



# GROOVE & GROW



10 person  
minimum

.....  
CLASSES ARE  
50-55 MINS

## SOCIAL DANCE FOR ALL ABILITIES

Our adaptive dance classes empower persons with special needs through movement, encouraging self-expression, healthy exercise, learning, and social confidence.

contact:  
[kenzie@tonguetwisterslp.com](mailto:kenzie@tonguetwisterslp.com)

