

# Universal Back Brace

## INSTRUCTIONS SHEET:

### INDICATIONS FOR USE:

- Stability and support for chronic sprains and strains of the lower spine to prevent future injury.
- Spinal Instability.
- Spinal Stenosis.
- Chronic Back Pain.

### CLEANING INSTRUCTIONS:

- Hand wash with mild detergent.
- Rinse and air dry.
- Do NOT use bleach.
- Do not expose to direct heat or sunlight while drying to prevent shrinkage and damage to your support.



## INSTRUCTIONS FOR USE:

Try the brace on first to check if the standard size fits properly. If it does, skip to Step 3.

**Step 1:** Lay support out flat with the exterior side facing up. Open the flap (behind) and remove both side panels.

**Step 2:** Size indications are marked on each panel. At this point, you can fold to reduce the size or unfold to increase the size by using hook and loop, folding at the correct size marker, reinstalling panels to the support, and closing the back flap.

**Step 3:** Attach side panel supports (optional) on both side flaps and position back support around the waist and make sure the back panel is centered on your spine.

**Step 4:** Hold the left panel securely to your abdomen and attach the right panel to the left panel.

**Step 5:** Hold the two compression straps and pull simultaneously until proper compression is attained.



### PLEASE NOTE:

The Universal Back Brace is designed for support and does not guarantee injury prevention. By using this product, consumers or patients acknowledge and agree to the following:

Innovative DME is not responsible for any injuries that may occur during the use of Innovative products.

Skin irritation is a potential side effect when using this device. If you experience an unusual skin reaction, it is essential to consult with your healthcare provider immediately.

Always consult your healthcare provider to ensure that this product is suitable for your specific medical condition and needs.

This product is intended for use by a single patient only.

Federal Law restricts the sale or distribution of this device to be carried out by or under the order of a licensed healthcare practitioner.

If you do not agree with these conditions, please contact your healthcare provider before using this product.