

CLS – Monday

Terminology
History of Breastfeeding
Anatomy of the Breast
Composition of Human Milk
Normal Breastfeeding
Infant Assessment & Conditions
Becoming a CLS
Counseling
Physiology of Milk Production
Promotion & Classes

CLS – Tuesday

Eleven Steps to Successful Breastfeeding
Prime Time: The Important First Hour
Latch, Suck, Milk Transfer, and Positioning
Sore Nipples/Raynaud's/Yeast
Research
Engorgement
Plugged Ducts/Mastitis
Postpartum Mood Disorders
Milk Banking & Sharing
Maternal Conditions

CLS – Wednesday

Hypoglycemia
Jaundice
Late Preterm and Preterm Infant
Pumping & Exclusive Pumping
Tongue Tie
Alternative Feeding Methods
Epidemiology
Medications/Herbs
Abuse & Trauma Informed Care
Taking a Complete History/Doing a Consult

CLS – Thursday

Growth & Development
Nutrition
Review Questions
Fussy Baby

Co-Sleeping/SIDS

Perception of Low Milk Supply, Low Milk Supply, & Low Weight Gain

Ethics

Teens

Slide Review

CLS – Friday

Exam Prep

Exam

Interactive Consults/Scenarios

Working Venues

Second Night & Parenting

IBLCE

Baby Behavior

Culture

Working & Milk Storage

WHO Code in Digital Media

Formula

Facilitating Change/Burnout