

## Frequently Used References

(These references are used frequently in almost all of the talks, so aren't necessarily documented separately in each bibliography. In some cases an earlier edition of the same book may have been cited. The rest of the references are cited by topic and can be found online at [lactationeducation.com/clsc](http://lactationeducation.com/clsc))

Campbell, Lauwers, etc al. (Eds), 2019. Core Curriculum for Interdisciplinary Lactation Care. Jones and Bartlett Learning, Sudbury, MA

Hale, T. Hartmann, PE. 2008. Textbook of Human Lactation. Chapters 24 & 25. Hale Pub, Amarillo TX

Hale, T. 2021. Medications and Mothers' Milk. Springer Publishing, New York, NY

Lauwers J & Swisher A. 2021. Counseling the Nursing Mother. 7th Edition. Jones & Bartlett. Sudbury, MA. (Also Edition 3, 1999)

Lawrence R.A. & Lawrence R. 2016. Breastfeeding: A Guide for the Medical Profession. 7th Ed. St. Louis MO; Mosby.

Wambach, K & Spencer, B. 2021 Breastfeeding and Human Lactation. 6th Edition. Jones & Bartlett Learning, Sudbury MA

## Equity and Terminology

Bartick MC, Jegier BJ, Green BD, Schwarz EB, Reinhold AG, Stuebe AM. 2016. Disparities in breastfeeding: impact on maternal and child health outcomes and costs. Pii:S0022-3476(16)31096-4

Duckett, L, Ruud, M. (2019). Affirming Language Use When Providing Health Care for and Writing About Childbearing Families Who Identify as LGBTQI+. Journal of Human Lactation. 2019. Vol. 35(2) 227-232.

La Leche League Canada. (2018). Joint statement on use of term chestfeeding. LLL Canada and USA. Retrieved from <https://www.lllc.ca/joint-statement-use-term-chestfeeding>

MacDonald, T. (2018). Transgender parents and chest/breastfeeding. KellyMom. Received from <https://kellymom.com/bf/got-milk/transgender-parents-chestbreastfeeding/>

Oxford Dictionary. (2022) Equity and Equality Definitions. Received from [https://www.google.com/search?q=equity+definition&rlz=1C1CHBF\\_enUS957US957&oq=equity+de&aqs=chrome.0.0i512j69i57j0i512l8.7019j0j4&sourceid=chrome&ie=UTF-8](https://www.google.com/search?q=equity+definition&rlz=1C1CHBF_enUS957US957&oq=equity+de&aqs=chrome.0.0i512j69i57j0i512l8.7019j0j4&sourceid=chrome&ie=UTF-8)

Poon, L (2015). Ze or They? A Guide to Using Gender-Neutral Pronouns. CityLab. Retrieved from <https://www.citylab.com/life/2015/09/ze-or-they-a-guide-to-using-gender-neutral-pronouns/407167/>

## References – History of Breastfeeding and the LC Profession

- Amir LH. 2011. Social Theory and infant feeding. *Int Breastfeed J.* 6-7.
- Apple RD. Mothers and medicine; a social history of infant feeding. 1987 Madison. Univ of Wisc Press
- Barennes H, Slesak G, Goyet S, Aaron P, Srour LM. 2016. Enforcing the International Code of Marketing of Breastmilk Substitutes for better promotion of exclusive breastfeeding: can lessons be learned? *J Hum Lact.* 32(1): 25-32.
- Baumgartel KL, Sneeringer L, Cohen SM. 2016. From royal wet nurses to Facebook: the evolution of breastmilk sharing. *Breastfeed Rev.* 24(3):25-32.
- Baumslag N, Michels D. Milk, Money and Madness. 1995 Westport Conn: Bergin and Garvey
- Bonuck KA, Trombley M, Freeman K, McKeeD. 2005. Randomized, controlled trial of a prenatal and postnatal lactation consultant intervention on duration and intensity of breastfeeding up to 12 months. *Pediatrics.* 116(6);1413-26
- Bryder L. 2009. From breast to bottle: a history of modern infant feeding. *Endeavour.* 33(2):54-9.
- Bushaw A, Lutenbacher M, Karp S, Dietrich M, Graf M. 2020. Infant feeding beliefs and practices: effects of maternal personal characteristics. *J Spec Pediatr Nurs.* 25(3): eee12294.
- Carter SK, McCutcheon J. 2013. Discursive constructions of breastfeeding in US state laws. *Women Health.* 53(4).
- Castilho SD, Filho A. 2010. The history of infant nutrition. *J Pediatr.* 86(3):179-88.
- Chetwynd EM, Wasser HM, Poole C. 2019. Breastfeeding support interventions by International Board Certified Lactation Consultants: A systemic review and meta-analysis. *J Hum Lact.* 35(3):424-440.
- Currier RW, Widness JA. 2018. A brief history of milk hygiene and its impact on infant mortality from 1875-1925 and implications for today: A review. *J Food Prot.* 81(10):1713-22.
- Davenport RJ. 2019. Infant feeding practices and infant survival by familial wealth in London, 1752-1812. *History of the family.* 24(1):174-206.
- Duprs, TL, Tocheri MW. 2007. Reconstructing infant weaning histories at Roman period Kellis, Egypt using stable isotope analysis of dentition. *Am J Phys Anthropol.* 134(1):63-74.
- Dykes F. 2011. Twenty five years of breastfeeding research in Midwifery. *Midwifery.* 27(1):8-14.
- Dykes F, Richardson-Foster H, Crossland N, Thomson G. 2012. "Dancing the thin line": evaluation of an infant feeding information team to implement the WHO Code of marketing of breast milk substitutes. *Midwifery.* 28(6):765-71.
- Eidelman AI. 2020. The cultural dimension of breastfeeding: beyond nutrition. *Breastfeed Med.* 15(12): 1.
- Fewtrell MS, Mohs-Shukri NH, Wells JCK. 2020. Optimising breastfeeding: what can we learn from evolutionary, comparative and anthropological aspects of lactation? *BMC Medicine.* 18:4
- Fildes, V. 1986. Breasts, Bottles and Babies: A History of Infant Feeding. Edinburgh UK. Edinburgh University Press.
- Galtry Judith. 2015. Breastfeeding as a human right for women. 19 Nov 2015. [Http://blogs.biomedcentral.com/on-health](http://blogs.biomedcentral.com/on-health)
- Grulee CG et al. 1934. "Breast and artificial feeding." *JAMA* 103;735 151(4):604-12.
- Hawkins SS, Stern AD, Baum CF, Gillman MW. 2014. Compliance with the Baby Friendly Hospital Initiative and impact on breastfeeding rates. *Arch Dis Child Fetal Neonatal Ed.* 99(2):F138-43.

- Haydock H, Clarke L, Craig-Atkins E, Howcroft R, Buckberry J. 2013. Weaning at Anglo-Saxon Raunds: implications for changing breastfeeding practice in Britain over two millennia. *Am J Phys Anthropol.* 151(4) 604-12
- Hausman BL. Mother's Milk: Breastfeeding Controversies in American Culture. 2003. New York; Routledge
- JahnsL, Davis-Shaw W, Lichtenstein AH, Murphy SP, Conrad Z, Nielsen F. 2018. The history and future of dietary guidance in America. *Adv Nutr.* 9:1 136-147.
- Jones-Rogers SE 2019. They Were Her Property: White Women as Slave Owners in the American South. New Haven: Yale University Press
- Loponte D, Mazza B. 2021. Breastfeeding and weaning in late Holocene hunter-gathers of the lower Parana wetland, South America. *Am J Phys Anthropol.* 176(3): 504-520.
- Lutter CK. 2012. The International Code of Marketing of breast milk substitutes: lessons learned and implications for the regulation of marketing of foods and beverages to children. *Public Health Nutr.* 4:1-6.
- Malek L, Fowler H, Duffy G, Katzer L. 2018. Informed choice or guessing game? Understanding caregivers' perceptions and use of infant formula labeling. *Public Health Nutr.* Nov 27:1-14.
- Melendy MR. 2019. A republication of Time Was...1904: Vividore the pathway to mental and physical perfection. The twentieth century book for every woman. *J Hum Lact.* 35(3):601-603.
- Morabia A, Rubenstein B, Victora CG. 2013. Epidemiology and public health in 1906 England. *Am J Public Health.* 103(7):e17-22.
- Obladen M. 2012. Regulated wet nursing: managed care or organized crime? *Neonatology.* 102(3): 222-8
- Palma JA, PalmaF. 2020. Maternal breastfeeding or wet nursing? Religion, persecution and ideology in the 17<sup>th</sup> century. *BreastFeed Med.* 15(12): 756-8.
- Palmer G. 2016. Why the Politics of Breastfeeding Matter. London GB: Pinter and Martin.
- Patel S, Patel S. 2016. The effectiveness of lactation consultants and lactation counselors on breastfeeding outcomes. *J Hum Lact.* 32(3): 530-41.
- Perez-Escamilla R. 2020. Breastfeeding in the 21<sup>st</sup> century: how we can make it work. *Soc Sci Med.* 244:112331.
- Quinn EA. 2014. Too much of a good thing: evolutionary perspectives on the infant formula fortification in the United States and its effects on infant health. *Am J Hum Biol.* 26(1):10-17
- Santis C. 2019. How breastfeeding sparked population growth in ancient cities. *The conversation.* Dec 17, 2019
- Smith J, Blake M. 2013. Infant food marketing strategies undermine effective regulation of breast milk substitutes: trends in print advertising in Australia, 1950-2010. *Aust N Z J Public Health.* 37(4):337-44.
- Stuebe A. 2020. How might we protect, promote and support the human right to breastfeed?. *Breastfeed Med.* 15(12): 814-5
- Sutter C, Fiese BH, Lundquist A, Davis EC, McBride BA, Donovan SM. 2018. Sources of information and support for breastfeeding: alignment with Centers for Disease Control and Prevention Strategies. *Breastfed Med.* 13(9):598-606
- Tannikulu H, Neri D, Robertson A, Mialon M. 2020. Corporate political activity of the baby food industry: the example of Nestle in the United States of America. *Int Breastfeed J.* 15(1): 22
- Thulier D. 2009. Breastfeeding in America: a history of influencing factors. *J Hum Lact.* 25(1):85-94.
- Tomori C, Palmquist AEL, Quinn EA. 2018. *Breastfeeding: New Anthropological Approaches.* New York, NY: Routledge.

Tutorskaya M. 2020. Tolstoy's life lessons on breastfeeding and reducing child mortality. *Breastfeed Med.* 15(12): 759-64.

Toubas PL. 2007. Dr. Pierre Budin: promoter of breastfeeding in 19<sup>th</sup> century France. *Breastfeed Med.* 2(1):45-9

Ventresca MA, Hanks BK, Judd M, Epimakhov A, Razhev D. 2017. Weaning practices among pastoralists: New evidence of infant feeding patterns from Bronze Age Eurasia. *Am J Phys Anthropol.* 162(3): 409-422..

WHO/UNICEF: Protecting, promoting, and supporting breastfeeding; the special role of maternity services, a joint WHO/UNICEF statement. 1989 Geneva World Health Organization

Wolf JH. 2018. "They lacked the right food": A brief history of breastfeeding and the quest for social justice. *J Hum Lact.* 34(2):226-331.

## Maternal Anatomy: The Breast

- Cregan M, Hartmann PE. Computerized breast measurements conception to weaning: clinical implications. *Journal of Human Lactation* 15:89-95, 1999
- Garbin CP, et al. Association of nipple piercing with abnormal milk production and breastfeeding. *JAMA* 301-24; 2550-2551. 2009
- Geddes DT, et al. Blood flow characteristics of the human lactating breast. *JHL* (28(2); 145-52. 2012
- Han, S., & Hong, Y. G. (1999). The inverted nipple: its grading and surgical correction. *Plastic and reconstructive surgery*, 104(2), 389-395.
- Hernandez Yenty QM, et al. Treatment of the benign inverted nipple: a systemic review and recommendations for future therapy. *Breast*. 2016; 29:82-89
- Huggins, K et al. Markers of lactation insufficiency: a study of 34 mothers. *Cur Issues in Clin Lact – 2000*. 25-35
- Jamal N, et al. Mammographic breast glandularity in Malaysian women: data derived from radiography. *American Journal Roentgenol*. 182: 713-17. 2004
- Kedem MH, et al. The effect of advanced maternal age upon human milk fat content. *Breastfeeding Medicine*. 2012
- Kluger N. Body art and pregnancy. *European Journal of Obstetrics and Gynecology and Reproductive Biology*. 153, 3-7. 2010
- Mangel L, Mimouni FB, Mande DI, Mordachaev N, Maron R. Breastfeeding Difficulties, Breastfeeding Duration, Maternal Body Mass Index, and Breast Anatomy: Are They Related? *Breastfeeding Medicine*. 14(5). 2019. Accessed online at <https://www.liebertpub.com/doi/10.1089/bfm.2018.0262>
- Marasco LA. Unsolved mysteries of the human mammary gland: Defining and redefining the critical questions from the lactation consultant's perspective. *Journal Mammary Gland Biol Neoplasia* 19; 271-288 2014
- Marasco LA & West D. 2019. *Making More Milk*. New York:McGraw-Hill.
- Ramsay DT, et al. Anatomy of the lactating human breast redefined with ultrasound imaging. *Journal of Anatomy*. 206; 525-534. 2005
- Ramsay DT, et al. Ultrasound imaging of milk ejection in the breast of lactating women. *Pediatrics* 113(2) 361-67, 2004
- Roberts CL. Reduced breast milk feeding subsequent to cosmetic breast augmentation surgery. *Medical Journal of Australia* 202(6): 324-328 2015
- Soares D, et al. Age as a predictive factor of mammographic breast density in Jamaican women. *Clinical Radiol*. 57: 472- 76, 2002
- Stuebe, A. (2021). We need patient-centered research in breastfeeding medicine. *Breastfeeding medicine: the official journal of the Academy of Breastfeeding Medicine*, 16(4), 349-350.
- Thanaboonyawat I, et al. Pilot study of normal nipple development of nipples during pregnancy. *JHL* 29(4); 480-483. 2013
- Vazirinejad R, et al. The effects of maternal breast variation on neonatal weight gain in the first seven days of life. *International Breastfeeding Journal*. 4(13), 2009
- Wambach, K. and Spencer B.. *Breastfeeding and Human Lactation*, 6<sup>th</sup> edition, 2021. Jones and Bartlett Learning: Burlington, MA.

## Composition of Human Milk

- Al-Shehri, et al. 2015. Breastmilk-Saliva Interactions Boost Innate Immunity by Regulating the Oral Microbiome in Early Infancy." *PloSone* 10.9 (2015)
- Anderson, P. 2018. Unusual Milk Colors. *Bf Med.* 13:3
- Bergman, N. 2013. Neonatal stomach volume and physiology suggest feeding at 1-h intervals. *Acta Paediatrica.* 102, pp 773-777
- Bode, Lars. "Human Milk Oligosaccharides: Prebiotics and Beyond." *Nutrition Reviews*, vol. 67, 2009, doi:10.1111/j.1753-4887.2009.00239.x.
- Bode, Lars. "Human Milk Oligosaccharides: Every Baby Needs a Sugar Mama." *Glycobiology*, U.S. National Library of Medicine, <https://pubmed.ncbi.nlm.nih.gov/22513036/>.
- Cabrera-Rubio, R et al., 2016. Impact of mode of delivery on the milk microbiota composition of health women. *Journal of Developmental Origin of Health and Disease.* 7(1): 54-60
- Cizmeci, M. et al. 2013. Rusty-pipe syndrome: A rare cause of change in the color of breastmilk. *Breastfeeding Med.* 8(3): 340-341
- Cregan, M. 2008. Breastmilk contains stem cells. [www.sciencealert.com/au/news/20081102-16879.html](http://www.sciencealert.com/au/news/20081102-16879.html) February 11, 2008.
- DiSantis, K et al. 2011. Do infants fed directly from the breast have improved appetite regulation and slower growth during early childhood compared with infants fed from a bottle? *Intl J Behav Nut & Phys Activity.* 8:89
- Domellof, M. Et al. 2004. Iron, zinc, and copper concentrations in breast milk are independent of maternal mineral status. *Am J Clin Nutr.* Jan:79(1):111-5.
- Fernandez, L et al. 2013. The human milk microbiota: origin and potential roles in health and disease. *Pharmacological Research* 69(2013)1-10.
- Galante, L. et al., Sex-specific human milk composition: the role of infant sex in determining early nutrition. *Nutrients.* 2018;10(9):1194. Doi:10.3390/nu10091194
- Gritz, E & Bhandari, V. 2015. The human neonatal gut microbiome: a brief review. *Frontiers in Pediatrics.* Vol 3, article 17. March.
- Guxens, M. et al. 2011. Breastfeeding, long-chain polyunsaturated fatty acids in colostrum, and infant mental development. *Pediatrics* 128(4):783 Oct. E880
- Hamosh, M. 1999. Breastfeeding: Unraveling the Mysteries of Mother's Milk. *Medscape General Medicine.* <http://www.medscape.com/viewarticle/718175>
- Hamosh M, Hong MH, Hamosh P: beta-Casomorphins: milk-beta-casein derived opioid peptides, in Leibel E (ed): *Textbook of Gastroenterology and Nutrition in Infancy*, ed 2. New York, Raven Press, 1989, pp 143-150.
- Hanson, LA. 2004. *Immunobiology of Human Milk: How Breastfeeding Protects Babies.* Amarillo, TX: Pharmasoft Publishing
- Hassiotou, F et al. 2012. Breastmilk is a novel source of stem cells with multilineage differentiation potential. *Stem Cells* 30, 2164-2174. Doi: 10.1002/stem.1188 Institute of Medicine, *Nutrition During Lactation*, National Academy Press, Washington, DC, 1991 p. 124
- Keikha, M et al. 2017. Macro- and micronutrients of human milk composition: are they related to maternal diet? A comprehensive systematic review. *Bf Med* 12:9
- Kent, J. Et al. 2006. Volume and frequency of breast feedings and fat content of breast milk throughout the day. *Pediatrics* 117(3): March 387-395
- Kent, J et al. 2016. Breastmilk production in the first 4 weeks after birth of term infants. *Nutrients* 8:756

- Khan, S et al. 2013. Investigation of short-term variations in term breast milk composition during repeated breast expression sessions. *29(2):196-204*
- Kunz, Clemens, Lonnerdal, B. 1992. Re-evaluation of the whey/protein casein ratio of human milk. *Acta Paediatrica 81:2 107-112*. February
- Larnkjaer, A et al. 2006. Fat content of human milk according to duration of lactation. *Pediatrics. 117(3): 988-989* March
- Lonnerdal, B. Effects of maternal nutrition on human lactation. Pp 301-323 in M. Hamosh & As Goldman, eds. *Human Lactation 2: Maternal and Environmental Factors*, Plenum Press, NY, 1986
- Lourdes, M et al. 2010. Influence of breastfeeding type and maternal anemia on hemoglobin concentration in 6-month-old infants. *Jornal de Pediatria 86(1) 65-72* Marasco, Lisa, and Diana West.
- Making More Milk: The Breastfeeding Guide to Increasing Your Milk Production. McGraw Hill, 2020.
- Mannel, Rebecca, et al. *Core Curriculum for Lactation Consultant Practice*. 3rd ed., Jones & Bartlett Learning, 2013.
- Morton, J, et al. 2012. Combining hand techniques with electric pumping increases the caloric content of milk in mothers of preterm infants. *J Perinatology 1-6*. [www.nature.com/jp](http://www.nature.com/jp)
- Nevzat, M et al. 2013. Rusty-Pipe Syndrome: A rare cause of change in the color of breastmilk. *Breastfeeding Med. 8:3 pp 340-341*.
- Pannaraj, P et al. 2017. Association between breast milk bacterial communities and establishment and development of the infant gut microbiome. *JAMA Pediatr. 17(7): 647-654*
- Parker, W. et al. 2013. Decreased breastfeeding as one factor on a short list that causes pandemics of allergic and autoimmune disease. *Clinical Lactation 4(3): 123-130*
- Permar, S et al. 2013. Breastmilk protein may be key to protecting babies from HIV. *Proceedings of the National Academy of Sciences*. October 21, 2013. ([Http://www.sciencedaily.com/releases/2013/10/131021153200.htm](http://www.sciencedaily.com/releases/2013/10/131021153200.htm))
- Powe CE et al. 2010. Infant sex predicts breast milk energy content. *Am J Hum Biol Jan-feb:22(1):50-4*
- Sauer, C et al. 2017. Wide variability in caloric density of expressed human milk can lead to major underestimation or overestimation of nutrient content. *JHL 33(2):341-350*
- Schlievert, P et al. 2019. Glycerol monolaurate contributes to the antimicrobial and anti-inflammatory activity of human milk. *Scientific Reports*, October.
- Sinanoglou, Vassilia J., et al. "Factors Affecting Human Colostrum Fatty Acid Profile: A Case Study." *Plos One*, vol. 12, no. 4, 2017, doi: 10.1371/journal.pone.0175817.
- Smith, L. 2013 *The Biochemistry of Human Milk*. In *Core Curriculum for Lactation Consultant Practice*. R Mannel et al. Eds. 3rd Edition. Jones & Bartlett, Sudbury MA.
- Tamimi, RM et al. 2003. Average energy intake among pregnant women carrying a boy compared with a girl. *Br Med J. 325:1245-1246*.
- Twigger, A-J et al. 2015. Gene expression in breastmilk cells is associated with maternal and infant characteristics. *Scientific Reports*. DOI:10.1038/srep12933. [www.nature.com/scientificreports](http://www.nature.com/scientificreports).
- Verduci, E et al. 2014. Epigenetic effects of human breast milk. *Nutrients 6, 1711-1724*; [www.mdpi.com/journal/nutrients](http://www.mdpi.com/journal/nutrients)
- Wagner, C. 2010. *Human Milk and Lactation*: <http://emedicine.medscape.com/artivle/1835675-overview> December
- Walker, M. 2014. Formula supplementation of the breastfed infant: Assault on the gut microbiome. *Clinical Lactation. 5(4):128-132*
- Walker, M. 2013. *Infant Formulas: Artificial Baby Milk*. In *Core Curriculum for Lactation Consultant Practice*. R Mannel et al. Eds. 3<sup>rd</sup> Edition. Jones & Bartlett, Sudbury MA.
- Wambach, K. and Spencer, B. *Breastfeeding and Human Lactation*, sixth edition. Jones & Bartlett, 2021



## Normal Breastfeeding

Academy of Breastfeeding Medicine. 2017. Clinical Protocol#3. "Supplementary Feedings in the Healthy Term Breastfed Neonate. *Breastfeeding Medicine* 12(3)

Academy of Breastfeeding Medicine. 2007. Clinical Protocol: Guidelines for Hospital Discharge of the breastfeeding term newborn and mother. "The Going Home Protocol." *Breastfeeding Medicine* 2(3):158-161

American Academy of Pediatrics. 2012 Breastfeeding and the Use of Human Milk. *Pediatrics*. 115(2):496-100(6):1035.

Chantray, C et al. 2011. Excess weight loss in first-born breastfed newborns relates to maternal intrapartum fluid balance. *Pediatrics*(doi:10.1542/peds.2009-2663) online 12/20/10.

Flaherman, V et al. 2010. First-day newborn weight loss predicts in-hospital weight nadir for breastfeeding infants. *Breastfeeding Med.*5(4);165-168

Flaherman, V et al. 2014. Early Weight Loss Nomograms for Exclusively Breastfed Newborns. *Pediatrics* (DOI: 10.1542/peds.2014-1532) online 12/1/14.

Hilton, S. (2013). Milk Production During Pregnancy and Beyond. *British Journal of Midwifery*, 16(8). doi:doi.org/10.12968/bjom.2008.16.8.30793

Kent, J, Prime, D, Garbin, C et al. 2012. Principles for maintaining or increasing breast milk production. *JOGNN*. (41:1) pp 114-121

Kent, J. Et al. 2006. Volume and frequency of breast feedings and fat content of breast milk throughout the day. *Pediatrics* 117(3): March 387-395

Morton, J et al. 2014. Five steps to improve bedside breastfeeding care. *Nursing for Women's Health*. 17(6):478-488

Mulder P & Gardner S 2015. The Healthy Newborn Hydration Model: A New Model for Understanding Newborn Hydration Immediately After Birth. *Biological Research for Nursing* 17 (1) 94-99

Newborn Weight Loss Tool. (n.d.). Retrieved January 12, 2021, from <http://www.newbornweight.org/>

Noel-Weiss, J et al. 2011. An observational study of associations among maternal fluids during parturition, neonatal output and breastfed newborn weight loss. *International Breastfeeding Journal* 2011, 6:9

Nommsen-Rivers, L et al. 2008. Newborn wet and soiled diaper counts and timing of onset of lactation as indicators of breastfeeding inadequacy. *JHL* 24(1): 27-33

Paul I, et al. 2016. Weight Change Nomograms for the First Month after Birth. *Pediatrics* 138:6

Santoro, W et al. 2010. Colostrum ingested during the first day of life by exclusively breastfed healthy newborn infants. *Journal Pediatrics*. 156(1): 29-32

Smith AP et al: First-Day Use of the Newborn Weight Loss Tool to Predict Excess Weight Loss in Breastfeeding Newborns. *Breastfeeding Medicine*. Dec 2020 <https://doi.org/10.1090.2020.0280>

Spangler, A, Howett, M. 2013. Physiology of the Infant in Core Curriculum for Lactation Consultant Practice. Edition 3. Mannel, R.,

Martens, P. Walker, M. Eds. Jones & Bartlett, Sudbury MA.

Wagner, E et al. 2013. Breastfeeding concerns at 3 & 7 days postpartum and feeding status at 2 months. Pediatrics 132(4): 768

Watson, J. Et al. 2012. A randomized controlled trial of the effect of intrapartum intravenous fluid management on breastfed newborn weight loss. JOGNN 41(1):24-3

## Infant Assessment

- Aby, JL. (2014) *The Newborn Book: Significance of physical findings in the neonate*. Book Villages, Colorado Springs, CO
- Adam M, et al. (2003) The importance of minor anomalies in the evaluation of the newborn. *NeoReviews* 4(4) e99-e103
- Altuntas N, et al.(2015) LATCH scores and milk intake in preterm and term infants: A prospective comparative study. *Breastfeeding Medicine* 10(2); 96-101
- Baker KC. "I was afraid I would lose my kids. *Good Housekeeping*, April 2005, page 99-102
- Burianova I.(2017) Et al. Breastfeeding after early repair of cleft lip in newborns with cleft lip or cleft lip and palate in a Baby-Friendly designated hospital. *JHL*33(3); 504-508.
- Chantry CJ. et al. (2011) Excessive weight loss in the first-born breastfed newborns relates to maternal fluid balance. *Pediatrics*. 127: e171-e179.
- Edmunds J et al (2012). Roundtable discussion: Tongue tie. *JHL* 28 (14-17)
- Flaherman VJ, et al. (2014) Early weight loss nomograms for exclusively breastfed newborns. *Pediatrics* 135(1)
- Flaherman VL, et al. (2017) Newborn weight loss during the birth hospitalization and breastfeeding outcomes through age 1 month. *JHL* 33(1);225-230.
- Gooding, J et al. (2015) Initial assessment and management of the newborn. *Pediatr Clin NA* 62 (345-365)
- Haham A, et al. (2014) Prevalence of breastfeeding difficulties in newborns with a lingual frenulum: A prospective cohort series. *Breastfeeding Medicine* 9 (0)
- Hirth R, et al.(2012) Maternal intravenous fluids and infant weight loss. *Clinical Lactation* 3(2); 59-62.
- Karl D. (2004) Using principles of newborn behavioral state organization to facilitate breastfeeding. *MCN*29(5); 293-298.
- Kendall-Tackett, K. (2017) Tongue Tie Expert Roundtable. *Clinical Lactation* 8(3): 87-144.
- Kieviet, N. (2016). *Neonatal symptoms after exposure to antidepressants in utero*. dare.uvu.vu.nl
- Marinelli K, et al (2016) Breastfeeding-associated hypernatremia A systematic review of the literature. *JHL* 32(1); 67-74
- Manipon C. (2016) Ankyloglossia and the breastfeeding infant. *Clinical Issues in Neonatal Care*. 16(2); 108-113
- Matthias JM, et al. (2013) Serotonergic Overstimulation in a preterm infant after Sertraline intake via breastmilk. *Breastfeeding Medicine* 8, on line 2013
- Noel-Weiss, J. et al. (2011) On observational study of associations among maternal fluid during parturition, neonatal output, and breastfeeding newborn weight loss. *International Breastfeeding Journal*. <http://www.internationalbreastfeedingjournal.com/content/6/1/9>
- Noel-Weiss, J. et al. (2011) Iatrogenic newborn weight loss: knowledge transition using a study protocol for your maternity setting. *International Breastfeeding Journal* <http://www.internationalbreastfeedingjournal.com/content/6/1/10>
- Nommsen-River, et al.(2008) Newborn wet and soiled diaper counts and timing of onset of lactation as indicators of breastfeeding inadequacy. *JHL* 24(1); 27- 33.
- Perez-Aguirre, B.(2018) Oral findings and its association with prenatal and perinatal factors in newborns. *Korean J Pediatr*. 201Sep;61 (9): 279-284 Open access

- Preer GL, et al. (2012) Weight loss in exclusively breastfed infants delivered by cesarean birth. *JHL* 28(2); 153-158
- Puapornpong P, et al. (2014) Comparisons of the latching on between newborns with tongue-tie and normal newborns. *J Med Assoc Thai* 97(3); 255-259.
- Stellwagen LM, et al. Look for the “stuck baby” to identify congenital torticollis. *Contemporary Pediatrics* 21(5) pages, 55-8, 60, 62-5. 2004
- Shinnick JK, et al. (2016) Effects of a breast milk diet on enteral feeding outcomes of neonates with gastrointestinal disorders. *Breastfeeding Medicine* 11(6); 286- 292
- Stanford Medicine Newborn Nursery at Lucille Packard Children’s Hospital. Newborn Gallery. <https://med.stanford.edu/newborns/professional-education/photo-gallery.html> accessed January 4, 2022.
- Thulier D. (2017) Challenging expected patterns of weight loss in full-term breastfeeding neonates born by cesarean. *JOGNN* 48; 18-28.
- Wagner, CL. Counseling the breastfeeding mother. [emedicine.medscape.com/article/979458-overview](http://emedicine.medscape.com/article/979458-overview)
- Wall V, et al (2006) Mandibular Asymmetry and breastfeeding problems: Experience from 11 cases. *JHL* 22(3) 328- 334
- White-Traut RC, et al.(2005) Feeding readiness in preterm infants: Relationship between preterm behavioral state and feeding readiness behaviors and efficiency during transition from gavage to oral feedings. *MCN* 30(1); 32-9.

## Infant Conditions

- Andrea J. (2015) Implications of using pulse oximetry to screen for critical congenital heart disease in the newborn. *Nursing for Women’s Health* September 314-323
- Banta-Wright SA, et al. (2015) Commitment to breastfeeding in the context of phenylketonuria. *JOGNN* 44;726-736
- Cullen, Ella Gray (2019). *Breastfeeding and Down Syndrome*. Available for download at <http://downsyndromepregnancy.org/book/breastfeeding-and-down-syndrome/>
- Drake E, et al. (2010) Update on expanded newborn screening. *Nursing for Women’s Health*. 14(3); 199-211. 2010
- Duncan LL Elder SB (1997) “ Breastfeeding the infant with PKU” *JHL* Sep 13 (3) 231-5
- Farmer SL, et al. (2010) The effectiveness of modified fat breast milk for the treatment of chylothorax in infants following cardiothoracic surgery. *JHL*, 26(4); 435.
- Fergusson DM, et al. (2007) Neonatal circumcision: Effects on breastfeeding and outcomes associated with breastfeeding. *Journal of Pediatrics* Sept 2007
- Huner G, et al (2005) Breastfeeding experiences in inborn errors of metabolism other than PKU. *Journal of Inherited Metabolic Diseases*. 28(4); 457-465.
- Kanufre VC, et al. (2007) Breastfeeding in the treatment of children with phenylketonuria. *J Pediatrics* (Rio J) 83(5).
- Koch R. (2008) Maternal phenylketonuria and tetrahydrobiopterin. *Pediatrics*, 122(6) 1367.
- Korgali EO, et al. (2017) Hyponatremic dehydration in breastfed term infants Retrospective evaluation of 159 cases. *Breastfeeding Medicine* 12(1); 5- 1.
- Krogh C, et al.(2012) Bottle-feeding and the risk of pyloric stenosis. *Pediatrics*, 130; e943.
- Lin H, et al (2014) Protective effort of exclusive breastfeeding against hand, foot, and mouth disease. *BMC Infectious Diseases*. 14;645-?

- Linag X. (2018) Congenital asymmetric crying facies syndrome: A case report. *Medicine* 2018 Aug; 97 (31)
- Malnory M, et al. (2003) Newborn behavioral and physiological responses to circumcision. *MCN* 28(5) 313-317
- Miller JH.(1998) The controversial issue of breastfeeding cleft-affected infants. Innisfail, AB, Canada: *InfoMed Publications*
- Mizuno K, et al (2002) Development of suckling behavior in infants with Down's Syndrome. *Acta Paediatr* 90:1384-88,
- Molitoris, J. (2019) Breast-feeding During Pregnancy and the Risk of Miscarriage. *Perspectives on Sexual and Reproductive Health*, 2019, 51(3) :153–163, doi:10.1363/psrh.12120
- Morin C, et al(2017) . Severe hyponatremic dehydration and lower limb gangrene in an infant exposed to Lamotrigine, Aripiprazole, and Sertraline in breast milk. *Breastfeeding Medicine*. 12(6);377-380
- Nebesio TD, et al. (2010) Newborn screening results in children with central hypothyroidism. *Journal of Pediatrics* 156(6); A2
- Rasmus IS. et al.(2004) Pain management for newborn circumcision. *Pediatric Nursing* 30(5) 414-417
- Riva E et al (1996) "Early breastfeeding is linked to higher intelligence quotient scores in dietary treated phenylketonuric children." *Acta Paediatr* Jan 85 (1) 56-8
- Sandra A, et al.(2014) Breastfeeding infants with phenylketonuria in the United States and Canada. *Breastfeeding Medicine* 9(0).
- Slaughter JL, et al. (2010) The effects of gestational age and birth weight on false-positive newborn-screening rates. *Pediatrics*. 126(5); 910-917.
- Tandberg BS, et al. (2009) Feeding infants with CHD with breastmilk: Norwegian mother and child cohort study. *Acta Paediatr*. (Epub ahead of print) Dec 24, 2009
- Torowicz DL, et al.(2015) Human milk and breastfeeding outcomes in infants with congenital heart disease. *Breastfeeding Medicine* 10(1)
- van Dommelen P, et al.(2014) Charts for weight loss to detect hypernatremic dehydration and prevent formula supplementation. *Birth* 41(2);153-159
- van Trotsenburg ASP. Et al. (20015) Thyroxine given neonatally may improve developmental outcome in children with Down's Syndrome. / *Clin Endocrinol Med*

## Counseling

- Akgun P, Tastekin A. 2019 The effect of information motivation behavioral skills on breastfeeding success: a hypothetical model. *J Transcult Nurs*. Doi:10.1177/1043659619872245.
- Bajoulvand R, Gonzalez-Jimenez E, Imanit-Nasab MH, Ebrahimzadeh F. 2019. Predicting exclusive breastfeeding among Iranian mothers: application of the theory of planned behavior using structural equation modeling. *Iran J Nurs Midwifery Res*. 24(5): 323-329.
- Bica OC, Giugliani ER. 2014. Influence of counseling sessions on the prevalence of breastfeeding in the first year of life: a randomized clinical trial with adolescent mothers and grandmothers. *Birth*. 41(1): 39-45
- Burns E, Schmied V, Sheehan A, Fenwick J. 2010 A meta ethnographic synthesis of women's experience of breastfeeding. *Matern Child Nutr*. 6(3):201-19.
- Campbell, S. H. (2022). Chapter 26: Counseling and Communication. In *Core curriculum for interdisciplinary lactation care* (pp. 589-601). Burlington, MA: Jones & Bartlett Learning.
- Coutinho SB, Lira PI, Lima MC, Frias PG, Eickmann SH, Ashworth A. 2013. Promotion of exclusive breastfeeding at scale within routine health services; impact of breastfeeding counseling training for community health workers in Recife Brazil. *Public Health Nutr*. 11:1-8.
- Franco-Antonio C et al. 2018. A randomized controlled trial to evaluate the effectiveness of a brief motivational intervention to improve exclusive breastfeeding rates: study protocol. *J Adv Nurs*. Nov 27. DOI:10.1111/jan.13917.
- Ghaffari M, Rakhshanderou S, Harooni J, Mehrabi Y, Ebrahimi A. 2019. Prenatal interventional program about mothers' behavior related to exclusive breastfeeding: findings of planned behavior theory based research. *J Lifestyle Med*. 9(2): 143-149
- Heinig MJ. 2009 Breastfeeding promotion for generations X and Y: why the old ways won't work. *J Hum Lact*. 25(3):263-65.
- Lopez-Bassols I, Garibaldi JA. 2019. The alchemy of connection: a fundamental ingredient when supporting breastfeeding mothers. *Clin Lact*. 10(4): 188-194.
- McConnachie A et al. 2004. Modeling consultation rates in infancy; influence of maternal and infant characteristics, feeding type and consultation history. *Br J Gen Pract*. 54(505):598-603.
- McFadden A, Siebelt, Marshall JL, Gavine A, Girars LC, Symon A, MacGillivray S. 2019. Counseling intervention to enable women to initiate and continue breastfeeding: a systematic review and meta analysis. *Int Breastfeed J*. 14(42).
- Miller CW, Wojnar D. 2019. Breastfeeding support: guided by Swanson's Theory of Caring. *Matern Child Nurs*. 44(6): 351- 356.
- Mossazadeh, M. et al. 2020. Evaluating the Effect of Telephone Counseling during the Postpartum Period on Exclusive Breastfeeding. *International Journal of Pediatrics*. Vol. 8, N. 12. Serial No.84 (pp 12685-12695).
- Osman H, Chaaya M, Elzein L, Naassan G, Wick L. 2010 What do first time mothers worry about? A study of usage of patterns and content of calls made to a postpartum support telephone hot line. *BMC Public Health*. 10:611
- Sikander S, et al. 2015 Cognitive Behavioral counseling for exclusive breastfeeding in rural pediatrics: A cluster RCT. *Pediatrics*. 135(2):424-31.
- Tufte, T. and Mefalopulos, P., 2009, 'Participatory Communication: A Practical Guide', World Bank, Washington, D.C.
- Witt AM, Witt R, Lasko L, Flocke S. 2019. Translating team based breastfeeding support into primary care practice. *J Am Board Fam Med*. 32(6): 818-26.

## Physiology of Lactation

- Aono, T, et al. The Initiation of Human Lactation and Prolactin Response to Suckling. *J Clin Endocrinol Metab* (44); 1101, 1977
- DeCarvalho M. Effect of frequent breastfeeding on early milk production and infant weight gain. *Pediatrics* 72:307-11, 1983
- Deif, R., Burch, E. M., Azar, J., Yonis, N., Abou Gabal, M., El Kramani, N., & DakhlAllah, D. (2021). Dysphoric Milk Ejection Reflex: The Psychoneurobiology of the Breastfeeding Experience. *Frontiers in Global Women's Health*, 2, 669826.
- Hale T., et al. Presence of macropolactinemia in mothers with insufficient milk supply. Texas University Health Science Center. Infant Risk Center. 2-6-2015.
- Hartmann, PE, et al. Maternal nutrition and milk synthesis. *Proc Nutrition Soc.* 54:379-89, 1995
- Hartmann, PE, et al. Milk prolactin, feed volume, and duration between feeds in women breastfeeding their full-term infants over a 24-hour period. *Exp Physiol* 2002; 87(2):207-14
- Heise AM, et al. Dysphoric milk ejection reflex: A case report. *International Breastfeeding Journal* 16:6 6 June 2011
- Huggins, K et al. Markers of lactation insufficiency: a study of 34 mothers. *Cur Issues in Clin Lact B* 2000. 25-35
- Jamal N, et al. Mammographic breast glandularity in Malaysian women: data derived from radiography. *American Journal Roentgenol.* 182: 713-17. 2004
- James R, et al. Thirst induced by a sucking episode during breast feeding and relation with plasma vasopressin, oxytocin and osmoregulation *Clin Endocrinol (Oxf)*. Sep;43(3):277-82. 1995
- Johnstone JM, Amico J. A prospective longitudinal study of the release of oxytocin and prolactin in response to infant suckling in long term lactation. *J Clin Endocrinol Metab* 62:653-7, 1986
- Lee S, et al. Biological underpinnings of breastfeeding challenges: the role of genetics, diet, and environment on lactation physiology. *American Journal of Physiology* 311(2); E405-E422 2016
- Lincoln DW et al, Neuroendocrine control of milk ejection. *Journal of Repod Fertil.* 65:571-86, 1982
- Marasco LA. Unsolved mysteries of the human mammary gland: Defining and redefining the critical questions from the lactation consultant's perspective. *Journal Mammary Gland Biol Neoplasia* 19; 271-288 2014
- Marasco LA (2020) *Making More Milk* (2nd ed). New York: McGraw-Hill.
- Mennella J, et al. Breastfeeding and prolactin levels in lactation women with a family history of alcoholism *Pediatrics* 125(5) p 1056. 2010
- Mervat I, et al. Composition of milk obtained from unmassaged versus massaged breasts in lactating mothers. *Journal of Pediatric Gastroenterology and Nutrition.* 38; 484-487 2004
- Morton J, et al. Combining hand expression techniques with electric pumping increases the caloric content of milk in mothers of preterm infants. *Journal of Perinatology.* 1-6. 2012
- Odent M. Effect of oxytocin vs pitocin. [www.wombecology.com/oxytocin.html](http://www.wombecology.com/oxytocin.html)
- Riordan, J., et al. *Breastfeeding and Human Lactation*, Jones and Bartlett Publishers, Boston 5d edition 2015 (2016)
- Stuebe AM., et al. Maternal neuroendocrine serum levels in exclusively breastfeeding mothers. *Breastfeeding Medicine.* 10(4); 197-202 2015
- Strathearn et al (2010) Maternal attachment predicts maternal brain and oxytocin response to infant cues. *Neurp[sy]chopharmacology* 2009(34):2655-2666.
- Tyson JE, et al. Studies of prolactin in human pregnancy. *Am J Obstet Gynecol* 113; 14-20 1972

Ureno, T. L., Berry-Cabán, C. S., Adams, A., Buchheit, T. L., & Hopkinson, S. G. (2019). Dysphoric milk ejection reflex: a descriptive study. *Breastfeeding Medicine*, 14(9), 666-673.

Ureno TL, et al. Dysphoric milk ejection reflex A case study. *Breastfeeding Medicine* 14((9) 666-673.

Uvnas-Moberg K, Kendall-Tackett K. The Mystery of D-MER: What Can Hormonal Research Tell Us About Dysphoric Milk-Ejection Reflex? *Clinical Lactation* 9(1). DOI: 10.1891/2158-0782.9.1.23

Watkinson M, et al. Maternal experiences embodied emotional sensations during breastfeeding An interpretative phenomenological analysis. *Midwifery* 36; 53-60 2016

Yokoyama Y, et al. Releases of oxytocin and prolactin during breast massage and suckling in puerperal women. *Eur J Obstet Gynecol Reprod Biol* 53:17-20, 1994

Zuppa AA, et al. Relationship between maternal parity, basal prolactin levels and neonatal breastmilk intake. *Biol Neonate* 53; 144-147 1988



## Breastfeeding Promotion

- Abbass-Dick J, Dennis CL. 2017. Breastfeeding coparenting framework: a new framework to improve breastfeeding duration and exclusivity. *Fam community Health.* 40(1): 28-31.
- Abrahams SW, Labbock MH. 2009. Exploring the impact of Baby Friendly Hospital Initiative on trends in exclusive breastfeeding. *Int Breastfeed J.* 4(11).
- Agampodi SB, Agampodi TC. 2008. Effect of low cost public health staff training on exclusive breastfeeding. *Indian J Pediatr.*75(11):1115-9.
- Al-Ateeq MA, Al-Rusauess AA, Al-Dughaiter AA. 2013. Perceptions and effects of antenatal education. *Saudi Med J.* 34(12): 1287-93.
- AlGhazal H, Rashid S, Ruf E. 2015. The Sharjah Baby friendly campaign: A community based model for breastfeeding promotion, protection and support. *Breastfeed Med.* 10:437-41.
- Arora A, et al. 2017. Determinants of breastfeeding initiation among mothers in Sydney, Australia: findings from a birth cohort study. *Int Breastfeed J.* 12:39.
- Audelo L. 2014. Connecting with today's mothers: breastfeeding support online. *Clin Lact.* 5(1): 16-19.
- Avery A, Zimmermann K, Underwood PW, Magnus JH. 2009. Confident commitment is a key factor for sustained breastfeeding. *Birth.*36(2):141-8.
- Bai Y, Wunderlich SM, Fly AD. 2010. Predicting intentions to continue exclusive breastfeeding for 6 months: a comparison among racial/ethnic groups. *Matern Child Health J.* Nov 6 epub ahead of print.
- Baker J, Sanghvi T, Hajeedhoy N, Martin L, Lapping K. 2013. Using an evidence based approach to design large scale programs to improve infant and young child feeding. *Food Nutr Bull.* 34(3): s146-55.
- Balogun OO et al. 2016. Interventions for promoting the initiation for breastfeeding. *Cochrane Database Syst Rev.* 11:CD001688.
- Bano-Pinero I, Martinez-Roche ME, Canteras-Jordana M, Carrillo-Garcia C, Orenes-Pinero E. 2017. Impact of support networks for breastfeeding: a multicentre study. *Women Birth.* DOI: 10'1016/j.wombi.2017.10.002.
- Beard M. 2014. "Bfed" texting program and breastfeeding a smart choice class: using cell phones to reach Gen Y mothers. *Clin Lact.* 5(4): 123-5.
- Bertino E et al. 2012. Is breastfeeding duration influenced by maternal attitude and knowledge? A longitudinal study during the first year of life. *J Matern Fetal Neonatal Med.* 25 Suppl 3:32-6.
- Bonia K et al. 2013. A qualitative study exploring factors associated with mothers' decisions to formula feed their infants in Newfoundland and Labrador, Canada. *BMC Public Health.*13:645-54.
- Brockway M, Benzies K, Hayden KA. 2017. Interventions to improve breastfeeding self-efficacy and resultant breastfeeding rates: a systematic review and meta-analysis. *J Hum Lact.* 33(3): 486-99.
- Brown A. 2016. What do women really want? Lessons for breastfeeding promotion and education. *Breastfeed Med.* 11(3):102-10.
- Brown A. 2017. Breastfeeding as a public health responsibility: a review of the evidence. *J Hum Nutr Diet.* 30(6):759-70.
- Burns E, Schmied V, Fenwick J, Sheehan A. 2012. Liquid gold from the milk bar: constructions of breastmilk and breastfeeding women in the language and practices of midwives. *Soc Sci Med.* 75(10):1737-45.
- Brand E, Kothari C, Stark MA. 2011. Factors related to breastfeeding discontinuation between hospital discharge and 2 weeks postpartum. *J Perinatal Educ.* 20(1):36-44.

- Caine VA, Smith M, Beasley Y, Brown HL. 2012. The impact of prenatal education on behavioral changes toward breastfeeding and smoking cessation in a healthy start population. *J Natl Med Assoc.* 104(5-6):258-64.
- Cangol E, Sahin NH. 2017. The effect of a breastfeeding motivation program maintained during pregnancy on supporting breastfeeding: a randomized controlled trial. *Breastfeed Med.* 12:218-226.
- Centers for Disease Control and Prevention. *Strategies to Prevent Obesity and Other Chronic Disease: The CDC Guide to Support Breastfeeding Mothers and Babies.* Atlanta: US Department of Health and Human Services; 2013.
- Chapman DJ, Morel K, Anderson A, Damio G, Perez-Escamilla R. 2010. Review: breastfeeding peer counseling: from efficacy through scale up. *J Hum Lact.* 26(3):314-26.
- Chung M, Raman G, Trikalinos T, Lau J, Ip S. 2008. Interventions in primary care to promote breastfeeding: an evidence review for the US Preventive Services Task Force. *Ann Intern Med.* 149(8):565-82.
- Demirci JR et al. 2013. Characteristics of breastfeeding discussions at the initial prenatal visit. *Obstet Gynecol.* 122(6): 1263-70.
- Dennis CL, Kingston D. 2008. A systematic review of telephone support for women during pregnancy and the early postpartum period. *J Obstet Gynecol Neonatal Nurs.* 37(3):301-14.
- Dogan J, Hargons C, Stevens-Watkins D. "Don't Feel Like You Have to Do This All on Your Own": Exploring Perceived Partner Support of Breastfeeding Among Black Women in Kentucky. *Journal of Human Lactation.* 2022;0(0). doi:10.1177/08903344221138101
- Dudas RA, Bannister SL. 2014. It's not just what you know: the non-cognitive attributes of great clinical teachers. *Pediatrics.* 134(5):852-4.
- Elliott-Rudder M, Pilotto L, McIntyre E, Ramanathan S. 2014. Motivational interviewing exclusive breastfeeding in an Australian randomised controlled trial. *Acta Paediatr.* 103(1):e11-16.
- Entwistle F, Kendall S, Mead M. 2010. Breastfeeding support; the importance of self efficacy for low income women. *Matern Child Nutr.* 6(3):228-42.
- Farrow, A. 2014. Lactation Support and the LGBTQI Community. *Journal of Human Lactation.* 31(1), 26–28.
- Ferberbaum R. 2014. Interventions for promoting the initiation of breastfeeding. *Sao Paulo Med.* 132(1): 68
- Felman-Winter L et al. 2017. Best Fed Beginnings: a nationwide quality improvement initiative to increase breastfeeding. *Pediatrics.* 140(1):
- Fu ICY, Fong DYT, Heys M, Lee ILY, Sham A, Tarrant M. 2014. Professional breastfeeding support for first time mothers: a multicentre cluster randomised controlled trial. *BJOG.* 121:1673-84.
- Garner CD, Ratcliff SL, Thornburg LL, Wethington E, Howard CR, Rasmussen KM. 2015. Discontinuity of breastfeeding care: "there is no captain of the ship". *Breastfeed Med.* Nov 13. Epub ahead of print.
- Giglia R, Cox K, Zhao Y, Binns CW. 2015. Exclusive breastfeeding increased by an internet intervention. *Breastfeed Med.* 10(1): 1-6.
- Glaser DB, Roberts KJ, Grosskopf NA, Basch CH. 2015. An evaluation of the effectiveness of school based breastfeeding education. *J Hum Lact.* Jul 14 epub ahead of print.
- Glassman ME, McKearney K, Saslaw M, Sirota DR. 2014. Impact of breastfeeding self efficacy and sociocultural factors on early breastfeeding in an urban, predominantly dominican community. *Breastfeed Med.* 9(6): 301-7.
- Gleason, S., et. al. (2020). Breastfeeding Duration Is Associated With WIC Site-Level Breastfeeding Support Practices. *Journal of Nutrition Education and Behavior.* Vol.52(7). 680-7.
- Gregory EF, Butz AM, Ghazarian SR, Gross SM, Johnson SB. 2015. Met expectations and satisfaction with duration: a patient centered evaluation of breastfeeding outcomes in the infant feeding practices study II. *J Hum Lact.* 31(3):441-451.

- Griener T. 2014. Exclusive breastfeeding; measurement and indicators. *Int Breastfeed J.* 9:18.
- Grimes HA, Forster DA, Newton MS. 2014. Sources of information used by women during pregnancy to meet their information needs. *30(1): 26-33.*
- Guise JM et al. 2003. The effectiveness of primary care based interventions to promote breastfeeding systematic evidence review and meta analysis for the US Preventive Services Task Force. *Ann Fam Med.*1(2);70-8.
- Gurka KK, Hornsby PP, et al. 2014. Exploring intended infant feeding decisions among low income women. *Breastfeed Med.* 9(8): 377-84.
- Hajeebhoy N et al. 2013. Change strategies to protect, promote and support infant and young child feeding. *Food Nutr Bull.* 34(3): s181-94.
- Hall H, McLelland G, Gilmour C, Cant R. 2014. It's those first few weeks: women's views about breastfeeding support in an Australian outer metropolitan region. *Women Birth.* 27(4): 259-65.
- Haroon S, Das JK, Salam RA, Imdad A, Bhutta ZA. 2013. Breastfeeding promotion interventions and breastfeeding practices; a systematic review. *BMC Public Health.* 13(suppl3) 520.
- Henderson L, McMillian B, Green JM, Renfrew MJ. 2011. Men and infant feeding: perceptions of embarrassment, sexuality, and social conduct in white low income British men. *Birth.* 38(1):61-70.
- Hildebrand DA, et al. 2014. Innovative use of influential prenatal counseling may improve breastfeeding initiation rates among WIC participants. *J Nutr Educ Behavior.* 46(6): 458-66.
- Holbrook KE, White MC, Heyman MB, Wojcicki JM. 2013. Maternal sociodemographic characteristics and the use of the Iowa infant attitude feeding scale to describe breastfeeding initiation and duration in a population of urban, Latina mothers; a prospective cohort study. *Int Breastfeed J.* 8(1):7-10.
- Ingram L, Mac Arthur C, Khan K, Deeks, JJ, Jolly K. 2010. Effect of antenatal peer support on breastfeeding initiation; a systematic review. *Can Med Assoc J.* 182(16): 1739-46.
- Jefferies LM, Pitt C, Cousens S, Mills A, Schellenberg J. 2014. Cost effectiveness of strategies to improve the utilization and provision of maternal and newborn health care in low income and lower middle income countries: a systematic review. *BMC Pregnancy and Childbirth.* 14:243.
- Jefferson UT. 2013. Infant feeding attitudes and breastfeeding intentions of black college students. *West J Nurs Res.* Dec 10 epub ahead of print.
- Kimani-Muage EW et al. 2013. Effectiveness of personalised, home based nutritional counseling on infant feeding practices, morbidity and nutritional outcomes among infants in Nairobi slums, study protocol for a cluster randomised controlled trial. *Trials J.* 14:445-56.
- Kavle JA, Lacroix E, Dau H, Engmann C. 2017. Addressing barriers to exclusive breastfeeding in low and middle income countries: a systematic review and programmatic implications. *Public Health Nutr.* 20(17):3120-34.
- Knowles MS, Holton EF, Swanson RA. 2014. The Adult Learner: the definitive classic in adult education and human resource development. Seventh edition. London UK: Elsevier
- Kronides M, Kitsantas P. 2013. Evaluation of breastfeeding promotion, support and knowledge of benefits on breastfeeding outcomes. *J Child Health Care.* 17(3): 264-73.
- Kronborg H, Mainburg RD, Vaeth M. 2012. Antenatal training to improve breastfeeding: a randomised trial. *Midwifery.* 28(6):784-90.
- Lagan BM, Symon A, Dalzell J, Whitford H. 2013. The midwives aren't allowed to tell you: perceived infant feeding policy restrictions in a formula feeding culture- The Feed Your Baby Study. *Midwifery.* Oct 28. Epub ahead of print.
- Lassi ZS, Middleton PF, Crowther C, Bhutta ZA. 2015. Interventions to improve neonatal health and later survival: an overview of

systematic reviews. *E Bio Med*.2:983-98.

Leruth C, Goodman J, Bragg B, Gray D. 2017. a multilevel approach to breastfeeding promotion: using healthy start to deliver individual support and drive to collective impact. *Matern Child Health*. DOI: 10.1007/s10995-017-2371-3.

McInnes RJ, Hoddinott P, Britten J, Darwent K, Craig LC. 2013. Significant others, situations and infant feeding behaviour change processes; a serial qualitative interview study. *BMC Pregnancy and Childbirth*. 13:114-27.

Merai F, Araban M, Saki MA. 2017. The effect of message framing on breastfeeding self efficacy among nulliparous women in Shushtar, Iran. *Electronic Phys*. 9(1): 3554-60.

Moran VH et al. 2015. Incentives to promote breastfeeding: a systematic review. *Pediatrics*. 135(3):e687-702

Nelson JM, Li R, Perrine CG, Scanlon KS. 2016. Public opinions about infant feeding in the United States. *Birth*. 43(4):313-19.

Nommsen-Rivers LA, Chantry CJ, Cohen RJ, Dewey KG. 2010. Comfort with the idea of formula feeding helps explain ethnic disparity in breastfeeding intentions among expectant first time mothers. *Breastfeed Med*. 5(1):25-33.

Novick G et al. 2013. Group prenatal care; model fidelity and outcomes. *Am J Obstet Gynecol*. 209(2): 1-6.

Odom EC, Li R, Scanlon KS, Perrine CG, Grummer-Strawn L. 2014 Association of family and health care provider opinion on infant feeding with mother's breastfeeding decision. *J Acad Nutr Diet*. 14(8): 1203-7.

Obeng CS, Emetu RE, Curtis TJ. 2015. African American women's perceptions and experiences about breastfeeding. *Frontiers Pub Health*. 3(273):

Pang WW, et al. 2017. Direct vs. expressed breast milk feeding: relation to duration of breastfeeding. *Nutrients*. 9; 547

Parry K, Taylor E, Hall-Dardess P, Walker M, Labbok M. 2013. Understanding women's interpretations of infant formula advertising. *Birth*. 40(2): 115-24.

Patnode CD, Henninger ML, Senger CA, Perdue LA, Whitlock EP. 2016. Primary care interventions to support breastfeeding: updated evidence report and systematic review for the US Preventive Services Task Force. *JAMA*. 316(16):1694-1705.

Perez-Escamilla R, Chapman DJ. 2012. Breastfeeding protection, promotion and support in the United States: A time to nudge, a time to measure. 28(2):116-7.

Perry M, Becerra F, Kavanagh J, Serre A, Vargas A, Becerril V. 2014. Community based interventions for improving maternal health and for reducing maternal health inequalities in high income countries: a systematic map of research. 10:63.

Pitts A, Faucher MA, Spencer R. 2015. Incorporating breastfeeding education into prenatal care. *Breastfeed Med*. 10(2): 118-23.

Radesky JS, Silverstein, Zuckerman B, Christakis DA, 2014. Infant self regulation and early childhood media exposure. *Pediatrics*. 133(5): 1172-8.

Rasmussen KM, Felice JP, O'Sullivan EJ, Garner CD, Geraghty SR. 2017. The meaning of breastfeeding is changing and so must our language about it. *Breastfeed Med*. 12(9):510-14.

Reeder JA, Et al. 2014. Telephone peer counseling of breastfeeding among WIC participant: A randomized controlled trial. *Pediatrics*. 134(3): 700-8.

Relton C et al. 2017. Effect of financial incentives on breastfeeding a cluster randomized clinical trial. *JAMA Pediatr*. DOI:10.1001/jamapediatrics.2017.4523.

Rosen-Carole C, Waltermaurer E, Goudreault M, Larimer A, Pokharel-Wood M. 2015. Assessing the efficacy of a breastfeeding friendly quality improvement project in a large Federally Qualified Health Center Network. *J Hum Lact*. Oct 23 epub ahead of print.

Rosen-Carole C, Hartman S, and the Academy of Breastfeeding Medicine. 2015. ABM Clinical Protocol #19: Breastfeeding promotion in  
© 2023/Lactation Education Consultants

the prenatal setting, revision 2015. 10(10): 451-57.

Rosen IM, Krueger MV, Carney LM, Graham JA. 2008. Prenatal breastfeeding education and breastfeeding outcomes. *Am J Matern Child Nurs.* 33(5):315-9.

Sanghvi T, Jimerson A, Hajeer N, Zewale M, Nguyen GH. 2013. And young feeding practices in different country settings. *Food Nutr Bull.* 34(3): s169-80.

Seward N et al. 2017. Effects of women's groups practising participatory learning and action on preventative and care seeking behaviors to reduce neonatal mortality: a meta analysis of cluster randomised trials. *PLOS Med.* 14(12): e1002467.

Sherriff N, Hall V, Panton C. 2013. Engaging and supporting fathers to promote breastfeeding: a concept analysis. *Midwifery.* Doi/jmidw.2013.07.014.

Sinha B, Chowdhury R, Upadhyay RP, Taneja S, Martinez J, Bahl R, Sankar MJ. 2017. Integrated interventions delivered in health systems, home, and community have the highest impact on breastfeeding outcomes in low and middle income countries. *J Nutrition.* 147(Suppl):2179S-87S.

Skouteris H, et al. 2014. Interventions designed to promote exclusive breastfeeding in high income countries: a systematic review. *Breastfeed Med.* 9(3):113-27.

Skugarevsky O et al. 2014. Effects of promoting longer term and exclusive breastfeeding on childhood eating attitudes; a cluster randomized trial. *Int J Epidemiol.* 43(4): 1263-71.

Snyder, K and Worlton, G. Breastfeeding Medicine. Jan 2021. 39-45. <http://doi.org/10.1089/bfm.2020.0200>

Soni S, Gupta A, Jacobs AJ. 2011. Exclusive breastfeeding rates in a multiethnic population at a community hospital. *J Reprod Med.* 56(5-6): 195-8.

Spencer R L, Greatrex-White S, Fraser D. 2014. I thought it would keep them al quiet. Women's experiences of breastfeeding as illusions of compliance: an interpretive phenomenological study. *J Advanced Nurs.* 71(5):1076-86.

Su M, Ouyang YO. 2016. Father's role in breastfeeding promotion: lessons from a quasi-experimental trial in China. *Breastfeed Med.* 11(3):144-49

Sudfeld CR, Fawzi WW, Lahariya C. 2012. Peer Support and exclusive breastfeeding duration in low and middle income countries: a systematic review and meta analysis. *PLOS ONE.* 7(9):1-9

Swigart TM, Bonvecchio A, Theodore FL, Zamudio-Haas S, Villanueva-Borbolla MA, Thrasher JF. 2017. Breastfeeding practices, beliefs, and social norms in low resource communities in Mexico: insights for how to improve future promotion strategies. *PLOS One.* 12(7): e0180185.

Takahashi K et al. 2017. Prevalence of early initiation of breastfeeding and determinants of delayed initiation of breastfeeding: secondary analysis of the WHO Global Survey. *Scientific Reports.* 7:44868.

Thomas c, O'Riordan MA, Furman L. 2017. Effect of the knowledge and attitudes of a support person on maternal feeding choice. *J Hum Lact.* 33(1):195-204.

Thomson G, Dykea F. 2010. Women's sense of coherence related to their infant feeding experiences. *Matern Child Nutr.* May 27 epub ahead of print.

Thurston A, Bolin JH, Chezam JC. 2013. Infant formula samples; perinatal sources and breastfeeding outcomes at 1 month postpartum. *J Perinat Neonatol Nurs.* 27(4):353-8.

Trojanowska A, Brodowicz-Krol M, Trojanowska P. 2017. Knowledge of young women concerning the impact of natural feeding and state of health of a baby. *Ann Agric Environ Med.* 24(3): 484-88.

Tully KP, Ball HL. 2013. Maternal accounts of their breastfeeding intent and early challenges after caesarian childbirth. *Midwifery.* 10.1016/j.midw.2013.10.014.

© 2023/Lactation Education Consultants

Wallenborn, J, Wheeler, D, Lu, J, Perera, RA, Masho, SW. 2019. Importance of Familial Opinions on Breastfeeding Practices: Differences Between Father, Mother, and Mother-in-Law. *Breastfeeding Medicine*. 14(8)

Ware JL, Webb L, Levy. 2014. Barriers to breastfeeding in the African American population of Shelby county, Tennessee. *Breastfeed Med*. 9(8):385-92.

Washio Y et al. 2017. Incentive based intervention to maintain breastfeeding among low income Puerto Rican mothers. *Pediatrics*. 139(3):

Wen LM, et al. 2017. A 3-arm randomised controlled trial of Communicating Healthy Beginnings Advice by Telephone (CHAT) to mothers with infants to prevent childhood obesity. *BMC Public Health*. 17:79.

Yang S, Platt RW, Dahhou M, Kramer MS. 2014. Do population based interventions widen or narrow socioeconomic inequalities? The case of breastfeeding promotion. *Int J Epidemiol*. 43(4): 1284-92.

Zhang Y, Carlton E, Fein SB. 2013. The association of prenatal media marketing exposure recall with breastfeeding intentions, initiation and duration. *J Hum Lact*. 29(4): 500-9.

Zhu X, Liu L, Wang Y. 2016. Utilizing a newly designed scale for evaluating family support and its association with exclusive breastfeeding. *Breastfeed Med*. 11:526-31.

Zubaran C, Foresti K. 2011 The correlation between breastfeeding and maternal quality of life in southern Brazil. *Breastfeed Med*. 6(1): 25-30.

## 11 Steps to Successful Breastfeeding

- AAP – 2012 – Section on Breastfeeding Policy Statement. Breastfeeding and the use of human milk. *Pediatrics* 132(3): 496-506
- ABM Clinical protocol# 15: Analgesia and anesthesia for the breastfeeding mother, revised, 2012. *Breastfeeding Med* 7(6): pp 547-553
- ACOG, Committee Opinion, 2018. Optimizing Postpartum Care. *OB/GYN*. 131(5):e140-e150
- ACOG, Committee on Obstetric Practice. 2012. Timing of umbilical cord clamping after birth. Number 543, December
- ACOG, 2013. Conference – New Orleans, Poster #74. Oxytocin usage for labor induction or augmentation and adverse neonatal outcomes.
- Afshar, Y et al. 2018. Birth plans–impact on mode of delivery, obstetrical interventions and birth experience satisfaction: a prospective cohort study. *Birth* 2018; 45:43-49
- American College of Nurse-Midwives. 2008. Providing oral nutrition to women in labor. *J Midwifery Womens Health*. 53:276-83
- American Society of Anesthesiologist 2015 Annual meeting *Anesthesiology*. Most healthy women would benefit from light meal during labor.
- Andersson O et al. 2015. Effect of delayed cord clamping on neurodevelopment at 4 years of age: a randomized clinical trial. *JAMA Pediatr* doi:10.1001/jamapediatrics.2015.0358
- Anstey, E et al. 2018. Lactation consultants' perceived barriers to providing professional breastfeeding support. *JHL* 34(1):51-67.
- AWHONN Position Statement. 2019. Elective induction of labor. *JOGNN* 48(2):227-229
- Bader, AM et al. 1995. Maternal and neonatal fentanyl and bupivacaine concentrations after epidural infusion during labor. *Anesthesia and Analgesia*, 81(829-832).
- Barros FC, Victora CG, Semer TC et al. Use of pacifiers is associated with decrease of breastfeeding duration. *Pediatrics* 1995; 95:497-499.
- Bates, B. 2007. Light eating during labor won't raise complication risk: Risk low, satisfaction high in U.K. study. *ObGyn News* 42(9):1, 5
- Baumgardner, D, et al. 2003. Effect of labor epidural anesthesia on breast-feeding of healthy full-term newborns delivered vaginally. *J AM Board Fam Pract* 16(1):7-13
- Beilin, Y et al. 2005. Effect of labor epidural analgesia with and without fentanyl on infant breast-feeding: A prospective, randomized, double-blind study. *Anesthesiology*, 103(1211-1217).
- Bell, A et al 2014. Beyond labor: the role of natural and synthetic oxytocin in the transition to motherhood. *JMWH*. 59(1) pp 35-42
- Bergman, N. J. 2005. Skin to skin contact and perinatal neuroscience. Paper presented at the meeting of the International Lactation Consultant Association Conference, July, 2005 -- Chicago, IL
- Bergmann, R. et al. 2014. Breastfeeding is natural but not always easy: intervention for common medical problems of breastfeeding mothers – a review of the scientific evidence. *J. Perinatal Med*. 42(1):9-18
- Brady, K. et al. 2014. An interprofessional quality improvement project to implement maternal/infant skin-to-skin contact during cesarean delivery. *JOGNN* 43(4) pp 488-496
- Brimdyr, K et al. 2015. The association between common labor drugs and suckling when skin-to-skin during the first hour after birth. *Birth* 42(4): 319-328
- Brimdyr, K et al. 2019. The effect of labor medications on normal newborn behavior in the first hour after birth: a prospective cohort study. *Early Human Development*. 132 (2019) 30-36.

- Broga, J & Rapkin, G. 2017. Implementing evidence-based neonatal skin care with parent-performed, delayed immersion baths. *Nursing for Women's Health*. 21(6): 442-448.
- Brown, A & Jordan, S. 2014. Active management of the third stage of labor may reduce breastfeeding duration due to pain and physical complications. *Breastfeeding Medicine*. 9(10): 494-502
- Bryant, A. 2014. When waiting to clamp the cord, you've got to know where to hold 'em. *Lancet* 4/17/2014
- Chantry, C et al. 2011. Excess weight loss in first-born breastfed newborns relates to maternal intrapartum fluid balance. *Pediatrics* e171. 127(1).
- Cloherly M et al. 2004. Supplementing breast-fed babies in the UK to protect their mothers from tiredness or distress. *Midwifery* Jun;20(2):194-204.
- Collins, M. 2018. Use of nitrous oxide in maternity care: AWHONN Practice brief number 6. *JOGNN*. 47(2):239-242.
- Cox, S. 2010. *Altering Hospital Maternity Culture: current evidence for the ten steps to successful breastfeeding*. Clinics in Human Lactation. Hale Publishing, Amarillo TX
- Crowell, K. et al, Relationship between obstetric analgesia and time of effective breastfeed," *Journal Nurse Midwifery*, 39:150-56, 1994.
- Demirci, JR et al. 2013. Characteristics of breastfeeding discussions at the initial prenatal visit. *Obstet Gynecol*. 122(6):1263-70.
- Diaz-Castro J et al. 2014. The timing of cord clamping and oxidative stress in term newborns. *Pediatrics* 134(2): pp 257-264.
- DiGirolamo, A. et al. 2008. Effect of maternity-care practices on breastfeeding. *Pediatrics* Vol 122, Supplement 2. October. 543-548
- Dozier, A. Et al. 2013. Labor epidural anesthesia, obstetric factors and breastfeeding cessation. *Matern Child Health J*. 17:689-698.
- Dunn, A et al. 2017. The maternal infant microbiome: considerations for labor and birth. *MCN* 42(6):318-324
- Evans, A. et al. 2014. ABM Clinical Protocol #2: guidelines for hospital discharge of the breastfeeding term newborn and mother: "The Going Home Protocol" Revised. *BREASTFEEDING Med* (9)1. pp 3-8
- Ersdal, H. et al. 2014. Neonatal outcome following cord clamping after onset of spontaneous respiration. *Pediatrics*. 134(2): 265-274
- Feldman-Winter, L et al. 2016. Safe sleep and skin-to-skin care in the neonatal period for healthy term newborns. AAP Committee on fetus and newborn, task force on sudden infant death syndrome. *Pediatrics* 138 (3) 91-100
- Fernández, I et al. 2012. Newborn feeding behaviour depressed by intrapartum oxytocin: a pilot study. *Acta Paediatrica* 101, pp 749-754
- Ferrarello, D et al. 2014. Barriers to skin-to skin care during the postpartum stay. *MCN*. 19(1): pp 56-61
- French, C et al. 2016. Labor epidural analgesia and breastfeeding: a systematic review. *JHL* 32(3) 507-520
- Gabriel, M et al. 2015. Intrapartum synthetic oxytocin reduce the expression of primitive reflexes associated with breastfeeding. *Breastfeeding Medicine* 10(4): 209-213
- Gams, R et al. 2017. How to engage your team to implement delayed cord clamping. *Nursing for Women's Health*. 21(6): 489-498.
- Hale, T & Rowe, H. 2017. *Medications and Mother's Milk* Springer Publishing Co., NY, NY
- Holmes, A. et al. 2013. ABM Clinical Protocol #5: Peripartum breastfeeding management for the healthy mother and infant at term. Revised 2013. *BREASTFEEDING Med*. 8(6) pp 460-473
- Houser, T, DeButy, K & Beal, C. 2019. Implementation of an evidence-based practice change to offer nitrous oxide during labor. *Nursing for Women's Health*. 23(1): 11-20
- Jonas, W et al. 2009. Effects of intrapartum oxytocin administration and epidural analgesia on the concentration of plasma oxytocin and prolactin, in response to suckling during the second day postpartum. *Breastfeeding Medicine* 4(2):71-82
- Jordan, S et al. 2005. Fentanyl during labor may impede establishment of breastfeeding. *BJOG* 112:927-934 (10 Steps)



- Katheria, A et al. 2015. Umbilical cord milking versus delayed cord clamping in preterm infants. *Pediatr* 136(1):62-67
- Keefe, The impact of infant rooming-in on maternal sleep at night, *JOGNN*, Mar/Apr, 122-126, 1988.
- Leslie, M. 2015. Perspectives on implementing delayed cord clamping. *Nursing for Women's Health* 19(2): 165-175
- Lowry, F. 2013. Risky procedures common in US maternity care: Survey. *Medscape*, May 13, 2013.
- Matthews MK: The relationship between maternal labor analgesia and delay in the initiation of breastfeeding in healthy neonates in the early neonatal period, *Midwifery*, 5:3-10, 1989.
- McDonald, SJ et al. 2013. Effect of timing of umbilical cord clamping of term infants on maternal and neonatal outcomes (Review). The Cochrane Collaboration. Wiley & Sons, Ltd. [www.thecochranelibrary.com](http://www.thecochranelibrary.com)
- Mendelson, CL. 1946. The aspiration of stomach contents into the lungs during obstetric anesthesia. *Am J Obstetric Gynecol.* 52:191-206
- Montgomery, A, Hale T., and the ABM. 2013. ABM Clinical Protocol #15: Analgesia and anesthesia for the breastfeeding mother, Revised 2012. *Breastfeeding Medicine* 7(6): 547-553
- Moore, E & Anderson GC. 2007. Randomized controlled trial of very early mother-infant skin-to-skin contact and breastfeeding status. *Jour Midwif & Women's Health.* 52(2):116-125
- Morrison, B et al. 2006. Interruptions to breastfeeding dyads on postpartum day 1 in a university hospital. *JOGNN* 35(6):709-716. November/December.
- Morrison, Barbara, Ludington-Hoe, Susan. 2012. Interruptions to Breastfeeding Dyads in a DRP Unit. *Am J MCN* 37(1):36-41
- Pinyan, T et al. 2017. A nurse-directed model for nitrous oxide use during labor. *MCN* 42(3): 160-165. May/June
- Pitocin: Oxytocin Injection. 2007. Package insert from JHP Pharmaceuticals. LLC, Rochester MI
- Radzynski, S. 2003. The effect of ultra low dose epidural analgesia on newborn breastfeeding behaviors. *JOGNN*:32(3) May/June, 322-331.
- Radzynski, S. 2005. Neurobehavioral functioning and breastfeeding behavior in the newborn. *JOGNN.* 34(3): May/June
- Rajan L, The impact of obstetric procedures and analgesia/anaesthesia during labour and delivery on breastfeeding, *Midwifery* 10:87-103, 1994.
- Ransojo-Arvidson AB et al. 2001. Maternal analgesia during labor disturbs newborn behavior: effects on breastfeeding, temperature and crying. *Birth* 28(1):5-12
- Regan, J et al. 2012. The influence of mode of delivery on breastfeeding initiation in women with a prior cesarean delivery: A population-based study. *Breastfeeding Med.* Vol 0(0):1-7
- Righard L and M Alade: Effect of delivery room routines on success of first breastfeed, *Lancet*, Vol 336, Nov., 3, 1990 p. 1105.
- Riordan, J et al. 2000. The effect of labor pain relief medication on neonatal suckling and breastfeeding duration. *J Hum Lact* 16(1): 7-12
- Rosenblatt DB et al. 1981. The influence of maternal analgesia on neonatal behaviour: II. Epidural bupivacaine. *Breast J Obstet Gynaecol.* 88(4):407-413
- Sacara, C et al. 2016. Hormonal physiology of childbearing, an essential framework for maternal-newborn nursing. *JOGNN* 45(2):264-275
- Sepkoski, Lester, et al, "The effects of maternal epidural anesthesia on neonatal behavior during the first month". *Developmental Medicine and Child Neurology* (Vol 32, p 1072-1080), May, 1992.
- Sepkoski C et al, Neonatal effects of maternal epidurals, *Dev Med Chil Neurol* 36:375-376, 1994.

- Shmueli, A et al. 2018. The impact of epidural analgesia on the duration of the second stage of labor. *Birth*. 45:377-384
- Starl, MA et al. 2016. Importance of the birth environment to support physiologic birth. *JOGNN* 45(2): 285-294
- Torvaldsen, S. 2006. Intrapartum epidural analgesia and breastfeeding: a prospective cohort study. *International Breastfeeding J.* 1(24). December.
- Turney, J et al. 2019. Delayed newborn first bath and exclusive breastfeeding rates. *Nursing for Women's Health* 23(1): 31-37
- Uvnäs-Moberg, K. 2015, The Role of Oxytocin in Birth & Breastfeeding. ILCA Annual Conference, Washington DC
- Victora CG et al, Pacifier use and short breastfeeding duration: Cause, consequence, or coincidence? *Pediatrics*, 99:3, 445-453, 1997.
- Wiklund I et al. 2009. Epidural analgesia: breast-feeding success and related factors. *Midwifery* : Apr: 25(2): e31-8.
- White-Corey, S. 2013. Birth plans: Tickets to the operating room? *MCN in Advance*. pp 1-6. Downloaded from internet November, 2013.
- WHO/UNICEF. Protecting, Promoting, and Supporting Breastfeeding, A Joint WHO/UNICEF Statement, Geneva, 1989
- WHO/UNICEF. 2009. Baby-Friendly Hospital Initiative: Revised, updated and expanded for integrated care. Geneva, Switzerland. Available at: [http://www.who.int/entity/nutrition/publications/infantfeeding/9789241594967\\_sl.pdf](http://www.who.int/entity/nutrition/publications/infantfeeding/9789241594967_sl.pdf). Accessed January 21, 2010
- WHO. 2014. Delayed clamping of the umbilical cord to reduce infant anaemia. (Doc. No. WHO/RHR/14.19 ed.) Geneva Switzerland
- Widstrom, AM et al. 2010. Newborn behavior to locate the breast when skin-to-skin: A possible method for enabling early self-regulation. *Acta Paediatr* Aug 15.
- Widstrom, A-M, Thingstrom-Paulsson, J. "The position of the tongue during rooting reflexes elicited in newborn infants before the first suckle." *Acta Paediatr* 82:281-3, 1993
- Widstrom AM et al "Short term effects of early suckling and touch of the nipple on maternal behavior," *Early Human Devel*, 21:153-63, 1990
- Wieczorek, PM et al. 2010. Breastfeeding success rate after vaginal delivery can be high despite the use of epidural fentanyl: an observational cohort study. *Int J Obstet Anesth* Jul; 19(3):273-7
- Wilson, MJ et al. 2010. Epidural analgesia and breastfeeding: a randomised controlled trial of epidural techniques with and without fentanyl and a non-epidural comparison group. *Anaesthesia*. Feb; 65(2):145-153
- Zanardo, V et al. 2013. Early lactation failure and formula adoption after elective caesarean delivery: cohort study. *Arch Dis Child Fetal Neonatal* Ed98:F37-F41.

## Primetime: the First Hour

- Abbass-Dick J, et al. 2020 Development, psychometric assessment, and predictive validity of the comprehensive breastfeeding knowledge scale. *Midwifery*. 83: 02642
- AbugavH, Ochoa-Marin SC, Semeniic S, Arroyave IC. 2021. Barriers and facilitators to breastfeeding support practices in a neonatal intensive care unit in Colombia. *Invest Educ Enferm*. 39(1):e11.
- Adeli M, Aradmehr M. 2018. A comparative study of maternal neonate abdominal and kangaroo (skin to skin) skin contact immediately after birth on maternal attachment behaviors up to 2 months. *J Educ Health Promot*. 7:42
- Agudela SI et al. 2021. Randomized clinical trial of the effect of the onset time of skin to skin contact at birth, immediate compared to early, on the duration of breastfeeding in full term newborns. *Int Breastfeed J*. 16:33.
- Almutairi W. 2021 Literature review: physiological management for preventing postpartum hemorrhage. *Healthcare*. 9(6):658
- Angelhoff C, Bloqvist YT, Helmer CS, Olsson E, Shorey S, Frostell A, Morelius E. 2018. Effect of skin to skin contact on parents sleep quality, mood, parent=infant interaction and cortisol concentrations in neonatal care units: study protocol of a randomised controlled trial. *BMJ Open*. 8:e021606.
- Awingurs-Apanga Paschal, Kumbeni MT. 2020. Prevalence and predictors of timely initiation of breastfeeding in Ghana: an analysis of 2017-2018 multiple indicator cluster survey. *Int Breastfeed J*. 15:91.
- Baloguin OO, O'Sullivan EJ, McFadden A, Ota E, Gavine A, Garner CD, Renfrew MJ, MacGillivray S. 2016. Interventions for promoting the initiation of breastfeeding. *Cochrane Database Syst Rev*. 11(11):CD001688
- Bartick M, Boisvert ME, Phillipp BL, Feldman-Winter L. 2019. Trends in breastfeeding interventions, skin to skin care, and sudden infant death in the first 6 days after birth. *J Pediatr*. S0022-3476(19)31305-8.
- Bedford R, Piccinini-Vallis, Woolcott Ch. 2022. The relationship between skin to skin contact and rates of exclusive breastfeeding at four months among a group of mothers in Nova Scotia: a retrospective cohort study. *Can J Public Health*. 113(4): 589-597.
- Bergman J, Bergman N. 2013. Whose choice? Advocating birthing practices according to baby's biological needs. *J Perinatal Educ*. 22(1): 8-13.
- Bergman NJ. 2013. Neonatal stomach volume and physiology suggest feeding at 1 hour intervals. *Foundation Acta Paedia*. 102:775-777.
- Bigelow, A et al. 2012. Effect of mother/infant skin-to-skin contact on postpartum depressive symptoms and maternal physiological stress. *JOGNN* 41
- Boundy EO, Perrine CG, Barrera CM, Li R, Hamner HC. 2018. Trends in maternity care practice skin to skin contact indicators: United States, 2007-2015. *Breastfeed Med*. 13(5):381-387.
- Brimdyr K et al. 2015. The association between common labor drugs and suckling when skin to skin during the first hour after birth. *Birth*. 42(4)319-28..
- Casper C, Sarapuk I, Pavlyshyn H. 2018. Regular and prolonged skin to skin contact improves short term outcomes for very preterm infants: a dose dependent intervention. *Arch Pediatr*. 25(8): 469-475.
- Cato K, Sylven SM, Henriksson HM, Rubertsson. 2020. Breastfeeding as a balancing act- pregnant Swedish women's voices on breastfeeding. *Int Breastfeed J*. 15:16
- Cetisli NE, Arkan G, Top ED. 2018. Maternal attachment and breastfeeding behaviors according to type of delivery in the immediate postpartum period. *Rev Assoc Med Bras*. 64(2):164-69.

- Cinquetti M, Colombari Am, Battisti E, MarchetteP, Piacentini G. 2019. The influence of type of delivery, skin to skin contact and maternal nationality on breastfeeding rates at hospital discharge in a baby friendly hospital in Italy. *Pediatr Med Chir.* 41(1)
- Cochrane Data base review. 2016. Early skin to skin contact for mothers and their healthy newborn infants. John Wiley and Sons, Ltd.
- Colson SD, Meek JH, Hawdon JM. 2008. Optimal positions for the release of primitive neonatal reflexes stimulating breastfeeding. *Early Hum Devel.*84: 441-449
- Colson S. 2010. An Introduction to Biological Nurturing: New Angles on Breastfeeding. Amarillo, TX: Hale Publishing.
- Colson SD. 2014. Does the mother's posture have a protective role to play during skin to skin contact. *Clin Lactation.* 5(2): 41-49.
- Cong S. Et al. 2021. Skin to skin contact to improve a premature mothers' anxiety and stress state: a meta-analysis. *Matern Child Nutr.* 17e13245.
- Cooijmans KM, Beijers R, Rovers AC, deWeerthC. 2017. Effectiveness of skin to skin contact versus care as usual in mothers and their full term infants: study protocol for a parallel group randomized controlled trial. *BMC Pediatr.* 17(1):154.
- Crenshaw JT, Adams ED, Gilder RE, DeButy K, Scheffer KL. 2019. Effects of skin to skin care during cesareans: a quasiexperimental feasibility /pilot study. *Breastfeed Med.* 14(10):1-13.
- Dani C, Cecchi A, Commare A, Rapisardi G, Breschi R, Pratesi S. 2015. Behavior of the newborn during skin to skin. *J Hum Lact.* 31(3): 452-7.
- Demirci JR, Glasser M, Fichner J, Caplan E, Himes KP. 2019. "It gave me so much confidence": first time US mothers' experiences with antenatal milk express. *Mater Child Nutr.* doi:10.1111/mcn.12824.
- Fernandez IO, Gabriel MM, Matinez AM, Sanchez LS, Costarelli V. 2012. Newborn feeding behaviour depressed by intrapartum oxytocin: a pilot study. *Acta Paediatrica.* 101:749-54.
- Franco-Antonio C, Calderon-Garcia JF, Santano-Mogena E, Rico-Martin S, Cordovilla-Guardia S. 2020 Effectiveness of a brief motivational intervention to increase the breastfeeding duration in the first 6 months postpartum: Randomized controlled trial. *J Adv Nurs.* 76(3):888-902.
- Gabriel MAM, et al. 2015. Intrapartum synthetic oxytocin reduce the expression of primitive reflexes associated with breastfeeding. *Breastfeed Med.* 10(4): 209-13.
- Ghojzadeh M, Hajebrahimi S, Pournaghi-Azar F, Mohseni M, Derakhshani N, Azami-Aghdash S. 2019. Effect of Kangaroo Mother Care on successful breastfeeding: a systematic review and meta-analysis of randomised controlled trials. *Rev Recent Clin Trials.* 14(1): 31-40
- Girish M, Mujawar N, Gotmare P, Paul N, Punia S, Pandey P. 2013. Impact and feasibility of breast crawl in a tertiary care hospital. *J Perinatol.*33:288-91.
- Hadisyatmana S, Marah-Has EM, Sebayang SK, Efendi F, Astutik E, Kuswanto H, Triandana-Arizona KL. 2021. Women's empowerment and determinants of early initiation of breastfeeding: a scoping review. *J Pediatr Nurs.* 56:e77-92.
- Heidarzadeh M, Hakmi S, Habibelahi A, Mohammadi M, Shahrak SP. 2016. Comparison of breast crawl between infants delivered by vaginal delivery and cesarean section. *J Pediatr Nurs.* 31(6):305-8.
- Huang JZ et al. 2022. Evaluation of the effects of skin to skin contact on newborn sucking and breastfeeding abilities: a quasi-experimental study design. *Nutrients.* 14:1846
- Ionio C, Ciuffo G, Landoni M. 2021. Parent infant skin to skin contact and stress regulation: a systematic review of the literature. *Int J Environ Res.* 18:4695.
- Jerin I, Akter M, Talukder K, Talukder MQ, Rahman MA. 2020. Mobile phone support to sustain exclusive breastfeeding in the community after hospital delivery and counseling: a quasi-experimental study. *J Int Breastfeed J.* 15:14.

- Karimi PZ, Miri HH, Khadiwvzadeh T, Maleki-Saghooni N. 2019. The effect of mother-infant skin to skin contact immediately after birth on exclusive breastfeeding: a systematic review and meta-analysis. *J Turk Ger Gynecol Assoc* 21:46-56.
- Kocaoz FS, Destegul D, Kocaoz S. 2021. Comparison of the breastfeeding outcomes and self efficacy in the early postpartum period of women who had given birth by cesarean under general or spinal anesthesia. *J Matern Fetal Neonatal Med.* 34(10): 1545-1549.
- Kronborg H, Foverskov E. 2020. Multifactorial influence on duration of exclusive breastfeeding: a Danish cohort study. *PLOS ONE.* 15(9): e0238363.
- Kurniawan DW, Chertok IRA, Haile ZT. 2021. The relationship between place of birth and early breastfeeding initiation in Indonesia. *J Hum Lact.* 37(2): 357-369.
- Li J-Y et al. 2020. The relationship of previous breastfeeding experiences and factors affecting breastfeeding rates: a follow up study. *Breastfeed Med.* 15(12): 789-797.
- Linner A, et al. 2020. Immediate parent-infant skin to skin study: study protocol of a randomised controlled trial on very preterm infants cared for in skin to skin contact immediately after birth and potential physiological, epigenetic, psychological and neurodevelopmental consequences. *BMJ Open.* 10; e 038938.
- Mallik L, Wang W, Forid S, Pullum T. 2021. Initiation of breastfeeding in low and middle income countries: a time to event analysis. *Global Health Sci Practice.* 9(2):308-317.
- Maria A, Shukla A, Wadhwa R, Kaur B, Sarkar B, Kaur M. 2018. Achieving early mother baby skin to skin contact in Caesarean section: a quality improvement initiative. *Indian Pediatr.* 55(9): 765-767.
- Martins FA, Ramalho AA, Moreira de Andrade A, Opitz SP, Koifman RJ, Ferreira da Silva I. 2021. Breastfeeding patterns and factors associated with early weaning in the western Amazon. *Rev Saude Publica.* 55:21.
- McCoy MB, Heggie P. 2020. In hospital formula feeding and breastfeeding duration. *Pediatrics.* 146(1): e20199992946.
- Menichini D et al. 2021. Breastfeeding promotion and support: a quality improvement study. *Ann Ist Super Sanita,* 57(2): 161-66.
- Milinc M et al. 2020. Effectiveness of biological nurturing on early breastfeeding problems: a randomized controlled trial. *Int Breastfeed J.* 15:21.
- Moore ER, Anderson GC, Bergman N, Dowswell T. 2014. Early skin to skin contact for mothers and their healthy newborn infants. *Cochrane Database Syst Rev.* 5:CD003519.
- Moore SR, Mcewen LM, et al. 2017. Epigenetic correlates of neonatal contact in humans. *Develop Psychopath.* 29: 1517-1538
- Morrison AH, Gentry R, Anderson J. 2019. Mothers' reasons for early breastfeeding cessation. *Matern Child Nurs.* 44(6): 325-330.
- Morton J. 2019. Hands on or hands off when first milk matters most? *Breastfeed Med.* 14(5): 295-297.
- Muhammed S, Shaw SC, Rawat A, Joy DV, Sood A, Venkatnarayan K, Gupta R. 2020 Improving exclusive breastfeeding in the first 24 hr of life using Plan-Do-Study-Act cycle in tertiary care hospital. *Med J Armed Forces India.* 76(3):325-332.
- Odent MR. 2013. Synthetic oxytocin and breastfeeding: reasons for testing an hypothesis. *Med Hypotheses.* 81(5): 889-91.
- Parentesda Silva Santos A. Et al. 2022. Skin to skin contact and breastfeeding at childbirth: women's desires, expectations, and experiences. *Rev Paul Pediatr.* 40: e2020140.
- Patyal N, et al. 2021. A quality improvement initiative: improving first hour breastfeeding rate among health newborns. *Pediatr Qual Saf.* 4(6): e433
- Piro SS, Ahmed HM. 2020. Impacts of antenatal nursing interventions on mothers breastfeeding self-efficacy: an experimental study. *BMC Pregnancy Child.* 20(1):19.

Pitman T. 2019. What your baby knows about breastfeeding. [www.lli.org](http://www.lli.org)

Puapornpong P, Raungrogmorakot K, Laosooksathit W, Hanprasertpong T, Ketsuwan S. 2018. Comparison of breastfeeding outcomes between using the laid back and side lying breastfeeding positions in mother delivering by Caesarean Section: a randomized controlled trial. *Breastfeed Med.* 12:233-237.

Radwan H, Fakhry R, Metheny N, Banissa W, Faris MAI, Obaid RS, Marzooqi SA, Ghazal HA, El Halik, Dennis CL. 2021. Prevalence and multivariable predictors of breastfeeding outcomes in the United Arab Emirates: a prospective cohort study. *Int Breastfeed J.* 16(79).

Rousseau PV, Matton F, Lecuyer R, Lahaye W. 2017. The Moro reaction: more than a reflex, a ritualized behavior of nonverbal communication. *Infant Behav Dev.* 46:169-77.

Safari K, Saeed AA, Hasan SS, Moghaddam-Banaem L. 2018. The effect of mother and newborn early skin to skin contact on initiation of breastfeeding, newborn temperature and duration of the third stage of labor. *Int Breastfeed J.* 13(32):

Sandhi A, Lee Gt, Chipojola R, Huda MH, Kuo SY. 2020. The relationship between perceived milk supply and exclusive breastfeeding during the first six months postpartum: a cross-sectional study. *Int Breastfeed J.* 15(65).

San Lio RM, Maugeri A, LaRosa MC, Cianci A, Panella M, Giunta G, Agodit A, Barchitta M. 2021. The impact of socio-demographic factors on breastfeeding: findings from the "Mamma & Bambino" cohort. *Medicina.* 57(2): 103.

Silva LA, Fonseca VM, Couto de Olivereira MI, Silveira da Silva K, Ramo EG, Nogueira da Gama SG. 2020. Professional who attended childbirth and breastfeeding in the first hour of life. *Rev Bras Enferm* 73(2):e20180448.

Thomason ME et al. 2018. Prenatal neural origins of infant motor development: associations between fetal brain and infant motor development. *Dev Psychopathol.* 30(3):763-772.

Watson-Genna, Catherine 2017. Supporting Sucking Skills in Breastfeeding Infants. Burlington, MA: Jones and Bartlett Publishers

Widstrom AM, Brimdyr K, Svensson K, Cadwell K, Nissen E. 2018. Skin to skin contact the first hour after birth, underlying implications and clinical practice. *Acta Paediatr.* 108: 1192-1204.

Zhang Q, Lamichhane R, Wouk K, Guthrie J, Li K. 2021. Prenatal perception of breastfeeding recommendation predicts early breastfeeding outcomes of participants in the Supplemental Nutrition Program for Women, Infants and Children. *Am J Clin Nutr.* 14(6): 1949-1959

## Latch, Suck, and Positioning

Altuntas N & Unsal A. (2019) Which Hand Position in Breastfeeding Is Better for Milk Intake: Palmar Grasp or Scissor Grasp? A Pilot Study. *Breastfeeding Medicine* 14 (9) 662-665

Cadwell K. Latching-On and suckling of the healthy term neonate: breastfeeding assessment. *Journal of Midwifery & Women's Health*. 52(6); 638-642. 2007

Colson SD, Meek JH, Hawdon JM. Optimal positions for the release of primitive neonatal reflexes stimulating breastfeeding. *Early Hum Dev*. 2008 Jul;84(7):441-9. doi: 10.1016/j.earlhumdev.2007.12.003. Epub 2008 Feb 19. PMID: 18243594.

Colson S. Biological nurturing: The laid-back breastfeeding revolution. *Midwifery Today Int Midwife*. 101; 9-11 2012

Darmangeat, V. The frequency and resolution of nipple pain when latch is improved in a private practice. *Clinical Lactation* 2(3). 22-24. 2011

Douglas P, Keogh R. Gestalt Breastfeeding: Helping Mothers and Infants Optimize Positional Stability and Intraoral Breast Tissue Volume for Effective, Pain-Free Milk Transfer. *JHL* 33(3), 509-51. 2017

Douglas, Pamela Sylvia, et al. "A Brief Gestalt Intervention Changes Ultrasound Measures of Tongue Movement During Breastfeeding: Case Series." *BMC Pregnancy and Childbirth*, vol. 22, no. 1, 2022, pp. 94–94, <https://doi.org/10.1186/s12884-021-04363-7>.

Eidelman AL, et al. Cognitive deficits in women after childbirth. *Obstet Gyneco* 81(5); 764-767. 1993

Fernandez IO, et al. Newborn feeding behavior depressed by intrapartum oxytocin: a pilot study. *Acta Paediatrica* 2(101); 749-754. 2012

Geddes DT, et al. Tongue movement and intra-oral vacuum in breastfeeding infants. *Early Human Development*. 84(7) 2008

Geddes, D. T., Sakalidis, V. S. (2016). Ultrasound imaging of breastfeeding—a window to the inside: Methodology, normal appearances, and application. *Journal of Human Lactation*, 32(2), 340-349.

Genna CW. Supporting Sucking Skills in breastfed infants (3 rd ed). Jones and Bartlett, Boston 2017. Gill SL, et al. The little things: Perceptions of breastfeeding support. *JOGNN*30; 410-09. 2005

Milincic, M., Travan, L., Cattaneo, A. et al. Effectiveness of biological nurturing on early breastfeeding problems: a randomized controlled trial. *Int Breastfeed J* 15, 21 (2020). <https://doi.org/10.1186/s13006-020-00261-4>

Mizuno K, et al. The importance role of deep attachment in the uniform drainage of breast milk from the mammary gland. *Acta Paediatrica* 97; 1200-1204. 2008

Riordan J. *Breastfeeding and Human Lactation* (5th ed) Jones and Bartlett, Boston. 2016

Mobbs, Elsie J., et al. "Imprinting, Latchment and Displacement: a Mini Review of Early Instinctual Behaviour in Newborn Infants Influencing Breastfeeding Success." *Acta Paediatrica*, vol. 105, no. 1, 2016, pp. 24–30, <https://doi.org/10.1111/apa.13034>.

Schafer R, et al. Physiological breastfeeding: A contemporary approach to breastfeeding initiation. *Journal of Midwifery & Women's Health* 60(5); 546-553 2015

Smillie C, et al. *Baby-led Breastfeeding : The mother-baby dance*. (DVD) Los Angeles CA. Geddes Productions 2007  
Thompson S, et al. The Koala Hold from down under: Another choice in breastfeeding position 29(2); 147-149 2013

Watson Genna, Catherine. "Gestalt Breastfeeding Online Program (Internet-Based Multimedia Course) With Portable Document Workbook." *Clinical Lactation*, vol. 9, no. 3, 2018, pp. 148–49, <https://doi.org/10.1891/2158-0782.9.3.149>.



## Persistent Pain with breastfeeding – sore nipples and more

ABM Clinical Protocol #26: Persistent Pain with Breastfeeding BREASTFEEDING MEDICINE Volume 11, Number 2, 2016

<sup>a</sup> Mary Ann Liebert, Inc. DOI: 10.1089/bfm.2016.29002.pjb

Amir, L et al. 2013. Does candida and/or staphylococcus play a role in nipple and breast pain in lactation? A cohort study in Melbourne, Australia. *BMJOpen* 3:3002351 pp 1-8

Anderson JE, et al. 2004 Raynaud's Phenomenon of the nipple: A treatable cause of painful breastfeeding. *Pediatrics* 113: e360-e364

Barrett, M, Heller M et al. 2013. Raynaud phenomenon of the nipple in breastfeeding mothers. *JAMA Dermatol* 149(3):300-306, March.

Berens, P et al. 2016. ABM Clinical Protocol #26: Persistent Pain with Breastfeeding. *Breastfeeding Med.* 11(2) pp 46-53

Buck, M et al. 2014. Nipple pain, damage, and vasospasm in the first 8 weeks postpartum. *Breastfeeding Med.* 9(0):1-7

Dennis C-L et al. 2012. An all-purpose nipple ointment versus lanolin in treating painful damaged nipples in breastfeeding women: a randomized controlled trial. *Breastfeeding Medicine.* Vol 7 No 1. Pp 1-7

Douglas, P & Koegh, R. 2017. Gestalt breastfeeding: helping mothers and infants optimize positional stability and intra-oral breast tissue volume for effective, pain-free milk transfer. *JHL* 33(3):509-518

Eglash, A. & Proctor R. 2007. A breastfeeding mother with chronic breast pain. *Breastfeeding Medicine.* 2:2 pp 99-104.

Eglash, A et al. 2006. History, physical and laboratory findings, and clinical outcomes of lactating women treated with antibiotics for chronic breast and/or nipple pain. *JHL* 22(4): 429-433. November

Garrison, CP. Nipple Vasospasms, Raynaud's Syndrome and Nifedipine. Vol 18 (2) page 382-385 2002

Graves, S et al. 2003. Painful nipples in nursing mothers: fungal or staphylococcal? *Australian Family Physician.* 32(7), July. 570-571

Hale, T et al. 2009. The absence of *Candida albicans* in milk samples of women with clinical symptoms of ductal candidiasis. *Breastfeeding Medicine* 4(2):57-61

Heller, M & Murase J. 2012. Caring for new mothers: diagnosis management and treatment of nipple dermatitis in breastfeeding mothers. *Intl J Derm* (51):1149-1161

McClellan, H et al. 2015. Persistent nipple pain in breastfeeding mothers associated with abnormal infant tongue movement. *Int. J. Environ. Res. Public Health* 12. 10833-10845.

Morino, C & Winn S., 2007. Raynaud's phenomenon of the nipples: An elusive diagnosis. *JHL* 23(2): 191-193

Morrill, J et al. 2005. Risk factors for mammary candidosis among lactating women. *JOGNN* 34(1):37-45.

Morrison, A., Gentry, R, Anderson, J. 2019. Mothers' Reasons for Early Breastfeeding Cessation. Wolters Kluwer Health, Inc. 44(6) 2019

O'Hara, MaryAnn. 2012. Bleb histology reveals inflammatory infiltrate that regresses with topical steroids; A case series. Platform Abstract, *Breastfeeding Medicine* Vol 7, Supplement 1 p S-2

O'Sullivan, S & Keith, M. 2011. Raynaud phenomenon of the nipple. A rare finding in rheumatology clinic. *J Clin Rheumatology.* 17(7): 371-372

- Sasaki, B et al. 2014. Does lanolin use increase the risk for infection in breastfeeding women? *Clinical Lactation* 5(1) 28-31
- Strong, G & Mele, N. 2013. Raynaud's phenomenon, candidiasis and nipple pain. *Clinical Lactation* 4(1):21-27
- Strong, G. 2011. Provider management and support for breastfeeding pain. *JOGNN* 40:6 pp753-764
- Smith A, et al. Breast Pathology. 2013 Core Curriculum for Lactation Consultant Practice , Third Edition. ILCA. Jones & Bartlett, Pub. Sudbury MA. Chapter 39
- Walker, M. 2013. Are there any cures for sore nipples? *Clinical Lactation*: 4(3):106-115.
- Walker, M. 2017. Breastfeeding Management for the Clinician. 4th Edition. Jones and Bartlett, Pubs., Sudbury MA.
- Wambach, K & Riordan, J. 2016. Breastfeeding and Human Lactation, 5th Edition. Jones & Bartlett, Pub. Sudbury MA, pp 280-285.
- Wu, M et al. 2012. Raynaud's phenomenon of the nipple. *OB & GYN*. 119(2) pp447-449
- Ziemer MM et al: Methods to prevent and manage nipple pain in breastfeeding women, *West J Nsg Rsch*, 1990, 12(6), 732-744.
- Ziemer, Mary and Joseph Pigeon, Skin changes and pain in the nipple during the first week of lactation, *JOGN*, May/June 1993.

<https://breastfeeding.support/baby-not-gaining-weight/>

<https://www.llli.org/psoriasis-and-breastfeeding-2/>

<https://njaap.org/uploadfiles/documents/f48.pdf><https://www.psoriasis.org/phototherapy/>

<https://www.stanfordchildrens.org/en/topic/default?id=slow-or-poor-infant-weight-gain-90-P02880>

## Reading Research/Evidence Based Practice

- Broadribb, W & Jolly, N. 2018. Terminology used in research articles: are the risks of formula being accurately portrayed? *Bf Med* 13(2) pp 158.
- Brucker, Mary C. 2012. Yes, But... *Nursing for Women's Health*. 16(6) pp 449-450
- Burns, P, et al. 2011. The levels of evidence and their role in evidence-based medicine. *Plast Reconstr Surg*. July 128(1):305-310.
- Chapman, D & Kuhnly, J. 2018. Lactation assessment tools: a qualitative analysis of registered nurses' perceptions of tool limitations and suggested improvements. *JHL* 34:(4) 682-690.
- Cochrane Collaboration Website. [us.cochrane.org](http://us.cochrane.org) Accessed January 5, 2021.
- Cox, S. 2010. Current Evidence for the Ten Steps to Successful Breastfeeding. *Clinics in Human Lactation*. Hale Publishing, Amarillo TX
- Dodgson, J. 2017. Should one study change practice? *JHL* 33(3):476-477
- Flaherman V, et. al. 2013. Effect of early limited formula on duration and exclusivity of breastfeeding in At-Risk infants: An RCT. *Pediatrics* 131(6) June pp 1059-1065
- Frellick, M. 2016. A low P value may not be important after all. [Medscape.com](http://Medscape.com), March 22, 2016.
- Gill, S & Cleveland, L. 2013. Interpretation of Research: Qualitative Method. Chapter 12 in ILCA's *Core Curriculum for Lactation Consultant Practice*, Mannel, R. Martens, P, Walker, M. Eds. Jones & Bartlett, Sudbury MA. Third Edition
- Horton, R. 2015. Offline: what is medicine's 5 sigma? [www.thelancet.com](http://www.thelancet.com) Vol 385. April 11.
- ILCA, 2014. Clinical guidelines for the establishment of exclusive breastfeeding. Raleigh, NC
- Lauwers, J & Swisher, A. 2016. *Counseling the Nursing Mother*. Chapter 28. Jones & Bartlett, Sudbury MA. 6<sup>th</sup> Edition.
- Martens, P. 2013. Interpretation of Statistics and Quantitative Research Design. Chapter 11 in ILCA's *Core Curriculum for Lactation Consultant Practice*, Mannel, R. Martens, P, Walker, M. Eds. Jones & Bartlett, Sudbury MA. Third Edition
- Merewood, Anne. 2013. Of elves and ethics: first do no harm. *JHL* 29(4)443
- Noel-Weiss, J et al. 2012. Questioning current definitions for breastfeeding research. *Intl Breastfeeding J*. 7:9 doi:10.1186/1746-4358-7-9
- One Minute Economist. Statistical Significance, the Null Hypothesis and P-Values Defined & Explained in One Minutes. At [https://www.youtube.com/watch?v=nb75\\_GFPD9A](https://www.youtube.com/watch?v=nb75_GFPD9A). Accessed January 18, 2023.
- Pubmed Website. [Pubmed.gov](http://Pubmed.gov). Accessed January 6, 2021.
- Ryan, E. What is Critical Thinking? Definition & Examples. May 30, 2022, revised November 25, 2022. <https://www.scribbr.com/working-with-sources/critical-thinking/> Accessed January 18, 2023.
- Stern H. S. (2016). A Test by Any Other Name: P Values, Bayes Factors, and Statistical Inference. *Multivariate behavioral research*, 51(1), 23–29. <https://doi.org/10.1080/00273171.2015.1099032>
- Thulier, D. (2010). A call for clarity in infant breast and bottle-feeding definitions for research. *JOGNN* 39(6):627-634
- [https://en.wikipedia.org/wiki/Confirmation\\_bias](https://en.wikipedia.org/wiki/Confirmation_bias). Accessed January 18, 2023.



## Engorgement

- Alekseev, N et al. 2015. Pathological postpartum breast engorgement: prediction, prevention, and resolution. *Breastfeeding Med.* 10:4 pp 203-208
- Arora, S. et al. 2008. A comparison of cabbage leaves vs. hot and cold compresses in the treatment of breast engorgement. *Indian Journal of Community Medicine.* 33(3): 160-162.
- Bolman, M et al. 2013. Recapturing the art of therapeutic breast massage during breastfeeding. *JHL.*, 29(3) 328-331
- Mitchell K (2024). Chapter 20: Breastfeeding/Chestfeeding Complications and Breast Pathology. In *Core curriculum for Interdisciplinary lactation care* (p. 447). Burlington, MA: Jones & Bartlett Learning.
- Chapman, D. 2011. Evaluating the Evidence: Is there an effective treatment for breast engorgement? *JHL* 27(1) 82-83
- Cotterman J. Reverse Pressure Softening: A simple tool to prepare areola for easier latching during engorgement. *JHL* 20(2) 2004, pages 227- 237
- Eittah, H. F. A., & Ashour, E. S. S. (2019). Comparing warm compresses application vs. chilled cabbage leaves for relieving breast engorgement among post-natal mothers. *Clinical Nursing Studies*, 7(3), 58-67.
- Gresh, Ashely et al. Caring for Women Experiencing Breast Engorgement: A Case Report. *J Midwifery & Women's Health* 2019; 62:763-768
- Kujawa-Myles, S et al. 2015. Maternal intravenous fluids and postpartum breast changes: a pilot observational study. *International Breastfeeding Journal.* [Http://dx.doi.org/10.1186/s13006-015-0043-8.](http://dx.doi.org/10.1186/s13006-015-0043-8)
- Mangesi L, Zakarija-Grkovic I. 2016 Treatments for breast engorgement during lactation. *Cochrane Database Syst Rev.* (6):CD006946.
- Mannel, R, Dixon, I. 2014. ILCA's Inside Track. Overly Full Breasts (Engorgment). *JHL* 2014
- Mitchell, K. B., Johnson, H. M., Rodríguez, J. M., Eglash, A., Scherzinger, C., Widmer, K., ... & Academy of Breastfeeding Medicine. (2022). Academy of Breastfeeding Medicine Clinical Protocol# 36: The Mastitis Spectrum, Revised 2022. *Breastfeeding Medicine*, 17(5), 360-376.
- Miller V, et al. Treating Postpartum breast edema with areolar compression. *JHL* 20(2)2004, page 223-226
- Prashanth, C. 2014. Effectiveness of cabbage leaves application on breast engorgement. *Indian J of Applied Research.* 4(12). 472-474.
- Snowden, H., Renfrew, M., & Woolridge, M. (2001). Treatments for breast engorgement during lactation. *Cochran Review*, (April).
- Wambach, K., & Spencer, B. (2021).Chapter 17. In *Breastfeeding and Human Lactation* (p. 500). Burlington, MA: Jones & Bartlett Learning
- Witt, A et al. 2016. Mothers value and utilize early outpatient education on breast massage and hand expression in their self-management of engorgement. *Breastfeeding Med* 11:9 pp 433-439
- Witt, A et al. 2016. Therapeutic breast massage in lactation for the management of engorgement, plugged ducts, and mastitis. *JHL* 32(1) pp 123-131
- Wong, B et al. 2017. Application of Cabbage Leaves Compared to Gel Packs for Mothers with Breast Engorgement: Randomised Controlled Trial. *International Journal of Nursing Studies*, 2017, Volume 76 pp 92-99. Rosier 1988.
- Zagloul, M. C., Naser, E. G., & Hassan, H. E. (2020). Influence of hot compresses versus cabbage leaves on engorged breast in early puerperium. *International Journal of Studies in Nursing*, 5(2), 7.

Zakarija-Grkovic I, Stewart F. Treatments for Breast Engorgement During Lactation. Cochrane Database of Systematic Reviews Sept. 2020, Issue 9. Art. No.:CD006946

## The Mastitis Spectrum

Almutawuf Y, Hartmann, B, Lloyd, M, Tat Lai, C, Rea, A, Geddes, D. 2019. Staphylococcus Aureus Enterotoxin Production in Raw and Paterurized Milk: The Effect of Selected Different Storage Durations and Temperatures. *Breastfeeding Medicine* 14 (4).

Amir LH, Trupin S, Kvist LJ. 2014. Diagnosis and treatment of mastitis in breastfeeding women. *J Hum Lact.* 30(1); 10-13.

Amir LH, Griffin L, Cullinane M, Garland SM. 2016. Probiotics and mastitis: evidence based marketing? *Int Breast J.* 11:19.

Baeza C. 2016. Chronic mastitis, mastalgia and breast pain: a narrative review of definitions, bacteriological findings and clinical management. *Clin Lact.* 7(1):11-7.

Baeza, C., Paricio-Talayero, J. M., Pina, M., & De Alba, C. (2022). Re:" Academy of Breastfeeding Medicine Clinical Protocol# 36: The Mastitis Spectrum, Revised 2022" by Mitchell et al. *Breastfeeding Medicine: the Official Journal of the Academy of Breastfeeding Medicine*, 17(11), 970-971.

Bergmann RL et al. 2014. Breastfeeding is natural but not always easy: intervention for common medical problems of breastfeeding mothers-a review of the scientific evidence. *J Perinat Med.* 42(1):9-18.

Bolman M, Saju L, Oganessian K, Kondrashova T, Witt AM. 2013. Recapturing the art of therapeutic breast massage during breastfeeding. 29(3):328-331.

Branch-Ellman W, et al. 2012. Risk factors for staphylococcus aureus postpartum breast abscess. *CID.* 54(1):71-7.

Christensen AF et al. 2005. Ultrasound-guided drainage of breast abscesses; results in 151 patients. *Br J Radiol.* 78(927);186-8

Crepinsek MA, Taylor EA, Michener K, Stewart F. 2020. Interventions for preventing mastitis after Childbirth. Cochrane Database of Systematic Reviews 2020, Issue 9. Art. No.: CD007239

David MZ, Daum RS. 2017. Treatment of staphylococcus aureus infections. *Curr Top Microiol Immunol.* Doi;10.1007/82\_2017\_42.

Delgado S, Arroyo R, Martin R, Rodriguez JM. 2008. PCR-DGGE assessment of the bacterial diversity of breastmilk in women with lactational infectious mastitis. *BMC Infect Dis.* 8:51.

Fernandez L, Mediano P, Garcia R, Rodriguez JM, Marin M. 2016. Risk factors predicting infectious lactation mastitis: decision tree approach versus logistic regression analysis. *Matern Child Health.* 20(9):1895-903.

Fetherston C. 2001. Mastitis in lactating women; physiology or pathology? *Breastfeed Rev.* 9(1);5-12.

Fetherston CM, Lai CT, Hartmann PE. 2006. Relationships between symptoms and changes in breast physiology during lactation mastitis. *Breastfeeding Med:*1(3); 136-45.

Geddes DT. 2007. Inside the lactating breast: the latest anatomy research. *J Midwifery Womens Health.* 52(6): 556-63.

Jahanfar S, Ng CJ, Teng CL. 2013. Antibiotics for mastitis in breastfeeding women. *Cochrane Database Syst Rev.* Feb 28:2: CD005458.

Jimenez E et al. 2015. Metagenomic analysis of milk of healthy and mastitis suffering women. *J Hum Lact.* 31(3):406-15.

Jimenez E, Arroyo R, Cardenas N, Marin M, Serrano P, Fernandez Rodriguez JM. 2017. Mammary candidiasis: a medical condition without scientific evidence. *PLOS ONE.* 12(7):e0181071.

Kent JC. 2007. How breastfeeding works. *J Midwifery Womens Health.* 52(6):564-70.

- Khanal V, Scott JA, Lee AH, Binns CW. 2015. Incidence of mastitis in the neonatal period in a traditional breastfeeding society: results of a cohort study. *Breastfeed Med.* 10(10): 481-7.
- Kvist LJ. 2013. Re-examination of old truths: replication of a study to measure the incidence of lactational mastitis in breastfeeding women. *Int Breastfeed J.* 8(2):1-5.
- Maldonado-Lobon JA, et al. 2015. Lactobacillus fermentum CECT 5716 reduces staphylococcus load in the breastmilk of lactation mothers suffering breast pain: a randomized controlled trial. *Breastfeed Med.* 10: 425-32
- Mediano P et al. 2017. Microbial diversity in milk of women with mastitis: potential role of Coagulase-negative staphylococci viridans group streptococci and corynebacteria. *J Human Lact.* 33(2): 309-18.
- Mitchell, K. B., Johnson, H. M., Rodríguez, J. M., Eglash, A., Scherzinger, C., Widmer, K., ... & Academy of Breastfeeding Medicine. (2022). Academy of Breastfeeding Medicine Clinical Protocol# 36: The Mastitis Spectrum, Revised 2022. *Breastfeeding Medicine*, 17(5), 360-376.
- Mohrbacher, N. (2020) *Breastfeeding answers (2<sup>nd</sup> ed)*. Nancy Mohrbacher Solutions.
- Patel SH, et al. 2017. Culture independent assessment of human milk microbial community in lactational mastitis. *Scientific Rep.* Doi.10.1038/s41598
- Pustotina O. 2015. Management of mastitis and breast engorgement in breastfeeding women. *J Matern Fetal Neonatal Med.* Early online 1-5.
- Righard L, Carlsson-Jonsson A, Nyberg F. 2013. Enhanced levels of immunoreactive B-casomorphin-8 in milk of breastfeeding women with mastitis. *Peptides.* 51C:54-58.
- Strong GD. 2011. Provider management and support for breastfeeding pain. *J Obstet Gynecol Neonatal Nurs.* 40(6):753-64.
- Tuailon E. Et al. 2016. Subclinical mastitis occurs frequently in association with dramatic changes in inflammatory/anti-inflammatory breast milk components. *Pediatr Res* doi:10:1038pr2016.220
- Wilson-Clay B. 2008. Case report of Methicillin resistant Staphylococcus aureus (MRSA) mastitis with abscess formation in a breastfeeding woman. *J Hum Lact.* 326-9.
- Witt A, Mason MJ, Burgess K, Flocke S, Zyzanski S. 2014. A case control study of bacterial species and colony count in milk of breastfeeding women with chronic pain. *Breastfeed Med.* 9(1):29-34.
- Witt AM, Bolman M, Kredit S, Vanic A. 2016. Therapeutic breast massage in lactation for the management of engorgement, plugged duct and mastitis. *J Hum Lact.* 32(1):123-31.
- Wilson E, Woodd SL, Benova L. Incidence of and Risk Factors for Lactational Mastitis: A Systematic Review. *J Hum Lact.* 2020 Nov;36(4):673-686. doi: 10.1177/0890334420907898. Epub 2020 Apr 14. PMID: 32286139; PMCID: PMC7672676.
- Yoshida M et al. 2014. Taste of milk from inflamed breasts of breastfeeding mothers with mastitis evaluated using a taste sensor. *Breastfeed Med.* 9(0):1-5.
- Zhao C, et al. 2014. Six Step Recanalization Manual Therapy: a novel method for treating plugged ducts in lactating women. *J Hum Lact.* 30(3): 324-30.



## **Perinatal Mood Anxiety Disorders**

AAP Clinical Report, 2010. Incorporating recognition and management of perinatal and postpartum depression into pediatric practice. *Pediatrics* 126(5):1032-1039

Abramowitz JS et al. 2003. Obsessive-compulsive symptoms in pregnancy and the puerperium. *J Anxiety Disorders*. 17(4): 461-478.

Accortt E et al. 2015. Lower Prenatal Vitamin D Status and Postpartum Depressive Symptomatology in African American Women: Preliminary Evidence for Moderation by Inflammatory Cytokines. *Archives of Women's Health*

Anderson, GC et al. 2003. Mother-newborn contact in a randomized trial of Kangaroo (skin-to-skin) care. *JOGN Nurs* 32:604-11.

Ayers, S. 2007. Thoughts and emotions during traumatic birth: a qualitative study. *Birth* 34:3 pp 253-263. September

Bauer, Alison M., et al. "238 The Impact of Antenatal Mood Disorders on Breastfeeding: A Prospective Cohort." *American Journal of Obstetrics and Gynecology*, vol. 224, no. 2, 2021, <https://doi.org/10.1016/j.ajog.2020.12.260>.

Benyshek, D et al. 2018. Placentophagy among women planning community births in the United States: frequency, rationale, and associated neonatal outcomes. *Birth* 45:459-468.

Bhati S & Richards K 2015. A Systematic Review of the Relationship Between Postpartum Sleep Disturbance and Postpartum Depression. *JOGNN* 44:3. Pp350-357

Beck, C, 1999. Postpartum Depression: Stopping the thief that steals motherhood. *AWHONN Lifelines*, 3:4, 41-44

Beck C and Driscoll, J. 2006. *Postpartum Mood and Anxiety Disorders: A Clinicians' Guide*. Jones & Bartlett, Sudbury MA

Beck CT. 2001. Predictors of postpartum depression: An update. *Nursing Research*, 50. 275-285.

Beck, C et al. 2018. Traumatic childbirth and its aftermath: is there anything positive? *J of Perinatal Ed*. 27(3): 175-184

Beck, Cheryl & Casavant, Sharon. 2019. Synthesis of mixed research on posttraumatic stress related to traumatic birth. *JOGNN*. 48(4): 385-397

Bigelow, A et al. 2012. Effect of mother/infant skin-to-skin contact on postpartum depressive symptoms

and maternal physiological stress. *JOGNN* 41(3):369-382.

Blois, M. 2005. *Babywearing: the benefits and beauty of this ancient tradition*. Pharmasoft Publishing, Amarillo TX

Borra, C, et al. 2015. New evidence on breastfeeding and postpartum depression: the importance of understanding women's intentions. *Matern Child Health J* 19:897-907

Buist A. 2001 Treating mental illness in lactating women. *Medscape Women's Health*. Mar;6(2);3

Buist, A. et al. 2005. Recognition and management of perinatal depression in general practice.

*Australian Family Physician*. 34(9):787-790.

Chaudron LH et al. Predictors, prodromes and incidence of postpartum depression. *J Psychosom Obstet Gynaecol* 2001 Jun;22(2); 103-12

Chaudron, L et al. 2010. Accuracy of depression screening tools for identifying postpartum depression among urban mothers. *Pediatrics* 125(3) pp 588-589 e-609

Chezam J et al. Maternal feedings after cessation of breastfeeding; influence of factors related to employment and duration. *J Obstet Gynecol Neonatal Nurs*. 1998 27(6);545-51

Cho, J et al. 2008. Effects of maternal depressive symptoms and infant gender on the interactions between mothers and their medically at-risk infants. *JOGNN* 37:1. 58-70.

Dennis, CL & Chung-Lee, L. 2006. Postpartum depression help-seeking barriers and maternal treatment preferences: a qualitative systematic review. *Birth* 33(4): 323-331. December.

Dennis, CL, & Ross, L. 2005. Relationships among infant sleep patterns, maternal fatigue, and development of depressive symptomatology. *Birth* 32:3. September, pp 187-193.

Dimitraki M et al 2015. Evaluation of the Effect of Natural and Emotional Stress of Labor on Lactation and Breast-feeding. *Arch Gynecol Obstet* DOI 10.1007/s00404-015-3783-1

Doan T et al. 2007. Breastfeeding increases sleep duration of new parents. *Journal of Perinatal & Neonatal Nursing*, 2(3), 200-206.

Dodd S, Buist A, Norman TR, Antidepressants and breastfeeding: a review of the literature. *Paediatr Drugs* 2000. May-Jun;2(3): 183-92.

Dombrowski MA et al. 2001. Kangaroo (skin-to-skin) care with a postpartum woman who felt depressed. *Am J Matern Child Nurs* 26:214-16.

Dorheim SK et al. 2009. Sleep and depression in postpartum women: A population-based study. *Sleep*.

32(7). 847-855.

Doucet, S. Et al. 2012. Support needs of mothers who experience postpartum psychosis and their partners. JOGNN 41(2):236-245

Doucet, S. et al. 2009. Differentiation and clinical implications of postpartum depression and postpartum psychosis. JOGNN 38(3):269-279

Doyle, D. 2008. More than just blue. Advance for Nurses. [www.advanceweb.com/nurses](http://www.advanceweb.com/nurses). January 7.

Driscoll, J. 2006. Postpartum depression: how nurses can identify and care for women grappling with this disorder. AWHONN Lifelines; 10(5): October/November pp 400-409

Epperson CN et al. Sertraline use during breastfeeding. Am J Psychiatry. 2001;158;1631-7, 1728-30.

Epperson CN. Postpartum Major Depression Detection and Treatment. Am Fam Phys. 1999. 59(8); 2247-

54. Fantasia, Heidi. 2019. Brexanolone is the first drug specifically for postpartum depression. Nursing for Women's Health 23:5; 450-454

Foulkes, M. 2011. Enablers and barriers to seeking help for a postpartum mood disorder. JOGNN. Vol 40:4 pp 450-57

Freeman, M. 2012. Postpartum depression: Help patients find the right treatment. Current Psychiatry. 11(11) pp 14-21

Gillis, B et al, 2019. Implementation of a perinatal depression care bundle in a nurse-managed midwifery practice. Nursing for Women's Health 23(4): 288-298

Gjerdingen, D. et al. 2009. Postpartum depression screening at well-child visits: validity of a 2-question screen and the PHQ-9. Ann Fam Med. Jan-Feb; 7(1):63-70

Goldbort, J. 2005. Collaborative initiatives for postpartum depression. AWHONN Lifelines. 9(5): 377-381

Grissette, B et al. 2018. Barriers to help-seeking behavior among women with postpartum depression. JOGNN 47(6): 812-819

Groer, MW et al. 2002. Postpartum stress: current concepts and the possible protective role of breastfeeding. JOGNN 32:411-17

Groer, MW & Davis, M. 2006. Cytokines, infections, stress, and dysphoric moods in breastfeeders and formula feeders. JOGNN. 35:5 Sept/Oct pp 599-607

Hendrick, V et al. 2003. Weight gain in breastfed infants of mothers taking antidepressant medications.

J Clin Psychiatry 64:401-12.

Hodgkinson S et al. 2013. Addressing the mental health needs of pregnant and parenting adolescents. Pediatrics. (DOI: 10.1542/peds.2013-0927) online 12/2/13.

Horowitz, J et al. 2011. A community-based screening initiative to identify mothers at risk for postpartum depression. JOGNN. Vol 40:1 pp52-61

Horowitz, J & Goodman, J. 2005. Identifying and treating postpartum depression. JOGNN. 34(2):264-273. March/April.

Jones, A. 2005. The protective effects of breastfeeding for infants of depressed mothers. Breastfeeding Abstracts. 24(3):19-20.

Karl, D et al. 2006. Reconceptualizing the nurses's role in the newborn period as an "attacher." MCN 31(4): 254-262. July/August

Kearney MH: Identifying psychosocial obstacles to breastfeeding success, JOGNN 17:98 105, 1988.

Kendall-Tackett, K. 2017. Depression in New Mothers – Causes, Consequences and Treatment Alternatives. Routledge Publishing

Kendall-Tackett, K. 2017. Why trauma-informed care needs to be the standard of care for IBCLCs Clinical Lactation 8(4); 150-152

Kendall-Tackett, K. 2017. Rethinking depression in new mothers. Clinical Lactation 8(1).

[Dx.doi.org/10.1891/2158-0782.8.1.5](https://doi.org/10.1891/2158-0782.8.1.5)

Kendall-Tackett, K. 2008. Non-Pharmacologic treatments for depression in new mothers (Clinics in Human Lactation). Hale Publishing, Amarillo, TX

Kendall-Tackett, K. 2005. The impact of maternal stress and depression on breastfeeding: what we know so far. Breastfeeding Abstracts 24(4):27-28. August.

Kendall-Tackett, K. 2005. The hidden feelings of motherhood: coping with mothering stress, depression, and burnout. Pharmasoft Publishing, Amarillo TX.

Kendall-Tackett, K et al. 2011. The effect of feeding method on sleep duration, maternal well-being and postpartum depression. Clinical Lactation. Vol 2-2 pp 22-26

Kendall-Tackett, K. 2013. Childbirth-related psychological trauma. Clinical Lactation. 4(1):9-11

Knoll-Desrosiers, A, et al. 2017. Association of peripartum synthetic oxytocin administration and depressive and anxiety disorders within the first postpartum year. Depression Anxiety 34:137-146

Lara-Cinisomo, S, et al. 2017. Associations Between Postpartum Depression, Breastfeeding and Oxytocin Levels in Latina Mothers. *Breastfeeding Medicine* 12(7): 436-442

Letourneau, N. et al. 2007. Canadian mothers' perceived support needs during postpartum depression. *JOGNN* 36:5 pp441-449. Sept/Oct

Logsdon, M., et al. 2006. The impact of postpartum depression on mothering. *JOGNN* 35(5) pp 652-658

Logsdon, M et al. 2018. Screening for postpartum depression by hospital-based perinatal nurses. *MCN*. 43(6) 324-329

Liu, Li, et al. "The Impact of Antenatal Depressive Symptoms on Exclusive Breastfeeding Intention: A Moderating Effect Analysis." *Midwifery*, vol. 116, 2023, p. 103551., <https://doi.org/10.1016/j.midw.2022.103551>.

Marshall, AM et al. 2010. Serotonin transport and metabolism in the mammary gland modulates secretory activation and involution. *J Clin Endocrinol Metab*. 15(2): 837-46.

Mayberry, L et al., 2007. Depression symptom prevalence and demographic risk factors among US women during the first 2 years postpartum. *JOGNN* 36:6 pp 542-549

McCoy, S et al. 2003. Endocrine factors and postpartum depression. *Journal of Reproductive Medicine*. Vol 48(6); 402-8

McPeak K et al 2015. Important Determinants of Newborn Health: Postpartum Depression, Teen Parenting, and Breast-feeding. *Curr Opin Pediatr* 27:138-144

Meyer, J et al. 2010. Neurobiological mechanism for postpartum depression identified. *Arch Gen Psychiatry*. 67:468-474 (quoted in Medscape, May 11, 2010)

Montgomery, T & Laury E. 2019. A call for comprehensive care in the fourth trimester. *Nursing for Women's Health* 23(3): 194-199

Niwayama, R, et al. 2017. Oxytocin Mediates a Calming Effect on Postpartum Mood in Primiparous Mothers. *Breastfeeding Medicine*. 12(2)

Paulson J. 2006. Individual and combined effects of postpartum depression in mothers and fathers on parenting behavior. *Pediatrics*. 118(2) 659-668.

Pederson CA. Postpartum mood and anxiety disorders; a guide for the nonpsychiatric clinician with an aside on thyroid associations with postpartum mood. *Thyroid*. 1999. 9(7); 691-7.

Posmontier, B. 2010. The role of midwives in facilitating recovery in postpartum psychosis. *J Midwifery & Women's Health*. 55(5); 430-437

Quillin S & Glenn L. 2004. Interaction between feeding method and co-sleeping on maternal-newborn sleep. JOGNN. 33(5), 580-588

Rahman A et al 2015. The Impact of Perinatal Depression on Exclusive Breastfeeding: A Cohort Study. Maternal and Child Nutrition DOI: 10.1111/mcn.12170

Ramchandani, P. 2005. Paternal depression may hinder children's early development. Lancet. 365:2158-2159, 2201-2005.

Reilly, N. et al. 2013. Referral for management of emotional health issues during the perinatal period: does mental health assessment make a difference? Birth 40(4): 297-306

Rowlands, I and Redshaw, M. 2012. Mode of birth and women's psychological and physical wellbeing in the postnatal period. BMC Pregnancy and Childbirth, 12, 138. Retrieved from [www.biomedcentral.com/1471-2393/12/138](http://www.biomedcentral.com/1471-2393/12/138)

Runquist, J. 2007. Persevering through postpartum fatigue. JOGNN 36:1. pp 28-37. Jan/Feb

Santoro, E et al. 2018. Childbirth narratives of women with posttraumatic stress symptoms in the postpartum period. JOGNN 47(3): 333-340

Schaar, G, Hall, M. 2013. A nurse-led initiative to improve obstetricians' screening for postpartum depression. Nursing for Women's Health 17(4):308-315

Sobel, L et al. 2018. Pregnancy and childbirth after sexual trauma. OB/GYN 132(6): 1461-1468

Speisman, B et al. 2011. Postpartum obsessive-compulsive disorder. JOGNN Vol 40:6 pp 680-690

Sperlich, M et al. 2017. Integrating trauma-informed care into maternity care practice: conceptual and practical issues. J Midwifery & Women's Health 62(6):661-672

Stuebe, A, et al. 2017. Perinatal mood, antidepressant use and oxytocin during infant feeding. Abstract from ABM 22nd Annual International Meeting. Breastfeeding Medicine Vol 12, Supplement 1.

Ureno, T et al. 2017. Dysphoric Milk Ejection Reflex: A Case Series. Breastfeeding Medicine, Vol XX, No XX. DOI 10.1089/bfm.2017.0086

Vieira, T. 2003. When Joy Becomes Grief: Screening tools for postpartum depression. AWHONN Lifelines Vol 6 No 6. 505-513

Watkins, S. Et al. 2011. Early breastfeeding experiences and postpartum depression. Obstet Gynecol. Aug; 118(2):214-21www. breastfeedingaversion.com, 2019

Yates, Zainab. 2019. Breastfeeding/Nursing Aversion and agitation. Www.kellymom.com, January, 2018

Yusuff A et al 2015. Antenatal Depressive Symptoms and Breastfeeding: A Prospective Cohort Study. Breastfeeding Medicine DOI: 10.1089/bfm.2015.0069

Zambaldi CF et al. 2009. Perinatal mood and anxiety disorders. Comprehensive Psychiatry. 50(6)503-509.

## Inclusivity

Duckett, L, Ruud, M. (2019). Affirming Language Use When Providing Health Care for and Writing About Childbearing Families Who Identify as LGBTQI+. *Journal of Human Lactation*. 2019. Vol. 35(2) 227-232.

Farrow, A. (2014). Lactation Support and the LGBTQI Community. *Journal of Human Lactation*. 2015. Vol. 31(1) 26-28.

Gonzalez, M. (2018). *The Rainbow Alphabet with Mami Q*. Reflection Press.

La Leche League Canada. (2018). Joint statement on use of term chestfeeding. LLL Canada and USA. Retrieved from <https://www.lllc.ca/joint-statement-use-term-chestfeeding>

Lee, R. (2019). Queering Lactation: Contributions of Queer Theory to Lactation Support for LGBTQIA2S+ Individuals and Families. *Journal of Human Lactation*. 2019. Vol. 35(2) 233-8.

LGBTQ.XYZ. (2018). The Alphabet soup of Identity from LGBTIQAP to XYZ. Retrieved from <http://www.lgbtiq.xyz/tag/lgbtqia2s/>

MacDonald, T. (2019). Lactation Care for Transgender and Non-Binary Patients: Empowering Clients and Avoiding Aversives. *Journal of Human Lactation*. 2019. Vol. 35(2) 223-6.

MacDonald, T. (2018). Transgender parents and chest/breastfeeding. KellyMom. Retrieved from <https://kellymom.com/bf/got-milk/transgender-parents-chestbreastfeeding/>

MacDonald T, Noel-Weiss J, West D, et al. Transmasculine individuals' experiences with lactation, chestfeeding, and gender identity: A qualitative study. *BMC Pregnancy Childbirth*. 2016;16:106.

Oberhelman S, Chang A, Braith A, et al. Testosterone impacts on milk and infant in a lactating transgender individual, a case report. *Breastfeed Med* 2020;15:A-24. Abstract. doi: 10.1089/bfm.2020.29162.abstracts.

Poon, L (2015). Ze or They? A Guide to Using Gender-Neutral Pronouns. CityLab. Retrieved from <https://www.citylab.com/life/2015/09/ze-or-they-a-guide-to-using-gender-neutral-pronouns/407167/>



## Maternal Conditions

- Adams TD, et al. Maternal and neonatal outcomes for pregnancies before and after gastric bypass. *International Journal of Obesity*. 39(4); 686-694 2015
- Arthus PG et al. Metabolites of lactose synthesis in milk from diabetic and nondiabetic women during lactogenesis II. *J Pediatric Gastroenterology Nutr*. 19:100-8, 1994
- Ayers B, et al. Pilot study of breastfeeding support on the night shift. *Clinical Lactation* 6(2); 53-58 2015
- Ayrim A, et al. Breastfeeding throughout pregnancy in Turkish women. *Breastfeeding Medicine* 9(3); 157-160. 2014
- Bakunas-Kenneley I. Community-Acquired MRSA in neonates. *AWHONN* 12(5), 394-402; 2008
- Berg M, et al. Breastfeeding and its impact on daily life in women with type I diabetes during the first six months after childbirth: a prospective cohort study. *International Breastfeeding Journal*. 7(20) 2012
- Bergmann RL, et al. 2014. Breastfeeding is natural but not always easy; intervention for common medical problems of breastfeeding mothers- a review of the scientific evidence. *J Perinat Med*.42(1);9-18.
- Berens P, et al. Incidence of methicillin-resistant staphylococcus aureus in postpartum breast abscesses. *Breastfeeding Medicine*, 5(3); 113-115. 2010
- Bigger H. Indications for preterm delivery and pumped human milk volume in mothers of very low birth weight infants. *Breastfeeding Medicine* 18<sup>th</sup> International Conference Abstract P-55 pg. A-43 2016
- Bitman J et al. Milk composition and volume during the onset of lactation in a diabetic mother. *Am J Clin Nutr* 50:1364-69, 1989
- Briggs GG, et al. Diabetes drug levels in breastmilk insignificant. *Obstet Gyn* June 2005
- Britz SP, et al PCOS and breastfeeding: What is the issue? ... Polycystic ovarian syndrome. *JOGNN* doi: 10.1111/resistant staphylococcus aureus in postpartum breast abscesses. *Breastfeeding Medicine* 5(3); 113-115. 2010
- Berlin CM. "Exclusive" breastfeeding of quadruplets. *Breastfeeding j*.1552-6909.2011.01244 2011
- Burgss A et al. (2019) Association between Lactation and Postpartum Blood Pressure in Women with Preeclampsia. *MCN* 44(2)86-93
- Callahan, S. et al. Fatigue and breastfeeding: an inevitable partnership? *JHL* 22(2) 182-187. 2006
- Castelli C, et al. Maternal factors influencing the decision to breastfeed newborns conceived with IVF. *Breastfeeding Medicine* 10(1); 2015
- Chamblin C. Breastfeeding after breast reduction. *AWHONN Lifelines*. 10(1) 42-48. 2006
- Chantry CJ, et al. Effect of flash-heat treatment on antimicrobial activity of breastmilk. *Breastfeeding Medicine*. 6(1); 111-116. 2011
- Chen H, et al. Breastfeeding and risk of rheumatoid arthritis: A systematic review and meta analysis. *Journal of Rheumatology* 42; 1563-9 2015
- Chen SH, et al. The endoscope as an adjunct to correction of nipple inversion deformity. *Plastic Reconstructive Surgery*. 119(4); 1178-82. 2007

- Chen CJ, et al. Factors associated with nasal colonization of methicillin resistant staphylococcus aureus among healthy children in Taiwan. *Journal of Clinical Microbiology* (Epub ahead of print) Nov 17, 2010
- Choi SR, et al. Association between duration of breastfeeding and metabolic syndrome The Korean *National Health and Nutrition Examination Surveys. Journal of Women's Health* DOI: 10.1089/jwh.2016.6036 2016
- Clancy CM. Bariatric surgery: what women need to know. *Nursing for Women's Health*. Feb/March 2008
- Cordero, L, et al. Breastfeeding women with severe preeclampsia. *Breastfeeding Medicine* 2012.0019
- Demirci JR, et al. Breastfeeding and short sleep duration in mothers and 6-11 month old infants. *Infant Behavior and Development*. 35; 884-886. 2012
- Doan T, et al. Breast-feeding increases sleep duration of new parents. *J Perinatal Neonatal Nursing*. 21(3); 200-206. 2007
- Dumphy D. The breastfeeding surgical patient. *AORN Journal* 87(4); 759-766. 2008
- Dunn D, et al. Hypothyroidism in Women. *Nursing for Women's Health*. 20(1); 93-98 2016
- Etemadifar M, et al. Efficacy of high-dose vitamin D3 supplementation in vitamin D deficient pregnant women with multiple sclerosis: Preliminary findings of a randomized-controlled trial. *Iran J Neurol*. Apr 4;14(2):67-73 2015
- Greenlee C, et al. Current safety practices relating to I-131 administration for diseases of the thyroid: A survey of physicians and allied practitioners. *Thyroid* 21(2); 151-160. 2011
- Grange DK, et al. Nutritional vit B12 deficiency in a breastfeed infant following maternal gastric bypass. *Pediatric Hematology Oncol* 11(3), 1994
- Groer M, et al. Neuroendocrine and immune relationships in postpartum fatigue. *MCN* 30(2); 133-138 2015
- Hale, T. *Medications and Mothers' Milk* Pharmasoft Medical Publishing, Amarillo, TX, 2014
- Hale T, Hartmann PE. *Textbook of Human Lactation* 1<sup>st</sup> Edition. Hale Publishing L.P. Amarillo TX, 79106. 2007
- HalieZT, et al. Association between gestational weight gain and delayed onset of lactation The moderating effect of race/ethnicity. *Breastfeeding Medicine*. DOI: 10.1089/bfm.2016.0134 2016
- Handlin L, et al. Influence of common birth interventions on maternal blood pressure patterns during breastfeeding 2 days after birth. *Breastfeeding Medicine* 7(2); 93-99. 2011
- Harris AL, et al. Community-Associated MRSA infections in women. *Journal for Nurse Practitioners*. 6(6); 435-441. 2010
- Harris AA, et al. Specialized care for women after bariatric surgery. *Journal of Midwifery and Women's Health*. 55; 529-539 2010
- Heinig MJ. Addressing maternal fatigue: A challenge to in-hospital breastfeeding promotion. *JHL* 26(3); 231-232. 2010
- Heimburg DV, et al. The tuberous breast deformity: classification and treatment. *British Journal of Plastic Surgery*. 49; 339-345. 1996
- Hill PD, et al. Breast augmentation and lactation outcome: A case report. *MNC* 29(4) 238-242. 2004

- Hoban R. Obesity and risk of delayed onset of lactation in mothers of VLBW infants. *Breastfeeding Medicine*. 18<sup>th</sup> International Conference Poster P-100 Pg. A-65 2016
- Hoshiyama E, et al. Postpartum migraines: a Long-term prospective study. *Internal Medicine* 51; 3119-3123. 2012
- Hurst N. Recognizing and treating delayed or failed lactogenesis II. *Journal of Midwifery and Womens Health* 52(6); 588-594. 2007
- Irland NB. The story of gestational diabetes. *Nursing for Women's Health*. P. 147-155. April-May 2010
- Kartoz CR. Systemic lupus erythematosus. *MCN* 40(4); 220-226 2015
- Khanfir S, et al. Hyperprolactinemia in systemic lupus erythematosus. A prospective study of 38 cases. *Tunis Med*, 2004 June;82(6):512-515
- Kim C, et al. Recurrence of gestational diabetes: A systematic review. *Diabetes Care*. Feb 8, 2007
- Kitaima H. Prevention of methicillin-resistant staphylococcus aureus infection in neonates. *Pediatrics International* 45; 238-245. 2003
- Klevens RM, et al. Invasive Methicilli-resistant staphylococcus aureus infection in the United Stated. *JAMA* Oct 298(15);1763-1771. 2007
- Kurth E. et al. Crying baby, tired mother-challenges of the postpartum hospital stay: An interpretive phenomenological study. *BMC Pregnancy & Childbirth* 10(1);21-31 2010
- Ladores S, et al. The early postpartum experiences of previously infertile mothers. *JOGNN* 44; 370-279 2015
- Lai YL, et al. Postpartum fatigue, baby-care activities, and maternal-infant attachment of vaginal and cesarean births following rooming-in. *Applied Nursing Research* doi.org/10.1016/j.apnr.2014.08.002 2014
- Langer-Gould, et al. Exclusive breastfeeding and the risk of postpartum relapses in women with multiple sclerosis. *Arch Neurol* 66(8); 958-963 2009
- La Rocca N. Breast-feeding may lower risk of MS. *Neurology* July 12, 2017
- LaRusso Laurie, Thyroid disease and risk for preterm birth. *Nursing for Women's Health* 17(5); 369, 2013
- Lawrence R. Breastfeeding: *A Guide for the Medical Profession*. 7<sup>th</sup> Edition 2016
- Lee S, et al. Biological underpinnings of breastfeeding challenges: the role of genetics, diet, and environment on lactation physiology. *American Journal of Physiology* 311(2); E405-E422 2016
- Lind JN, et al. Relationship between use of labor pain medications and delayed onset of lactation. *JHL* 30(2); 167-173 2014
- Liu B, et al. Parity, breastfeeding, and the subsequent risk of maternal type 2 diabetes. *Diabetes Care* 33(6); 1239-1241. 2010
- Lowe, NK. The persistent problem of postpartum hemorrhage. *JOGNN* 41; 459-460 2012
- MacGregor EA. Migraine in pregnancy and lactation. *Neurol.Sci*. Supplement 1; S61-S64. 2014
- Madarshahian F, et al. A comparative study of breastfeeding during pregnancy: impact on maternal and newborn outcomes. *Journal of Nursing Research* 20(1); 74-79. 2012
- Main Ek, et al. National Partnership for maternal safety: Consensus bundle on obstetric hemorrhage. *JOGNN* 126(1); 462-470 2015

- Marasco L et al. Polycystic ovary syndrome: a connection to insufficient milk supply. *Journal Human Lactation* 16:143-48, 2000
- Marasco L, The Impact of thyroid dysfunction on lactation. *Breastfeeding Abstracts*. 25(2); 9-12. 2006
- Martens WS, et al. Failure of a nursing infant to thrive after the mother's gastric bypass for morbid obesity. *Pediatrics* 86(5) 1990
- Milestone AM. Uncovering reservoirs of MRSA. *JAMA Pediatrics* 168(11); 994-995. 2014
- Monasta L, et al. Breastfeeding during pregnancy: Safety and socioeconomic status. *Breastfeeding Medicine* 9(6); 2014
- Mohrbacher N. Nursing Parents' Health *in* Breastfeeding Answers: A Guide for Helping Families. Arlington Heights, IL: Nancy Mohrbacher Solutions Inc. 2020.
- Montalto M, et al. MRSA as a cause of postpartum breast abscess in infant and mother. *JHL* 25(4). 448 -450, 200
- Moore DB, et al. Lactation Suppression: Forgotten aspect of care for the mother of a dying child. *Pediatric Nursing* 29(5) 2003
- Munger K, et al 25-Hydroxvitamin D deficiency and risk of MS among women in the Finnish Maternity cohort. *Neurology* 2017
- Nommsen-Rivers, L. Et al. Cosmetic Breast Surgery: Is Breastfeeding at Risk? *JHL* 19(1) 2003 Pp.7- 8
- Nommsen-Rivers LA, et al. Delay onset of lactogenesis among first-time mothers is relative to maternal obesity and factors associated with ineffective breastfeeding. *American Journal Clinical Nutrition*. 92; 574-84. 2010
- Nommsen-Rivers LA. Does insulin explain the relation between maternal obesity and poor lactation outcomes? An overview of the literature. *Advances in Nutrition*. DOI: 10.3945/an.115.011007 2016
- Ortiz FM, et al. Postpartum care for women with gestational diabetes. *MCN* 41(4); 116-122 2016
- Oza-Frank R, et al. Early lactation ad infant feeding practices differ by maternal gestational diabetes history. *JHL* (32(4); 658-665 2016
- Parker LA. Et al. Neonatal Herpes Infection: A Review. *NBIA* 4(1) 2004
- Parks, PL, et al. What happens when fatigue lingers for 18 months after delivery. *JOGGN* 28(1); 87-93 1999
- Phillips C, et al. Assessment, management and health implications of early-onset preeclampsia. *Nursing for Women's Health* 20(4); 401-413 2016
- Pinter DM, et al. Maternal-Infant transmission to MSRA and MSSA. *American Journal of Perinatology*. 2690; 145-151 2009
- Ragnedda G, et al. Reduced duration of breastfeeding is associated with a higher risk of multiple sclerosis in both Italian and Norwegian adult males: The EnvIMS study. *Journal of Neurology* 262; 1271-1277 2015
- Reddy R, et al. Postpartum Mastitis and Community-acquired Methicillin-resistant Staphylococcus aureus. *CDC EID* 13(2), 2007
- Reichman O, et al. MRSA infections of buttocks, vulva, and genital tract in women. *Urinary Tract Infections*. 11; 465-470. 2009
- Renfree C. Anemia and the effects on the Breastfeeding Women. 2004  
[www.healthyconnections.ws/anemia](http://www.healthyconnections.ws/anemia)
- Riddle SW, et al. A case control study of diabetes during pregnancy and low milk supply. *Breastfeeding Medicine*. 11(2); 80-85 2016

- Rioux FM, et al. Is there a link between postpartum anemia and discontinuation of breastfeeding? *Canadian Journal of Dietetic Practice and Research*. 67(2); 72-76. 2006
- Rose SR. Community acquired MRSA and the potential for sexual transmission. *Nursing for Women's Health*. 15(5); 392-401. 2011
- Runquist J. Persevering through postpartum fatigue. *JOGNV* 36(1); 28-37. 2007
- Rychnosky J, et al. The relationship between sleep characteristics and health postpartum women. *Women's Health Issues*. 19(1); 38-44 2007
- Schuff M, et al. The impact of cosmetic breast implants on breastfeeding: a systematic review and meta-analysis. *International Breastfeeding Journal* 9(17); 2014
- Shrago L et al. The infant's contribution to breastfeeding. *Journal of Obsteric, Gynecologic and Neonatal Nursing*. 29(3);209-15
- Souto, GC. Et al. The Impact of Breast Reduction Surgery on Breastfeeding Performance. *JHL* 19(1) 2003. pp. 43-49
- Stafford I, et al. Community-acquired methicillin-resistant staphylococcus aureus among patients with puerperal mastitis requiring hospitalization. *Obstetrics & Gynecology*. 112(3); 533-7. 2008
- Stube AM. Does breastfeeding prevent the metabolic syndrome or does the metabolic syndrome prevent breastfeeding? *Siminar in Perinatology* 39; 250-295 2015
- Thompson JF, et al. Women's experiences following a significant primary postpartum haemorrhage: A multicenter cohort study. *International Breastfeeding Journal*. 5(5) 1-30. 2010
- Thompson KA, et al. Sleep, depression, and fatigue in late postpartum. *MCN* 41(2); 104-108 2016
- Vanky E, et al. Breastfeeding in polycystic ovaries. *AM Jour of OB and Gyn*. 29; 181-91
- Walker CK, et al. Preeclampsia placental insufficiency and autism spectrum disorder or developmental delay. *JAMA Pediatrics* 169(2): 154-162 2015
- Wallace, JP et al. The influence of the fullness of milk in the breasts on the concentration of lactic acid in post exercise breastmilk. *Int J Sports Med* 13:395 1992
- Weersing S. Side-Lying breastfeeding and adequate rest for new mothers. *Nursing for Women's Health*. 18(10); 9-10. 2014
- Wenner L. Care of the breastfeeding mother in medical-surgical areas. *MedSurg Nursing*. 16(2); 101- 104. 2007
- West, D. *Defining your success. Breastfeeding after breast reduction*. LLLI Schaumburg, IL 2001
- Zhang BZ, et al. Breastfeeding and maternal hypertension and diabetes: A population-based cross sectional study. 10(3); 163-167 2015

## Hypoglycemia

- Abramowski, A. and Hamdan, A. 2019. Neonatal Hypoglycemia. StatPearls September, 9,2021.
- Adamkin, DH. 2016 Neonatal Hypoglycemia. *Pediatrics*. 28(2), 150-155
- Adamkin, DH. 2011. Postnatal glucose homeostasis in late-preterm and term infants. *Pediatrics*. 127(3), 575-579
- Barber, R, et al. Glucose Gel as a Potential Alternative Treatment to Infant Formula for Neonatal Hypoglycemia in Australia. *Int J Environ Res Public Health* 2018 May; 15(5): 876.
- Chertok IRA, et al. Effects of early breastfeeding on neonatal glucose levels of term infants born to women with gestational diabetes. *Journal of Human Nutrition and Dietetics*. 22. 166-160. 2009
- Committee on Fetus and Newborn. 2011. Postnatal glucose homeostasis in late-preterm and term infants. *Pediatrics* 127 (3):575-579
- Chiruvolu A et al. Effects of Skin-to-Skin Care on Late Preterm and Term Infants At-Risk for Neonatal Hypoglycemia. 2017. *Pediatric Quality and Safety* 2:4; e030
- Forster D et al. 2017. Advising women with diabetes in pregnancy to express breastmilk in late pregnancy (Diabetes and Antenatal Milk Expressing (DAME): a multicenter, unblinded, randomized controlled trial. *The Lancet*. 389: 2204-13
- Guidelines for Glucose Monitoring and Treatment of Hypoglycemia in Term Late-Preterm Neonates*, The Academy of Breastfeeding Medicine: Clinical Protocol Number 1. Revised 2021
- La Leche League Great Britain. 2020. Antenatal Expression of Colostrum. <https://www.laleche.org.uk/antenatal-expression-of-colostrum>.
- LeBlanc, S. et al. 2016. Reducing Intensive Care Admissions for Asymptomatic Hypoglycemia. *Breastfeeding Medicine* 11: Supplement 1, S-3.
- McKinlay C et al. 2015. Neonatal Glycemia and Neurodevelopmental Outcomes at 2 Years. *New England Journal of Medicine* 373:16 pp1507-1518
- McKinlay C et al. 2017. Association of Neonatal Glycemia With Neurodevelopmental Outcomes at 4.5 Years. *JAMA Pediatrics*. Doi:10.1001/jamapediatrics.2017.1579
- Pearson-Glaze, P. 2019. Expressing Colostrum Antenatally, Breastfeeding Support. <https://breastfeeding.support/expressing-colostrum-antenatally>.
- Rozance PJ, Jay W. 2012. Neonatal Hypoglycemia - answers, but more questions. *J Pediatr*. 161 (5):775-776.
- Stanley C et al. 2015. Re-Evaluating "Transitional Neonatal Hypoglycemia": Mechanism and Implications for Management. *Journal of Pediatrics* 166:6 pp1520-1525
- Stanzo, K. et al. Effects of Dextrose Gel in Newborns at Risk for Neonatal Hypoglycemia in a Baby-Friendly Hospital. *J Obstet Gynecol Neonatal Nurs*. 2019, Dec 4.
- Thompson-Branch A and Havranek T. 2017. Neonatal Hypoglycemia. *Pediatrics in Review* 38(4): 147-157
- Tozier, P. 2013. Colostrum versus formula supplementation for glucose stabilization in newborns of diabetic mothers. *JOGNN* 42(6):619-628
- Walters MW, et al. 2007. Kangaroo care at birth for full term infants: A pilot study. *MCN* 32(6); 375-381.
- Wight, Nancy. 2012. *Clinics in Human Lactation: Hospital Breastfeeding Issues*. Hale Publishing, Amarillo TX
- ©2023/Lactation Education Consultants

Wight, N et al. 2014. ABM Clinical Protocol #1: Guidelines for Blood Glucose Monitoring and Treatment of Hypoglycemia in Term and Late-Preterm Neonates. *Breastfeeding Med.* Vol 9, Number 4.

## Jaundice in the Newborn

<https://www.aap.org/en/patient-care/hyperbilirubinemia/>

AAP 2022. Slaughter, J. L., Kemper, A. R., & Newman, T. B. (2022). Technical report: Diagnosis and management of hyperbilirubinemia in the newborn infant 35 or more weeks of gestation. *Pediatrics*, 150(3).

<https://publications.aap.org/pediatrics/article/150/3/e2022058859/188726/Clinical-Practice-Guideline-Revision-Management-of?autologincheck=redirected>

ABM Protocol Committee, 2017. ABM clinical protocol #22: Guidelines for management of jaundice in the breastfeeding infant 35 weeks or more gestation. *Breastfeeding Medicine*. 12(5)

Alex, M & Gallant, D. 2008. Toward understanding the connections between infant jaundice and infant feeding. *Journal of Pediatric Nursing*. 23(6) 429-438.

Bhutani, V & Johnson, L. 2006. Kernicterus in late preterm infants cared for as term healthy infants. *Elsevier: Seminars in Perinatology*. 89-97

Damkjaer, R et al. 2010. Neonatal jaundice, autism, and other disorders of psychological development. *Pediatrics* 126(5):872-878

Flaherman, V. & Kacir, L. 2019. Jaundice and the Breastfed Baby, Breastfeeding and Human Lactation, 6<sup>th</sup> edition. Jones & Bartlett Learning

Gartner, L. 2007. Hyperbilirubinemia and Breastfeeding. In *Textbook of Human Lactation*, Hale & Hartmann. Hale Publishing, Amarillo TX

Grabenhenrich J et al. 2014. Transcutaneous bilirubin after phototherapy in term and preterm infants. *Pediatrics*. (DOI: 10.1542/peds.2014-1677) online 10/20/14.

Hechtel, S., 2000. Bilirubin acts as antioxidant in the brain. Reuters *Medical News*, Jan 31.

Huang, A et al. 2009. Differential risk for early breastfeeding jaundice in a multi-ethnic Asian cohort. *Ann Acad Med Singapore*. 38(3):217-24

Kao, JS et al. 2011. Possible roles of bilirubin and breast milk in protection against retinopathy of prematurity. *Acta Paediatr Mar*; 100(3):347-51

Kaplan, M et al. 2020. Neonatal Jaundice and liver diseases. Fanaroff and Martin's Neonatal-Perinatal Medicine: Diseases of the Fetus and Infant. 11<sup>th</sup> Edition. Chapter 91.

Keren, R. et al. 2008. A comparison of alternative risk-assessment strategies for predicting significant neonatal hyperbilirubinemia in term and near-term infants. *Pediatrics* 121(1) e170. p 173

Kuzniewica M et al. 2014. Incidence, etiology, and outcomes of hazardous hyperbilirubinemia in newborns. *Pediatrics*. (DOI: 10.1542/peds.2014-0987) online 8/4/14.

Lain, S. et al. 2015. Early Discharge of Infants and Risk of Readmission for Jaundice. *Pediatrics* 135:2 February. 314-321.

Maisels M et al, The effect of breast-feeding frequency on serum bilirubin levels, *Am J Obstet Gynecol* 170:880-883, 1994.

Maisels, J & Kring, E. 2006. The contribution of hemolysis to early jaundice in normal newborns. *Pediatrics* 118(1): 276-279. July.

Muchowski K. 2014. Evaluation and treatment of neonatal hyperbilirubinemia. *Amer Fam Phys*. Vol 89, Number 11.

Newman and Maisels: Evaluation and treatment of jaundice in the term newborn: a kinder, gentler approach, *Pediatrics*, Vol 80 No. 5, May, 1992.

Palmer, R. H: 2003. Applying the "10 simple rules" of the institute of medicine to management of hyperbilirubinemia in newborns.



*Pediatrics* Vol 112(6), Dec. 1388-93

Salariya E & Robertson C, Relationships between baby feeding types and patterns, gut transit time of meconium and the incidence of Neonatal jaundice, *Midwifery* 9:235-242, 1994.

Seagraves, K et al. 2014. Supporting breastfeeding to reduce newborn readmissions for hyperbilirubinemia. *Nursing for Women's Health* 17(6):498-507.

Sedlak, T et al. 2004. Bilirubin benefits: cellular protection by a biliverdin reductase antioxidant cycle. *Pediatrics* 113 (5): 1776

Seldman, D et al, Hospital readmission due to neonatal hyperbilirubinemia, *Pediatrics*, Vol 96, No 4, October 1995, pp 727-734.

Siroosbakht S, Aminian A R, Rezakhaniha B. Risk Factors of Early Breastfeeding Jaundice: How Can Gynecologists and Nurses be Effective in Reducing It?. *J Compr Ped*. 2020;11(3):e103578. [doi: 10.5812/compreped.103578](https://doi.org/10.5812/compreped.103578).

Smith, J et al. 2007. An evidence-based review of hyperbilirubinemia in the late preterm infant, with implications for practice: management, follow-up, and breastfeeding support. *Neonatal Network* 26(6):395-405

Taylor, J et al 2015. Discrepancies Between Transcutaneous and Serum Bilirubin Measurements. *Pediatrics* 135:2 February. 224-231

Vandborg, P et al 2012. Follow-up of neonates with total serum bilirubin levels  $\geq 25$  mg/dL: A Danish population-based study. *Pediatrics* 150(1): 61-66

Waldrop, JB et al. 2013. Guideline-based educational intervention to decrease the risk for readmission of newborns with severe hyperbilirubinemia. *J Ped Health Care*. 27(1): 41-50.

Wells, C et al. 2013. Strategies for neonatal hyperbilirubinemia: a literature review. *MCN*. 38(6):377-382.

Wight, Nancy. 2012. Hospital Breastfeeding Issues: *Clinics in Human Lactation* Hale Publishing, Amarillo TX pp 39-51

Wu, Y et al. 2016. Risk of Autism Associated with Hyperbilirubinemia and Phototherapy. *Pediatrics* 138(4).

Wu, Y et al. Risk for cerebral palsy in infants with total serum bilirubin levels at or above the exchange transfusion threshold: a population-based study. *JAMA Pediatr*. 2015;169 (3):239-246.

Ying-Juang, C et al 2015. Effect of breast-feeding frequency on hyperbilirubinemia in breast-fed term neonate. *Pediatrics International* doi: 10.1111/ped.12667.

## Preterm & Late Preterm Infants

ABM Clinical Protocol #10: Breastfeeding the Late Preterm (34–36 6/7 Weeks of Gestation) and Early Term Infants (37–38 6/7 Weeks of Gestation), BREASTFEEDING MEDICINE Volume 11, Number 10, 2016. DOI: 10.1089/bfm.2016.29031.egb

Alshakih B, et al. Effect of a quality improvement project to use exclusive mother's own milk on rate of necrotizing enterocolitis in preterm infants. *Breastfeeding Medicine* 10(7);355-361 2015

American Academy of Pediatrics, Subcommittee on Hyperbilirubinemia. (2004). Management of Hyperbilirubinemia in the newborn infant 35 or more weeks of gestation. *Pediatrics*, 114, 297-316.

American College of Obstetricians and Gynecologists. (2019a). Avoidance of nonmedically indicated early-term deliveries and associated neonatal morbidities. ACOG Committee Opinion No. 765. *Obstetrics & Gynecology*, 133, e156-e163.

American College of Obstetricians and Gynecologists. (2019b). Medically Indicated late-preterm and early-term deliveries. ACOG Committee Opinion No. 764. *Obstetrics & Gynecology*, 133, e151-e155.

Bharwani, SK et al. Systematic review and meta-analysis of human milk intake and retinopathy of prematurity: a significant update. *J Perinatol* (11):913-921. 2016

Bennett, C.F., et al., (2018) Education for WIC peer counselors about breastfeeding the late preterm infant. *Journal of Nutrition Education and Behavior*, 50, 198-203.

Berra S. Et al. Correlates of breastfeeding duration in an urban cohort from Argentina. *Acta Paediatr*; 92. 952-957. 2003

Bhutani VK, Johnson, LH. 2003. Newborn jaundice and kernicterus—health and societal perspectives. *Indian J Pediatrics*. May; 70(5):407-16

Bhutani, V.K., (2012) Late preterm infants: Major cause of prematurity and adverse outcomes of neonatal hyperbilirubinemia. *Indian Pediatrics*, 49, 704-705.

Bogges KA. et a. Maternal periodontal disease in early pregnancy and risk for small-for-gestational age infants *American Journal of Obstetrics and Gynecology* 194(5) 1316-1322. 2006

Brandtzaeg P. The mucosal immune system and its integration with the mammary gland. *The Journal of Pediatrics*. 156(2, supplement 1); s8-s15. 2010

Briere CE. Breast or bottle-fed: Who goes home sooner? *Advances in Neonatal Care*. 15(1); 65-69. 2015

Brockway, M et al. Breastfeeding and self-efficacy and breastmilk feeding for moderate and last preterm infant in the Family Integrated Care trial: a mixed methods protocol. *Int Breastfeed J*. Published online 2018 Jul 6. Doi: 10.1186/s13006-018-0168-7

Chichlowski M., et al., (2012). Bifidobacteria isolated from infants and cultured on human milk oligosaccharides affect intestinal epithelial function. *Journal of Pediatric Gastroenterology Nutrition*, 55, 321-327.

Cooper BM, et al. Newborn clinical outcomes of the AWHONN late preterm infant researched-based practice project. *JOGNN* 41, 774-785. 2012

Demirci, J.R., et al., (2015). Weighing worth against uncertain work: The interplay of exhaustion, ambiguity, hope, and disappointment in mothers breastfeeding late preterm infants. *Maternal Child Nutrition*, 11, 59-72.

Edmonson MB, et al. Hospital readmission with feeding related problems after early postpartum discharge of normal newborns. *JAMA* 278(4):299-303, 1997

Elderman AI. The challenge of breastfeeding the late preterm and early term infant. *Breastfeeding Medicine*. 11(3); 99 2016

Engle WA, et al. "Late-Preterm" infants: A population at risk. *Pediatrics* 120(6); 1390-1401. December 2007

Ericson J, et al. Estimated breastfeeding support to breastfeeding in the neonatal intensive care unit. *JOGNN* 42; 29-37 2013

Forsgren, S., et al., (2017). Late preterm birth has direct and indirect effects on infant gut microbiota development during the first 6 months of life. *Acta Paediatrica*, 106,1103-1109.

Geddes, D.T., et al., (2017). Characteristics of sucking dynamics of breastfeeding preterm infants: A cross sectional study. *BMC Pregnancy Childbirth* 17, 386.

Guibeau JR, et al. Brush UP: periodontal disease and pregnancy. *Nursing for Women's Health*. 13(6). 496-499. 2009

Hair AB, et al. Beyond necrotizing enterocolitis prevention: improving outcomes with an exclusive human milk-based diet. *Breastfeeding Medicine* 11(2); 70-74 2016

Hamilton, B.E., et al., (2019). Births Provisional data for 2018. *Vital Statistics Rapid Release*; no.7. Hyattsville, MD: National Center for Health Statistics.

Hartnett E, et al. Oral Health in Pregnancy. *JOGNN* 45; 565-573 2016

Herrmann K, et al. An exclusive human milk diet reduces necrotizing enterocolitis. *Breastfeeding Medicine* 9(4); 2014

Huff, K., et al., (2019). Late preterm infants: Morbidities, mortality, and management recommendations. *Pediatric Clinics of North America*, 66, 387-402.

Kair LR, et al. The experience of breastfeeding the late preterm infant: A qualitative study. *Breastfeeding Medicine* 10(2); 102-106 2015

Karl, DJ. Using the principles of newborn behavioral state organization to facilitate breastfeeding. *MCN* 29(5) 292-298 2004

Kuhnly, JE. Sustained Breastfeeding and Related Factors for Late Preterm or Early Term Infants. *J Perinat Neonatal Nurs* (32) April/June: 175-188. 2018

Kuzniewicz, M.W., et al., (2013). Hospital Readmissions and emergency department visits in moderate preterm, late preterm, and early term infants. *Clinics in Perinatology*, 40, 753-775.

Larusso L. Bariatric surgery associated with preterm birth. *Nursing for Women's Health*. 18(1); 11 2014

Ludington-Hoe, SM. Skin to skin contact: A comforting place with comfort food. *MCN* 40(6); 359-366 2015

Mangel L, et al. Higher fat content in breastmilk expressed manually: a randomized trial. *Breastfeeding Medicine* 10(7); 352-354 2015

Mattsson E, et al. Healthy late preterm infants and supplementary artificial milk feeds: Effects on breast feeding and associated clinical parameters. *Midwifery* 31; 426-431 2014

McGrath JM. Breastfeeding success for the high-risk infant and family: Nursing attitudes and beliefs. *J Perinat Neonatal Nurs*. 21(3); 2007

McElroy SJ, et al. The ErbB4 Ligand Neuregulin-4 protects against experimental necrotizing enterocolitis. *The American Journal of Pathology* DOI: 10.1016/j.ajpath.2014.06/015 2014

Meier P, et al. Nipple Shields for Preterm infants: Effects on Milk Transfer and Duration of Breastfeeding. *JHL* 16(2) 2002

Meier PP, et al. In-Home Measurement of Milk Intake Mothers Performing In-Home Measurement of Milk Intake During Breastfeeding of Their Preterm Infants: Maternal Reactions and Feeding Outcomes. *Journal of Human Lactation* 20(2), 178-187. 2004

Meier P, et al. Increased lactation risk for late preterm infants and mothers: Evidence and management strategies to protect breastfeeding. *Journal of Midwifery and Women's Health*. 52(60); 579-587. 2007

Meier P, et al. Management of breastfeeding during and after the maternity hospitalization for late preterm infants. *Clinical Perinatology* 40; 689-705 2013

Morton J, et al. Combining hand expression techniques with electric pumping increases the caloric content of milk in mothers of preterm infants. *Journal of Perinatology*. 1-6. 2012

Murase M, et al Predictors of low milk volume among mothers who deliver preterm. *JHL* 30(4); 425-435. 2014

Murray EK. Et al. Hospital practices that increase breastfeeding duration: results from a population-based study. *Birth* 34(3). 202-210. 2006

Natarajan, G., Shankaran, S. (2016). Short- and long-term outcomes of moderate and late preterm infants. *American Journal of Perinatology*, 33,305-317.

Niela-Vilen H, et al. Predictors of breastmilk initiation and frequency for preterm infants in the NICU. *JOGNN* 45; 346-358 2016

Nyqvist KH, et al. Early oral behaviors in preterm infants during breastfeeding: an electromyographic study. *Acta Paediatrica* 90; 658-663. 2001

Parker La, et al. Effect of early breast milk expression of milk volume and timing of lactogenesis stage II among mothers of very low birth weight infants. *JHL* 26(4); 436. 2010

Parker LA, et al. Effects of early breast milk expression on milk volume and timing of lactogenesis stage II among mothers of very low birth weight infants: a pilot study. *Journal of Perinatology* 32; 205-209. 2012

Parker MGK, et al. Implementation of a donor milk program is associated with a greater consumption of mothers' own milk among VLBW infants in a US level 3 NICU. *JHL* 32(2); 221-228 2016

Repa A, et al. Probiotics (lactobacillus acidophilus and Bifidobacterium bifidum) prevent NEC in VLBW infants fed human milk but not formula. *Pediatric Research* 77(2);381-388

Riordan J. *Breastfeeding and Human Lactation* 5th edition. Jones and Bartlett, Boston 2016

Rose, R., & Engle, W.A. (2017) Optimizing care and outcomes for late preterm neonates. *Current Treatment Options in Pediatrics*, 3, 32-43.

Schanler RJ, Hurst NM, Lau C: The use of human milk and breastfeeding in premature infants. *Clinics in Perinatology* Vol 26, #2, June 379-393 1999

Smith JR, et al. An evidenced-based review of hyperbilirubinemia in the later preterm infant, with implications for practice, management, follow-up and breastfeeding support. *Neonatal Network* 26(6); 395-405. 2007

Song, Jia Tong, et al. "Neonatal Intensive Care Unit Interventions to Improve Breastfeeding Rates at Discharge among Preterm and Low Birth Weight Infants: A Systematic Review and Meta-Analysis." *Breastfeeding Medicine*, 2023, <https://doi.org/10.1089/bfm.2022.0151>.

Swanson, Nellie Munn DNP, MPH, APRN, CPNP-PC, CLC; Elgersma, Kristin M. DM, MN, MM, RN; McKechnie, Anne Chevalier PhD, RN; McPherson, Patricia L. MSN, RN, NE-BC; Bergeron, Mark J. MD, MPH; Sommersness, Samantha A. DNP, APRN, CNM; Friedrich, Cheri L. DNP, APRN, CPNP-PC, IBCLC; Spatz, Diane L. PhD, RN-BC, FAAN. Encourage, Assess, Transition (EAT): A Quality Improvement Project Implementing a Direct Breastfeeding Protocol for Preterm Hospitalized Infants. *Advances in Neonatal Care* ():10.1097/ANC.0000000000001037, August 29, 2022. | DOI: 10.1097/ANC.0000000000001037

Thoene M, et al. Comparison of the effect of two human milk fortifiers on clinical outcomes in premature infants. *Nutrients* 6; 261-275 2014

Tonse NK. et al. Optimizing care and outcome for late-preterm (near term) infants: A summary of the workshop sponsored by the National Institute of Child Health and Human Development. *Pediatrics*. 118(3) pages 1207- 1214. 2006

Tully KP, et al. A test of kangaroo care on preterm infant breastfeeding. *JOGNN* 45; 45-61 2016

Verd S, et al. Hospital outcomes of extremely low birth weight infants after introduction of donor milk to supplement mother's milk. *Breastfeeding Medication* 10(3); 150-155 2015

Walker M. *Breastfeeding the late preterm infant*. Second edition. Preclarus Press.2020

Walker, M *Breastfeeding Management for the Late Preterm Infant: Practical Interventions for "Little Imposters."* *Clinical Lactation*. 1(1); 22-26. 2010

White-Traut RC. et al. Feeding readiness in preterm infants: The relationship between preterm behavioral state and feeding readiness behaviors and efficiency during transition from gavage to oral feeding. *MCN* 30(1) 52-59. 2005

Whyte, R.K., & Canadian Paediatric Society, Fetus and Newborn Committee. (2010). Safe discharge of the late preterm infant. *Paediatric Child Health*, 15, 655-660.

Witowich GR, et al. Serial creatinocrits to better describe lipid and calorie content of human milk provided by mothers of very low birth weight infants. *JHL* 26(4); 445. 2010

Yilmaz G, et al. Effects of cup feeding and bottle feeding on breastfeeding in the late preterm infants: A randomized controlled study. *JHL*

30(2); 174-179. 2014

Zhou J, et al. Human Milk Feeding as a protective factor for retinopathy of prematurity: A meta-analysis *Pediatrics* 136(6);1578-1586

## Pumping/Working

- Abdulloeva S, Eyler AA. 2013. Policies on worksite lactation support within states and organizations. *J Womens Health*. 22(9):769-74.
- Abdulwadud OA, Snow ME. 2012. Interventions in the workplace to support breastfeeding for women in employment. *Cochrane Database Syst Rev*. Oct 17:10:CD0066177.
- Ahrabi AF, Handa D, Codipilly CN, Shah S, Williams JE, McGuire MA, Potak D, Aharon GG, Schanler RJ. 2016. Effects of extended freezer storage on the integrity of human milk. *J Pediatrics*. 166:20-24.
- Alianmoghaddam N, Phibbs S, Benn C. 2018. Reasons for stopping exclusive breastfeeding between three and six months: A qualitative study. *J Pediatr Nurs*. 39: 37-43.
- Attanasio L, Kozhimannil KB, McGovern P, Gjerdingen D, Johnson PJ. 2013. The impact of prenatal employment on breastfeeding intentions and breastfeeding status at 1 week postpartum. *J Hum Lact*. 29(4): 620-8.
- Bai YK, Wunderlich SM, Weinstock M. 2012. Employer's readiness for the mother friendly workplace: an elicitation study. *Matern Child Nutr*. 8(4):483-91.
- Bai DL, Fong DY, Tarrant M. 2015. Factors associated with breastfeeding duration and exclusivity in mothers returning to paid employment postpartum. *Matern Child Health*. 19(5):990-9.
- Becker GE, et al. 2008 Methods of milk expression for lactating women. *Cochrane Database of Systematic Reviews*; Issue 4
- Bowen A. et al. 2017. Notes from the field: Cronobacter Sakazakii Infection Associated with Feeding Extrinsically Contaminated Expressed Human Milk to a Premature Infant – Pennsylvania 1016. *MMWR Morb Mortal Wkly Report*.66(28) p 761-762.
- Bowles, B. 2011. Breast Massage: A "Handy" multipurpose tool to promote breastfeeding success. *Clinical Lactation* 2(4); 21-24.
- Carothers, C. (2019). Chapter 11: Breastfeeding and Employment. J. Lauwers, R. Mannel, & B. Spencer (Authors), *Core curriculum for interdisciplinary lactation care* (pp. 167-187). Burlington, MA: Jones & Bartlett Learning.
- CDC. [http://www.cdc.gov/breastfeeding/recommendations/handling\\_breastmilk.htm](http://www.cdc.gov/breastfeeding/recommendations/handling_breastmilk.htm)
- CDC. 2013. Strategies to support breastfeeding mothers and babies. Atlanta:US Dept of Health and Human Services
- Clemons SN, et al. 2010 Breastfeeding women's experience of expressing: A descriptive study. *JHL* 26(3); 258-265.
- Contreras PA, et al. 1999 Inactivation of respiratory syncytial virus by generic hand dishwashing detergents and antibacterial hand soaps. *Society of Hospital Epidemiologist of America* 20; 57-8
- Danby SG, et al.2013 Effect of olive and sunflower seed oil on the adult skin barrier: Implications for neonatal skin care. *Pediatric Dermatology* 30(1); 42-50.
- Dinour LM, Szaro JM. 2017. Employer based programs to support breastfeeding among working mothers: A systematic review. *Breastfeed Med*. 12:131-141.
- Engur D, et al.2015 A milk pump as a source for spreading Acinetobacter Bahmani in a neonatal intensive care unit. *Breastfeeding Medicine* 9(10); 551-554
- Faro, J, Allan K, Berens P, and Jayne P. 2011. Premature Termination of Nursing Secondary to Serratia Marcescens Breast Pump Contamination. *Obstetrics & Gynecology*. 117(2) part 2. P 485-48
- Felice JP, et al.2015 Breasts, Pumps and bottles, and unanswered questions. *Breastfeeding Medicine* 10(9).
- Flaherman VJ, et al.2014 Positive and negative experiences of breast pumping during the first 6 months. *Maternal & Child Nutrition*

DOI: 10.1111/mcn.12137

Fogleman AD, Meng T, Osborne J, Perrin MT, Jones F, Allen JC. 2017. Storage of unfed and leftover mother's own milk. *Breastfeeding Med.* 13(1):1-8.

Francis J and Dickton D. 2019. Physical Analysis of the Breast After Direct Breastfeeding Compared with Hand or Pump Expression: A Randomized Clinical Trial. *Breastfeeding Medicine.* 14(10).

Froh EB, Cascino A, Cerreta SK, Karsch EA, Kornberg LF, Lilley JE, Welch L, Spatz DL. 2018 Status of legislative efforts to promote and protect breastfeeding and provision of human milk for women returning to work in the first postpartum year. *Breastfeeding Med.* 13(7):506-509.

Fuls JL, et al. 2008 Alternate hand contamination technique to compare the activities of antimicrobial and non-antimicrobial soaps under different test conditions. *Applied and Environmental Microbiology* 74; 3739-44

Geraghty SR, et al. 2005 Human milk pumping rates of mothers of singletons and mothers of multiples. *JHL* 21(4)

Geraghty SR, et al. 2012 Predictors of breastmilk expression by 1 month postpartum and influence on breastmilk feeding duration. *Breastfeeding Medicine* 7(2)

Glynn L. Et al. 2005 Manual Expression of Breastmilk. *JHL* 21(2), page 184-185

Grummer-Strawn LM, Shealy KR. 2009. Progress in protecting, promoting, and supporting breastfeeding. *Breastfeed Med. Suppl* : S31-9.

Hale T, Hartmann PE. *Textbook of Human Lactation* 1<sup>st</sup> Edition. Hale Publishing L.P. Amarillo TX, 79106. 2017

Hawkins SS, Dow-Fleisner S, Noble A. 2015. Breastfeeding and the Affordable Care Act. *Pediatr Clin North Am.*62(5)1071-91.

Higgins, F. 2022. Flange Sizing Recommendations for Frequent Breast Pump Use. *Clinical Lactation.* Vol 12. Issue 2. DOI: 10.1891/CL-2022-0001

Hoover K, et al. 2016 Pumping in One Easy Step. *Clinical Lactation* 7(3); 120-122

Hoover, K., & Marasco, L. (2019). Chapter 22. In 1154506267 867647065 R. Mannel & 1154506268 867647065 B. Spencer (Authors), *Core curriculum for interdisciplinary lactation care* (pp. 343-366). Burlington, MA: Jones & Bartlett Learning.

Hunter J. 2013. (Not) Breastfeeding in the low wage, non-union American workplace. *Breastfeed Med.* 8(5):445-7.

Hurst NM. 2007 Recognizing and treating delayed or failed lactogenesis II. *Journal of Midwifery and Women's Health.* 52 (6); 588-594. 2007

Jackson BA, Pawlowski CM, Sturza J, and Stanley KP. 2020. Interchanging Breast Pump Kit Brands Alters Breast Pump Suction Pressure. 15(2).

Jewish Women's Health [www.jewishwomenshealth.org/article.php?article=40](http://www.jewishwomenshealth.org/article.php?article=40)

Jones, F., & Weaver, G. (2019). Chapter 31: Expression and Use of Human Milk. S. H. Campbell, J. Lauwers, R. Mannel, & B. Spencer (Authors), *Core curriculum for interdisciplinary lactation care* (pp. 487-504). Burlington, MA: Jones & Bartlett Learning.

Johns, H. et al. 2013 Prevalence and outcomes of breast milk expressing in women with healthy term infants: a systemic review. *BMC Pregnancy and Childbirth.* 13 (212).



Johnson AM, Kirk R, Muzik M. 2015. Overcoming workplace barriers: a focus group study exploring African American mothers' needs for workplace breastfeeding support. *J Hum Lact*. 31(3): 425-33.

Kozhimannil K, et al. 2016 Access to Workplace Accommodations to Support Breastfeeding after Passage of the Affordable Care Act. *Women's Health Issues*. 26(1); 6-13

Kronborg H, et al. 2017 Why do mothers use nipple shields and how does this influence duration of exclusive breastfeeding? *Maternal and Child Nutrition* 13 DOI: 10.1111/mcn.12251

Lucas R, et al. 2014 Furthering our understanding of the needs of mothers who are pumping breast milk for infants in the NICU. *Foundations in Newborn Care*. 14(4); 241-252.

Mannel R. 2008 Milk expression, storage, and handling. *Core Curriculum for Lactation Consultant Practice*. 2<sup>nd</sup> Ed. Jones and Bartlett, Boston. Page 521-526.

Meier P, et al. 2008 A comparison of the efficiency, efficacy, comfort and convenience of two hospital-grade electric breast pumps for mothers of very low birthweight infants. *Breastfeeding Medicine* 3(3); 141-150.

Meier P, et al. 2016 Which breast pump for which mother: an evidenced-based approach to individualized breast pump technology. *Journal of Perinatology*. Pp 1-7.

Meng T et al. 2016. Storage of Unfed and Leftover Pasteurized Human Milk. *Breastfeeding Medicine*. 11(10) p 538-543.

Morton J. 2009. Mothers who use "hands-on" technique see increase in milk production. *AAP News*; 30(6). 2009

Morton J, et al. 2012. Combining hand expression techniques with electric pumping increases the caloric content of milk in mothers of preterm infants. *Journal of Perinatology*. 1-6.

Nguyen MT, Snow G, Wheeler DO, Owens T. 2016. Clinical question: In post-partum first time mothers, what interventions are successful for helping women sustain exclusive breastfeeding one month or more. *J Okla State Med Assoc*. 109(11):521-524.

Ohyama M, et al. 2007. Which is more effective, manual or electric expression in the first 48 hours after delivery in a setting of mother infant separation? Preliminary report. *Clinical Platform Abstract #4*. ABM 12<sup>th</sup> Annual International Meeting. October 11-14.

Parker La, et al. 2010. Effect of early breast milk expression of milk volume and timing of lactogenesis stage II among mothers of very low birth weight infants. *JHL* 26(4); 436.

Pollard DL. 2011. Impact of a feeding log on breastfeeding duration and exclusivity. *Maternal Child Health Journal*. 15; 395-400.

Prime, D et al. 2012. Simultaneous breast expression in breastfeeding women is more efficacious than sequential breast expression. *Breastfeeding Medicine*. 7(6).

Prime DK, et al. 2010. The effect of breast shield size and anatomy on milk removal in women. *JHL* 26(4); 433. 2010

Rhodes J. 2011. Evidenced-based recommendations for breast pumping hygiene. *Neonatal Intensive Care*. 24(4); 20-23

Riordan J. 2016. *Breastfeeding and Human Lactation*, 5<sup>th</sup> edition, Jones and Bartlett, Boston

Schy D, et al. 2017. Pumping practices and characteristics of mothers with preterm babies going to the neonatal intensive care unit. *Unites States Lactation Consultant Association* 8(2). 66-71

Sakalidis VS, et al. 2020. Breast shield design impacts milk removal dynamics during pumping: A randomized controlled non-inferiority trial. *Acta Obstetrica et Gynecologica Scandinavica* 99(11).

Skafida V. 2010. Juggling work and motherhood: the impact of employment and maternity leave on breastfeeding duration: a survival analysis on growing up in Scotland data. *Matern Child Health J*. 28: epub ahead of print

- Smith JP, Forrester R. 2013. Who pays for the health benefits of exclusive breastfeeding? An analysis of maternal time costs. *J Hum Lact.* 29(4): 547-55.
- Smith-Gagen J, Hollen R, Tashiro S, Cook DM, Yang W. 2014. The association of state law to breastfeeding practices in the US. *Matern Child Health J.* 18(9): 2034-43.
- Snyder K, Hansen K, Brown S, Portratz A, White K, Dinkel D. 2018. Workplace breastfeeding support varies by employment type: the service workplace disadvantage. *Breastfeed Med.* 13(1):23-27.
- Tsai SY. 2013. Employee perception of breastfeeding friendly support and benefits of breastfeeding as a predictor of intention to us breast pumping breaks after returning to work among employed mothers. *Breastfeed Med.* 9(1):16-23.
- Tsai SY. 2014. Influence of partner support on an employed mother's intention to breastfeed after returning to work. *Breastfeed Med.* 9(4): 222-30.
- Tsai Sy. 2013. Impact of a breastfeeding friendly workplace on an employed mother's intention to continue breastfeeding after returning to work. *Breastfeed Med.* 8:210-6.
- Walker, Marasha. 2021. *Breastfeeding Management for the Clinician.* Jones & Bartlett Learning, Chapter 13 Breast Pumps and other
- Wambach K & Spencer B 2021, *Breastfeeding and human lactation* (Sixth ed., pp. 365-381). Burlington, MA: Jones & Bartlett Learning.
- USBC 2017 Policy Updates. Supporting Working Moms Act. [www.usbreastfeeding.org](http://www.usbreastfeeding.org)
- Wambach K, Britt E. 2018. Breastfeeding support experiences of registered nurses in a large children's hospital system. *J Obstet Gynecol Neonatal Nurs.* 47(5):632-640.
- Weisband YL, et al. 2016 Early breast milk pumping intentions among postpartum women. *Breastfeeding Medicine.* 12(1)
- Welborn, JM.2012 The experience of expressing and donating breast milk following a perinatal loss. *JHL.* 28(4); 506-10.
- [www.CDC.gov](http://www.CDC.gov)
- [www.bfmed.org](http://www.bfmed.org)
- [www.pumpinpal.com](http://www.pumpinpal.com); [exclusively.pumjping.com/pumpin-pal-flanges](http://exclusively.pumjping.com/pumpin-pal-flanges).
- Zielinska MA, Hamulaka J. 2018. Reasons for non-exclusive breastfeeding in the first 6 months. *Pediatr Int.* 60(3): 276-281.

## Tongue Function

- Amir LH, James JP, Donath SM. 2006 Reliability of the Hazelbaker assessment tool for lingual frenulum function. *Int Breastfeed J.* 1(1).
- Amitai Y, Shental H, Atkins-Manelis L, Koren G, Zamir CS. 2019. Preconceptional folic acid supplementation: a possible cause for the increasing rates of ankyloglossia. *Med Hypotheses.* Doi:10.1016/j.mehy.2019.109508.
- Araujo M, et al. 2020. Evaluation of the lingual frenulum in newborns using two protocols and its association with breastfeeding. *J Pediatr (Rio J).* 96:379-85.
- Berry J, Griffiths M, Westcott C. 2012. A double blind, randomized, controlled trial of tongue tie division and its immediate effect on breastfeeding. *Breastfeed Med.* 7(3):189-93.
- Bin-Nun A, Kasirer YM, Mimouni FB, 2017. A dramatic increase in tongue tie related articles: a 67 year systematic review. *Breastfeed Med.* 12(7): 410-414.
- Brandao C, Marsillac M, Fidalgo F, Oliveira B. 2018. Is the neonatal tongue screening test a valid and reliable tool for detecting ankyloglossia in newborns? *Int J Paediatr Dent.* 28(4): 380-89.
- Brookes A, Bowley DM. 2014. Tongue tie: the evidence for frenotomy. *Early Human Dev.* 90(11): 765-68.
- Burton P, Deng J, McDonald D, Fewtrell MS. 2013. Real time 3D ultrasound imaging of infant tongue movements during breastfeeding. *Early Hum Devel.* 89:635-41.
- Caloway C, Hersh CJ, Baars R, Sally S, Diercks G, Hartnick CJ. 2019. Association of feeding evaluation with frenotomy rates in infants with breastfeeding difficulties. *JAMA Otolaryngol Head Neck Surg.* Doi:10.1001/jamaoto.2019.1696.
- Campanha SMA, Martinelli RLC, Palhares DB. 2019. Association between ankyloglossia and breastfeeding. *CoDAS.* 31(1);e20170264
- Chapman DJ. 2008. Using ultrasound for a closer look at breastfeeding: Pre and post frenulotomy. *J Hum Lact.* 24(4):460-1.
- Cho A, Kelsberg G, Safranek S. 2010. Clinical Inquiries: when should you treat tongue tie in a newborn? *J Fam Pract.* 59(12):712a-b.
- Coryllos E et al. 2004. Congenital tongue tie and its impact on breastfeeding. AAP Section on Breastfeeding Newsletter. 1-6.
- Cudzilo D, Palczynska D, Bednarczyk M. 2018. Infant and baby feeding and the development of the maxillofacial complex based on own observations and the literature. *Dev Period Med.* 22(3): 255-259.
- Diercks Gr, Hersh CJ, Baars R, Sally S, Caloway C, Hartnick CJ. 2020. Factors associated with frenotomy after a multidisciplinary assessment of infants with breastfeeding difficulties. *Int J Pediatr Otorhino.* 138.
- Dixon B, Gray J, Elliot N, Shand B, Lynn A. 2018. A multifaceted programme to reduce the rate of tongue tie release surgery in newborn infants: observational study. *Int J Pediatr Otorhinolaryngol.* 113:156-163.
- Douglas P. 2017. Making sense of studies that claim benefits of frenotomy in the absence of classic tongue tie. *J Hum Lact.* 33(3):519-23.
- Dolberg S, Marom R, Botzer E. 2014. Lingual frenotomy for breastfeeding difficulties; a prospective follow up study. *Breastfeed Med.* 9(6): 286-9.
- Donati-Bourne J, Batool Z, Hendrickse C, Bowley D. 2015. Tongue tie assessment and division: a time critical intervention to optimise breastfeeding. 2015. *J Neonatal Surgery.* 4(1): 3.

- Edmunds J, Miles SC, Fulbrook P. 2011. Tongue tie and breastfeeding: a review of the literature. *Breastfeed Rev.* 19(1):19-26.
- Edmunds,J, Hazelbaker A, Murphy JG, Philipp BJ. 2012. Tongue tie: round table discussion. *J Hum Lact.* 28(1):14-17.
- Emond AI et al. 2014. Randomised controlled trial of early frenotomy in breastfed infants with mild-moderate tongue tie. *Arch Dis Child Fetal Neonatal Ed.* 99:189-95.
- Fernando C. 1998. Tongue Tie: from confusion to clarity. Sydney, Australia: Tandem Publications
- Forlenza GP, Paradise-Black NM, McNamara EG, Sullivan SE. 2010. Ankyloglossia, exclusive breastfeeding and failure to thrive.125(6):e1500-4.
- Fraga M, Barreto KA, Lira TC, de Menezes VA. 2020. Is the occurrence of ankyloglossia in newborns associated with breastfeeding difficulties? *Breastfeed Med.* 15(2): 96-102.
- Franca EC, Albuquerque LC, Martinelli RL, Goncalves IM, Souza CB, Barbosa MA. 2020. Surface Electromyographic analysis of the suprahyoid muscles in infants based on lingual frenulum attachment during breastfeeding. *Int J Environ Res Public Health.* 17: 859.
- Francis DO, Krishnaswami S, McPheeters M. 2015. Treatment of ankyloglossia and breastfeeding outcomes: a systematic review. *Pediatrics.* 135(6): e1458-66.
- Geddes DT, et al. 2008. Frenulotomy for breastfeeding infants with ankyloglossia; effect on milk removal and sucking mechanism as imaged by ultrasound. *Pediatrics.* 122(1): 188-94.
- Garbin CP et al. 2013. Evidence of improved milk intake after frenotomy: a case report. *Pediatrics.* 132(5): e1413-7
- Haham A, Marom R, Mangel L, Botzer E, Dolberg S. 2014. Prevalence of breastfeeding difficulties in newborns with a lingual frenulum: a prospective cohort series. *Breastfeed Med.* 9(9): 438-41.
- Hale M, Mills N, Edmonds L, Dawes P, Dickson N, Barker D, Wheeler BJ. 2019. Complications following frenotomy for ankyloglossia: a 24 month prospective New Zealand Paediatric Surveillance Unit study. *J Paediatr Child Health.* Doi:10.1111/jpc.14682.
- Haller LA, Brown T. 2016. Upper lip frenum as a predictive marker for unexpected and unexplained asphyxia in infants. *J Rare Dis Diagn Ther.* 2(2):
- Hand P, Olivi G, Lajolo C, Gioco, Marigo L, Castagnola R, Cordaro M. 2020. Short lingual frenum in infants, children and adolescents Part 1: breastfeeding and gastroesophageal reflux disease improvement after tethered oral tissues. release. *Eur J Paediatr Dent.* 21(4): 309-317
- Hentschel R. 2018. Breastfeeding problems should be the only relevant criteria for deciding whether to carry out a frenotomy in infancy. *Acta Paediatr.* 107(10):1697-1701.
- Hill R. 2019. Implications of ankyloglossia on breastfeeding. *MCN Am J Matern Child Nurs.* 44(2): 73-79.
- Hong P. 2010. Defining ankyloglossia: a case series of anterior and posterior tongue ties. *Int J Pediatr Otorhinolaryngol.* 74:1003-06.
- Ingram J, Johnson D, Copeland M, Churchill C, Taylor H. 2015. The development of a new breastfeeding assessment tool and the relationship with the breastfeeding self efficacy. *Midwifery.* 31(1): 132-7.
- Ingram J, Copeland M, Johnson D, Emond A. 2019. The development and evaluation of a picture tongue assessment tool for tongue tie in breastfed babies. *Int Breastfeed J.* 14:31.

- Ito Y. 2014. Does frenotomy improve breastfeeding difficulties in infants with ankyloglossia. *Pediatr Int.* 56(4): 497-505.
- Joseph KS, Kinniburgh B, Metcalfe A, Razazz N, SabrY, Lisonkova S. 2016. Temporal trends in ankyloglossia and frenotomy in British Columbia Canada, 2004-2013: a population based study. *CMAJ Open.* 4(1):E33-40
- Kumar M, Kalke E. 2012. Tongue tie, breastfeeding difficulties and the role of frenotomy. *Acta Paediatr.* 101(7):687-9.
- Lewis MI. 2014. A comprehensive newborn exam: part 1 general head and neck, cardiopulmonary. *Am Fam Physician.* 90(5): 289-96.
- Manipon C. 2016. Ankyloglossia and the breastfeeding infant: assessment and intervention. *Adv Neonatal Care.* 16(2) 108-13.
- Marchesan IQ. 2012. Lingual frenulum protocol. *Int J Orofacial Myology.* 38:89-103
- Martinelli RLC, Marchesan IQ, Berretin-Felix G. 2012. Lingual frenulum protocol with scores for infants. *Int J Orofacial Myology.* 38: 104-12.
- Martinelli RLC, Marchesan IQ, Gusmao RJ, Honorio HM, Berretin-Felix G. 2014. The effects of frenotomy on breastfeeding. *J Appl Oral Sci.* 23(2):153-7.
- McClellan HL, Sakalidis VS, Hepworth AR, Hartmann PE, Geddes DT. 2010. Validation of nipple diameter and tongue movement measurements with B-mode ultrasound during breastfeeding. *Ultrasound Med Biol.* 36(11):1791-807.
- Messner AH et al. 2020. Clinical consensus statement: ankyloglossia in children. *Otolaryngology Head Neck Surg.* 162(5): 597-61.
- Mettias B et al. 2013. Division of tongue tie as an outpatient procedure, technique, efficacy and safety. *Int J Pediatr Otorhinolaryngology.* 77:550-52
- Miranda BH, Milroy CJ. 2010. A quick snip- a study of the impact of outpatient tongue tie release on neonatal growth and breastfeeding. *J Plastic Reconstructive Aesthetic Surg.* 63: e683-85.
- Muldoon K, Gallagher L, McGuinness, Smith V. 2017. Effect of frenotomy on breastfeeding variables in infants with ankyloglossia: a prospective before and after cohort study. *BMC Pregnancy Childbirth.* 17:373.
- O'Callahan C, Macary S, Clemente S. 2013. The effects of office based frenotomy for anterior and posterior ankyloglossia on breastfeeding. *77:827-32.*
- Ochi JW. 2014. Treating tongue tie: assessing the relationship between frenotomy and breastfeeding symptoms. *Clin Lact.* 5(1); 20-27.
- O'Shea JE, Foster JP, O'Donnell CP, Breathnach D, Jacobs SE, Todd DA, Davis PG. 2017. Frenotomy for tongue tie in newborn infants. *Cochrane Database Syst Rev.* 3:CD01165.
- Patel PS, Wu DB, Schwartz Z, Rosenfeld RM. 2019. Upper lip frenotomy for neonatal breastfeeding problems. *Int J Pediatr Otorhinolaryngol.* 124:190-92.
- Perrella SL, Lai CT, Geddes DT. 2015. Case report of nipple shield trauma associated with breastfeeding an infant with high intra oral vacuum. *BMC Pregnancy Childbirth.* 15:155
- Pompeia LE, Ilinsky RS, Feijo CL, Junior KF. 2017. Ankyloglossia and its influence on growth and development of the stomatognathic system. *Rev Paul Pediatr.* 35(2): 216-21.
- Power RF, Murphy JF. 2015. Tongue tie and frenotomy in infants with breastfeeding difficulties: achieving a balance. *Arch Dis Child.* 100(5):489-494.

- Praborini A, Setiani A, Munandar A, Wulandari RA. 2018. A holistic supplementation regimen for tongue tie babies with slow weight gain and failure to thrive. *Clin Lact.* 9(2):78-87.
- Puapornpong P, Raungrongmorakot K, Mahasitthiwat V, Ketsuwan S. 2014. Comparisons of the latching on between newborns with tongue tie and normal newborns. *J Med Assoc Thai.* 97(3): 255-9.
- Ray S, Hairston TK, Giogi M, Links AR, Boss EF, Walsh J. 2020. Speaking in tongues: what parents really think about tongue tie surgery for their infants. *Clin Pediatr.* 59(3):236-44.
- Razdon R, Callahan S, Saggio R, Chafin M, Carr MM. 2020maxillary frenulum in newborns: association with breastfeeding. *Otolaryngol Head Neck Surg.* 162(6): 954-958
- Riskin A et al. 2014. Tongue tie and breastfeeding in newborns-mothers' perspective. *Breastfeed Med.* 9(9): 430-7
- Rowan-Legg A. 2015. Ankyloglossia and breastfeeding: Position statement. *Canadian Paediatric Society.* 20(4):209-13.
- Schlatter SM, et al. 2019. The role of tongue tie in breastfeeding problems: a prospective observational study. 108(12):2214-2221
- Segal LM, Stephenson R, Dawes M, Feldman P. 2007. Prevalence, diagnosis and treatment of ankyloglossia. *Can Fam Physician.*53(6):1027-33.
- Srinivasan A, Khoury AA, Puzhko S, Dobrich C, Stern M, Mitnick H, Goldfarb L. 2019. Frenotomy in infants with tongue tie and breastfeeding problems. *J Hum Lact.* 35(4): 706-712..
- Toner D, Giordano T, Handler SD. 2014. Office frenotomy for neonates; resolving dysphagia, parental satisfaction and cost effectiveness. *ORI Head Neck Nurs.* 32(2): 6-7.
- Walsh J, Tunkel D. 2017. Diagnosis and treatment of ankyloglossia in newborns and infants: a review. *JAMA Otolaryngol Head Neck Surg.* 143(10); !032-39.
- Walsh J, McKenna-Benoit M. 2019. Ankyloglossia and other oral ties. *Otolaryngol Clin North Amer.* 52(5):795-811.
- Webb AN, Hao W, Hong P. 2013. The effect of tongue tie division on breastfeeding and speech articulation: a systematic review. *Int J of Pediatr Otorrhinolaryngology.* 77:635-46.

## Alternative Feeding Methods

- Bandara S, et al. Use of alternative feeding methods in the hospital. *JHL* 28(2); 122-124. 2012
- Borucki LC. Breastfeeding Mothers' experience using a supplemental feeding tube device: Finding an alternative *JHL* 21(4) 429 - 438. 2005
- Bouchet-Horwitz, J. The use of supple cups for flat, retracting and inverted nipples. *Clinical Lactation* 2(3); 30-33. 2011
- Chertok, LRA. Reexamination of ultra-thin nipple shield use, infant growth and maternal satisfaction. *Journal of Clinical Nursing* 18. 2949-2955, 2009
- Cloherly M. Et al. The cup-verses-bottle debate: A theme from an ethnographic study of the supplementation of breastfed infants in hospital in the United Kingdom. *JHL* 21(2), 2005 Pages 151 – 162
- Chow S, et al. The use of nipple shields: A review. *Front Public Health*. 2015; 3:236:1-13.
- Cullinane M, et al. Determinants of mastitis in women in the CASTLE study: a cohort study. *BMC Family Practice* 16:181 2015
- da Rooy L, et al. Management of the vulnerable baby on the postnatal ward and transitional care unit. *Early Human Development* 86; 281-285. 2010
- Dowling DA, et al. Cup-Feeding for Preterm Infants: Mechanics and Safety. *JHL* Vol 18, No 1; page13-20, 2002
- Eglash A, et al. Health professionals' attitudes and use of nipple shields for breastfeeding women. *Breastfeeding Medicine*. 5(4); 147-151 2010
- Gay MCL. Fat content in human milk: How accurate are the measurements? P-91 Abstract from the 18<sup>th</sup> International Society of Research in Human Milk and Lactation Conf. *Breastfeeding Medicine* 11(2) 2016
- Genna, CW. *Selecting and using breastfeeding tools*. Hale Publishing, Amarillo, TX. 2009
- Genna, CW. *Supporting Sucking Skills. (3rd ed)* Sudbury, MA: Jones& Bartlett, 2017.
- Gungor, AN et al. Comparison of olive oil and lanolin in the prevention of sore nipples in nursing mothers. *Breastfeeding Medicine*. 8(3) 334-5. 2013.
- Hanna S, et al. A description of breastfeeding outcomes among U.S mothers using nipple shields. *Midwifery*. 2013;29(6):616-621.
- Howard, C. et al, 1999. Physiologic stability of newborns during cup-and bottle feeding. *Pediatrics* 104(5):1204-1207
- Howard C. Et al Complementary feeding methods for breastfed babies. A randomized trial of cup versus bottle and the effects on breastfeeding success. *Pediatric Res* 49;161A, 2001
- Hurst NM. Recognizing and treating delayed or failed lactogenesis II. *Journal of Midwifery and Womens Health*. 53(6); 588-594. 2007
- Kronborg H, et al. Why do mothers use nipple shields and how does this influence duration of exclusive breastfeeding? *Maternal and Child Nutrition* DOI: 10.1111/mcn.12251
- Kutner LA. Nipple Shield Consent Form: A teaching Aid. *JHL* 2:25. 1986
- Lawrence RA. *Breastfeeding: A Guide for the Medical Profession*. 4<sup>th</sup> Edition. Protocol #3, 2016 Mosby, Boston
- Lawrence A. New Terminology for an Old Problem, Nipples Shield Reality, another Updates. *Breastfeeding Medicine*, 5(6); 281-282. 2010
- Malhotra N et al. A controlled trial of alternative methods of oral feeding in neonates. *Early Human Development* 54(1):29-38, 1999

- Marinelli, K et al. A comparison of the safety of cup feedings to bottle feedings in premature infants whose mothers intended to breastfeed. *J Perinatol* 21(6):350-55 2001
- McKechnie AC, et al. Nipple Shields: A review of the literature. *Breastfeeding Medicine* 5(6), 309-314. 2010
- Meier PP, et al. Nipple shields for preterm infants: effect on milk transfer and duration of breastfeeding. *J Hum Lact* 2000; 16 (2) 106-14.
- Mizuno K, et al. Sipping/Lapping is a safe alternative feeding method to suckling for preterm infants. *Scta Paediatrica*. 94(5): 574-580, May 2005
- Mohrbacher N. New insights on nipple shields. *Breastfeeding Today*. 6; 22-24. 2011
- Moreira CMD, et al. Comparison of the finger-feeding vs cup feeding methods in the transition from gastric to oral feeding in preterm infants. *J Pediatr (Rio J)*. 2017;93(6):585-591. doi: 10.1016/j.jpmed.2016.12.008
- Perrella S, et al. Case report of nipple shield trauma associated with breastfeeding an infant with high intra-oral vacuum. *BMC Pregnancy and Childbirth*, 15, 155 2016
- Vieria, E. et al. A systematic review of the interventions of nipple trauma in breastfeeding mothers. *J Nurs Scholarship*, 45(2) 116-25. 2013.
- Walker M. Nipple shields, what we know, what we wish we knew, and how best to use them. *Clinical Lactation*. 7(3); 100-107 2016
- Wilson-Clay B, Hoover K. *The Breastfeeding Atlas*, 6<sup>th</sup> edition. Manchaca, TX: BreastfeedingMaterials.com;2017
- Yilmaz, G et al. Effect of cup feeding and bottle feeding on breastfeeding in late preterm infants: a randomized controlled study. *JHL*. 2001 Jan 17. (Epub ahead of print)



## Epidemiology of Breastfeeding

Acaveado N et al. 2021 Perinatal and early life nutrition, epigenetics and allergy. *Nutrients*. 11:724.

Adair LS. 2014. Long term consequences of nutrition and growth in early childhood and possible preventive interventions. *Nestle Nutr Inst Workshop Ser*. 78:111-20.

Aldana-Para F, Olaya G, Fewtrell M. 2020. Effectiveness of a new approach for exclusive breastfeeding counseling on breastfeeding prevalence, infant growth velocity and postpartum weight loss in overweight or obese women: protocol for a randomized controlled trial. *Int Breastfeed J*. 15:2.

Al-Farsi YM et al. 2012. Effect of suboptimal breastfeeding on occurrence of autism: a case control study. *Nutrition*. 28(7-):327-32.

Alves deCarvalho A, Carvakhaes-Reis GC, De Mours Oliveira JG, Borges R F. 2022. Risks and benefits of breastfeeding in COVID-19: integrative literature review. *Rev Bras Ginecol Obstet*. 44(5):532-539.

Amitay EL, Keinan-Boker L. 2015. Breastfeeding and childhood leukemia incidence: a meta analysis and systematic review. *JAMA Pediatr*. 169(6): e151025.

Anstey EH, Shoemaker ML, Barrera CM, O'Neil ME, Verma AB, Holman DM. 2017. Breastfeeding and breast cancer risk reduction: implications for black mothers. *Am J Prev Med*. 53(3 Suppl 1): S40-46.

Aslebagh R, Channaveerappa D, Arcaro KF, Darie CC. 2017. Proteomics analysis of human breast milk to assess breast cancer risk. *Electrophoresis*. DOI: 10.1002/elps.201700123.

Ayoya MA et al. 2013. Protecting and improving breastfeeding practices during a major emergency: lessons learnt from the baby tents in Haiti. *Bull world Health Organ*. 91(8):62-17.

Babic A, Sasamoto N, Rosner BA et al. 2020. Association between breastfeeding and ovarian cancer risk. *JAMA Oncol*. 6(6): e200421.

Badillo-Suarez PA, Rodriguez-Cruz M, Nieves-Morales X. 2017. Impact of metabolic hormones secreted in human breastmilk on nutritional programming in childhood obesity. *J Mammary Gland Biol Neoplasia*. 22(3): 171-191.

Bartick MC, Stuebe AM, Schwarz EB, Luongo C, Reinhold AG, Foster EM. 2013. Cost analysis of maternal disease associated with suboptimal breastfeeding. *Obstet Gynecol*. 122(1):111-19.

Bartick MC et al. 2016. Suboptimal breastfeeding in the United States: Maternal and pediatric health outcomes and costs. *Matern Child Nutri*. 1-13

Belfort MB, et al. 2013. Infant feeding and childhood cognition at ages 3 and 7 years: effects of breastfeeding duration and exclusivity. *JAMA Pediatr*. 167(9). 836-44.

Bener A, Hoffmann GF, Afify Z, Rasul K, Tewfik I. 2008. Does prolonged breastfeeding reduce the risk for childhood leukemia and lymphomas? *Minerva Pediatr*. 60(2): 155-61.

Bering SB. 2018. Human milk oligosaccharides to prevent gut dysfunction and necrotizing enterocolitis in preterm neonates. *Nutrients*. 10:1461. [www.mdpi.com/journal/nutrients](http://www.mdpi.com/journal/nutrients).

Boostani R, Sadeghi R, Sabouri A, Ghabelli-Juibary A. 2018. Human T lymphotropic virus type I and breastfeeding: systematic review and meta analysis of the literature. *Iran J Neurol*. 17(4):174-179.

Boroumandfar K, Khodaei F, Abdeyazdan Z, Maroufi M. 2013. Comparison of vaccination related pain in infants who receive vapocoolant spray and breastfeeding during injection. *Iran J Nurs Midwifery*. 18(1):33-37.

Brandhagen M, et al. 2013. Breastfeeding in relation to weight retention up to 36 months postpartum in the Norwegian Mother and Child cohort study: modification by socioeconomic status? *Public Health Nutr*. 17(7): 1514-23.

Brennan PA, Dunlop AL, Smith AK, Kramer M, Mulle J, Corwin EJ. 2019. Protocol for the Emory University African American maternal

- stress and infant gut microbiome cohort study. *BMC Pediatr.* 19:246.
- Brew BK, Marks GB, Almquist C, Cistulli PA, Webb K, Marshall NS. 2014. Breastfeeding and snoring: a birth cohort study. *PLoS One.* 9(1)
- Canal-Macias ML et al. 2013. Increased bone mineral density is associated with breastfeeding history in premenopausal Spanish women. *Arch Med Sci.* 9(4): 703-8.
- Cannon AM, Kakulas F, Hepworth AR, Lai CT, Hartmann PE, Geddes DT. 2015. The effects of leptin on breastfeeding behavior. *Int J Environ Res Public Health.* 12:12340-12355.
- Carothers C, Gribble K. 2014. Infant and young child feeding in emergencies. *J Hum Lact.* 30(3): 272-5.
- Chiasson MA, Scheinmann, Hartel D, McLeod N, Sekhobo J, Edmunds LS, Findley S. 2015. Predictors of obesity in a cohort of children enrolled in WIC as infants and retained to 3 years of age. *J Community Health.* DOI:10.1007/s10900-0015-0077-2
- Chivers P, Hands B, Parker H, Bulsara M, Beilin LJ, Kendall GE, Oddy WH. 2010. Body mass index, adiposity rebound and early feeding in a longitudinal cohort (Raine Study). *Int J Obes (Lond).* 34(7): 1169-76.
- Christian P, Smith Er, Lee SE, Vargas AJ, Brenner AA, Raiteri DJ. 2021. The need to study human milk as a biological system. *Am J Clin Nutr.* 113:1063-1072.
- Christensen N, et al. Breastfeeding and infections in early childhood: a cohort study. *Pediatrics.* 146(5): e20191892.
- Conradi S et al. 2012. Breastfeeding is associated with lower risk for multiple sclerosis. *Mult Scler J.* 19(5): 553-58.
- DaMotta GCP, daCunha MLC. 2015. Prevention and non-pharmacological management of pain in newborns. *Rev Bras Enferm.* 68(1): 123-7.
- Davis EC et al. 2022. Gut microbiome and breastfeeding: implications for early immune development. *J Allergy Clin Immunol.* 150(3):523-534.
- Davis EC, Dinsmoor AM, Wang M, Donovan SM. 2020. Microbiome composition in pediatric populations from birth to adolescence: impact of diet and prebiotic and probiotic interventions. *Dig Dis Sci.* 65(3):706-722..
- DeYoung SE, Chase J, Branco MP, Park B. 2018. The effect of mass evacuation on infant feeding: the case of the 2016 Fort McMurray Wildfire. *Matern Child Health J.* 22(12): 1826-1833.
- Dogaru CM, Nyffenegger D, Pescatore AM, Spycher BD, Kuehni CE. 2014. Breastfeeding and childhood asthma; a systematic review and meta-analysis. *Am J Epidemiol.* 179(10): 1153-7.
- Dunn AB, Jordan S, Baker BJ, Carlso NS. 2017. The maternal infant microbiome: Considerations for labor and birth. *MCN Mater Child Nurs.* 42(6):318-25.
- El-Heneidy A, Abdel-Rahman ME, Mihala G, Ross LJ, Comans TA. 2018. Milk other than breastmilk and the development of asthma in children 3 years of age. A birth cohort study (2006-2011). *Nutrients.* 10(11).
- Ficara M. Et al. 2018. Changes in intestinal microbiota in early life. *J Matern Fetal Neonatal Med.* 10:1-8.
- Fox M, Bersuini C, Knapp LA. 2013. Maternal breastfeeding history and Alzheimer's disease risk. *J Alzheimers Dis.* 37(4): 809-21
- Fox M, Siddarth P, Oughli HA, Nguyen SA, Milillo M, Agular Y, Ercoli L, Lavretsky. 2021. Women who breastfeed exhibit cognitive benefits after age 50. *Evolution Med Public Health.* Doi.10.1093/emph/eoab027.
- Frank NM et al. 2019. The relationship between breastfeeding and reported respiratory and gastrointestinal infection rates in young children. *BMC Pediatr.* 19(1): 339.
- Ganju A et al. 2018. Learning, life and lactation: Knowledge of breastfeeding's impact on breast cancer risk reduction and its influence on breastfeeding practices. *Breastfeed Med.* 13(10):

Garstein MA, Skinner MK. 2017. Prenatal influences on temperament development: The role of environmental epigenetics. *Dev Psychopathol* 12:1-35.

Gaufin T, Tobin NH, Aldrovandi GM. 2017. The importance of the microbiome in pediatrics and pediatric infectious diseases. *Curr Opin Pediatr*. DOI: 10.1097/MOP.0000000576.

Ghiasvand R, Maram ES, Tahmasebi S, Tabatabaee SH. 2011. Risk factors for breast cancer among young women in southern Iran. *Int J Cancer*. 129(6):1443-9.

Gianni ML et al. 2013. Body composition changes in the first 6 months of life according to method of feeding. *J Hum Lact*. 30(2): 148-55.

Gouveri E, Papanas N, Hatzitolios A, Maltezos E. 2011. Breastfeeding and diabetes. *Curr Diabetes Rev*. 7(2):135-42

Goyal MS, Venkatesh S, Milbrandt J, Gordon JL, Raichle ME. 2015. Feeding the brain and nurturing the mind: linking nutrition and the gut microbiota to brain development. *PNAS Perspective*. 112(46): 14105-12.

Grabarics M, Csernak O, Balogh R, Beni S. 2017. Analytical characterization of human milk oligosaccharides- potential applications in pharmaceutical analysis. *J Pharm Biomed Anal*. 146:168-78.

Grummer-Strawn LM, Mei Z. 2004. Does breastfeeding protect against pediatric overweight? Analysis of longitudinal data from the Centers for disease control and Prevention Pediatric Nutrition Surveillance System. *Pediatrics*. 113(2); e81-6.

Gunderson EP, 2013. The role of lactation in GDM women. NIH Public Access Manuscript. 56(4):844-52.

Hahn-Holbrook J, Le TB, Chung A, Davis EP, Glynn LM. 2016. Cortisol in human milk predicts obesity. *Obesity*. 24(12):2471-74

Hajr JY. 2013. Iatrogenic Autism. *Med Hypotheses*. 81(2): 251-2.

Hahn-Holbrook J, Marino J. 2020. Breast milk shows promise for treating COVID 19 and protecting babies. *Bobcat News*. December 14, 2020

Handlin L et al. 2009. Effects of sucking and skin to skin contact on maternal ACTH and cortisol levels during the second day postpartum influence of epidural analgesia and oxytocin in the perinatal period. *Breastfeed Med*. 4(4):207-20.

Haschke F, et al. 2013. Feeding patterns during the first 2 years and health outcome. *Ann Nutr Metab*, 62 Suppl 3. 16-25.

Healy DB, Ryna CA, Ross RP, Stanton C, Dempsey EM. 2022. Clinical implications of preterm infant gut microbiome development. *Nat Microbiol*. 7(1):22-33.

Herba CM, et al. 2012. Breastfeeding and early brain development: the Generation R study. *Matern Child Nutr*. Nov 20 epub ahead of print.

Hight AR, Berry AM, Bettelheim KA, Goldwater PN. 2014. Gut microbiome in sudden infant death syndrome (SIDS) differs from that in healthy comparison babies and offers an explanation for the risk factor of prone position. *Int J Med Microbiol*. 304(5-6): 735-41.

Horta BL, deSousa BA, deMola CL. 2018. Breastfeeding and neurodevelopmental outcomes. *Curr Opin Clin Nutr Metab Care*. 21(3): 174-78.

Ihekwwwweazu FD, Versalovic J. 2018. Development of the pediatric gut microbiome: impact on health and disease. *Am J Med Sci*. 356(6): 413-423.

Infante-Rivard C et al. 2000. "Markers of infection, breastfeeding and child acute lymphoblastic leukemia." *Br J Cancer* 83(11):1559-64.

Ip S, Chung M, Raman G, Trikalinos TA, Lau J. 2009. A summary of the Agency for Healthcare Research and Quality's evidence report on breastfeeding in developed countries. *Breastfeeding Med*. Suppl 1. S17-30.

Jernstrom H et al. 2004. Breastfeeding and the risk of breast cancer in BRCA1 and BRCA2 mutation carriers. *J Natl Cancer Inst*. 96(14):1094-8.

Jiang M, Gao H, Vinyes-Pares G, Yu K, Ma D, Qin X, Wang P. 2017. Association between breastfeeding duration and postpartum weight retention of lactation mothers: a meta-analysis of cohort studies. *Clin Nutr*. 37(4):1224-1231

- Jordan SJ et al. 2017. Breastfeeding and endometrial cancer risk: an analysis from the epidemiology of endometrial cancer consortium. *Obstet Gynecol.* 129(6): 1059-67.
- Jullien S. 2021. Sudden infant death syndrome prevention. *BMC Pediatr.* 8: 21 Suppl 1:320
- Karlson EW, Mandl LA, Hankinson SE, Grodstein F. 2004. Do breastfeeding and other reproductive factors influence future risk of rheumatoid arthritis? Results from Nurses Health Study. *Arthritis Rheum.*50(11);3458-67.
- Kelly E, DunnGalvin G, Murphy BP, O'Bhouihane J. 2019. Formula supplementation remains a risk for cow's milk allergy in breastfed infants. *Pediatr Allergy Immunol.* 30(8): 810-16..
- Kon IY, Shilina NM, Gmoshinskaya MV, Ivan ushkina TA. 2014. The study of breastmilk IGF-1, leptin, ghrelin and adiponectin levels as possible reasons of high weight gain in breastfed infants. *Ann Nutr Metab.* 65(4):317-23.
- Kremer KP, Kremer TR. 2018. Associations between breastfeeding and maltreatment in childhood. *Breastfeed Med.* 13(1): 18-22.
- Krysko KM, Rutatangwa A, Graves J, Lazar A, Waubant E. 2019. Association between breastfeeding and postpartum multiple sclerosis relapses: a systematic review and meta analysis. *JAMA Neurol.* Doi:10.1001/jamaneurol.2019.4173..
- Langer-Gould A et al. 2020. Pregnancy related relapses and breastfeeding in a contemporary multiple sclerosis cohort. *Neurology.* 94(18): e1939-1949.
- Lawlor DA, Smith GD. 2005. Early life determinants of adult of blood pressure. *Curr Opin Nephrol Hypertens.* 14(3);259-64.
- Leite AM et al. 2009. Effect of breastfeeding on pain relief in full term newborns. *Clin J Pain.* 25(9):827-32.
- Lawson MAE et al. 2019. Breastmilk derived human milk oligosaccharides promote bifidobacterium interactions within a single ecosystem. *ISME J.* Doi: 10.1038/s41396-019-0553-2.
- Lenehan SM, et al. 2019. The impact of short term predominate breastfeeding on cognitive outcome at 5 years. *Acta Paediatr.* Doi:10.1111/apa.15014.
- Li J, Santibenchakul S, Chongpison Y, Amornvit J, Chakittisilpa S, Jaisamram U, 2023. Association between breastfeeding and reduced distal sensory polyneuropathy in postmenopausal women aged 40-70 years: analysis of data from the 1999-2004 National Health and Nutrition Examination Survey. *Breastfeed Med.* 18(1):1-7.
- LiR, et al. 2021. Breastfeeding and post-perinatal infant deaths in the United States, a national prospective cohort analysis. *Lancet.* <https://doi/10.1016/lancet.2021.100094>.
- Li R, Scanlon KS, May A, Rose C, Birch L. 2014. Bottle feeding practices during early infancy and eating behaviors at 6 years of age. *Pediatrics.* 134: Suppl 1:s70-7.
- Li S, Zhang L, Zhou Q, Jiang S, Yang Y, Cao Y. 2019. Characterization of stem cells and immune cells in preterm and term mother's milk. *J Hum Lact.* 35(3): 526-534.
- Loof-Johanson M, Brudin L, Sundquist M, Rudebeck CE. 2016. Breastfeeding associated with reduced mortality in women with breast cancer. *Breastfeed Med.* 11(6):321-27
- Low JM, Lee LY, Ng YP, Zhong Y, Amin Z. 2021. Breastfeeding mother and child clinical outcomes after COVID-19 vaccination *J Hum Lact.* Doi.10.1177/08903344211056522.
- Luan NN, Wu QJ, Gong TT, Vogtmann E, Wang YL Lin B. 2013. Breastfeeding and ovarian cancer risk: a meta analysis of epidemiologic studies. *Am J Clin Nutr.* 98(4): 1020-31.
- Lubbe W, Botha E, Niela-Vilen, Reimers P. 2020. Breastfeeding during the COVID-19 pandemic: a literature review for clinical practice. *Int Breastfeed J.* 15(1): 82.
- LyonsKE, Ryan A, Dempsey EM, Ross RP, Stanton C. 2020. Breastmilk a source of beneficial microbes and associated benefits for infant health.

Nutrients. 12:1039.

Maj, Palmer DJ, Geddes D, Lai CT, Stinson L. 2022. Human milk microbiome and microbiome related products: potential modulators of infant growth. *Nutrients*. 14:5148.

Maldonado et al. 2012. Human milk probiotic *Lactobacillus fermentum* CECT5716 reduces the incidence of gastrointestinal and upper respiratory infections in infants. *J Gastroenterology Nutr*. 54:54-61

Mahurin-Smith J, Ambrose NG. 2013. Breastfeeding may protect against persistent stuttering. *J Commun Disord*. 46(4): 351-60..

Marseglia L, Manti S, D'Angelo G, Cuppari C, Salpietro V, Filippelli M, Trovato A, Gitto E, Salpietro C, Arrigo T. 2015. Obesity and breastfeeding: the strength of association. *Women Birth*. 28(2):81-6.

Martin RM, Middleton N, Gunnell D, Owen CG, Smith GD. 2005. Breastfeeding and cancer; the Boyd Orr cohort and a systematic review with meta-analysis. *J Natl Cancer Inst*. 97(19):1446-57.

McLaurin-Jiang S, Garner CD, Krusch K, Hale TW. 2021. Maternal and Child symptoms following COVID-19 vaccination among breastfeeding mothers. *Breastfeed Med*. 16(9):702-709.

McCrory C, Layte R. 2012. Breastfeeding and the risk of overweight and obesity at nine years of age. 2012. *Soc Sci Med* 75(2):323-30.

McCrory C, Murray A. 2012. The effect of breastfeeding on neuro-development in infancy. *Matern Child Health J*. Nov 8, Epub ahead of print.

McGowan EC, et al. 2015. Influence of early life exposures on food sensitization and food allergy in an inner city birth cohort. *J Allergy Clin Immunol*. 135(1): 171-76.

McInerney TK. 2014. Breastfeeding, early brain development and epigenetics: getting children off to their best start. *Breastfeed Med*. 9(7):333-4.

McNiel ME, Labbok MH, Abrahams SW. 2010. What are the risks associated with formula feeding? A re-analysis and review. *Breastfeed Rev*. 18(2):25-32.

Metcalfe KA et al. 2005. The risk of ovarian cancer after breast cancer in BRCA1 and BRCA2 carriers. *Gynecol Oncol*. 96(1):22-6.

Metzger MW, McDade TW. 2009. Breastfeeding as obesity prevention in the United States: a sibling difference model. *Am J Hum Biol*. 22(3): 291-6.

Milani C et al. 2017. The first microbial colonizers of the human gut: composition activities and health implications of the infant gut microbiota. *Microbiol Mol Biol Rev*. 81(4):

Mitchell KB, 2021. Breastfeeding and breast cancer. *Amplify*. USCLA publication October 26, 2021.

Mohebbi SZ et al. 2008. Feeding habits as determinants of early childhood caries in a population where prolonged breastfeeding is the norm. *Community Dent Oral Epidemiol*. 36(4):363-9.

Moles JP, et al. 2017. Breast milk cells trafficking induces microchimerism-mediated immune system maturation in the infant. *Pediatr Allergy Immunol*. DOI:10.1111/pai.12841.

Moodley-Govender E, Mulol H, Stauber J, Manary M, Coutsoudis A. 2015. Increased exclusivity of breastfeeding associated with reduced gut inflammation in infants. *Breastfeed Med*. 10(10):488-92.

Moss BG, Yeaton WH. 2013. Early childhood healthy and obese weight status: potentially protective benefits of breastfeeding and delaying solid foods. *Matern Child Health J*. 18(5): 1226-32.

Mutic AD, Jordan S, Edwards SM, Ferranti EP, Thul TA, Yang I. 2017. The postpartum maternal and newborn microbiomes. *MCN Matern Child Nutrition*. 42(6): 326-331.

Nichols HB, et al. 2008. Effects of birth order and maternal age on breast cancer risk: modification by whether women had been breastfed.

Epidemiology. 19(3):417-23.

Ninkina N, et al. 2019 Stem cells in human breastmilk. *Human Cell*. 32:223-230.

Oddy WH, et al. 2010. The long term effects of breastfeeding on child and adolescent mental health: a pregnancy cohort study followed for 14 years. *J Pediatr*. Epub ahead of print.

Oddy WH, Li J, Whitehouse AJ, Zubrick SR, Malacova W. 2011 Breastfeeding duration and academic achievement at 10 years. *Pediatrics*. 127(1): e137-45.

Oddy WH et al. 2011. Breastfeeding and early child development: a prospective cohort study. *Acta Paediatr*. 110(7): 992-9.

Oddy WH, Smith GJ, Jacoby P. 2014. A possible strategy for developing a model to account for attrition bias in a longitudinal cohort to investigate associations between exclusive breastfeeding and overweight and obesity at 20 years. *Ann Nutr Metab*. 65(2-3): 234-5.

Ogg SW, Hudson MM, Randolph ME, Klosky JL. 2011. Protective effects of breastfeeding for mothers surviving childhood cancer. *J Cancer Surviv*. 5(2):175-81

Ohlendorf JM, Robinson K, Garnier-Villareal M. 2018. The impact of maternal BMI, gestational weight gain, and breastfeeding on early childhood weight: analysis of a statewide WIC dataset. *Prevent Med*. 118:210-215.

Ojo-Okunola A, Nicol M, duToit E. 2018. Human breastmilk bacteriome in health and disease. *Nutrients*. 10:1643. [www.mdpi.com/journal/nutrients](http://www.mdpi.com/journal/nutrients).

O'Reilly M, Avalos G, Denny MC, O'Sullivan EP, Dunne FP. 2012. Breastfeeding is associated with reduced postpartum maternal glucose intolerance after gestational diabetes. *Ir Med J*. 105(5 Suppl):31-6.

Orengul AC, et al. 2019. Duration of breastfeeding, bottle-feeding and parafunctional oral habits in relation to anxiety disorders among children. *Breastfeed Med*. 14(1):57-62.

Palou A, Pico C. 2009. Leptin intake during lactation prevents obesity and affects food intake and food preferences in later life. *Appetite*. 52(1):249-52.

Pang WW, et al. 2020. Nutrients or nursing? Understanding how breast milk feeding affects child cognition. *Eur J Nutr*. 59(2): 609-19.

Panagiotakos DB, et al. 2008. Birthweight, breastfeeding parental weight and prevalence of obesity in school children aged 10-12 years in Greece: the Physical activity, Nutrition and Allergies in Children examined in Athens (PANACEA) study. *Pediatr Int*. 50(4):563-8

Pannaraj PS, et al. 2017. Association between breastmilk bacterial communities and establishment and development of the infant milk gut microbiome. *JAMA Pediatrics*. 171(17): 647-54.

Pedersen SH et al. 2015. Longitudinal analysis of mature breastmilk and serum immune composition among the mixed HIV status mothers and their infants. *Clin Nutr*. pii:S0261-5614

Pereira PF, Alfenas RD, Araujo RM. 2013. Does breastfeeding influence the risk of developing diabetes mellitus in children? A review of current evidence. *J Pediatr (Rio J)*. 10.1016/j.ped.2013.02.024 epub ahead of print.

Perl SH, Uzan-Yulzari A, Klainer H. 2021. SARS-CoV-2 Specific antibodies in breastmilk after COVID-19 vaccination of breastfeeding women. *JAMA*: 325(19). 2013-2014.

Phipps AI 2011. Reproductive history and oral contraceptive use in relation to risk of triple negative breast cancer. *J Natl Cancer Inst*. 103(6): 470-7.

Plagemann A et al. 2005. Impact of early neonatal breastfeeding on psychomotor and neuropsychological development in children of diabetic mothers. *Diabetes Care*. 28(3):573-8. 12:934

Redsell SA et al. 2010. Parents beliefs about appropriate infant size, growth and feeding behaviour: implications for the prevention of childhood

obesity. *BMC Public Health*. 10(1):711.

Redsell SA et al. 2015. Systematic review of randomised controlled trials of interventions that aim to reduce the risk, either directly or indirectly, of overweight and obesity in infancy and early childhood. *Matern Child Nutr*. DOI: 10.1111/mcn.12184.

Rich-Edwards JW et al. 2004. Breastfeeding during infancy and the risk of cardiovascular disease in adulthood. *Epidemiology*. 15(5):550-6.

Richter R, Flowers T. 2008. Gendered dimensions of disaster care: critical distinctions in female psychosocial need, triage, pain assessment and care. *Am J Disaster Med*. 3(1):31-7.

Rodriguez EM, et al. 2019. Translating new science into the community to promote opportunities for breast and cervical cancer prevention among African American women. *Health Expect*. Doi:10.1111/hex.12985.

Ronana V, Yeasin R, Claud EC. 2021. Childhood development and the microbiome: the intestinal microbiota in maintenance of health and development of disease during childhood development. *Gastroenterology*. 160(70): 495-506

Rosas-Salaza C et al. 2022. Exclusive breastfeeding, the early life microbiome and immune response and common childhood respiratory illnesses. *J Allergy Clin Immunol*. 150(3): 612-621.r

Rossiter MD, et al. 2015. Breast, formula and combination feeding in relation in childhood obesity in Nova Scotia, Canada. *Matern Child Health*. 19:2048-2056.

Sabuncuoglu O. 2013. Understanding the relationships between breastfeeding, malocclusion, ADHD, sleep disordered breathing and traumatic dental injuries. *Med Hypotheses*. 80(3):315-320.

Sadauskaite-Kuehne V, Ludvigsson J, Padaiga Z, Jasinskiene E, Samuel U. 2004. Longer breastfeeding is an independent protective factor against development of type 1 diabetes mellitus in childhood. *Diabetes Metab Res Rev*. 20(2); 150-7.

Saha S, Gerdtham UG. 2013. Cost of illness studies on reproductive, maternal, newborn and child health; a systematic literature review. *Health Economics Review*. 3:24.

Salvador-Pinos CA, Martinez EZ, Duenas-Matute SE, de Aguinaga RR, Jacome JC, Michelena-Tupiza S, Cardenas-Morales V. 2022. Health of newborn and breastfeeding during the COVID-19 pandemic: a literature review.. *Rev Bras Ginecol Obstet*. 44(3): 311-318.

Santoro W, et al. 2009. Colostrum ingested during the first day of life by exclusively breastfed newborn infants. *J Pediatr*. 156(1):29-32

Savino F, Fissomre MF, Liguori SA, Oggero R. 2009. Can hormones contained in mothers' milk account for the beneficial effect of breastfeeding on obesity in children. *Clin Endocrinol*. 71(6): 757-65.

Schack-Nielsen L, Sorensen TI, Mortensen EL, Michaelsen KF. 2009. Late introduction of complementary feeding rather than duration of breastfeeding may protect against adult overweight. *Am j Clin Nutr*. Dec 24 Epub ahead of print.

Shah PS, Herbozo C, Aliwalas LL, Shah VS. 2012 Breastfeeding or breastmilk for procedural pain in neonates. *Cochrane Database Syst Rev*. Dec 12.

Shamberger R. 2012. Attention deficit disorder associated with breastfeeding: a brief report. *J Am Coll Nutr*. 31(4): 239-42.

Sherwood WB, et al. 2019. Duration of breastfeeding is associated with leptin DNA methylation profiles and BMI in 10 year old children. *Clin Epigenetics*. 11(1): 128.

Shi T, et al. 2015. Risk factors for respiratory syncytial virus associated with acute lower respiratory infection in children under five years: Systematic review and meta analysis. *J Glob Health*. 5(2):020416.

Shoji H, Shimizu T. 2018. The role of human breast milk on biological metabolism in infants. *Pediatr Int*. DOI:10.1111/ped.13693

Shub A, Miranda M, Georgiou HM, McCarthy EA, Lappas M. 2019. The effect of breastfeeding on postpartum glucose tolerance and lipid profiles in women with gestational diabetes mellitus. *Int Breastfeed J*. 14:46.

Silva SN et al. 2009. Breast cancer risk and common single nucleotide polymorphisms in homologous recombination DNA repair pathway genes XRCC2, XRCC3, NBS1 and RAD51. *Cancer Epidemiol.* Epub ahead of print.

Sorce LR, Curley MAQ, Kleinpell R, Swanson B, Meier PP. 2019. Mother's own milk feeding and severity of respiratory illness in acutely ill children: an integrative review. *J Pediatr Nurs.* 50:5-13.

Spatz DL. 2021. Human milk as a medical intervention: strategies to improve outcomes. *Amplify.* USLCA publication. November 17, 2021.

Stiemsma LT, Michels KB. 2018. The role of the microbiome in the developmental origins of health. *Pediatrics.* 141(4):

Stuebe AM, Willet WC, Xue F, Michels KB. 2009. Lactation and incidence of premenopausal breast cancer: a longitudinal study. *Arch Intern Med.* 169(15): 1364-71.

Stuebe AM, Grewen K, Meltzer-Brody S. 2013. Association between maternal mood and oxytocin response to breastfeeding. *J Womens Health.* 22(4): 352-61.

Su Q. Et al. 2021. Breastfeeding and the risk of childhood cancer. *BMC Medicine.* 19:90.

Su D, Pasalich M, Lee AH, Binns CW. 2014. Ovarian cancer risk is reduced by prolonged lactation: a case control study in southern China. *Am J Clin Nutr.* 97(2):354-359.

Sung HK, Ma SH, Choi JY, Hwang Y, Ahn C, Kim BG, Kim YM, Kim JW, Kang S, Kim J, Kim TJ, Yoo KY, Kang D, Park S. 2016. The effect of breastfeeding duration and parity on the risk of epithelial of ovarian cancer: a systematic review and meta analysis. *J Prev Med Public Health.* 49(6): 349-366.

Tambalis KD, Mourtakos S, Panagiotakos DB, Sidossis LS. 2018. Association of exclusive breastfeeding with risk of obesity in childhood and early adulthood. *Breastfeed Med.* 13(10):1-7.

Tarrant M, Kwok MK, Lam TH, Leung GM, Schooling CM. 2010. Breastfeeding and childhood hospitalizations for infections. *Epidemiology.* 21(6):847-54.

Taylor JS, Kacmar JE, Nothnagle M, Lawrence RA. 2005. A systematic review of the literature associating breastfeeding with type 2 diabetes and gestational diabetes. *J Am Coll Nutr.* 24(5):320-6.

Teerapornpantakit J, Chanprapaph P, Charoenphandhu N. 2018. Previous adolescent pregnancy and breastfeeding does not negatively affect bone mineral density at the age of peak bone mass. *Breastfeed Med.* 13(7):500-505.

Thomaz EB, Cangussu MC, Assis AM. 2012. Maternal breastfeeding, parafunctional oral habits and malocclusion in adolescents: a multivariate analysis. *Int J Pediatr Otorhinolaryngol.* 76(4):500-6.

Titus-Ernstoff L, Rees JR, Terry KL, Cramer DW. 2009. Breastfeeding the last born child and risk of ovarian cancer. *Cancer causes Control.* Nov 10. Epub ahead of print.

Tschidererm Seekircher L, Kunutsor S, Peters SA, O'Keefe LM, Willeit P. 2022. Breastfeeding is associated with reduced maternal cardiovascular risk: systematic review and meta analysis involving data from 8 studies and 1, 192, 700 parous women. *J Am Heart Assoc.* 11(2): e0222746.

Umer A, Hamilton C, Edwards RA, Cottrell L, Giacobbi P jr, Innes K, John C, Kelley GA, Neal W, Lilly C. 2018. Association between breastfeeding and childhood cardiovascular disease risk factors. *Matern child Health J.* Doi:10.1007/s10995-018-2641-8.

UNICEF. @015. Breastfeeding Advocacy Initiative for the best start in life. New York, NY. United Nations children's fund.

Ursin G et al. 2004. Reproductive factors and risk of breast carcinoma in a study of white and African American women. 101(2); 353-62.

Vafa M, et al. 2012. Relationship between breastfeeding and obesity in childhood. *J Health Popul Nutr.* 30(3):303-10

Ventura AK, Pollack Golen R, 2014. A pilot study comparing opaque, weighted bottles with conventional clear bottles for infant feeding. *Appetite.* 85:178-84.



- Verd S, Ramkers J, Vinuela I, Martin-Delgado MI, Prohens A, Diez R. 2021. Does breastfeeding protect children from COVID-19? An observation study from pediatric services in Majorca, Spain. *Int Breastfeed J.* 16:83.
- Verducci E, Gianni ML, Vizzari G, Vizzuno S, Cerasani J, Mosca F, Zuuuuuccotti GV. 2021. The triad mother-breastmilk-infant as predictor of future health: a narrative review. 2021. *Nutrients.* 13: 486.
- Walker SP et al. 2011. Inequality in early childhood: risk and protective factors for early child development. *Lancet.* 378(9799): 1325-38.
- Wagner CL. 2019. The impact of technological advances on our understanding of the dynamic nature of human milk cells: a commentary about characterization of stem cells and immune cells in preterm and term mother's milk. *J Hum Lact.* 35(3): 535-537.
- Wang S, Wei Y, Liu L, Li Z. 2022. Association between breastmilk microbiota and food allergy in infants. *Front Cell Infect Microbiol.* 12:11: 770913.
- Weden MM, Brownell P, Rendall MS. 2012. Prenatal, perinatal, early life and sociodemographic factors underlying racial differences in the likelihood of high body mass index in early childhood. *Am J Public Health.* 102(11):2057-67.
- Weissman A, Aranovitch M, Blazer S, Zimmer EZ. 2009. Heel lancing in newborns: behavioral and spectral analysis assessment of pain control methods. *Pediatrics.* 124(5):e921-6.
- Whitfield KC, Ventura AK. 2019. Exploration of responsive feeding during breastfeeding versus bottle feeding of human milk: a within subject pilot study. *Breastfeed Med.* 14(7): 482-86.
- Wong E, Lui K, Day AS, Leach ST. 2022. Manipulating the neonatal gut microbiome: current understanding and future perspectives. *Arch Dis Child Fetal Neonatal Ed.* 107(4): 346-350.
- World Health Organization 2020. Interim recommendations for the use of the Pfizer COVID 19 vaccine: emergency use guidance. [www.who.int](http://www.who.int)
- Yasuhi I, Soda T, Yamashita H, Urakawa A, Izumi M, Kugishima Y, Umezaki Y. 2017. The effect of high intensity breastfeeding on postpartum glucose tolerance in women with recent gestational diabetes. *Int Breastfeed J.* 12:32.
- Yasuhi I et al. 2019. High intensity breastfeeding improves insulin sensitivity during early post partum period I obese women with gestational diabetes. *Diabetes Metab Res Rev.* 35(4): e3127.
- Yoo S, et al. 2022. Challenges and opportunities of using a national database to evaluate racial/ethnic disparities and breastfeeding effects on Sudden Unexpected Infant Death. *Breastfeed Med.* 17(11): 964-969.
- You H, Lei A, Xiang J, Wang Y, Luo B, Hu J. 2020. Effects of breastfeeding education based on the self efficacy theory on women with gestational diabetes mellitus. *Medicine.* 99(16): e19643.
- Young BF, et al. 2021. Association of human milk antibody induction, persistence, and neutralizing capacity with SARS-CoV-2 infection vs mRNA vaccination. *JAMA Pediatr.* Doi.10.1001/jamapediatrics.2021.4897.
- Yu J, Pudwell J, Dayan N, Smith GN. 2020. Postpartum breastfeeding and cardiovascular risk assessment in women following pregnancy complications. *J Womens Health.* 29(5):627-35.
- Zhou J, Shukla VV, John D, Chen C. 2015. Human milk feeding as a protective factor for retinopathy of prematurity: a meta analysis. *Pediatrics.* 136(6):e1576-86.

## Medications

Albright, L. 2004. Domperidone in lactation: use as a galactagogue. *In Jour Pharm Compounding*. 8:5 Sept/Oct pp 329-335

American College of Radiology, 2009. Administration of contrast medium to nursing mothers. [www.acr.org/MainMenuCategories/about\\_us/committees/gpr-srp/AdministrationofContrastMediumtoNursingMothers.html](http://www.acr.org/MainMenuCategories/about_us/committees/gpr-srp/AdministrationofContrastMediumtoNursingMothers.html)

Anderson, P. 2018. Drugs of abuse during breastfeeding. *Bf Med* 13(6): 405-407.

Anderson, P. 2018. Alcohol use during breastfeeding. *Bf Med* 13(5): 315-317

Anderson, P. 2017. Herbal use during breastfeeding. *Bf Med* 12(9):507-509

Anderson P. 2017. Cannabis and breastfeeding. *BF Med* 12(10):

Anderson P. 2017. The pregnancy-breastfeeding interface. *BF Med* 12(1):

Anderson, P. 2016. What do all the numbers mean? *Breastfeeding Medicine* 11:6 (277-279)

Baker, T, Hale T et al. 2018. Transfer of inhaled cannabis into human breast milk. *Obstetrics & Gynecology*, April 1-7.

Barger, Robert, R Ph, MS. 2015 – personal communication.

Bar-Oz, B et al. 2003. Use of antibiotic and analgesic drugs during lactation. *Drug Saf* 26(13):925-35

Batstra, L et al. 2003. Breastfeeding may counter harmful effects of smoking in pregnancy. *J Epid & Comm Health*. June. (Via Reuters)

Bowen, A & Tumback, L. 2011. Alcohol and breastfeeding: Dispelling the myths and promoting the evidence. *Nursing for Women's Health* 14(6):455-461

Briggs, Freeman and Yaffe, 2011. *Drugs in pregnancy and lactation*. Williams & Wilkins, Baltimore MD

Broadribb, W & ABM. 2018. ABM clinical protocol #9: use of galactagogues in initiating or augmenting maternal milk production, Second Revision 2018. *BfMed* 13(5): 307-314

Brownell, E et al. 2011. A systematic review of early postpartum medroxyprogesterone receipt and early breastfeeding cessation: Evaluating the methodological rigor of the evidence. *Breastfeeding Medicine*. 0:0 pp 1-9.

Byrne, J & Spong, C. 2019. "Is it safe?" – The many unanswered questions about medications and breast-feeding. *N Engl J Med* 380;14. April 4.

Byrne, J. J., Saucedo, A. M., & Spong, C. Y. (2020). Evaluation of drug labels following the 2015 pregnancy and lactation labeling rule. *JAMA Network Open*, 3(8), e2015094-e2015094.

Campbell-Yeo, M. et al. 2010. Effect of domperidone on the composition of preterm human breast milk. *Pediatrics* 125(1):184-185.

Chu, L., McGrath, J. M., Qiao, J., Brownell, E., Recto, P., Cleveland, L. M., ... & McGlothen-Bell, K. (2022). A meta-analysis of breastfeeding effects for infants with neonatal abstinence syndrome. *Nursing research*, 71(1), 54.

Farr, A et al. 2017. Human placentophagy: a review. *AJOG*: August  
FDA. 2014. Pregnancy and Lactation Labeling Final Rule. (Summary). [www.fda.gov](http://www.fda.gov)

Foong, S. C., Tan, M. L., Foong, W. C., Marasco, L. A., Ho, J. J., & Ong, J. H. (2020). Oral galactagogues (natural therapies or drugs) for increasing breast milk production in mothers of non-hospitalised term infants. *Cochrane Database of Systematic Reviews*, (5).

Freeland, KN & Shealy KM. 2013. Toolbox: Psychotropic Use in Pregnancy and Lactation. *Ment Health Clin* 3(2):100 (available at

<http://cpnp.org/resource/mhc/2013/08/toolbox-psychotropic-use-pregnancy-and-lactation>)

Garry, A. Et al. 2009. Cannabis and breastfeeding. *J of Toxicology*. Doi:10.1155/2009/596149

Golade, K. et al. 2008. Breastfeeding and smoking among low-income women: results of a longitudinal qualitative study. *Birth* 35(3) September 230-240

Gray, B & Holland, C. 2014. Implications of psychoactive “bath salts” use during pregnancy. *Nursing for Women's Health*. 10:3, June/July. pp 221-229

Haase, B et al. 2016. Domperidone for treatment of low milk supply in breast pump-dependent mothers of hospitalized premature infants: a clinical protocol. *JHL* 32(2): 373-381

Haastруп, M et al. 2014. Alcohol and breastfeeding. *Basic & Clinical Pharmacology & Toxicology*. 114, 168-173

Hale, T. W., & Krutsch, K. (2022). *Hale's medications & mothers' milk 2023: a manual of lactational pharmacology*. Springer Publishing Company.

Hale, T. 2007. Dosing domperidone for milk production. *Medications and More Newsletter*. Vol 19, p 1. May.

Hicks, J et al. 2018. Barriers and facilitators of breastfeeding reported by postpartum women in methadone maintenance therapy. *Bf Med*. 13(4): 259-265

Hill et al. 2013 Pregnancy, breastfeeding & Marijuana. *OB/GYN Survey*.

Hollister, S. 2017. A lactation consultant's perspective on placenta encapsulation. *Happy Goat Productions - Blog* – September 6

Ilett, K et al. 2003. Use of nicotine patches in breastfeeding mothers: transfer of nicotine and cotinine into human milk. *Clin Pharmacol Ther*. Dec; 74(6):516-24

Jansson, L et al. 2008. Methadone maintenance and breastfeeding in the neonatal period. *Pediatrics* 121(1) :106-114.

Jansson, L et al. 2007. Concentrations of methadone in breast milk and plasma in the immediate perinatal period. *JHL* 23(2):184-190.

Jutras-Aswad, D. et al. 2009. Neurobiological consequences of maternal cannabis on human fetal development and its neuropsychiatric outcome. *Eur Arch Psychiatry Clin Neurosci*. 259:395-412. DOI 10.1007/s00406-009-0027-zz.

Kapp, N et al. 2010. Progestogen-only contraceptive use among breastfeeding women: a systematic review. *Contraception* Jul;82(1):17-37

King, J. 2007. Contraception and lactation. *Journal of Midwifery & Women's Health*. 52(6); 614-620.

Law, K et al. 2003. Prenatal smoking may affect newborn neurobehavior. *Pediatrics*; 111:1318-1323, June. (Via Reuters)

Levi, E et al. 2018. Placement of levonorgestrel intrauterine device at the time of cesarean delivery and the effect on breastfeeding duration. *Bf Med*. 13(10): 1-6

Marasco, L. and West D. 2020. *Making More Milk (2<sup>nd</sup> ed)*. New York: Mc-Graw Hill.

Mennella, J. And Pepino, M. 2010. Breastfeeding and prolactin levels in lactating women with a family history of alcoholism. *Pediatrics* 125(5):e1162-e1170.

McGlothen, K & Cleveland, L. 2018. The right to mother's milk: a call for social justice that encourages breastfeeding for women receiving medication-assisted treatment for opioid use disorder. *JHL* 34(4): 799-803

Nath, A & Sitruk-Ware, R. 2010. Progesterone vaginal ring for contraceptive use during lactation. *Contraception*. Nov;82(5):428-34

- Nice, F. 2012. Medications and breastfeeding. *J Am Pharm Assoc* 2012; 52(1):86-94
- Niemala A, Jarvenpaa AL "Is breastfeeding beneficial and maternal smoking harmful to the cognitive development of children?" *Acta Paediatr* Oct 85 (10) 1202-6 1996
- Norris, MN. 2013. Use of antidepressants during pregnancy and lactation. *Ment Health Clin.* 3(2):65 (Available at: <http://cpnp.org/resource/mhc/2013/08/use-antidepressants-during-pregnancy-and-lactation>)
- Papastergiou, J. et al. 2013. Domperidone withdrawal in a breastfeeding woman. *Can Pharm J.* 146(4):210-212. July
- Paul, C et al. 2014. Use of domperidone as a galactagogue drug: A systemic review of the benefit-risk ratio. *JHL* . Published online 4 December, 2014
- Pepino MY, et al. 2007. Lactational state modifies alcohol pharmacokinetics in women. *Alcohol Clin Exp Res.* June. 31(6):909-918
- Physicians Desk Reference, 2004.
- Pritham, U et al. 2008. Methadone & buprenorphine: treatment during pregnancy. *NWH* 11(6):558-567
- Reeder, C et al. 2013. The effect of fenugreek on milk production and prolactin levels in mothers of preterm infants. *Clinical Lactation.* 4(4):159-164
- Rubow S et al, The excretion of radiopharmaceuticals in human breast milk: additional data and dosimetry, *Eur J Nucl Med* 21:144-153, 1994.
- Sachs, C & AAP Committee on Drugs. 2013. The transfer of drugs and therapeutics into human breast milk: an update on selected topics. *Pediatrics* 132(3): 795-810. September
- Singhal, S et al. 2014. Impact of injectable progestogen contraception in early puerperium on lactation and infant health. *J Clin & Diagnostic Research.* 8(3): March. 69-72
- Stanley, C et al 2019. Understanding placentophagy. *JOGNN* 2019; 48(1): 37-49
- Turkyilmaz, C et al. 2011. The effect of galactagogue herbal tea on breast milk production and short-term catch-up of birth weight in the first week of life. *IJ Altern Complement Med.* Feb. 17(2):139-42
- Turok, D et al. 2017. Immediate postpartum levonorgestrel intrauterine device insertion and breast-feeding outcomes: a noninferiority randomized controlled trial. *AJOG* 2017: August
- Wachman E et al. 2010. Breastfeeding rates among mothers of infants with neonatal abstinence syndrome. *Breastfeed Med* Aug;5:159-64

## Abuse/Trauma Informed Care

Allender DB. 2008. Wounded Heart. Hope for adult victims of childhood sexual abuse. NavPress.

Annenburg, M. (2018). In Rural WV, Sexual Assault Victims Face Unique Hurdles. 100 Days in Appalachia. Retrieved from <https://www.100daysinappalachia.com/2018/02/21/rural-wv-sexual-assault-victims-face-unique-hurdles/>

Asbill, L & Waters, A. (2013). Reflections on Cultural Humility. American Psychological Association. Retrieved from <https://www.apa.org/pi/families/resources/newsletter/2013/08/cultural-humility>

Averbuch, T. et. al. (2009). Breastfeeding mothers and violence: what nurses need to know. *MCN Am J Matern Child Nurs.* 2009 Sep-Oct;34(5):284-9. doi: 10.1097/01.NMC.0000360419.21733.5d.

Bartlett JD, Easterbrooks MA. 2012. Links between physical abuse in childhood and child neglect among adolescent mothers. *Child Youth Serv Rev.* 34:2154-69

Bass E, Davis L. 2008. The Courage to Heal, Harper & Row, NY.

Beck CT. 2009. An adult survivor of child sexual abuse and her breastfeeding experience: a case study. *Am J Matern Child Nurs.* 34(2):91-7.

Bowman KG, Ryberg JW, Becker H. 2009. Examining the relationship between a childhood history of sexual abuse and later dissociation, breastfeeding practices and parenting anxiety. *J Interpers Violence.* 24(8):1304-17.

Chaves K et al. 2019. Intimate partner violence identified through routine antenatal screening and maternal and perinatal health outcomes. *BMC Preg and Childbirth.* 19:357.

Coles J. 2009. Qualitative study of breastfeeding after childhood sexual assault. *J Hum Lact.*25(3): 317-24.

Coles J, Anderson A, Loxton D. 2016. Breastfeeding duration after childhood sexual abuse: an Australian cohort study. *J Hum Lact.* 32(3):28-35.

Davidov DM, Davis SM, Zhu M, Afifi TO, Kimber M, et al. (2017) Intimate partner violence-related hospitalizations in Appalachia and the non-Appalachian United States. *PLOS ONE* 12(9): e0184222. <https://doi.org/10.1371/journal.pone.0184222>

Dugat VM, Chertok IR, Haile ZT. 2019. Association between stressful life events and exclusive breastfeeding among mothers in the United States. *Breastfeed Med.* 14(7); 475-81.

Elfgén C, Hagenbuch N, Gorres G, Block E, Leeners B. 2017. Breastfeeding in women having experienced childhood sexual abuse. *J Hum Lact.* 33(1): 117-127.

Finnbogadottir, H. et. al. (2017). Breastfeeding in the context of domestic violence—a cross-sectional study. *J Adv Nurs.* 2017 Dec;73(12):3209-3219. doi: 10.1111/jan.13339. Epub 2017 Jun 7.

Moser, W. (2012). American Violence and Southern Culture. *Chicago Magazine.* Retrieved from <https://www.chicagomag.com/Chicago-Magazine/The-312/July-2012/American-Violence-and-Southern-Culture/>

Fryer K, Santos HP, Pederson C, Stuebe AM. 2018. The Hispanic paradox: socioeconomic factors and race/ethnicity in breastfeeding outcomes. *Breastfeed Med.* 13(3):174-80.

Grad S, Grad C, Baban A, Dumitrascu D. 2014. Child abuse and the irritable bowel syndrome. *Rom J Inter Med.* 52(3); 183-8.

Hall ME. 2014. How to help women at risk for acute stress disorder after childbirth. *Nurs Womens Health.* 18(6):449-54.

Havig K. 2008. The health care experiences of adult survivors of child sexual abuse: a systematic review of evidence on sensitive practice. *Trauma Violence Abuse.* 9(1): 19-33.

Irish L, Kobayashi I, Delahanty DL. 2010. Long term physical health consequences of childhood sexual abuse: a meta-analytic review. *J Pediatr Psychol.* 35(5):450-61

Islam MJ, Mazerolle P, Brody L, Baird K. 2018. Does the type of maltreatment matter? Assessing the individual and combined effects of multiple forms of childhood maltreatment on exclusive breastfeeding behavior. *Child Abuse Negl.* 86:290-305.

Jacobs-Kayam A, Lev-Wiesel R. 2019. In limbo: time perspective and memory deficit among female survivors of sexual abuse. *Frontiers Psych.* 10:912.

Kendall-Tackett, K 1998. Breastfeeding and the sexual abuse survivor. *J Hum Lact.* 14(2): 125-30.

Kendall-Tackett KA. 2007. Violence against women and the perinatal period: the impact of lifetime violence and abuse on pregnancy, postpartum and breastfeeding. *Trauma Violence Abuse.*8(3): 344-53.

Kendall-Tackett KA, Cong Z, Hale TW. 2013. Depression, sleep quality, and maternal well being in postpartum women with a history of sexual assault: a comparison of breastfeeding, mixed feeding, and formula feeding formula. *Breastfeed Med.* 8(1):16-22.

Kendall-Tackett, K. (2016). Breastfeeding and the Sexual Abuse Survivor. La Leche League International. Retrieved from <https://breastfeedingmadesimple.com/wp-content/uploads/2016/02/LCSA.pdf>

Kendall-Tackett K. 2017. 7 unhelpful things people to women about breastfeeding following sexual abuse. *Women's Health Today.* Praeclarus Press. Excellence in Women's Health.

Kimmel P, Uebergang M. 2015. Disclosures of sexual abuse: what do you do next. *AFP.* 44(3):122-24.

- Klaus P. 2010. The impact of childhood sexual abuse on childbearing and breastfeeding: the role of maternity care givers. *Breastfeed Med.* 5(4): 141-5.
- Lange BCL, Condon EM, Gardner F. 2019. Parenting among mothers who experiences child sexual abuse: a qualitative systematic review. *Qual Health Res.* Doi:10.1177/1049732319882914.
- Leeners B, Richter-Appet H, Imthurn B, Rath W. 2006. Influence of childhood sexual abuse on pregnancy, delivery and the early postpartum period in adult women. *J Psychosoc Res.* 61(2):139-51.
- Moraes CL, deOliveira AS, Reichenheim ME, Lobato G. 2011. Severe physical violence between intimate partners during pregnancy: a risk factor for early cessation of exclusive breastfeeding. *Public Health Nutr.* 14(12):2148-55.
- National Coalition Against Domestic Violence (2020). Domestic violence. Retrieved from [https://assets.speakcdn.com/assets/2497/domestic\\_violence-2020080709350855.pdf?1596811079991](https://assets.speakcdn.com/assets/2497/domestic_violence-2020080709350855.pdf?1596811079991).
- Prentice JC et al. 2002. The association between reported childhood sexual abuse and breastfeeding initiation. *J Hum Lact.* 18(3):219-26.
- Sorbo MF, Lukasse M, Brantsaeter AL, Grimstad H. 2015. Past and recent abuse is associated with early cessation of breastfeeding: results from a large prospective cohort in Norway. *BMJ Open.* 5:e009240.
- Reed R, Sharman R, Inglis C. 2017. Women's descriptions of childbirth trauma relating to care provider actions and interactions. *BMC Pregnancy Childbirth.* 17:21.
- Reeves E. 2015. A synthesis of the literature on trauma-informed care. *Issues Ment Health Nurs.* 36(9):698-709.
- Reeves EA, Humphreys JC. 2018. Describing the healthcare experiences and strategies of women survivors of violence. *J Clin Nurs.* 27(5-6): 1170-1182.
- Roginiel, A. (2013). The Impact Of Intimate Partner Violence On Breastfeeding: A Demographic And Health Surveys Analysis Of India, Nepal And Timor-Leste. Yale University. Retrieved from <https://elischolar.library.yale.edu/cgi/viewcontent.cgi?article=1246&context=ysphtdl>
- Ruenes J et al. 2019. Child abuse and physical health: a population based study on physical health complaints among adolescents and young adults. *Scand J Public Health.* Doi:10.1177/1403494819848581.
- Russ, K. (2010). Working with Clients of Appalachian Culture. American Counseling Association. Retrieved from [https://www.counseling.org/Resources/Library/VISTAS/2010-V-Online/Article\\_69.pdf](https://www.counseling.org/Resources/Library/VISTAS/2010-V-Online/Article_69.pdf)
- Shoaf, L. (2004). Domestic Violence in Appalachian Ohio: The Victim's Perspective. Ohio Office of Criminal Justice Services. Retrieved from [https://www.publicsafety.ohio.gov/links/ocjs\\_ruralwawa.pdf](https://www.publicsafety.ohio.gov/links/ocjs_ruralwawa.pdf)
- Sliper Midling, A. (2016). Victims of Violence Stop Breastfeeding Sooner. ScienceNordic. Retrieved from <http://scienordic.com/victims-violence-stop-breastfeeding-sooner>
- Sobel L, et al. 2018. Pregnancy and childbirth after sexual trauma: patient perspectives and care preferences. *Obstet Gynecol.* 132(6):1461-68.
- Sperlich M, Seng JS. 2008. *Survivor Moms: Women's Stories of Birthing, Mothering and Healing after Sexual Abuse.* Eugene, OR: Motherbaby Press
- Temple, K. (2018). Domestic and Intimate Partner Violence: Some Do's and Don'ts for Health Providers. Rural Health Information Club. Retrieved from <https://www.ruralhealthinfo.org/rural-monitor/domestic-violence/>
- Turkman, H., Dilcen, YD., & Akin, B. (2020). The Effect of Labor Comfort on Traumatic Childbirth Perception, Post-Traumatic Stress Disorder, and Breastfeeding. *Breastfeeding Medicine.* Vol. 15(12): 779-788.
- Wood K, VanEsterik P. 2010. Infant feeding experiences of women who were sexually abuse in childhood. *Can Fam Physician.* 56:e136-41.
- Ukah UV, Adu PA, Desilva DA, von Dadelszen P. 2016. The impact of a history of adverse childhood experiences on breastfeeding initiation and exclusivity: Findings from a national population health survey. *Breastfeed Med.* 11:544-50.
- Yilmaz FA, Taplak AS, Polat S. 2019. Breastfeeding and sexual activity and sexual quality in postpartum women. *Breastfeed Med.* 14(8):587-91.
- Zimmerman, K. (2017). What is Culture? Live Science. Retrieved from <https://www.livescience.com/21478-what-is-culture-definition-of-culture.html>

## Infant Growth and Development

Agea-Cano I, Linares-Abad M, Ceballos-Fuentes AG, Calero-Garcia MJ. 2020. Breastfeeding at 1, 3 and 6 months after birth according to the mode of birth: a correlation study. *Int J Environ Res Public Health*. 17(6828) 1-12.

Agostoni C, Przyrembel H. 2013. The timing of introduction of complementary foods and later health. *World Rev Nutr Diet*. 108: 63-70.

Allen KE, Marotz LR 2010. Developmental Profiles; prebirth through twelve. Sixth edition. Belmont, CA. Wadsworth, Cengage

Appleton J et al. 2018. Infant formula feeding practices and the role of advice and support: an exploratory qualitative study. *BMC Pediatr*. 18(1):12.

Beauchamp GK, Mennella JA. 2009. Early flavor learning and its impact on later feeding behavior. *J Pediatr Gastroenterol Nutr*. 48 Suppl 1:S25-30.

Beauchamp JN, Gaboury I, Ni A, Boland MP, Mack DR. 2011. Solid food introduction in infants diagnosed as having a cow's milk protein induced enterocolitis. *J Pediatr Gastroenterol Nutr*. 52(5):639-43.

Becker GE, Remington T. 2014. Early additional food and fluids for healthy breastfed full term infants. *Cochrane Database Syst Rev*. Nov 25: 11:CD006462.

Berk LE. 2009. *Child Development*. Eighth Edition. Boston: Pearson.

Brown A, Lee M. 2011. A descriptive study investigating the use and nature of baby led weaning in a UK sample of mothers. *Matern Child Nutr*. 7(1):34-47

Brown A, Lee MD. 2013. Early influences on child satiety responsiveness: the role of weaning style. *Pediatr Obes*. Dec 17 epub ahead of print

Brown A, Lee M. 2013. An exploration of experiences of mothers following a baby led weaning style: developmental readiness for complementary foods. *Matern Child Nutr*. 9(2):233-43.

Cameron SL, Heath AM, Taylor RW. 2012. How feasible is baby led weaning as an approach to infant feeding? A review of the evidence. *Nutrients*. 1575-1609.

Cameron SL, et al. 2015. Lactation consultant support from later pregnancy with an educational intervention at 4 months of age delays the introduction of complementary foods in a randomized controlled trial. *J Nutri*. 145: 1481-90.

Carey WB et al. 2009. *Developmental-Behavioral Pediatrics*. Philadelphia, PA: Saunders

Carter KR. 2015. Wean that Kid: Your Comprehensive Guide to Understanding and Mastering the Weaning Process. Chicago, IL: Thang Publishers

Chapman DJ. 2012. Exclusive breastfeeding through 6 months: infant intake and growth patterns. *J Hum Lact*. 28(2):132-3.

Cho HJ, Kang SK, Chung MR. 2018. The relationship between exclusive breastfeeding and infant development: A 6 and 12 month follow up study. *Early Hum Dev*. 127:42-47.

Coit J, Grossman X, Buczek M, Feldman-Winter L, Merewood A. 2012. Introducing solid foods: validity of report among mothers who do not adhere to recommended US Guidelines. *J Hum Lact*. 28(4):490-4.

Czosnykowska-Lukacka M, Orczyk-Pawilowicz M, Broers B, Krolak-Olejnik B. 2019. Lactoferrin in human milk of prolonged lactation. *Nutrients*. 11:2350

daCosta S. 2010. The development of sucking patterns in preterm, small for gestational age infants. *J Pediatrics*. 603-9.

Dewey, KG et al. 1998. Growth patterns of breastfed infants and the current status for growth charts for infants. *J Hum Lact*. 14(2) 90-92.

- Dundar NO et al. 2005. Longitudinal investigation of the relationship between breast milk leptin levels and growth in breastfed infants. *J Pediatr Endocrinol Metab.* 18(2):181-7.
- Ebina S, Kashiwakura I. 2013. Relationship between feeding modes and infant weight gain in the first month of life. *Experi Therap Med.* 5:28-32.
- English S, Wright I, Ashburn V, Ford G, Caramaschi D. 2020. Prenatal anxiety, breastfeeding and child growth and puberty: linking evolutionary models and human cohort studies. *Annals of Hum Biol.* 47(2): 106-115.
- Fewtrell MS. 2011. The evidence for public health recommendations on infant feeding. *Early Hum Dev.* 87(11):715-21
- Forestell CA. 2017. Flavor perception and preference development in human infants. *Ann Nutr Metab.* 70(Suppl3):17-25.
- Garwolinska D, Namiesnik J, Kot-Wasik A, Hewett-Belka W. 2018. Chemistry of human breast milk- a comprehensive review of the composition and the role of milk metabolites in child development. *J Agric Food Chem.* 66(45): 11881-11896.
- Ghassabian A, Sundaram R, Bell E, Bello SC, Kus C, Young E. 2016. Gross motor milestones and subsequent development. *Pediatrics.* 138(1):e20154372
- Glodowski KR, Thompson RH, Martel. 2018. The rooting reflex as an infant feeding cue. *J Applied Behavior Anal.* 9999:1-11.
- Gomez MS, Novaes AP, daSilva JP, Guerra LM, Possobon R. 2019. Baby led weaning, an overview of the new approach to food introduction integrative literature review. *Rev Paul Pediatr.* 38:e2018084.
- Grace T, Oddy W, Bulsara M, Hands B. 2017. Breastfeeding and motor development: a longitudinal cohort study. 51:9-16.
- Grimshaw KE et al. 2013. Introduction of complementary foods and the relationship to food allergy. *Pediatrics.* 132(6): e1529-38.
- Hendrickson MA, Pitt MB. 2021. Three areas where our growth chart conversations fall short-room to grow. *JAMA Pediatr.* Doi:10.1001/jamapediatrics.2021.4330.
- Hetherington MM, et al. 2015. A step by step introduction to vegetables at the beginning of a complementary feeding; the effects of early and repeated exposure. *Appetite.* 84:28-90.
- Hornell A, Lagstrom H, Lande B, Thorsdottir I. 2013. Breastfeeding, introduction of other foods and effects on health: a systematic literature review for the 5<sup>th</sup> Nordic Nutrition Recommendations. *Food Nutr Res.* 12:57.
- Jia N, Gu G, Zhao L, He S, Xiong F, Chai Y, Quan L, Hou H, Dai Y. 2018. Longitudinal study of breastfeeding and growth in 0-6 month infants. *Asia Pac J Clin Nutr.* 27(16): 1294-1301.
- Jonsdottir OH et al. 2014. Initiation of complementary feeding and duration of total breastfeeding: unlimited access to lactation consultants versus routine care at the well baby clinics. *Breastfeed Med.* 9(4): 196-202.
- Kaspiris A, Zafiropoulou C, Tsadira O, Petropoulos C. 2007. Can breastfeeding avert the appearance of growth pains during childhood? *Clin Rheumatol.* 26(11): 1909-12.
- Kavanagh KF, HabibiM, Anderson K, Spence M. 2010. Care giver vs infant oriented feeding: a model of infant feeding strategies among special supplemental nutrition program for women, infants, and children participants in rural east Tennessee. *J Am Diet Assoc.* 110(10)1485-91.
- Kent JC, Hepworth AR, Sherriff JL, Cox DB, Mitoulas LR, Hartmann PE. 2013. Longitudinal changes in breastfeeding patterns from 1 to 6 months of lactation. *Breastfeed Med.* 8(4): 401- 7.
- Krawinkel MB. 2011. Benefits from longer breastfeeding: Do we need to revise the recommendations? *Curr Probl Pediatr Adolesc Health Care.* 41(9):240-3.
- Lanoue W. 2017. [A Loving Weaning: How to Move Forward Together](#). Amarillo, TX. Praeclarus Press



- Losee JE, Mason AC, Dudas J, Hua LB, Mooney MP. 2007. Nonsynostotic occipital plagiocephaly: factors impacting onset, treatment and outcomes. *Plast Reconstr Surg.* 119(6): 1866-73.
- Luccioli S, Zhang Y, Verrill L, Raamos-Valle M, Kwegyir-Afful E. 2014. Infant feeding practices and reported food allergies at 6 years of age. *Pediatrics.* 134 Suppl. 1:S21-8.
- Mahoney P. 2014. Dental fast track: prenatal growth, incisor eruption and weaning in human infants. *Am J Phys Anthropol.* Nov 11. Epub ahead of print.
- Maier AS, Chabanet C, Schaal B, Leathwood PD, Issanchou SN. 2008. Breastfeeding and experience with variety early in weaning increase infants' acceptance of new foods for up to two months. *Clin Nutr.* 27(6): 849-57.
- Mandic Z, Pirircki AP, Kenjeric D, Hanicar B, Tanasic I. 2011 Breast vs Bottle: difference in the growth of Croatian infants. *Matern Child Nutr.* 7(4):389-96
- Marquez S. 2017. Weaning your Breastfed, Bedsharing Child.
- Mennella JA, Forestell CA, Morgan LK, Beauchamp GK. 2009. Early milk feeding influences taste acceptance and liking during infancy. *Am J Clin Nutr.* 90(3):780s-788S.
- Minchin, M. Milk Matters: Infant feeding and immune disorders. 2015. BookPOD.
- Moss BG, Yeaton WH. 2014. Early childhood healthy and obese weight status: potentially protective benefits of breastfeeding and delaying solid foods. *Matern Child Health.* 18(5):1224-32.
- Muelbert M, Guigliani ERJ. 2018. Factors associated with the maintenance of breastfeeding for 6, 12 and 24 months in adolescent mothers. *BMC Public Health.* 18:675.
- Nugent JK, Petrauskas, Brazleton TB. 2009. The Newborn as a person: enabling healthy infant development worldwide. Hoboken, New Jersey; John Wiley and Sons
- Nuzzi G, Gerini C, Comberlati P, Peroni DG. 2021. The weaning practices: a new challenge for pediatricians? *Pediatr Allergy Immunol.* 33: Suppl 27:44-46
- Nwaru BI et al. 2013. Timing of infant feeding in relation to childhood asthma and allergic disease. *J Clin Allergy Immunol.* 131(1):78-86.
- Pato-Golab B, Zalewski BM, Polaczek A, Szajewska H. 2019. Duration of breastfeeding and early growth: a systematic review of current evidence. *Breastfeed Med.* 14(4):218-229.
- Pearce J, Taylor MA, Langley-Evans SC. 2013 Timing of the introduction of complementary feeding and the risk of obesity; a systematic review. *Int J Obes.* 37:1295-1306..
- Reilly S et al. 2006. Growth of infant communication between 8 and 12 months; a population study. *J Paediatr Child Health.*42(12);764-70.
- Rippey PLF, Aravena F, Nyongator JP. 2019. Health impacts of early complementary food introduction between formula-fed and breastfed infants. *J Pediatr Gastroenterol Nutr.* Doi:10.1097MPG000000002581.
- Roellants M, Hauspie R, Hoppenbrouwers K. 2010. Breastfeeding, growth and growth standards: performance of the WHO growth standards for monitoring growth of Belgian children. *Ann Hum Biol.* 37(1):2-9.
- Rousseau PV, Matton F, Lecuyer R, Lahaye W. 2017. The Moro reaction: more than a reflex, a ritualized behavior of nonverbal communication. *Infant Behav Dev.* 46:169-177.
- Sacker A, Quigley MA, Kelly YJ. 2006. Breastfeeding and developmental delay; findings from the millennium cohort study. *Pediatrics.* 118(3);682-9.

- Scott JA, Binns CW, Graham KI, Oddy WH. 2009 Predictors of the early introduction of solid foods in infants: results of a cohort study. *BMC Pediatr.* 9:60.
- Shelov SP. 2014. *Caring for your Baby and Young Child; Birth to age 5*. AAP publication. New York: Bantam Books.
- Shim JE, Kim J, Mathai RA. 2011. Associations of infant feeding practices and picky eating behaviors of preschool children. *J Am Diet Assoc.* 111(9):1363-8.
- Shloim N, Rudolf MCJ, Feltbower RG, Mohebati L, Hetherington MM. 2015. Breast is best:: positive mealtime interactions in breastfeeding mothers from Israel and the United Kingdom. *Health Psych Open.* 1-12.
- Shloim N, Vereijken CMJL, Blundell P, Hetherington MM. 2017. Looking for cues- infant communication of hunger and satiation during milk feeding. *Appetite.* 108:74-82.
- Sinkiewicz-Danel E et al. 2021. Tandem Breastfeeding: a descriptive analysis of the nutritional value of milk when feeding a younger and older child. *Nutrients.* 13:277.
- Sinnott A. 2010. Breastfeeding Older Children. London: Free Association Press.
- Spyrides MH, Struchiner CJ, Barbosa MT, Kac G. Effect of predominant breastfeeding duration on infant growth: a prospective study using nonlinear mixed effect models. *J Pediatr (Rio J).* 84(3):237-43.
- Strang A. 2017. Gentle Night Weaning for Babies the Kinder Way: Reducing Night Feeds with No Tears.
- Swanepoel L, Henderson J, Maher J. 2019. Mothers' experiences with complementary feeding: conventional and baby led approaches. *Nutr Diet.* Doi:10.1111/1747-0080.12566.
- Taki M, Mizuno K et al. 2010. Maturation changes in the feeding behavior of infants; a comparison between breastfeeding and bottle feeding. *Acta Pediatr.* 99(1): 61-77.
- Thompson AJ, Topping AE, Jones LL. 2020. "Surely you're not still breastfeeding?"; a qualitative exploration of women's experiences of breastfeeding beyond infancy in the UK. *BMJ Open:* 10:e035199.
- Thompson RH, Martel L. 2018. The rooting reflex as an infant feeding cue. *J Applied Behav Anal.* 9999: 1-11.
- Tinius R. Et al. 2020. Maternal factors related to infant motor development at 4 months of age. *Breastfeed Med.* 15(2): 90-95.
- Tromp IM, et al. 2013 Factors associated with the timing of introduction of complementary feeding: The Generation R Study. *Eur J Clin Nutr.* 67:625-30.
- Utami AF, Wanda D. 2019. Is baby led weaning approach an effective choice for introducing first foods? A literature review. *Enferm Clin.* 29 Suppl.287-95.
- Ventura AK. 2017. Does breastfeeding shape food preferences? Link to obesity. *Ann Nutr Metab.* 70 Suppl 3: 8-15.
- Vesel L et al. 2010. Use of new World Health Organization child growth standards to assess how infant malnutrition relates to breastfeeding and mortality. *Bull World Health Organ.* 88:39-48.
- Villar J et al. 2020. Late weaning and maternal closeness, associated with advanced motor and visual maturation, reinforce autonomy in healthy 2 year old children. *Sci Rep.* 10(1): 5251.
- Wasser H, et al. 2011. Infants perceived as "fussy" are more likely to receive complementary foods before 4 months. *Pediatrics.* 127(2):228-37.
- Wasser HM et al. 2013. Who's feeding baby? Non maternal involvement in feeding and its association with dietary intakes among infants and toddlers. *Appetite.* 71: 7-15.

Wen LM, Baur LA, Simpson JM, Rissel C, Flood VM. 2011. Effectiveness of an early intervention on infant feeding practices and "tummy time": a randomized controlled trial. *Arch Pediatr Adolesc Med.* 165(6): 701-7.

WHO Multicentre Growth Reference Study Group. 2006. Breastfeeding in the WHO Multicentre Growth Reference Study. *Acta Paediatr Suppl.* 450:16-26.

Winchell, Katie. 1992. Nursing Strike: Misunderstood Feelings, *J Hum Lact*, 8(4);217-219.

Woo JG et al. 2012. Human milk adiponectin affects infant weight trajectory during the second year of life. *J Pediatr Gastroenterol.* 54(4):532-9.

Wu Y, Lye S, Dennis CL, Briollais L. 2020. Exclusive breastfeeding can attenuate body mass index increase among genetically susceptible children: a longitudinal study from the ALSPAC cohort. *PLOS Genet.* 16(6): e1008790.

Yang J et al. 2020. The possible effects of breastfeeding on infant development at 3 months: A case control study. *Breastfeed Med.* 15(10): 662-670.

Zong X-N, Li H, Zhang Y, Wu H. 2020. Growth performance comparison of exclusively breastfed infants with partially breastfed and formula fed infants. *PLOS ONE.* 15(80): e0237067

Zubler JM et al. 2022. Evidence-informed milestones for developmental surveillance tools. *Pediatrics.* 149(3):1-28

# Nutrition

AAP 2008. Committee on Nutrition. Prevention of Rickets and Vitamin D deficiency in infants, children and adolescents.

AAP 2014. Council on Environmental Health. Iodine Deficiency, Pollutant Chemical and the Thyroid: New Information on an Old Problem.

ABM Clinical Protocol #29: Iron, Zinc, and Vitamin D Supplementation During Breastfeeding. (2018). *Breastfeeding Medicine*, 13(6).

Alien, L. et al. 1994. Maternal Micronutrient Malnutrition: Effects of Breast Milk and Infant Nutrition, and Priorities for Intervention. *Maternal and Child Nutrition*. 11: page 76

Bae, S. Et al. 2015. Vitamin B-12 Status differs among pregnant, lactating and control women with equivalent nutrient intakes. *J Nutrition*. Jul;145(7): 1507-14.

Bajaj, H. Et al. 2016. Prior Lactation Reduces Future Diabetic Risk through Sustained Post-Weaning Effect on Insulin Sensitivity. *Am J Physiol Endocrinol Metab*. Dec 13.

Baroni L et al. 2018. Vegan Nutrition for Mothers and Children: Practical Tools for Healthcare Providers. *Vegan Nutrition* 20 Dec. 2018.

Benhalima, K et al. 2018. Screening and Management of Gestational Diabetes Mellitus after Bariatric Surgery. *Nutrients*. Oct; 10(10)1459.

Billeaud, C et al. 2021. Nutrition of Pregnant and Lactation Women in the First 1000 Days of Infant. *Healthcare* 2022, 10(1), 65; <https://doi.org/10.3390/healthcare10010065>

Campbell, S. H. (2022). Chapter 8: Nutrition During Lactation. In *Core curriculum for interdisciplinary lactation care* (pp. 161-177). Burlington, MA: Jones & Bartlett Learning.

Cavdar, G, Papich, T, and Ryan, E. 2019. Microbiome, Breastfeeding and Public Health Policy in the United States: The Case for Dietary Fiber. *Nutrition and Metabolic Insights*. Doi.org/10.1177/1178638819869597.

Costa, MM, et al. 2018. Pregnancy after Bariatric Surgery: Maternal and Fetal Outcomes of 39 Pregnancies and a literature review. *J Obstet Gynaecol Res*. Apr;44(4): 681-690.

Coupaye M et al. 2018. Impact of Roux-en-Y Gastric Bypass and Sleeve Gastrectomy on Fetal Growth and Relationship with Maternal Nutritional Status. *Surg Obes Relat Dis*. Oct; 14(10): 1488-1494.

Cusick, SE and Georgieff MK. The role of nutrition in brain development: the golden opportunity of the "first 1000 days". *J Pediatr* 2016 175:16-21.

De-Regil, LM, Harding, KB, Roche, ML. 2016. Preconception Nutrition Interventions for Adolescent Girls and Adult Women: Global Guidelines and Gaps in Evidence and Policy with Emphasis on Micronutrients. *J Nutri*. Jul; 146(7): 1461S-70S.

Dietary Guidelines for Americans 2020-2025, 9<sup>th</sup> edition. [www.dietaryguidelines.gov](http://www.dietaryguidelines.gov)

Domellof M, Lonnerdal B, Dewey KG, Cohen R, and Hernell O. 2004. Iron, zinc, and copper concentrations in breast milk independent of maternal mineral status. *The American Journal of Clinical Nutrition*. Vol. 79 (1).p. 111-115.

Dusdieker LB et al. 1985. Effect of supplemental fluids on human milk production. *J Pediatr* 106;207-11.

Edelweiss Publications-About us. (n.d.). Variable Responses to Vitamin-D Dosing <https://doi.org/10.33805/2638-8235.103>

- Emmerson, AJB, et al. 2018. Vitamin D status of White pregnant women and infants at birth and 4 months in North West England: A cohort Study. *Maternal Child Nutrition*. Jan 14(1).
- Falcone, V et al. 2018. Pregnancy After Bariatric Surgery: A Narrative Literature Review and Discussion of Impact on Pregnancy Management and Outcome. *BMC Pregnancy and Childbirth*. <https://doi.org/10.1186/s12884-018-2124-3>
- Ford, E, Underwood, M, and German, J. 2020. Helping Mom Help Baby: Nutrition-Based Support for the Mother-Infant Dyad During Lactation. *Frontiers in Nutrition*. [Doi.org/10.3389/fnut.2020.00054](https://doi.org/10.3389/fnut.2020.00054).
- Heyden, EL, & Wimalawansa, SJ. 2017. Vitamin D: Effects on Human Reproduction, Pregnancy and Fetal Well-being. *J Steroid Biochem Mol Biol*. Dec. 17.
- Garcia, M. et al. 2021. Importance of nutrition during pregnancy. Impact on the composition of breastmilk. *Nutrition Hospitalaria*. 37(Spec No 2): 38-42.
- Greer, F. et al. 2019. The Effects of Early Nutrition Interventions on the Development of Atopic Disease in Infants and Children: The Role of Maternal Dietary Restrictions, Breastfeeding, Hydrolyzed Formulas, and Timing of introduction of Allergenic Complementary Foods. *Pediatrics*. 143(4):e20190281.
- He, R et al. 2011. Antioxidant properties of lutein contribute to the protection against lipopolysaccharide-induced uveitis in mice. *Chinese Medicine* 6:38 doi: 10.1186/1749-8546-6-38.
- Horie, S. et al. 2017. A relationship between a level of hemoglobin after delivery and exclusive breastfeeding initiation at a baby friendly hospital in Japan. *Environ Health Prev Med*. Apr 20;22(1);40
- Hoffmann ER, et al. 2014. A comparison of infant and toddler feeding practices of mothers with and without histories of eating disorders. *Matern Child Nutr*. 10(3):360-72.
- Hollis, B. (2018, January 15). Vitamin D and Breastfeeding: An interview with Bruce Hollis, PhD
- KellyMom.com. Retrieved January 15, 2021, from <https://kellymom.com/nutrition/vitamins/vitamin-d-and-breastfeeding/>
- Innis SM. 2014. Impact of maternal diet on human milk composition and neurological development of infants. *Am J Clin Nutrition*. 99(3) 734S-415.
- Institute of Medicine (US) Committee on Nutritional Status During Pregnancy and Lactation. Nutrition During Lactation. Washington (DC): National Academies Press (US); 1991. 9, Meeting Maternal Nutrient Needs During Lactation. Available from: <https://www.ncbi.nlm.nih.gov/books/NBK235579>
- Jans, G., et al. 2018. Bariatric Surgery Does Not Appear to Affect Women's Breast-milk Composition. *J Nutr*. 2018; 148: 1096-1102.
- Julvez, J. (2009) et al. Maternal use of folic acid supplements during pregnancy and four-year-old neurodevelopment in a population-based birth cohort. *Paediatric and Perinatal Epidemiology*, 23(3), 199-206.
- Kavle, J, et al. 2017. Program Considerations for integration of nutrition and family planning: Beliefs around maternal diet and breastfeeding within the context of nutrition transition in Egypt. 2017. *Maternal & Child Nutrition*. 14(1) e12469.
- Keikha, M. et al. 2017. Macro-and Micronutrients of Human Milk Composition: Are They Related to Maternal Diet? A Comprehensive Systematic Review. *Breastfeeding Medicine* 12(9). <https://doi.org/10.1089/bfm.2017.0048>
- Kidd, M. et al. 2019. "Something is wrong with your milk" Qualitative study of maternal dietary restrictions and beliefs about infant colic. 2019. *Canadian Family Physicians*. 65(3) 204-211.

- Kramer CK, et al. 2015, The persistence of maternal vitamin D deficiency and insufficiency during pregnancy and lactation irrespective of season and supplementation. *Clin Endocrinol* 2015 Dec 7.
- Krause KM, Lovelady CA, Ostbye T. 2011. Predictors of breastfeeding in overweight and obese women; data from active mothers postpartum. *Matern Child Health*. 15(3):367-75.
- Kjeldsberg, C. 2018. Nutrition-sensitive agricultural interventions and gender dynamics: A qualitative study in Nepal. *Maternal and Child Nutrition*. 14(3) e 1259 <https://doi.org/10.1111/mcn.12593>
- Lawrence R & Lawrence R. (2022) Chapter 8: Maternal Nutrition and Supplements for Mother and Infant. In *Breastfeeding: A Guide for the Medical Professional*. (pp 247-276). Philadelphia, PA: Elsevier.
- Leung, AM, et al. 2014. AAP recommendations on iodine nutrition during pregnancy and lactation. *Pediatrics*, 134(4) 1284.
- Lignell, S et al. 2016. Environmental Organic Pollutants in Human Milk before and After Weight Loss. *Chemosphere*. Sep; 159: 96-102.
- Lima, M, Dimenstein, R, and Ribeiro, K. 2014. Vitamin E concentration in human milk and associated factors: a literature review.
- Maldonado-Lobon JA, et al. 2015. Long-term safety of early consumption of *Lactobacillus fermentum* CECT5716: A 3-year follow-up of a randomized controlled trial. *Pharmacological Research*. 95-96. Pages 12-19.
- Mameli, C, Mazzantini, S, and Zuccotti, G. 2016 Nutrition in the First 1000 Days The Origin of Childhood Obesity. *Int. J. Environ. Res. Public Health*. 13(9), 838.
- Marangoni, F. et al. 2016. Maternal Diet and Nutrient Requirements in Pregnancy and Breastfeeding. AN Italian Consensus Document. *Nutrients*. 8(10), 629; <https://doi.org/10.3390/nu8100629>
- Martin, MG et al. 2018. Infant Feeding Behaviors and Attitudes to Feeding Amongst Mothers with Eating Disorders: A Longitudinal Study. *Eur Eat Disord Rev*. Jul 22.
- National Institutes of Health. 2018. Iodine-Fact Sheet for Health Professionals. Rev Sep 26.
- Oberhelman SS, Et al. 2013. Maternal Vitamin D Supplementation to Improve the Vitamin D Status of Breast-fed Infants: A Randomized Controlled Trial. *Mayo Clin Proc*. Dec;88(12)1378-87.
- Pilz S. et al. 2018. The Role of Vitamin D in Fertility and during Pregnancy and Lactation: A Review of Clinical Data. *Int J Environ Res Public Health*. Oct 12;12;15(10).
- Rakicioglu, N, Samur G, Topcu A, Topcu AA. 2006. The effect of Ramadan on maternal nutrition and composition of breast milk. *Pediatr Int*. 48(3);278-83.
- Rivieello, C. (2009). Breastfeeding and the Basal Insulin Requirement in Type 1 Diabetic Women. *Endocrine Practice*, 15(3), 187-193.
- Robert-McComb J.J., Gonzalez A.G., Carraway L. 2014. Nutritional Guidelines and Energy Needs During Pregnancy and Lactation. *The Active Female*. Springer, New York, NY.
- Roberto, L. et al. 2014. Vitamin E concentration in human milk and associated factors: a literature review. *Pediatr*. 90(5)
- Rogers LK, Valentine CJ, Keim SA. 2013 DHA Supplementation: current implications in pregnancy and childhood. *Pharmacol Res*. 70(1):13-19.
- Sauberan, J. 2019. High-dose Vitamins. *Breastfeeding Medicine*. 14: 5:287-289.

Scherbaum, V, Srour, ML. 2016 The role of Breastfeeding in the Prevention of Childhood Malnutrition. *World Rev Nutr Diet* . Epub May 19; 115:82-97.

Schwarzenberg, S. and Georgieff, M. 2018. Advocacy for Improving Nutrition in the first 1000 Days to Support Childhood Development and Adult Health. *Pediatrics*. 141 (2).

Seth A et al. 2009. Vitamin D nutritional status of exclusively breastfed infants and their mothers. *J Pediatr Endocrinol Metab*. 22(3):241-6.

Simpson MR, Avershina E, Storro O, Johnsen R, Rubi K, and Oien T.2018. Breastfeeding-associated microbiota in human milk following supplementation with *Lactobacillus Rhamnosus* GG, *Lactobacillus acidophilus*:a-5, and *Bifidobacterium animalis* ssp. *Lactis* Bb-12. *Journal of Dairy Science*. 101(2) p 889-899.

Sinanoglou, V et al. 2017. Factors affecting human colostrum fatty acid profile: A case study. *Journal Pone*.doi.org/10.1371/journal.pone.0175817.

Stagnaro-Green A, et al. 2015. Marginal iodine status and high rate of subclinical hypothyroidism in Washington DC women planning conception. *Thyroid*, Oct, 25(10): 1151-4.

Stoutiesdijk, E, et al. 2017. Milk vitamin D in relation to the “adequate intake” for 0-6-month-old infants: a study in lactation women with different cultural backgrounds, living at different latitudes. *Br. J Nutri. Nov*; 118(10):804-812.

Strupp, BJ, et al. 2016. Maternal choline supplementation: A potential prenatal treatment for down syndrome and Alzheimer’s disease. 13(1):97-106.

Taylor, S., and ABM. 2018. ABM Clinical Protocol #29: Iron, Zinc, and Vitamin D Supplementation During Breastfeeding. *BF Med*. 13(6): 398-404.

Terashita, S, et al. 2017. Longitudinal study on the effectiveness of vitamin D supplements in exclusively breast-fed infants. *Clin Pediatr Endocrinol*. 26(4):215-222.

Torgersen L et al. 2010. Breastfeeding practice in mothers with eating disorders. *Matern Child Nutr*. 6(3):243-52.

Umaretiya, PJ, et al. 2017. Maternal Preferences for Vitamin D Supplementation in Breastfed Infants. *Ann Fam Med*. Jan; 15(1):68-70.

Valentine CJ, Wagner CL. 2013. Nutritional management of the breastfed dyad. *Pediatr Clin North Amer*. 60(1):261-74.

Vizthum, D. (n.d.). 5 Breastfeeding Diet Myths. Retrieved January 15, 2021, from <https://www.hopkinsmedicine.org/health/wellness-and-prevention/5-breastfeeding-diet-myths>

Wagner CL et al. 2008. Prevention of rickets and vitamin D deficiency in infants, children and adolescents. *Pediatrics*. 122(5): 1142-52.

Wall,CR, et al. 2015. Vitamin D activity of breast milk in women randomly assigned to vitamin D3 supplementation during pregnancy. *Am J Clin Nutr*. 2015. Dec 23 (epub ahead of print)

Wambach, K., & Spencer, B. (2021). Chapter 16: Maternal Nutrition and Breastfeeding. In *Breastfeeding and human lactation* (pp. 471-480). Burlington, MA: Jones & Bartlett Learning.

Wang RY, Needham LL. 2007. Environmental chemicals; from the environment to food, to breastmilk to the infant. *J Toxicol Environ Health B Crit Rev*. 10(8):597-609.

[www.cdc.gov/breastfeeding/breastfeeding-special-circumstances/diet-and-micronutrients/maternal-diet.html](http://www.cdc.gov/breastfeeding/breastfeeding-special-circumstances/diet-and-micronutrients/maternal-diet.html)

[www.chop.edu/pages/diet-breastfeeding-mothers](http://www.chop.edu/pages/diet-breastfeeding-mothers). Children's Hospital of Philadelphia. 2022.

[www.facebook.com/thenursingnurse](https://www.facebook.com/thenursingnurse)

[www.kaboutjie.com/pregnancy-birth/4-benefits-of-choline-during-pregnancy-and-breastfeeding](http://www.kaboutjie.com/pregnancy-birth/4-benefits-of-choline-during-pregnancy-and-breastfeeding). 2018: Kaboutjie.

[www.webmd.com/diet/foods-high-in-lutein](http://www.webmd.com/diet/foods-high-in-lutein). Diet and weight management.

Zanardo V et al. 2014. Symptoms of eating disorders and feeding practices in obese mothers. *Early Hum Dev*. Jan 8 epub ahead of print.

Zielinska, M. et al. 2017 Health Effects of Carotenoids during Pregnancy and Lactation. *Nutrients*9(8), 838.  
<https://doi.org/10.3390/nu9080838>.

Zimmerman DR et al. 2009. Effect of a 24+hour fast on breast milk composition. *Journal of Human Lactation*. 25(2):194-98.



## Fussy Baby

Alexandrovich I, et al. The effect of fennel (*Foeniculum Vulgare*) seed oil emulsion in infantile colic: a randomized, placebo-controlled study. *Altern Ther Health Med.* 9(4):58-61. 2003

Ali AM. Helicobacter pylori and infantile colic. *Arch Pediatr Adolesc Med.* 166(7): 648-650. 2012

Arguin AL, et al. Gastroesophageal reflux in infants: A primary care perspective. *Pediatric Nursing* 30(1). 2004

Baldassarre ME, et al. Lactobacillus GG improves recovery in infants with blood in the stool and presumptive allergic colitis compared with extensively hydrolyzed formula alone. *The Journal of Pediatrics.* 156(3): 397-401. 2010

Baheiraei A, et al. The effects of maternal passive smoking on maternal milk lipid. *Acta Medicine Iranica* 52(4); 280-285. 2014

Bergman N. Scorpion sting in Zimbabwe. *South African Medical Journal,* 1997, 87:163-167.

Boyle R. Hydrolysed formula and risk of allergic or autoimmune disease: systematic review and meta-analysis. *BMJ* doi: org/10.1136/bmj.i974 2016

Bright I, et al. Age at the introduction of solid foods during the first year and allergic sensitization at age 5 years. *Pediatrics* 125(1); 50-59. 2010

Canifert C et al. Colicky infants according to maternal reports in telephone interviews and diaries: a large Scandinavian study. *J Dev Behav Pediatr* 23:1-8, 2002

Common Food Allergies. *Nursing for Women's Health.* August/September 2011; p 333

DiMaggio DM et al. Updates in infant nutrition. *Pediatr Rev.* 2017;38: 449-462. doi:10.1542/pir.2016-0239

Douglas P. Managing infants who cry excessively in the first few months of life. *BMJ,* 15 December 2011; 1 -6

Du Toit G, et al. The role of dietary interventions in the prevention of IgE-mediated food allergy in children. *Pediatr Allergy Immunol.* 2017;28: 222-229. doi:10.1111/pai.12711

Ellett ML, et al. Living with a colicky infant. *Gastroenterology Nursing.* 28(1); 19-25. 2005

Fewtrell M, et al. Complementary feeding: a position paper by the European Society for Paediatric Gastroenterology, Hepatology, and Nutrition (ESPGHAN) Committee on Nutrition. *J Pediatr Gastroenterol Nutr.* 2017;64(1):119-132. Doi:10.1097/MPG.0000000000001454

Fleischer, D M. et al. A Consensus Approach to the Primary Prevention of Food Allergy Through Nutrition: Guidance from the American Academy of Allergy, Asthma, and Immunology; American College of Allergy, Asthma, and Immunology; and the Canadian Society for Allergy and Clinical Immunology. *The Journal of Allergy and Clinical Immunology in Practice.* 2020. <https://doi.org/10.1016/j.jaip.2020.11.002>

Fleischer DM, et al, Consensus communication on early peanut introduction and the prevention of peanut allergy in high risk infants. *Pediatrics* 136(3);600-604 2015

Fujiwara T, et al. Infant distress at five weeks of age and caregiver frustration. *Journal of Pediatrics* 159; 425-30. 2011

Gibert, NL, et al. Smoking cessation during pregnancy and relapse after childbirth in Canada. *JOGC* 37(1); 32-39 2015

- Greer FR, et al. Effects of Early Nutritional Interventions of the development of atopic disease in infants and children: The role of maternal dietary restriction, breastfeeding, timing of introduction of complementary foods, and hydrolyzed formulas. *Pediatrics*, 121(1); 183-191. 2008
- Harb, T, et al. Infant Colic-What works: A Systematic Review of Interventions for Breast-fed Infants. *J Pediatr Gastroenterol Nutr*. 2016 May;62(5):668-86
- Hegar B, et al. Natural evolution of regurgitation in healthy infants. *Acta Paediatr*. 2009; 98:1189-1193
- Heyman MB, et al. Lactose intolerance in infants, children and adolescents. *Pediatrics* 118(3); 1279-1288. 2006
- Horvath A, et al. The effect of thickened-feed interventions on gastroesophageal reflux in infants: systematic review and meta-analysis of randomized controlled trials. *Pediatrics* 122(6) 1362. 2008
- Ince, T, et al. The role of melatonin and cortisol circadian rhythms in the pathogenesis of infantile colic. *World J Pediatrics* 14(4):392-398. 2018
- Kanabar D, et al. Improvement of symptoms in infant colic following reduction of lactose load with lactase. *J Hum Nutr Dietet* 14; 359-363 2001
- Karp H. The "fourth trimester:" A framework and strategy for understanding and resolving colic. *Contemporary Pediatrics* 2004
- Keefe M, et al. In intervention program for families with irritable infants. *MCN*30(4); 230-236. 2005
- Kent JC, et al. Longitudinal changes in breastfeeding patterns from 1 to 6 months of lactation. *Breastfeeding Medicine* 8(4); 401-407 2013
- Khoshoo V, et al. Are we over prescribing anti-reflux medications for infants with regurgitation? *Pediatrics* 120(5); 946-949. 2007
- Kondolot M, et al. Feeding on one side or both sides in a breast-feeding session. *Pediatrics International*. 51, 817-820. 2009
- Law, KL, et al. Parental Smoking May Affect Newborn Neurobehavior. *Pediatrics* 2003, 111:1318-1323
- Luddington-Hoe SM, et al. Infant Crying: Nature, Physiologic Consequences, and Selected Interventions. *Neonatal Network* March 2002, Vol 21, # 2
- Middlemiss, W et al. Asynchrony of mother- infant hypothalamic -pituitary-adrenal axis activity following extinction of infant crying responses induced lactation during the transition to sleep. *Early Hum Dev*. 2010;88 (4):227-232
- Morin K. The challenge of colic in infants. *MCN* 34(3) 192. 2009
- Nwaru BI, et al. Timing of infant feeding in relation to childhood asthma and allergic diseases. *J Allergy Clin Immunol*. 131; 78-86 2013
- Pauli-Pott U et al. Infants with "colic" - mothers' perspectives on the crying problem. *J Psychosom Res* 48:125-32, 2000
- Perkin MR, et al. Randomized trial of introduction of allergenic foods in breast-fed infants. *The New England Journal of Medicine*. 374(18); 1733-1743 2016
- Restani P, Gaiaschi A et al. Evaluation of the presence of bovine proteins in human milk as a possible cause of allergic symptoms in breastfed children. *Ann Allergy Asthma Immunology* Mar; 84(3):353-60. 2000
- Riordan, J. *Breastfeeding and Human Lactation (4<sup>th</sup> ed)*. Jones and Bartlett Publishers, Boston, 2016

Rosen, R. et al. Pediatric gastroesophageal reflux clinical practice guidelines: joint recommendations of the North American Society for Pediatric Gastroenterology, Hepatology, and Nutrition and the European Society of Pediatric Gastroenterology, Hepatology, and Nutrition. *J Pediatr Gastroenterol Nutr.* 2018; 66:516-554

Said, G. et al.; Infantile Colic and Parental Smoking. *British Medical Journal* 289-660 1984.

St James-Roberts I, Alvarez M, Hovish K. Emergence of a developmental explanation for prolonged crying in 1- to 4-month-old infants: review of the evidence. *J Pediatr Gastroenterol Nutr.* 2013;57: S30–S35

Sanz EJ, et al. SSRI's given during pregnancy may cause withdrawal symptoms in the neonate. *Lancet* 2/2005

Salvatore S, et al. Gastroesophageal Reflux and Cow Milk Allergy: Is there a Link? *Pediatrics.* Vol 110 (5); 972, 2002

Savino F, et al. Lactobacillus reuteri DSM 17938 in infantile colic: A randomized double-blind, placebo-controlled trial. *Pediatrics* 126(3); 557-558. 2010

Shamsi BA, et al. The effects of secondhand smoke exposure on infant growth: A prospective cohort study. *Nursing for Women's Health.* 40(6);400 2015

Shisler S, et al. Predictors of changes in smoking from third trimester to 9 months postpartum. *Nicotine & Tobacco Research.* April 15. Pages 1-4 2015

Shonkoff, JP et al. The lifelong effects of early childhood adversity and toxic stress. *Pediatrics.* 2012;129 (1): e 232-e246

Slama K, et al What are the epidemiological data concerning parental smoking and breastfeeding? *J Gynecol Obstet Biol Reprod (Paris)* April 2005

Sung V, et al. Treating infant colic with the probiotic Lactobacillus reuteri: double blind, placebo controlled randomized trial. *BMJ* doi:org/10.1136/bmj.g2107 2014

Trimeloni L, et al. Diagnosis and management of breast milk oversupply. *J Am Board Fam Med.* 29; 149-142. 2016

Vandenplas Y, et al. Guidelines for the diagnosis and management of cow's milk protein allergy in infants. *Arch Dis Child.* 92; 902-908. 2007

Vandenplas Y. Lactose intolerance. *Asia Pac J Clin Nutr.* 2015;24 (suppl 1): S9-S13. doi:10.6133/apjcn.2015.24s1.02

Van Neervan, RJJ, Savelkoul H. Nutrition and allergic disease. *Nutrients.* 2017; 9:762-769. doi:10.3390/nu9070762

van Veldhuizen-Staas. Overabundant milk supply: an alternate way to intervene by full drainage and block feeding. *International Breastfeeding Journal.* 2:11. 2007

Wall Street Journal. Advice on Baby Allergies Shifts. [www.online.wsj.com/article/SB119963398891170513.html](http://www.online.wsj.com/article/SB119963398891170513.html). 2008

Wessel, MA. Et al. Paroxysmal fussing in infancy, sometimes called "colic." *Pediatrics.* 14(5) 421-34. 1954

West C. Introduction of complimentary foods to infants. *Ann Nutr Metab.* 2017;70(suppl 2):47-57

Wolke D, Bilgin A, Samara M. Systematic review and meta-analysis: fussing and crying durations and prevalence of colic in infants. *J Pediatr.* 2017; 185:55–61. e4pmid:28385295

GripeWater [www.babys-bliss.com](http://www.babys-bliss.com)

## Co-Sleeping

### Co-Sleeping

AAP Task Force on Sudden Infant Death Syndrome. 2016. SIDS and other sleep related infant deaths: Updated 2016 recommendation for safe infant sleeping environment. *Pediatrics*. 135(5):e20162938

Academy of Breastfeeding Medicine. 2020. Clinical Protocol #6: Guidelines on co-sleeping and breastfeeding: Revision 2019. *Breastfeed Med*. 15(1): 6-15.

Adams SM, Ward CE, Garcia KL. 2015. Sudden Infant Death Syndrome. *Am Fam Physician*, 91(11): 778-83. Alm, B. 2002. Breastfeeding may protect against SIDS. *Arch Dis Child*. 86;400-02.

Baddock SA, Purnell MT, Blair PS, Pease AS, Elder DE, Galland BC. 2019 The influence of bed-sharing on infant physiology breastfeeding and behaviour: A systematic review. *Sleep Med Rev*. 43:106-117.

Bailey C, Tawla S, McGuire E. 2020. Breastfeeding duration and infant sleep location in a cohort of volunteer breastfeeding counselors. *J Hum Lact*. 36(2): 354-64.

Ball HL, Russell CK. 2014. SIDS and infant sleep ecology. *Evolution Medicine and Public Health*.. P146.doi 10.1093. Ball HL. 2017. The Atlantic divide: contrasting UK and US recommendations on co sleeping and bed-sharing. *J Hum Lact*. 33(4):765-9

Barry ES. 2021 What is normal infant sleep? Why we still do not know. *Psychol Rep*. 124(2): 651-692. Bartick MC, Rosenberg, Lahr MB, Marinelli KA. 2014. Study on sleep location flawed, inconclusive. *Pediatrics*. 134:e1776.

Barry ES. Co-sleeping as a proximal context for infant development: The importance of physical touch. *Infant Behav Dev*. 2019 Nov;57:101385. doi: 10.1016/j.infbeh.2019.101385. Epub 2019 Oct 23. PMID: 31655427.

Bartick M, Smith LJ. 2014. Speaking out on safe sleep: evidence-based infant sleep recommendations. *Breastfeed Med*. 9(9): 417-22. Bartick M, Tomori C. 2018. Sudden infant death and social justice: a syndemics approach. *Matern Child Nutr*. DOI: 10.1111/mcn.12652.

Bartick M, Tomori C, Ball HL. 2018. Babies in boxes and the missing links on safe sleep: human evolution and cultural revolution. *Matern Child Nutr*. 14(2):e12544.

Bergman NJ. 2016. Hypthesis on supine sleep, sudden infant death syndrome reduction and association with increasing autism incidence. *World J of Clin Pedia*. 5(3):330-342.

Bergman NJ. 2015. Proposal for mechanisms of protection of supine sleep against sudden infant death syndrome: an integrated mechanism review. *Pediatr Res*. 77(1-1):10-19.

## Co-Sleeping

Bovbjerg ML, Hill JA, Uphoff AE, Rosenberg KD. 2018. Women who bedshare more frequently at 14 weeks postpartum subsequently report longer durations of breastfeeding. *J Midwifery Womens Health*. 63(4): 418-424.

Bunch, M. & Hutson, S. (2020). A Nursing Perspective on Infant Bed-Sharing Using Multidisciplinary Theory Integration. *Advances in Nursing Science*, 43 (4), 338-348. doi: 10.1097/ANS.0000000000000326.

Bruni O. Et al. 2014. Longitudinal study of sleep behavior in normal infants during the first year of life. *J Clinical Sleep Med*. 10(10):1119-2

Carrillo-Diaz M, Lacomba-Trejo L, Perez-Chicharro M, Romero-Maroto M, Gonzalez-Olmo MJ. 2021. Oral health related quality of life and cosleeping; the role of nocturnal breastfeeding. *Children*. 8(969). Doi.10.3390.children8110969.

Carrillo-Diaz M, Ortega-Martinez AR, Ruiz-Guillen A, Romero-Maroto M, Gonzalez-Olmo MJ. 2021 Impact of breastfeeding and cosleeping on early childhood caries: a cross sectional study. *J Clin Med*. 10(8):1561.

Carrillo-Diaz M, Ortega-Martinez AR, Ruiz-Guillen A, Romero-Maroto M, Gonzalez-Olmo MJ. 2021. The impact of co sleeping less than 6 months on children's anxiety, oral habits, and malocclusion in a Spanish sample between 2 and 5 years old: a cross sectional study. *Eur J Orthod*. Cjab03. Doi.10.1093/ejo.cjabo32.

Colson ER, et al. 2019. Facilitators and barriers to implementation of safe sleep recommendations in the hospital setting. *JOGNN*. 48(3):332-340. © 2022/Lactation Education Consultants

Cook F, Bayer J, Le HND, Mensah F, Cann W, Hiscock H. 2012. Baby Business: a randomised controlled trial of a universal parenting program that aims to prevent early infant sleep and cry problems and associated parental depression. *BMC Pediatrics*. 12(13):1-10.

Crittenden AN, Samson DR, Herlosky KN, Mabulla IA, Mabulla AZP, McKenna JJ. 2018. Infant co-sleeping patterns and maternal sleep quality among Hadza hunter-gatherers. *Sleep Health*. 4(6):527-534.

Darnell RA, Goodstein MH, Hauck FR, Moon RY. 2014. American Academy of Pediatrics' Task Force on SIDS fully supports breastfeeding. *Breast Med*. 9(9): 486-7.

Das RR, Sankar MJ, Agarwal R, Paul VK. 2014. Is bed sharing beneficial and safe during infancy? A systematic review. *Int J Pediatrics*. Volume 2014. 1-16.

Das RR, Sankar MJ, Agarwal R. Bed sharing versus no bed sharing for healthy term neonates. *Cochrane Database Syst Rev*. 2021 Apr 8;4(4):CD012866. doi: 10.1002/14651858.CD012866.pub2.

## Co-Sleeping

Davanzo R et al. 2015. Making the first days of life safer: preventing sudden unexpected postnatal collapse while promoting breastfeeding. *J Hum Lact.* 31(1):47-52.

Doan T, Gay CL, Kennedy HP, Newman J, Lee KA. 2014. Night time breastfeeding behavior is associated with more nocturnal sleep among first time mothers at one month postpartum. *J Clin Sleep Med.* 10(3): 313-9.

Erck-Lambert AB, et al. 2019. Sleep related infant suffocation deaths attributable to soft bedding, overlay and wedging. *Pediatrics.* 143(5): e20183408.

Feijen M, Franssen B, Vincken N, van derHulst RR. 2015. Prevalence and consequences of positional plagiocephaly and brachycephaly. *J Craniofac Surg.* 26(8): e770-3.

Feldman-Winter L, Goldsmith JP. 2016. Safe sleep and skin to skin care in the neonatal period for healthy term newborns. *Pediatrics.* 138(3):e20161889.

Fleming P, Pease A, Blair P. 2015. Bed sharing and unexpected infant deaths; what is the relationship. *Paediatr Respir Rev.* 16(1):62-7.

Freedman, Marian. "Breastfeeding for at Least 2 Months Provides SIDS protection. (PUBLISHED IN PEDIATRICS)(Sudden Infant Death Syndrome)." *Contemporary Pediatrics* (Montvale, N.J.), vol. 35, no. 1, 2018, pp. 6–6.

Goldstein RD, Trachtenberg FL, Sens MA, Harty BJ, Kinney HC. 2016. Overall Postneonatal mortality and rates of SIDS. *Pediatrics.* 137(1):

Harai AH et al. 2019. Prevalence and factors associated with safe infant sleep practices. *Pediatrics.* 144(5):e20191286.

Hauck FR, Moon RY. 2015. Evidence-based infant sleep recommendations. *Breastfeed Med.* 10(1): 1-2. Henderson JM, France KG, Owens JL, Blampied NM. 2010. Sleeping through the night: the consolidation of self-regulated sleep across the first year of life. *Pediatrics.* 126(5): e1081-7.

Hodges NL, McKenzzie LB, Anderson SE, Katz ML. 2018. Exploring lactation consultant views on infant safe sleep. *Matern Child Health.* 22(8): 1111-1117.

Huang Y, et al. 2013. Influence of bedsharing activity on breastfeeding duration among US mothers. *JAMA Pediatr.*167(11): 1038-44.

Hughes O, Mohamad MM, Doyle P, Burke G. 2017. The significance of breastfeeding on sleep patterns during the first 48 hours postpartum for first time mothers. *J Obstet Gynaecol.* 12:1-5.

Hymel KP. 2006. Distinguishing sudden infant death syndrome from child abuse fatalities. *Pediatrics.* 118(1);421-27 Kadakia A, Joyner B, Tender J, Oden R, Moon RY. 2015. Breastfeeding in African Americans may not depend on sleep arrangement: A mixed methods study. *Clin Pediatr (Phila):* 54(1):47-53.

## Co-Sleeping

Kassa H, Moon RY, Colvin JD. 2016. Risk factors for sleep related infant deaths in in-home and out of home settings. *Pediatrics*. 138(5):e20161124  
Kendall-Tackett K, Cong Z, Hale TW. 2010. Mother Infant sleep locations and nighttime feeding behavior. *Clin Lact*. 1(1): 27-31.

Kendall-Tackett K, Cong Z. 2016. Factors that influence where babies sleep in the United States: the impact of feeding method, mother's race/ethnicity, partner status, education and income. *Clin Lact*. 7(1):18-29.

Kendall-Tackett K. 2014. Sleep disturbances: why sleep issues won't just go away. *Clin Lact*. 5(4): 113-14.  
Kinney HC, et al. 2015. Dentate gyrus abnormalities in sudden unexplained death in infants: Morphological marker of underlying brain vulnerability. *Acta Neuropathol*.129:65-80.

Kreth, M, Shikany T, Lenker C, Troxler RB. 2017. Safe sleep guideline adherence in nationwide marketing of infant cribs and products. *Pediatrics*. 139(1) e20161729.  
Lahr MB, Rosenberg KD, Lapidus JA. 2005. Bedsharing and maternal smoking in a population based survey of new mothers. *Pediatrics*. 116(4);e530-42.

Landa-Rivera, Perez-Perez J, Gonzaleez-Nunez MP, Gi-Miralles RA, Jover-Escolano Y, Fernandez-PanAstacio V. 2021. Population based survey showing that breastfed babies have a lower frequency of risk factors for Sudden Infant Death Syndrome than nonbreastfed babies. *Breastfeed Med*. Doi: 10.1089/bfm2021.0113.

Marinelli K, Ball HL, McKenna JJ, Blair PS. 2019. An integrated analysis of maternal infant sleep, breastfeeding and sudden infant death syndrome research supporting a balanced discourse. *J Hum Lact*. 35(3): 510-520.

Mathews A, Oden R, Joyner B, He J, McCarter R, Moon RY. 2015. Differences in African American maternal self efficacy regarding practices impacting risk for sudden infant death. *J Community Health*. 41(2): 244-9.

McKenna JJ. 2013. Cosleeping and biological imperatives; why human babies do not and should not sleep alone. Self published paper.

Middlemiss W et al. 2020 Crafting effective messages to enhance safe infant sleep. *J Am Nurse Pract*. Feb 4. DOI:10.1097/JXX.  
Moon RY. 2016. SIDS and other sleep related infant deaths: Evidence base for 2016 updated recommendations for a safe infant sleeping environment. *Pediatrics*. 138(5):e20162940.  
NAPPSS Nation Action Plan to Increase Safe Sleep. [Http//nappss.org/plan/plan/php](http://nappss.org/plan/plan/php)

## Co-Sleeping

Moon R. Y., Carlin R. F., Hand I.; American Academy of Pediatrics Task Force on Sudden Infant Death Syndrome & American Academy of Pediatrics Committee on Fetus and Newborn. Updated 2022 recommendations for reducing infant deaths in the sleeping environment. *Pediatrics*, 150(1), e2022057990.

Moon R. Y., Carlin R. F., Hand I.; American Academy of Pediatrics Task Force on Sudden Infant Death Syndrome & American Academy of Pediatrics Committee on Fetus and Newborn. (2022a). Evidence base for 2022 updated recommendations for a safe infant sleeping environment to reduce the risk of sleep-related infant deaths (Technical Report). *Pediatrics*, 150(1), e2022057991. <https://doi.org/10.1542/peds.2022-057991>[Context Link]

NICHQ. 2019. Evidence based and evidence informed safe sleep practices: A literature review to inform the Missouri Safe Sleep Strategic Plan. [www.nichq.org](http://www.nichq.org) July 3, 2019.

NICHQ Communications. 2021. Sudden Infant Death Syndrome: creating safe sleep environments.

Pantoja, Rachel, et al. "Baby Boxes and Breastfeeding: A Study of the Impact of Safe Sleeping Environments on Infant Feeding Method [26H]." *Obstetrics and Gynecology* (New York. 1953), vol. 133 Suppl 1, no. 1, 2019, p. 91S–91S, <https://doi.org/10.1097/01.AOG.0000558765.86820.03>.

Parker MGK, Colson ER, Provini L, Rybin DV, Kerr SM, Heeren T, Corwin MJ. 2017. Variation in safe sleep and breastfeeding practices among non Hispanic Black mothers in the United States according to birth country. *Acta Paediatr*. 17(8):887-892.

Peacock NR et al. 2018. Qualitative analysis of infant safe sleep public campaign messaging. *Health Promot Pract*. 19(2):203-212. Pennestri M-H, Leganiere C, et al. 2018. Uninterrupted infant sleep development and maternal mood. *Pediatrics*. 142(8).

Phillips DP, Brewer KM, Wadensweiler P. 2010. Alcohol as a risk factor for SIDS. *Addiction*. 106(3):516-25. Raines D. 2018. Factors that influence parents' adherence to safe sleep guidelines. *J Obs Gynecol Neonat Nur*. 47(3): 316-323.

Rechtman LR, Colvin JD, Blair PS, Moon RY. 2014. Sofas and infant mortality *Pediatrics*. 134(5):1293- 1300. Shapiro-Mendoza CK, Colson ER, Willinger M, Rybin DV, Camperlengo L, Corwin MJ. 2015. Trends in infant bedding use: national infant sleep position study, 1993-2010. *Pediatrics*. 135(1):1-8.

Simon CD, Adam Ek, McKinney CO, Krohn JB, Shalowitz MU. 2015. Breastfeeding, bedsharing and maternal cortisol. *Clinical Pediatrics*. DOI: 10.1177/00099228



## Co-Sleeping

Smith JP, and Forrester, R. 2021. Association between breastfeeding and new mothers' sleep: a unique Australian time use study. *International Breastfeeding Journal*. 16:7. <https://doi.org/10.1186/s13006-020-00347-z>

Stiffler D, Matemachani SM, Crane L. 2019. Considerations in Safe to Sleep messaging: Learning from African American mothers. *J Spec Pediatr Nurs*. e12277.[doi10.1111/jspn.12277](https://doi.org/10.1111/jspn.12277)

Stockdale-Frost A, Rolls R, Tipene-Leach D. 2015. The wahakura: a qualitative study of the flax bassinet as a sleep location for New Zealand Maori infants. 128(1413):12-19.

Straw J, Jones P. Parent-infant co-sleeping and the implications for sudden infant death syndrome. *Nurs Child Young People*. 2017 Dec 5;29(10):24-29. doi: 10.7748/ncyp.2017.e945..

Tappin D, Ecob R, Brooke H. 2005. Bedsharing, roomsharing and sudden infant death syndrome in Scotland; a case control study. *J Pediatr*. 147(1);32-7.

Thompson JMD, Moon RY, Mitchell EA, McGarvey C, Tappin D, Blair P, Hauck FR. 2017. Duration of breastfeeding and risk of SIDS: an individual participant data meta-analysis. *Pediatrics*. 140 (5):

Tipene-Leach D, Baddock S, Williams S, Jones R, Tangiora A, Abel S, Taylor B. 2014. Methodology and recruitment for a randomised controlled trial to evaluate the safety of wahakura for infant bedsharing. *BMC Pediatrics*. 14:240.

Tomori C, Palmquist AEL, Dowling S. 2016. Contested moral landscapes: negotiating breastfeeding stigma in breastmilk sharing, nighttime breastfeeding, and long term breastfeeding in the US and the UK. *Soc Sci Med*. 168: 178-185.

Trachtenberg FL et al. 2012. Risk factors changes for sudden infant death syndrome after initiation of back to sleep campaign. *Pediatrics*. 129(4):630-38. Volpe LE, Ball HL, McKenna JJ. 2013. Nighttime parenting strategies and sleep related risks to infants. *Soc Sci Med*. 79:92-100.

Ward TC. 2015. Reasons for mother-infant bed sharing: a systematic narrative synthesis of the literature and implications for future research. *Matern Child Health J*. 19(3):675-90. University of Notre Dame. Mother Baby Behavioral Sleep Laboratory. Safe Cosleeping Guidelines. [Http://cosleeping.nd.edu/safe-c](http://cosleeping.nd.edu/safe-c)

Co-Sleeping

Co-Sleeping

## Low weight gain/low milk supply

ABM Clinical Protocol #3: Supplementary Feedings in the Healthy Term Breastfed Neonate, Revised 2017 *BREASTFEEDING MEDICINE*. Volume 12, Number 3, 2017 DOI: 10.1089/bfm.2017.29038.ajk <https://abm.memberclicks.net/assets/DOCUMENTS/PROTOCOLS/3-supplementation-protocol-english.pdf>

Boban M, et al. (2016) In-hospital formula supplementation of healthy newborns: Practices, reasons, and their medical justification. *Breastfeeding Medicine* 11(9); 448-454

Cassar-Uhl, D. (2014) Finding sufficiency: breastfeeding with insufficient glandular tissue. Amarillo, TX: Praeclarus Press,

Dewey KG, Heineg MJ, Nommsen LA, Peerson JM, and Lonnerdal B. (1992) Growth of Breast fed and formula fed infants from 0 18 months: the DARLING study. *Pediatrics*. 89(6): 1035.

Eidelman AI. (2017) Supplementary feedings of breastfeeding infants. *Breastfeeding Medicine* 12(4); 187.

Flaherman V, et al. (2015) Relationship of newborn weight loss to milk supply concern and anxiety: the impact on breastfeeding duration. *Maternal and Child Nutrition*. DOI:10.1111/mcn.12171

Flaherman V, et al. (2017) Newborn weight loss during birth hospitalization and breastfeeding outcomes through 1 month. *Journal of Human Lactation*. 33(1):225-230

Genna, CW and Nostrangelo M. (2018) Differentiating Normal Newborn Weight Loss from Breastfeeding Failure. *Clinical Lactation* 9(4) 183-192.

Hurst NM. Recognizing and treating delayed or failed lactogenesis II. *Journal of Midwifery and Womens Health*. 52(6); 588-594. 2007

Hubbard E. Failure to thrive in a 4-month-old nursing infant. A response. *Pediatrics* 114(5) 2004

Jackson PC. Complementary and alternative methods of increasing breast milk supply for lactating mothers of infants in the NICU. *Neonatal Network*, 29(4); 225-230. 2010

Javan R, et al. Breastfeeding A review of its physiology and galactagogue plants in view of traditional Persian medicine. *Breastfeeding Medicine* 14(7); 401- 409 2017

King J. Contraception and Lactation. *Journal of Midwifery and Womens Health*. 52(6); 614-620. 2007

Kellams et al (2017). Supplementary Feedings in the Healthy Breastfed Neonate, ABM Protocol #3, Revised 2017. *Academy of Breastfeeding Medicine* DOI: 10.1089/bfm.2017.29038.ajk

Lee S, et al. Biological underpinnings of breastfeeding challenges: the role of genetics, diet, and environment on lactation physiology. *American Journal of Physiology* 311(2); E405-E422 2016

Livingstone V. Failure to thrive while breastfeeding. *Breastfeeding Medicine* 1(2) 108-111; 2006 "Home."

LowMilkSupply.Org, [www.lowmilksupply.org/](http://www.lowmilksupply.org/).

Lukefahr JL: underlying illness associated with FTT in breastfed infants. *Clin Pediatr* 29:468-470, 1990

Marasco L, Marmet C, Shell E. Polycystic Ovary Syndrome: A Connection to Insufficient Milk Supply? *JHL* 16(2), 143-148. 2000 <https://doi.org/10.1177%2F089033440001600211>

Marasco L & West D. (2020) *Making More Milk* (2nd ed). New York: McGraw-Hill.

Martens WS, et al. Failure of a nursing infant to thrive after the mother's gastric bypass for morbid obesity. *Pediatrics* 86(5) 1990

Powers N. Slow Weight Gain and Low Milk Supply in the Breastfeeding DYAD. *Clinics in Perinatology* June 1999

Powers N. How to Assess Slow Growth in the Breastfed Infant: Birth to 3 months.

Rudel RA, Fenton SE, Ackerman VA, Euling SY and Makris SL. Environmental Exposures and Mammary Gland Development: State of the Science, Public Health Implications, and Research Recommendations. *Environmental Health Perspectives*. Published online 22 June 2011. <https://doi.org/10.1289/ehp.1002864>

Smillie C. Increasing your milk supply by gradually decreasing supplements. *Breastfeeding Resources* 2003  
<http://www.lowmilksupply.org/finishatthebreast.shtml>

Smiti KM, et al. Hyperprolactinemia in systemic lupus erythematosus. A prospective study of 38 cases. *Tunis Med*. 82(6) 2004

Tang, M, et al. Failure to Thrive or Growth Faltering: Medical, Developmental/Behavioral, Nutritional, and Social Dimensions. *Pediatr Rev* (2021) 42 (11): 590–603.

Thulier D. Weighing the Facts: A Systematic Review of Expected Patterns of Weight Loss in Full-Term, Breastfed Infants. *Journal of Human Lactation*. 2016;32(1):28-34. doi:10.1177/0890334415597681

Thulier, D. Weighing the facts: a systemic review of expected patterns of weight loss in full term, breastfed infants. *Journal of Human Lactation*. 2016; 32 (1): 28-34.

Uguz F. Poor feeding and sever sedation in a newborn nursed by a mother on a low dose of amitriptyline. *Breastfeeding Medicine* 12(1); 67-68. 2017

Van Dommelen, P, et al. Charts for weight loss to detect hypernatremic dehydration and prevent formula supplementation. *Birth* 41(2);153-159 2014

## Ethics

Alianmoghaddam, N., et. al. (2018). "I did a lot of Googling": A qualitative study of exclusive breastfeeding support through social media. *Women Birth*. 2018 Jun 16. pii: S1871-5192(17)30247-0. doi: 10.1016/j.wombi.2018.05.008. [Epub ahead of print]

Alnasser, Y., et. al. (2018). Impact of attitude and knowledge on intention to breastfeed: Can mHealth based education influence decision to breastfeed exclusively? *Ann Med Surg (Lond)*. 2018 Sep 18;35:6-12. doi: 10.1016/j.amsu.2018.09.007. eCollection 2018 Nov.

Baumgartel, KL., et. al. (2016). From royal wet nurses to Facebook: The evolution of breastmilk sharing. *Breastfeed Rev*. 2016 Nov;24(3):25-32.

Bondi, E & Aligne, A. 2015. Flu vaccine for all: a critical look at the evidence. [Http://www.medscape.com/viewarticle/855937\\_print](http://www.medscape.com/viewarticle/855937_print)

Bridges, N., et. al (2018). Exploring breastfeeding support on social media. *Int Breastfeed J*. 2018 Jun 15;13:22. doi: 10.1186/s13006-018-0166-9. eCollection 2018.

Brodribb, W & Jolly N. 2018. Terminology used in research articles: are the risks of formula feeding being accurately portrayed? *Bf Med* 13:2: 158

Brooks, E. 2013. *Legal and Ethical Issues for the IBCLC*. Jones & Bartlett, Pub. Sudbury MA

Brooks, E & Stehel E. 2019. Professional Standards for Lactation Care Providers. In *Core Curriculum for Interdisciplinary Lactation Care..* Jones & Bartlett Learning. Subury MA.

Catlin, A. 2013. Ethical issues in maternal child nursing. *JOGNN* 42(4) 477-484

Clark, C. 2013. Delivering safety over convenience. *HealthLeaders*. September, pp 66-69

Fjeld, M. "A Question about Ethics in the Workplace." *JHL* 10(1) 2002

Flaherman, V et al. 2018. The effect of early limited formula on breastfeeding, readmission, and intestinal microbiota: a randomized clinical trial. *J of Pediatrics* March, 2018.

Hair, A et al. 2016. Premature infants 750-1,260 g birth weight supplemented with a novel human milk-derived cream are discharged sooner. *Bf Med*. 11(3):133-137

Hartmann P. Ethics and research in human lactation. Hale/Hartmann Human Lactation Research Conference. Richmond Virginia Sept 28 -30, 2006

Hudson, M. (2018). What is Social Media? The Balance Small Business. Retrieved from <https://www.thebalancesmb.com/what-is-social-media-2890301>

IBLCE. (2017). Code of Professional Conduct for IBCLCs. International Board of Lactation Consultant Examiners. Retrieved from <https://iblce.org/wp-content/uploads/2017/05/code-of-professional-conduct.pdf>

ILCA 2005; 3rd edition. Standards of Practice for Lactation Consultants. Raleigh, NC

ILCA 2008 – Scope of Practice for Lactation Consultants, Raleigh NC

Kendall-Tackett, K. 2020. Have We Returned to the Dark Ages? Excommunication and Its Chilling Effect on Science. *Clinical Lactation* 11(4): 182-184

Knox A et al. 2018. Barriers and facilitators to birth without epidural in a tertiary obstetric referral center: perspectives of health care professionals and patients. *Birth* 45:295-302

Kotaska, A. 2017. Informed consent and refusal in obstetrics: a practical ethical guide. *Birth* 44: 195-199  
<https://doi.org/10.1111/birt.12281>

McCann, AD. & McCulloch, JE. (2012). Establishing an online and social media presence for your IBCLC practice. *J Hum Lact.* 2012 Nov;28(4):450-4. doi: 10.1177/0890334412461304.

McCrink, A. 2010. Ethical nursing practice: why it should concern us all. *Nursing for Women's Health* 14:6 443-446

Marcon, AR, et. al. (2018). Protecting, promoting, and supporting breastfeeding on Instagram. *Matern Child Nutr.* 2018 Aug 5:e12658. doi: 10.1111/mcn.12658. [Epub ahead of print]

Merewood, A. 2013. Of Elves and Ethics: First, Do No Harm (Editorial) *JHL* 29(4) p 443

Morton, C et al. 2018. Bearing witness: United States and Canadian maternity support workers' observations of disrespectful care in childbirth. *Birth* 45:263-274

Noel-Weiss J, et al. 2006 Ethics and lactation consultants: Developing knowledge, skills and tools. *JHL* 22(2) 203-212

People's Pharmacy, 2017. Should you be rushing to get your flu shot?  
<https://www.peoplespharmacy.com/2017/10/02/>

Pies, R. 2013. Conflicts of interest: concepts, conundrums, and course of action. *Medscape* Nov 11, 2013

Reisman AB, et al. 2005 Preventing communication errors in telephone medicine. *J Gen Internal Medicine* 20(10)

Thomas, J. et al. 2007. Electronic communication with patients for breastfeeding support. *JHL.* 23(3) 275-279

## Teens

- Bartlett JD, Easterbrooks MA. 2012. Links between physical abuse in childhood and child neglect among adolescent mothers. *Children Youth Serv Rev.* 34:2164-22169.
- Bernie K. 2014. The factors influencing young mothers' feeding decisions: the views of healthcare professional and voluntary workers on the role of the baby's maternal grandmother. *Breastfeed Med.* 9(3): 16-5.
- Bica OC, Giugliani ER. 2014. Influence of counseling sessions on the prevalence of breastfeeding in the first year of life; a randomized clinical trial with adolescent mothers and grandmothers. *Birth.* 41(1): 39-45.
- Bootsri W, Taneepanichskul. 2017. Effectiveness of experiential learning with empowerment strategies and social support from grandmothers on breastfeeding among Thai adolescent mothers. *Int Breastfeed J.* DOI10.1186/s13006-0017-0128-7.
- Brown S, Brage-Hudson D, Campbell-Grossman C, Yates BC. 2014. Health promotion text blasts for minority adolescent mothers. *MCN Am J Matern Child Nurs.* 39(6): 367-62.
- Chopel A, Soto D, Joiner B, Benitez T, Konoff R, Rios L, Castellanos E. 2018. Multilevel factors influencing young mothers' breastfeeding: a qualitative CBPR study. *J Hum Lact.* Doi 10.1177089033441881206.
- Cota-Robles S, Pedersen L, LeCroy CW. 2017. Challenges to breastfeeding initiation and duration for teen mothers. *MCN Am J Matern Child Nurs.*42(3): 173-78.
- Dennis CL, Heaman M, Mossman M. 2011 Psychometric testing of the breastfeeding self efficacy scale-short form among adolescents.
- Dombrowski et al. 2000. Kangaroo skin to skin care for premature twins and their adolescent parents. *Am J Matern Child Nurs.*25(2);92-94.
- Edwards RC et al. 2013. Breastfeeding and complementary food: randomized trial of community doula home visiting. *Pediatrics.* 132 Suppl.S160-66.
- Edwards RC, et al. 2015. The association of breastfeeding initiation with sensitivity cognitive stimulation and efficacy among young mothers: a propensity score matching approach. *Breastfeed Med.* 10(1): 1-7.
- Erfina E, Widyawati W, McKenna L, Reisenhofer S, Ismail D. 2019. Adolescent mothers' experiences of the transition to motherhood: and integrative review. *Int J Nurs Sci.* 6:221-228.
- Feldman-Winter L, Shaikh U. 2007. Optimizing breastfeeding promotion and support in adolescent mothers. *J Hum Lact.* 23(4): 362-7.
- Gilson KJ, Lancaster S. 2008. Childhood sexual abuse in pregnant and parenting adolescents. *Child Abuse Negl.* 32(9): 869-77.
- Glass TL, Tucker , Stewart R, Baker TE, Kauffman RP. 2010 Infant feeding and contraceptive practices among adolescents with high teen pregnancy rate: a 3 year retrospective study. *J Womens Health.* 19(0): 1659-63.
- Godbout JM, Goldsberry WN, Franklin TE. 2016. Factors associated with infant feeding choices in the adolescent population. *Jour Hum Lact.* 32(4):642-7.
- Henshaw EJ, Cooper MA, Jaramillo M, Lamp JM, Jones AL, Wood TL. "Trying to figure out if you're doing things right and where to get the info": Parents recall information and support needed during the first 6 weeks postpartum. *Matern Child Health J.* 22(11):1668-1675.
- Hodges EA et al. 2013. Development of the responsiveness to child feeding cues scale. *Appetite.* 65:210-19.
- Hodgkinson S, Beers L, Southammakosane, Lewin A. 2014. Addressing the mental health needs of pregnant and parenting adolescents. *Pediatrics.* 133(1):114-122.
- Jain LH, Van Eyk N, Woolcott C, Kuhle S. 2018. Characteristics and outcomes of adolescent births in Nova Scotia: a retrospective cohort study. *J Obstet Gynaecol Can.* 40(11):1459-1465.



- Jara-Palacios MA, Cornejo AC, Pelaez GA, Verdesoto J, Galvis AA. 2015. Prevalence and determinants of exclusive breastfeeding among adolescent mothers from Quito Ecuador: a cross sectional study. *Int Breastfeed J.* 10(33).
- Kingston D et al. 2012. Comparison of adolescent, young adult and adult women's maternity experiences and practices. *Pediatrics.* 129(5):e1228-37.
- Kwok MK, Leung GM, Schooling CM. 2013. Breastfeeding and early adolescent behavior, self esteem and depression: Hong Kong's children of 1997 birth cohort. *Arch Dis Child.* 98(11):887-94.
- McPeak KE, Sandrock D, Spector ND, Pattishall AE. 2015. Important determinants of newborn health: postpartum depression, teen parenting and breastfeeding. *Curr Opin Pediatr.* 27(1): 138-44
- Moukarzel S, Abou Jaoudeh M, Farhat A, Saade A, Mamas C, Daly AJ. 2019. Exploring the latitude of attitude: Intentions to breastfeed among adolescents in Lebanese schools. *Matern Child Nutr.* Doi.10.1111/mcn.12888.
- Muelbert M, Giugliani ER. 2018. Factors associated with the maintenance of breastfeeding for 6, 12 and 24 months in adolescent mothers. *BMC Public Health.* 18:675.
- Nelson AM. 2012. A meta-synthesis related to infant feeding decision making. *Am J Matern Child Nurs.* 37(4):247-52.
- Nesbitt SA et al. 2012. Canadian adolescent mothers' perceptions of influences on breastfeeding decisions: a qualitative descriptive study. *BMC Pregnancy and Childbirth.* 12(149)
- NICHQ Insights: 2020. Building resiliency in teen moms can improve breastfeeding and save babies. [www.nichq.org/insight/building-resiliency-teen-moms-can-improve-breastfeed](http://www.nichq.org/insight/building-resiliency-teen-moms-can-improve-breastfeed)
- Nuampa S, Tilokskulchai F, Patil CL, Sinsuksai N, Phahuwatanakorn W. 2018. Factors related to exclusive breastfeeding in Thai adolescent mothers: concept mapping approach. *Matern Child Nutr.* E12714. Doi10.1111/mcn.
- Raffray M, Semenic S, Osorio-Galeano S, Ochoa-Marin SC. 2014. Barriers and facilitators to preparing families with premature infants for discharge home from the neonatal unit. Perceptions of health care providers. *Invest Educ Enferm.* 32(3): 379-92.
- Rossman B, Meier PP, Janes JE, Lawrence C, Patel AL. 2017. Human milk provision experiences, goals and outcomes for teen mothers with low birth weight infants in the neonatal intensive care unit. *Breastfeed Med.* 12(6):351-58.
- Samano R et al. 2013. Effects of breastfeeding on weight loss and recovery of pregestational weight in adolescent and adult mothers. *Food Nutr Bull.* 34(2): 123-30.
- Sauls DJ. 2010. Promoting a positive childbirth experience for adolescents. *JOGNN.* 39(6):703-12.
- Scharfe E. 2012. Maternal attachment representations and initiation and duration of breastfeeding. *J Hum Lact.* 28(2):218-25.
- Seidel AK, Schetzina KE, Freeman SC, Coulter MM, Colgrove NJ. 2013. Comparison of breastfeeding knowledge, attitudes and beliefs before and after educational intervention for rural Appalachian high school students. *South Med J.* 106(3): 224-9.
- Sipsma HL et al. 2013. Breastfeeding behavior among adolescents: initiation, duration and exclusivity. *J Adolesc Health.* 53(3): 394-400.
- Sipsma HL, Ruiz E, Jones K, Magriples U, Kershaw T. 2017. Effect of breastfeeding on postpartum depressive symptoms among adolescent and young adult mothers. *J Matern Fetal Neonatal Med.* 5:1-6.
- Sipsma HL, Jones KL, Cole-Lewis H. 2015. Breastfeeding among adolescent mothers: a systematic review of interventions from high income countries. *J Hum Lact.* 31(2): 221-9.
- Spear HJ. 2004. Nurses attitudes, knowledge, and beliefs related to the promotion of breastfeeding among women who bear children during adolescence. *J Pediatr Nurs.* 19(3);176-83.
- Spear HJ. 2006. Breastfeeding behaviors and experiences of adolescent mothers. *Am J Matern Child Nurs.* 31(2);106-13.

- Spencer B, Chamberlain K, Campbell, S. (2022). Chapter 26: Counseling and Communication. In *Core curriculum for interdisciplinary lactation care* (pp. 589-601). Burlington, MA: Jones & Bartlett Learning
- Stiles AS. 2010. Case study of an intervention to enhance sensitivity in adolescent mothers. *JOGNN*. 39(6): 723-33.
- Tanner-Smith EE, Steinka-Fry KT, Lipsey MW. 2013. Effects of centering pregnancy group prenatal care on breastfeeding outcomes. *J Midwifery Womens Health*. 58(4):389-95.
- Tharner A et al. 2012. Breastfeeding and its relation to maternal sensitivity and infant attachment. *J Dev Behav Pediatr*. 33(5):396-404.
- Tucker CM, Wilson EK, Samandan G. 2011. Infant feeding experiences among teen mothers in North Carolina: findings from a mixed methods study. *Int Breastfeed J*. 6:14
- Uzun AK, Orhon FS, Baskan S, Ulukol B. 2012. A comparison between adolescent mothers and adult mothers in terms of maternal and infant outcomes at follow ups. *J Matern Fetal Neonatal Med*. Oct 31 Epub of print.
- Venkatesh KK, Zlotnik C, Triche EW, Ware C, Phipps MG. 2014. Accuracy of brief screening tools for identifying postpartum depression among adolescent mothers. *Pediatrics*. 133 e145.
- Ventura AK. 2017. Associations between breastfeeding and maternal responsiveness: A systematic review of the literature. *Adv Nutr*. 8(3): 495-510.
- Wambach KA, Cohen SM. 2009. Breastfeeding experiences of urban adolescent mothers. *J Pediatr Nurs*. 24(4):244-54
- Whipps MDM. 2017. Education attainment and parity explain the relationship between maternal age and breastfeeding duration in US mothers. *J Hum Lact*. 33(1):220-224.
- [www.ilga.gov/legislation/BillStatus.asp?DocTypeID=HB&DocNum=2369&GAID=14&SessionID=91&LegID=103005](http://www.ilga.gov/legislation/BillStatus.asp?DocTypeID=HB&DocNum=2369&GAID=14&SessionID=91&LegID=103005)

[Type here]

## Second Night & Parenting

American Academy of Pediatrics, 2000. Prevention and management of pain and stress in the neonate. *Pediatrics*, 105(2), 454-61 Association for Pre & Perinatal Psychology:

<http://www.birthpsychology.com/>

Barger, J. 2014. Baby's Second Night: A Theoretical Perspective. Presentation at the Ottawa Lactation Consultant Association conference. Ottawa Canada.

Dabrowski, G. 2007. Skin to skin contact. Giving birth back to mothers and babies. *NWH* 11(1): 64-71

Damato, E. 2007. Safe Sleep: Can pacifiers reduce SIDS risk? *NWH* 11(1):72-76.

Franco, P et al. 2005. Influence of swaddling on sleep and arousal characteristics of healthy infants. *Pediatrics* 115(5):1307-1312.

Harries, V & Brown, A. 2017. The association between use of infant parenting books that promote strict routines, and maternal depression, self-efficacy, and parenting confidence. *Early Childhood Development & Care*. November, 2017.

Hellerud, B.C. & Storm, H. 2002. Skin conductance and behavior during sensory stimulation of preterm and term infants. *Early Human Development*. 70(1-2), 35-36.

<https://alphamom.com>

<https://badassbreastfeedingpodcast.com> <https://www.kellymom.com>

<https://therespectfulparent.com> Respectful Parent, Parent Effectiveness Training, Workshop & Classes

[https://www.youtube.com/channel/UCIBM8DAHoehmJ7\\_LSLDk3A](https://www.youtube.com/channel/UCIBM8DAHoehmJ7_LSLDk3A)

Instagram: Breastfeeding World

Jorgensen, KM, 1999. Pain assessment and management in the newborn infant. *Journal of PeriAnesthesia Nursing*. 14(6), 349-356

Luddington-Hoe S. 2002. Infant Crying: Nature, physiologic consequences and select interventions. *Neonatal Network* 21(2): 29-36.

March. Luddington-Hoe, 2004. Conference given at Rush Medical Center, March, 2004

McKenna, James J. ; Gettler, Lee T. There is no such thing as infant sleep, there is no such thing as breastfeeding, there is only breastsleeping. *Acta Paediatrica*, 2016, Vol.105 (1), p.17-21

McKenna, J. 2007. *Sleeping with your baby: a parents' guide to cosleeping*. Platypus Media, WashingtonDC

McKenna JJ, McDade T. 2005. Why babies should never sleep alone; a review of the cosleeping controversy in relation to SIDS, bedsharing and breastfeeding. *Paediatr Respir Rev*. 6(2);134-52.

Mobbs, Elsie J., et al. "Imprinting, Latchment and Displacement: a Mini Review of Early Instinctual Behaviour in Newborn Infants Influencing Breastfeeding Success." *Acta Paediatrica*, vol. 105, no. 1, 2016, pp. 24–30, <https://doi.org/10.1111/apa.13034>

Mörelus, E et al. 2005. Salivary cortisol and mood and pain profiles during skin-to-skin care for an unselected group of mothers and infants in neonatal intensive care. *Pediatrics* 116(5):1105-1113

Morgan, K et al. 2006. The controversy about what constitutes safe and nurturant infant sleep environments. *JOGNN* 35(6):684- 691. November/December.

Morrison, B et al. 2006. Interruptions to breastfeeding dyads on postpartum day 1 in a university hospital. *JOGNN* 35(6):709-716. November/December.

Roach, J. 2004. Newborn stimulation: preventing over-stimulation is key for optimal growth & well being. *AWHONN Lifelines* 7(6), 531-35

Rosen, L. 2008. Infant sleep and feeding. *JOGNN* 37(6): 706-714

Solter, A. 2004. Crying for comfort: distressed babies need to be held. [www.mothering.com/print/2282](http://www.mothering.com/print/2282)

Stevens, BJ, Johnson, CC & Grunau, RVE. 1995. Issues of assessment of pain and discomfort in neonates. *JOGNN*. 24(9), 849-855

Verklan, MT. 2002. Physiologic variability during transition to extrauterine life. *Critical Care Nursing Quarterly*. 24(4), 41-56

Becoming a Parent

Bibliography on Ezzo: <http://www.ezzo.info/bibliography.pdf>

Bocar, D & Moore, K. Acquiring the parental role: a theoretical perspective. *LC Consultant Series Unit 16*. LLLI, 1987

Britton, J et al. 2006. Breastfeeding, sensitivity and attachment. *Pediatrics* 118(5):2208. November. Brochure: <http://www.ezzo.info/trifoldbrochure.pdf> – Please feel free to copy and give out the attached brochure.

Bunch MG., and Hutson, SP. A nursing perspective on bedsharing using multidisciplinary theory integration. *Advances in Nursing Science*. 2020 Vol 43 (4), p 338-348.

Doan, Therese RN, IBCLC; Gardiner, Annelise; Gay, Caryl L.; Lee, Kathryn A. PhD, RN, FAAN Breast-feeding Increases Sleep Duration of New Parents. *The Journal of Perinatal & Neonatal Nursing*: July/September 2007 - Volume 21 - Issue 3 - p 200-206

Ezzo, G. & Bucknam, R. *On Becoming Babywise*. Multnomah Press, Sister, OR. 1995, 1998 – same book then self-published in 2002 under Parentwise Press

Ezzo, G & Ezzo A. *Preparation for Parenting*. Growing Families International. Chatsworth, CA. 1998

Ford, Gina. 2001. *The Contented Little Baby Book*. New American Library. New York, NY

Frese BJ, Nguyen MHT. The Evolution of Maternal Role Attainment: A Theory Analysis. *ANS Adv Nurs Sci*. 2022 Oct-Dec 01;45(4):323-334. doi: 10.1097/ANS.0000000000000422. Epub 2022 May 6. PMID: 35533316.

Gibbs BG, Forste R, Lybbert E. Breastfeeding, Parenting, and Infant Attachment Behaviors. *Matern Child Health J*. 2018 Apr;22(4):579-588. doi: 10.1007/s10995-018-2427-z. PMID: 29388115

Giordano, S. 2006. *Twelve Hours' Sleep by Twelve Weeks Old*. Dutton Pub. NY, NY. <http://www.ezzo.info>  
This is a website with an incredible amount of information, including FAQs.

Kremer, K & Kremer, T. 2017. Associations between breastfeeding and maltreatment in childhood. *Bf Med* DOI: 10.1089/bfm.2017.0105

Mercer, RT & Walker, LO. 2006. A review of nursing interventions to foster becoming a mother. *JOGNN* 35:5 Sept/Oct pp 568-582

Middlemiss, W. 2013. Bringing the parent back into decisions about nighttime care. *Clinical Lactation* 4(2):71-76

Miller, P & Commons, M. 2013. Why not "crying it out?" Part I. *Clinical Lactation* 4(2):57-64

Ockwell-Smith, S et al. 2013. Simple ways to calm a crying baby. *Clinical Lactation* 4(2):79-82

Narvaez, D. 2013. The ethics of early life care. *Clinical Lactation* 4(2):66-79

Palmer, Linda. 2007. *Baby Matters*. 2nd Edition. Baby Reference, San Diego CA

Pantley, Elizabeth. 2002. *The No Cry Sleep Solution*. McGraw-Hill, Contemporary Books. NY, NY

Strathearn, L. et al. 2009. Does breastfeeding protect against substantiated child abuse and neglect? A 15-year cohort study. *Pediatrics* 123(2): 483-493

Slonecker, William. 2003. *Parenting Principles: From the Heart of a Pediatrician*. Broadman & Holman, Nashville, TN

Wiessinger, D et al. 2014. *Sweet Sleep*. La Leche League Int. Schaumburg IL

## Baby Behavior

Aghdas K, Talat K, Sepideh B. 2013. Effect of immediate and continuous mother infant skin to skin contact on breastfeeding self efficacy of primiparous women: a randomised control trial. *Women and Birth*. [www.womenandbirth.org/article.S1871-5192\(13\)](http://www.womenandbirth.org/article.S1871-5192(13)).

Ahluwalia IB, Morrow B, D'Angelo D, Li R. 2012. Maternity care practices and breastfeeding experiences of women in different racial and ethnic groups: PRAMS. *Matern Child Health*. 16(8): 1672-8.

Bai DL, Wu KM, Tarrant M. 2013. Association between intrapartum interventions and breastfeeding duration. *J Midwifery Womens Health*. 58(1): 25-32. Bergman NJ. 2013. Neonatal stomach volume and physiology suggest feeding at 1 hour intervals. *Act Paediatr*. 102(8): 773-7.

Bornstein MH et al. 2017. Neurobiology of culturally common maternal responses to infant cry. *Proc Natl Acad Sci USA*. 114(45):E9465-9473.

Brazelton, T. Berry. *Touchpoints : Your Child's Emotional and Behavioral Development* . Addison-Wesley, 1992.

Brenner M. Buescher S. 2011. Breastfeeding: A clinical imperative. *J Women's Health*. 20(12):1767-73  
Britton JR, Britton HL, Gronwaldt V. 2006. Breastfeeding, sensitivity and attachment. *Pediatrics*. 118(5);e1436-43.

Chambers J. 2017. The neurobiology of attachment: from infancy to clinical outcomes. *Psychodyn Psychiatry*. 45(5): 542-563..

Currie J, Rossin-Slater M. 2015. Early life origins of life cycle well being: research and policy implications. *J Policy Anal Manage*. 34(1): 208-42.

DaMota K, Banuelos J, Goldbronn J, Vera-Beccera LE, Heinig MJ. 2012. Maternal request for in hospital supplementation of health breastfed infants among low income women. *J Hum Lact*. 28(4):476-82.

Deave T, Johnson D, Ingram J. 2008. Transition to parenthood: the needs of parents in pregnancy and early childhood. *BMC Pregnancy Childbirth*. 8:30.

Declercq E, Labbok MH, Sakala C, O'Hara M. 2009. Hospital practices and women's likelihood of fulfilling their intention to exclusively breastfeed. *Am J Public Health*. 99(5):929-35.

DeJager E, Broadbent J, Fuller-Tyszkiewicz M, Skouteris H. 2013. The role of psychosocial factors in exclusive breastfeeding to six months postpartum. *Midwifery*. piiS0266-6138(13).

Dykes F. Richardson-Foster H, Crossland N, Thomson G. 2011. "Dancing on a thin line": Evaluation of an infant feeding information team to implement the WHO Code of marketing of breast milk substitutes. *Midwifery*. 28(6): 765-71.

Eapen V et al. Separation anxiety, attachment and interpersonal representations: disentangling the role of oxytocin in the perinatal period. *PloS One*. 9(9): e107745.

Geller PA, Postmontier B, Horowitz JA, Bonacquisti A, Chiarello LA. 2018. Introducing mother baby connections: a model of intensive perinatal mental health outpatient programming. *J Behav Med*.

- 41:600-613. Hawke BA, Dennison BA, Hisgen S. 2013. Improving hospital breastfeeding policies in New York state development of the model hospital policy. *Breastfeed Med.* 8(1):3-7.
- Hetherington MM, McNally J. 2019. Reading appetite cues in infancy: A role for nutrition education. *Neslte Nutr Inst Workshop Ser.* 92:41-52.
- Hinsliff-Smith K, Spencer R, Walsh D. 2014. Realities, difficulties and outcomes for mothers choosing to breastfeed: primigravid mothers experiences in the early postpartum period. *Midwifery.*30(1):e14-19.
- Hsiao C, Koran-Karie N, Bailey H, Moran G. 2014. It takes two to talk. Longitudinal associations among infant mother attachment, maternal attachment representations, and mother child emotion dialogues. *Attach Hum Dev.* 6:1-22.
- Ismail TA, Muda WM, Bakar MI. 2013. Intention of pregnant women to exclusively breastfeed their infants: the role of beliefs in the theory of planned behaviour. *J Child Health.* 18(2):123-32.
- Jaafar SH, Lee KS, Ho JJ. 2012. Separate care for new mother and infant versus rooming in for increasing the duration of breastfeeding. *Cochrane Database Syst Rev.* Sep 12:CD006641.
- Johns HM, Forster DA, Amir LH, Moorhead AM, McEgan KM, McLachlan HL. 2013. Infant feeding practices in the first 24-48 hours of life in health term infants. *Acta Paediatr.* 102(7): e315-20
- Jones CL, Culpin I, Evans J, Pearson RM. 2020. Relative effects of breastfeeding intention and practice on maternal responsiveness. *Infant Ment Health.* 41(1): 82-93.
- Jonas W, Atkinson L, Steiner M, Meaney MJ, Wazana A, Fleming AS. 2015. Breastfeeding and maternal sensitivity predict early infant temperament. *Acta Paediatr.* 104(7): 678-86.
- Karl DJ. 2004. Using principles of newborn behavioral state organization to facilitate breastfeeding. *MCN.* 29(5);292-8.
- Koskinen KS, Aho AL, Hannula L, Kaunonen M. 2013. Maternity hospital practices and breastfeeding self efficacy in Finnish primiparous and multiparous women during the immediate postpartum period. *Midwifery.* 10.1016/j.midw.2013.05.003
- Kronborg H, Vaeth M, Kristensen I. 2012. The effect of early postpartum home visits by health visitors: a natural experiment. *Public Health Nurs.* 29(4):289-301.
- Kvist LJ, Persson EK. 2009. Evaluation of changes in postnatal care using the parents sense of security instrument and an assessment of the instrument's reliability and validity. *BMC Prenancy Childbirth.* 9(35):1-18.
- Lai YL, Hung CH, Stocker J, Chan TF, Liu Y. 2015. Postpartum fatigue, baby care activities and maternal infant attachment of vaginal and cesarian births following rooming in. *Appl Nurs Res.*28(2):116-20.
- Lavendar T, Richens Y, Milan SJ, Smyth RM, Dowswell T. 2013. Telephone support for women during pregnancy and the first six weeks postpartum. *Cochrane Database Syst Rev.* 18:7. CD009338.
- Linde K, Lehnig F, Nagl M, Kersting A. 2019. The association between breastfeeding and attachment: A systematic review. *Midwifery.* 81:102592.
- Little EE, Legare CH, Carver LJ. 2018. Mother infant physical contact predicts responsive feeding among US breastfeeding mothers.

- Mazzeschi C, Pazzagli C, Radi G, Raspa V, Buratta L. 2015. Antecedents of maternal parenting stress: the role of attachment style, prenatal attachment and dyadic adjustment in first time mothers. *Front Psychol.* 24(6): 1-9.
- McKenna, James J., and Lee T. Gettler. "There Is No Such Thing as Infant Sleep, There Is No Such Thing as Breastfeeding, There Is Only Breastsleeping." *Acta Paediatrica*, vol. 105, no. 1, 2016, pp. 17–21, <https://doi.org/10.1111/apa.13161>.
- Mejdoubi J, et al. 2013. Effects of nurse home visitation on cigarette smoking, pregnancy outcomes and breastfeeding: a randomized controlled trial. *Midwifery.* 10.1016/j.midw.2013.08.006.
- Molenat F. 2015. Impact of the perinatal environment on the child's development: implications for prevention policies. *Adv Neurobiol.* 10:409-24.
- Mobbs, Elsie J., et al. "Imprinting, Latchment and Displacement: a Mini Review of Early Instinctual Behaviour in Newborn Infants Influencing Breastfeeding Success." *Acta Paediatrica*, vol. 105, no. 1, 2016, pp. 24–30, <https://doi.org/10.1111/apa.13034>.
- Moore SR, McEwen LM, Quirt J, Morin A, Mah SM, Barr RG, Boyce WT, Kobor MS. 2017. Epigenetic correlates of neonatal contact in humans. *Develop Psychopathology.* 29:1517-1538.
- Neifert M, Bunik M. 2013. Overcoming clinical barriers to exclusive breastfeeding. *Pediatr Clin North Am.* 60(1):115-45.
- Odom E, Li R, Scanlon KS, Perrine CG, Grummer-Strawn L. 2013. Reasons for earlier than desired cessation of breastfeeding. *Pediatrics.* 131; e726.
- Palmer, L. *The Baby Bond.* 2009. Naperville, IL: Sourcebooks. Pazzagli C et al. 2015. Antecedents and consequences of fear of childbirth in nulliparous and parous women. *Infant Mental Health J.* 36(1): 62-74.
- Piallini G, DePalo F, Simonelli A. 2015. Parental brain: cerebral areas activated by infant cries and faces. A comparison between different populations of parents and not. *Front Psychol.* 6:1625.
- Pickard JA, Townsend ML, Caputi P, Grenyer BFS. 2018. Top down and bottom up: the role of social information processing and mindfulness as predictors in maternal infant interaction. *Infant Ment Health J.* 39(1):44-54.
- Pickard JA, Townsend M, Caputi P, Grenyer BFS. 2017. Observing the influence of mindfulness and attachment styles through mother and infant interaction: A longitudinal study. *Infant Ment Health J.* 38(3):343-350.
- Pisoni C. Et al. 2014. Risk and protective factors in maternal fetal attachment development. *Early Hum Dev.* 90 Suppl 2:S45-6.
- Raghavan V, Bharti B, Kumar P, Mukhopadhyay K, Dhaliwal L. 2013. First hour initiation of breastfeeding and exclusive breastfeeding at six weeks: prevalence and predictors in a tertiary care setting. *Indian J Pediatr.* 81(8):743-750.



Salo, S., Marjukka, P., Lazlo, V., et al. 2021 Parent Relationship Satisfaction and Reflective Functioning as Predictors of Emotional Availability and Infant Behavior. March 21. *Journal of Child and Family Studies* 30:1214-1228

Sanders LW, Buckner EB. 2006. The Newborn Behavioral Observations system as a nursing intervention to enhance engagement in first time mothers; feasibility and desirability. *Pediatr Nurs.*32(5);455-9.  
Sawada N, et al. 2015. Maternal prenatal felt security and infant health at birth interact to predict infant fussing and crying at 12 months postpartum. *Am J Clin Nutr.* 101(1):18-25.

Schoenmaker C, et al. 2015. Attachment and physiological reactivity to infant crying in young adulthood: dissociation between experiential and physiological arousal in insecure adoptees. *Physiol Behav.* 139:549-56..

Shloim N, Rudolf MCJ, Feltbower RG, Mohebati L, Hetherington M. 2015. Breast is best: positive mealtime interactions in breastfeeding mothers From Israel and the United Kingdom. *Health Psychol Open.* Jan-June 2015 1-12

Shloim N, Vereijken CMJL, Blundell P, Hetherington MM. 2017. Looking for cues - infant communication of hunger and satiation during milk feeding. *Appetite.* 108:74-82.

Smith JP, Forrester R. 2017. Maternal time use and nurturing: Analysis of the association between breastfeeding practice and time spent interacting with baby. *Breastfeed Med.* 12:269-78.

Strathearn L, Fonagy P, Amico J, Montague PR. 2009. Adult attachment predicts maternal brain and oxytocin response to infant cues. *Neuropsychopharmacology.* 34(13):2655-66.

Sullivan RM. 2017. Attachment figure's regulation of infant brain and behavior. *Psychodyn Psychiatry.* 45(4):475-498

Tipene-Leach D, et al. 2014. Methodology and recruitment for a randomised controlled trial to evaluate the safety of wahakura for infant bed sharing. *BMC Pediatrics.* 14:240.

Uvnas-Moberg K, et al. 2020. Maternal plasma levels of oxytocin during breastfeeding: A systematic review. *PLOS ONE.*15(8):e0235806

Verbiest S, Tully K, Simpson M, Stuebe A. 2018. Elevating mothers' voices: recommendation for improved patient centered postpartum. *J Behav Med.* 41:577-590

Wasser H, et al. 2011. Infants perceived as "fussy" are more likely to receive complementary foods before 4 months. *Pediatrics.* 127:229-237.

Weaver JM, Schofield TJ, Papp LM. 2017. Breastfeeding duration predicts greater maternal sensitivity over the next decade. *Dev Psychol.* DOI:10.1037/dev000425.

Whipps MDM, et al. 2019. Breastfeeding behaviors and maternal interaction quality in a low income, ethnic minority population. *J Dev Behav Pediatr.* Doi: 10.1097/DBP.0000000000000743.

Whitfield KC, Ventura AK. 2019. Exploration of responsive feeding during breastfeeding versus bottle feeding of human milk: A within subject pilot study. *Breastfeed Med.* 14(7):482-486.

Wood NK, Woods NF, Blackburn ST, Sanders EA. 2016. Interventions that enhance breastfeeding initiation, duration and exclusivity: A systematic review. *Maternal Child Nutri.* 41(5):299-307.

Zanardo V. Et al. 2013. Early lactation failure and formula adoption after elective caesarian delivery: cohort stud *Dis Child Fetal Neonatal Ed.* 98:37-41. Zeanah CH, Gleason MM. 2015. Annual research review: attachment disorders in early childhood: clinical presentation, causes, correlates, and treatment. *J Childhood Psychol Psychiatry.* 56(3)207-22.

Zhou, Yun, et al. "Effects of Different Doses of Synthetic Oxytocin on Neonatal Instinctive Behaviors and Breastfeeding." *Scientific Reports*, vol. 12, no. 1, 2022, pp. 16434–16434, <https://doi.org/10.1038/s41598-022-20770-y>.

## Cultural Diversity

Abdulrazzaq YM, Al-Kendi A, Nagelkerke N. 2009. Soothing methods used to calm a baby in an Arab country. *Acta Paediatr.* 98(2): 392- 6.

Ahluwalia IB, D'Angelo D, Morrow B, McDonald JA. 2012. Association between acculturation and breastfeeding among Hispanic women: data from the pregnancy risk assessment and monitoring system. *J Hum Lact.* 28(2)167-73.

Asiodu IV, Waters CM, Dailey DE, Lee KA, Lyndon A. 2015. Breastfeeding and use of social media among first time African American mothers. *J Obstet Gynecol Neonatal Nurs.* 44(2): 268-78.

Barlow A et al. 2006. Home visiting intervention to improve child care among American Indian adolescent mothers; a randomized trial. *Arch Pediatr Adolesc Med.* 160(11);1101-7.

Bartick M, Reyes C. 2012. Las Dos Cosas: an analysis of attitudes of Latina women on non exclusive breastfeeding. *Breastfeed Med.* 7(1): 19-24

Bartick MC, Jegier BJ, Green BD, Schwarz EB, Reinhold AG, Stuebe AM. 2016. Disparities in breastfeeding: impact on maternal and child health outcomes and costs. Pii:S0022-3476(16)31096-4  
Beal AC et al. 2003. Breastfeeding advice given to African American and white women by physicians and WIC counselors. *Public Health Rep.* 2003;118(4);377-8.

BenNatan M, Wiener A, BenHaimY. 2015. Women's intention to exclusively breastfeed: the Israeli perspective. *Midwifery.* Nov 22. Epub ahead of print.

Bonuck KA, Freeman K, Trombley M. 2005. Country of origin and race/ethnicity; impact on breastfeeding intentions. *J Hum Lact.* 21(3);320-6. CDC. (2018). Breastfeeding Report Card. Center for Disease Control. Retrieved from: <https://www.cdc.gov/breastfeeding/pdf/2018breastfeedingreportcard.pdf>

Callister LC. 2005. What has the literature taught us about culturally competent care of women and children. *Am J Matern Child Nurs.*30(6);380-8.

Callister LC. 2006. Doing the month: Chinese postpartum practices. *Am J Mat Child Nurs.* 31(6):390. Celi AC et al 2005. Immigration, race/ethnicity an social and economic factors as predictors of breastfeeding initiation. *Arch Pediatr Adolesc Med.* 159(3);255-60.

Chapman DJ, Perez-Escamilla R. 2011. Acculturative type is associated with breastfeeding duration among low income Latinas. *Matern Chil Nutr.* July 25: epub ahead of print.

Chiu SH, Anderson GC, Burhammer MD. 2008. Skin-to-skin contact for culturally diverse women having breastfeeding difficulties during early postpartum. *Breastfeed Med.* 3(4): 231-7.

Cricco-Lizza R. 2006. Black non Hispanic mothers perceptions about the promotion of infant feeding methods by nurses and physicians. *J Obstet Gynecol Neonatal Nurs.* 35(2);173-80.

Dowling DA, Shapiro J, Burant CJ, Elfetoh AA. 2009. Factors influencing feeding decisions of black and white mothers of preterm infants. *J Obstet Gynecol Neonatal Nurs.* 38(3): 300-9.

- Edwards RC, et al. 2013. Breastfeeding and complementary food: randomized trial of community doula home visiting. *Pediatrics*. 132(Supp 2): s160-66.
- El-Khuffash A, Unger S. 2012. The concept of milk kinship in Islam: Issues raised when offering preterm infants of Muslim families donor human milk. *J Hum Lact*. 28(2):125-7.
- Fabiya C, Peacock N, Hebert-Beirne J, Handler A. A qualitative study to understand nativity differences in breastfeeding behaviors among middle class African American and African born women. *Matern Child Health J*. 20(10):2100-11.
- Faraz A. 2010. Clinical recommendations for promoting breastfeeding among Hispanic women. *J Am Acad Nur Pract*. 22:292-99. Finegan V, Long T. 2014. Skin to skin contact; multicultural perspectives on birth fluids and birth “dirt”. *Int Nurs Rev*. 1:20-77.
- Fisher TP, Olson BH. 2013. A qualitative study to understand cultural factors affecting a mother’s decision to breast or formula feed. *J Hum Lact*. 30(2):209-16.
- Furman LM, Banks EC, North AB. 2013. Breastfeeding among high risk inner city African American Mothers: a risky choice. *Breastfeed Med*. 8(1):58-67.
- Furman L, Kilpack S, Matthews L, Davis V, O’Riordan MA. 2016. Engaging inner city fathers in breastfeeding support. *Breastfeed Med*. 11(1):15-20.
- Gee RE, Zerbib LD, Luckett BG. 2012. Breastfeeding support for African-American Women in Louisiana hospitals. *Breastfeed Med*. 7(6):431-5
- Gibson-Davis CM, Brooks-Gunn J. 2006. Couples immigration status and ethnicity as determinants of breastfeeding. *Am J Public Health*. 96(4):641-6.
- Gill SL. 2009. Breastfeeding by Hispanic women. *J Obstet Gynecol Neonatal Nurs*. 38(2):244-52. Gilmore B, McAuliffe E. 2013. Effectiveness of community health workers delivering preventive interventions for maternal and child health in low and middle income countries: as systematic review. *BMC Public Health*. 13:847-60.
- Gonzalez-Cossio T, et al. 2006. Poor compliance with appropriate feeding practices in children under 2 years in Mexico. *J Nutr*. 136(11):2928-33.
- Griffiths LJ, Tate DR, Dezateaux C: Millennium Cohort study. 2007. Do early infant feeding practices vary by maternal ethnic group. *Public Health Nutr*. 10(9): 957-64.
- Groleau D, Sigouin C, D’souza NA. 2013. Power to negotiate spatial barriers to breastfeeding in a western context: when motherhood meets poverty. *Health Place*. 24: 250-9.
- Gross TT, Davis M, Anderson AK, Hall J, Hilyard K. 2016. Long term breastfeeding in African American mothers. *J Hum Lact*. 1:890334416680180
- Grubestic, T. H., & Durbin, K. M. (2017). Breastfeeding Support: A Geographic Perspective on Access and Equity. *Journal of Human Lactation*, 33(4), 770–780.
- Heck KE, Braveman P, Cubbin C, Chavez GF, Kiely JL. 2006. Socioeconomic status and breastfeeding initiation among California mothers. *Public Health Rep*. 121(1):51-9.

- Herich LC, et al. 2016. Maternal education is associated with disparities in breastfeeding at time of discharge but not at initiation of enteral feeding in the neonatal intensive care unit. *J Pediatr*. Doi 10.1016/j.peds.2016.10.046
- Hilliard TK. 2014. A black woman's commentary on breastfeeding. *Breastfeed Med*. 9(7): 349-51.
- Hopkinson J, Gallegher MK, 2009. Assignment to a hospital based breastfeeding clinic and exclusive breastfeeding among immigrant Hispanic mothers; a randomized controlled trial. *J Hum Lact*. 25(3):287-96
- Horii N, Guyon AB, Quinn VJ. 2011. Determinants of delayed initiation of breastfeeding in rural Ethiopia: programmatic implications. *Food Nutr Bull*. 32(2):94-102.
- Howell EA, Bodnar-Deren S, Balbierz A. Et al. 2014. An intervention to extend breastfeeding among black and Latina mothers after delivery. *Am J Obstet Gynecol*. 210(39):e 1-5.
- Jefferson UT. 2015. Predictors of breastfeeding attitudes among college educated African Americans. *Res Theory Nurs Pract*. 29(3): 189- 99.
- Jessri M, farmer AP, Olson K. 2013. Exploring middle eastern mothers perceptions and experiences of breastfeeding in Canada: An ethnographic study. *Matern Child Nutr*. 9(1):41-56.
- Jippes M, et al. 2015. Culture matters in successful curriculum change: an international study of the influence of national and organizational culture tested with multilevel structural equation modeling. *Acad Med*. 90(7): 921-9.
- Johnson, A, Kirk, R., Rosenblum, KL, Muzik, M. Enhancing Breastfeeding Rates Among African American Women: A Systematic Review of Current Psychosocial Interventions. *Breastfeeding Medicine* 10.1.2015.DOI:10.1089/bfm.2014.0023
- Jones KM, Power ML, Queenan JT, Schulkin J. 2015. Racial and ethnic disparities in breastfeeding. *Breastfeed Med*. 10(4):186-96.
- Kelly YJ, Watt RG, Nazroo JY. 2006. Racial/ethnic difference in breastfeeding initiation and continuation in the United Kingdom and comparison with findings in the United States. *Pediatrics*. 118(5); 1428-35.
- Khan Z, et al. 2009. Poor perinatal care practices in urban slums: possible role of social mobilization networks. *Indian J Community Med*. 34(2):102-7.
- Khanna SK, Cheyney M, Engle M. 2009. Cultural competency in health care: evaluating the outcomes of a cultural competency training among health care professionals. *J Natl Med Assoc*. 101(9): 886-92.
- Labbok MH, Taylor EC, Nickel NC. 2013. Implementing the ten steps to successful breastfeeding in multiple hospitals serving low wealth patients in the US: innovative research design and baseline finding. In *Breastfeed J*. 8(5):1-11.
- Lee A, Brann L. 2014. Influence of cultural beliefs on infant feeding, postpartum and childcare practices among Chinese American mothers in New York City. *J Community Health*. Oct 21. Epub ahead of print.
- Lewallen LP, Street DJ. 2010. Initiating and sustaining breastfeeding in African American women. *JOGNN*. 39:667-74.

- Li R, Grummer-Strawn L. 2002. Racial and ethnic disparities in breastfeeding among United States infants; Third National Health and Nutrition Examination Survey, 1988-1994. *Birth*;29(4); 251-7.
- Liu J, Smith MG, Dobre MA, Ferguson JE. 2010. Maternal obesity and breastfeeding practices among white and black women. *Obesity*. 18(1): 175-82.
- Liu M, Poirer T, Butler L, Comrie R, Pailden J. 2015. Design and evaluation of interprofessional cross cultural communication. *J Interprof Care*. 29(6): 622-7.
- Maharaj N, Bandyopadhyay M. 2013. Breastfeeding practices of ethnic Indian immigrant women in Melbourne Australia. *Int Breast J*. 8(17):1- 9.
- McCarter-Spaulding D, Gore R. 2009. Breastfeeding self efficacy in women of African descent. *J Obstet Gynecol Neonatal Nurs*. 38(2):230-43.
- McKinney CO, et al. 2016. Racial and ethnic differences in breastfeeding. *Pediatrics*. 138(2): 38(2):230-43. McKinney CO, et al. 2016. Racial and ethnic differences in breastfeeding. *Pediatrics*. 138(2):
- Meehan CL, Roulette JW. 2013. Early supplementary feeding among central African foragers and farmers: a biocultural approach. *Soc Sci Med*.96:112-20.
- Mennella JA, Turnbull B, Ziegler PJ, Martinez H. 2005. Infant feeding practices and early flavor experience in Mexican infants; an intra cultural study. *J Am Diet Assoc*. 105(6);908-15.
- Mickens AD, Modeste N, Montgomery S, Taylor M. 2009. Peer support and breastfeeding intentions among black WIC participants. *J Hum Lact*. 25(2):157-162.
- Moreland JC et al. 2000. A new teaching model to prolong breastfeeding among Latinos. *J Hum Lact*. 16(4) 337-341 Neault NB et al. 2007. Breastfeeding and health outcomes among citizen infants of immigrant mothers. *J Am Diet Assoc*. 107(12): 2077- 86.
- Noble LM, Noble A, Hand IL. 2009. Cultural competence of healthcare professionals caring for breastfeeding mothers in urban areas. *Breastfeed Med*. 4(4):221-4.
- Obeng CS, Emeth RE, Curtis TJ. 2016. African American women's perceptions and experiences about breastfeeding. *Frontiers Pub Health*. 2:273.
- Omer K et al. 2008. Evidence based training of front line health workers for door to door health promotion; a pilot randomized controlled cluster trial with Lady Health Workers in Sindh Province, Pakistan. *Patient Educ Couns*. 72(2): 178-85.
- Pak-Gorstein S, Hag A, Graham EA. 2009. Cultural influences on infant feeding practices. *Pediatr Rev*. 30 11-21 Panchula J. 2012. Working with families of different cultures I and II. *Clin Lact*. 3(1):13-20.
- Raheem RA, Binns CW, Chih HJ, Sauer K. 2014. Determinants of the introduction of prelacteal feeds in the Maldives. *Breastfeed Med*. 9(9): 473-8. Rogers NL. 2011. Colostrum avoidance, prelacteal feeding and late breastfeeding initiation in rural northern Ethiopia. *Public Health Nutr*. 14(11):2029-36.
- Schmied V et al. 2012. Contradiction and conflict: a meta ethnographic study of migrant women's experiences breastfeeding in a new country. *BMC Pregnancy and Childbirth*. 12: 163.

Schlickau JM, Wilson ME. 2005. Breastfeeding as health promoting behavior for Hispanic women; literature review. *J Adv Nurs*. 52(2);200- 10.

Sikander S, et al. 2015. Cognitive Behavioral counseling for exclusive breastfeeding in rural pediatrics: A cluster RCT. *Pediatrics*. 135(2): 424-31.

Spencer B, Wambach K, Domain FW. 2014. African American women's breastfeeding experiences: cultural, personal and political voices. *Qual Health Res*. Oct 6 epub ahead of print.

Street DJ, Lewallen LP. 2013. The influence of culture on breastfeeding decisions by African American and white women. *J Perinat Neonatal Nurs*. 27(1): 43-51.

Stevens DC, Hanson JD, Prasek JL, Elliott AJ. 2008. Breastfeeding: a review of the benefits for American Indian. *S D Med*. 61(12):448-51.

Straub B, Melvin C, Labbok M. 2008. A descriptive study of Cambodian refugee infant feeding practices in the United States. *Int Breastfeed J*. 3:2.

Sussner KM, Lindsay AC, Peterson KE. 2007. The influence of acculturation on breastfeeding initiation and duration in low income women in the US. *J Biosoc Sci*. Nov 29 Epub.

Sussner KM, Lindsay AC, Greaney ML, Peterson KE. 2008. The influence of immigrant status and acculturation on the development of overweight in Latino families; a qualitative study. *J Immigr Minor Health*. 10(6): 497-505.

Taylor NJ et al. Using intervention mapping to develop a culturally appropriate intervention to prevent childhood obesity: the HAPPY study. *Int J Behav Nutr Phys Act*. 10(1): 142.

Textor L, Tiedje K, Yawn B. 2013. Mexican and Somali immigrant breastfeeding initiation and counseling; a qualitative study of practices. *Minn Med*. 96(12): 46-50.

Tyler, V. Lynn (1987) *Intercultural Interacting*. Provo, Utah. Brigham Young University Publications. Vari P et al. 2013. Community breastfeeding attitudes and beliefs. *Health Care Women Int*. 34(7): 59-60.

Vari P et al. 2013. Community breastfeeding attitudes and beliefs. *Health Care Women Int*. 34(7): 59-606

Waldrop J. 2013. Exploration of reasons for feeding choices for Hispanic mothers. *MCNAM J Matern Child Nurs*. 38(5):282-8.

Waxler-Morrison, Nancy, Anderson, JM, Richardson, E. (1990). *Cross Cultural Caring: A Handbook for Health Professionals*. Vancouver, BC. Canada. UBC Press. Zambrana RE, Carter-Pokras O. 2010. Role of acculturation research in advancing science and practice in reducing health disparities among Latinos. *Am j Public Health*. 100(1):18-23.

Williams DR, Collins C. Racial residential segregation: a fundamental cause of racial disparities in health. *Public Health Rep*. 2001 Sep-Oct;116(5):404-16. doi: 10.1093/phr/116.5.404. PMID: 12042604; PMCID: PMC1497358.

Zimmerman, K. (2017). What is Culture? Live Science. Retrieved from <https://www.livescience.com/21478-what-is-culture-definition-ofculture.htm>

## Formula

Alcala CS. Environmental chemicals in breast milk and infant formula. Breastfeeding Medicine. Abstract P-17, pg A-25 18th International Conference 2016

Alcalaa CS. et al. PCB concentrations in women based on breastfeeding history: NHANES 2001–2004. Environmental Research. Volume 154, April 2017, Pages 35–41 2017

Auestad, N. Et al. Visual, cognitive and language assessments at 39 months: A follow-up study of children fed formulas containing longchain polyunsaturated fatty acids to 1 year of age. Pediatrics, vol. 112(3). Pp. e177-e183 2003

Barclay L, et al. Probiotics well tolerated, safe in Infant formulas. Am J Clin Nutr.; 79-261-267 2004

Bering J. Breasts in Mourning: How Bottle-feeding Mimics Child Loss in Mother's Brains. Scientific America. August 2009

Boone KM, et al. Feeding at the breast and expressed milk feeding: Associations with otitis media and diarrhea in infants. Journal of Pediatrics DOI: org.10.1016/j.peds.2016.04.006

Bowen A, et al. Invasive Enterobacter sakazakii disease in infants. Emerg Infect Dis 12(8) CDC posted 8/16/2006

Brodribb WE. Substitutes for breastmilk - weighing the risks. Breastfeeding Medicine 10(5): 287 2015

Brown R. Can bottle feeding really mimic breastfeeding. JHL 23(1); 118-119. 2007

Carder B. Should postpartum units be "formula free?" MCN 33(2); 72. 2008

Chan GM. Effects of powdered human milk fortifiers on the antibacterial actions of human milk. J Perinatology; 23: 620-623 2003

Chapman DJ, New insights into the risk of feeding infants by bottle. JHL 28(4); 455-456. 2012

Cleveland Clinic, Preparing and Storing Baby Formula. June 4, 2018

Conrad SC. et al. Soy formulas makes congenital hypothyroidism harder to treat. Arch Dis Child; 89:37-40 2004

Dowling D, et al. Bottle/Nipple Systems: Helping Parents Make Informed Choices. Nursing Women's Health for. Feb/March; 61-66. 2010

Dupont, C. De Boissieu, D. Formula Feeding During Cow's Milk Allergy. Minerva Pediatr 55(3):209-16 2003

FDA. (2018). FDA permits marketing of a diagnostic test to aid in measuring nutrients in breast milk. Food and Drug Administration Press Release. December 21, 2018

Fein, S. Infant formula preparation, handling, and related practices in the Unites States, JADA; Oct page 1234-1240 1999



Ferguson M, et al. Breastfed infants process speech differently from bottle fed infants: Evidence from neuroelectrophysiology. *Dev Neuropsychol* 31(3); 337-47. 2007

Fine BR. Caution with committee recommendations for soy protein-based formulas. *Pediatrics* 122(5); 1156 2008

Fomon S. Assessment of growth of formula -fed infants: Evolutionary considerations. *Pediatrics* Vol. 113, #2 2004

Forsythe SJ. *Enterobacter sakazakii* and other bacteria in powdered infant milk formula. *Maternal and Child Nutrition*. Page 44-50. 2005

Franca MC, et al. Bottle feeding during the first month of life: determinants and effects on breastfeeding techniques. *Rev Saude Public* April 30, 2008 Article in Portuguese

Garza, CJ. Et al. Growth of the breastfed infant. In Goldman A, Atkinson S, Hanson L (eds) *Human Lactation 3*. New York: Plenum Press, Page 109-121, 1987

Gribble, K., Berry, N., Kerac, M., and Challinor, M. Volume marker inaccuracies: a cross sectional survey of infant feeding bottles, *Maternal & Child Nutrition*, doi: 10.1111/mcn.12388 2016

Goldfield EC, et al. Coordination of suckling, swallowing, and breathing and oxygen saturation during early infant breastfeeding and bottle feeding. *Pediatric Research* 60(40) pages 450-455. 2006

Hancock ME, et al. Formula Feeding Safety. *Nursing for Women's Health*. p. 303-309. August/September 2010

Hart S. Et al. Brief report: breastfed one-week olds demonstrated superior neurobehavioral organizations *J Pediatrics Psychol* 28: 529-534 2003

Hey B, Tap-water supply safety questioned, *AAP News*, Vol 11, No 11, p. 1, 1995.

Huggins K: Personal communication regarding formula preparation and water safety. 644 Islay, San Luis Ob, CA 93401

Iverson C, et al The growth profile, thermotolerance and biofilm formation of *E sakazakii* grown in infant formula milk. *Letters in Applied Microbiology* 38:378-382 2004

Karl, D. Using principles of newborn behavior state organization to facilitate breastfeeding. *MCN* 29(5) pages 292- 298. 2004

Kandhai MC, et al. Occurrence of *Enterobacter sakazakii* in food production environments and households. *Lancet* 363:39-40 2004

Kendall-Tackett K, et al. Depression, sleep quality, and maternal well-being in postpartum women with a history of sexual assault: a comparison of breastfeeding, mixed-feeding and formula-feeding mothers. *Breastfeeding Medicine* 8(1) 2013

Krebs NF. Infant Feeding Matters. *Journal of Pediatrics*. 159(2); 175-176. 2011

Laine, K, et al. Use of SSRI during pregnancy may cause neurological symptoms in newborns. *Arch Gen Psychiatry*.; 60:720-726. 2003

Labbok MH, et al. What are the risks associated with formula feeding? A re-analysis and review. *Birth* 37(1); 50-58. 2010

Labiner-Wolfe J, et al Infant formula-handling, education and safety. *Pediatrics supplement* 122. Oct 2008

Lakshaman R, et al. Needs of Bottle-feeding mothers may require more attention. *Arch Diseases Childhood*. July 2009

Levin ME, et al. Anaphylaxis in a milk-allergic child after ingestion of soy formula cross-contaminated with cow's milk protein. *Pediatrics* #116 (5), page 1223 - 1225 2005

Li R, Magadia J, Fein SB, Grummer-Strawn LM. 2012. Risk of bottle feeding for rapid weight gain during the first year of life. *Arch Pediatr Adolesc Med*. 166(5): 431-6.

Lozoff, et al. Neurodevelopmental delays associated with iron-fortified formulas for healthy infants. *Pediatric Academic Societies and Asian Society for Pediatric Research Joint Meeting: Poster 5340.2*. May 8, 2008

Marshall, et al. Association between intakes of fluoride from beverages during infancy and dental fluorosis of primary teeth. *Pubmed/abstract list* 2004

Marriage BJ, et al. Infants fed a lower calorie formula with 2'-fucosyllactose (2'FL) show growth and 2'FL uptake like breast-fed infants. *JPGN* doi: 10.1097/MPG.0889 2015

Martine F-P J, et al. Impact of breastfeeding, high and low protein formula on the metabolism and growth from overweight and obese mothers. *Pediatric Research*. Accepted article preview online December 27, 2013

Mizuno K, et al. Effects of different fluids on the relationship between swallowing and breathing during nutritive sucking in neonates. *Biol Neonate*. 81(1) pages 45-50. 2002

Mizuno K, et al. Changes in sucking performance from non-nutritive sucking to nutritive sucking during breastfeeding and bottle feeding. *Pediatric Resident* 59(5) pages 728-731. 2006

Morin, K. Safety and infant formula. *MCN* 29(5) page 326 2004

Morin K. What about water softeners and bottled water for babies? *MCN* 32(1); 57. 2007

Osborn DA, et al. Formulas containing hydrolyzed protein for prevention of allergy and food intolerances in infants. *Cochrane Database System Rev*. 1894) CD003664. 2006

Ruowet Li, et al. Risk of bottle-feeding for rapid weight gain during the first year of life. *Arch Pediatr Adolesc Med* 166(5); 431-436 2012

Segami Y, et al. Perioral movements and sucking pattern during bottle feeding with a novel, experimental teat is similar to breastfeeding. *Journal of Perinatology* 33; 319-323 2013

Scott FW. Cow milk and insulin-dependent diabetes mellitus: is there a relationship? *Am J Clin Nutr* 51, p. 489-491. 1990

Stettler N, et al. Weight gain in the first week of life and overweight in adulthood: a cohort study of European American subjects fed infant formula. *Circulation* 111; 1897-1903. 2005

Thurston A, et al. Infant Formula Samples. *The Journal of Perinatal and Neonatal Nursing*. 2794); 353-358

Waite WM, et al. The impact of mailed samples of infant formula on breastfeeding rates. *Breastfeeding Medicine*. 11(1); 1-5 2016

Walker M. Summary of the Hazards of Infant Formula: Part 2. ILCA 1998

Walker M. Summary of Hazards of Infant Formula: Monograph #3. ILCA 2004

Walker M: Selling Out Mothers and Babies: Marketing of Breast Milk Substitutes in the US. ILCA 2002

Walker M. Artificial Baby Milk (Infant Formula). *Core Curriculum for Lactation Consultant Practice*. 2002

Walker M. Why infant formula samples pose risk to health care providers, hospitals, and patients. *JOGNN* 44(5): 618-623 2015

Wessel, MA et al. Paroxysmal fussing in infancy, sometimes called "colic." *Pediatrics* 14(5):421-34 1954

WHO, 2007. Safe preparation, storage and handling of powdered infant formula guidelines

[www.cdc.gov/nutrition/InfantandToddlerNutrition/formula-feeding/infant-formula-preparation-and-storage.html](http://www.cdc.gov/nutrition/InfantandToddlerNutrition/formula-feeding/infant-formula-preparation-and-storage.html)

Wyeth, Wyeth Nutrition Initiates Voluntary Recall of Selected Store Brand Infant Formula from US Market Place. *News and Announcements* 2002

Zanardo V, et al. Early lactation failure and formula adoption after elective caesarean delivery: cohort study. *Arch Dis Child Fetal Neonatal Ed*. 3(98); F37-F41 2013

Zung A, et al. Breast development in the first 2 years of life: an association with soy-based infant formulas. *Journal Pediatric Gastroenterol Nut*. 46(2); 191-5 2008

## Change in your Facility

Baker P, et. Al. 2021. Breastfeeding, first food systems and corporate power: a case study on the market and political practices of the transnational baby food industry and public health resistance in the Philippines. *Globalization and Health. BMC Open.* 17:125.

Carlford S, Festin K. 2014. Primary health care staff's opinions about changing routines in practice: a cross sectional study. *BMC Fam Practice.* 15(1): 15-20.

Chiurco A, Montico M, Brovedani P, Monasta L, Davanzo R. 2015. An IBCLC in the maternity ward of a mother and child hospital: a pre and post intervention study. *Int J Environ Res Public Health.* 12: 9938-9951.

Covey, S. *The Seven Habits of Highly Effective People.* 2004. New York: Simon and Schuster

Entwistle F. 2015. Breastfeeding and relationship building: turning evidence into practice. *Pract Midwife.* 18(2):29-31  
Frameworks Institute. 2002. Framing Public Issues. Washington DC: Frameworks Institute.

Edwards RA, Philipp BL. 2010. Using maternity practices in infant nutrition and care (MpINC) survey results as a catalyst for change. *J Hum Lact.* 26(4):399-404.

Garner CD, Ratcliff SL, Thornburg LL, Wethington E, Howard CR, Rasmussen KM. 2015. Discontinuity of breastfeeding care: "there is no captain of the ship". *Breastfeed Med.* 11(0):1-8.

Grenny J, Patterson K, Maxfield D, McMillan R, Switzler A. 2013. Influencer: The New Science of Leading Change. New York: McGraw Hill Education.

Jippes M, et al. 2015. Culture matters in successful curriculum change: an international study of the influence of national and organizational culture tested with multilevel structural equation modeling. *Acad Med.* 90(7): 921-9.

Kendall-Tackett, K. 2013. Caring for ourselves when caring for others: what lactation consultants need to know about compassion fatigue. *Clinical Lact.* 4(4): 137-8.

Lowes R. 2010. Don't like your hospital's policies? Here is how to change them. [www.medscape.com/viewarticle/714534](http://www.medscape.com/viewarticle/714534)

Olson DM, Figueroa SA. 2014. Nursing collaboration: a key element in debunking neurocritical care myths. *Curr Opin Crit Care.* 20(2): 161-7.

Quinn, P, Tanis SL. 2020. Attitudes, perceptions, and knowledge of breastfeeding among professional caregivers in a community hospital. *Nurs Womens Health.* 24(2): 77-83.