

Lip Blush Entire Healing Process - Day by Day

Lip PMU application implies breaking the surface of the skin, so it entails a short lip blush healing process, although there's no downtime, and it won't disrupt your everyday routine.

After the treatment, you will experience some short-term side effects like swelling and tenderness, and your lips will start a peeling cycle that will last about 10 days. The lip healing process is relatively short for lip PMU, but be prepared for some discomfort.



How Long Does the Lip Blush Healing Process Last?

The superficial lip blush healing process lasts about 7-10 days for most people – that’s how long it takes for the surface of the skin to heal – but it takes about a month for the tissue underneath to heal completely and for the pigments to settle.

Once the peeling ends, you can consider your lip tattoo healed, but if you want to get a touch up, you need to wait about 2-12 weeks, because further trauma to tissue that hasn’t healed 100% can cause permanent scarring.

Day by Day

After your session, the skin of your lips will go through several stages of the permanent lip color healing process. It needs to recover from the trauma and close up the micro-wounds.

Here is a general timeline for lip blush healing.

DAY 1 – Swelling, tenderness, and high color intensity

- Swelling

The lip tattoo healing process starts halfway through the procedure. Your lips will probably start swelling towards the end of the tattooing session. This is a natural reaction to the trauma.

Everyone experiences a different degree of swelling, so be prepared for everything, from minor swelling, to your lips doubling in size.

Don't panic – this is normal and it will subside.

They'll also keep oozing lymph in the first few hours – kind of icky, but normal. Blot it off as instructed.

The swelling can cause your lips to look asymmetric – this too will subside. The same goes for minor bruising some clients experience.

Apply an ice pack to minimize the swelling. Make sure the surface that comes in contact with the treated area is clean.

- Tenderness

After the numbing used during the procedure stops working, you will probably feel some tenderness, or even mild pain. *Check with your artist if it's okay to take a painkiller.*

Follow the cleaning routine prescribed by your artist.

- Color

The color of your lips is very intense. You may love it, or you may feel like it's too much – either way, that's not the true shade the pigments will have. The color will fade significantly over the next few days, and your lip tattoo will look 40-50% lighter once the 6 weeks have passed. You can book a touch up when the lip blush healing process ends and go darker. For most clients, the pigment shade looks brick-red in the first 48 hours or so. After that, it starts fading.

DAY 2 – Less swelling, more tenderness, and a lot of dryness

- Swelling

Your lips should be closer to their normal size, but still a bit swollen. If they don't go back to their original shape within a few more days, contact your artist. You may be experiencing an allergic reaction.

- Tenderness

Your lips still feel tender to the touch. You may experience a slight burning sensation similar to a sunburn.

- Dryness

Dryness kicks in. Your lips will feel tight and they may start chapping. The scab film is forming.

Apply the prescribed moisturizing ointment frequently to minimize the discomfort and prevent heavy scabbing. Keeping your lips moisturized forms a film-thin layer of scab that will peel evenly, instead of thick, patchy scabs that will pull out too much of the pigments.

Don't touch your lips! If you pick at the scabs, your lips will heal patchy.

Moving your lips may feel uncomfortable. Try to control your motions, eat in tiny bites and drink through a straw to prevent the scab from cracking until it's formed.

They don't look too attractive at this point, but muscle through it. It will be worth it!

DAYS 3 AND 4 – Heavy peeling and dryness

- Peeling

The first round of peeling starts. The scabby film will start falling off in patches and strips from the center of the lips outwards – the outline will be the last to peel.

This is the most annoying and unattractive phase of the lip tattoo healing process, but be patient and control yourself – don't pick at the scabs.

- Dryness

Your lips will still feel very dry and tight – apply the prescribed moisturizer to relieve it.

- Itchiness

As with any wound, as it heals, it'll start itching. Don't rub or scratch your lips – you'll rip off the scabs and cause patchy color healing.

DAYS 5-10 – Some more minor peeling and color ghosting

- Peeling

The first round of peeling ends, but there may be some additional light peeling. Wait it out and don't pick at the chapped skin. Once peeling ends completely, you can consider your lip tattoo healing process finished. For most people, it stops around day 10. Once it stops, you can start wearing makeup and abandon the aftercare routine.

If your lips are still peeling at that point, be patient and follow the aftercare routine for a few more days.

- Color

The color has faded significantly – so significantly, in fact, you may think the treatment didn't work.

Don't start panic-texting your artist asking for a color boost – this is a normal part of the lip color healing process. The color will re-emerge and take its final shade within 6 weeks. That's the process of pigment settling and there's no way to speed it up.

NOTE: If you've ever had cold sores, or herpes, you'll need to take an antiviral medication before and after the treatment. The tattooing can cause a cold sore flare up, which can disrupt the lip tattoo healing process. Consult your GP.

If you notice any unusual symptoms or extreme irritation throughout your lip blushing healing process, contact your artist. You may be having an allergic reaction, or an infection.