

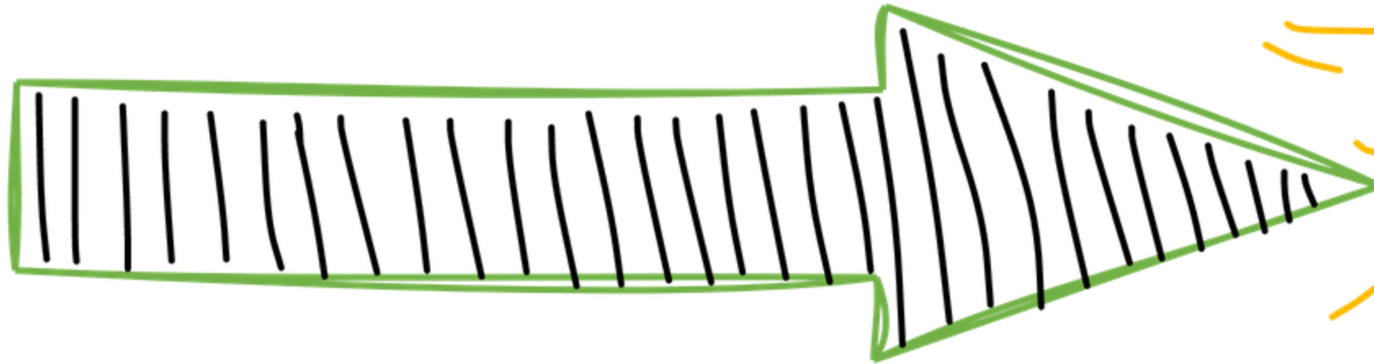
# \*Your 14.4 Progress Tracker\*

Current

Me



As of



14.4

My



Greater  
Version

Color in *one plank* per day...  
All it takes is 1% of your day!

14min24sec.com  
[skool.com/project-144-7022/about](http://skool.com/project-144-7022/about)

