

Livier

The Magazine

HOLIDAY EDITION

**NEW YEAR
NEW YOU!**

**EXCLUSIVE SEMINAR &
DISCOUNTS**

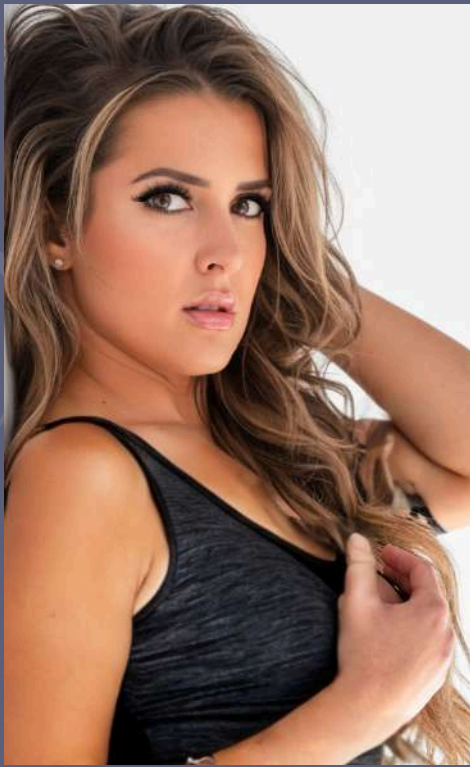
pg 15

**HEALTH IS
WEALTH**

**LET US HELP YOU
ACHIEVE YOUR GOALS**

pg 25





EDITOR'S NOTE

Livier

THE MAGAZINE

Welcome to our Newport Beach escape within the pages of *Livier the Magazine*! Nestled in the heart of the Renaissance Hotel, our state-of-the-art Medical Spa introduces you to a world of innovation and luxury.

In these pages, explore innovative spa services, local activities, trends, and inspiring interviews. From cutting-edge wellness at our med spa to the heartbeat of Newport's vibrant scene, join us on a journey that celebrates the mind, body, and soul.

Madeline Deslaurier

Editor-in-Chief



IN THIS ISSUE

In these pages, discover what the team at Livier Spa is bringing to you! Explore innovative beauty treatments, connect to the community, and learn what we're all about! We've got you covered, ensuring a holistic and radiant start to the new chapter in your journey!

MEET OUR *Team*



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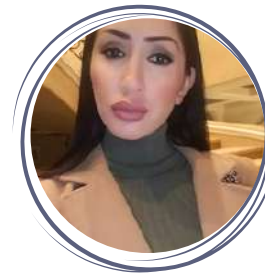
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ACNE SOLUTIONS

Tailored solutions for every skin type



Holiday Specials

EXCLUSIVELY AT
YSP BY LIVIER



EXPRESS MASSAGE | \$99

Originally \$299

Rejuvenate and rehydrate with our best facial yet

EXPRESS FACIAL | \$99

Originally \$299

Rejuvenate and rehydrate with our best facial yet

TEETH WHITENING | \$99

Originally \$199

Rejuvenate and rehydrate with our best facial yet

BODY SCULPTING | \$99

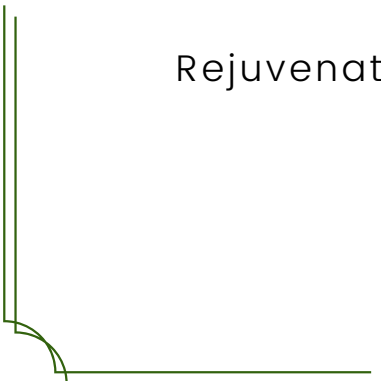
Originally \$299

Rejuvenate and rehydrate with our best facial yet

TOX 20 UNITS | \$99

Originally \$299

Rejuvenate and rehydrate with our best facial yet



VALMONT

at *Livier*



Firmness Ritual - Firmness of the Hills

The Firmness of the Hills facial treatment offers a luxurious experience aiming to enhance skin firmness and redefine facial contours. Inspired by the soft curves of Swiss landscapes, it incorporates a deep massage targeting the dermis with FIRM-C BOOST, yielding proven effectiveness with a 10.2% increase in skin structure.

The protocol begins with a cleansing phase, followed by a technical massage focusing on the dermis using a potent concentrate. The treatment concludes with a tailored application of firming and anti-aging products, leaving the skin rejuvenated and accompanied by a relaxing hand massage.

Hydration: Hydration of the Bisses

The Hydration of the Bisses facial treatment rejuvenates the skin by deeply hydrating the epidermis, resulting in vibrant and supple skin. Inspired by the irrigation channels of the Valais region in Switzerland, the protocol employs a gentle massage targeting the lymphatic system with H2O BOOST, yielding an impressive 83.1% increase in moisture levels after just one treatment.

The procedure begins with a luxurious warm-up and cleansing phase, followed by a precise lymphatic massage using a potent concentrate to infuse hydration deep into the skin. The treatment concludes with a tailored application of moisturizing and anti-aging products, accompanied by a relaxing hand massage for a complete experience.



NUDORA

A GUIDE TO TAILORED BENEFITS FOR BRAIN, BODY, AND GUT

Let's be real: in the hustle of daily life, feeling your best can seem like a distant dream. But what if a few probiotics could help you think clearer, digest better, and even feel happier? Enter Nudora's incredible line of targeted probiotics, each crafted to give you some serious feel-good vibes, no matter your wellness goals.

Nudora's probiotic range is designed not only for maintaining gut health but also for enhancing mental well-being, managing weight, and promoting relaxation. With specialized blends that address unique wellness goals, Nudora brings together probiotics and homeopathics to support you in leading a healthier, balanced life.

Let's dive into the benefits of three key products!



NUDORA ORANGE

Energy & Digestive Boost for the Go-Getters!

Need a boost without the caffeine jitters? Say hello to Nudora Orange! This probiotic has 40 billion CFUs plus ginger and green tea extracts to give you natural, steady energy that'll keep you going strong. It's perfect for those days when you're bouncing between meetings, workouts, and maybe a little me-time.

Why You'll Love It:

- **Gut Health, Enhanced:** This blend isn't just here for digestion; it's here for superior digestion. Ginger and green tea add an extra kick to keep things moving and balanced.
- **All-Day Energy:** With a natural boost from green tea, you'll be energized and focused, no afternoon slump in sight!
- **Weight & Inflammation Support:** Looking to manage weight? Nudora Orange has you covered. Plus, ginger's anti-inflammatory properties help reduce pain, so you're feeling your best from head to toe.

NUDORA PURPLE

Brain & Mood Booster Extraordinaire!

Do you ever feel like your brain is running on low-power mode? Nudora Purple is here to change that! With a power-packed 50 billion CFUs of probiotics plus seven calming homeopathic ingredients, this blend is all about getting your mind in the game while giving your emotions a gentle lift.

Why You'll Love It:

- **Brain & Mood Boosting:** Let's just say Nudora Purple is your brain's new best friend. With its unique combo, it'll have you feeling sharp, clear, and calm, even on the craziest days.
- **Anxiety?** Nah. This formula supports the gut-brain connection, dialing down stress and helping you keep your cool, no matter what life throws your way.
- **Relax & Recharge:** Life can be a rollercoaster, but with Nudora Purple on your side, you'll find a little more zen and a lot more peace.



It's what's on the
inside that
counts



Plant Based



No Additives



Dairy Free



Soy Free



Gluten Free



NUDORA GREEN

When digestion isn't going your way, it's a serious buzzkill. But Nudora Green is here with 90 billion CFUs (yep, you read that right) plus eight homeopathics to get your gut back on track. It's a lifesaver for anyone dealing with bloating, gas, or, well... let's just say things aren't "moving" as they should.

Why You'll Love It:

- **Relief from Constipation & Bloating:** This blend brings digestive comfort, easing bloating and making "going" a little less of a hassle.
- **Bye-Bye, Gas:** We've all been there—Nudora Green helps reduce gas, making your gut a more comfortable place to be.
- **Smooth Digestion:** With a balanced microflora, your digestive system will run like clockwork, keeping you feeling light, happy, and comfortable.

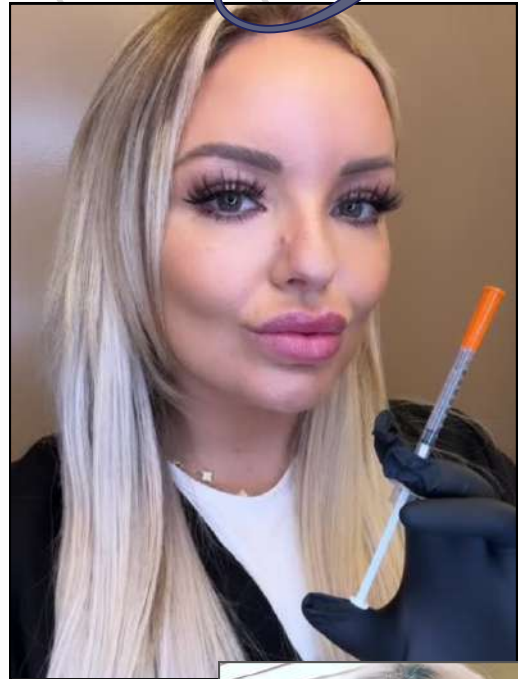
AVAILABLE AT
Livier

THE ARTISTRY OF *Ashely*

A Masterful Approach to Cosmetic Injections

Cosmetic injections have surged in popularity over the years, evolving into an essential beauty regimen for many. With an array of options available, the pressing question becomes: how do you choose the absolute best, and what truly sets them apart?

Enter Ashely, a registered nurse and seasoned cosmetic injector, whose expertise and reputation have earned her the moniker “Steady Hands.” Having performed tens of thousands of injections, Ashely's skill is unparalleled, and her meticulous approach ensures each treatment is as effective as it is artful.



The Artist's Eye

Ashely's proficiency in cosmetic injections is not just a result of her medical training, but also of her artistic background. With a scholarship in portrait drawing, she has an innate understanding of facial symmetry and fine details. This artistic precision translates seamlessly into her work, allowing her to enhance natural beauty while maintaining a conservative and realistic approach. Ashely's eye for detail enables her to see the unique aspects of each face and treat them with a nuanced touch that produces natural-looking results.

Expert Guidance

Unlike many practitioners who may rush through appointments, Ashely offers a distinctive client experience. She takes the time to sit down with each patient, delving into their concerns and aspirations. Rather than simply executing requests, she asks about the client's end goals and creates a customized treatment plan to achieve them. Her philosophy is not just about following trends but about understanding and researching the latest treatments and products to determine their real benefits. This commitment ensures that her patients receive the safest and most effective care available.



Beyond Aesthetics

What truly differentiates Ashely is her approach to the lower face, an area often overlooked in cosmetic treatments. Specializing in lower face Botox, jaw tightening, and neck smoothing, she offers treatments like the Nefertiti lift that many are unaware even exist. Her ability to rejuvenate these areas demonstrates her comprehensive understanding of facial aesthetics and her dedication to offering a full spectrum of enhancement options.

Ashely's process transcends mere cosmetics; it's about empowering her clients by helping them achieve their desired look while preserving their natural beauty. Her commitment to individualized care, combined with her artistic and medical expertise, ensures that each patient leaves her practice not only looking better but feeling more confident.

In a field that is continually evolving, Ashely stands out as a beacon of excellence and artistry. For those seeking cosmetic injections, her name is synonymous with trust, precision, and a beautifully natural result.

“ASHELY TOOK THE TIME TO UNDERSTAND MY NEEDS. SHE WAS KIND, GENTLE, AND ATTENTIVE. THIS WAS THE FIRST INJECTION EXPERIENCE WHERE I FELT PRACTICALLY NO DISCOMFORT OR BRUISING.”

Madison S.



**Actual Results*

Book your appointment



located on the 3rd floor of the Renaissance
Hotel

Call or Text:
(949) 849-2200



BEAUTY ALL YEAR ROUND



YOUR SECRET PLACE BY LIVIER SPA ANNUAL AESTHETIC MEMBERSHIP

MEMBER BENEFITS

- Discounted member pricing for Tox, Filler PRP/PRF, Peels
- 10% off most Skincare products
- Annual Micro-Needling Treatment with Exosomes
- Annual Massage or Facial Treatment
- Annual Cavitation with Red Light Therapy and EMSculpt Treatment

For more info

949.849.2200 or visit www.yspbylivierspa.com
4500 MacArthur Blvd, 3rd Floor, Newport Beach CA

YOUR SECRET PLACE ANNUAL VIP MEMBERSHIP

YSP by Livier Spa's annual membership includes 2 monthly services of your choice. Choose 2 monthly from the service categories down below. This membership also grants pass holders unlimited access to spa amenities such as private locker rooms, private steam room, private jacuzzi, private showers, and outdoor pool access.



Medical facials

\$249 Value

50 Minute Medical Facial
-Includes skin analysis and personalized consultation with an esthetician.

Included with Membership:
Free Consultations
Private Steam Room
Private Jacuzzi Access
Private Lounge Access
Outdoor Pool Access

Massages

\$235 Value

50 Minute massage choose from:
-Deep Tissue
-Hot Stones
-Aromatherapy
-Swedish

Included with Membership:
Free Consultations
Private Steam Room
Private Jacuzzi Access
Private Lounge Access
Outdoor Pool Access

IV Hydration

\$269 Value

IV Hydration bag 250 ml choose from:
-Hydration Bag
-Immunity Bag
-Myer's Cocktail

Included with Membership:
Free Consultations
Private Steam Room
Private Jacuzzi Access
Private Lounge Access
Outdoor Pool Access

Select 2 monthly treatments of your choice from only \$349 a month
Membership holders also save 10% off all additional services!



LET'S TALK ABOUT *VAGINAS*

Despite societal taboos around discussing vaginal health, it's a reality for half of the population. Many women experience pelvic floor and vaginal issues due to childbirth, aging, or other factors. Fortunately, there are effective solutions available for these often-unspoken concerns. At Livier Spa, we specialize in addressing a range of issues, from incontinence to pelvic floor weakness, providing the care and support women need.

HIGH INTENSITY FOCUSED ULTRASOUND

In the ever-evolving landscape of women's health and wellness, High-Intensity Focused Ultrasound (HIFU) vaginal rejuvenation emerges as a cutting-edge, non-invasive alternative to traditional surgical procedures like vaginoplasty. By harnessing the power of ultrasound energy, HIFU offers a host of benefits, from tightening and toning vaginal muscles to enhancing overall vaginal health. This revolutionary treatment is transforming the lives of women by addressing various concerns, including vaginal appearance, lubrication, urinary incontinence, and sexual pleasure.

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APPEARANCE

One of the most noticeable benefits of HIFU vaginal rejuvenation is the improvement in vaginal appearance. Over time, factors such as aging, childbirth, and hormonal changes can lead to a loss of elasticity and firmness in the vaginal area. HIFU helps to counteract these effects by tightening the vaginal muscles and rejuvenating the tissue, resulting in a firmer, more youthful appearance.

INCREASING LUBRICATION

A common concern among women, especially those going through menopause, is vaginal dryness. This can lead to discomfort and pain during intimacy. HIFU vaginal rejuvenation addresses this issue by stimulating collagen production within the vaginal canal. The procedure emits laser heat energy for approximately 10 to 15 minutes, triggering immediate muscle tightening and encouraging the body to produce more lubrication. This increased lubrication helps to alleviate friction and discomfort, enhancing intimate experiences.

TREATING INCONTINENCE

Urinary stress incontinence, a condition where physical activities like coughing, sneezing, or exercising cause involuntary leakage of urine, can be both embarrassing and inconvenient. HIFU vaginal rejuvenation offers a solution by strengthening the pelvic floor muscles and tightening the vaginal walls. This can significantly reduce or even eliminate symptoms of urinary incontinence, restoring confidence and improving quality of life.

SEXUAL PLEASURE

The vagina is composed of muscle fibers lined with a mucosal membrane, similar to the inside of the mouth. Over time, these muscles can lose their tone and elasticity, leading to decreased sexual pleasure. HIFU vaginal rejuvenation works to restore tightness and firmness in the vaginal walls, enhancing sensitivity and sexual pleasure. By revitalizing the vaginal muscles, women can experience more satisfying and enjoyable intimate moments.

THE BENEFITS

HIFU vaginal rejuvenation represents a significant advancement in women's health, providing a safe and painless alternative to traditional surgical procedures. By improving vaginal appearance, increasing lubrication, treating urinary incontinence, and enhancing sexual pleasure, HIFU helps women regain confidence and improve their overall well-being. If you are seeking a transformative solution for your vaginal health concerns, HIFU vaginal rejuvenation may be the answer you have been looking for.



STEP INTO THE

NEW YEAR

AS YOUR

BEST SELF

WITH

YPP by Livier Spa



YOUR SECRET PLACE
BY LIVIER SPA

NEW YEAR NEW YOU *Seminar*



WEIGHT LOSS



PDO THREADS



**RF
MICRONEEDLING**

**Learn more about our most popular
anti-aging and weight loss treatments!**

**Dec
20**

**Starts at
7:00 pm**

**4500 MacArthur
Blvd, 3rd Fl,
Newport Beach CA**



ANTI-AGING

Our targeted top of the line treatments address wrinkles, sagging skin and helping you maintain a fresh youthful appearance.



WEIGHT LOSS

GLP-1 Peptides have been proven to be effective for weight loss. Come learn how you can incorporate the peptides to your weigh loss routine.



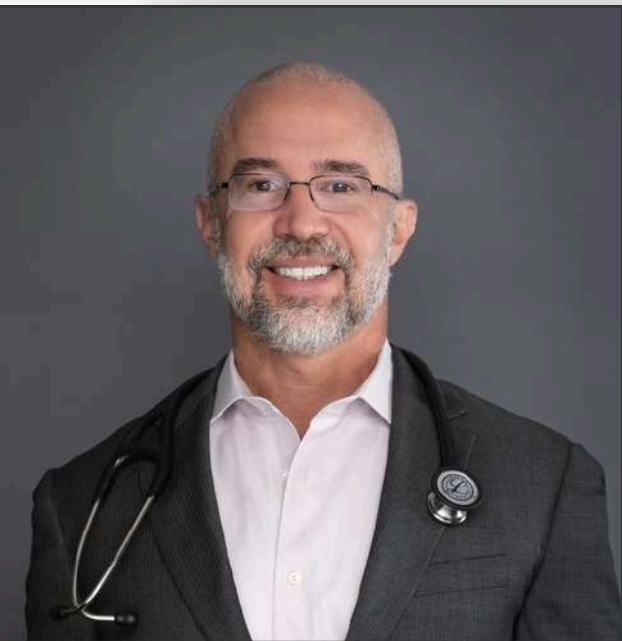
HORMONE REPLACEMENT

This treatment offers a unique and effective bioidentical hormones for men and women experiencing hormonal imbalances or deficiencies.

REGISTER NOW! | FREE PARKING

 yspbylivierspa.com  (949) 849-2200

Dr. Molina



When it comes to the world of Bio-Identical hormone replacement there's none other than local pioneer Dr. John Molina, D.O.

He has been at the forefront of changing people's lives through hormone replacement for over 20 years. Dr. Molina is a board certified Family Physician of 25 years who operates offices in Santa Ana and Costa Mesa. He specializes in Family, Sports, and Integrative Medicine.

His passion for health and longevity lead him to the world of hormonal replacement and more specifically through the use of hormone pellets.

In 2016, he became a prime provider for BioTe brand hormone pellets and has changed thousands of lives in both men and women.

From depression to hot flashes, sexual dysfunction, low energy, as well as chronic diseases such as Rheumatoid Arthritis, Lupus, Fibromyalgia, the benefits from hormone optimization are endless.

He believes than not only quantity but quality of life can be achieved through a simple in-office hormone balancing procedure.

Take that first step in making you the best you can be! Schedule an appointment with Dr. Molina at Our Secret Place.

DR JOHN MOLINA, D.O.

Hormone Specialist

Bio-Identical Hormone Replacement

BOOK YOUR
APPOINTMENT
(949) 849-2200



AGE HEALTHIER & LIVE HAPPIER

IT CAN START WITH A SIMPLE TEST

Find out how optimized hormones may improve your energy, sleep, weight, and libido.

PATIENTS TELL US
THEY EXPERIENCE:



Increased energy, strength, and weight loss*



Feel younger, healthier, and happier*



Better moods, memory, and mental clarity*



Restored libido and improved relationships*



BEFORE BEING OPTIMIZED, PATIENTS COMPLAIN OF:

- Lack of energy and fatigue
- Difficulty sleeping at night
- Reduced mental focus and memory
- Feeling down, mood swings, on edge
- Weight gain including increased fat around mid-section
- Inability to lose weight regardless of healthy diet and exercise
 - Decreased muscle strength
 - Muscle and/or joint discomfort
- Reduced sexual desire and performance

949.849.2200

| 4500 MacArthur Blvd, Newport Beach CA

ULTRASOUND SKIN TIGHTENING

Ultherapy is the only FDA-cleared, non-invasive procedure that lifts the neck, chin and brow, and improves lines and wrinkles on the upper chest. Through the ultrasound imaging with Ultherapy, energy is delivered precisely to the place where it will benefit you most—for natural-looking results that improve over time.

Ultherapy relies on ultrasound therapy to go deeper than other non-invasive treatments for collagen stimulation. It leverages traditional ultrasound imaging, allowing Ultherapy providers such as *Livier Spa* to see the layers of tissue they are treating. This ensures the treatment energy is delivered to where it benefits you most!

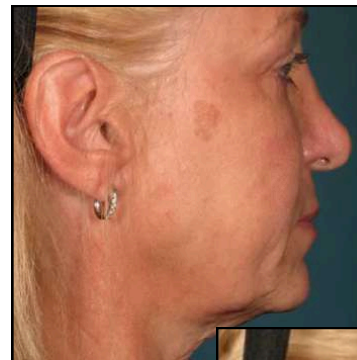
For those who are not ready for a surgical facelift, Ultherapy provides proven results in a single treatment for most patients. Lift and rejuvenate, without impacting the surface of your skin, and without downtime!



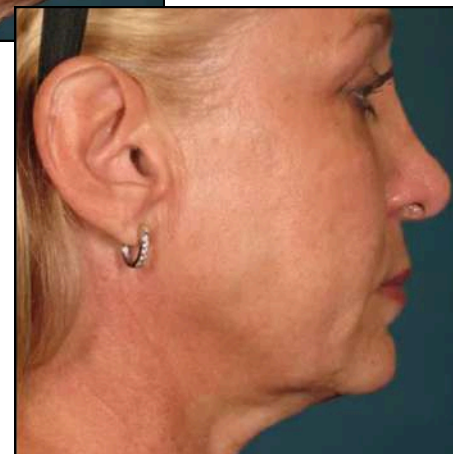
before



AFTER



before



AFTER

Say
Good-Bye!
to
CELLULITE

WITH OUR
BODY CONTOURING ANTI-CELLULITE TREATMENT

OUR LYMPHATIC DRAINAGE MASSAGE
REMOVES UNNECESSARY FAT & TOXINS

PAIRED WITH OUR
EXCLUSIVE CELLULITE SCULPTING CREAM
IT DIMINISHES THE APPEARANCE OF
CELLULITE

GIVING YOU SMOOTH AND BEAUTIFUL
RESULTS!



at *Livier*
(949) 849-2200

ORANGE COUNTY ALLURE

PREMIERE REAL ESTATE



Real estate in Orange County, California, stands out for its stunning coastal beauty, year-round mild climate, and affluent communities. The area offers a high quality of life with top-tier schools, a strong job market, luxury amenities, and outdoor recreation. Its central location provides easy access to Los Angeles, San Diego, and local attractions like Disneyland and South Coast Plaza. With limited land, consistent property appreciation, and diverse architectural styles, Orange County combines lifestyle appeal with strong investment potential.

TOP RATED REALTORS

Sotheby's Realty
Newport Beach

Torelli Realty
Costa Mesa

RE/MAX
Huntington Beach



PLUMBING SERVICES

Gas Edition

Pilot light service ■

Shut off valve replacement ■

Gas meter rebuild ■

Gas valve replacement ■



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PRISTINE PLUMBING
INC

LASER HAIR REMOVAL

at

Livier

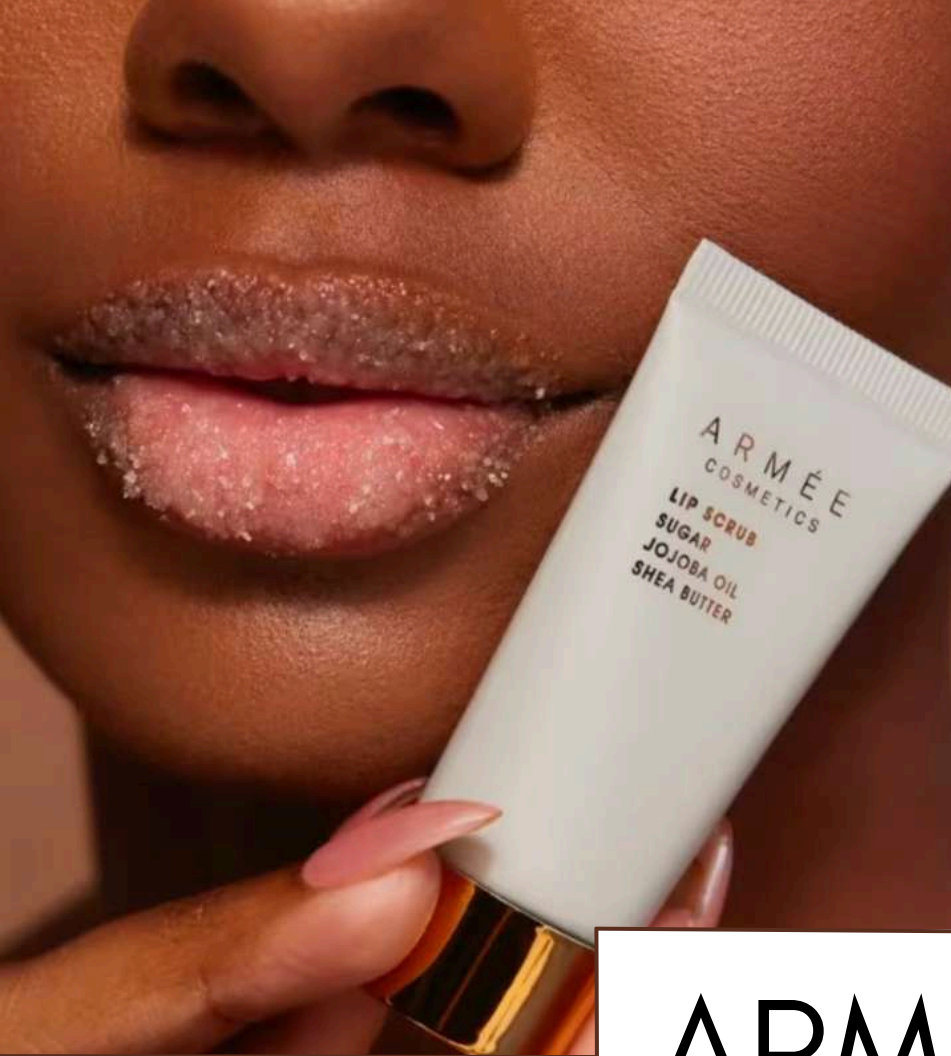
**FEATURING OUR MAGMA LASER
HAIR REMOVAL!**

SAFE AND EFFECTIVE ON ALL SKIN TONES!

**MEASURES SKIN MELANIN LEVELS FOR HIGHER
ACCURACY AND EFFICIENCY.**

VIRTUALLY PAINLESS PROCESS

**Schedule Your Appointment!
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The ARMÉE Cosmetics Lip Care Kit

An all-in-one
solution!
It is the ideal kit to
help you prepare
your lips before lip
injections and
maintain them
thereafter.

ARMÉE

The Kit Includes:

Lip Scrub: Exfoliating sugar scrub with jojoba oil and shea butter, ideal for pre and post-lip augmentation to maintain smooth lips.

Lip Hydrator: Contains hyaluronic acid, arnica, and antioxidants for intense hydration and healing support before and after lip augmentation. Arnica also helps reduce swelling and bruising.

Correcting Concealer: Dual-ended concealer with peach and lavender ends to address different stages of bruising post-procedure.

Matte Liquid Lipstick: Aesthetic, moisturizing lipstick with lasting matte coverage, perfect post-procedure. Available in four shades.



LOOK GOOD FEEL GOOD

at *Livier*

THE SKINNY SHOT

SLOW METABOLISM

LOOKING TO DITCH STUBBORN FAT? THE SOLUTION IS SIMPLE! OUR **LIPOTROPIC SHOT "SKINNY SHOT"**.

THE COMBO OF LIPO+B12 INCREASES YOUR ENERGY, BOOSTS METABOLISM, AND BURNS FAT QUICKER THAN BEFORE!

LIPOTROPIC SHOTS CONSIST OF VITAMIN B12 AND AMINO ACIDS THAT ELIMINATE TOXINS AND PREVENT THE BODY FROM STORING UNWANTED FAT CAUSING FAT TO BREAK DOWN QUICKER AND MORE EFFICIENTLY.



WEIGHT LOSS PEPTIDES

SEMAGLUTIDE/ TIRZEPATIDE

THE FDA-APPROVED, ONCE-A-WEEK WEIGHT LOSS INJECTION! THIS CUTTING-EDGE PRESCRIPTION MEDICATION IS A POTENT SOLUTION THAT HAS SHOWN INCREDIBLE EFFICACY IN AIDING WEIGHT LOSS.

OUR TEAM OF EXPERTS WILL PROVIDE PERSONALIZED CARE, MONITOR YOUR PROGRESS, AND MODIFY YOUR TREATMENT PLAN AS NEEDED TO HELP YOU ACHIEVE YOUR IDEAL WEIGHT. EXPERIENCE ITS TRANSFORMATIVE BENEFITS FIRSTHAND!



BEFORE



AFTER



SKINNY IV BAG

DESIGNED FOR ACCELERATED ADIPOSE TISSUE BREAKDOWN AND METABOLISM BOOST YOU WILL ALSO RECEIVE AN IM LIPOTROPICS (MIC) BOOSTER SHOT THAT WILL PLAY AN ESSENTIAL ROLE IN THE BODY'S USE OF FAT AND ENERGY. THIS CONTAINS AMINO ACIDS THAT HELP BREAKDOWN AND METABOLIZE FAT IN THE BODY.

PRODUCTS THAT WILL MAKE YOU FEEL & LOOK GREAT!



DIET & ENERGIZE BUNDLE

THE COMBINATION OF OUR TOPICAL B12 PLUS AND GARCINIA CAMBOGIA PLUS PATCH IS EFFECTIVE IN:
CURBING YOUR HUNGER
SUPPRESSING APPETITE
ACTS AS A NATURAL WEIGHT LOSS SUPPLEMENT
BOOSTS ENERGY AND STAMINA

NURDORA PRE/PROBIOTICS

NURDORA PRE/PROBIOTICS AIDS IN WEIGHT LOSS!
THEY ALSO
IMPROVES LIKE GUT HEALTH
DECREASES INFLAMMATION
ASSISTS WITH APPETITE CONTROL



TEATOX SKINNY TEA

LIVIER'S EXCLUSIVE DETOX GREEN TEA THAT AIDS IN WEIGHT LOSS, FAT BURNING, BLOATING WHILE CLEANSING AND DETOXIFYING



AVAILABLE AT

Livier



NEED AN IV?

(TRUST ME, YOU DO.)

Forget what you thought you knew about IV bags – they're not just for hospitals anymore. In recent years, they've become a go-to solution for those seeking a quick and effective wellness boost. Here's the real deal on why people are turning to IV bags for their health:

Instead of waiting for supplements to work their way through your digestive system, IV therapy delivers nutrients straight into your bloodstream. No waiting around – just fast absorption and immediate results.

Whether you're battling a hangover, jet lag, or just need a general pick-me-up, IV therapy promises to revitalize you from the inside out. And the best part? People are loving the way they feel afterward. From increased energy levels to glowing skin, the benefits speak for themselves.

1. Rehydration and Nutrient Boost: IV therapy provides a rapid method for rehydrating the body and delivering essential nutrients directly into the bloodstream. This can be particularly beneficial for individuals who are dehydrated due to factors such as exercise, illness, or travel.

2. Hangover Relief: IV therapy is often sought after as a hangover remedy. By delivering a combination of fluids, electrolytes, vitamins, and antioxidants directly into the bloodstream, IV treatments can help alleviate symptoms such as dehydration, headache, fatigue, and nausea associated with excessive alcohol consumption.

3. Jet Lag and Travel Fatigue: Frequent travelers, especially those who experience jet lag or travel fatigue, turn to IV therapy to quickly recover and replenish lost fluids and nutrients. IV treatments tailored for jet lag typically include hydration fluids along with vitamins and minerals to combat fatigue and boost energy levels.

4. Immune Support: IV therapy infused with immune-boosting vitamins and minerals, such as vitamin C and zinc, is believed to help strengthen the immune system and ward off illness. Some people opt for IV treatments when they feel run-down or are about to travel or enter crowded environments to give their immune system a boost.

5. Athletic Performance and Recovery: IV therapy targeted towards athletes and fitness enthusiasts aims to improve performance, aid in muscle recovery, and enhance hydration. IV drips containing electrolytes, amino acids, and vitamins can help replenish nutrients lost during intense physical activity and promote faster recovery.

6. Beauty and Anti-Aging: IV therapy is also used for cosmetic purposes, with treatments formulated to promote skin health, hair growth, and overall rejuvenation. Ingredients like glutathione, biotin, and vitamin C are often included to enhance skin elasticity, brightness, and texture.

7. Weight Management: You can assist in your weight loss journey by boosting metabolism and providing nutrients that aid in fat burning. These treatments include ingredients such as B vitamins, amino acids, and compounds to enhance metabolic function.

Book now
at

Livier

(949) 849-2200

HAND REJUVENATION

Did you know that hands start aging in your 20's? Since you use your hands for various tasks every day, they are always exposed to different elements that cause them to dry out and wrinkle and are actually the first part of your body to age!

Collagen injections are an excellent option for individuals looking to rejuvenate their hands with no downtime. Ideal candidates are those who have noticed a loss of volume, increased visibility of veins and tendons, and the appearance of wrinkles and fine lines on their hands.

As we age, the skin on our hands loses collagen, the protein responsible for maintaining skin's elasticity and firmness. This loss leads to the thinning of the skin, making veins, tendons, and bones more visible. Additionally, sun exposure can cause pigmentation and age spots, further contributing to the aged appearance.



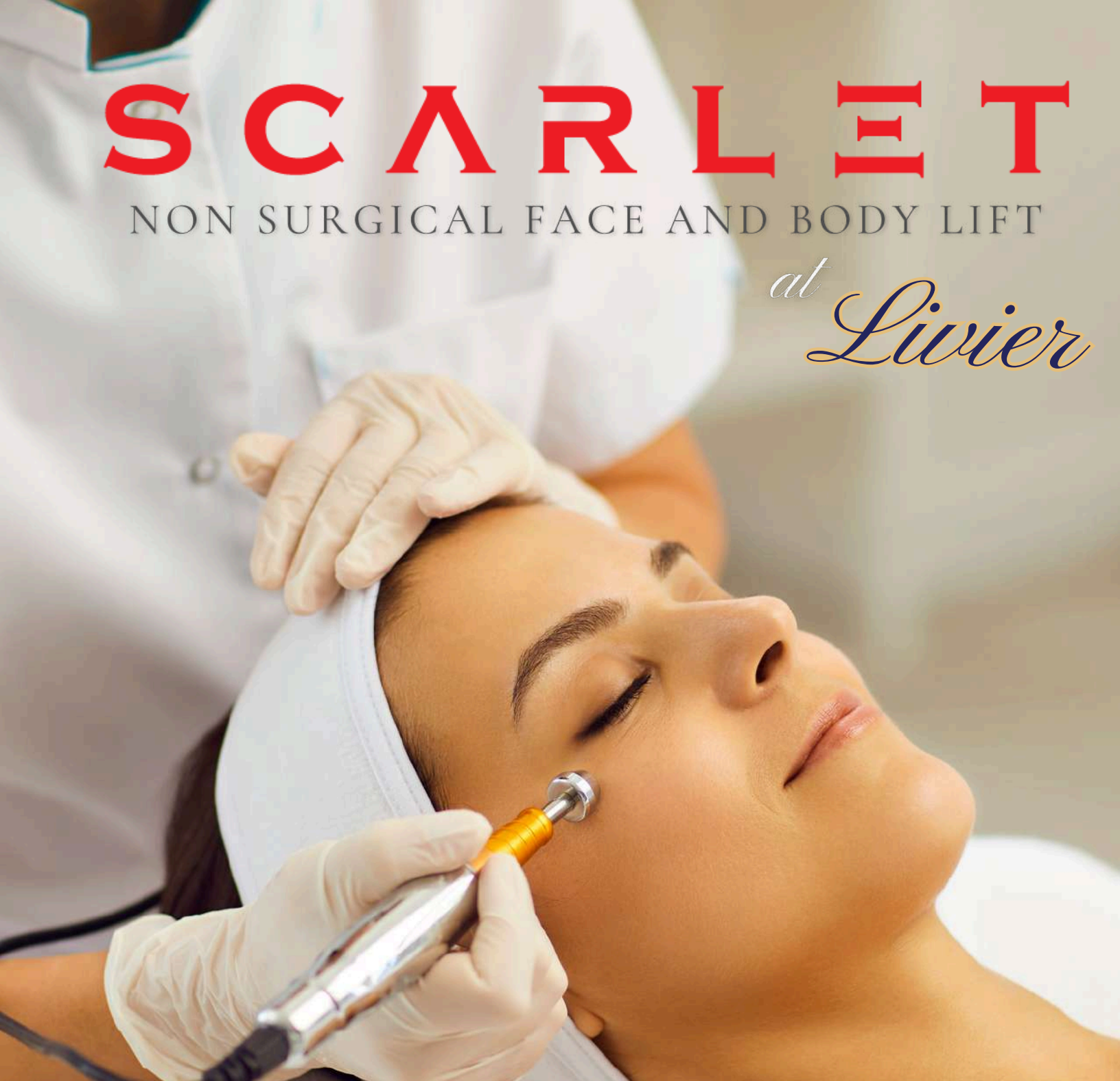
Patients typically notice a difference right after the treatment, with the full effects becoming more apparent as the collagen continues to integrate with the skin. While the body gradually absorbs the injected collagen over time, the results of collagen injections can last for several months. Regular treatments can help maintain the rejuvenated appearance, making collagen injections a convenient option for long-term hand care.

Book NOW (949) 849-2200

SCARLET

NON SURGICAL FACE AND BODY LIFT

at *Livier*



WHAT IS SCARLET SRF?

SCARLET SRF IS A MICRONEEDLING TREATMENT
USING RADIO FREQUENCY (RF)
IT TIGHTENS, REJUVENATES, AND BOOSTS
COLLAGEN FOR A YOUTHFUL GLOW—
TRANSFORMING TEXTURE, FIRMNESS, AND TONE IN
ONE TREATMENT!



BEFORE



After

BENEFITS

Tightens & Lifts Skin

Treat Acne Scars

Reverse Sun Damage

Stimulates Collagen Production

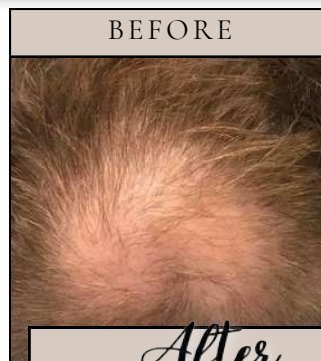
Evens Skin Tone

Reduces the Appearance of Fine Lines and Wrinkles



After

TREATED FOR: ACNE SCARS,
UNEVEN SKIN TONE, SAGGING SKIN



After

TREATED FOR: BALDING, HAIR
THINNING



After

TREATED FOR: SAGGING SKIN,
SUN DAMAGE



BEFORE

After

TREATED FOR: BURNS &
SCARRING

VERSATILITY

Hair Restoration

Tighten Sagging Skin:

Including - arms, knees, stomach, etc.

Safe Around Eyes

Treats Body Scars & Stretch Marks

ACNE SOLUTIONS FOR EVERYONE

at *Livier*

Oh, acne. What we once pictured as an adolescent issue plagues almost 50% of all adults, primarily women. There's no "one size fits all" approach when it comes to treating acne. There are many variables including what kind of acne you may be suffering from and why you are dealing with it.

Let's talk about the most common forms of acne.



BLACKHEADS (OPEN COMEDONES)

Blackheads are a nuisance but common in everyone. They present as small dark spots on the skin, resulting from the oxidation of trapped oil and dead skin cells within open pores.

Like whiteheads, blackheads occur when hair follicles become clogged with oil and dead skin cells. However, in blackheads, the pore remains open, allowing the trapped material to oxidize and turn black.

These are primarily found on the nose, chin, forehead, otherwise known as your 'T' zone and can also present themselves in other areas with high oil production.

PUSTULES

or more commonly referred to as pimples, are similar to papules but contain pus at their tips, giving them a white or yellowish appearance. They form when the walls surrounding the pores become inflamed, and pus accumulates at the surface of the skin.

Pustules are typically tender or painful to the touch. They contain pus, which gives them their white or yellowish appearance.

Again, avoid picking or squeezing pustules to prevent further inflammation and scarring.



WHITEHEADS (CLOSED COMEDONES)

These are among the most common types of acne. They appear as small, flesh-colored bumps on the skin's surface.

They occur when a hair follicle becomes clogged with oil and dead skin cells, but the pore remains closed, preventing oxidation of the trapped material.

PAPULES

Papules are small, raised bumps on the skin that are typically pink or red in color.

Papules occur when the walls surrounding the pores become inflamed due to excess oil and bacteria but they do not contain pus. They sit below the skin's surface and are tender or sore to the touch. They are usually less than 5mm in diameter and do not contain any fluid-filled "head" like pustules.

You want to avoid picking or squeezing papules as it causes further inflammation and are prone to scarring.

But Why?

There are many factors on why one might be suffering with acne. As people age, their skin undergoes changes, including a decrease in oil production and slower cell turnover. In addition, take into account these other factors;

HORMONAL CHANGES:

Hormonal fluctuations can occur throughout life, not just during puberty. In women, hormonal changes related to menstrual cycles, pregnancy, menopause, or hormonal therapies can contribute to acne development. In men, changes in testosterone levels can also play a role.

STRESS:

Stress can trigger or exacerbate acne in people of any age. Older adults may experience stress related to work, family, health issues, or other life changes, which can contribute to acne flare-ups.

MEDICATIONS:

Certain medications can cause or worsen acne as a side effect. Older adults may be more likely to take medications that can affect their skin.

SKINCARE PRODUCTS:

The use of certain skincare products or cosmetics that are comedogenic (i.e., they clog pores) can lead to acne breakouts. Older adults may use skincare products that are too harsh or heavy for their skin type, leading to acne development. Make sure you are using pure products that are suitable to your skin type!





TRANSFORMING JOINT PAIN: HOW STEM CELL THERAPY IS CHANGING THE GAME

Joint pain can change your life, whether it's caused by arthritis, degenerative conditions, or injuries like ligament tears. But instead of just managing the pain, what if there was a way to actually heal the damage? Introducing stem cell therapy and platelet-rich plasma (PRP) injections—two of the most advanced treatments now revolutionizing how we tackle joint pain.

Stem cells are like the body's own repair crew. These remarkable cells have the unique ability to become different types of cells, which means they can play a key role in healing damaged tissues. When stem cells from your own body are injected into a chronically painful joint, they don't just reduce inflammation—they can also help regenerate cartilage, the essential cushion that keeps your bones from grinding against each other.



The treatment process is surprisingly simple but powerful. It starts with a quick blood draw, from which PRP is extracted. PRP is packed with growth factors that kickstart the healing process. Combined with stem cells, this potent mixture is injected directly into the knee, aiming to restore what's been lost and relieve the pain that's been holding you back.

For those tired of merely masking their joint pain, stem cell and PRP injections offer a new hope—a treatment that targets the source of the problem and helps the body heal itself. This cutting-edge therapy is opening up new possibilities for people who want to get back to living life on their own terms, pain-free and with renewed energy!



COLLAGEN CREAM



Key Active Ingredients

To support natural collagen production, Collagen Firming Ampoule Concentrates are infused with a precisely balanced peptide complex that improves skin elasticity.

Protein enzymes from the microalgae *Chlorella vulgaris* and white lupin promote activation of various components of the extracellular matrix and strengthen skin firmness.

A special tripeptide supports preservation of collagen fibers in the skin for more firmness and elasticity.

BABOR

Key Active Ingredients

Hyaluronic acid: Boosts skin's moisture content and soothes

Squalene: replenishes fatty acids and antioxidants to protect and reinforce skin barrier

Marine collagen: fortifies skin surface to improve skin elasticity and firmness and reduces wrinkle-depth appearance

Tripeptides complex: visibly and tangibly increases the density and firmness of the skin



AMPOULE CONCENTRATES



Your Secret Place
by Livier Spa