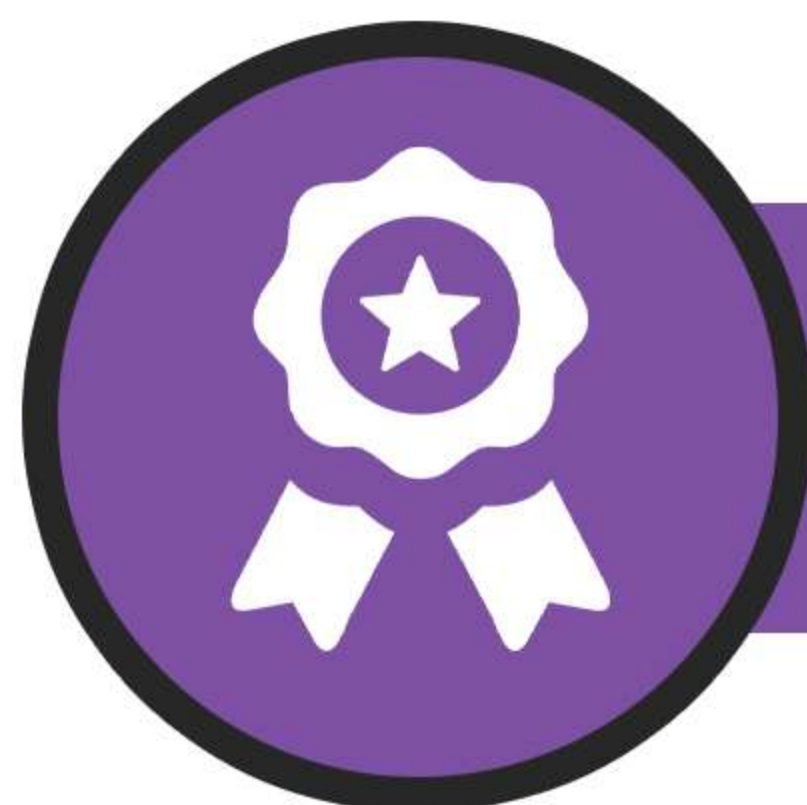




HarmonyHQ

HELPING PARENTS RAISING TEENS



IDEAL (TEENS)

Identity | Desire for Autonomy | Emotional intensity
Affiliation | Looking to role models



HEART (PARENTS)

Health | Empowerment | Autonomy | Restoration |
Togetherness



RAISE (PARENTS ROLES)

Responsibility | Aspiration | Influence | Sacrifice
Emotional Bond

BY USING OUR APP YOU WILL:

- Understand teen mental health
- Friend-group influences
- Common language and slang
- Bullying and peer pressure
- And much more