

Certified Lactation Specialist Course – Topical Agenda 2019

Monday – 7:45-5:30

History of Breastfeeding
Anatomy of the Breast
Composition of Human Milk
Infant Assessment & Conditions
Becoming a CLS
Counseling
Physiology of Milk Production
Normal Breastfeeding
Breastfeeding Classes and Promotion

Tuesday – 8:00-5:30

The Eleven Steps to Successful Breastfeeding
The Amazing Newborn
Latch, Suck, Milk Transfer & Positioning
Research & Evidence Based Practice
Plugged Ducts & Mastitis
Engorgement
Epidemiology
Becoming an IBCLC
Maternal Conditions
Baby Behavior

Wednesday – 8:00-5:30

Preterm and Late Preterm Infants
Hypoglycemia
Sexual Abuse and Breastfeeding
Expression of Milk – Pumping and Hand Expression
Tongue Tie
Alternative Feeding Methods
Jaundice
Medications
Working Parents
Post Partum Mood Disorders
Taking a Complete History & Doing a Consult (Role Play)