## The Village Voices

### HEY HEY HEY

**SEPTEMBER** 

I SINCERELY HOPE EVERYONE HAS
"WEATHERED" THE SUMMER.

I ALSO HOPE EVERYONE IS READY FOR
A SPECTACULAR FALL AND WINTER.

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THIS WILL BE JUST AN EASY ISSUE AS
I'M GETTING BACK IN THE SWING OF
KEEPING YOU ALL UP-TO-DATE ON
WHAT'S HAPPENING IN OUR GREAT
NEIGHBORHOOD.

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#### **COFFEE, GAB AND GOODIES**

on Wednesdays from 8:30 to 10:00 am

at the Rec Center in Lounge 1

Come on down to the Rec Center on Wednesday mornings to join our happy group.

We have great coffee, tasty goodies

and some good chatter.

There's a donation can on the counter. All the coffee and goodies are purchased with these funds. So please keep in mind that no change in the can means no goodies to snack on!!





What GREATER way to start the day?

### **The Village Voices**

Your Villages community news!

Published monthly except June,
July, August & September.

ARTICLES FOR PUBLICATION

All articles and letters must include the name and phone number of a contact person in case questions arise. Check the accuracy of all proper names and phone numbers. **No one** will verify these for you. The Village Voices reserves the right to edit, format and/or revise all items submitted to be included in this newsletter. It would be very helpful if all submissions were typed or computer generated. Articles with images and text must be submitted via email. Letters and articles express the opinion of the author and in no way reflect an endorsement by the Villages Homeowners. Letters to the Voices should be short and must be signed. Not all letters or articles will be used, and never if they are abusive, divisive or derisive.

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#### Villages Website:

www.villagesofgreenvalley.org

Articles may not be accepted if submitted after the deadline.

**DEADLINE** for October, 2019 issue is:

**SEPTEMBER 26, 2019, 12 noon.** 

#### ANNOUNCEMENTS

### ARTIST ALCOVE

#### **COME AND CREATE!!**

Every Thursday at 10 am. Clay, Mosaic, Painting and more!!

If you are interested in any of the activities listed - PLEASE be sure to call the contact person to get the up-to-date information (such as when & where). Times can be different from what is posted due to unforeseen problems.

### **Pool and Spa Hours:**

### For Residents:

May through September 8 a.m. until 10 p.m. *October through April 9 a.m. until 5 p.m. (Depending on Temperatures)* 

For Guests Under 16: May through September 11 a.m. until 1 p.m. and 5 p.m. until 7 p.m. October through April 11 a.m. until 1 p.m. and 4 p.m. until 5 pm.

DISCLAIMER: Subject and content of the articles in this publication belong wholly to the submitter. The Village Voices shall not be held responsible or liable for any misprints or omissions contained therein. Any typographical or grammatical errors will be reviewed and acted upon solely by the Editors.

### **VILLAGES CONTACT INFORMATION**

**Artist's Alcove** 

Deb Kenyon 585-507-7076

**Billiards/Pocket Pool** 

Sam Yulish 520-625-9851

**Bunco** 

Sharon Clark 520-648-2321

**Contract Bridge** 

Winnie Pastore 520-440-3456

Cribbage

Ken Benz 520-399-0757

**Hand & Foot Cards** 

Joyce Greenlee 520-349-2262

Library

Sharon Clark 520-648-2321

**Line Dance** 

Lynn Van Atta 625-9851 (office)

**Pickleball** 

Jim Hemmer 520-393-1876

Deb Kenyon 585-507-7076

**Poker Night** 

Jack Bourquin 603-548-5695

**To Reserve Lounges** 

Office 520-625-9851

**Shuffleboard** 

Ken Benz 520-399-0757

**Snake/Desert Pest Removal** 

Green Valley Fire 520-629-9200

**Table Tennis** 

Needs someone to head up & get

this going again!

Tai Chi for Seniors

Kathy Brethour 520-625-9851

**Thursday Work Crew** 

Ken Benz 520-399-0757

Women's Club

Ruthie Siroshton 541-954-5157

**Water Aerobics** 

Judy Squires 520-591-7593

### FUN & GAMES

BRIDGE
\_SCORES
WILL
BE

LISTED HERE

IF SUBMITTED



CRIBBAGE

**SCORES** 

WILL

BE

LISTED

HERE

IF SUBMITTED



### COME ON DOWN AND JOIN IN ON THE FUN!

Cribbage is on Monday nights at 7 pm.

Bridge is on Monday afternoons at 12:30 pm.

## WOMEN'S CLUB

Will be starting back up in October.

The first meeting will be on Thursday, October

10th, at 1 pm, in Lounge I of the Rec Center.

Remember Ladies - if you live here in the Villages, you're automatically members of the Women's Club. You don't have to sign up or enroll!!

There is a \$1.00 per person charge which goes for nibbles aimed at everyone's taste buds.

### FOR YOUR INFORMATION:

<u>DID YOU KNOW</u> that the active ingredient in Monsanto's Roundup, <u>glyphosate</u>, is a carcinogen?

Try this effective and low cost alternative for controlling weeds:

NON-TOXIC weed control recipe:

1 gallon vinegar

1 cup salt

1/8 to 1/4 cup Dawn dish soap

The sun's heat (and our desert sun is super hot) speeds up the weed killing process.

This recipe <u>works</u> and is <u>safe</u> around Pets and Grandkids!!

### <u>BOARD OF DIRECTORS</u>

The next Planning Meeting will be Wednesday, September 18th at 1 pm. So if you're interested, please come.

The <u>FIRST FORMAL</u> Board Meeting for the Fall/Winter Season will be <u>September 25th</u> at 1:00 pm in Lounge 1.

Our Board Meetings are important for everyone living here in the Villages. This is where you gain the information of the issues our elected Board Members are dealing with and what direction they are leading our Association.

If you have any concerns or questions, they can be addressed here.

### YEP - These activities are still going!!

BRIDGE is a fun way to keep your brain healthy!! they play all year round, so both yearly and winter residents are all welcome to come on Mondays at 12:30 pm for "friendly' party Bridge at the Rec Center.

<u>CRIBBAGE</u> is played on Monday evenings at 7 pm. Come join in on the fun, rivalry and plain old boredom busting game!! We start gathering at 6:50 pm so we're ready to start at 7 pm.

HAND & FOOT is a game that has a lot of similarity to Canasta & 500 Rummy. It's a LOT of FUN!! They play on Sundays at 1 pm and also on Wednesdays at 10:00 am. You don't have to plan on playing both days - just one.

BUNCO is a dice game that's played on the 1st TUESDAY of every month at 1 pm. Come join this fun group of players.

<u>WATER AEROBICS</u> creates mild waves in our beautiful pool everyday from 8 am to 9 am. This is an easy way to exercise and enjoy a great group of people.

<u>YOGA</u> is a super way to keep muscles loosened up and improve keeping in a calmer state of mind. Wendy has arranged for it to continue throughout the Summer/Fall via Video's. So it's still on Fridays, at 10:15 am in Lounge I at the Rec Center.



The morning water aerobics Ladies having fun in our sparkling pool. Come on down and join them!! They swim everyday starting at 9 am.

<u>PICKLEBALL</u> is played on Tuesdays, Fridays & Saturdays starting at 8 am. The paddles & balls are furnished by the association and copies of the rules are available in the office. If you're not sure of your ability, just give a call to either Jim Hemmer at 520-393-1876 or Deb Kenyon at 585-507-7076. They'll set up a period of instruction so you can see how easy the game is to play!!

<u>BET YOU DIDN'T KNOW</u> we have HORSESHOE PITS!!

These are located by the Shuffleboard Courts and we even have several sets of shoes that are "REARING" to be thrown!! They are kept in the closet by the Shuffleboard Courts.

DID YOU KNOW there is a very nice <u>POOL TABLE</u> in Lounge II? There are a few cue sticks available to use if you don't have your own and plenty of comfortable chairs to sit and give the players a hard time from while you wait your turn. Sam Yulish has started a Billiards group that plays on Tuesdays at 10:30 am. Come join him and the others for friendly rounds. You just may pickup some good pointers as Sam is also an instructor!!

IF YOU HAVE AN IDEA FOR A NEW ACTIVITY 
DON'T BE SHY!!

GIVE THE OFFICE A CALL WITH THE PARTICULARS AND WE'LL

HELP YOU SET IT UP

## **EXCITING CLASS that's FREE** *TAI CHI for SENIORS*

This is a LOW impact, LOW stress class made up of 8 basic forms done in different movements that are geared for the older generation.

This class IMPROVES mobility, balance and flexibility. It helps reduce the fear of falling, helps to improve mental health and is highly recommended by the CDC agency. There are NO DOWN on the FLOOR exercises.

This class is on Tuesdays from 11:00 to 12:00 and again on Saturdays from 10:00 to 11:00. This is being held in LOUNGE 1.

Wear loose or comfortable clothing, tennis shoes or barefoot (NO flip flops), and bring a bottle of water.

Kathy Brethour has taught this wonderful way of strengthening muscles and improving balance for several years.

### **ANNOUNCEMENTS**

- A. The Library needs Volunteers to keep the shelves in order. An hour or two once or twice a week is all that's needed. Sharon Clark heads this important task up. Please give her a call at (520) 648-2321.
- B.Occasionally items (such as keys, watches, glasses, etc.) are found in the Rec Center compound or out in the parking lots. These are turned in to the Office, so if you've lost something, please give the Office a call at (520) 625-9851. Be prepared to describe the item(s) you've lost. **Due to minimal space available, items found will only be held for 60 days (2 months)** and then donated to either the Animal League or White Elephant.
- C.The Office has been receiving numerous calls about barking dogs. If you have this problem, talk *FIRST* with the owner(s) of the offending animal(s). If that doesn't work, then call the Pima Animal Control Center at (520)243-5900 and select #8 to report noise and animal waste. Neither the Board nor the Office has any control in this area.

### On a HAPPIER note . . . .

**Congratulations** to long time resident Lynn Boag and her close Friend Jerry Walters on their Marital Commitment to each other. It was a quiet and beautiful ceremony held here at the Rec Center in Lounge 2, on August 9th, 2019.

# September 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
Hand & Foot Cards 1p L1	Bridge 12:30p L1 Cribbage 7p L1	Pickleball 8 a Ct Round Dance 9 a L1 Tai Chi 11 a L1 Bunco 1 p L1	Coffee Time 8:30a L1 Hand & Foot 10:00a L1 Poker 7p L1	Artist Grp 10a AA	Pickleball 8 a Ct Mahjong 1p L2	Pickleball 8 a Ct Tai Chi 10 a L1
8	9	10	11	12	13	14
Hand & Foot Cards 1p L1	Bridge 12:30p L1 Cribbage 7p L1	Pickleball 8 a Ct Round Dance 9 a L1 Billards 10:30 a L2 Tai Chi 11 a L1	Coffee Time 8:30a L1 Hand & Foot 10:00a L1 Poker 7p L1	<b>Artist Grp</b> 10a AA	Pickleball 8 a Ct Mahjong 1p L2	Pickleball 8 a Ct Tai Chi 10 a L1
15	16	17	18	19	20	21
Hand & Foot Cards 1p L1	Bridge 12:30p L1 Cribbage 7p L1	Pickleball 8 a Ct Round Dance 9 a L1 Billards 10:30 a L2 Tai Chi 11 a L1	Coffee Time 8:30a L1 Hand & Foot 10:00a L1 POT LUCK 5pm L1 Poker 7p L1	<b>Artist Grp</b> 10a AA	Pickleball 8 a Ct Mahjong 1p L2	Pickleball 8 a Ct Tai Chi 10 a L1
22	23	24	25	26	27	28
Hand & Foot Cards 1p L1	Bridge 12:30p L1 Cribbage 7p L1	Pickleball 8 a Ct Round Dance 9 a L1 Billards 10:30 a L2 Tai Chi 11 a L1	Coffee Time 8:30a L1 Hand & Foot 10:00a L1 BOARD MTG 1 p L1 Poker 7p L1	Artist Grp 10a AA	Pickleball 8 a Ct Mahjong 1p L2	Pickleball 8 a Ct Tai Chi 10 a L1
29	30					
Hand & Foot Cards 1p L1	Bridge 12:30p L1 Cribbage 7p L1					

### DON'T FORGET: POT LUCKS CONTINUE THRU THE SUMMER

The 3rd Wednesday of **EVERY** month is **POT LUCK** time!! We gather at 5:00 pm in Lounge 1 at the Rec Center and usually start eating at 5:30 pm.

It is asked that you bring a dish that will serve at least 8 to 10 people. That way there is plenty for all to enjoy and 2nd helpings!!!

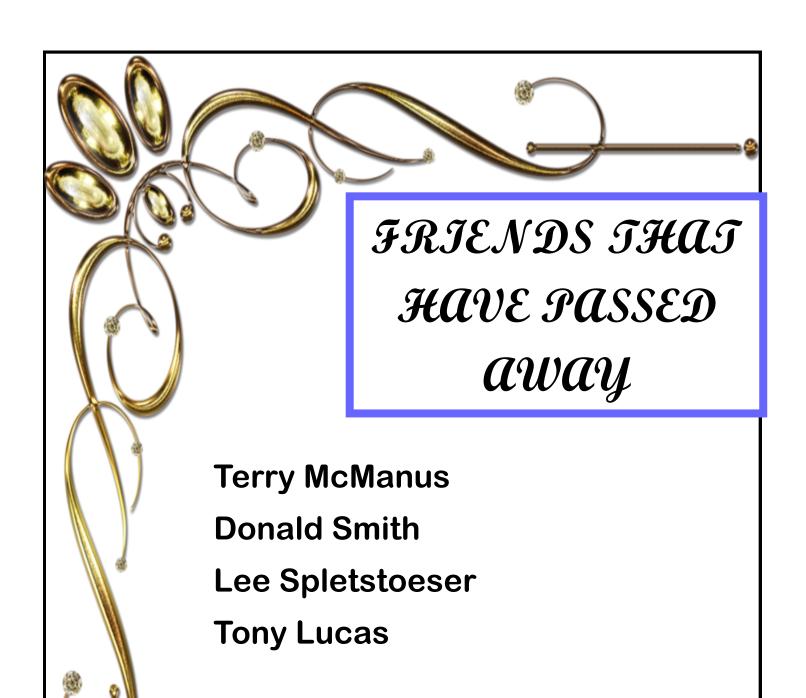
Remember to bring your own table service, a serving piece for your share item, and your choice of beverage. Ice will be available. If you would like to brighten your table with colorful placemats and/or a centerpiece, you are encouraged to do so.

If any folks would like to stay later than the hostess of the evening, we simply ask that you wipe off your table and be sure all trash is picked up and disposed of in proper receptacles. The Staff sets up and takes down the tables **BUT** it is requested that you stack the chairs away. Also remember to turn off the lights and fans when you leave the building.

If individual hostesses choose a theme or have additional details about a given date, that information will be passed along to residents in the reminder email which is sent before the event. If you have not provided the office with your email, you can call Linda at 625-9851 and be added to the list. It's a great way to keep up with what's happening in the neighborhood.

The pot luck events have been very well attended. They are free and we encourage you to invite new neighbors and friends from other places in Green Valley. Lots of good cooks—an abundance of good food. See you there!

Your Social Committee



If you hear of anyone from The Villages passing, please give the office a call at 625-9851 to let me know so I can be sure to mention them here.

Thanks MaryAnn