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Round-the-Clock Protection!

Scripture: Psalm 121

- ¹I will lift up mine eyes unto the hills, from whence cometh my help.
- ²My help cometh from the Lord, which made heaven and earth.
- ³He will not suffer thy foot to be moved: he that keepeth thee will not slumber.
- ⁴Behold, he that keepeth Israel shall neither slumber nor sleep.
- ⁵The Lord is thy keeper: the Lord is thy shade upon thy right hand.
- ⁶The sun shall not smite thee by day, nor the moon by night.
- ⁷The Lord shall preserve thee from all evil: he shall preserve thy soul.
- ⁸The Lord shall preserve thy going out and thy coming in from this time forth, and even for evermore.

Psalm 121 teaches us three big truths about God's help and care for you. 1) The Creator is your helper. 2) The God of Israel is your protector. And then finally, 3) the LORD will keep you from all harm.

It is used today as a powerful prayer and source of comfort for life's uncertainties, serving as a spiritual compass for believers facing personal struggles, illness, or danger, reminding them that God is a constant, ever-watchful helper for their physical journeys and spiritual life, offering assurance from the beginning of faith (baptism) to life's end (funerals). People recite it during travel, crises, or daily life to ask for protection, shift focus from troubles to God's power, and find hope in His unending care, acknowledging Him as the Creator who never slumbers.

It validates honest questions about needing help while moving toward trusting God as the ultimate source of strength. Emphasizes that God, the keeper of Israel, neither slumbers nor sleeps, offering round-the-clock protection. Reminds believers that the one who made heaven and earth can handle any earthly problem.

Nothing detracts or deters Him. We are safe. We never outgrow our need for God's untiring watch over our lives. It also invites mankind to consider the source of their help. Of course, God is that source, **but to speak it is one thing, to believe it is another.** The psalmist assures those who pray this psalm that we do not walk alone—the Maker of heaven and earth journeys with us as our helper. God actively sustains our lives and keeps us spiritually and physically stable so we do not stumble or fall (Psalm 66:9). He is actively, intimately involved in preserving His people through the journey of life.

Just as a bird shields its vulnerable young from predators and storms with its wings, God offers a warm, secure, and intimate sanctuary to those who trust in Him (Psalm 91:4). We must actively put our reliance on God as our refuge rather than our own strength. And His character and the reliability of His promises are the defensive armor that protects us from spiritual and emotional harm. It doesn't guarantee physical immunity from all earthly adversity. But we are safe under **God's providential care causes us to rest securely knowing He provides strength and comfort in the midst of any trial.**

Furthermore, Psalm 91:10-12 is a profound passage about divine protection, promising that God shields those who trust in Him from disaster and sickness, and deploys His angels to provide constant, careful guidance so that we do not stumble. He also commands His heavenly messengers (angels) to watch over, guard, and protect us continually as you go about your daily life. Just as a parent catches a child to prevent a fall, angels intervene to catch you and prevent even minor, accidental injuries.

No human alliances, wealth, or armies is the ultimate defender and savior of His people. God is the Creator of everything, no earthly enemy, crisis or insurmountable obstacle is greater than the One who formed the universe. If God has the power to create the heavens and the earth, He is fully capable of delivering His people. Therefore, our true security and deliverance come exclusively from God, the all-powerful Creator (Psalm 124:8).

People of God, start your day by "looking up." Before the phone. Before the news. Let your weakness remind you of His strength. The psalm says He will not let your foot slip—not that you won't feel unsteady. **God Is our Round the Clock Protector!**