

Heather Eck

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Artist Biography

Over the course of her lifetime, Heather Eck has answered the calling to nurture and instill joy in others. As a clairsentient, one with the psychic gift and ability to intuit information through clear feeling, Heather is naturally drawn to people. Through her art, Heather helps them to heal, feel joy, and to live in their truth, which, in turn, allows her to feel and experience these same gifts.

From childhood, Heather formed a deep love for doodling and sketching and had an innate ability to see and sense the world through color. Her desires to form human bonds and connections naturally swayed her into career positions in which she served as both guide and counselor. With a degree in Human Resources, Heather flourished in her HR roles in the corporate world, even earning a certificate in International Coaching. From one position to the next, recurring patterns of opportunity to bring joy and comfort served as a sign of things to come, but also left Heather feeling creatively unfulfilled. She sought ways to express herself creatively; playing guitar in coffee shops, writing poetry, and participating in open mics. But, while Heather enjoyed these outlets, they were devoid of deeper meaning and not enough to counter balance the uniformity and restrictive paradigms, from clothing to language, that she felt.

Hoping to exchange the paces of New York and New Jersey, Heather and her husband moved to North Carolina in 2014 with their young son. She took an HR management position with Epic Games. Being there, in close proximity to creatives, like the jobs that preceded, served as “a cheat” for her own creative fulfillment. It wasn’t until Heather’s friend and spiritual teacher Myrna opened dialogue about path and purpose with Heather, telling her “...you’re an artist, art is your gift” that Heather would awaken to the idea of serving others through art. That same day, Heather embraced it, bought art supplies, and let the metaphoric “steam out” to begin her work.

Today, through her art, Heather engages clients and viewers alike in deep and meaningful ways. Her colorful canvas paintings connect by color meaning to the 7 Chakras of the body and are

created from messages which she intuitively receives from her own spirit guide about the person for whom she creates. These commissioned paintings are not only powerful messages that provide the receiver with guidance about their own spiritual areas that require healing and light, but also serve as a type of portrait of one's spiritual energy. Many of Heather's paintings are also more loosely tied to themes about spiritual awakening and expression.

Heather lives in Holly Springs with her husband and son. She creates commissioned paintings and exhibits her art in venues around North Carolina.

Artist Statement

As a clairsentient, one with the psychic gift and ability to intuit information through clear feeling, I believe I have a duty to provide people with a way to heal. I create acrylic paintings on canvas. Each painting is a message of love. As an artist, my medium is spiritual energy as much as it is the paint with which I create.

I may meditate over a photograph of a person, hold an object, or have a conversation with someone by phone or in person. Once I do this, my spirit guide, the Holy Spirit, informs me with messages about the spiritual energy and wellness of the person for whom I am creating. The messages are always related to colors that are connected to the color energies of the 7 Chakras of the body: the root (which is the base of the spine), the Sacral, the navel, the heart, the throat, the third-eye, and the crown. Colors that come out on the canvas can represent a variety of things about that person such as areas where they may need healing, rebalancing and support and can also serve as a visual representation of who they are in color; their essence and energy and sometimes their aura. I often intuit symbols and patterns as well. Some of my paintings express spiritual energy that is not centered around a specific person but rather a spiritual theme or idea.

Every piece I create has an element of love. I believe my purpose is to learn to love myself and others unconditionally.