

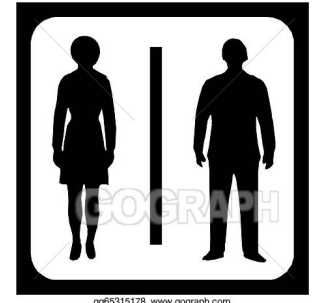


Faith Missionary Baptist Church

BIBLE STUDY

[Tuesday & Wednesday]

August 25-26, 2020



LESSON 4

Know That Your Body Is God's Temple

Proverbs 20:1, 1 Corinthians 3:16-17; 1 Corinthians 6:15-20,

INTRODUCTION

The human body is an amazing piece of handiwork created by God. No wonder The Psalmist said in Psalms 139:14, "I will praise thee; for I am fearfully and wonderfully made: marvellous are thy works; and that my soul knoweth right well." No one, but an Almighty God could create such well put together Masterpiece. Did you know that your body has 263 bones? Did you know that your body has 600 muscles? Did you know that your body has 970 miles of blood vessels? Did you know that your body has 400 cups on the tongue so you can taste? Did you know that your body has 20,000 hairs in the ear to tune in to sound? Did you know that your body has 40 lbs. of jaw pressure for biting? Did you know that your body has 10,000,000 nerves and branches? Did you know that your body has 3,500 sweat tubes to each square inch of skin or 40 miles long?

Did you know that your body has 20,000,000 mouths that suck food as it goes through the intestines? Did you know that your body has 600,000,000 air cells to the lungs that inhale 2,400 gallons of air daily? Did you know that your body has a telephone system that relates to the brain instantly any known sound, taste, sight, touch, or smell? Did you know that your body has a heart that beats 4,200 times an hour and pumps 12 tons of blood daily? That equals 24,000 LBS. In spite of how well the body was made, we have to take care of it by eating right, exercising, and getting the proper rest.

OPENING DISCUSSION QUESTION: What amazes you most about your body?

1st Reading-Proverbs 20:1.....Wine Is Harmful To The Body

- A. Wine is a mocker
- B. Strong drink is raging (harmful- in what ways? Fill in GEN 9: 21 ISA 28: 7 HOSEA 4: 11)
- C. Use of wine is not wise
- D. Ephesians 5:18 says, "Be not drunk with wine."

2nd Reading-1 Corinthians 3:16-17.....The Church Is Compared To The Human Body

- A. The body is God's temple (He dwells in it)
- B. God will destroy anyone who destroys his temple.

3rd Reading- 1 Corinthians 6:15-18.....Sanctity of The Body

- A. Your body is part of Christ
- B. Certain things do not belong in it.
- C. Question: Shall your body be joined to a harlot? (Rhetorical question)
- D. The obvious answer is, "No."
- E. You become a part of who you join yourself with.
- F. When you join Christ you become one with him
- F. Flee fornication
- G. Fornication is a sin against the body

4th Reading-1 Corinthians 6:19-20.....Your Body Is God's Temple

- A. Question: Know ye not your body is the temple of or belonging to the Holy Ghost
- B. You are not your own.
- C. You have been purchased with a valuable price (The blood of Jesus)
- D. The charge: Glorify God with your body and your spirit.
- E. Which are God's

ROMANS 12:1-2

Spiritual Applications of The Lesson

- 1. We should praise and thank God for the creation of our body.
- 2. We should take care of our body by eating right, exercising, and getting the proper rest.
- 3. When we accept Christ our body belongs to him.
- 4. If we take care of our body it may add years to our life.
- 5. We should let the Holy Spirit take control of our body.
- 6. _____
- 7. _____

"We human beings don't realize how great God is. He has given us an extraordinary brain and a sensitive loving heart. He has blessed us with two lips to talk and express our feelings, two eyes which see a world of colors and beauty, two feet which walk on the road of life, two hands to work for us, a nose which smells the beauty of fragrance, and two ears to hear the words of love."

The human body performs incredibly complex functions on a daily basis. This is evidence of a very intelligent Designer and Creator.

TAKE CARE OF YOUR BODY. IT'S THE ONLY PLACE YOU HAVE TO LIVE IN.

MEMORY VERSES: "What? know ye not that your body is the temple of the Holy Ghost which is in you, which ye have of God, and ye are not your own?"

---1 Corinthians 6:19

