

CLS – Monday

Medical Terminology
History of Breastfeeding
Anatomy of the Breast
Composition of Human Milk
Normal Breastfeeding
Infant Assessment & Conditions
Becoming a CLS
Counseling
Physiology of Milk Production
Promotion & Classes

CLS – Tuesday

Eleven Steps to Successful Breastfeeding
Prime Time: The Important First Hour
Latch, Suck, Milk Transfer, and Positioning
Sore Nipples/Raynaud's/Yeast
Research
Engorgement
Plugged Ducts/Mastitis
Postpartum Mood Disorders
Milk Banking & Sharing
Maternal Conditions

CLS – Wednesday

Hypoglycemia
Jaundice
Late Preterm and Preterm Infant
Pumping & Working
Tongue Tie
Alternative Feeding Methods
Epidemiology
Medications/Herbs
Abuse & Trauma Informed Care
Taking a Complete History/Doing a Consult

CLS – Thursday

Growth & Development
Nutrition
Review Questions
Fussy Baby
Co-Sleeping/SIDS

Perception of Low Milk Supply, Low Milk Supply, & Low Weight Gain
Ethics
Teens
Slide Review

CLS – Friday

Exam Prep
Exam
Interactive Consults/Scenarios
Working Venues
Second Night & Parenting
IBLCE
Baby Behavior
Breastfeeding Around the World
WHO Code in Digital Media
Formula
Facilitating Change/Burnout