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The Magazine

Holiday Edition

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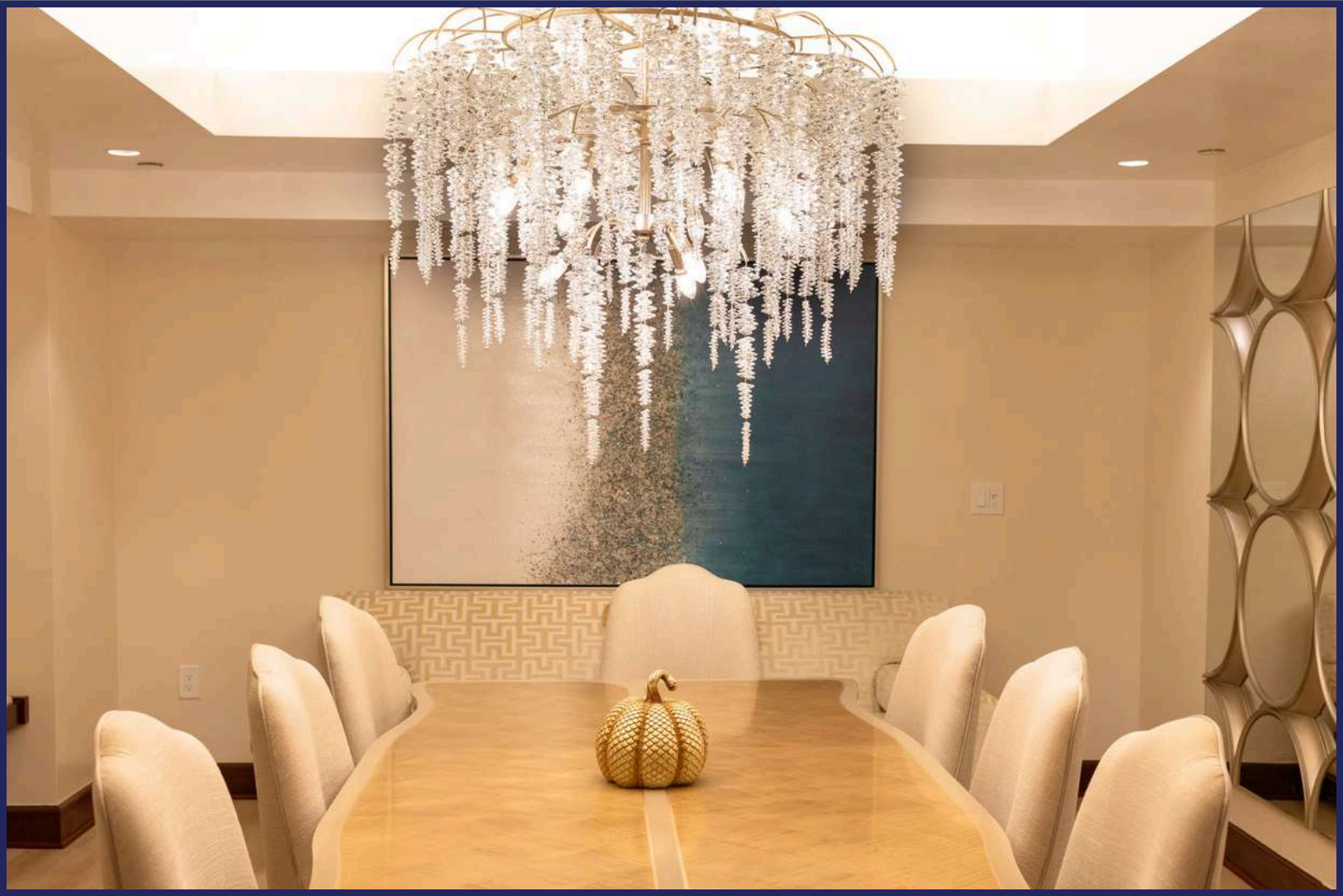
The Magazine

Welcome to Livier Magazine, where beauty meets community in the vibrant heart of Orange County!

In each page of our monthly publication, we strive to redefine beauty, exploring it in all its dimensions.

Livier Magazine is your key to unlock the world of beauty and wellness. Each issue is a treasure trove for beauty enthusiasts, offering a wealth of tips, tricks, and the freshest trends. But we don't stop there - we dive deeper, introducing you to innovative local businesses, showcasing the stories of community leaders, and delving into in-depth articles on health, wellness, fashion, and beauty.

This magazine is not just a guide; it's your one-stop destination for beauty secrets, an insider's pass to the best restaurants, shopping, local activities, and events in our beloved Orange County!



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SPA DESTINATION



COMPREHENSIVE MAGAZINE AND GUIDE
FOR EVERYTHING OC!



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The pre/probiotic that does more for you.

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A DAY AT LIVIER SPA

MY WORLD WAS TRANSFORMED

Before you write this off as mere exaggeration, let me pose a question. When was the last time you managed to quiet the pandemonium of your thoughts and truly listen to your innermost desires? When did you last dedicate a moment to nurture yourself, instead of tending to others? If you're like most people, it's been far too long. Shockingly, only three out of every ten Americans intentionally reserve time for themselves. It's high time we stop confusing self-care with self-indulgence. Following my own advice, I'm about to tell you what unfolded.

After embarking on a quest to find the ultimate spa oasis in all of Orange County, I reached a verdict: Livier Spa in Newport Beach. I made my way to the 3rd floor of the Renaissance Hotel where my journey to rejuvenate my body and soul officially began.

Once I arrived my gracious host instantly captivated me with her warmth that transcended beyond hospitality but genuine care and attentiveness.

She then explained the details of my spa itinerary for the day, all the while graciously entertaining my barrage of questions. As I followed her down the hallway to my personal sanctuary, I found myself enveloped in an ambiance of refined sophistication at every turn.

From the tastefully curated decor to the aroma of eucalyptus filling the air, I was embraced by an overwhelming sense of belonging. Livier Spa spared no expense in crafting an environment that exuded purposeful elegance, from its contemporary embellishments to the plush, luxurious couches, and the subtle yet invigorating coastal motifs that adorned every corner. I was determined to savor every moment until they closed their doors for the evening.

My first treatment was the Crystal Cleansing massage, an entirely novel experience for me, and I was eager to discover the benefits of this new treatment. As a woman grappling with the constant challenges of inflammation, autoimmune issues, and the everyday stresses of life, this was precisely what my body had been yearning for.



“ I had been transported to a state of pure euphoria. ”



While I'd appreciated the relaxing effect of massages before, none had the transformative impact of this one. After my blissful 60 minutes, it felt like I'd been transported to a state of pure euphoria, as the tension and pain that had long plagued me melted away. I had genuinely forgotten what it was like to exist without the constant presence of pain.

In my blissful state, I headed to my next treatment, the IV therapy. I chose the Beauty Bag IV, filled with biotin, vitamin C, and glutathione, a potent antioxidant that works wonders for your skin and hair. I must confess, picking this one was tough because there were so many tempting IV treatments to choose from!

The following hour was a rendezvous with serenity in their cutting-edge sauna*. In this oasis, I shed the world's burdens and allowed my mind and body to bask in liberating relaxation.

Soon after, I was treated to a delectable lunch courtesy of the hotel's exquisite restaurant, Current. I savored every bite of the Butternut Squash flatbread, glistening with balsamic Fig Syrup, and the vibrant Tomato & Burrata Salad, adorned with fragrant basil and an olive crumb. It was the perfect feast to cap off my euphoric spa experience.

A DAY AT LIVIER SPA

MY WORLD WAS TRANSFORMED

Feeling utterly relaxed and content, I proceeded to the most intriguing treatment of the day - the Scarlet facial. Although I'd experienced facials in the past, this was an entirely new level. It wasn't just any facial; it was a cutting-edge fusion of microneedling and radiofrequency, essentially a non-surgical facelift. How cool is that?

I admit, I had some apprehensions about how I'd appear afterward. But with the magic of plant-based stem cells and peptides accompanied by arnica, any remaining redness was nearly invisible. They left absolutely no detail unattended, going above and beyond by administering an invigorating O2 Derm oxygen treatment following the Scarlet procedure, supercharging the peptides to enhance the healing journey. And shortly after, even the minimal redness disappeared completely, revealing remarkable transformations in my skin. It was firmer, more nourished, smoother, and boasted a more even tone. Honestly, I never knew my skin had the potential to look this fantastic.

As my skin and spirit radiated with newfound vitality, I grudgingly acknowledged that my day of bliss had come to an end. Here, you're not just pampered; you emerge feeling like a genuinely enhanced and elevated version of yourself.

Take it from me, this is an experience you've earned. You won't look back with a trace of regret when you spend your moments at Livier Spa. Your path to bliss begins here.

by Ava Wilson



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QUIARA BAY

Wellness Guide & Spiritual Healer by Madeline Deslaurier

Meet Quiara, your trusted wellness companion with over 8 years of expertise in health and well-being. Her journey began in 2014 while pursuing her degree in Diagnostic Medical Sonography with a focus on women's health and IVF, where she discovered her innate ability to guide patients through life's toughest moments.

Quiara's talents and services are a blessing to humanity. Her expertise shines as she supports individuals facing life's most challenging moments, including those in crisis, struggling with anxiety, and dealing with mental health and addiction concerns. What sets her apart is not just her guidance but the exquisite manner in which she provides it.

Under Quiara's care, individuals not only find solace and support but also empowerment to take control of their lives. She skillfully preserves their personal agency, ensuring her clients feel like architects of their destinies, even in adversity. Her approach is beautiful, a testament to her unwavering commitment to helping others find strength and resilience within themselves.

Quiara possesses the remarkable ability to be wholly present with her patients, immersing herself in their world and listening attentively to their needs. She connects with their emotions, facilitating healing from the depths of their souls.

As a seasoned wellness guide with diverse clinical experiences, Quiara offers more than conventional methods. She provides reiki, theta healing, sound therapy, and mindfulness practices to reduce anxiety and uplift moods. Her creative approach brings tranquility to those seeking relaxation and vitality, with additional holistic techniques such as breathwork, and guided meditations enhancing mindfulness and inner peace.

With Quiara, discover a journey to well-being, healing, empowerment, and balance that transcends the ordinary, making her a beacon of hope in the world of holistic wellness.



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After 3 Treatments



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After 8 Treatments



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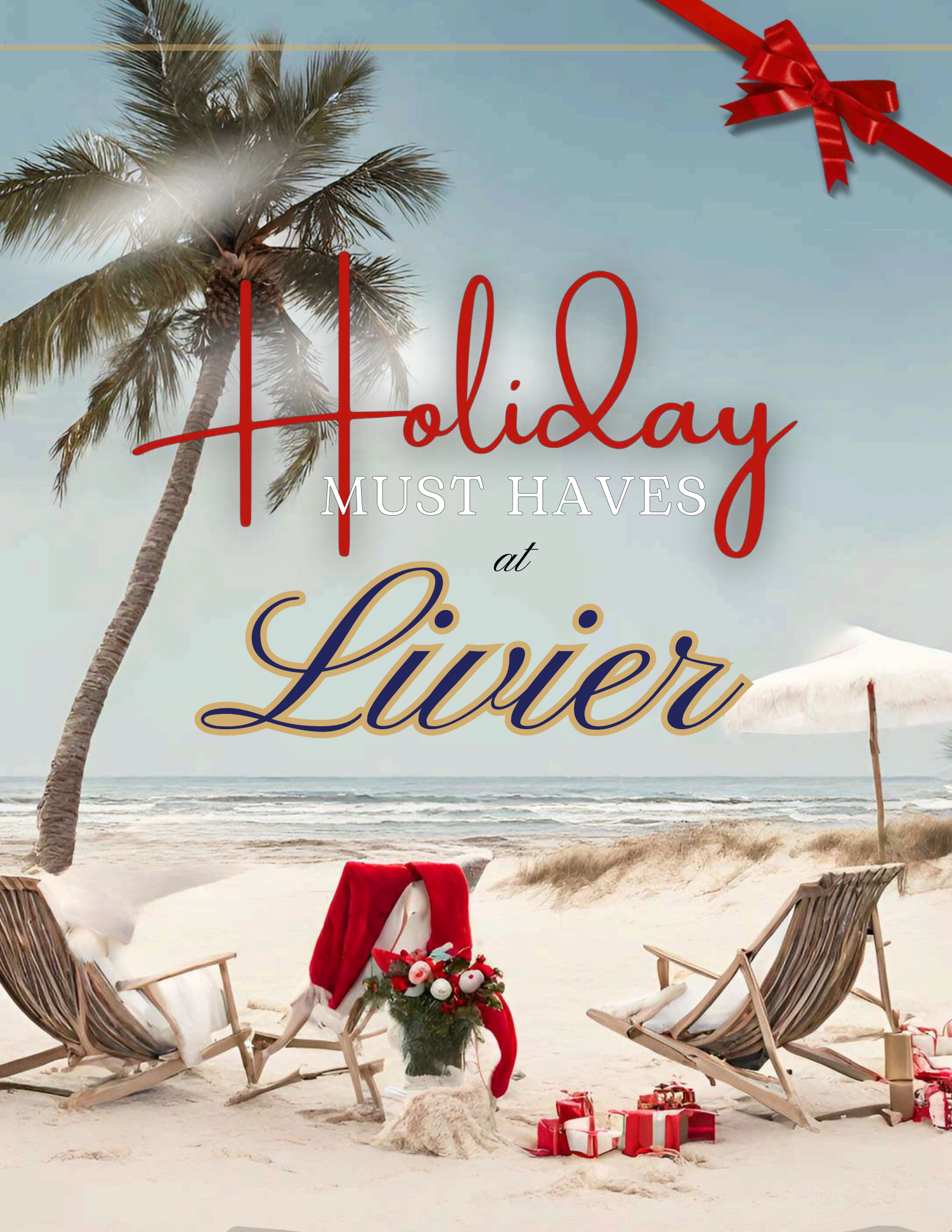
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OLGA LOERA

Mom, Influencer, Model

Olga, the epitome of timeless beauty and elegance, has taken the world by storm with her jaw-dropping looks and the wisdom she shares with her 2.1 million followers on Instagram. With a remarkable career spanning 14 years as a hairstylist at prestigious establishments from National Geographic to Playboy, Olga's success story is nothing short of inspirational. In 2015, at the age of 38, she was crowned Playmate of the Year, defying age stereotypes, and yes, she's also a proud grandmother. Olga's message to the world? "You have everything at the tip of your fingers; invest in yourself."

So, what's the secret behind Olga's timeless beauty? We ventured into her world of glamour and beauty regimen at Livier Spa, where she swears by their transformative treatments.

When asked about her favorite beauty treatments at Livier Spa, Olga couldn't help but exclaim, "Literally, everything!" So she shared her top two beauty secrets with us.

First on the list is the Botox treatment at Livier Spa. Olga describes it as a "2-minute face lift," and she's utterly obsessed. The magic of Botox, according to Olga, lies in its precision. It allows her to target exactly where she wishes to enhance her natural beauty. From achieving facial symmetry to making eyeliner application a breeze, Botox provides her with the versatility she desires. Olga's beauty tip: "Identify where you age faster and put in the work to maintain that area. You can't reverse the damage that's been done, so maintain your appearance."



“Invest in yourself.”

Olga's second go-to treatment is the Geneo Facial which works its magic by providing a deep exfoliation while infusing the skin with oxygen, leaving it firm and tight. She raves about it, saying, "It's like a deep clean for your face.." This specialized facial helps give Olga the added confidence to step out into the world, knowing she's presenting the best version of herself.

What sets Livier Spa apart as Olga's trusted sanctuary for all things beauty? Olga applauds the spa's wide range of treatment options and its commitment to staying on the cutting edge of beauty and medical technology. She finds comfort in the fact that Livier Spa prioritizes results as well as client education. "They never leave me feeling uncertain," Olga affirms.

Olga's journey from Playmate to grandmother is a testament to her timeless allure. Her secret to looking and feeling this good? The expert services & education provided by Livier Spa.



~ What we offer ~

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Meet Carlo

Ever wondered how the charismatic actor, Carlo Mendez, manages to seamlessly navigate his life on set while keeping his physique, energy, and youthful allure in tip-top shape? Well, prepare to be pleasantly surprised, for Carlo's approach is far from the conventional Hollywood playbook – no botox or injections for him. And in case you were wondering, those good looks are indeed a family affair, with his talented and radiant sister being none other than the dazzling Eva Mendez.

While we may all harbor a smidgen of envy for these genetically blessed siblings, the unvarnished truth remains: self-care reigns supreme, no matter how fortunate your genes may be.



Carlos is a firm believer in the magic of IV treatments offered at Livier Spa. Amidst a myriad of options, he has an absolute favorite: the Athlete IV Bag. Tailored to cater to those leading an active lifestyle, this miraculous IV bag is chock-full of complex vitamins and minerals that aid muscle recovery and instantly replenish your body, leaving you feeling and looking your absolute best. As if that weren't enough, he's also a fan of the incredible hot stone massage treatment, a serene oasis where both his mind and body find respite, leaving him recharged and primed for his next big project.

In the upcoming year, keep a lookout for Carlo as he takes on the leading role in "Demise," a film that showcases his remarkable talents and infectious energy. It's a performance you won't want to miss!



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