

THE WAR WITHIN

I help homicide survivors break free from anger, guilt, and shame to reclaim peace, rebuild their lives, and find God's justice — WITHOUT relying on a flawed legal system—through my 12-week faith-based healing program, *The War Within*.

PHASE 1 BREAK FREE



1. Acknowledge the Weight of Loss

Find deep relief and validation by confronting the full weight of your grief with honesty and compassion.



2. Release Emotional Burdens

Exchange anger and guilt for God's healing and comfort.



3. Rewire the Mind

Gain control over your healing by identifying and understanding your trauma triggers.

PHASE 2 WAGE WAR



4. Rewrite Justice on God's Terms

Separate forgiveness from reconciliation and embrace God's balance of justice and mercy.



5. Release Them. Release Yourself.

Experience healing through a Spirit-led forgiveness process.



6. Repair. Restore. Reignite.

Achieve deeper connections by prioritizing healing and healthy boundaries.

PHASE 3 RISE ABOVE



7. Rebuild Faith & Connection

Rediscover trust in God, find renewed faith and comfort even in the midst of tragedy.



8. Honor Their Memory

Celebrate their life by turning your grief into acts of service and love.



9. Purpose Reclaimed.

Step into a renewed identity, discovering God's purpose for your life beyond the pain.



If you want to get crystal clear on the EXACT STEPS you should be following right now to achieve your faith-based healing, emotional restoration, and biblical forgiveness. goals, then **[*CLICK HERE*](#)** to book a free The War Within strategy call.