
Day 1 – 7:45-4:30

Breastfeeding Updates
Digital Media & Communication
Obesity/PCOS
Case Studies – Counseling & Sleep Issues
Mysteries of NOT Making Milk
Eating Disorders
Marijuana & Breastfeeding – Updates

Day 2 – 8:00 - 4:30

Updates on Pumping & Hand Expression – Group Interaction
Attributes of Great Instructors – Encouraging Peers & Staff
Overcoming Barriers to Breastfeeding
Case Studies – Low Weight Gain & Oversupply
Vitamin D
D-MER
Guilt
Delayed Onset of Lactogenesis 2
Effects of Trauma on Breastfeeding
Differential Diagnosis – Sore Nipples
Diversity & Culture

Day 3 – 8:00 - 4:30

Show & Tell & Discuss: Alternative Feeding Methods & Sore nipple Treatments
Tongue Tie – What is the IBCLC’s role?
NAS/Withdrawal – Dealing with Families in Crisis – Case Studies
Ethics
The Microbiome
Ethics & Guilt – Group Work
Making a Difference in Your Facility

Total CERP\'s – 19.5 L. CERP\'s/1.5 Ethics CERP\'s
Lots of group work & discussion
MUST have IBCLC or at minimum, a 5-day Lactation Course.