

## CLS – Monday

Medical Terminology  
History of Breastfeeding  
Anatomy of the Breast  
Composition of Human Milk  
Normal Breastfeeding  
Infant Assessment & Conditions  
Becoming a CLS  
Counseling  
Physiology of Milk Production  
Promotion & Classes

## CLS – Tuesday

Eleven Steps to Successful Breastfeeding  
Prime Time: The Important First Hour  
Latch, Suck, Milk Transfer, and Positioning  
Sore Nipples/Raynaud's/Yeast  
Research  
Engorgement  
Plugged Ducts/Mastitis  
Postpartum Mood Disorders  
Milk Banking & Sharing  
Maternal Conditions

## CLS – Wednesday

Hypoglycemia  
Jaundice  
Late Preterm and Preterm Infant  
Pumping & Working  
Tongue Tie  
Alternative Feeding Methods  
Epidemiology  
Medications/Herbs  
Abuse & Trauma Informed Care  
Taking a Complete History/Doing a Consult

## CLS – Thursday

Growth & Development  
Nutrition  
Review Questions  
Fussy Baby  
Co-Sleeping/SIDS

Perception of Low Milk Supply, Low Milk Supply, & Low Weight Gain  
Ethics  
Teens  
Slide Review

CLS – Friday

Exam Prep  
Exam  
Interactive Consults/Scenarios  
Working Venues  
Second Night & Parenting  
IBLCE  
Baby Behavior  
Breastfeeding Around the World  
WHO Code in Digital Media  
Formula  
Facilitating Change/Burnout