



# CYNTHIA BEMIS ABRAMS



**Cynthia's** podcasting life began in 2015, mulled as an idea for a few months in the spring and first episode uploaded by mid-summer. With a 30-year career in public relations, she knew just enough writing scripts and audio storytelling to be dangerous. Cynthia's experience in audio production drives her confidence that podcasting is the right place for perspective and cultural knowledge of women in and of TV.

Where are the forums that celebrate the work and achievement of women in and of TV? Where is that work analyzed, held up to a lens of social context? Is it wrong to want to breaking down the nuances of a performance, story arc or the feminist side of a storied career. No, not in the least.

With script, microphone, editing software suite and a hosting account, Cynthia started podcasting and hasn't slowed down. When she's not producing her own, Cynthia admits to sampling many podcasts that pertain to television and film, but ***You Must Remember This, Women and Hollywood and What Would Sharon Raydor Do?*** are among her favorites.

## Interview topics:

- Representation & gender/pay equity of women in and of TV
- Strong women lead characters – dramas or comedy (themes like leading teams, patriarchy, ethical dilemmas)
- Women show runners
- Middle-aged & older women: What we can learn from their memorable roles
- Career profiles that reveal the feminist side of prominent women in and of TV
- Moments in Herstory (lessons from Anita Hill, Billie Jean King & Diana Ross)



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Advanced TV Herstory, a podcast



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“Advanced TV Herstory has educated me about the massive impact that women have had on TV. This podcast is a must-listen for anyone interested in TV history.”

– **WILL STEGEMANN**

(L.A. WRITER & CO-CREATOR OF NY METS THEMED  
PODCAST *FLUSHING TRANSIT*)

“Advanced TV Herstory shares some stories of the ladies from late night TV and women who should have more stories told about them! Cynthia, our lovely host, gives excellent narrative to these stories and brings them to life with her great voice. If you like stories about TV history, feminism and female representation, this is a MUST!”

– **HANNAH OSTIC**

(CREATIVE AGENCY OWNER & CO-CREATOR OF *FILM  
ROAST SHOW* PODCAST)