writing) demonstrating participation and completion of training courses, including the course name, date of attendance, continuing education hours earned, and verification that the certificant attended the entire course.
- 2) A three to five-hundred-word essay summarizing key concepts from independent reading material.

#### Approved Recertification Activities for Field-related and Personal Development Requirements

Approved training courses and reading materials are listed on the NCBC website. The recertification area (Field-related or Personal Development) is noted for each activity, and the number of Continuing Education Units is provided. Approved training courses and reading materials are updated regularly. If a certificant wishes to participate in training programs or select reading materials that are not currently on the approved list but may align with the requirements of IWBMC Provider recertification, they may contact the NCBC Board and request a content review. The course or reading materials will be reviewed by the NCBC Board, and they will consult with subject matter experts to determine if the training aligns with the IWBMC in any of the areas noted above. If the suggested activities are in alignment, they may be added to the approved list, along with the CEUs provided by the course creators. If the Board determines that a suggested training program or reading selection relates significantly to the IWBMC but continuing education units are not provided, the NCBC Board of Directors will review the training program or selected reading material and consider time commitment, learning outcomes, educational format, and current industry standards to determine if CEUs may be calculated and added to the activities. Certificants requesting a content review will be notified of the Board's decision within fifteen (15) business days.

#### **Recertification Process**

It is highly recommended that all materials (application, CEU evidence, and renewal fee) be submitted to the NCBC Board at least four weeks before the certification expiration date. Materials may be submitted in person, by postal mail, or online. Certificants are solely responsible for submitting materials promptly with regard to certification expiration dates.

Once received, the NCBC Board will review all materials, including the application, evidence, and renewal fee, to ensure all components are complete and aligned with the abovementioned requirements. If all materials are complete, verified, and meet requirements, the NCBC board will issue a new certificate with an updated renewal date within fifteen (15) days of receiving the recertification materials. A letter indicating that all requirements have been met and the new (updated) certificate will be provided to the certificant through postal mail and/or e-mail.

If the recertification materials are reviewed and deemed incomplete and/or do not meet the requirements noted above, the NCBC Board will contact the certificant within ten days of receiving the materials. The certificant will be advised of any and all components that do not meet requirements, and the Board will issue a First Request that the certificant provide the items necessary to continue with the recertification process.

If the certificant provides the requested information and the NCBC Board has a reasonable period to process recertification within thirty (30) days of the current certificate's expiration, the Board will process the recertification. If the certificant submits incomplete or unacceptable materials after the First Request, the Board will submit a Second Request clarifying the materials necessary to process recertification. If the certificant provides the requested information, and the NCBC Board has a reasonable time period to process recertification within thirty (30) days of the current certificate's expiration, the Board will move forward with the recertification process.

If the certificant does not respond to the First or Second Requests or provides incomplete or unacceptable materials a third time, the Board will notify the certificant that the materials provided do not meet recertification requirements and that the NCBC Board will not initiate the recertification process.

It is the certificant's responsibility to ensure that all required materials for recertification are completed and that enough time is provided to the Board to process the recertification prior to the expiration date noted on the current certificate. Before submitting items necessary for recertification, it is highly recommended that certificants review the above requirements to be sure all items are included. The following are common examples of factors that will result in requests for additional items and delay the recertification process:

- CEU evidence does not clearly demonstrate participation and/or completion in training and/or independent reading.
- Evidence provided for CEU requirements needs to be completed and/or in alignment with the descriptions of acceptable evidence.
- The renewal fee is unpaid.

The application is not included or is incomplete.

#### **Expired IWBMC Provider Credentials**

For certifications that have expired for thirty (30) days or less, an individual may reinstate his or her certificate by meeting all of the required recertification components and paying both the recertification fee and an additional reinstatement fee. Recertification materials will not be accepted if a certification has expired for more than thirty (30) days. To reinstate expired credentials for more than thirty (30) days, certificants must meet the eligibility requirements for initial certification and re-take the certification examination. In such cases, no extra fees will be required besides the initial certification examination fee.

#### **Application Appeals**

Any adverse eligibility or recertification decision, including, but not limited to, a denial of a certification application, recertification application, or other application, may be submitted to the NCBC for review. IWBMC Provider requirements, deadlines, procedures, and fees may not be appealed. Do not submit an appeal to request information about a denied application; certificants will receive detailed information (i.e., reasons for the denial and steps that need to be taken to correct any deficiencies) at the time of the denial.

#### How to Appeal

The candidate or certificant must complete the NCBC Eligibility Appeal Form, which can be downloaded via the NCBC website: <a href="http://www.iwbmc.org">http://www.iwbmc.org</a>, within seven (7) days of being informed that the application was denied. Once submitted, the Eligibility Appeal Form will be reviewed by the Executive Director, who will collaborate with the NCBC Board if needed. The candidate or certificant may be contacted for additional information regarding the appeal. The NCBC will decide to grant or deny the appeal within thirty (30) days of submission. Certificants will be notified about the outcome of their appeal within fourteen (14) days of the NCBC's final decision.

Electronic or paper appeal forms must be sent to the attention of the Executive Director of the NCBC. The Executive Director's e-mail can be located in the "About Us" section of the NCBC website. The physical address of the NCBC is <u>407</u> Hardscrabble Rd. Roswell, GA 30075.