

After Care Instructions for Lip Blush

- Don't get your lips soaking wet. Clean them by blotting them with a damp cotton pad. Drink through a straw. If they do get wet, dry them by patting ASAP.
- Don't touch, rub, or pick at your lips. Let them peel at their own pace. If you rip off the chapped skin, you can pull out the pigments and your lips will heal patchy.
- Don't get your lips in contact with any surface that's not clean, including your fingers. You risk contaminating the sensitive area with bacteria and developing an infection.
- Don't expose your lips to sunlight. It accelerates pigment fading and can cause the color to change.
- Don't go swimming. Don't take long, hot showers, and don't go to saunas or steam baths. Try to keep your lips dry (apart from the prescribed moisturizer). Otherwise, you risk developing an infection.
- Don't get toothpaste on your lips. Brush your teeth faster than usual.
- Don't put any products apart from the prescribed moisturizer on your lips. No makeup for at least 10 days.
- Don't sleep on your face.
- Don't eat spicy or salty foods. They'll sting. Cut any food into small pieces to prevent the scab from cracking.
- Don't drink alcohol. It'll sting and dry out your lips further.
- Don't drink or eat anything too hot – it will make the swelling worse.
- Don't smoke.
- Don't get any beauty treatments. If harsh ingredients get onto the area they'll irritate the skin, and can disrupt the pigments from settling properly.
- Don't get teeth whitening.
- Refrain from kissing. You risk developing an infection, and you'll rip off the chapped skin.