

## PRE & POST PROCEDURE FORMS

### Permanent Makeup Pre and Post Procedure Instructions

#### **For Clients Who Have Had the Procedure Before**

For all clients who have permanent cosmetic makeup procedure performed, we only use the very finest pigments available. Some procedures may need to be repeated because the original application can fade anywhere from 25% to 40%. Individual chemical and genetic makeup can affect the final result.

#### **We Cannot Predict Your Fading Experience**

It is fully possible to get the perfect results with only one application; however, this cannot be guaranteed. Please remember that the amount of pigment you retain or lose after your initial application is not a reflection of the quality of work. Pigment retention varies with each person. In case your procedure must be repeated, you will need to wait at least 21 days of the date of your original application.

#### **Application Cannot Be Repeated Within 21 Days or Less**

The tissue is not ready to absorb new pigment although your skin looks healed. Please be patient.

#### **We Charge an Additional Fee for Touch Ups**

Most touch-ups can be done in 30 to 45 minutes.

#### **Pre-Care Instructions:**

- Do not work out 24 hours before procedure.
- NO alcohol or caffeine 24 hours before procedure (Yes, there is caffeine in decaf coffee and tea!).
- Avoid sun and tanning one week prior to procedure.
- Do not take Aspirin, Niacin, Vitamin E or Advil/Ibuprofen 24 hours before procedure.
- Avoid power shakes and power greens, Fish Oil, and "Hair, Skin, Nail" supplements 24 hours prior to procedure.
- Discontinue Glycolics, Chemical Peels and Retin-A 4 weeks prior.
- Refrain from use of any Alpha Hydroxy Acid (AHA) products close to the eyebrow area 2 weeks prior to and 2 weeks after your procedure. Check your moisturizer, facewash BB or CC creams and makeup primers for anything that says acid.
- No brow waxing or tinting one week before.
- Please Note: You will be more sensitive during your menstrual cycle as well.
- You have to be off any kind of Accutane for 1 year. NO Exceptions!
- No Latisse (on lashes or brows) for minimum of three weeks prior to permanent eyeliner or brow.
- For permanent eyeliner, eyelash extensions must be removed 3-5 day prior.
- Fillers should be done six weeks prior to scheduled procedure or six weeks after procedure.
- Botox should be performed two weeks prior to scheduled procedure or two weeks after.

**Cold Sores and Fever Blisters:**

In the case of permanent lip color, cold sores and fever blisters MUST be treated. If you get cold sores or have ever had one in the past, you will need an antiviral prescription from your doctor before a lip procedure. Physicians usually instruct to take it 2 days before. As this procedure will bring out the virus if not medicated beforehand.

**Oily Skin:**

If you have oily skin, results will appear softer and may require additional procedures.

**Preparing the Skin**

To prepare the skin, you will need to cleanse the area free of makeup. Clean with baby-wipes, makeup remover or apply antibacterial soap with a Q-Tip to remove any excess skin oils.

**Pain Preparation**

PMU can be a painful procedure. However, there are great numbing solutions for before, during and after that can be used for comfort throughout your SMP procedure.

**Post Procedure:**

There will be an epithelial crust that forms in the days following the procedure. This crust is a combination of dried pigment and plasma that forms externally. It is important that you do not pick it. Picking the crust will result in a loss of pigment. The crust will fall off naturally within a few days. For the first few days following the procedure, the area will feel similar to that of a sunburn. A topical ointment can help soothe the area. Apply antibiotic ointment twice daily. This will soothe the area, keeping it moist and helping it heal properly.

**Follow This Daily Regime**

- Do not touch the treated area unless applying ointment. No scratching, rubbing, or picking of the treated area
- Be cautious around the area (such as pulling clothing over your head)
- Do not apply makeup on treated area until healed
- Apply ointment 1 - 3 times a day on treated area until peeling comes off; normally 5 to 7 days. (Again do not peel the area yourself, let this fall off naturally)
- Follow with Scalpa Rehab or antibiotic ointment for one week
- Artificial tears may be used if needed but not recommended
- Touch up may be done after 21 days, however its best to wait 30-45 days

I, \_\_\_\_\_, have read and understand the above information and of my own free will I choose to move forward with my procedure.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_