



***How to Find a Career
That Matches Your
Personality and
Inherent Skills***

MALO Consulting LLC

JANUARY 2018

MONDAY / 01	TUESDAY / 02	WEDNESDAY / 03	THURSDAY / 04	FRIDAY / 05
MONDAY MEETING W/ KATIE @ 9AM		9:00-9:30 PICK UP FROM SANDRA	12PM-2:PM LUNCH W/ ALLY @ NOSH	8:00 MEE BRYN
	12:00-1:00 LUNCH TEAM MEETING		11:00 CA FRANCIS	
			3:00-5:00 DRINKS W/ SAEAH + RACHAEL	
			6:00-8:00 DRINKS W/ ALEXA @ CHAMBAR	

DON'T FORGET
CALL SAEAH
THIS!



How to Turn Your Results Into a Real Career Direction

Most people don't struggle because they lack talent—they struggle because they're in roles that don't match who they are at their core. When your career aligns with your natural strengths, your personality, and the way you prefer to work, everything feels lighter. You make better decisions. You communicate more clearly. You grow faster. And you stop feeling like you're forcing yourself into a box that was never built for you.

Finding that alignment isn't luck. It's a process—and one you can start today.

Why Personality and Inherent Skills Matter

Your personality influences how you solve problems, how you communicate, and what environments energize or drain you. Your inherent skills—those abilities that come naturally without much effort—shape the kind of work you can excel in with less friction.

When these two elements line up with your career path, you experience:

- Higher job satisfaction because the work feels meaningful and natural
- Better performance because you're operating in your zone of strength
- Lower stress and burnout because you're not constantly fighting your wiring
- Faster career growth because you're building on what you naturally do well

This is the foundation of long-term career fulfillment.

Use Free Online Assessments to Discover Your Best-Fit Career Path

These tools won't make the decision for you, but they will give you language, clarity, and direction—especially if you've been feeling stuck or unsure where to start.

These aren't gimmicks. They're clarity tools—fast, free, and surprisingly accurate when you read them with intention.

How to Turn Your Results Into a Real Career Direction

1. 16 Personalities (MBTI-Inspired)

What it reveals: How you think, communicate, and make decisions

Why it matters: Your personality type predicts the environments where you thrive—and the ones that will burn you out.

Link: <https://www.16personalities.com>

2. O*NET Interest Profiler (U.S. Department of Labor)

What it reveals: What kinds of work activities naturally motivate you

Why it matters: It connects your interests to real careers, salaries, and job outlooks—no guessing.

Link: <https://www.mynextmove.org/explore/ip>

3. CareerExplorer (Free Version)

What it reveals: Strengths, personality traits, work style, and culture fit

Why it matters: It gives you a ranked list of careers that match your wiring—not just your experience.

Link: <https://www.careerexplorer.com>

Assessments give you data. You turn that data into direction.

1. Look for repeating themes

If multiple assessments point toward creativity, structure, leadership, or hands-on work—pay attention. Patterns are your compass.

2. Compare your results to your current job

How to Turn Your Results Into a Real Career Direction

Ask yourself:

- What parts of my job feel natural?
- What parts feel like I'm pretending?
- Where am I forcing myself to fit?

Your answers will tell you more than any job description.

3. Explore roles that match your wiring—not your job title

Your next chapter doesn't have to look like your last one.

Your strengths are transferable. Your experience is valuable.

Your identity is bigger than your résumé.

The Bottom Line

You don't need another year of frustration.

You don't need another job that "pays the bills but drains your soul."

You need alignment.

When you understand your personality and inherent strengths, you stop surviving your career—and start designing it.





How to Find a...

Unlock the secret to a fulfilling career with "How to Find a Career That Matches Your Personality and Inherent Skills." This essential guide reveals how aligning your innate strengths and personality with your work can drastically enhance job satisfaction, performance, and growth while reducing stress. Discover practical tools and insights to help you break free from roles that don't fit, empowering you to design a career that truly resonates with who you are.