



Approved Training Offerings for Route D

The provided list is a reference guide, and participants can email the NCBC directly to confirm approval for unlisted training courses. The NCBC will consult with a panel of subject matter experts (SMEs) to verify whether the training course is approved.

The included reference guide has been approved by a panel of SMEs and aligns with the other training routes offered by the NCBC based on the content included within each training and the required hours for each principle.

Candidates must show proof of training hours completed for each principle.

Principle: Client Groups

Autism spectrum disorder, emotional-behavioral-relational disorders, cerebral palsy, brain injury/stroke, genetic syndromes, intellectual and developmental delays, and learning differences

Hours Needed: 3.5

IWBMC-CP and IWBMC-CE

Approved Training:

Click the name of the course to access its website.

- [ADHD Certification Course](#)
- [Advanced Clinical Functional Neuroanatomy \(Module 2\)](#)
- [Certificate in Stroke Rehab: Recovery Without Limitation Through Neuroplasticity & Dual Task Training](#)
- [Certified Autism Spectrum Disorder Clinical Specialist Intensive Training](#)
- [Child Development Online Conference](#)
- [Foundations of Learning Disabilities](#)
- [NDTA: Certificate Course in the Contemporary Practice of NDT for the Management of Children with Cerebral Palsy and Other Neuromuscular Disorders](#)
- [NDTA: C. Cayo/L. Kliebhan - Managing Children with Dystonia: The Therapist's Perspective](#)
- [NDTA: Certificate Course in the Contemporary Practice of NDT for the Management of Adults with Stroke and Brain Injury](#)
- [Neuromotor & Sensorimotor Diagnoses: Neuroplasticity for Independent Function & Play](#)
- [Online Functional Developmental Behavioral Neuroimmunology \(Module 2, 4, 7\)](#)
- [Strong Education: Certified Adaptive Personal Trainer Certification Course](#)

Principle: Principles of Brain-Based Methodology

Neuroplasticity, neuroanatomy, and interhemispheric communication

Hours Needed: 2.5

IWBMC-CP and IWBMC-CE

Approved Training:

Click the name of the course to access its website.

- [101 BG Brain Gym](#)
- [Advanced Clinical Functional Neuroanatomy \(Modules 1, 2, 3, 4\)](#)
- [Intro to Neurofeedback: Didactic Training for Neurofeedback Certification](#)
- [Enhancing Neuroplasticity: Strategies for Rewiring the Brain](#)

- [NDTA: C. Hazzard/T. Siebold - Promoting Neuroplasticity: Timing Matters](#)
- [Neuroplasticity & the Physiology of Stress: A Mindfulness Perspective](#)
- [Neuroplasticity, Primitive Reflexes, & Pediatric Rehabilitation](#)
- [Neuroplasticity: A functional Roadmap to Recovery](#)
- [Online Functional Developmental Behavioral Neuroimmunology \(Modules 1, 2\)](#)
- [Positive Neuroplasticity Course with Rick Hanson, Ph.D.](#)
- [Sensation of Pain Changes the Brain: Neuroplasticity Techniques to Progress Motor Skills and Memory of Movement](#)
- [Strong Education: Certified Adaptive Personal Trainer Certification Course](#)
- [TheraSuit Method® Training](#)

Principle: Areas of Practice

Neurodevelopmental interventions, afferent/input channels, efferent/output channels, sequential processing, working memory, and early reflex integration

Hours Needed: 5

IWBMC-CP and IWBMC-CE

Approved Training:

Click the name of the course to access its website.

- [101 BG Brain Gym](#)
- [ABM® NeuroMovement® \(ABMNM®\) Basic Training Program](#)
- [Advanced Clinical Functional Neuroanatomy \(Module 5\)](#)
- [Calm & Alert: Yoga and Mindfulness Practices to Teach Self-Regulation and Social Skills to Children](#)
- [Certificate in Stroke Rehab: Recovery Without Limitation Through Neuroplasticity & Dual Task Training](#)
- [Certified Autism Spectrum Disorder Clinical Specialist Intensive Training](#)
- [Integrative Therapy for Neurodevelopmental Disorders: Connecting Primitive Reflexes and Brain Imbalances to Polyvagal Theory to Improve Learning, Behavior, and Social Skills](#)
- [NDTA: C. Hazzard/T. Siebold - Promoting Neuroplasticity: Timing Matters](#)
- [NDTA: Certificate Course in the Contemporary Practice of NDT for the Management of Adults with Stroke and Brain Injury](#)
- [NDTA: Certificate Course in the Contemporary Practice of NDT for the Management of Children with Cerebral Palsy and Other Neuromuscular Disorders](#)
- [NDTA: K. Barthel - Vestibular-Visual Contributions to NDT Practice](#)
- [NDTA: P. Tate - Utilizing Adjuncts to Support Functional Outcomes for Communication, Oral Motor Control and Swallowing](#)
- [NDTA: T. Siebold - A Peek into the Visual System and Neurological Rehabilitation](#)
- [Online Functional Developmental Behavioral Neuroimmunology \(Modules 3, 7, 8, 10\)](#)
- [Palmar and Plantar Grasp: Integration Through Neuroplasticity](#)
- [Pediatric Neuroplasticity Interventions for Sensory and Primitive Reflex Integration](#)
- [Primitive Reflex Integration for Neurodevelopmental Disorders](#)
- [Primitive Reflex Integration through Neuroplasticity](#)
- [Quantum Reflex Integration: Reflex Integration](#)
- [Sensational Brain: Primitive Reflexes: Screening, Compensation, Techniques, and Treatment](#)
- [Sensory Techniques for Trauma, Self-Harm and Dysregulation](#)
- [Step-by-Step Neuroscience-based Interventions: Anxiety, Trauma & Emotional Regulation & More](#)
- [Strong Education: Certified Adaptive Personal Trainer Certification Course](#)
- [The American Institute of Balance: Vestibular Rehabilitation Certification Workshop](#)
- [TheraSuit Method® Training](#)
- [Vision Rehabilitation & Neuroplasticity Techniques for Success in a 3-D World](#)

Principle: Emotional-Behavioral-Relational Approach

Socio-emotional readiness, proactive therapeutic strategies, reactive therapeutic strategies, function of behavior, trauma-informed care, and positive reinforcement

Hours Needed: 3.5

IWBMC-CP and IWBMC-CE

Approved Training:

Click the name of the course to access its website.

- [2-Day Anxiety Certification Course: Integrate CBT and Exposure & Response Prevention for Treatment of GAD, Panic Disorder, OCD, Social Anxiety, & Phobias](#)
- [Advanced Self-Regulation: Practical Tools and Strategies for Kids with ADHD, Autism & More](#)
- [Anger Management for Kids and Teens](#)
- [Anxiety Certification Training: EMDR, Trauma-Informed, ACT, & Somatic Therapy to Help Clients Overcome Anxiety](#)
- [Calm & Alert: Yoga and Mindfulness Practices to Teach Self-Regulation and Social Skills to Children](#)
- [CBT or Kids Certification Course: Trauma-Informed Interventions for Depression, Anxiety, Autism, ODD, PTSD & More](#)
- [CBT Toolbox for Children and Adolescents](#)
- [Certified Autism Spectrum Disorder Clinical Specialist Intensive Training](#)
- [Cognitive Behavioral Therapy \(CBT\) Training Course](#)
- [Cognitive Behavioral Therapy and Mindfulness: An Integrative Evidence-Based Approach](#)
- [Crisis Prevention Intervention De-Escalation Training](#)
- [DBT Core Training: Dialectical Behavior Therapy for Everyday Clinical Needs](#)
- [Dialectical Behavioral Therapy Training: 3-Day Certification Training in Dialectical Behavior Therapy: The Complete A to Z Course on Using DBT to Treat a Wide Range of Clinical Challenges](#)
- [Distracted and Disorganized Kids in a Digital Generation: Techniques to Influence Neuroplasticity, Manage Screen Time & Implement Sensory Smart Movement](#)
- [Don Meichenbaum, Ph.D. Presents : 2 Day Intensive Workshop: Treating Trauma Through the Integration of CBT and Constructive Narrative Therapy](#)
- [Harnessing Client Narratives, Mindsight, and Neuroplasticity for Healing Trauma with Dr. Daniel Siegel](#)
- [Neurological Interventions for Multisensory Integration, Emotional Regulation and Executive Functioning](#)
- [ODD, ASD, ADHD & Mood Disorders: Over 50 Proven Techniques for Children and Adolescents](#)
- [Online Functional Developmental Behavioral Neuroimmunology \(Modules 2, 6, 9\)](#)
- [Self-Regulation Interventions for Children & Adolescents: Reduce Frustration, Emotional Outbursts & Oppositional Behaviors](#)
- [Strong Education: Certified Adaptive Personal Trainer Certification Course](#)
- [The Upward Spiral: Evidence-Based Neuroscience Approaches for Treating Anxiety, Depression and Related-Disorders](#)
- [The Zones of Regulation® Basic Training](#)
- [Trauma-Informed Schools Training for School-Based Professionals: Strategies to Recognize Trauma, Respond, & Create Resilience in Students](#)

Principle: Learning Styles

Individualized academic planning, group instruction, and differentiated learning for unique needs

Hours Needed: 2

IWBMC-CP and IWBMC-CE

Approved Training:

Click the name of the course to access its website.

- [101 BG Brain Gym](#)
- [A Student-Driven Approach to Support Executive Skills: Empower Youth to Take Control of Their Own Learning](#)
- [ADHD for Educators Certification Course: Evidence-based Skills, Tools & Handouts to Motivate Kids for Lasting Success](#)
- [Advanced Clinical Functional Neuroanatomy](#)

- [Certified Autism Spectrum Disorder Clinical Specialist Intensive Training](#)
- [Handwriting Can Be FUN! Utilizing Neuroplasticity to Build Pathways for Handwriting Confidence](#)
- [Mental Health Issues in the Classroom: Practical Strategies for Helping Children and Adolescents Succeed](#)
- [Online Functional Developmental Behavioral Neuroimmunology \(Module 4\)](#)
- [Related Services for Children with Disabilities](#)
- [Setting Up a Special Education Classroom](#)
- [Transform Classrooms from the Inside Out: Effective Interventions to De-Escalate Extreme Emotions & Disruptive Behaviors in Schools](#)

Principle: Physiology

Physiological impacts on health, learning, and behavior

Hours Needed: 1

IWBMC-CP and IWBMC-CE

Approved Training:

Click the name of the course to access its website.

- [3-Day: Mental Health & Nutrition Certification Course](#)
- [Food and Mood: A Therapist's Guide to The Role of Nutrition in Mental Health](#)
- [Food as Medicine Intensive Online Training](#)
- [Integrative Medicine and Nutrition for PTSD and Complex Trauma Certification Course](#)
- [NDTA: J.Owens/M.Trapani-Hanasewych - Above and Beyond The Basics of Respiratory Function](#)
- [Nutrition and Integrative Methods for Trauma: Enhancing Mood, Sleep, and Well-being](#)
- [Nutrition and Mental Health in Kids & Teens: What Every Mental Health Professional needs to Know](#)
- [Nutrition Essentials for Mental Health: A Complete Guide to the Food-Mood Connection](#)
- [Nutritional and Integrative interventions for Mental Health Disorders: Non-Pharmaceutical Interventions for Depression, Anxiety, Bipolar & ADHD](#)
- [Online Functional Developmental Behavioral Neuroimmunology \(Modules 1, 3, 5\)](#)
- [Picky Eaters vs Problem Feeders & Best Practices in Dysphagia Management](#)
- [Providing Pediatric Feeding Disorder Services in the Educational Setting | Emily M. Homer, MA, CCC-SLP](#)
- [Strong Education: Certified Adaptive Personal Trainer Certification Course](#)
- [The Brainbow Blueprint: A Clinical Guide to Integrative Medicine and Nutrition for Mental Well Being](#)
- [The Gut-Brain Connection: Transforming Care for Neurodivergent Kids](#)
- [The Power of Nutrition & Integrative Interventions in Mental Health](#)
- [Therapists in the Kitchen: Integrating Nutrition into Your Mental Health Practice](#)
- [TheraSuit Method® Training](#)
- [Treating Insomnia: Transdiagnostic Clinical Strategies to Optimize Sleep & Improve Outcomes in Clients with PTSD, Anxiety, Depression & Chronic Pain](#)

Principle: Data Collection

Client-specific data tracking and the importance of data collection and analysis

Hours Needed: 1

IWBMC-CP and IWBMC-CE

Approved Training:

Click the name of the course to access its website.

- [ABA Data Collection 101](#)
- [Data Collection for SPED – Setting up Your Data](#)
- [NDTA: D. Gosselin/S. Kerrick - The Use of Outcome Measures to Advance Clinical Practice](#)
- [NDTA: K. Bain - Measuring Success! Clinically Friendly Outcome Measures of Functional Change Following NDTA Contemporary Practice Model™ Intervention Part 1](#)

Principle: Client Evaluation and Re-Evaluation

Neurodevelopmental assessments, parent/guardian interview, program design, comprehensive report development, client re-evaluation testing, re-evaluation report development, client program update

Hours Needed: 10

IWBMC-CE

Approved Training:

Click the name of the course to access its website.

- [Advanced Clinical Functional Neuroanatomy \(Module 4\)](#)
- [Certified Autism Spectrum Disorder Clinical Specialist Intensive Training](#)
- [NDTA: Certificate Course in the Contemporary Practice of NDT for the Management of Children with Cerebral Palsy and Other Neuromuscular Disorders](#)
- [NDTA: C. Hazzard/T. Siebold - Promoting Neuroplasticity: Timing Matters](#)
- [NDTA: Certificate Course - Certificate Course in the Contemporary Practice of NDT for the Management of Adults with Stroke and Brain Injury](#)
- [NDTA: D. Gosselin/S. Kerrick - The Use of Outcome Measures to Advance Clinical Practice](#)
- [NDTA: K. Kerris - Considering Cognition: How to Assess and Treat Deficits of Cognitive Awareness](#)
- [NDTA: M. Diamond - Designing Effective Home Programs](#)
- [NDTA: NDTA Approved Advanced Upper Extremity Course](#)
- [Online Functional Developmental Behavioral Neuroimmunology \(Module 1\)](#)
- [Quantum Reflex Integration: Reflex Integration](#)
- [Sensational Brain: Primitive Reflexes: Screening, Compensation, Techniques, and Treatment](#)
- [Strong Education: Certified Adaptive Personal Trainer Certification Course](#)
- [Summit Professional Education: Reflex Integration Evaluation and Treatment](#)
- [The American Institute of Balance: Vestibular Rehabilitation Certification Workshop](#)
- [Palmar and Plantar Grasp: Integration Through Neuroplasticity](#)
- [Clinical Action for Dementia, TBI, Concussion, Stroke and Other Cognitive Declines: Assessment and Treatment Techniques for Cognitive Rehabilitative and Neuroplasticity](#)
- [TheraSuit Method® Training](#)