

**CERTIFIED LACTATION SPECIALIST (CLS)**  
**RECERTIFICATION FORM for those who first certified in 2016 (and**  
**recertified in 2021) or 2021**

Please fill this form out in its entirety and submit it to us by:

1. Scanning and e-mail: [office@lactationeducation.com](mailto:office@lactationeducation.com)
2. Snail mail: LEC c/o Carole Peterson, 8211 Rockbrook Ct., Fort Wayne IN 46825

---

Name:

Address:

Email address:

Date and city in which you originally became certified as a CLS:

Over the past five years, describe what you have been doing as a Certified Lactation Specialist:

**Recertification Options (select one):**

1) **I HAVE BECOME CERTIFIED AS AN IBCLC** (*no fee, and no need to maintain your CLS*)

Year IBCLC received \_\_\_\_\_ IBCLC Number \_\_\_\_\_

2) **RETAKE THE CLS COURSE** (*only the course fee*)

Year retaken \_\_\_\_\_ or  Will retake by end of 2026

3) **EARN 25 CERPS (\$175)**

A total of 25 L or E (or a combination of both) CERPs (Continuing Education Recognition Points awarded to programs by the IBLCE) must be earned since becoming a CLS to use this option. Submit a list all courses/programs attended on a separate sheet with the name of program, date, and number of CERPs. Scan and email or snail mail copies of all certificates (do not send originals!). Fee is payable by check or [Paypal on our website](#).

4) **TAKE THE RECERTIFICATION EXAM (\$175)**

After the fee is received is received by check or [Paypal on our website](#), the short answer (not multiple choice), 50 question exam will be emailed to you. You will then have one week to complete the exam and email it back. A score of 75% or better is required to pass. You can use textbooks or other written information to take the exam, however we request you do not talk to anyone else about the test.

*ALL requests to take the CLS recertification exam MUST be submitted to LEC NO LATER than December 15, 2026. Recertification via CERPs MUST be submitted to LEC NO LATER than December 22, 2026.*